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www.sfpoa.org

President's Message

By Gary Delagnes,
 SFPOA President

*"If you're going through hell,
 keep going."*

— Winston Churchill

*"Successful leadership is learning how
 to disappoint people at an acceptable
 pace."*

— Marty Linsky, Harvard University

I am pretty confused these days, which I accredit to, among other things, the fact that I'm a typical aging Baby Boomer. The events of 9/11 thrust me, and many others, into a new world of reality that I had not before experienced.

My parents were loving, but not very expressive in that love. We never had a lot, but we had enough. I had a used bike, and used baseball cleats, but I was happy and content.

We knew our parents loved us but also sensed that after experiencing the "Great Depression" in their youth, and then the great World War in their early 20s, they developed a strong bond with one another.

I was raised in a middle class upbringing in the Sunset district. I never doubted for one minute that my parents loved me, and I didn't need to hear it 20 times each day. My parents believed, rightly so, that nobody ever kissed their ass and they sure as hell weren't going to kiss mine. Their mantra was, "We love you, we want you to be successful in life, but we aren't going to hold your hand along the way. Go on out there and make your own way in life. If somebody knocks you down, get up and move on. If somebody punches you in the face, punch them back and see where the

cards fall."

The common bond I shared with my father was sports. Listening to a Giant's game on the radio or going to a 49er game at Kezar stadium was all I really needed. When I played a good game in a team sport my dad would always dwell on what I didn't do rather than what I accomplished, and while that may be responsible for some of my own insecurities, it taught me to never except the status quo, and never be satisfied with my accomplishments because there is always so much more I can do.

My parents could afford to send me to St. Ignatius because the price was manageable and not yet the elitist institution that it and other private

right and wrong, and imbedded ourselves in our own cultural and historical perspectives.

9/11 and the economic melt down of the first decade of the new century was a wake up call to our own sense of security. Retirement plans changed, saving accounts dwindled, effective education for our children threatened.

For the first time in our lives many of the things we took for granted were now being threatened and we were scared. People often ask me why more of our members have not entered the DROP program, and I tell them it is fear of the unknown, fear of letting go, fear of the finality of saying goodbye to a profession that has become so much of who we are. We are loyal

people who do not want to lose contact with so many of the great friends we have met along the way.

When Heather Fong finally stepped down, I knew the challenges for me as president of this organization would be great. I was fully aware that Chief Gascón was not being hired to maintain the status quo. I also knew that there were many older members who were not going to accept change easily. I was aware that we were heading for a cultural and historical head-on that was going to disrupt the status quo and the POA was going to be right smack in the middle.

I lost many nights of sleep trying to figure out how to help move the department along in a positive way, while fighting for and retaining our members' hard won labor rights. Issues loomed like a storm on the horizon; Decentralization of the Investigative Bureau; civilianization, rising costs of health care and pension benefits; modern benchmarks of efficient law

enforcement in today's world. My role is to help bring a woefully archaic and antiquated police department into the 21st century, but to do so with minimal disruption to those who have become very set in their ways and abhor change.



SFPOA President Gary Delagnes

These are very tough issues with no clear answers. I am doing the best I can to walk the tight rope between effective change and unnecessary change. While we have done a remarkable job advancing the wages, benefits, and working conditions of our members another new challenge will arise today, tomorrow, and everyday thereafter that will help some, and adversely affect others. All I can do is the best I can to respect all of your concerns and as I quoted Marty Linsky at the beginning of my article, "To disappoint you at an acceptable pace" before you tire of me and look for a better alternative.

I will remind my fellow Baby Boomers of one very important fact. We are the sons and daughters of the greatest generation. We are tough and self reliant with a tremendous ability to adapt to change. Remember the lessons of our parents and just keep moving forward because in the end that is our only option.

I lost many nights of sleep trying to figure out how to help move the department along in a positive way, while fighting for and retaining our members' hard won labor rights. Issues loomed like a storm on the horizon

schools have become. I remember doctors actually coming to our house when someone was sick and charging very little for a house call. More simple times, sure, but not without many of the same fundamental challenges that confront us today. I think most of us became strong, self reliant people that really didn't expect any hand outs and pretty much knew we had to make our own way in the world and with the exception of our family and a few close friends nobody really gave a damn whether we lived or died.

We also had a comfortable existence without many of the challenges our parents faced growing up. We became creatures of habit who believed in

SFPD Tops in Combined Charities Campaign

By Greg Corrales

Thank you to all of you that made this year's Combined Charities Campaign the most successful ever. Despite the economic uncertainty that we are all facing, members of the SFPD stepped up to the plate. The campaign goal was for 20% participation by City employees. Citywide we reached that goal. Members of the San Francisco Police Department participated in the campaign at a rate of 40.1%

I think special thanks are in order to the Inspector's Bureau participation of 49.9%, Mission Station at 65.2%, Central Station at 66.7%, Ingleside Station at 80.8%, and Traffic Company at 100% (93 out of 93).

On January 14, 2010, I attended the 2009 Combined Charities Campaign Appreciation and Recognition Awards Ceremony.

I am very proud to report that the San Francisco Police Department received four awards in the Large Department category:

- 1st place — Overall Dollars Raised (over \$225,000).
- 2nd place — Increase in Dollars Raised (\$20,000).
- 2nd place — Campaign Participation (40.1%).
- 3rd place — Increase in Percent Participation (3.8%).

The 1100 members that participated in the 2009 campaign gave me one more reason to be very proud to be a member of the SFPD. Thank you!

Minutes of the January 20, 2010 POA Board Meeting*

1. Sergeant-at-Arms Breen called the meeting to order at 1207 hours and lead the Pledge of Allegiance.

2. Secretary Montoya conducted the roll call of the Board of Directors and Executive Board.

3. Mike Galloway of Galloway Asset Management gave a presentation to the Board of Directors regarding services his company offers.

4. As outlined in section 900 of the SFPOA Bylaws (Legal Defense Fund), "The trustees shall consist of the Officers and four Directors selected by the Executive Board and approved by simple majority vote by the Board of Directors in accordance with Article IV (Officers and Directors) of these Bylaws." Due to the passing of Mike Walsh, a vacancy occurred on the LDF. Treasurer Halloran made a motion that was seconded by Representative Ferraez (Co. C) that Representative Falzon (Vice) be appointed to the LDF. The motion went to a voice vote and passed unanimously.

5. President Delagnes told the Board of Directors to advise their respective members that the POA has no intention to open the contract or
- defer any further raises.

6. If proposed legislation passes during the June 2010 election, new employees hired after 7-1-10 will have a 9% retirement contribution and 2% health care cost contribution. This does not affect active employees including those who promote after 7-1-10.

7. The Legislative Committee recommended an endorsement of Harry Dorfman for Judge. Treasurer Halloran made a motion that was seconded by Representative Browne (Co. A) To endorse Harry Dorfman for Judge. The motion went to a voice vote and passed unanimously.

8. The Legislative Committee recommended an endorsement of Scott Wiener (Deputy City Attorney) for Supervisor (District 8). President Delagnes made a motion that was seconded by Secretary Montoya and Sergeant-at-Arms Breen to endorse Scott Wiener for Supervisor (District 8). The motion went to a voice vote and passed unanimously.

9. Vice President Martin advised the Board of Directors to remind

- their respective members of the importance of timely notification to the POA with regards to OCC representation.

10. Treasurer Halloran advised that the Building Committee accepted an offer for 502 7th Street. The offer was for the asking price which is \$975,000.00. On the advice of Cushman and Wakefield who are listing and showing the properties on 7th Street, the asking price for 510 7th Street was lowered from \$1,875,000.00 to \$1,675,000.00.

11. Treasurer Halloran provided each Board Member with a copy of the Expense Recap. After discussing adjustments that occurred on certain the line items, the overall 2009 budget was under by \$46,000.00.

12. Treasurer Halloran advised the PAC approved a \$2500.00 donation to
- Harry Dorfman for Judge and a \$1000.00 donation for Don Perata for Oakland Mayor.

13. President Delagnes adjourned the meeting at 1436 hours with a moment of silence for Sgt. Rob Harwood (Co A) and Retired Officer Glenn Ghiselli.

Tony Montoya
POA Secretary

**These minutes will not be adopted by the Board of Directors until the next General Membership meeting. Corrections and amendments might be made prior to a vote to enter the minutes into the permanent record. All corrections and/or amendments will be published in the succeeding issue of the Journal.*



Mike Galloway of Galloway Asset Management addresses the Board

Board of Directors Meeting Roll Call Wednesday, January 20, 2010

President	Gary Delagnes	P		
Vice President	Kevin Martin	P	Co. G	Dean Sorgie
Secretary	Tony Montoya	P		Dominic Yin
Treasurer	Marty Halloran	P	Co. H	Maris Goldsborough
Sergeant-At-Arms				James Trail
	Chris Breen	P	Co. I	Scott Biggs
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Co. A	Ed Browne	P	Co. J	Kevin Lyons
	George Rosko	P		Brian Philpott
Co. B	Larry Bertrand	P	Co. K	Matt Gardner
	Jayne Campbell	P		Corrado Petruzzella
Co. C	George Ferraez	P	Hdqtr.	Bob Mammone
	Chris Schaffer	E	Narcotics	Dave Falzon
Co. D	Martin Covarrubias	P		Frank Hagan
	Jose Jimenez	P	Tactical	Dan Laval
Co. E	Jesus Peña	P		Mark Madsen
	Tim Flaherty	E	Invest.	Gavin McEachern
Co. F	Peter Dacre	P		Dean Taylor
	Rob Imbellino	P	Airport	Anton Collins
				Joe Finigan
			Retired	Ray Allen

San Francisco Police Officers Association Editorial Policy

The POA Journal and the POA web site (www.sfpoa.org) are the official publications of the San Francisco Police Officers Association and are published to express the policies, ideals, and accomplishments of the Association. The following provisions that are specific to the publication of the POA Journal shall also be applicable to publication of material on the POA web site to any extent that is practical. Publication of material in the POA Journal or on the POA web site does not necessarily include publication on or in both instruments of communication. Nor does the following editorial policy for the POA Journal preclude a different or contrary editorial policy for the POA web site.

