

the San Francisco POLICEMAN

OFFICIAL PUBLICATION OF THE SAN FRANCISCO POLICE OFFICERS ASSOCIATION

To Promote the Efficiency and Good Name of the San Francisco Police Department and its



Member of COPS—California Organization of Police & Sheriffs

Member of ICPA—International Conference of Police Associations

VOL. 8

SAN FRANCISCO, MAY 1977

CIVILIAN REVIEW BOARD DEFEATED 8-3



John Barbagelata



Dianne Feinstein



Terry Francois



Quentin Kopp



Alfred Nelder

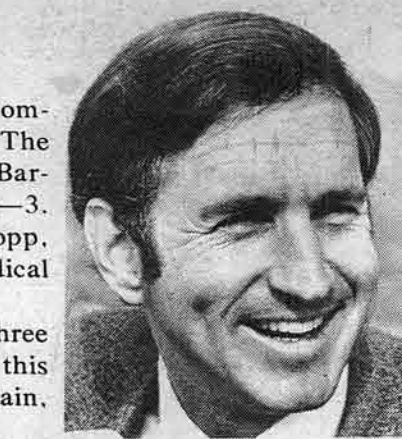
by Jerry Crowley, Pres. SFPOA

Molinari, Gonzales, von Beroldingen vote YES

The Board of Supervisors turned down a Finance Committee recommendation to fund a Civilian Review Board at the cost of \$286,000.00. The lone vote on the Finance Committee in opposition was Supervisor Barbagelata. The full Board on May 9, deleted the item by a vote of 8-3. Supervisors Feinstein, Barbagelata, Nelder, Tamaras, Francois, Kopp, Pelosi and Mendelsohn overrode the efforts of the Bar Association's radical backed proposal during the three hour debate.

The Board of Supervisors were visited for the first time in memory by three out of the five Police Commissioners attempting to lobby passage of this proposal. Commissioners Ciani, Siggins and Murphy, as well as Chief Gain, argued for the proposal.

Supervisor Feinstein introduced the motion to delete the funding for the Civilian Review Board. This motion was seconded by Supervisor Terry Francois.



Robert Mendelsohn



Ronald Pelosi



Peter Tamaras

Francois assails Police Commission and Bar Association

Francois branded the proposal as an experiment of the Commission at a time when more friction in the community is unwanted. Francois questioned why police were constantly having to be intimidated and why it should become a major city-wide issue when they knew that morale in the police department was low enough. He characterized the Commission's act as a "Political game of tossing out crumbs to the minority community".

Commissioner Ciani calls police 'wily' and difficult to investigate as one reason for her support.

Supervisor Nelder elicited many bizarre answers from Commissioner Ciani during the course of their exchange. The most startling was the comment that no public opposition was voiced during any of the public hearings held throughout the city. When pressed on this point by Supervisor Nelder, Commissioner Ciani calmly stated that there were some people who testified against it "but their testimony was so irrelevant that we did not even consider it."

Commissioner Ciani failed to note that at these extensive public hearings the same one hundred people were in attendance and were all contributors to the legislation. Commissioner Ciani was certainly correct when she stated "that certain members of the public worked hard behind the scenes to draft this proposal."

Quentin Kopp questions competence of Bar Association Executive Director Irving Reichert

Supervisor Quentin Kopp stated that he was unimpressed with a response of Executive Director Reichert who stated that civilians were necessary since there were not fifteen lawyers in San Francisco who could investigate complaints. (Continued Back Page)

SPECIAL S.F. ELECTION AUGUST 2

by Gale W. Wright

"We've got the signatures." is the battle cry of all those persons and organizations, like the SFPOA, who worked so hard to get an initiative petition on the ballot to reform the government in San Francisco.

This reform measure, now designated at Proposition "B" was authored by Supervisor

John J. Barbagelata. Some members of the SFPOA were naturally turned off by anything to do with Johnny B. since he and his fellow members on the Board of Supervisors kept screwing city employees after labor disputes with vindictive charter changes to lessen our benefits.

But all things are subject to change.

Regardless of who authored Prop. "B", it is just what the doctor ordered. The Mayor, the District Attorney, the Sheriff and the entire Board of Supervisors must stand for re-election in November, if Prop. "B" passes on August 2. Who could ask for more?

With a new Mayor, (Continued Back Page)

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JARBOE LEGISLATIVE LOBBY FIGHTS CRIME

"Crime is a major concern of San Franciscans" says J. J. Jarboe, President of the newly formed Jarboe Legislative Lobby. The Jarboe Legislative Lobby is a Federal and State Registered Lobby, which began mid-April. It will work toward insuring the best interests of San Francisco's citizens.

J. J. Jarboe says a large number of San Francisco's citizens have complained to her that they are afraid to walk on streets after dark in neighborhood in which they were born. Many of these same people, have had automobiles stolen or homes broken into since the first of the year. They are complaining about police protection and stating that recovery is weak. They want something done now.

J. J. Jarboe says San Francisco's crime will be one of her first concerns. "It appears" she says, "that Police Chief Gain' and Mayor Moscone are not doing the job we expected. They must be made accountable and the right changes must occur."



"J-J" Jarboe

"The problems of San Francisco are not unique" says J. J. Jarboe. She was allegedly held up by two armed men at the Statler-Hilton Hotel in Washington, D.C. on a Sunday last August. They tied her, another hotel guest and the security guard of the hotel up in torn sheets and ripped the phones out of the wall. "Needless to say" says J. J. Jarboe, "I'm not happy. Furthermore, the glass company we own, Korbus Glass, sits at 6th and Howard Streets. The crime occurring every week within a block radius of us is appalling. We, who sit back and let it happen, are accomplices."

"When New York hit the skids financially", says J. J. Jarboe, "San Francisco did not. Our City economics are in good order. There is no reason on earth why we cannot have our crime situation under better control. We all lose economically when tourists are afraid to come to San Francisco because of muggings and shootings. Less tourists make less jobs for policemen." She urges police officers and San Franciscans who have information, ideas or can offer time and energy to help in the fight against crime to contact her at Lobby Headquarters, 993 Howard Street, San Francisco.

Biographies on J. J. Jarboe appear in numerous U. S. and world publications including the International Who's Who in the World of Women. She is writer and publisher of the Jarboe Legislative Letter, an advisory letter on political matter, directed to presidential advisors and members of the U. S. Senate and House of Representatives.

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I REMEMBER —

I mourn by lost youth
And the jobs I did then know.
Those pleasures simple yet
Sublime that seemed
To almost slow down
That phenomemon called
Time.
Fourth of July
And the eve before All Souls Day with
Jack O'Lantern held
Proud in hand and an
Orginary frayed
White sheet; that always
Seemed to get in the way of my
Adventurous eager feet; with holes
Carefully cut to allow for the wide-eyed wonderment
Of a child's pale blue eyes.
The hurdy gurdy man and
His little friend with cup
In hand. The bottles of
Milk with all the cream
At top. Margarine
As white as snow with
But a little pellet to
Make it like unto golden tulips glow. The
Circus tents - especially the
Clowns. Along with the Saturday
Vaudaville acts at the Golden Gate
Luney Tunes and Merry Melodies -
And climbing high in that old oak tree
Sunday morning Latin mass
Attended by a midnight fast.
Inkwells and scratchy pens.
F.D.R. and his fireside chats
With his widening circle of friends.
Kerosene heaters with a pot of water on top.
Oh the list could go on and on.
But most of all was Climbing that old oak tree.
"Neath a pale blue sky -
As the smogless white clouds
Drifted lazily by — yes. I remember well.

Thomas Warren Powers

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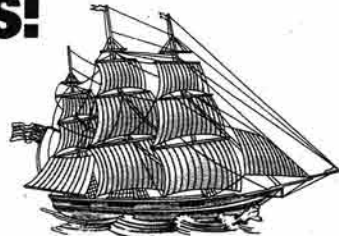
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Don't give up the ships!



Most Americans believe that Captain James Lawrence first said "Don't give up the ship!" as he stood on the burning deck of his frigate Chesapeake during the War of 1812. Others attribute the phrase to Captain James Muford of the schooner Franklin during the Revolutionary War. Whoever the original author, the sentiment is as valid today as it was long ago; the American shipping industry is facing a threat as grave as that which threatened our infant Navy so many years ago. What we're referring to is the fact that American shipping has suffered a devastating decrease in the amount of water-borne cargo carried. That's not good for this country. It's not good for you. Because American owned and operated shipping lines, such as PFEL, support thousands of Americans and, as well, help keep America's economy afloat. That's why we're going great guns in a major conversion right now, and, by the end of this year, all our Pacific fleet will become CONTAINERBRIDGE ships—total container vessels. In this way we can better handle shippers' increased needs for more container space in Trans-Pacific service.

But we didn't stop there. We've also expanded our East Coast service with the fastest trailer-ship service to the Middle East Gulf. It's called SEABRIDGE and it's a great success. PFEL has also established efficient MINI-BRIDGE services from all three U.S. Coasts enabling fast U.S. inland transit to the Middle East and Far East from virtually any point in the U.S.

PFEL, as an American Flag carrier, has put on the line the premier transport technology available to better serve shippers from just about any port or point in the United States—from all three U.S. coasts. No, we're not resting on our laurels. We're constantly at work seeing that, through our ongoing efforts, we'll continue to offer a shipping system—American owned—that has no peer.



Widows & Orphans

The April meeting was called to order by Pres. Mark Hurley on Tuesday, April 12, 1977 at 12:40 P.M., at the Forest Lodge, 255 Laguna Honda Blvd., with a sufficient number of members present for a quorum.

This meeting was held in conjunction with the Veteran Police, many of whom are members of the Widows and Orphans, to acquaint them with the new officers and the investment program.

Treasurer Barney Becker reported no deaths during the past month which is indeed good news.

The following donations were reported:

Mr. & Mrs. Rigg — for outstanding police work performed by Inspector James Hampton.

Joseph I. Wilson — our faithful contributor

Mr. & Mrs. Douglas — in memory of Dorothy Wisnom, wife of John Wisnom, Jr., a member of the Widows and Orphans

Mr. & Mrs. Radtke — also in memory of Dorothy Wisnom

Mr. & Mrs. J. Berry — also in memory of Dorothy Wisnom.

Bro. Becker took this time to explain to the members present how the investment program is handled by the Hibernia Bank. The Trustees meeting at least once a month with the advisors from the Bank offering their suggestions to the Trustees, adopt or reject these suggestions. Barney explained how the Bank had increased our original investment and how necessary this was after we had lost the proceeds from the Annual Ball.

Barney also reported that he is having trouble locating many of our members who move and give no forwarding address. Some of these are in danger of being suspended, others in being removed from the rolls. So if you are a member and have not received notice from the Bank of your yearly dues for 1977, please contact B. Becker, 3 Valencia Ct., Novato 94947 or R. McKee, 147 Moffitt Street, San Francisco 94131.

There being no further business to come before the membership, the meeting was adjourned at 1:25 P.M.

Fraternally,
Bob McKee

the San Francisco
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Gale Wright Editor

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- Address letters to the Editor's Mail Box, 510-7th St., San Francisco, Ca. 94103.
- Letters must be accompanied by the writer's true name and address. The name, but not the street address will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- Please keep letters and/or articles brief and legible.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be limited to two pages, typed, double-spaced.

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CIVILIAN REVIEW BOARD

President Crowley's presentation to the Finance Committee of Barbagelata, Molinari and von Beroldingen on the Civilian Review Board

If your minds are made up, then this is a perfunctory exercise in political pressure.

Do not postulate. Do not procrastinate.

Let the full weight of your decision fall now and let the clenched fists rise in this room and throughout the city.

The tactics used to gain control of the police department have been more radical than the Jerry Rubin terror tactics of the 60's.

Over the past year the tragedy and terror unleashed upon the citizens and their representatives unparalleled in the history of this city and policemen stand here waiting to be restrained and intimidated from combating.

In San Francisco there is a decaying quality of life that—exudes contempt for law and that attracts the violent parasites who boldly and contemptuously rule our streets.

You are the last vestige of hope for the safety of the people of San Francisco.

You are the last resort of human reason.

Perverted philosophies and their advocates have succeeded in throwing this city and human reason into chaos.

The problem is to draw them back from this chaos and to create harmony between the moral and political world.

If this police department is to be run for the next year by those small left-leaning factions, then corruption of the criminal justice system is assured.

The real community wants effective and uninhibited law enforcement. But their desires alone will not suffice to secure us against the factions which ceaselessly are corrupting and tearing our city apart.

It is because there are two communities in San Francisco. One is the mass of concerned citizens simply thirsty for justice and protection. The other is a collection of self-seekers and intriguers.

It is the intriguers, who are vocal, which now show themselves everywhere;

President's Corner

BY JERRY CROWLEY



which persecute patriotism and which exert power over the criminal justice system.