Member Opinions and Commentary: Unsolicited Written Material

A member or group of members may submit unsolicited written material to the POA Journal that expresses his/her/their opinion(s) and concerns within the following limitations and guidelines:

- Such material must be addressed as a letter or mail using common salutations such as "Dear POA," "Editor," "SFPOA" "Dear POA Members" etc.
- Such material must be authored and signed by the member(s) making the submission. Anonymous submissions will not be published.
- Such material must be factually correct and presented in a respectful and civil manner.
- Such material can not be slanderous, unnecessarily inflammatory, sexist, racist, or otherwise offensive, nor can it be disparaging of any member or bring upon them unwarranted accusation or rebuke, either express or implied.
- Such material can be forwarded to the editor by electronic mail, US Mail, inter-departmental mail or other written communication, or delivered in person to the editor or to any person in the POA office.
- Upon receipt of such material, the editor shall cause it to be published in the next regular printing of the POA Journal, or in a future issue designated by the submitting member provided that the content complies with all the provisions of this policy. Such material will not necessarily appear in more than one issue of the POA Journal.
- Such material will be published in a designated section that shall be clearly titled as "Letters to the Editor," "Letters to the Journal," "Mail" or other similar title indicating that the material included therein is the express opinion of the author(s) and not necessarily that of the SFPOA or any of its elected or appointed officers.
- Depending upon considerations of timeliness and space, the editor reserves the right to withhold publication of such material for as many as two issues. The editor also reserves the right to decline to publish material beyond a date wherein the context of the material is no longer timely.
- All such material is subject to editing for grammar and punctuation. Portions of a submission may be omitted for considerations of space so long as the general context of the material is not significantly diminished or altered.
- The editor may select portions of a submission to be highlighted in a common editorial manner such as pull quotes, sub-heads, or kickers.

Other Submitted Material

All other written, photographic, or graphic material must be:

- Specifically solicited by the editor;
- Or be unsolicited material that may be published at the discretion of the editor, and in accordance with other applicable sections of this editorial policy and Article XI, Section 8(e) of the by-laws.

The San Francisco Police Officers Association

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www.sfpoa.org

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Members or readers submitting letters or articles to the editor are requested to observe these simple rules:

- Address letters to the Editor's Mail Box, 800 Bryant St., 2nd Floor, San Francisco, CA 94103.
- Letters must be accompanied by the writer's true name and address. The name, but not the street address, will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be typed, double-spaced, or submitted via e-mail or on disk in Microsoft Word.

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Counselor's Corner

Blame It on the Unions

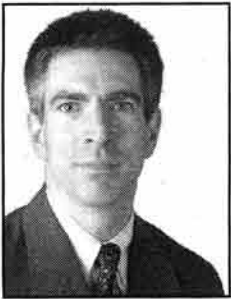
By John Tennant
SFPOA Counsel

Nearly twenty years ago, Chicago labor lawyer Thomas Geoghegan lamented the sorry state of organized labor in his moving and heartbreaking memoir, *Which Side Are You On?*

Geoghegan wrote, "A union movement in America will always be a scandal." By this he meant that even when labor was fortunate enough to secure a modicum of success in the often ruthless economy, such victories would invariably be used in service of the loathsome myth that unions per se have a debilitating effect on the American economy. As Geoghegan put it with unsparing sarcasm, "After all, this is America, and there should be no "working class" with people making \$40,000 or \$50,000 a year." (Remember what real wage levels were back in 1991 when Geoghegan wrote those words.)

It is no surprise that the myth of unions dragging the economy down gathers more force in tough economic times. It's natural to want to point the finger at someone, something, when people from so many different walks of life find it tougher to make ends meet. And given the crisis in the state budget with its ominous repercussions for local government, the finger is pointed squarely at public sector unions like ours. A new book put out by the director for journalism at the Pacific Research Center (a free market think tank based in San Francisco) carries the provocative title, *Plunder! How Public Employee Unions Are Raiding Treasuries, Controlling Our Lives and Bankrupting the Nation.*

While it might be understandable that a staunch free market advocate would make such a claim, even those whom we have traditionally assumed to be allies in our cause are not im-



mune from the temptation to wag the finger at public sector labor for California's economic woes. Former Assembly Speaker and San Francisco Mayor Willie Brown wrote in his weekly *SF Chronicle* column early last month that "[W]e politicians, pushed by our friends in labor, gradually expanded pay and benefits to private-sector levels while keeping the job protections and layering on incredibly generous retirement packages that pay ex-workers almost as much as current workers."

This sounds suspiciously close to the myth that Geoghegan's memoir exposed, namely, that it's scandalous in America to suggest that a working man or working woman should ever receive any wage or benefit that might be thought of as "incredibly generous." Again, here is Geoghegan's devastating take on that myth, in his description of Chicago labor back in 1991:

The rank and file sit in front of the TV...like the rest of the country. Except they know that the rest of the country is gunning for them: for their cars, their RVs, their Chicago Bear tickets, their big, high-wage, high-pension jobs. After all, this is America, and there should be no "working class," with people making \$40,000 or \$50,000 a year. There should just be one big indeterminate middle class, like in *Les Miserables*. A union movement in America will always be a scandal.

It should not be "scandalous" that California's finest receive "generous" wages and retirement benefits for the dangerous and often thankless work they perform. The real scandal is — or ought to be — the fact that too many other workers receive inadequate wages and, more often than not, no pension benefits. Indeed, starting as early as the 1970's, most workers have seen a consistent, downward trend in their real wages. While some might point to overall declines in U.S. productivity as part of the explanation for such wage stagnation, the fact remains that various periods of

renewed growth of productivity have not brought corresponding increases in real wages (for example, between 1973 and 1995, output per person of all non-farm workers in the private sector increased by 25 percent, while the real wages of non-supervisory workers fell by twelve percent). The only brake available to halt that slide has been the

To blame organized labor — public sector unions in particular — for the sufferings faced by their non-union counterparts in the current dismal economy is to get things precisely backwards.

grit and determination of organized labor, despite the ever-decreasing percentage of the workforce that actually belongs to a labor union.

But it is a tactic as old as the hills to pit one group of more successful workers against their beleaguered counterparts in the contemptible effort to

drive all down to a lower level. One can see this tactic at work in recent criticism over the Senate Bill's exemption of union-bargained health care plans from the new 40 percent tax on so-called "Cadillac" health care plans in the proposed health care reform bill. Some decry this as a union "sweet-heart" deal, when the real villain is use of the misleading term "Cadillac" to describe health care plans that aren't necessarily more generous than other plans but simply happen to cost more based on any number of factors (e.g., Are the people covered old or sick vis-à-vis those in other, less costly plans? Is the "Cadillac" plan located in an area of the country with a high cost of living?, etc.). Indeed, as *Washington Post* business columnist Allan Sloan illustrates, take the 100 U.S. Senators out of their current federal plan where they benefit from being pooled with many other, younger federal employees, put them in their own health care plan, and you would have insurance premiums far above what the Senate characterizes as "Cadillac" plans!

To blame organized labor — public sector unions in particular — for the sufferings faced by their non-union counterparts in the current dismal economy is to get things precisely backwards. Would that all workers enjoyed the level of success we have managed to obtain.

"Roll the Union On..."

Re-Elect San Francisco
Police Credit Union Board of Directors
Steve Tacchini, Bob Puts, Willie Frazier

The continued stability, strength, and long term prosperity of our credit union must be maintained. Despite the current economic crisis affecting financial institutions across the country, the San Francisco Police Credit Union is thriving and prosperous. We need to maintain the successful leadership of the SFPCU, which has served members' needs for so many years. Ballots will be mailed to all eligible members. Voting will be from January 15 – February 15, 2010. Your vote is essential to continue the economic success and security we currently enjoy.

Calendar of Events

Mark your calendars for the following meetings and events by the POA and its friends and supporters. All dates and times are subject to last minute changes, so always contact the event coordinator to confirm dates and times. If you have an event you would like posted on our calendar, contact the editor at journal@sfpoa.org.

Regularly Scheduled Meetings or Events

Event	Location	Date & Time	Coordinator
Meeting, Veteran Police Officers Association	3255 Folsom, SF	Second Tues. of Every Month, 11:00 AM	Larry Barsetti (415) 566-5985 larry175@ix.netcom.com
Meeting, Widows & Orphans Aid Association	Ingleside Police Station, Community Room	Second Tues. of Every Month, 2:00 PM	Mark Hurley (415) 681-3660
Meeting, American Legion SF Police-Fire Post	Old POA Building 510-7th Street, SF	Second Tues. of Every Month, 6:00 PM	Rene Laprevotte rlaprevotte@comcast.net
POA Board of Directors Meeting	POA Building	Third Wed. of Every Month, Noon	POA Office (415) 861-5060
Meeting, Retired Employees of CCSF	Irish Cultural Center	Second Wed. of Every Month, 11:00 AM	Reyna Kuk (415) 681-5949
Retiree Range Re-qualification	SFPD Pistol Range	First Fri. of each Month, 0730 – 1130	Range Staff (415) 587-2274

Specially Scheduled Events

Foothill Fuzz Luncheon	Redhawk Casino, US 50 near Shingle Springs	Thursday, February 25, 2010	Rene Laprevotte rlaprevotte@comcast.net
9th Annual Guns & Hoses Tourney	SF Tennis Club	Saturday, April 24, 2010	Robin Matthews (415) 553-1093

WIDOWS' AND ORPHANS' AID ASSOCIATION

PO Box 880034, San Francisco, CA 94188-0034 ♦ Established 1878 ♦ Telephone 415.681.3660

JANUARY 12, 2010

The regular meeting of the Widows' and Orphans' Aid Association of the San Francisco Police Department was called to order by President Joe Garrity at 2PM in the Conference Room of Ingleside Station.

PLEDGE OF ALLEGIANCE: Led by President Joe Garrity.

ROLL CALL OF OFFICERS: Present were President Joe Garrity, Vice President John Centurioni, Treasurer Joe Reilly, Secretary Mark Hurley, Trustees Mark McDonough, Bill Gay and Bob Mattox. Excused were Harold Vance and Matt Gardner. Also presented newly elected Treasurer John Fewer and Trustee Al Luenow.

MINUTES OF THE DECEMBER MEETING: Motion by Centurioni, seconded by Mattox that the minutes be approved as published. Motion carried.

BILLS. Treasurer Joe Reilly presented the usual bills. Motion by Gay, seconded by McDonough that the bills be paid.

We Had Seven Deaths This Past Month.

ROBERT J. HARWOOD, 40 years. Bob was born in Soquel, California and went to Santa Cruz High School. He served his country as a member of the Coast Guard. After discharge, he took the Police Examination and entered the Police Academy in 1995. His first assignment was Richmond Station. After a year at Richmond, he was assigned to Taraval for three years. He then was transferred to Northern where he made Sergeant in 2007 and was transferred back to Richmond. In 2008 he was assigned to Central, where he remained the remaining few years of his life.

RICHARD D. ESTRADA, 71 years. Rich was born in Denver, Colorado. His family moved to San Francisco and settled in Bernal Heights. He attended Poly High School and served his country in the Air Force. He worked as an orderly at San Francisco General Hospital and a senior clerk typist before he took the examination and entered the Police Academy in 1964. His first assignment was Potrero Station. A year later, he went to Mission. A few years later, he went to Central for nine years. He was promoted to Sergeant and assigned to Northern. He worked on the operation "S" squad and in 1982 made Inspector. He worked General Works, Robbery, and Fraud. He was awarded numerous Captain's Comp's and one Silver Medal of Valor and three Bronze Medals. He received the Silver for his actions in disarming an armed suspect who fired a shot at him as he was approaching him in front of a tavern on 16th Street. He just finished firing several shots into the ceiling just before he was apprehended. A Bronze Medal for his arrest of a suspect who just shot a man and was attempting to shoot him again. Richard was in a furious struggle on the stairway before he made the arrest. He was awarded another Bronze Medal for overpowering and arresting an insane man with an axe who came after him and had to be put down. He was awarded another Bronze Medal for awaking sleeping tenants of a burning building and carrying two of them to

safety, even though he suffered from smoke inhalation.