It is this group, fronted by the Bar Association, who now interpose themselves between the people of San Francisco and its police, in order to hinder the operations of the police officers, and to turn the public against its most useful laws.

This hearing is the final step.

It is up to you to stop this destruction of the police department.

Let no one say that in this Association's struggle for dignity that policemen have lost their compassion for the people they serve.

Let no one say that in our quest for our own civil rights that we are not concerned with the individual rights of the citizens we serve.

Let no one say whether it be the Mayor, Supervisors, Police Commissioner or Police Chief that we do not have the finest, most dedicated and professional police officers in the country walking the streets of San Francisco.

Let no one say that we must remain silent when the law enforcement policies in San Francisco endanger the lives and safety of those people we have sworn to protect.

It is for these reasons that we have entered the struggle for political reform and have supported the initiative petition that articulates political change in our city. The petition for election reform has the required number of signatures to place it on the ballot. This is only the first step in the campaign to bring safety back to the city we police daily. No legislative measure in history will have the effect on public safety as the passage of this measure.

The present highly politicized atmosphere of San Francisco and the organized activist groups that are struggling to control it can only be combated by the individual dedication of an aroused citizenry. The majority of concerned citizens are desperately trying to merge their strength in a last effort to restore dignity and national respect for a once proud city.

FACTS HELP DEFEAT OCC

This letter was sent to President of the Board of Supervisors and copies to Supervisors Barbagelata, Nelder, Feinstein, Francois and Tamaras from Bob Barry of Co. A. Bob Barry has given unselfishly of his time to help defeat the Civilian Complaint Board, as well as working on many other projects. Volunteer help from others like Bob is certainly most welcome and needed. Editor.

Quentin L. Kopp
President, Board of Supervisors
San Francisco, California

Dear Supervisor Kopp:

I would like to thank you for your support in opposition to the proposed Office of Civilian Complaint recently formulated by a select committee of the San Francisco Bar Association.

I and the Police Officers' Association thank you for recognizing the inherent problems contained within the proposal, both monetarily and philosophically.

As you are probably aware, the cities of Philadelphia and New York once had civilianization of the Internal Affairs Bureau and after much heralded publicity over those proposals, the voters by referendum, defeated those proposed revisions by a 2 to 1 majority. The citizens of Seattle, Washington also defeated a similar proposal in recent years and when the 90th General Assembly of the Tennessee Legislature convened this session, a similar Bill for civilianization on a state wide basis was defeated in committee.

The city of Chicago, Illinois presently has an Office of Civilian Complaint, otherwise known as the Office of Professional Standards (OPS). This board was created in early 1976 as a result of various dissident groups throughout the city voicing their dissatisfaction with the so-called "Whitewashing" investigations being conducted by the Internal Affairs Bureau. At that time, the OPS was to be a "Pilot Study" to measure the ef-

fectiveness, or the lack of it, within the Internal Affairs Bureau.

OPS then began their task of investigation with a staff of seventy-nine civilians, including supervisors and directors of the overall program. The OPS advocates initially maintained that they would be more effective in the external investigation of Police Officers and that they would reinforce the public's confidence within the Police Department.

The results, however, do not substantiate their claim, as is the case in other major cities where this revision was instituted. The percentage of unfounded, exonerated or not-sustained complaints against Police Officers, as a result of the OPS investigations has remained relatively consistent (between 85 and 90 percent) with that of the investigations previously and presently being conducted by the Internal Affairs Bureau of the Chicago Police Department.

The only area wherein the Office of Professional Standards was at all effective was that of placing an additional cost of \$1.3 million on the shoulders of the local taxpayer. This cost includes only those monies allocated for salaries.

As of May 6, 1977, the Internal Affairs Bureau of the Chicago Police Department had a staff of 108 personnel, a reduction of only 11 staff members since the formulation of OPS. This is in total contradiction to the original proposal of eliminating a substantial number of personnel within the IAB.

I feel that the adoption of the Bar Association's proposal will do nothing to enhance the efficiency of the San Francisco Police Department's Internal Affairs Bureau and will only serve as another bureaucracy to satisfy the "few" that have deemed it necessary.

The "brutality" outcry goes far beyond genuine incidents of police misbehavior. Too often it is automatically attached to any physical action by police, however justified. Usually, the false accusations fall into four major patterns:

- (1) Offenders who fake charges against police to evade the law.
- (2) Professional protestors who set up the police as hate targets.
- (3) People involved in disorderly conduct who find police easier to blame than themselves.
- (4) People who exploit the "brutality" slogan to undermine law and order.

In conclusion, if any real or imagined fault lies with the complaint procedure within the San Francisco Police Department, the fault lies with the administration's inability to properly address this misnomer of "The public's lack of confidence."

Very truly yours,

Robert F. Barry
Member, S.F.P.O.A.

At 4:50 P.M., Supervisor Dianne Feinstein's motion to delete the OCC Funds from the budget was ready to be heard. The "Call for the Vote" echoed throughout the nearly empty chambers and after almost a year and a half of controversy that has completely isolated our Police Commissioners from the rank and file, we were eleven breaths away from a decision that could eventually affect the entire citizenry of San Francisco.

The decision was 8-3 against its adoption. Those desenting were Supervisor Robert Gonzales, Dorothy von Beroldingen and John Molinari.

My deepest gratitude to: President of the Board Quentin L. Kopp, John Barbagelata, Alfred Nelder, Dianne Feinstein, Terry Francois, Peter Tamaras, Ronald Pelosi and Robert Mendelsohn.

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AROUND THE DEPARTMENT

by Al Casciato

...The language barrier encountered in the Bureau of Criminal Information is so bad that it won't be long before the City loses millions on false arrest suits; when there is a "mix-up"...

...Keep an eye on the Muni. They seem to be gearing up for a wage battle according to labor's grapevine. Whatever course the City takes with them will be indicative of the attitude toward labor and safety officers are included...

...Dick Wader retired in 1974. He now owns Zig Zag Bail Bonds in San Rafael. He and his family send their best regards to all their friends. So if you're in the area, stop in and say hello...

...Correct me if I'm wrong. It is my understanding that the Muni guards hired are being paid with CETA Title 2 monies. Doesn't Title 2 state that 50% of employees hired with such monies must be later incorporated into the permanent system? Well, there goes Civil Service...

...Mayor Moscone is busily politicking. Recently he visited Ingleside Station. The men there report that he evaded all major police issues. What else can you expect from a man who broke every campaign promise and supported the release of White Panthers ..

...The administration judged Officers Piro and Rodriguez guilty without a trial. Their suspension is proof of that. So much for "innocent 'til proven guilty"...

...An old timer once described police work as being "...long hours of boredom interrupted by a few moments of sheer terror. How true...

...The Southern Station honored newly retired Dan Shannon, Bill Lister, Jim (Ace) McCarthy and Bobby Flynn with a fine testimonial. In fact, it was one of the best. A fine tribute to deserving men. Also Jack Guenley was honored for his promotion but I don't think he was as happy as the other guys.

...Tom Dougherty has made a tremendous recovery after that near fatal on duty accident. In fact, he has just purchased a fishing boat in which to spend his retirement years.

...According to the legal office, if you are involved in an incident while performing secondary employment and are sued, the city will not defend you. Also, if your secondary employer does not defend you, all legal costs are borne by the officer...

...Bob Rasmussen of Co. A was recently following a suspicious fellow who was carrying a shoe box. The man stopped numerous pedestrians and displayed the contents. Bob then saw the man hide the box in a bush in Union Square. After the man left, Bob checked the box for contraband. According to Tom Donodoe and Gene Haudbine, he jumped so high when a pigeon flew out that the jump must be a record for the square.

...Did you note how adamantly Commissioners Ciani and Siggins pushed the Civilian Review Board before the Board of Supes...

...Have you noticed how Paul Chignell looks like all those radical Irishmen in those pictures from Belfast (from anonymous)...

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SFPOA DENTAL PLAN

by Gale W. Wright

As per the notice in last month's POLICEMAN, we fully expected to have the new, two year dental contract ready to go this month of MAY. However, there was still one point in the contract to be remedied before the Insurance Committee could agree to the terms.

But as this article is being written, we expect to finalize the contract before the 16th, which will leave the last few days of MAY and the whole month of JUNE to sign-up.

EFFECTIVE date of the new contract will be AUGUST 1, 1977 through JULY 31, 1979. Thus the premium rates are guaranteed for two years. And, the SFPOA Dental Plan by the Preventive Dental Health Foundation includes Orthodontia Care.

Look for the PDHF mail-out towards the end of this month and/or the first part of June. Payroll deduction cards must be processed as early as possible as we do not want to get into the billing problems.

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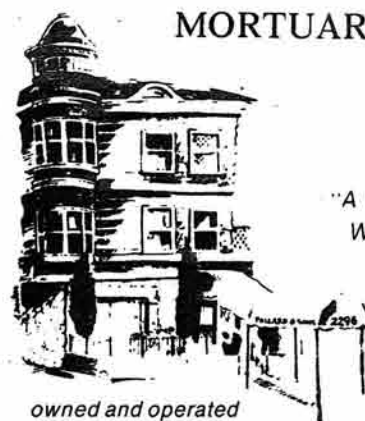


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OPEN LETTER TO CHIEF McNAMARA, SAN JOSE POLICE

by Paul Chignell

Dear Chief McNamara:

You recently adopted a policy of promoting women and minorities to specialized units within the San Jose Police Department.

This is generally a commendable action as the integration of any police department by the appointment of minorities and women and the promotion of these classes does enhance the effectiveness of an urban police department.

However, the San Jose Police Officers' Association has filed suit alleging that you failed to promote the most qualified candidate, instead that you utilized the criteria of race and sex as the main determinant. If true, that is an outrageous act that should not be tolerated by any member of the law enforcement community or the public at large.

In addressing this entire issue you were quoted on various media outlets to the effect that the community must have respect for the police force and implied that promotion of minorities and women by your methods would be beneficial to instilling cooperation between the community and the police.

Any appointments or promotions made on the basis of sex and race demean the officers concerned as well as cause disruption within the police force and the community.

The time has come to treat persons on the basis of ability within the sphere of equal opportunity. The most qualified should receive the appointment or promotion, not the one with the appropriate skin color or gender type.

Chief McNamara, the overwhelming percentage of Americans believe in qualified persons getting jobs within equal competition, not preferential treatment or hand-outs.

If the allegations made by the San Jose Police Officers' Association are true, you are out of touch with proper administrative practices and are contributing to a step backward in the development of a fine police force.

Moreover, in response to the allegations of the San Jose Police Officers' Association you stated to the effect that police officers resist change; and that it should be remembered that the police department exists not for the police but for the public.

I suggest, Chief McNamara, that you re-read the major authoritative texts on police management. A cursory review of those respected publications will quickly show a different perspective.

All change is not proper; change for the sake of change is a grave mistake; the resistance to unneeded change is proper.

Furthermore, the police force does not exist solely for the public. Neither the police force, nor any police chief can operate effectively without addressing the legitimate needs and cares of the members of the police department.

A police administrator is mistaken when he disregards the employees of the department and focuses instead upon external public relations in order to build a political base with certain segments of the community.

Every modern police administrative manual, including **Municipal Police Administration** and **O. W. Wilson's Police Administration** stress the vital importance of working with the members of the department in the improvement of morale and of listening to the rank and file so that their needs, cares and influence may be fully taken into account.

A Chief of Police who divorces himself from his department to reach the community will contribute to a decline in the efficiency of that department and ultimately the public he professes to help will be the loser.

Paul de Vries
et Cie

FINE JEWELRY

PAUL de VRIES
982-5571

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HYPERTENSION AND THE LAW

by Mike Hebel

High blood pressure (hypertension) is the primary cause of about 60,000 deaths a year and is a major contributing factor to more than 1,000,000 deaths a year from stroke and heart attacks. A person with mild hypertension has double the risk of a person with normal blood pressure of dying before age 65. With moderately severe hypertension, the risk of premature death is tripled.

A 1975 California Court of Appeal decision (*Muznik v. WCAB*) has held that hypertension falls within a statutory presumption: "heart trouble" which develops or manifests itself during a period of police officer/fire fighter employment shall be presumed to arise out of and occur in the course of employment.

The Disease

Hypertension causes no aches and pains but silently sets its victims up for disabling illness and early death. Symptoms are experienced only when the heart, kidneys or brain no longer properly work — 15 or 20 years after the onset of hypertension. All too often the first indication of trouble is a stroke, a heart attack, or a kidney failure.

Older people are more likely to have high blood pressure than younger people. Hypertension is more common in men than women until about age 50, after which the reverse becomes true. At first, the blood pressure may rise above normal only occasionally, then more frequently, until finally the blood pressure remains at levels too high for health.

Although blood pressure of 160/95 has been considered by most authorities the cut off point between normal and high blood pressure, physicians are becoming concerned at persistent elevation above 140/90. Insurance statistics clearly indicate that blood pressures above that level increase the chances of premature death. It is generally felt that the diastolic blood pressure (pressure between beats when the heart is relaxed) — the bottom figure — is most predictive of underlying hypertension.