ROBERT L. CLEARY, 73 years. Bob was born in San Francisco and grew up in the Excelsior. He attended Balboa High School. He proudly served his country in the Army. Upon his discharge, he came home and took the Police Examination and entered the Police Academy in 1962. His first station was Ingleside. Three years later, he went to Central. From Central, he went to Planning and Research. Bob received a Bronze Medal of Valor for his arrest and disarming of a suspect who was threatening a citizen with a knife. Unfortunately he had to leave the department with a Disability pension in 1971.

LUCIO GARCIA, 88 years. Lucio was born in San Francisco and grew up on Potrero Hill. He attended Mission High School and served his country in the Navy. After his discharge, he returned home and took the Police Examination. He entered the Police Academy in 1945. His first assignment was Potrero Station. After a few years he was transferred to Southern. Six years later he went to Mission Station. He was awarded a like-work Sergeant job and was transferred to Ingleside. A year later, he retired on a service pension as a Sergeant. He was awarded several Captain's Comp's for his everyday work in uniform. He worked Hotel security in retirement.

GERALD J. SHAUGHNESSY, 82 years. Gerry was born in San Francisco, grew up in the Excelsior, and attended Balboa High School. He also went to U.S. F. and served his country in the Navy during WWII. After his discharge, he returned home, took the Police Examination and entered the Police Academy in 1951. His first assignment was Headquarters Company. He then went to Central. He was detailed to the Inspectors Bureau, then made Sergeant /Inspector. He remained there until 1967 when he made Lieutenant and worked at Southern, Central, and the Academy. In 1971, he made Captain and was assigned to Hdq. And BSS. In 1976, he went to Patrol Bureau Headquarters. He worked Vice as his final assignment before he retired on a disability pension in 1977. He was awarded a Bronze Medal of Valor for his actions in an off-duty arrest of a suspect in a robbery of a wholesale jeweler. He pursued the suspect and disarmed him of a .38 cal revolver.

THOMAS JAMES GRIFFIN, 60 years. Tom was born in San Francisco and grew up in Noe Valley. He attended Riordan High School and was employed as a janitor before he took the Police Examination and entered the Police Academy in 1970. His first assignment was Potrero. A year later, he was detailed to the Intelligence detail for a few months before going to Mission Station. He then worked Central and Potrero before going to the Warrant Bureau. He then went back to Mission and was transferred to the Dog Unit. He made Sergeant and worked Southern Station before he retired with a Disability Pension in 1991. Tom was awarded three Silver Medals of Valor. One for the arrest of a suspect

who stabbed a victim with a piece of broken glass. He had to overcome the suspect and use his service revolver to make the suspect drop the glass. The victim had over 40 stab wounds. He was awarded another medal for his arrest of an armed robbery suspect who fired at the officers. The suspect was running from officers when he fell and was overpowered and arrested. Tom was awarded a Gold Medal for his actions "when off-duty on disability leave. He witnessed an armed robbery and chased the suspects to a garage area and identified himself as a Police Officer. They fired at him and he returned fire. He had to use his left hand because his right arm was injured and in a sling. At least one of his shots hit one suspect and other officers were able to follow the blood trail to make arrest. When awarded the Gold Medal he was given an enthusiastic well done by the Police Commission.

GUS BRUNEMAN, 81 years. Gus was born and raised in San Francisco. He was raised in Cow Hollow and went to Galileo High School. He served his country in the Army during WWII. He also went to USC, SF State, and Golden Gate University. He took the Police Examination and entered the Police Academy in 1951. His first assignment was Park. A couple years later, he went to Northern. In 1960, he made Sergeant and went to Richmond. He then worked Central and Southern. He worked the original Dog Unit when assigned to Southern. He made Lieutenant in 1966, and was assigned to Community Relations and Inspectors Bureau. He made Captain and worked Ingleside and Crime Prevention. He also worked the Property Clerk, Juvenile, Central, and Operations. In 1977, he served as Supervising Captain and Commander of Patrol. Gus retired with a Disability Pension in 1979. Gus received several Captain's Comp's and a Gold Medal of Valor for his arrest of a robbery suspect who just held up a liquor store. He and his partner, Art O'Keefe ordered the suspect to drop the gun. He turned to point gun at officers and was shot and wounded. Gus also was awarded a Bronze Medal of Valor for the arrest of an armed robbery suspect. With everything Gus did he had time to raise a family (two sons in department Mark and Kurt) was co-founder of PAL and coached football. Gus was a great boss and always took care of his troops. We all have a lot of great memories because Gus was a part of our lives.

COMMUNICATIONS. Receiving and processing retired member's dues.

DROPPED FROM MEMBERSHIP. Pursuant to Article III, Section III of the By-Laws. (Did not complete probationary period) Khang Do, Timothy Hallisy, Matthew Hom, Dennis Jeong, Timmy Ku, Robert Lyons, Christina Snyder, Luis Viera, Lin Xia, Charles Charanghat and Charles Mc Carville. President Garrity ordered them removed from membership roles.

Treasurer Joe Reilly reported the following suspensions. I worked with a lot of names on the list and can't

believe you would let your membership go with nothing to your family when you die.

SUSPENSION FOR NON-PAYMENT DUES SIX MONTHS:

Article III, Section III of the Constitution. Ivan Chavez, Stephen Christie, Mario Machi, Walter Posey and Timothy Tang.

REINSTATED TO MEMBERSHIP:

Article III, Section 5 of the Constitution Michael Gannon and Jeffery Lindberg, PURSUANT TO ARTICLE III, SECTION 4 OF THE CONSTITUTION. (NON-PAYMENT OF DUES FOR ONE YEAR) This list is unbelievable to me for all the time you pay your dues, you no longer have any benefits to your family)

DROPPED FROM MEMBERSHIP

JAMES BLANSON, JACK CIPPARRONE, NANCY DOWNER, DAVID DUGGER, RANDY, FLANNERY, THOMAS FOGARTY, BRUCE GENDRON, HENRY HUNTER, JOHN KANNISTO, JACK KILLOUGH, GEORGE MALIM, MICHAEL NOWLIN, EUGENE REED, ROSALIND REID, ADELE ROBERTS, VERNE ROHME, JIMMIE TOLIVER, JOYCE WATKINS, GARY WOMMACK, HERMAN DIGGS AND KARL SELCHAD.

If your name is on the list or you know anyone please attempt to get in touch with them and have them call us at 415681 3660.

REPORT OF TRUSTEES: Our representatives from Wells Fargo Bank gave us a report. WE are a lot better off then we were last year. We gained \$792,039.00 to our account. That is with all our expenses and paying all our death benefits for the year. They reviewed a letter from Manatt, who offered to do pro-bono legal work for us and A Motion by Trustee Bill Gay that we go along with them and let them help us. Seconded by Bob Mattox. We will form a committee and meet with them in the near future.

OLD BUSINESS: The Officers for the year 2010 President John Centurioni, Vice President Matt Gardner. Trustees Bill Gay, Mark McDonough, Harold Vance Jr., Bill Gay and newly elected Al Luenow. Secretary Mark Hurley, Treasurer John Fewer. President elect John Centurioni Gave a big thanks to outgoing Treasurer Joe Reilly and President Joe Garrity.

NEW BUSINESS: Please keep your beneficiary information up to date (This last year we had to pay the beneficiary that the member puts down, and we know they wanted someone else. Give us a call 415 681 3660 and we will take care of your address or beneficiary changes)

ADJOURNMENT: Newly elected President John Centurioni had a moment of silence for our departed members and those men and women serving our country in the armed forces. He set the next meeting for Tuesday February 9, 2010 at 1:45 PM in the Conference Room of Ingleside Station. The Meeting was adjourned at 3:10 PM.

Fraternally,
Mark Hurley,
Secretary

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POA Clothing Now Available

By Chris Breen

The latest line of POA T-shirts, ball caps, and thermal shirts is now available for purchase. Contact Courtney at 861-5060 to place your order.

- T-shirts with design on the back \$20.00
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- Tank top with design on back \$15.00
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- Polo shirts (blue only) \$35.00
- POA baseball hats (black only) \$15.00



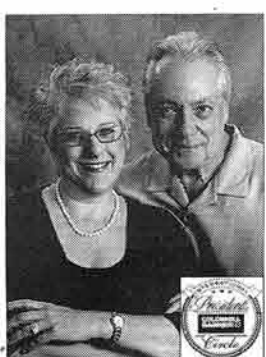
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AROUND THE DEPARTMENT

By Al Casciato



...Check Your Statement:

Monitoring your credit union, credit card and bank statements is just common sense. Since 2006 when the Unlawful Internet Gambling Enforcement Act was instituted financial firms have been monitoring electronic transfers to firms identified as participating in Unlawful Internet Gambling. Effective December 1, 2009 many financial institutions now have the ability to restrict transactions by those participating in illegal internet gambling and have started restricting transactions. This enforcement has encouraged those involved in the illegal gambling to start utilizing internet fraud to continue their gambling. Beware of opening any suspicious file sent to you and especially monitor credit, electronic fund transfers, checks, drafts or any proceeds that the gambling house may accept in order to protect your accounts from being hijacked. The internet is wonderful but it has also left us very vulnerable to the criminal element...

...Prescription Medicine:

Retiree Robert Stepp writes asking why some prescription medicine prices on the open market have come down while the cost of the same medicine through our Health Service System has gone up. Bob also included some public documentation on this issue. Good question. Bob's letter has been forwarded to the Health Service System for response. Perfect timing since the board is currently setting rates and benefits for the next fiscal year...

...Cell Phones:

Solo Mike Becker, Airport Bureau, sends a Federal Trade Commission reminder that during the month of January cell phone numbers are being released to telemarketing companies. To prevent receiving calls from marketers you must call from your cell phone 1-888-382-1222 to institute a 5 year block to your number...

Announcements, notices or tidbits can be e-mailed to alfrmsf@aol.com, faxed to 552-5741, or mailed to *Around the Department*, 800 Bryant St., 2nd Floor, SF, CA 94103.

...Scholarship Recipients:

The National Latino Peace Officers' Association's San Francisco Metro Chapter awarded 8 one thousand dollar (\$1000) scholarships for the 2010 school year. The recipients are Garrett Biel, Alexandra Canedo, Sophia Constantine, Stephanie Lopez, Elissa Nesmith, Alexander Ortega, Kelby Tittel and Emily Wakeman. Congratulations to all. We wish you all the best. For information about the 2011 scholarships contact Hector Basurto, Property Clerk, or Maria Oropeza, Academy...