Diastolic Blood Pressure

115 to 140 and above	Severe Hypertension (Organ damage is accelerated; drug treatment is necessary)
105 to 110	Moderate Hypertension (Drug treatment should begin)
90 to 100	Mild Hypertension (Drug treatment may begin)
65 to 85	Normal Blood Pressure

The usual treatment for hypertension is a drug or combination of drugs that act in various ways to lower blood pressure. Medications can control high blood pressure and thus prevent its complications and preserve normal life span. Proper treatment may require uninterrupted drug therapy for a long period of time.

In about 90% of hypertension cases, the underlying cause cannot be found and hence the term "essential hypertension". It is now known that physical/emotional stress or strain, especially is persistent, can aggravate and accelerate hypertension and can make it more difficult to treat.

The Law

"Heart Trouble" presumptions for police officers/fire fighters are found in both the San Francisco Administrative Code and the California Labor Code. These presumptions, rebuttable in nature, provide that "heart trouble" is to be considered an occupational injury if it develops or manifests itself during a period in which a person was employed as a police officer or fire fighter. California appellate courts have held that diseases such as arteriosclerotic heart disease, coronary artery disease, heart attacks, and cardio-vascular complaints are "heart trouble". "Heart trouble" has come to assume a rather expansive meaning and now encompasses any affliction to, or additional exertion of, the heart caused directly by the heart or the system to which it belongs which might be produced by stress and strain of police/fire work.

Hypertension, by its very nature, places additional burdens on the heart and makes it work harder to force blood through the arteries to all parts of the body. Persistent hypertension causes the heart muscle to thicken and enlarge and eventually to become over-stretched and fail to function. When hypertension places the heart in a troubled or burdened condition, it constitutes "heart trouble" and the presumptions apply.

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The CCS in recent years, while not officially permitting quota systems in the government's EEO program, has approved agency goals and percentage projections. Campbell's views could bring about a change in such practices.



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CITY STATE ZIP

MEDALS OF VALOR AWARDS

GOLD MEDALS

POLICE OFFICER THOMAS E. PERDUE

For services rendered on Thursday, July 8, 1976, at 0330 hours having just completed his tour of duty at Southern Station and proceeding southbound on Highway 280, when he observed the vehicle in front of him loss control swerve sharply and crash into the concrete abutment in the fast lane of traffic. Officer Perdue stopped his vehicle to render assistance and discovered the injured driver to be fellow police officer Michael Manley. Officer Perdue then started to return to his auto to obtain some flares to protect the scene when he observed a van type vehicle approaching in the fast lane. He attempted to wave off said vehicle but the driver did not see him and struck the stalled vehicle which immediately upon impact burst into flames. Even though flames were shooting up in the air to a height of 15 feet and the entire vehicle was on fire, Officer Perdue entered, grabbed Officer Manley who's body was not engulfed in flames and pulled him to safety. Officer Manley sustained third degree burns of the entire body including injury to his eyes. Officer Perdue suffered burns on both hands and his right arm.

POLICE OFFICERS JOSEPH ARSANSIS AND WILLIAM H. WOHLER

For services rendered on Saturday, July 17, 1976, at approximately 1800 hours, while searching for two armed suspects who had committed three armed robberies in the Ingleside district, spotted the suspects vehicle at Crescent and Nevada Streets. As the Officers pulled in behind the vehicle they saw two occupants in the front seat, and the driver watching them in the rearview mirror. As the Officers dismounted from their car and approached the suspects car, the driver swung open his door and leaned out with a revolver in his hand and commenced firing. The officers took cover behind the radio car doors and returned the fire. During the furious exchange of gunfire one of the suspects was killed. The suspects were subsequently identified as the ones responsible for armed robberies of stores located at 314 Excelsior, 600 Monterey Boulevard and 5298 Mission Street.

SILVER MEDALS

POLICE OFFICERS THOMAS M. HEFFERNAN, FRANK A. MACHI, JEREMIAH W. MORGAN, BRIAN M. D'ARCY, MICHAEL B. ROLOVICH AND RICHARD M. VAN WINKLE

For services rendered on Thursday, July 8, 1976, at approximately 0230 hours, during a major fire which occurred at 23rd and South Van Ness Streets. These officers acutely aware of the imminent danger to themselves, evidenced by exploding windows and heavy smoke, repeatedly entered the burning building in their efforts to arouse and rescue the tenants. Their efforts saved the lives of two young sleeping boys in a middle flat and the lives of a mother and her child who were asleep in a lower flat.

OFFICERS RONALD F. STANSBURY AND ROBERT C. KNIGHTON

For services rendered on Sunday, May 30, 1976, at 1725 hours, while on radio car patrol observed a motorcycle, operated by a male subject disregard the arterial stop sign and drive away at a high speed. The officers followed with red light and siren which the suspect disregarded and a 'hot chase' ensued. The chase lasted several minutes and terminated at Presidio and Jackson Streets where the cyclists crashed and the chase continued on foot. The suspect was ordered to halt. Ignoring this command the suspect turned and pulled a sawed off Carbine from beneath his jacket and aimed it at the officers. Officer Stansbury then quickly fired one round at the suspect striking him in the leg causing him to fall to the ground dislodging the weapon from his grasp. The Officers quickly handcuffed him, removed him to Harbor Emergency for treatment and subsequently booked him for a variety of violations.

BRONZE MEDALS

SERGEANT EDWARD R. FOWLIE, POLICE

OFFICERS RENO L. RAPAGNANI AND MICHAEL J. MORELLO

For services rendered on Friday, June 25, 1976, at 2300 hours when they displayed outstanding Police performance in an extremely dangerous situation where their team work and high regard for human life, were successful in apprehending a knife-wielding suspect who made three separate attempts to slash them with his knives. All three officers rushed the suspect who made his final attack by throwing a butcher knife directly at the officers. They subdued the suspect without using deadly weapons or injuring him. Their efforts also resulted in a 6 month old baby girl being returned safely to her mother.

POLICE OFFICER PATRICIA O. BEAUCHAMP

For services rendered on Saturday, July 3, 1976, while assigned to patrol wagon duty on the midnight watch transported several prisoners to the City Prison. After having placed a female suspect in a holding cell, she subsequently returned to answer the female suspects requests. As she approached, the female suspect suddenly pulled a knife from the area of her crotch and attempted to slash the officer. The officers protective vest prevented her from receiving a serious injury. The Officer engaged the suspect in a furious struggle for the weapon finally disarming and subduing her. During the struggle the officer received a cut on her finger and several cuts in her uniform shirt.

POLICE OFFICERS ROBERT J. PUTS AND ALEX E. FAGAN

For services rendered on Tuesday, July 7, 1976, at 2305 hours upon responding to a call of an insane person at 140 Leavenworth encountered the suspect who threw a knife that passed over Officer Fagan's head. The suspect also had another knife, 9" in length, in his right hand and a 17" club in his left hand. He shouted to the officers "You'll never take me alive, I'll kill both of you." He then charged Officer Puts with the knife, however Officer Fagan was able to knock the knife from the suspect's hand with his baton. The suspect was then knocked to the ground and after a struggle, handcuffed and placed under arrest.

POLICE OFFICERS ANDREW STOEPPELWERTH AND DAVID D. BROWN

For services rendered on Friday, July 30th, 1976, at 1417 hours when they received an all broadcast that there was a 221 holding ten to twelve hostages at 4301-3rd Street. They were also advised that this was the same suspect who had fired a shotgun blast through the walls of 821 and 827 Colby Street. Upon arrival at 4301-3rd Street they observed the suspect sitting on a table near the front door with the shotgun pointing in their direction. They decided to approach the suspect from different directions and ordered the suspect to drop his weapon. The suspect stood up with the weapon in his hand pointing it at one officer and then the other. The officers repeated the command several times. The suspect then began to walk toward the Reporting Officers and paused, at which time they moved in and quickly disarmed him and took him into custody.

POLICE OFFICERS MARTIN T. SACCO AND ROBERT C. MULRY

For services rendered on Tuesday, June 29, 1976, at 1925 hours, Officers Martin T. Sacco and Robert C. Mulry responded to 1693 Market Street, the Allen Hotel, and found an unconscious person bleeding profusely from a chest wound. After summoning an ambulance the officers investigated and discovered the suspect on the stairs between the second and third floors of the Hotel. The Officers attempted to place the suspect under arrest but he suddenly became extremely violent and removed a six inch fixed blade knife from under his jacket and began waving it at the officers. A violent struggle ensued after which he was disarmed and hand-cuffed. It was later learned that the victim succumbed to stab wounds of the chest which were administered by the arrested suspect.

POLICE OFFICERS CHARLES E. BREWSTER III, MICHAEL W. CONWAY, JOHN J. GRIZZEL AND JAMES M. PETRIE

For services rendered on Thursday, August 5, 1976, at 2100 hours, while working in plain clothes in the area of Geary and Powell encountered a suspect who was acting in a bizarre manner in front of the St. Francis Hotel. When the Officers approached the suspect he suddenly pulled a large knife from his pocket and began to stab at one of the officers whose back was turned to the suspect. The other officers then grabbed him stopping his downward movement and a furious struggle ensued. The suspect was then disarmed and taken into custody. During this struggle Officer Conway received a slash wound in his left hand and was treated at the Central Emergency Hospital. Upon searching the suspect he was found to have in addition to the fishing knife that he had used in his attempt to stab the officers, three other knives, three pairs of surgical scissors and a screw-driver which had been honed to resemble an ice pick.

POLICE OFFICERS GREGORY W. WINTERS, RICHARD D. HOLDER

For services rendered on Thursday, July 15, 1976, at 2140 hours while on foot patrol in Union Square in plain clothes, apprehended an armed suspect who after a verbal altercation had shot a citizen and attempted to flee the area. The officers after summoning an ambulance for the victim pursued the armed suspect for several blocks after which he was caught and physically forced against a parked vehicle and disarmed.

POLICE COMMISSION COMMENDATIONS

INSPECTORS ALBERT L. PODESTA, DAVID R. TOSCHI AND ASSISTANT INSPECTOR JEFFREY C. BROSCHE

For services rendered on Thursday, April 8, 1976, the date of the conclusion of an outstanding investigation and the arrest of a suspect who had committed a double murder at 1830 Santiago Street, burglarized the victim's home and fled in the victim's auto. The suspect's whereabouts were narrowed down to three places, Alaska, Canada, or Colorado. The Inspector's received subsequent information leading them to concentrate on locating the suspect in Colorado. On April 3rd the Colorado Law Enforcement Agencies arrested the suspect and his girlfriend. The Inspectors after presenting mounds of evidence, the suspect was held to answer in Municipal Court and subsequently plead guilty in Superior Court to two counts of Murder in the First Degree, Burglary in the First Degree, First Degree Robbery and stolen auto.

POLICE OFFICERS THOMAS E. PERDUE AND JAMES A. BOLES

For services rendered on Tuesday, September 14, 1976, at 1200 hours, while leaving the Hall of Justice observed two suspects wanted by this department for a series of crimes. They followed the suspects from the Hall of Justice to avoid possible danger to the public and made the arrest on 7th Street near Harrison. These suspects were wanted for attempted murder, kidnapping, robbery, burglary and aggravated assault.

POLICE OFFICERS ALEX E. FAGAN AND JAMES L. ARNOLD

For services rendered on Saturday, October 16, 1976, at 2155 hours when they apprehended an armed suspect who had just shot a man in the head with a .22 caliber revolver at 6th and Mission Streets. The quick and efficient confrontation of this suspect by the officers left the suspect no alternative but to surrender without further injury to anyone.

POLICE OFFICER DANIEL A. SULLIVAN

For services rendered on Saturday, October 9, 1976, at approximately 0200 hours, conducted an outstanding investigation which resulted in the arrest of two extremely dangerous suspects who had terrorized, beat and robbed a family living in the Taraval District.

Willie E. Frazier, Secretary
The Awards Committee

NATIONAL POLICE WEEK

MAY 15 — MAY 21

INFORMATION BULLETIN

SAN FRANCISCO POLICE DEPARTMENT

NO. 91-77

WANTED FOR 187 P.C. MURDER AND 211 P.C. ROBBERY

MAY 6, 1977



The above composite drawings are of 3 suspects wanted for the robbery of Golden State Pharmacy, 2450 San Bruno Avenue, and the murder of Special Police Officer Joseph W. Boswell which occurred May 3, 1977 at approximately 8:50 P.M.



Escape vehicle described as possibly a 1969 Cadillac

SUSPECT #1 & 1A: NMA - 28-32 years - 5'8"-5'11" - Heavy Build - Dark Complexion - Wearing a dirty trench coat, concealing a shotgun - Gold knit cap with a short brim. Suspect had a deep voice with no accent.

SUSPECT #2: NMA - 25-29 years - 6'0" - Slender Build - Dark Complexion - Wearing a blue jacket, waist length - Multi-colored blue knit cap. Armed with a Blue Steel Revolver.

SUSPECT #3: NMA - 28-30 years - 6'0" - Medium Build - Dark Complexion - Full Beard which was short except for long chin whiskers - Short hair. Wore blue Levi pants and jacket - Black "Wallaby" shoes - Mirror lens sunglasses. Armed with a Chrome Plated Revolver.

M.O. Suspects enter the Pharmacy and announce, "This is a Hold-Up." An employee is ordered to empty the cash register receipts into a bag, while another employee is taken, at gun-point, to the back of the store to open the safe. Suspect with the shotgun watches the front door. Special Officer Joseph W. Boswell enters the store while on routine patrol. Suspect #1 is heard to say, "Oh, here comes the pig" and shoots the Officer three times with a shotgun. Two of the suspects seen entering the within described Cadillac and escaped. The third suspect fled on foot.

Suspects escaped in a Cadillac Sedan - black vinyl top over a dark green body - described as possibly 1969 - two or four door.

CHARLES R. GAIN
CHIEF OF POLICE

ANY INFORMATION:
Homicide Section
Inspectors John Fotinos/Carl Klotz
553-1145
Refer Case #77-3352348

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by Mrs. George Wilson, Union City, CA

Yes, I'm a policeman's wife. Let me tell you of my life. When he is called out, I want to shout: That's my man out there! Take good care of him Dear Lord. Don't let him get shot from someone's dare. Bring him back safely to me Dear Lord. Each time the phone rings when he is gone I fear that this is it--this is the bomb. I dread answering it each time And, when it is not about him I breathe a little bit easier about that man of mine. When he comes home from duty safely and sure. I thank the Lord for keeping him secure.

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The California State Automobile Association (AAA) will soon activate a 24-hour, seven-day-a-week vacation information line to keep the public up-to-date regarding drought and fire hazard conditions relating to outdoor recreational activities through the vacation season.

The number to call is: (415) 864-6440. (The same number that serves winter sportspersons as the CSAA Ski Phone when there's snow in the Sierra Nevada.)

The summer and fall messages will contain concise summaries of lake levels, boat launching facilities, fire risk conditions, status of camp sites and other recreational

area information. The recordings will be changed at least twice every week. Regular revisions are scheduled by noon Thursdays for weekend information and by noon each Monday for a Tuesday through Friday focus.

The information will be gathered from a variety of federal, state, county, municipal and public utility agencies, then coordinated by the Public and Press Relations Department of CSAA for dissemination to the motoring public in northern California and Nevada.

This public service should not be regarded as a "hot line," as it is not established to report on fire fighting progress or

other emergency trip planning, and as an aid in the prevention of forest fires by naming areas where the risks are expected to be valuable in greatest.

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FREE GIANTS BASEBALL TICKETS FOR UNDER 18

Thanks to Supervisor John Barbagelata, a plan to let youngsters enjoy seeing Bob Lurie's Giants Baseball team play at Candlestick Park has been worked out, and is coordinated through the San Francisco Police Department.

Officer Louis Ligouri, who had been assigned to security duty at Supervisor Barbagelata's home during the bomb threats, discussed the plan with him at length, after the Supervisor had first proposed Teamwork 77.

Lou is an expert for the Police in working with juveniles, and he anticipates "much better rapport with the young people" as a result of the program.

"Now, if you walk up to some kids who are just follow 'Now, if you walk up to some kids who are just fooling around, they think, 'Oh, oh, a cop — he's going to hassle us,' and they are automatically suspicious and afraid," Ligouri observed. "It'll be great to be able to say, 'Hey, do you want some tickets to the baseball game?'"

Improved police-community relations is the Big Plus from Teamwork 77, in Barbagelata's mind.

"Free entertainment, fresh air, sports heroes to look up to — what could be healthier! I am especially gratified with the response of the Police Department. It's time we broke through that 'tough guy' image of cops that you get from TV and let our youngsters learn for themselves that the police are there to help," Barbagelata said.

The Muni Railway will allow complimentary-ticket-holding youngsters to ride the Candlestick Express for only five (5¢) cents each way. Until now, the fare to Candlestick has been 80¢, regardless of age.

Adults can accompany those too young to go to the games by themselves. They should buy general admission tickets to sit with the children. If they already have season tickets, they can still enter the ballpark through Gate E and stay with the youngsters.

So, Giants sluggers, you've got a whole new rooting section. Let's give 'em something to scream about.

HOW TO GET FREE TICKETS

All San Francisco youngsters up to age 18 can get free tickets to most Giants home games. Here's how:

1. Tickets will become available about a week before each home stand. No tickets can be given for Sunday games or for afternoon games when youngsters are supposed to be in school.

2. Youngsters can pick up tickets from the nearest district police station. If you don't know where this is, call Police Information at 553-9111.

3. At the station you will not need ID but you will be asked your name and address. Sorry, San Francisco residents only.

4. Take the Candlestick Express to the ball park for a nickel each way. For bus schedules, call 673-MUNI. IMPORTANT: your ticket qualifies you for the 5¢ fare, so SAVE YOUR TICKET STUB for the trip home.

5. At Candlestick, enter through Gate E. And enjoy the ball game!

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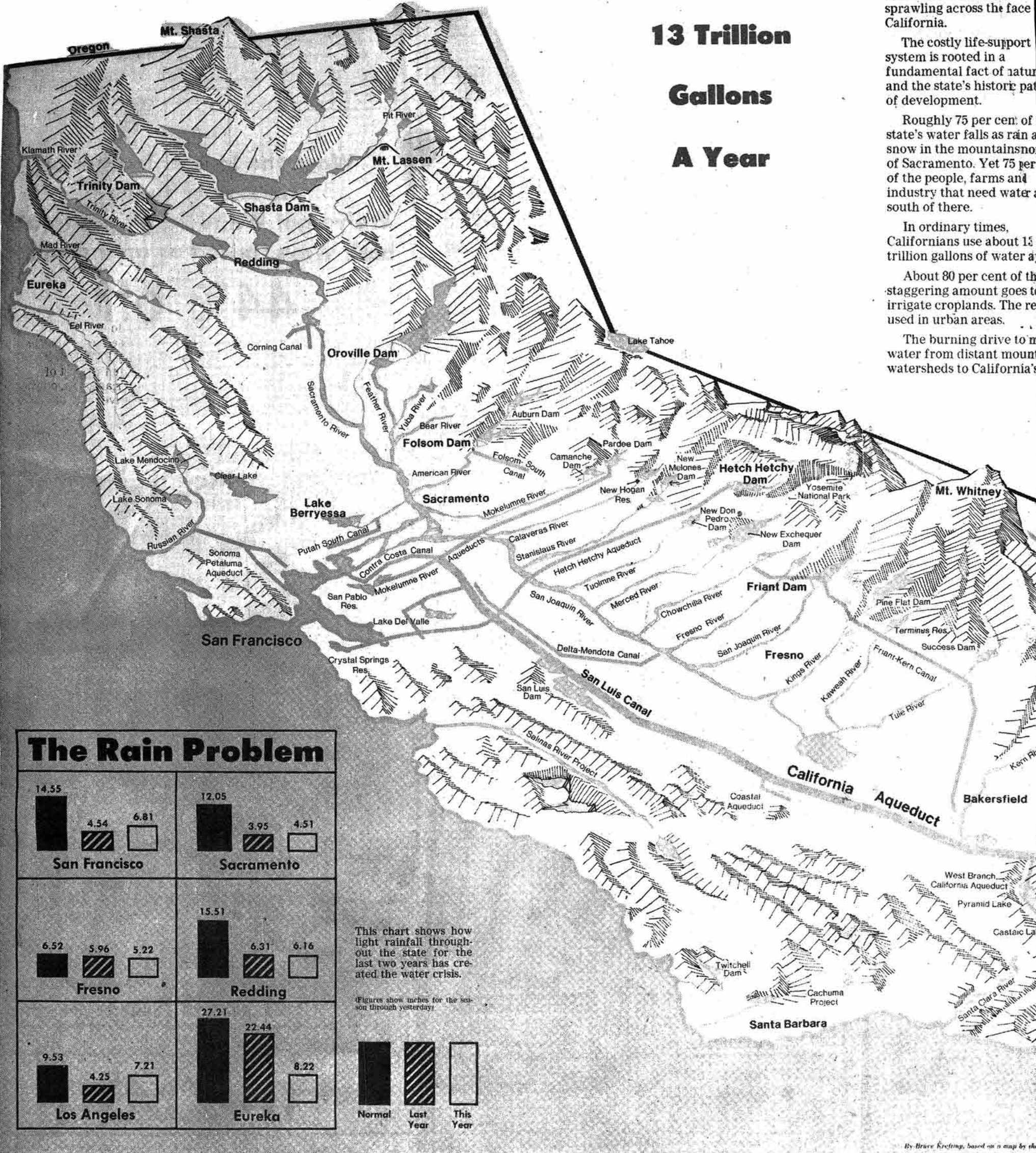
The costly life-support system is rooted in a fundamental fact of nature and the state's historic pattern of development.

Roughly 75 per cent of the state's water falls as rain and snow in the mountains north of Sacramento. Yet 75 per cent of the people, farms and industry that need water are south of there.

In ordinary times, Californians use about 13 trillion gallons of water a year.

About 80 per cent of the staggering amount goes to irrigate croplands. The rest is used in urban areas.

The burning drive to move water from distant mountain watersheds to California's



By Bruce Kretzing, based on a map by the

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em—How It Works

growing cities began in the early years of this century.

Los Angeles, in the midst of an arid plain, started first, reaching 240 miles north to tap the water of the Owens river, on the eastern flank of the Sierra Nevada range.

To slake its thirst, San Francisco dammed the Tuolumne river in Yosemite National Park and built the 150-mile Hetch Hetchy aqueduct.

As an answer to the state's longest recorded drought, from 1928 to 1934, the federal government started the monumental Central Valley Project in the 1930s.

With booming Southern California clamoring for more water, the equally massive state water project for sending Northern California water south was begun in 1960.

Out of the endless quest for water have come dozens of huge dams and reservoirs, a multitude of enormous

pumping stations and more than 1000 miles of aqueducts, canals and tunnels.

Today, with nearly every river dammed, more than 70 per cent of California's population draws its water from five major transport systems.

The Hetch Hetchy aqueduct supplies almost two million people in San Francisco, on the Peninsula and in the lower East Bay.

The more than one million people living in the East Bay Municipal Utility District service area, which includes the cities of Oakland, Berkeley, Richmond and Alameda, get their water from Mokelumne river aqueducts.

Los Angeles, San Diego and the rest of Southern California, comprising more than half of the state's

population, depend on the pioneering Owens river aqueduct, a pipeline from the Colorado river and the recent California aqueduct.

The 450-mile California aqueduct is the stellar feature of the \$3.2 billion state water project, which captures water for the man-made river at Lake Oroville on the Feather river, northeast of Sacramento.

Shasta dam, on the Sacramento river, north of Redding, is the keystone of the federal Central Valley Project. The \$4 billion system is the prime source of water for 2.5 million acres of farmlands in the Sacramento and San Joaquin valleys and also furnishes water for part of Contra Costa county.

Standing along with Shasta dam as major elements in the Central Valley Project are Trinity dam, to the west of Shasta, and Friant dam, on the San Joaquin river east of Fresno.

by Dale Champion

SHASTA & THE DROUGHT

by Bruce Wright

On recent trip to Northern California, I decided to stop at Lake Shasta to see the dam and to examine effects of the drought.

Shasta Dam is 12 miles north of Redding, off I-5, along Shasta Dam Road. The dam was built and is operated by the Bureau of

operation in 1944. Five turbines are turned by water pressure from water passing through five 15 ft. diameter penstocks. Each turbine requires 85 tons of water pressure per second to operate at full capacity. Two generators operate at 83,700 kilowatts and three at 95,000 kilowatts.



The smaller peninsula is the boat launch area, a hazard at best.

Reclamation. Placed across the Sacramento River channel, Shasta Dam blocks the Sacramento River, and two tributaries, the McCloud and Pit Rivers.

The dam itself is one of the largest concrete gravity dams in the United States. Some physical dimensions are: height — 602'; crest length — 3460'; top thickness — 30'; bottom thickness — 883'; volume — 6,541,000 cubic yards. The lake behind the dam, Shasta Lake, has a shoreline of 370 miles when full. Recreational activities include picnicking, camping, swimming, waterskiing, boating, fishing and hunting.