...Annual Meeting and Breakfast:

Mark your calendar for the Credit Union Annual Meeting and Breakfast which will be held on Saturday February 20, 0830 hours at Patio Español located at 2850 Alemany Blvd, San Francisco. Reservations are a must. Contact Duane Collins at 415-682-3354 or DuaneC@sfpuc.org...

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This and That...

By Kevin Martin,
SFPOA Vice President

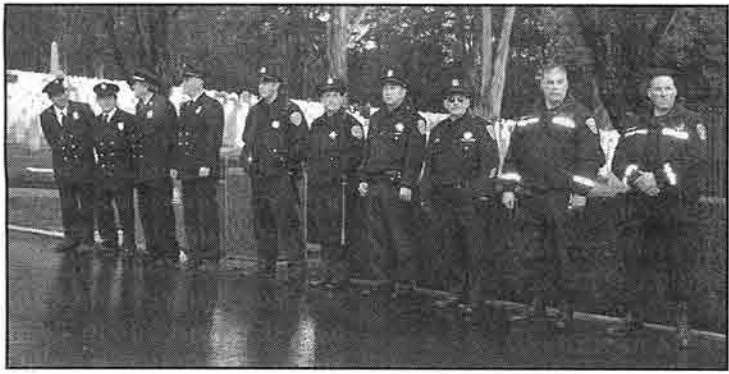
It's a Mission, not a Statement...

As many changes take place in our department and new approaches toward old issues abound, one constant remains...our members' dedication to the community. Although there might be vast differences of opinion among our members as to the direction and implementation of these changes, there is very little difference of opinion as to our basic Mission Statement: "...to help protect and serve others."

It seems like such a simple phrase, containing only six words, but together the words form a thought, sentiment, and bond which has meant so much to so many for so many generations. We are in a profession that is so much more than a job. Our chosen line of work is an absolute vocation. A vocation that necessarily leads and lends us to give so much of ourselves for the betterment of others. Generations of public safety officers, police officers and firefighters have made the "ultimate sacrifice" in order to save or protect the lives of others.

We have to look no further than to our lost brother Bryan Tuvera, whom we honored this past December 22, 2009 on the third anniversary of his death in the line of duty. Only a month before, we honored the fifteenth anniversary of the line-of-duty death of James Guelff.

It is important to keep in mind our resolve and dedication to our Mission Statement because in the end, it is what essentially defines us as a department and as individuals.



I'd like to thank Captain Denise Schmitt of Taraval Station for presiding over the Bryan Tuvera Memorial Service this past December at Taraval Station. Captain Schmitt was joined by Chief of Police George Gascón who spoke to the overflow crowd of family members, fellow S.F.P.D. officers, law enforcement officers of other jurisdictions and many civilian well-wishers. Thanks as well go to Lt. Jason Cherniss who spoke at the service and certainly to Sgt. Judith Riggle who once again coordinated this honorable event.

Christmas in Chinatown...

A tip of the hat to Officer Jordan Hom of Traffic Company, Co. K Solos for his continuing outstanding service to the staff, children, and parents of the Chinatown Child Development on Sacramento Street. For the past eight Decembers, Jordan Hom has coordinated efforts to bring a very special Christmas to some deserving children. Jordan makes sure each child in the program receives a special gift. For the past three years, Jordan was worked hard to provide a hot lunch for each child and their parents at a super Christmas party. This year, as in the past, Jordan was joined by Inspector Phil Wong of the Robbery Detail who

plays "Santa;" Officer Robert Fung of Northern Station who also plays "Santa;" Officer Leon Sorohando and the "Great" Stewart Ng both of Central Station; as well as Officers Randy Wong and Richard Woon of the California Highway Patrol. Making sure that this is a family affair, Jordan's sons Michael and Matt also get involved with the festivities. Great work, guys!

Wreaths Across America...

A very special thanks to Sgt. Matthews of the Homeland Security Unit and formerly of the SFPD Marine Unit for his usual outstanding job at organizing the "Wreaths Across America" ceremony. This event was held at the San Francisco National Cemetery in the Presidio on Saturday, December 12, 2009.

This has become an annual event in which Keith has organized those members of the San Francisco Police Department who attend and participate in this outstanding show of respect for our fallen veterans and their families. This year several members of our department, representing the Field Operations Bureau, the Marine Unit, Co. K Traffic Bureau and the always-dependable Mounted Unit braved some very miserable weather to be part of this ceremony.

2009 marked the eighteenth anniversary of holiday wreaths being sent from the state of Maine to Arlington National Cemetery. As in the previous seventeen years, the employees of the Worcester Wreath Company make and decorate the wreaths that adorn 5000 headstones of our Nation's fallen heroes to honor those who did not return home to their families and loved ones.

In 2006, the program was expanded to the placing of memorial wreaths during a special ceremony at each of the over 230 State and National Cemeteries and Veterans Monuments across our country.

As in the past, the ceremony began at 0830 hours when all participants gathered, including representatives from each branch of our armed forces. A Military Chaplain delivered the invocation, which was followed by a National Moment of Silence at 0900 hours. After a short address, the laying of the wreaths began by placing a wreath to honor the United States Army, Navy, Air Force, and Marine Corps. Wreaths were also placed to honor our country's real heroes, the POWs and MIAs. Participants then gathered and placed wreaths on many of the headstones near to where the ceremony was held. Keith Matthews puts a lot of work and effort into this event because it means so much to him personally. Good job, Keith! Thank you very much.

Strengthening an already outstanding team...

Bring in the reliever...

Congratulations to Sgt. Steve Ford of the Criminal Investigations Unit and to Mission Station POA Representative Martin Covarrubias for being named to the OCC Defense Team. Both Steve and Martin are outstanding additions to a great team of members



who defend our members at the Office of Citizen Complaints. Both new members are experienced with the OCC process and bring a lot of talent to the table. Martin has been a fine representative at Mission Station and is ready and willing to expand his horizons. Steve Ford spent a few years assigned to MCD and is a very experienced investigator. Steve has already made a dynamic impact and will give our team and subsequently our membership the great benefits of his experience and insight.

As we welcome our two new members, we are sad to lose one of the original members of the OCC Defense Team that was established in 2004. Sgt. Theresa San Giacomo who is currently assigned to the Northern Station Investigative Unit has decided to concentrate on her new assignment that is taking up so much of her time. Theresa has always been a very knowledgeable and extremely competent member of our team. She is a tenacious fighter and advocate for the members of the POA. Theresa has never backed down from a fight or a tough situation and has always been one of our more popular OCC Defense Team members.

On behalf of the POA Executive Board, the POA Board of Directors and our entire membership, thank you so very much for your outstanding hard work and dedication to our members. Your absence will certainly be felt! We wish you nothing but the very best in your new assignment and endeavors.

Speaking of the OCC, Please contact the POA as soon as you receive a nasty-gram from our friends down at the OCC. Too often of late we are receiving member requests for OCC representation at the last hour, much to the detriment of our members. In order to best represent you at these interviews, comprehensive preparation is required. It is even more important to prepare well when there are two or more members involved in a complaint of alleged police misconduct.

Only in San Francisco ...

Only in modern day San Francisco could a San Francisco Police Officer be called on the carpet for executing the arrest of a wanted person for murder, (A double homicide at that). It seems our very own Officer Joel Babbs, one of the department's most popular officers, assigned to John O'Connell High School, made the arrest of a juvenile male wanted in the connection of a rather brutal homicide this past December 15, 2009.

Officer Babbs was acting under the explicit direction of Lt. Chris Pedrini when with the assistance of a school security guard, the juvenile suspect was asked to exit the classroom by the security guard. Once outside the

classroom, Officer Babbs placed the murder suspect into custody.

Doesn't seem to be too complicated at this point, right?

WRONG!

It seems in his overabundance of infinite wisdom, John O'Connell principal, Rick Duber, exhibiting a disturbing lack of "principle," inexplicably took umbrage with the actions of Officer Joel Babbs and professed to be quite upset because Joel did not inform him of the planned arrest — oh, and also because the poor juvenile was actually handcuffed in public. Oh, dear!

In reality, Inspector Delahunty of the Homicide Detail had been in communications with principal Duber several times before the incident and advised the principal of the wanted subject. A conversation between Inspector Delahunty and principal Duber took place at 0815 hours on December 15th. It was not until 1330 hours on the afternoon of the 15th that Officer Babbs was contacted by Lt. Pedrini of Mission Station and informed that the juvenile suspect was wanted for murder and upon seeing the suspect, to take him into custody. One of the ironies in this incident was that Joel saw the same juvenile suspect at least three times that day prior to taking the suspect into custody. (Joel first saw the suspect at 0830 hours that morning). Joel saw the suspect who was in the company of his aunt while the aunt was returning the juvenile back to school after the juvenile had been suspended and sent home because he was drunk in school the day before.

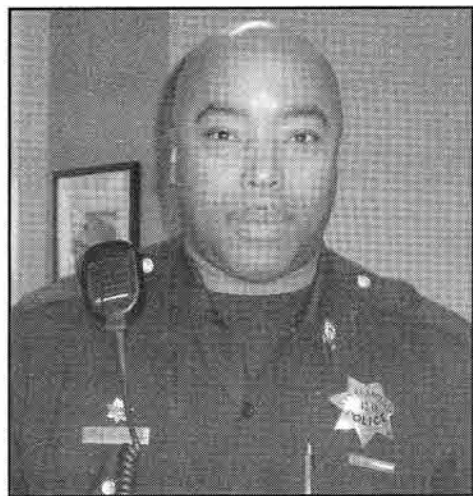
Joel took the suspect into custody without incident and out of the view of students, teachers and staff. It was a very successful low-key operation.

At this point, you'd think all responsible parties would have been grateful for the outstanding and safe police work performed by Officer Babbs and others. WRONG AGAIN!

It seems principal Duber took exception that Joel did not contact him prior to the arrest. In fact, Duber knew all of this before Joel ever entered the picture. The principal was very well aware of the police department's intentions relating to the juvenile suspect.

The sad fact of the matter is that principal Duber was not even aware that the juvenile suspect had been returned to school that very morning. Principal Duber did not even have the decency to advise his staff of the very dangerous situation that existed in the school while the student was on campus. It also appears that the principal compromised the safety of the entire school, student body and members of the public surrounding the school. I guess it was so much more important for the principal to exercise political correctness than to exercise care and prudence. The principal has often professed that he believes in "intervention over suspension." My, how compassionate! That was probably very assuring to the families of the two people killed by the suspect. Is this school authority out of his mind? How could he not understand the gravity of the situation? How did this man whom only the year before was in charge of the Washington Eagle High School Yearbook ever rise to the position of so much importance? Did he win a contest or just draw the shortest straw? Inquiring minds want to know!

What was this principal thinking about? His absolute first concern should have been to cooperate with the police in removing this murder suspect from the school and protecting students and staff. But how could



Officer Joel Babbs

that be when he is not even aware of who is in his school and who is not?