The power plant at Shasta Dam began

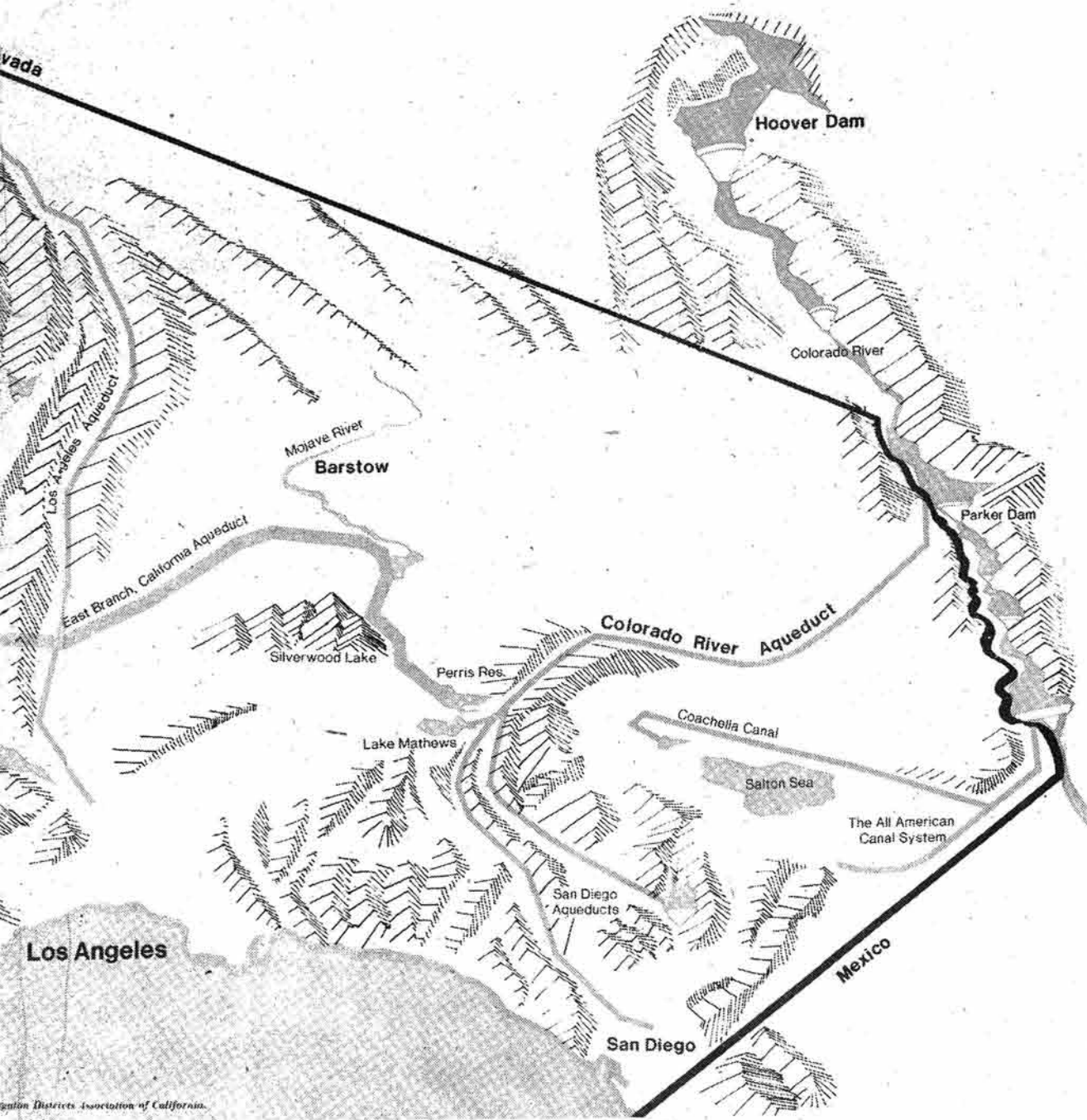
The effect of the drought is spectacularly illustrated at Shasta Lake.

As of March 31, 1977, water behind the dam was 144 feet below crest. In 1976, the water dropped to 160 feet. If the water were to drop to 200 feet below crest, as is expected in 1977, power generation would cease at Shasta Dam, due to the lack of water passing through the penstocks.

Very little runoff is expected from Mt. Shasta. Normal rainfall for the Shasta area is 60" a year. 1976 saw only 28" of rain. To refill the lake, an estimated 3½ years of normal rainfall would be needed.

Are you conserving water?

Editor's Note: Bruce reports the latest reading shows Shasta Dam is now down to the 167 foot mark. The latest snows will have no appreciable affect on correcting this situation.



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Watch It, Now

Bad Back Season Is Back

By Jane E. Brody

New York

THIS is bad back season. Come spring and millions of Americans take to gardening, house repair, spring cleaning, tennis courts and golf courses. Not a small percentage of them will end up with aching backs — all of them miserable for varying periods of time and some incapacitated for weeks or months.

More often than not, these sufferers are ordinarily sedentary individuals with sagging guts, 20 or more extra pounds, poor posture, a temporary lapse of good sense, and some bad luck. With their bodies unprepared for the stress, they overdo, straining or spraining the muscles or ligaments that support the spine or injuring a disk between two vertebrae.

Henry B., a middle-aged Midwesterner, is a typical case. In the last four years, he has hurt his back four times — twice while trying to learn the American twist serve (which tennis-playing orthopedists say is positively dangerous for the back), once when lunging for a tennis ball after not having played for months, and most recently while carrying an unbalanced load of a briefcase and heavy suitcase for many blocks. One of the injuries landed him in the hospital in traction for ten days, followed by three months of bed rest and a year of discomfort.

Some 20 million visits to doctors each year are prompted by back problems. Most victims recover in a few days or weeks with conservative treatment — rest, heat, aspirin, massage and perhaps a support garment. But



the chances are pretty good that, like Henry, once a person has had a bad backache, he will suffer repeated attacks. Yet, experts estimate that perhaps 90 per cent of backaches can be prevented by learning and applying a few simple back-sparing tips.

To appreciate the importance of these measures, it is helpful to understand the mechanics of the human back. Many blame man's high incidence of back problems on the fact that the spinal column originally evolved to support animals that maintained a horizontal posture. While modifications evolved to adapt the spine to an upright posture, there is decidedly more strain on the human back when sitting or standing than while lying down. When you bend over to reach the floor and lift a heavy object, the pressure on parts of the spine may reach 900 pounds.

The spine consists of bones called vertebrae — 24 separate ones and nine fused ones at the base. A channel through the bones houses the spinal cord and nerves. Between the nonfused vertebrae are pads of collagen — a very tough fibrous protein — called disks that act as cushions between the bones. When a disk ruptures ("slipped disk" is a misnomer), it may press on spinal nerves and cause intense pain in a leg — sciatica.

The lumbar vertebrae in the lower back are the most heavily built because they must withstand the greatest stresses. They are also the main trouble spots, where most low back pains originate.

The power spine is supported by muscles and ligaments in the back and abdomen which act as "guy wires." If those wires are weak, their hold on the spine is not sufficiently protected and injury may occur. A study of thousands of back sufferers indicated that four out of five backaches are due to muscle weakness. Contributing to this weakness and strain on the back are a sedentary life style (particularly with occasional burst of activity), poor posture, improper shoes, overweight, poor mattress and sleeping position, and improper lifting of heavy objects.

To prevent back problems, experts recommended the following:

Posture: Dr. Howard G. Thistle, physiatrist (expert in rehabilitation medicine) at the Institute for Rehabilitation Medicine, New York University, advises that you stand and walk with your back straight, shoulders not rounded, chin and pelvis tucked in. Avoid exaggerating the natural curvature of the spine or misplacing the center of gravity. If you thrust your pelvis forward or let your abdomen sag or adopt a ramrod military posture, you create a swayback, which is bad.

Sitting: Avoid very soft chairs. The best chair is firm, shaped to the natural contour of the back with support at the small of the back, and allows you to sit with your feet flat on the floor. Your head should be held directly over your body.

Sleeping: Avoid soft, sagging, slanted or lumpy mattresses. A firm mattress (even with a bed board) is considered healthiest for the back. Sleep on your back or your side with your knees and hips bent slightly, but not on your stomach.

Shoes: Thistle cautions against extremes in heel height. Shoes should support the foot well and have a moderate heel. For women, he recommends the "Cuban" heel. High heels cause you to hold the top half of the body back for balance, creating a swayback. For some people, very low, so-called negative heels also distort the posture and may cause backache.

Bending and Lifting: Learn to bend at your knees and hips, keeping your back straight, when you lift something. Heavy objects should be lifted very close to your body to avoid greatly increasing the pressure on spinal disks. Use your arms and leg muscles to lift, not your back. Similarly, avoid using your back to push or pull; instead, use your whole body with knees and hips bent slightly.

New York Times

World, Sunday, May 15, 1977

'NEW' Association Offices

All good things come in due time and the time has arrived for the SFPOA. We now are working in our new offices at 510 - 7th Street about 100 feet from where we operated for the past six years. These new offices are kitty-corner from the Hall of Justice at 7th and Bryant Streets.

Remodeling took the better part of a year, during which time the 1500 square feet of mezzanine office space was expanded to 2250 square feet, to include a Board Conference Room and two small offices.

The outside of the building is reminiscent of the old Hall of Justice at Washington and Kearney Streets (since demolished) because of the large rounded windows. A sloping Spanish tile roof compliments the windows and the four sculptured columns. The colors chosen for the exterior are dusty ivory, accented with yellow and brown trim.

The entrance way is red bricked tile. The blue carpeted stairs are lighted by a distinctive chandelier. At the top of the stairs, are two large business counters made of select white birch wood with walnut formica tops.

The office desks are black metal with chrome legs and walnut tops. File cabinets and typewriter stands have been painted to match the desks. Lighting is fluorescent set flush in a white acoustical ceiling.

The President's office is fully paneled and looks very nice with the large oval window. Drapes are hung along the entire front wall of the offices for 50 feet. Naturally, the drapery colors pick up the blue of the carpet, the beige of the walls and a running neutral color.

A bit of history: Several years ago, former Treasurer John Burke tried to get the Board to purchase a building for the POA, but he was unsuccessful. Mostly our records were kept at someone's house and we rented halls for meetings. We shared second story offices with the Veteran POA on upper Market street for years.

When the Bluecoats swept into office in 1971, \$5,000 was authorized to outfit the offices at 548 - 7th Street. Although the President's office looked very nice, the rest of the area looked like early American everything, yet it was very functional for our purposes.

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**Bruce Burt
Secretary - Treasurer**



This is a list of people and organizations which helped in some way, either major or minor but nonetheless importantly to the completion of the NEW Association Building. Our heartfelt thanks to one and all.

When the three year lease was up, the Board authorized Gale Wright to see what the property situation was in the neighborhood, and if possible we might buy some property. The report was adverse, so a new lease was signed for another three years.

In November 1975, Gale saw that a two story building at 510 - 7th Street was being vacated, due to bankruptcy, and he talked to the owners, but got no where. They wanted to lease, not sell. Mike Duffy entered the picture here as it was learned he was a good friend of one of the owners. Together Gale and Mike worked on him until he gave in. A selling price was established, a loan was arranged and the Board of Directors gave their approval at the January 1976 meeting.

The POA became the owner on June 23, 1976. Between then and when our lease expired on March 31, 1976, Gale Wright and Don Miles completed the entire remodeling of the old (1925) offices, which included expanding the second floor mezzanine from 1500 to 2250 square feet. Every wall was sheetrocked, textured and painted. New electrical lines were run, new plumbing, new lighting and new carpets.

Some of the work was subcontracted, of course, but in the main just the two guys above did most of the work. While the downstairs area remains for storage, the Board may approve other plans for it someday.

We are planning an Open House for some time in June, but the date has not been set as yet. We will send out Bulletins with the appropriate invitational message.

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BOARD OF DIRECTORS MEETING

april 26, 1977

The meeting opened with the Pledge of Allegiance to the Flag, (American and California Flag present) A roll call showed sixteen (16) members present, three (3) members absent and one (1) member excused. Those absent were Delmas, Cahill and Carlson. Excused was Hemby.

The first order of business was the Secretary's report. It was moved by Ballentine and seconded by Hardeman to approve the report as printed. Motion passed. Next was the Treasurer's report. It was motioned by Hardeman and seconded by Patterson to approve the report as printed. In his report, the Treasurer told of a meeting he had with a Mr. Dick George who own George's Productions. Mr. George's firm promotes variety shows and on May 20, 1977 he will be putting on a show for the Sacramento Police Officers' Association. According to Ballentine, Mr. George has been putting on shows for the Long Beach POA for several years and for the last couple of years has averaged around \$50,000 for them. Ballentine will get more information on him and his company and report back to the board.

The Treasurer also presented a request that he received from the American Indian Women's Foundation asking for a donation to help put on a Seminar on American Indian Women. It was motioned by Chignell and seconded by Toomey that we do not donate to this. This motion passed by voice vote. The Treasurer also stated that the assessment letter for the \$100.00 assessment had gone to the controller and the money should start coming out on the 18th of May at \$5.00 per pay period. The Treasurer's report was approved by voice vote.

Next, the President made three (3) appointment to the Insurance Committee. Those appointed were incumbent Tony Bell-Retired, Bob Barry-Co. A and Ray Carlson-PCR. The Board approved these appointments by voice vote.

The President expressed disappointment at the poor attendance of our members at the Finance Committee meeting of the Board of Supervisors regarding the Office of Citizens Complaint. The Finance Committee sent the proposal to the full Board of Supervisors by a vote of 2 to 1. Voting it out of Committee were, Supervisors Molinari and von Beroldingen. Supervisor Barbagelata cast the descending vote. This matter was on the Supervisors calendar for Monday, May 9th and was deleted from the budget by a vote of eight (8) yeas and three (3) nays. The aforementioned Supervisors who voted it out of Committee were joined by our good friend and world famous Train Engineer Robert Gonzales in casting the three (3) nay votes. We owe a round of thanks to Supervisors Francois, Barbagelata, Feinstein, Nelder, Kopp, Pelosi, Tamaras and Mendelsohn for deleting this proposal from the budget.

Director Paul Chignell-Co. E gave a Grievance Committee report and stated that eight (8) grievances have been filed this year. He further stated that there have been quite a few members wanting to file a grievance because they were transferred. This is not proper. These are three (3) areas for grievances in regards to transfers. One is that the company Commander recommends a transfer without informing the member of the reason. Second, if a member requests a transfer and is not transferred nor given the reason for not being transferred. Three, if you are transferred punitively. Members should read their MOU on Grievances.

On the Legislative side, Chairman Bob Barry, asked the Directors to request their people to write letters to the members of the Revenue and Taxation Committee of the State Senate, asking their support of SB 164, the Collective Bargaining Bill' to get it out of Committee. Members of that Committee are Senators John Holmdahl, District #8 Alameda County, Nicholas Petric, District #9 Alameda/Contra Costa County and John F. Dunlap, District #4 Napa County. Address all letters to State Capitol, Sacramento, CA 95814.

Attorney Steve Solomon brought the Board up-to-date on the actions that have been taken and will be taken in regards to the Federal Litigation.

There being no further business before the board, the meeting was adjourned.

Joe W. Patterson
Secretary, S.F.P.O.A.

DENTAL PLAN

by Gale W. Wright

The month of June will be the signup month for the POA Dental Plan. The effective date will be August.

Plan I, the Preventive only program, will be dropped. The Insurance Committee learned there was only a very low percentage use of this plan. Plan II, both preventive and restorative, will be the one plan we will have, which includes orthodontia with no additional premium cost.

During the month of June, we will have a mailout to all of our members, which will include a new brochure, enrollment card, and payroll deduction card. Both the enrollment card and the payroll deduction card must be signed and returned on time to the POA Insurance office. Retired members will still be on a quarterly billing system.

Like everything else today, there has been a slight increase in the premiums, but we still feel this is a very good dental program.

IMPORTANT — because of the lag time in getting the monies from the Controller, premiums must start coming out of paychecks before the August effective date. We must have the monies in time to pay the billings by the due date. Look for the mailout.

Are YOU going to retire in the near future?

If so, please notify the Insurance Committee so arrangements can be made to bill you directly.

Call the POA, 861-5060

Without proper notification, you may jeopardize your coverage.

S.F.P.O.A. BALANCE SHEET

Month Ending April 30, 1977

ASSETS			LIABILITIES & RESERVE		
Petty Cash	101	\$ 150.00	Payroll Taxes Pay.	399	\$ 392.78
General Fund	103	13,590.89			
Legislative Fund	105	22,987.93	Unexpended Reserve	501	37,994.76
Furniture & Fix.	207	1,255.60			
Leasehold Imp.	231	403.12			
		<u>\$38,387.54</u>			<u>\$38,387.54</u>

S.F.P.O.A. INCOME STATEMENT

Month Ending April 30, 1977

INCOME:			
Dues - Active	601	\$32,832.16	
Dues - Retired	603	22.50	
Gifts & Donations	630	30.00	
			<u>\$32,884.66</u>
EXPENSES:			
Administrative Expenses			
Dues Collection	723	135.55	
Janitorial Service	753	116.55	
Maintenance (Equipment)	761	104.00	
Nailing	771	180.75	
Public Relations	772	431.74	
Pent	773	810.00	
Salary - Office	776	(3.12)	
Salary - Executive	777	2,388.00	
Special Elections	779	461.80	
Supplies - Office	781	89.12	
Supplies - Admin.	782	163.22	
Tax - Payroll	783	966.94	
Utilities	792	376.51	
Building (510-7th)	794	3,729.47	
		<u>9,950.53</u>	
Committee Expenses			
Health Svc/Retirement	830	400.00	
Insurance	835	754.32	
Installation Dinner	842	43.47	
Legislative	845	117.56	
Legislative-Collective Bargaining	845-A	39.15	
Labor Relations	850	745.50	
Screening	860	8,286.50	
Publications	863	566.30	
COPS	870	2,187.94	
COPS/PEF	871	300.00	
Insurance - Life	872-A	2,456.47	
Insurance - Dental	872-B	3,976.00	
Federal Litigation	875	(113.85)	
		<u>19,759.36</u>	
			<u>\$9,709.89</u>
			<u>\$3,174.77</u>

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FINANCIAL STATEMENT
April 30, 1977

BALANCE - March 31, 1977			
General	\$4,143.72		
Pre-Paid Ads Reserve	505.00		\$4,648.72
REVENUE - April			
Subscriptions	62.00		
Ads	2,823.50		
SFPOA Salary Subsidy	649.55		
Ski Trip Refund	171.00		
Buckles	56.00		3,762.05
WORKING CAPITAL - April			\$8,410.77
LESS EXPENSES			
Commission on Ads	921.56		
Paper (Printing, Mar.)	492.11		
Salaries (Office)	449.55		
Salaries (Exec.)	200.00		
Utilities (Telephones)	238.26		
Lighting Fixture	139.53		2,441.01
BALANCE - April 30, 1977			
General	4,444.76		
Pre-Paid Ads Reserve	1,525.00		\$5,969.76

LETTERS

Visalia Association

Dear Mr. Crowley:

On March 17, 1977, Jim Shandrew, a Traffic Division Officer of Visalia Police Department, was critically injured in a motorcycle accident while on duty. Nearly three weeks of intensive care resulted in no improvement. It was decided late April 7, 1977 to move him to Pacific Medical Center in San Francisco and plans were rapidly developed toward that end.

Jim's wife expressed a desire to spend whatever time she was away from him at the hospital with a Police family rather than return to an empty motel room at days end. Hence, the phone calls to you the morning of April 8, 1977.

Again, thank you for the outstanding work of you and your organization in providing accommodations for Mrs. Shandrew and her escort, Jim Parsley, on such short notice. Both have mentioned a number of times since their return the warmth and graciousness with which they were treated from the moment they first arrived.

Please convey our gratitude to Larry Novak, Jay Christman, Ray Carlson, Lee Clark, Frank and Maureen Gamma, and the many others whose names I don't have, who worked with you in accomplishing this. Their generosity was most appreciated.

Don't hesitate to contact us if we can ever be of any assistance to you and yours. We would welcome the opportunity to repay your many kindnesses.

Sincerely,

Michael Ramsey,
President
Visalia Police Association

the kelly report

Dear Mayor Moscone

Having read your interview with Kevin Starr, I was amused when you said Chief Gain had character.

The night I met Chief Gain at the Salvation Army meeting for Senior Citizens, he must have had "character" in his feet, because he and Freitas sat there like two blokes listening to those people telling how many times they had been mugged and then walked out before I could say what I wanted to.

I still say anyone in an administrative position such as Gain who admonishes his employees openly has no backbone.

The 30 years I've worked in hospitals I never heard of an administrator talk about a doctor or what he did wrong, even being half-crooked in the operating room. That is just why no one has any respect for these fine officers.

As I told you before, Mayor Moscone, my nieces and nephews in the last five years became lawyers (one a public defender), teachers, and probation officers, and they all moved out of this city for employment elsewhere because they didn't want to have to cater to the garbage that's left in San Francisco. Just this weekend they asked me why the City Fathers and the electoral staff are going bananas.

Furthermore, you and Gain and Freitas better start checking Muni drivers for a change. I saw one walking down Fifth Street in uniform nonetheless drunker than a skunk. Is that why Muni is so awful? If that was a police officer, Gain or you would have it front page news.

Very truly yours,
Mary T. Kelly

can you help?

Dear Association President:

In mid-April of this year, Gene Zour, one of our patrolmen, was on his way to work when he was rear ended on the freeway.

As a result of this accident Gene suffered a freak heart attack which has disabled him and prevented him from working. Unfortunately, Gene has only been with our department a little over a year, thus, he has very little sick time on the books. He has used up all of that sick leave and at this time has four vacation days left. He is expected to be off work for another eight weeks, minimum.

This will leave Gene without an income for quite a while. Although his medical insurance is covering the entire medical expense he has a wife and two children that must be cared for.

We have approached our city council and requested that we be permitted to donate sick time, vacation days, or work Gene's shifts for him so that his checks would continue to come in. We met with approval from the city but their city attorney advised them that in his opinion this type of transference of funds would be illegal. The city therefore rejected our proposal.

Thus, we are appealing to all Police Associations within the State of California for any financial assistance that you might be able to render, no matter what the amount.

Any consideration would be gratefully appreciated by our Association and Gene's family. Donations can be made payable to:

Maywood Police Officer's Relief Assn.

4317 E. Slauson Ave.
Maywood, Ca 90270

Attn: Ed Robison,
President

pat on the back

S.F.P.O.A.

I enclose my check for dues for the fiscal year 1977-1978.

May I take this opportunity to commend the Editor and Staff of the "SAN FRANCISCO POLICEMAN" for the excellent job they are doing and the fine paper.

Old timers will recall that we have had police publications in the past that did do a good job but I am afraid they could not compare with the current publication.

So, I say congratulations and keep up the good work.

Sincerely,

Ken Carstensen

police star

Dear Editor:

I hope the following information will clear-up the identification of the police star in your article of the April Edition.

I have in my possession a San Francisco police star issued to my Dad who joined the department in 1890. The star is burnt black and melted. It is identical to the star shown—same size, same lettering, same seven points. The story behind it—that it was in his locker and burnt in the 1906 fire. Star #175.

He carried #175 for 33 years. I came into the business in 1930 and the number was given to me. I carried it for 37 years.

Hope this info will help.

Bro. Gerry Fennell
Inspector 175 (Retired)

P.S. Incidentally, Chief Cahill honored my family by retiring #175 with me in 1967. I still carry it.

assessment \$\$ letters

Dear Active Brothers:

Enclosed you will find my check of twenty dollars in your fight to uphold the standards, that took many years to achieve. I enjoy a good pension and I can thank the Police Association for many hard years of fighting for conditions.

What kind of person would take a position he did not merit? I wouldn't trust that person as far as I could throw him.

Sincerely,

John P. Finn
Retired Lieutenant

Police Association:

I am retired on disability and wouldn't have about \$200 that I get if it wasn't for all the good work you do and have done. Keep up the good work. I will send more money next month.

Sincerely,

Eugene C. Harriman
Hornbrook, CA

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sergeant's list

Chief Gain
San Francisco Police Department

Dear Chief Gain:

Tonight my mother informed me that my dad may not become a sergeant in the San Francisco Police Department because of a newly adopted minority promotional standard. This news makes me feel sad.

I believe that quality, not quantity, is what a person should be based on as far as selecting a good police person. I don't care what color that person is, as long as he can protect and serve the people to the highest quality; that is all that counts. If you could have seen the months of studying my dad went through for the San Francisco Police sergeants examination, you might be more sympathetic. This is his second attempt and he's finally made it to the top ten and we're all proud of him. I can't understand why all his time and trouble will be cast aside for a matter of skin color. I guess that most people have come to accept this reverse discrimination, but all I know is the man I love the most in this world is being shoved aside for a skin tone. He has put so much into this test and it's not fair to have this happen.

I guess there's nothing to be done about this, but I just wanted someone to hear my views. All discrimination is wrong - no one should have to suffer from it. Thank you for your time.

A Policeman's Daughter,
Kelly Driscoll

P.S. My dad took out a loan to put me through Secretarial School.

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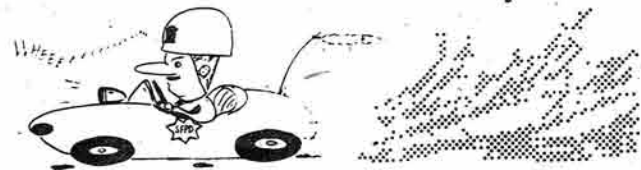
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ON ROUTINE PATROL by S.G. Yasinitsky



Ted Bell and Al Mould of the Park recognized a robbery suspect's auto driving through Golden Gate Park and boxed him in at a stop sign. A small grocery store on Lake Street had just been held up. A pile of cash and a loaded Hi Standard revolver could be seen next to the baddy who surrendered without any trouble. Our men questioned him at the station and got a complete confession. After they finished, Al and Ted shot a parting question at the robber, asking if he had anything to add to what he already told them. "Yes!" he responded. "You men did a very good job!"