If I were a parent of a student at John O'Connell High School and learned of this incident, I would be raising holy hell with the principal and school district as to his inability to adequately protect and maintain a safe learning environment for the students. I would also be very concerned that if this juvenile murder suspect was not taken into custody, the very real potential for a rival gang retaliation thus putting students and staff into even greater harm and danger!

In a memo directed to Assistant School Superintendent Margaret Chiu the very same day, principal Duber expressed his displeasure with the actions of Officer Babbs, particularly because the officer did not advise him of the impending arrest. Duber ended his memo by stating that Officer Babbs' actions that day would preclude him from ever returning to the campus. In retrospect, Duber should be the one not allowed to return to the school.

It seems to me that principal Duber was already aware of the situation and had been given notice that the arrest of the juvenile was impending. Let's face it, the principal dropped the ball and was now backed into a position forcing him to deflect warranted criticism and begin to point the finger at others.

Once this story hit the presses, all hell broke loose for the principal and the school district as well. Public sentiment was overwhelmingly favorable towards Officer Babbs and the actions he took that day. Joel has received an outpouring of support from across all interested spectrums. Law enforcement officers from around the country have weighed in on their support for Joel. Joel has also received tremendous support from the community at large.

Joel has asked me through this article to thank all his fellow street cops for their outstanding support during this fiasco.

As of this article, Joel remains assigned to John O'Connell High School where he continues to provide outstanding police service to the school community.

Joel has been an outstanding member of the San Francisco Police Department for the better part of 19 years and has served in a variety of assignments. A man and a police officer of Joel Babbs' stature deserves a hell of a lot better treatment than what he got from principle Duber.

As for principal Duber, maybe the students of the San Francisco Unified School District would be better served if he were relegated to yearbook duty... an assignment for which he is probably better suited...

Heroes get in free...

From February 1 through March 15, 2010, police officers, firefighters, military personnel and teachers receive free admission to the California Academy of Sciences. To participate, individuals must show proof of occupation and a valid identification at the admission window. Please note that this discount applies to one individual admission only and cannot be combined with other offers. Also, the offer cannot be processed over the phone or on-line. Just show your documentation at the ticket window when you arrive. Thanks very much to Inspector Dave Falzon and his lovely wife Mary for the great tip.

Troops need our help...

Officer Greg Gotelli from Taraval Station passes this very important message along to the entire membership and all our readers...

"Our U.S. Marines with Fox Company, 2nd Battalion, 2nd Marines in Afghanistan need your help...help that can literally save a life.

A few weeks back, I received an Email from a buddy working for the U.S. Government in Baghdad. He was telling me about his younger brother who is a Marine 'grunt' serving his first tour of duty in the Helmand Province of Afghanistan. In the last received e-mail, this young Marine indicated that his platoon has only ONE tourniquet per Fire team, which equals one tourniquet for three to four Marines and a very limited supply of "Celox/Quikclot" (which stops severe bleeding). In reading this e-mail I thought to myself, that's just crazy."

Finding this unacceptable, "he continued, "I contacted three TacGear / TacMed companies and have arranged to secure enough tourniquets and Celox and Combat Bandages for 100 hard-charging Marines."

The plan is to send 100 "kits" directly to the Marines of Fox Company 2/2 in Helmand Province that have been individually sponsored by police and fire personnel. Each of these "kits" will contain (1) package of Celox, (1) SOF tourniquet, (1) Combat Bandage and any other small item(s) you'd like to include. I look at it this way...for about the same price of a large combo pizza and a six-pack of soda, you could help save the lives of those who provide our freedoms in the first place.

As of this notice, Fox Company 2/2 has lost at least 10 Marines in the past 60 days. For just \$37.00 your sponsorship could truly save a Marine's life.

To sponsor a "kit" and to get more information regarding this most worthwhile project, please contact Greg at Taraval Station at (415) 759-3100 or call Greg directly at (707) 799-3826. Thanks very much for your outstanding service Greg and best of luck with your efforts!

Semper Fi...

Brother Resumes Anti-Body Armor Quest

By Brent Begin
Examiner Staff Writer
Reprinted from the
San Francisco Examiner,
January 7, 2010

SAN FRANCISCO — Fifteen years ago, Lee Guelff sat next to his dead brother, Officer James Guelff, as police came in twos to pay their respect to the officer who was gunned down in San Francisco by a man covered in body armor.

The stories he heard in that dim hospital room would serve as testimony when he traveled the country in an effort to ban violent felons from possessing body armor. The death of his brother — as well as another high-profile shootout in Los Angeles in 1997 — helped create the first law of its kind in California. About a dozen states would follow suit, and eventually Congress would pass its own version.

But on Dec. 17, that state ban was overturned because the statute does not cover all of the varying types of body armor. The 2nd District Court of Appeal in Los Angeles ruled the law "unconstitutionally void for vagueness" because the regulations are too difficult for violent felons to decipher.

San Francisco police Chief George Gascón immediately rallied law enforcement officers from across the state to apply pressure to legislators and the California Supreme Court to change the law. District Attorney Kamala Harris pledged to draft state legislation that would extend the body armor ban to all felons, not just violent ones.

And Lee Guelff is fighting again as well.

Dressed in a light-brown corduroy jacket and chestnut shoes, Guelff, 57, stood in sharp contrast to the row



Lee Guelff, the brother of slain San Francisco police Officer James Guelff, speaks at a news conference held to oppose the state court decision to overturn a law barring violent felons from possessing body armor — a law he helped campaign for in the 1990s.

(CINDY CHEW/THE EXAMINER)

of cops with both dark uniforms and dark expressions at a news conference Wednesday at Pine and Larkin streets.

The intersection is where the family gathers every November to remember James Guelff, a husband and father of two.

On Nov. 13, 1994, Victor Boutwell opened fire on Officer Guelff when he was the first to arrive on a call about a man with a gun. Guelff managed to return fire, striking Boutwell several times, but Boutwell was wearing a helmet, vest and makeshift leg protection, said former police Chief Alex Fagan, who was the lead investigator at the time.

Boutwell shot and killed Guelff while the officer was reloading his revolver.

Lee Guelff says each visit to the place is a reminder of what damage can be done when a criminal is protected. His brother was the first to be killed in such a way. A handful of others would follow. He hopes the court's latest change won't lead to another.

Cleaning for a Reason

Submitted by Robin Matthews

If you know any woman currently undergoing Chemo, please pass the word to her that there is a cleaning service that provides FREE housecleaning — 1 time per month for 4 months while she is in treatment.

All she has to do is sign up and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating maid service in

her zip code area arrange for the service. <http://www.cleaningforareason.org/> <<http://>

Please pass this information on to bless a woman going through treatment. This organization serves the entire USA and currently has 547 partners to help these women. It's our job to pass the word and let them know that there are people out there that care. Be a blessing to someone and pass this information along.

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POLICE-FIRE Post 456 News

By Greg Corrales

"I wish to have no connection with any ship that does not sail fast; for I intend to go in harm's way."

— Admiral John Paul Jones

The movie "Avatar" is a box office sensation, but there are a number of people that are not happy about the content of the movie. The Marine Corps Times recently published a letter from Col. Bryan Salas, who is the director of public affairs, Headquarters Marine Corps. In his letter, Col. Salas wrote, "Lost amid the staggering commercial success of 'Avatar' and obscured by the punditry of the left and right as they debate James Cameron's social and historical commentary are the real warriors whose heroism, valor and selfless service has allowed the U.S. to leave a war in Iraq that many in 2006 thought was unwinnable and indeed salvage success from the jaws of calamity."

"Avatar" takes sophomoric shots at our military culture and uses the lore of the Marine Corps and over-the-top stereotyping of Marine warriors to set the context for the screenplay. This does a disservice to our Corps of Marines and the public's understanding of our Corps.

The Marine Corps embraces a warrior-scholar mentality and prides it-

self on understanding host country narratives and sensitivities in complex climes and places. General James Mattis, whose catch-phrase is 'no better friend, no worse enemy,' better captures the essence of Marines who helped usher in the Sunni Awakening in Anbar province than the cinemagraphically convenient colonel-turned-mercenary antagonist in 'Avatar.'

Let's view 'Avatar' for what it is, a leap in the wizardry of cinema, a digital fantasy and a vehicle for a film-maker to make a statement, but not emblematic of the Marines who honorably fight and fall to win our nation's real battles today.

To be filed under the category of "Nowww they tell us!!!" The Veterans' Administration announced in October that three more illnesses qualify for service-connected disability compensation based on exposure to Agent Orange in the Vietnam War. VA now considers Parkinson's disease, ischemic heart disease and hairy-cell leukemia to have been caused by exposure to the defoliant.

The announcement now brings the total to 15 conditions that VA presumes to have been caused by Agent Orange. All 15 diseases are eligible for service-connected compensation. Veterans with the conditions no lon-

ger have to prove their illnesses were caused by their service in Vietnam.

Here is the full list of the 15 diseases:

Acute and subacute transient peripheral neuropathy
AL amyloidosis
Chloracne
Chronic lymphocytic leukemia
Diabetes mellitus (type 2)
Hairy cell leukemia
Hodgkin's disease
Ischemic heart disease
Multiple myeloma
Non-Hodgkin's lymphoma
Parkinson's disease
Porphyria cutanea tarda
Prostate cancer
Respiratory cancers
Soft tissue sarcoma (other than osteosarcoma, chondrosarcoma, Kaposi's sarcoma or mesothelioma).

The Navy is preparing an official notification to Congress for ending the ban allowing female sailors to serve aboard submarines. If approved, women could be on subs by late 2011.

According to an October article in the Navy Times, when Navy officials approve the plan, the Pentagon must notify Congress of its intent and then wait 30 days before moving ahead. To

kill the proposal, Congress must pass legislation. If Congress does not act, the first women to break the gender barrier on subs would probably come from the Naval Academy's 2010 class.

It is a controversial issue for sailors and their wives, some of whom believe the cramped quarters of a submarine could lead to fraternization or sexual harassment. An October 26 Navy Times online survey revealed that 61% of respondents were opposed to the proposal. Only 30% were in favor.

The enlisted men may have won the annual softball game against the officers, but they lost the public relations war. An officer wrote the game up in the base newspaper: "The officers powered their way to a second-place finish, while the noncoms managed to finish next to last."

The post is anxious to recruit our newer veterans, particularly female veterans, into the organization. If you have any questions, please contact me at Mission Station (558-5444). We meet on the second Tuesday of every month at 1800 hours. Temporarily, meetings are held in the Mission Station community room, 630 Valencia Street. We look forward to seeing you there!

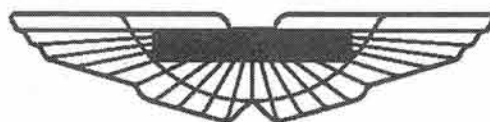
Retirements

The San Francisco Police Officers Association congratulates each of the following POA members on his recent retirement from the SFPD. These veterans will be difficult to replace, as each takes with him or her decades of experience and job knowledge. The most recently retired POA members are:

- Captain Ronald Roth #145 from the Airport
- Sergeant Lawrence Ratti #1534 from the Airport

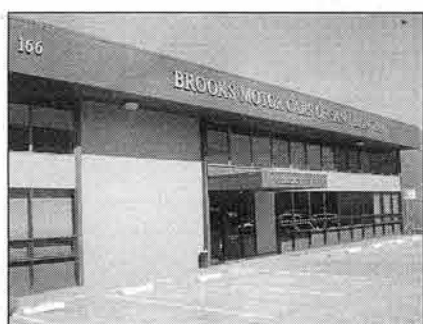


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Gala Celebration

Star Performers Investment Club Celebrates Its \$700,000 Portfolio

By Mike Hebel, Club Member

On January 7, 2010 the Star Performers Investment Club members met, with their spouses/partners, at the Bistro Boudin at Fisherman's Wharf to commemorate and applaud again achieving a milestone. Its portfolio has again just exceeded \$700,000 in value. It was a joyous prosperity dinner. Bistro Boudin is owned by former Police Commissioner Lou Ghirardo and is San Francisco's oldest continuously operating business. The partners had first celebrated this \$700,000 milestone in February 2007. Thereafter the portfolio hit its summit in October 2007 at \$795,836. By February 2009 the "great recession" of 2008 reduced the portfolio to \$384,330. But with patience and faith in the American economic system, the portfolio has sprung back. The partners have continued to make monthly contributions and investments.

The 25 partners, mostly active and retired SFPD members, toasted each other for having the patience and endurance to remain together since August 1995. The club is now in its 14th year. It was formed with the three "E's" as its foundation — education, entertainment, and enrichment — and over the years, this is exactly what the Club has done. It has diligently studied stocks, equity trusts, and mutual funds, invested wisely — stayed the course — and celebrated each \$100,000 advance.

Like most clubs and individual investors, Star Performers saw its portfolio erode during the dot com crash of 2000–2002. Its portfolio reached an all time high (\$539,000) in August 2000; thereafter, it painfully declined to

\$309,000 by September of 2002. Then it began a steady climb to \$795,836 only again to retrace and retreat in the global financial crisis of 2008.

Star Performers meets the first Thursday of each month, 4pm, at Northern Station's community room. At its typical monthly meeting, the Club will review its equity portfolio, its partners' capital accounts, any significant events affecting its holdings, and the current condition of the US and global economies. Partners review and present reports on individual stocks and mutual funds — both those presently owned and those under consideration. Buy and sell decisions are then made.

The partners are already making plans for their \$800,000 and \$1,000,000 celebrations. A very special gala (trip to the Hawaiian Islands or cruise to Alaska) for its first million-dollar portfolio is under active consideration. The partners are committed to remain with the Club for the long term.

Top Ten Holdings

T. Rowe Price Group	6.8%
Goldman Sachs Group.....	4.8%
Berkshire Hathaway	4.7%
IBM.....	4.4%
AFLAC	4.3%
BYD Co.....	3.9%
Starbucks	3.8%
Long Leaf Partners Int'l	3.7%
Visa.....	3.5%
Vanguard Health Care Portfolio	3.4%

Investment Process

The Star Performers Investment Club is affiliated with the National Association of Investors Corp. (NAIC) — a national educational organization of over 7,000 US investment clubs. The Club invests monthly, reinvests all dividends (now over \$10,000 annually), looks primarily for growth companies that are "best of the breed", and seeks a broad diversification of industries and company sizes. It has three mutual funds: Long Leaf Partners International Fund (international company exposure) and Vanguard's specialized portfolio — health care (a health care sector fund), and Alpine International Real Estate Equity (international real estate).

The Club relies on Value Line, Standard and Poor's, TD Ameritrade (its discount broker) and Morning Star for its research. Also, members subscribe to the Wall Street Journal, Barron's, Money Magazine, Kiplinger's Personal Finance Magazine, Forbes, Fortune, and the NAIC monthly publication Better Investing. Some are committed listeners to Bob Brinker (Starship Money Talk, KGO on weekends) and viewers of Jim Cramer's "Mad Money" (daily on CNBC).

The Club is looking for companies with strong and growing revenues, earnings, cash flow and, to a lesser extent, dividends. It is also concerned about price. At its investment best, Star Performers buys good to great companies at fair to good prices.

Like many investment clubs, Star Performers struggles with "when to sell." It is working on a written sell discipline to take the emotional factor out of this important decision.

The Club remains optimistic that the Dow Jones Industrial Average (DJI) will hit new continuing highs in 2010 and may very

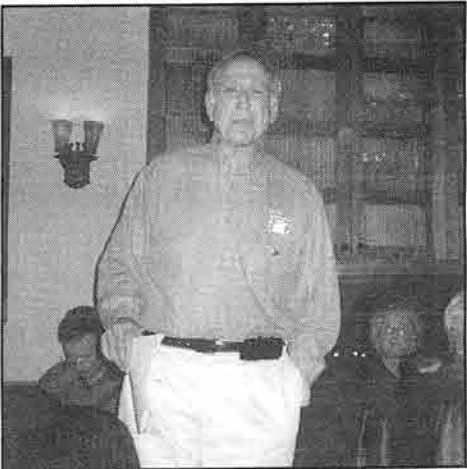


well again cross the 14,000 boundary by the 4th quarter of 2012. It believes that the S&P 500 and NASDAQ will make strong and impressive single digit gains in both 2010 and 2011, but no record highs yet.

KMA Investment Club's Partners

- Bill Arietta
- Al Casciato
- Ken Cottura
- Wanda Dare
- Phyllis Ford
- Sylvia Harper
- Mike Hebel, president
- Richard Kahn
- Val Kirwan
- Franklin Lee
- Thomas Lovrin
- Kathy Mahoney
- Susan Manheimer
- Herb Meiberger
- Dennis Meixner, treasurer
- Donna Meixner
- Jack Minkel
- Tom Mulkeen
- Jamie Ongpin
- Marlene Ottone
- Mary Petrie
- Frank Reed
- Ray Shine, secretary
- Farrell Suslow, vice-president
- Marty Way

The club's partnership agreement allows for up to 30 members, so there is room for 5 additional members. If interested, please call Mike Hebel (861-0211) for more details.



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— Chris Boyd, Chief of Police, Citrus Heights

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At the

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Attitude Adjustment:

11:00 at the Koto Grill Bar

Lunch: 12:30 at the "Waterfall Buffet"

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Price: \$12.99 pp

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Please RSVP Rene LaPrevotte at

rlaprevotte@comcast.net or

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2010 Census to Begin

Census Cautions from the Better Business Bureau

Be Cautious About Giving Info to Census Workers

By Susan Johnson

With the U.S. Census process beginning, the Better Business Bureau (BBB) advises people to be cooperative, but cautious, so as not to become a victim of fraud or identity theft.

The first phase of the 2010 U.S. Census is under way as workers have begun verifying the addresses of households across the country. Eventually, more than 140,000 U.S. Census workers will count every person in the United States and will gather information about every person living at each address including name, age, gender, race, and other relevant data.

The big question is — how do you tell the difference between a U.S. Census worker and a con artist? BBB offers the following advice:

- If a U.S. Census worker knocks on your door, they will have a badge, a handheld device, a Census Bureau canvas bag, and a confidentiality notice. Ask to see their identification and their badge before answering their questions. However, you should never invite anyone you don't know into your home.
- Census workers are currently only knocking on doors to verify address information. Do not give your Social Security number,

credit card or banking information to anyone, even if they claim they need it for the U.S. Census.

REMEMBER, NO MATTER WHAT THEY ASK, YOU REALLY ONLY NEED TO TELL THEM HOW MANY PEOPLE LIVE AT YOUR ADDRESS.

While the Census Bureau might ask for basic financial information, such as a salary range, YOU DON'T HAVE TO ANSWER ANYTHING AT ALL ABOUT YOUR FINANCIAL SITUATION.

The Census Bureau will not ask for Social Security, bank account, or credit card numbers, nor will employees solicit donations. Any one asking for that information is NOT with the Census Bureau.

AND REMEMBER, THE CENSUS BUREAU HAS DECIDED NOT TO WORK WITH ACORN ON GATHERING THIS INFORMATION. No Acorn worker should approach you saying he/she is with the Census Bureau.

Eventually, Census workers may contact you by telephone, mail, or in person at home. However, the Census Bureau will not contact you by Email, so be on the lookout for Email scams impersonating the Census. Never click on a link or open any attachments in an Email that are supposedly from the U.S. Census Bureau.

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Gerald McNaughton, John Ruggeiro, Louis Reyff, Jack Webb, Mike Browne, Dave Nastare, Jamie Ongpin, Tom and Sandy Newland, Omar Bueno, Ed Del Carlo, Rose Castro, Marty Halloran, Dave Falzon, Eddie Yu, Steve Matthias, Joe and Lucy Clemens

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Chief Gascón Explains Need for Sit-Lie Ordinance

In a recent op-ed piece in the Bay Guardian, Chief Gascón explained to an editor the need for a proposed "Sit-Lie" Ordinance to enhance quality of life in the neighborhoods:

Dear Mr. Redmond,

I feel compelled to respond to your recent editorial on the proposed "sit-lie" ordinance currently under discussion in our City. I am somewhat surprised that you have dismissed out-of-hand one modest, and cost effective, approach to dealing with the increasing thuggery seen on some streets in San Francisco.

The San Francisco Police Department (SFPD), like most police agencies, faces a multiplicity of challenges; continually reassessing where and how scarce resources are to be allocated. Any reasonably attentive person knows that the current economic environment is placing unparalleled strains on local coffers. I am a realist and know that the SFPD will be expected to do more with less, much as other city agencies will. We will be expected to continue to deal with the deeply troubling and totally unacceptable situation prevailing in some of our neighborhoods, where street thugs take over public spaces with impunity.

I cannot in good faith as Chief stand by idly and assert that the only answer to this problem is an around-the-clock beat officer presence that is, quite frankly, not possible given the competing demands for officers.

In light of this, I have a pressing obligation to look for creative solutions that pass constitutional muster, have been shown to be effective, and most importantly, strengthen the relationships we have worked hard to establish with the city's various communities.

As I have publicly stated, a well-crafted "sit-lie" ordinance would provide police officers with a valuable tool to deal with this problem in an effective, sustainable, and smart manner.

Given the SFPD's current resources and the further reductions we know will occur due to unalleviated attrition and anticipated funding shortages, the Department will be unable to sustain the enforcement posture required to deal with the thugs who have overrun the Haight-Ashbury, and other City neighborhoods. A "sit-lie" ordinance would go a long way in helping to remedy this situation.

I welcome vigorous discourse on this issue, but this is surely not the time to engage in ideological warfare which militates against the development of thoughtful solutions to very real problems.