I love newspaper headlines that take on a double meaning. The best of the recent ones seems to be "DISABLED FLY TO SEE CARTER." Of course, any good detective could tell immediately that this fly's disability was not blindness.

And in another story from Chicago, about a woman named Joy Something-or-other, who killed her former husband, the editor blew it by not using the obvious headline: "JOY OFFS EX."

A crook took advantage of the scaffolding outside a bar on South Van Ness, the apartments above it being renovated after a fire. He crawled up, and when inside, cut holes through the floor until he got one big enough to let himself through to the bar. He then went to work with a crowbar on coin-operated machines inside, tripping the alarm which brought Terry Gregory and Raoul Ponce of the Mission, to the scene. Terry climbed the scaffolding and nabbed the burglar just as he was leaving out the other side. "You got me cold," the contrite thief declared. "I'm just an inept burglar." (Some said that a more self-deprecating and colorful word was used instead of "inept". But this is a family paper, after all...)

The metal detector at the entrance to the City Hall is like a politician's promise—broken—I concluded after going through it armed with my own .357 magnum and two extra loads, and carrying a bag with another revolver and two full boxes of ammunition in it, as evidence in a case tried there last month. Not a peep out of the metal detector! Or did it sense the presence of my badge, thus negating its reaction to the guns?..

Retired Brother Bill Denser is pretty ill at home. Let's reward this old detective's infectious smile with cards and prayers, men! He is one of the good guys in this business.

Renzo Panelli, that inscrutable sleuth of our Intelligentsia, also deserves cards, good wishes, and prayers. He had a coronary at Lake Tahoe on a trip with his famiglia, and is now at Children's Hospital. Rennie reminds me of the recently issued dress code which again requires all detectives to wear neckties while on normal duty. Several years ago a similar directive was issued by the bosses. It was voiced more categorically: "Neckties will be worn by the members of the Bureau at all times while on duty." Well, soon we had to move a good deal of recovered property from its stash to the Hall. We were all wearing coveralls, except that Renzo had his buttoned up to the top, a necktie prominently tied under the collar.

And Ray Poznekoff of the Richmond had a bit of heart trouble also. He is moving around now, promising to eat less of his own succulent cuisine when he gets back on his feet. Perhaps Ray ought to change hobbies. Being a culinary genius is not conducive to good health.

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I was taking my wife to a movie last month when at Stockton and Vallejo we saw a 15-year-old boy being set upon by four 12 and 13-year-olds like a pack of dogs. One of the four-foot-tall punks suddenly drew a long-barrelled chromed revolver and shoved it in the harassed boy's face. I jumped out of my car and yelled, "Police!" And the foursome split up. One managed to get collared by me. "I'm just holding the extra bullets," he whined. "We don't want any white kids in Chinatown," he gave as the reason for the attack. And this boy's home address—Sunset District, near the beach!...

Tiny punks like the above, barely out of puberty, are a big danger on the streets as far as firearms are concerned. Juvenile Authorities seem to do little about it. Television and movies let the underdeveloped brains of these child-criminals feel that nothing really happens when one is shot down: no blood, no grief, not even retribution. A person simply falls down painlessly. Ha-ha!.. But if cops draw guns on any of these misguided boys and girls (many of whom come from pretty decent homes), criticism of the police is quick and relentless. Here are some stories out of the recent past:

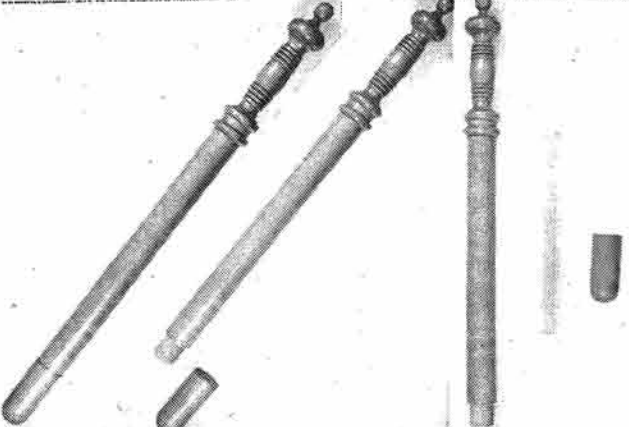
A fourteen-year-old fires a teargas gun into the face of a 12-year-old, but misses blinding the kid. The gun is stolen in a burglary. The attacker's claim, "I didn't know it wasn't a real gun." He then is caught in a stolen car with a stolen gun inside. They place him in a minimum security area at Youth Guidance Center. In the meantime Bill Wieger and Cal Nutting of the Richmond recover a German P-38 that he sold to another boy who wanted to "get even" with some enemies. Nevertheless he is released and quickly manages to take an almost fatal overdose of drugs with another fellow delinquent...Then there is this 15-year-old who was involved in an aggravated assault at Beach and Leavenworth last September. You'd think that he'd be out of circulation for a while. But, no...In October he, with 12 other boys and four girls, all between 13 and 21 years of age, were grabbed by Bob Davis and Mike Conway of Crime Specific Force Teriffic, at Turk and Van Ness. Four of the youngsters were charged with possession of concealed weapons when a .357 Colt Python, a blank pistol, and a pair of handcuffs were found on them. Out boy was released with a warning. Four days later the same juvenile and three others were nabbed by John Forbes and John Bourne of Taraval and charged with carrying concealed weapons when authorities at Lincoln High School called the police to prevent a rumble. In early March two carloads of punks, including the same delinquent, rolled down Jackson Street and shot down a young pedestrian, blasting him with handguns and missing him with a shotgun. Our boy was traced through his car's license number. But the victim refused to identify his attackers. Eleven days later Paul Seidler of the Richmond, caught this kid in a burglary-ransack of a home on Eighth Avenue. Two other punks escaped. When Burglary's Bill Tull tried to interview the boy at Youth Guidance Center, he was told that he was released to his parents pending the hearing. His car was returned to him also...There ain't no such thing as preventive police work anymore, my children. Cover yourselves at all times. And wear your vests!

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Officer Dumcop is a persistent male chauvinist. Lately he's been campaigning to even the score with the feminist-sounding Hershey chocolates, to create "His-he" bars for those who want to munch goobersnacks with a masculine moniker.

Instead of a badge or a medal this month, here is a relic of the Prohibition era. The pictures by John Phillips of the Photo Lab show a police baton which I obtained many years ago. It is extremely light, and its tip could be unscrewed revealing a long glass test tube with a cork at the top. The puzzle was solved when a veteran policeman explained that some beat cops of drinking persuasion used various means to obtain the



prohibited liquor in those dry times. This was one of them. The beat man walked up to a speak-easy, knocked till the peephole opened, passed the stick through the peephole, and eventually got it back with its test tube filled with whatever the snakebite medicine was in stock at the moment. One had to be careful not to use the stick on miscreants, of course. But, from what I've heard, beat cops in those days were as much two-fisted fighters as they were drinkers. So the club was carried more as a staff of office than a weapon.

In conclusion I want to welcome a capable writer, Al Casciato, whose column, "Around the Department", will be a good replacement for my own. I've been writing "On Routine Patrol" since February, 1971, without compensation (as do all contributors to our paper), missing only three issues during that time. I hoped to let the public read about the good police work that is constantly done by so many unsung heroes.

Regretfully, space never let me write everything that I wanted. I also wanted to bring out the humor from all the mundane and often unpleasant situations that we encounter in our work. Now comes the time that I have to pull the pin and leave all of you good guys and gals. (Officer Dumcop is coming with me too.) I'll keep writing on different topics as my time will allow. But being a retired member will not give me the opportunity to have the close contacts that this column required. So, thanks to all for your tips. See you around!

These pages will be lacking the good humor and style of "Yash", and there's no two ways about that. Preparing a monthly column is not an easy task (reading reports, following up on tips, phone calls, reading other police items, bull sessions, remembrances, etc) but Yash did it well. Other police officers say they are going to write a book, but Yash has. Thank you so very much for sharing your efforts with us. We will miss your regular columns. Editor.

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First Annual Peace Officers Invitational Regatta

Enclosed is information pertaining to what we hope will be the First Annual Peace Officers Invitational Regatta.

The event is being co-sponsored by the Hayward Police Association and the Island Yacht Club.

The date of the Regatta is August 27, 1977 and will be headquartered at the Berkeley Yacht Club on the Berkeley Marina.

A timely release in the SAN FRANCISCO POLICEMAN will be greatly appreciated as getting the word out to those interested poses a very real problem.

Thank you for any help.

PEACE OFFICERS SAILBOAT REGATTA

The First Annual Peace Officers Sailboat Regatta is being co-sponsored by the Hayward Police Association and the Island Yacht Club.

The Regatta will be held on Saturday, August 27, 1977 and will consist of two races starting off at Berkeley. We will announce handicap classes, start times and courses when we know the number and types of boats participating.

The race will be followed by a raft up at the Berkeley Yacht Club where dinner will be available.

The Regatta is restricted to sworn peace officers and members of District Attorneys staff skippering fixed keel boats, whether owned or chartered.

Interested skippers should contact Curt DeHart at the Hayward Police Department, 88107074, 300 W. Winton Avenue, Hayward, California 94544 for further information.

Respectfully,
Curt DeHart
Hayward Police Department

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SPORTS

SPORTS REPORT

by Sheila Mullen

MAYOR'S CUP RACE

The First Annual Mayor's Cup Race was held in Golden Gate Park on Sunday, April 17, 1977, with the proceeds intended to sponsor the Special Olympics.



Taking off in the Mayor's Cup race.

The Police Department took an intense interest in this event, with our own people handling the registration booths, recording finishing scores and, happily, also providing the winner, **Ken Scalmanini**.



Scalmanini Superstar!

Below are listed the places and times of the S.F.P.D. participants:

	PLACE	TIME
Ken Scalmanini	1	31.20
Ed Preston	40	37.04
Tom Mulkeen	58	38.44
Mark Bruneman	76	40.21
John Prentice	84	40.48
Art Gerrans	106	41.52
Mike Sullivan	109	42.00
Willie Frazier	121	42.45
Lloyd Cunningham	122	42.46
James O'Shea	157	44.43
Tom Greene	158	44.49
Mike Hebel	173	45.28
Brian D'Arcy		45.37
Dan Inocencio	186	46.05
Ken Foss	206	47.22
Mike De sey	215	47.44
Mike Dower	267	52.45

ANYONE FOR TENNIS?

We are forming an S.F.P.D. Tennis Club. We've never had one before, so hope this is good news for all the tennis buffs in the Department. We plan to play locally and in the Bay Area. There are several local Police Departments real interested in playing us, so please get in touch with me, **Sheila**, at Ext. 1631, or call **Don Lucey** in the evening at 776-9107, if you would like to become a Charter member.

POLICE OLYMPICS APPLICATIONS

Applications for the Police Olympics are now in. Any Police Officers interested in participating, please contact **Joe Mollo**, Ext. 1530.

FEEDSTUFFS PROCESSING
1200 Minnesota Street
San Francisco

Joe Mollo masterminded the operation, and I feel that under his continued direction this event could possibly blossom into a race as prestigious as the Bay to Breakers.



Joe Mollo getting it all together.



Art Gerrans looking good.

INVITATIONAL HANDBALL TOURNAMENT

The 3rd Annual Fresno Police Department Invitational Handball Tournament was held on Friday, Saturday and Sunday, April 29 through May 1. Our own **Vic Aissa** played his heart out in the open Singles and Doubles. Aissa met **Joe Colla** from LAPD, and in an extremely strenuous match Aissa eliminated Colla. His next opponent, unfortunately, was our own **Dave Rios**. In a three game match Aissa beat Rios, thus eliminating Rios from the Singles Competition. Aissa's next opponent was the perennial Doubles Champion **Knoll Forrest**, from the San Bernadino Highway Patrol, who beat Aissa in two gruelling games (21-19 and 21-18). Aissa and **Ed Dullea** then teamed up in the Doubles and went all the way to the semi-finals. The MIP of the tournament was **Vic Aissa**. In the Master Doubles **Bill Koenig** and **Ray Crosat** teamed up and brought home a third place trophy. Also, much thanks goes to our other participants in the tournament whose names follow:

Ed Orrante Bill Johnson
Al McCann Denny Devlin
Dave Berti Ed Kenny

MARATHON MAN

Just before going to press, a noteworthy item came to my attention. Sunday, May 1st, was the date of the 6th Annual Avenue of the Giants Marathon in Humboldt Redwood State Park. **Marty Walsh**, Co. K, E & I, went up on his own (some other people were supposed to go but couldn't make it) and ran it anyway. His time was 4 hours and five minutes. Congratulations, Marty, that's quite an accomplishment.