Simply put, I must reiterate that the SFPD does not have the resources necessary to deploy foot beat officers in every community that needs them. Therefore, constitutionally sound solutions that can assist the police to help neighborhoods deal with street hooliganism shouldn't

Bullying and intimidating innocent passers-by and local merchants cannot and will not be tolerated: period. No one should be allowed to invade public spaces wantonly without regard for the rights of others, and then attempt to hide behind a non-existent constitutional protection.

be dismissed based on some ill-conceived notion of personal freedom. Bullying and intimidating innocent passers-by and local merchants cannot and will not be tolerated: period. No one should be allowed to invade public spaces wantonly without regard for the rights of others, and then attempt to hide behind a non-existent constitutional protection.

Unfortunately, that's exactly what is taking place in many of our neigh-

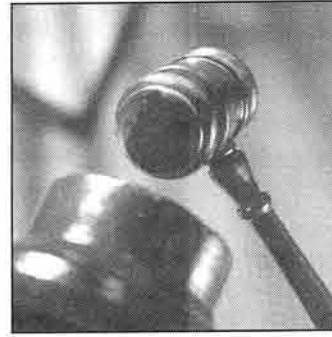
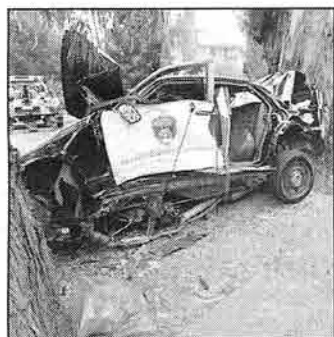
borhoods today, where groups of street thugs take over public spaces intimidating entire communities, often hurting local businesses and occasionally assaulting and physically injuring people. A narrowly crafted "sit-lie" ordinance would provide a tool for the police to quickly and effectively prevent these situations from escalating to the levels they have around the Haight-Ashbury.

It is unfortunate that the Bay Guardian has taken the position expressed in your current editorial. I look forward to a thorough public exploration of these issues. I believe the majority of the people of San Francisco are no longer willing to quietly surrender their neighborhoods to street hooliganism. However, to correct the situation we must be willing to work together for the betterment of our communities, looking at solutions that may not have been implemented here before but are surely worthy of our thoughtful consideration.

I look forward to working with you, the SF Bay Guardian, the ACLU, and other responsible community stakeholders in developing reasonable and sustainable solutions to this problem. Our jewel of a City of deserves no less. I am committed to working collaboratively to bring practical and tested solutions to the table.

George Gascón
Chief of Police

San Francisco Police Department



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Retirement Planning Semina Class # 53

Three Days At Sigmund Stern Grove

By Mike Hebel

Welfare Officer, Attorney, CFP

The Clubhouse at Sigmund Stern Grove hosted the latest SFPD-POA pre-retirement seminar (October 19, 20 & 21, 2009) — class #53. The Stern Grove with its club house and concert pavilion is a beloved community treasure and part of San Francisco's romantic history. The Clubhouse, built in 1892 as the Trocadero Hotel and beer garden, is a beautiful Victorian, stick-style resort with its multi-gabled roof and delicate ornamentation. Shortly after the 1906 earthquake and fire, Police Chief William Biggey arrested Mayor Eugene Schmidt's bag-man — the notorious Abe Ruef — on corruption charges at this very site. Shortly after this infamous arrest, the Chief disappeared while on boat trip from Sausalito to SF. The Grove property was purchased in 1931 by Mrs. Sigmund Stern and donated to the City. It is a festive and fitting venue for the seminar.

The seminar has been expanded to include discussion of social security and medicare benefits, health service system plans, long-term care, post retirement employment, retired employee organizations, health and nutrition, taxation, essentials of estate planning, and critical psychological issues presented by and in retirement.

This seminar, titled "The Gino Mari-onetti and Michael Sugrue Memorial Seminar", honors its two founders. May they rest in peace. This seminar is now in its 25th year having started in March 1985. Since its inception, more than 2,300 participants have completed this seminar.

Special thanks to **Chief George Gascón** and **Captain Tim Foley** for providing the necessary funding to expand the seminar subjects and to allow members a three day detail to make their plans for a prosperous and rewarding retirement.

44 Participants

Forty-four participants attended this lively and informative seminar which is coordinated by **Courtney Dixon**, POA staff member.

The seat of honor, which is reserved for the most senior member in attendance, was given to both **Ken Sanchez** and **Al Wong** both members of the Academy class of November 1978. A special moment of appreciation was given to senior department members **Marty Bastiani** (53 years' department service joining on 9-1-56) and **Ray Koenig** (46 years' department service joining on 1-3-64 in the 97th class).

All of the attendees were in the Tier II retirement plan (now with the acquired moniker "Tears Too"). Tier I members are nearly an extinct species. Class attendees were from the 132nd to the 184th recruit classes. The 227th recruit class is currently completing its basic course at the Academy. Some members attended with their spouses/partners (which is much encouraged).

Herman Chu did an excellent job as fire-tender. The long standing tradition wherein members attending from Taraval Station either provide sunshine or presto-logs for the fire-place was followed. Two members of the seminar will be 4-baggers in retirement (SFPD pension, social security, deferred compensation, and DROP).

Hot Topics

As expected, much discussion focused on the 3% at 55, 90% cap charter amendment which was approved by the voters at the November 2002 election. It passed with an unprecedented 65% majority. Also the source of lively

discussion was the DROP (deferred retirement option program) passed by the voters on the February

2008 ballot (effective July 1, 2008), the 3% at 55 Charter amendment (passed by the voters on the November 2007 ballot) for those who served at the Airport prior to the merger in 1977, and the additional 4% pensionable, longevity pay with 30+ years of service.

The DROP will allow police officers to defer retirement by entering DROP, direct their monthly retirement check into a 401(k) like-account, and continue to work in the Department earning full salary and benefits. Police officers could remain in DROP for up to 3 years, sergeants for up to 2 years, and lieutenants/captains for up to one year. The monies placed in the 401(k) like-account have a 4% interest guaranty. DROP is a voluntary program allowing members to build a substantial, supplemental retirement nest-egg. As of January 1, more than 60 members have entered DROP of which 4 are sergeants. One lieutenant, **Harry Pearson**, recently completed the program — the first member to do so. This program will continue to June 30, 2011 at which time its renewal will be determined by the SF Board of Supervisors.

Chief George Gascón and **Assistant-Chief Jim Lynch** welcomed the participants and asked them to put to practical use the information that is contained in this 3-day seminar. He urged thoughtful consideration on the decision to retire. He reminded the attendees that police work is a stressful occupation; he exhorted them to take good care of themselves, their families, and their future. He said the focus of this 3-day seminar was to provide adequate time for attendees to attend to their life after the SFPD. This was Chief Gascón first presentation at the Retirement Planning Seminars which, since inception, has now heard from 8 chiefs.

POA president **Gary Delagnes** stated that a large exodus of police officers was expected over the next 4 years with as many as 600 police officers reaching a full/maximum pension status (a full one-third of the Department, not including the Airport Division). Between 2008 and 2012, over 800 police officers will join the KMA club. These officers entered the department between 1979 and 1982 when an unprecedented 22 Academy classes were graduated; then from 1984 through 1988 there were no Academy classes due to CCSF fiscal problems. The Department is now understaffed by over 200 officers; he noted that police officer recruitment is an urgent problem for all large city police departments. He stated that the first raise under the new MOU did occur on July 1, 2007 at 4%; over the next 5 years (through July 2011) the wage increase will equal 25.5% compounded. Gary was commended for his primary role in advancing, in thirteen years, the total compensation of SF police officers from #92 in the state of California to #1 in the nation (cities with populations of 200,000 and over). Gary appears close to accomplishing his personal goal of financial freedom for the rank and file: a thirty-year veteran Q4 police officer, on July 1, 2009, receiving an annual wage of \$106,690 and thereafter retiring with an annual pension of \$96,021. Gary set forth the pay raises that have been received over the last decade: 1992 – 5%; 1993 – 5%; 1994 – 5%; 1995 – 0%; 1996 – 3.5%; 1997 – 3.5%; 1998 – 3.5%; 1999 – 5.5%; 2000 – 5.5%; 2001 – 8%; 2002 – 8%; 2003 – 0%; 2004 – 9% (with uniform allowance); 2005 – 6.5%;

2006 – 4.9%; 2007 – 6%; 2008 – 7%; 2009 – 6%, and 2010 – 4%. (Note: subsequently the contract was revised to provide for a 2% raise in July 2009, 2% raise in January 2011, and a 3% to 5% raise in July 2011). What a glorious record of accomplishment! This will be known as the Gary Delagnes legacy. Gary outlined the 30 year police career path: years 1-10, job oriented; years 11-20, promotion oriented; and years 21-30, retirement oriented.

Mike Hebel urged all to consider participation in the 30–30 program: 30 years of service and then at least 30 years' collecting a retirement benefit with no death before age 80. This is the Hebel corollary to the Delagnes police career path description.

Class Comments

Comments from past and present attendees during the informal course evaluation included: "very helpful and useful information. What an eye opener. A wonderful seminar — the Department did something good for us all. I am glad I came; everyone close to retirement should come to these. Much needed information; should be open to officers with 20 or more years of service. Super and marvelous; I enjoyed this seminar immensely. I am now more confident in the City's retirement system. I would hate to think what would happen if we retired without the knowledge that we now have. Great class, everyone should attend, keep them up. Very good, can I come again. Most practical course I have ever attended. Great facility, coordinators, and presenters."

From a class member comes the following admonition: Cops must think out of the box when it comes to retirement. We are so used to 30 years of taking directions and receiving a check every 2 weeks. At retirement, the gate opens up. You have to think about what to do every day. No can no longer look at a calendar for your days off for every day is a day off. Your retirement requires at least 3 years' advance planning. Take your pension and go do what you really want to do. Now it is solely your choice.

Another member stated that when neighbors ask about his retirement, he says: "I am on a fixed income." But I do not say what it's fixed at. Many others marveled at how truly wonderful their retirement and health plan benefits truly are.

And just recently this comment was received: "This class is worth at least \$20,000. Consider all the experts you have direct contact with, who stay and answer your questions, and give such helpful advice. Any SFPD member who doesn't attend this 3 day seminar has truly failed to take advantage of a marvelous pre-retirement resource."

And of course, the comment by a member of achieving a successful financial plan and life: "Save at least 15% of gross income, be great at work you love, stay social with good friends and family, develop a spiritual life or get those big questions answered for your self, choose a true companion, exercise often, sleep and eat well."

Instructor Comments

Javier Obando, Great West Retirement Services deferred compensation regional director, urged participants to select an appropriate asset allocation plan for themselves identifying their risk tolerance, time horizon, and retirement savings target. The SFDGP has 18 options and, if desired, a self-directed brokerage account through TD Ameritrade. Xavier said that the police department's average deferred compensation

balances are the highest amongst all city departments. He said that the life style portfolios (near term, mid term and long term), with their automatic daily rebalancing, were particularly attractive offerings for broad diversification. Each strategy suits a specific investor profile — based on the number of years you have until your planned start of distribution. Javier explained all the distribution options: defer distribution (up to April 1 of the year following the year in which you reach 70 ½), lump-sum payment (full or partial), periodic payments (amount certain, period certain), annuity payment (fixed, fixed with period certain, joint and survivor) and a combination of these options. He also explained the distribution options for your designated beneficiary who will receive any remaining funds in your account upon your death. Javier urged continued contributions into equity funds appropriate for each participant's risk tolerance and distribution date.