HAVE A HAPPY MAY.

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SPORTS

POLICE OLYMPICS

Any policeman interested in representing San Francisco in the golf competition at the California Police Olympics to be held July 27 through 31st, 1977 in Santa Ana please contact either me or Dave Alex at the Police Academy. The courses to be used are Willowick, Irvine Country Club and Huntington Seacliff.

We will be able to send three (3) man teams or a total of nine people. If you are sincerely interested, regardless of ability, give one of us a call so we are able to determine if any qualifying is needed.

All expenses are to be paid by the individual competitor, including the entry fee which will be approximately \$30.00.

Jerry Cassidy, Co. K (553-1336)
or (897-0226) home

. GAYS VS. SFPD .

On Thursday June 16th, 1977 at 7:45P.M., San Francisco's Gay Community will field a team of its finest basketball players. They will play SFPD's Athletic Club's finest with proceeds going to the S. F. SPECIAL OLYMPICS. So, come out and support the team of your choice, as well as those handicapped children who give it their all in the SPECIAL OLYMPICS.

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GOLF CLUB NEWS

On Wednesday, April 13, 1977 fifty members and five guests traveled all the way to San Jose for our first tournament ever at San Jose Municipal golf course.

The weather was fine except for a little too much wind but that didn't bother at least four of our members who shot in the seventies. Grant Fahs was again the low scorer with a seventy-six. Three were tied for second with seventy-sevens, Dennis Martel, Even Lammers and Larry Dubour.

Low net winner was Emmett Cooney who shot 93 and with his 32 handicap had a net 61. Winners of the three flights were: First, Larry Dubour with a net 66; Second, Bill O'Brien with a net 68; and Third, Lou Sevenau with a net 66.

The Hole-In-One winners were: First, Lee Clark who skulled one 3'6" from the hole. Second was Virgil Vandevort at 6'0" who edged out Axel Lunn who was in the first foursome and thought he had won it when he hit one 6'7" away.

Retired Captain John Doherty a new member his year, won the guest flight for members with a net 74. John Kemp was second and John Southern third. Kemp and Southern now

have sufficient rounds for a handicap and will now play in the flights.

In the non-member guest flight Ralph Gay was first, Joel DuBose, second, and Joe DiMaggio finished third.

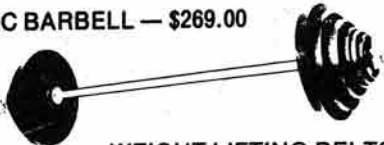
The club membership has now reached one-hundred and twenty-two members. That is just four short of last years high of one-hundred and twenty-six members. The club is open to all active and retired sworn S. F. Policemen. The dues are \$5.00 per calendar year. Anyone interested send me the dues to either the Traffic Bureau or my home as below (make all check payable to the S. F. Police Golf Club). If you have any further questions, call either myself or Lt. Vic Macia at 553-1552, we'll answer anything you might want to know if possible.

The plans are being finalized for the Reno Trip in June. I only have five spots left which I'm sure won't last very much longer. It looks like it will be a great trip!

Jerry Cassidy, Secretary
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POLICE SOFTBALL LEAGUE STANDINGS

	W	L	GB
Ingleside	6	1	0
CENTRAL #1	6	1	0
Park	6	2	1/2
Southeast	6	2	1/2
Inspectors	5	1	1/2
Airport Police	5	1	1/2
Southern	4	4	3
C.S.T.F.	3	4	3
Richmond	2	5	4
Central #2	2	5	4
Mission	1	5	5 1/2
Taraval	1	6	6 1/2
SCU	0	8	6 1/2

SOFTBALL RECAP

by Dave Maron

With five weeks remaining in the Police Softball League, the playoff picture is starting to take shape. At season's end, the first six teams will playoff. Below is listed an evaluation of each team's progress.

INGLESIDE — Although defeated by Southeast, should continue on in their winning ways. May have gotten past that one bad game that has plagued them in past playoffs.

CENTRAL #1 — Tied with Ingleside for first place. Considering the loss of key players, they have played well, winning all but one game.

PARK — Have already lost two games but seem to thrive as an underdog. Are tough in playoff situations and still must be considered the team to beat.

AIRPORT — A newcomer that is proving that they can win in the Tuesday Division. Have already beaten last years champion, Park Station.

SOUTHEAST — A good dark horse bet. Have come on strong after losing two early season games. By defeating Ingleside have shown they are for real.

INSPECTORS BUREAU — Are surprising everyone. The addition of some new young players with some veterans is proving a winning combination.

SOUTHERN — A hard luck team that just can't seem to beat the top clubs. They will have to win the remainder of their games to stay in contention.

C.S.T.F. — Why they have not won more games is hard to understand. This team still cannot be counted out of playoff contention.

RICHMOND — Have played well of late and are getting stronger as the season continues but seem to be out of the playoff picture at this time.

CENTRAL #2 — Are competitive but lack overall team strength to put them over the top. Have stayed close in a lot of games but a few crucial innings usually spell their downfall.

MISSION — To see this team in the position they are in is a shock to anyone that has followed them. The talent is still there but due to unfortunate events (injuries, etc.) the winning record isn't.

TARAVAL/STREET CRIMES UNIT — Are out there playing hard in every game. These two teams are a credit to our league and are proving that playing is more important than winning.

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OCC DEFEATED cont'd

Supervisor Tamaras objected to another layer of government when it was the duty of the Police Commission to handle the problem. Supervisor Feinstein eloquently stated the dangers of further damage to police morale and lauded the personnel of the San Francisco Police Department during a period of San Francisco history when their duties were so demanding.

After the vote was taken, the Molinari, Gonzales, von Boldingen forces attempted a motion to reconsider the previous vote. This motion was again defeated by an 8-3 margin. Final vote on the passage of the entire budget will be held on Monday, May 16th.

This will not end the battle against Civilian Review Boards in the San Francisco Police Deoartment. The Police Commission is determined to continue to work with anti-police groups for passage of this legislation.

UNLESS POLICEMEN ARE WILLING TO PARTICIPATE POLITICALLY IN THE LIFE OF OUR CITY, WE CAN EXPECT EVEN MORE RADICAL POLICE COMMISSION POLICIES IN THE FUTURE.

SPECIAL ELECTION cont'd

comes a new Police Commission and a new Chief. From the Association point of view, "How Sweet It Is".

Background

Mayor George Moscone: As a State Senator, Moscone was sharp. He listened, he reasoned and generally helped law enforcement groups to gain long sought for benefits. As the Mayor of San Francisco, he has hardly been heard from, or of. He has not been heard from for the past year and a half.

An exception might be the police officer cuts in the 76/77 budget. And more cuts in the present 77/78 budget. The police department is still about 250 officers short. Crime is not decreasing.

The Police Commission: As Mayor, Moscone appointed several friends to the several commissions and board of city government. Take for instance (take 'em, please) our five Police Commissioners. These five, with one possible exception, could care less about the responsibilities of their office.

Yeah, sure, they go through the motions, but never a commitment, unless it's to get another opinion from the City Attorney. ("We can't do this, can we?" "It is my opinion you can't." Or "We can do this, right?" "It is my opinion you can.") The Commissioners simply do not want to share the decision-making process with anyone.

Chief Gain leads them around pretty well, but even he can't get them to agree on even the simplest of concessions. Restoration of the Memorandum of Understanding (a contract with the POA) as ordered by the Superior court' This took three months.

The Chief: But alas, the Chief is no hero either. He organizes and administers with a great flare, as he does so speak. But the proof of the pudding is that the troops know not what he may next do.

What new unit may be

founded? What great sounding name will it be given? From which Peter will be rob to pay Paul? What unit will be cut in half, but yet still expected to produce as much work as was formerly the case? Will the Solos and Accident Investigators get more officers, or will these units atrophy more? If Moscone cuts the requests for more police officers, does the Chief protest? No, he does not.

Somewhere out there in this metropolis known as San Francisco, victims of crimes are not being attended to by the police, for there are not enough police officers to do the job. "Crime is a social phenomenon" says our Chief. Tell that to the guy who just had his right eye rammed back into his head and he will probably barf on you. He may be maimed, but by God he wants his assailant found and arrested. "What do not mean no police officer is available?"

The District Attorney: D. A. Freitas will probably plea bargain the above hypothetical case to a Disturbing the Peace. It's a conviction. Yes? Incidentally, are you aware that our new D.A. has 322 people working for him while former D. A. Ferdon had only 140? The new 77/78 budget will give him another 40 people, while the P. D. is short 250 officers.

The Sheriff: The Sheriff, Hongisto by name, is a fine fellow. Unfortunately he does not like to do all the duties of his office. Five days in the San Mateo County Slammer for Contempt of Court has not changed his mind, be sure of that. Dick also likes to release some prisoners booked into City Prison by members of the SFPD. If they were to be released early, the officers would have just cited them. It's things like this which strain the relations between our two departments.

The Board of Supervisors: For years and years and years, all Supervisors were elected at large. Beating an incumbent is always tough. And so the

game went, until November '75 when labor forces in this town got a proposition passed to elect the Supes by districts. Maybe this is not the best system but a change from the same old faces was greeted with delight, - but not by all persons.


The Chamber of Commerce liked the old, tried and true system, so they got enough signature to put the issue to the voters again. "Repeal District Elections", "Ward Politics for SF is Bad", and other such cries were dramatized loud and long. This effort is now designated as Proposition "A".

But, to the rescue, Supervisor Barbagelata saw this move coming and checkmated with a district election of Supervisors but by all voters at large in Prop. "B". Sharp fellow, is Johnny B.

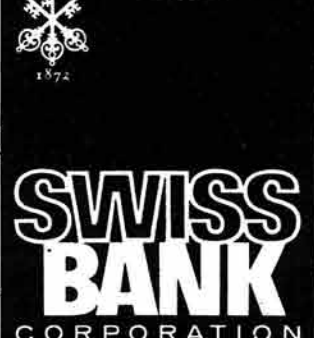
This is a lengthy report, I admit, but it takes space to name all of the skeletons and what has been going on.

All readers of this newspaper, and particularly members of the Association, should swear now to get off their duffs and work for the passage of Proposition "B".

United we stand and win. Divided we can expect our careers to be sad ones.



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SHRINERS HOSPITAL

by Alan A. Rosenbaum

The Shriners Hospital for crippled children needs the help of the San Francisco Police Department to refer children from the age of 1-16 years of age, regardless of race, color or creed who need orthopedic work done to deformed limbs, or who have suffered burns.

Inasmuch as your department comes in contact with various people who are in need of such service and are unable to supply the necessary hospital and doctor assistance, the Shriners Hospital is only too happy to assist.

seek to help

crippled children

Therefore, we of the Shriner's Hospital of Islam Temple are asking you, the San Francisco Police, to refer the people who need this medical assistance to contact Islam Temple on the 1600 block of Nineteenth Avenue in San Francisco.

I know, being a retired lieutenant of police from the San Francisco Police Department, that the kind and generous men of the department will help us by referring these people to the Islam Temple.

Thanks in advance for the help I know you will give us.

Robert A. Frankel

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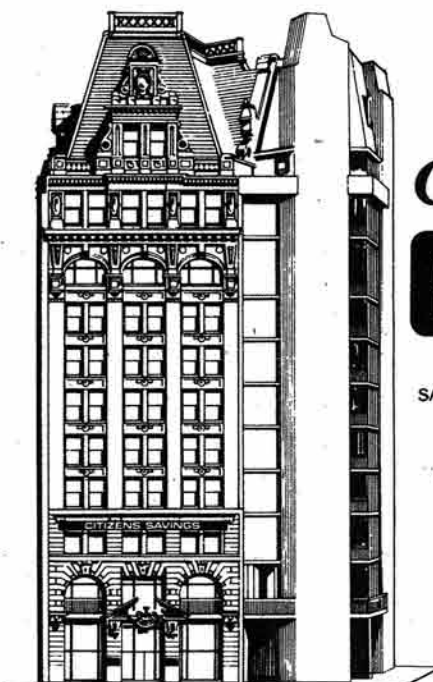
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NOTICE LIFE SAVER

A few months ago, this newspaper ran advertisements for the Guardian, Norelco and Sunbeam smoke detectors. Some members sent in their check and never had their orders completed. The salesman at that time was Larry Hall, who is no longer with the J. J. O'Brien Co.

However, that company wants to make good their offer of smoke detectors at discounted prices. If you still have merchandise coming in this situation, please telephone Mr. Bob Kerth in Long Beach, California at (213) 436-2710. He will handle your problem.

Mr. Kerth stated that the May issue of Consumer Reports lists all three makes above as equal in the top ratings for these alarms. Editor



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