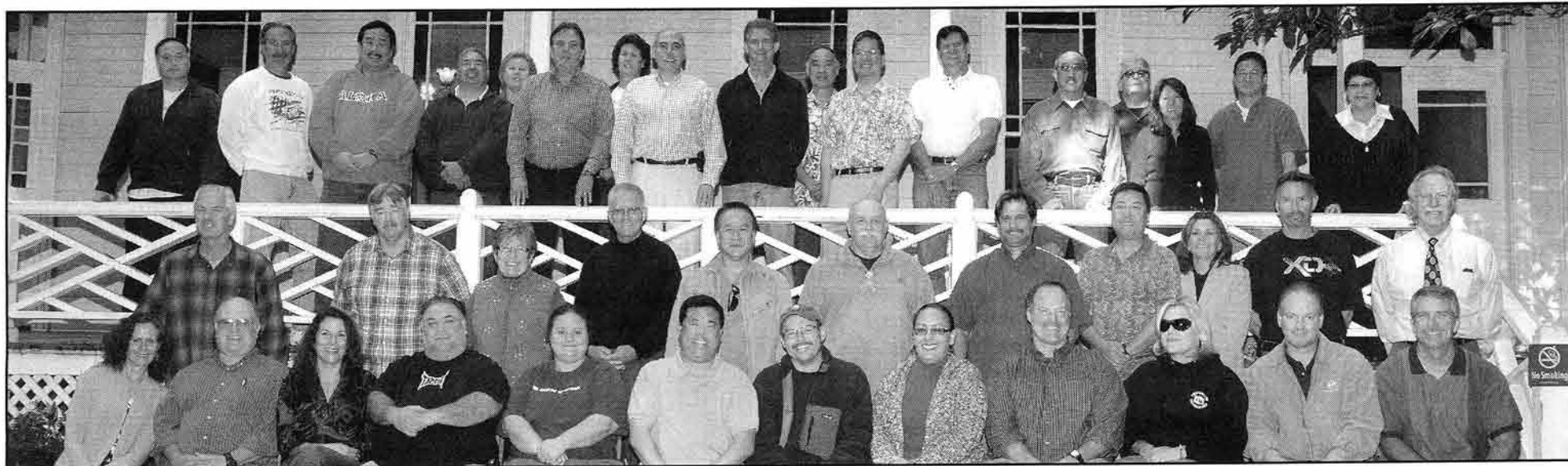
When to start social security payments? The class agreed, the sooner the better. If you began to collect at age 62 (the earliest age allowable) rather than at age 66 (normal retirement age for baby boomers), it would take 14 years for the older recipients to catch up. Monthly social security payments for police officers, subject to the windfall elimination provision, average between \$100 to \$450 after deduction for Medicare part B.

Wow! Said many: a CCSF retirement pension (at 90%); deferred compensation distributions, and social security. And now DROP!

George Eimil, retired deputy chief and dedicated instructor in these seminars, said that he began estate planning as an attorney when he realized after his 1986 retirement that he needed something more than golf to keep him occupied. George does an excellent job in explaining the basics of estate planning (wills, trusts, gifting, probate and its avoidance, estate taxes, powers of attorney, property titles, and medical directives). George covers a lot of territory in 50 minutes. His advice on dying remains: "If you have to, the year 2010 is best for federal estate tax avoidance." Although he believed that the Congress would make further changes in the federal estate tax in 2010. He again warned attendees not to put their real property in joint tenancy with anyone other than your spouse or domestic partner. With respect to titling property, he continues to urge the use of "community property with right of survivorship" for best tax advantages. He urged the use of a revocable living trust to avoid probate and to protect estate tax exclusions. George emphasized the need for a Will, Revocable Living Trust, Durable Power of Attorney and Advance Health Care Directive.

Duane Collins (SFPD 1976-2000), licensed tax preparer and dedicated instructor in these seminars, covered the issues of federal and state taxation in retirement, Social Security off-sets, and retirement plan (traditional and Roth IRAs) distributions. With his short tax quiz, he clearly demonstrated the tax savings for those awarded an industrial disability retirement.

Maria Newport and **Candice Fan** set forth all the basics of the CCSF Retirement plans. They most adequately described the benefits of and qualifications for service and industrial disability pensions. Also explained were death benefits, beneficiary designation, and cost of living adjustments. Candice and Imelda answered all questions insuring



that the basics of the CCSF Retirement System were understood by the attendees. To increase your pension: work longer, get older, and hope for many more pay raises. Also, buy-back miscellaneous time (accrued during police academy) to obtain a separate monthly pension check, albeit small; such buy-back must be completed before retirement. With regard to service pension calculations, the age factor goes up every 3 months while the service factor increases each day. To schedule a retirement interview call 415-487-7070 up to 6 months before your expected date of retirement. They urged members to bring their spouse/domestic partner to this interview. Also, said Candice, keep your beneficiary designation current. They all noted that the date of retirement chosen will effect cost of living adjustments as well as the SP/OU/VA payout. Cola's are effective on July 1 of each year; to get the cola for any given year you must retire on or before June 30 of that year; but remember that payouts (SP/OU/VA) are based on your rate of compensation for the month in which you retire (higher payout if you retire on or after July 1). There were options for retiring members to reduce their monthly pension so that a spouse/partner/beneficiary could get a larger monthly pension as a survivor. Candice explained that the pension benefit calculation for new plan members (Tier II). It is based on the highest average monthly compensation paid to a member. The Retirement System compares each member's earnings for the 12 months immediately preceding their retirement date with the member's highest fiscal year earnings. Whichever is higher is used for the pension calculation. They also explained the cost of living adjustment changes resulting from the successful passage of Proposition B (June 2008 ballot) wherein the basic cola (up to 2%) is now compounded and the supplemental cola, when excess earnings from the Retirement System Trust Fund are present, was increased from 1% to up to 1.5%.

It was noted that the average retirement age for San Francisco police officers in 1931 was 71.5 years; in 2008, the average age was 55.5. Quite a difference in two generations.

Tier I vs. Tier II

The participants reviewed the retirement/survivor benefits contained in the two police retirement plans. Tier I (old plan, pre-November 1976) remains superior for 3 main reasons: 1. spousal/domestic partner continuances are 25% larger; 2. cost of living adjustments are about 1.5 times better; and 3. the marriage/domestic partner rights are superior (a Tier I member can marry or form a domestic partnership after retirement, live one year, and then the spouse/domestic partner is entitled to a continuation; for Tier II, the marriage/domestic partnership must have occurred at least one year before retirement for there to be a spousal/partner continuation entitlement).

To understand the cost of living adjustment (cola) differences, the class undertook a comparison exercise. One

of the presenters, who retired holding the rank of sergeant in May 1976 in the Tier I system with 29+ years' service at age 51, received his first monthly check in the amount of \$1,130 — having contributed less than \$15,000 in retirement system contributions over his long career. In January 2009 that monthly check had grown to over \$5,100 thanks to the power of the cost of living adjustments. Wow! For a \$15,000 investment — a pension that started at \$13,560 a year has now grown to a pension of \$61,200 a year and it will keep growing. Tier I grew at a 4.7% compounded rate. Fortunately for Tier II members, the supplemental 1% cola has been paid in every year since its adoption in 1996, except 2003-04 & 2008-09, thereby lessening, but not eliminating, the cola differences in the two systems; and the recent passage of Proposition B creating a compounded basic cola (up to 2%) and added ½% supplemental cola will also lessen this difference. The retired sergeant also reminded the class that police wages were set by Charter amendment prior to 1953; by annual salary survey from 1954 onward; and now by collective bargaining since 1992. Thanks to **Larry Barsetti**, **Sol Weiner**, and **John Lehane** for discussing the Veterans POA and the Retired City Employees organization. This well informed and entertaining trio said that the most valuable assets a police retiree has are his/her CCSF health plan and retirement plan. The retiree's most valuable personal asset is his/her training as a decision maker which is much valued in post-retirement employment. They urged the class participants to qualify for social security benefits (40 units) and to consider finding some type of post-retirement employment or volunteer; just "doing nothing" will lead to a disastrous retirement.

Darlene Hong (VP-Organizational Development) provided many convincing reasons why members should continue their financial contacts with the SF Police Credit Union. Thanks Darlene for the morning beverages and treats. Darlene has completed more than 25 years service — congratulations. Thanks also to **Roy Priest**, **Art Howard** and **Paul Lane** for candidly discussing emotional problems that can arise in retirement and how to avoid destructive responses.

Other Observations

Chief Gascón continues the tradition of gifting every retiree with his/her police officer star as the Department's recognition for a job well done; this has also reduced to zero the number of missing/lost police star reports made by those members approaching retirement age.

Attendees were stunned by the costs of health coverage upon retirement. Few had realized just how good the POA Memorandum of Understanding is in keeping these costs down for members and their families. After retirement, there is no subsidized dental plan, but thanks to Proposition E (Nov. 2001 ballot) there now is a medical care monetary subsidy for the principal

dependent. The member's health care cost on retirement, depending upon the plan selected and the number of dependents included, is zero or highly subsidized. **Susan Rodriguez-Corns**, HSS benefits analyst, urged participants to take care of their dental needs before retiring. She emphasized that the HSS plans, excepting the City's plan, were geographically limited. She said that the HSS walk-in hours are 8 am to 4:45pm; phone calls are taken for four hours every day. On an average day, there are up to 200 walk-ins and over 1,000 phone calls. The plans available, as of July 2009, are: City Plan, Kaiser, and Blue Shield. City retirees are indeed very fortunate to have life-time medical care; most employers terminate health care coverage at age 65. **Clare Zvanski**, employee elected commissioner on the City Health Service Board, spoke on the funding of retiree health plans, the importance of Medicare reimbursements, and the pre-funding of retiree health care that new City employees (hired after January 10, 2009) will be required to make (up to 2% of salary) so as to pre-fund their benefits to the year 2038. Clare is the longest serving city employee on the Health Service Board. Congratulations to Clare on her recent re-election victory and to **Sharon Ferrigno** (SFPD lieutenant, Homeland Security unit) who just won a Health Service Board seat replacing retiring commissioner **Jim Deignan**.

Dr. Forrest Fulton, Ph.D. (formerly of the behavioral science unit, retired July 2003, and thereafter became a certified gerontologist) reminded the attendees that men are the suicide gender with men's rates now increasing and women's decreasing. Reason: women are better at expressing their feelings. He urged the use of stress reducers including restriction of caffeine and alcohol and the elimination of tobacco. Relying on the work of **George Valliant** entitled *Aging Well*, Dr. Fulton said that longitudinal research has shown what life styles led to a successful life. He mentioned: good attitude, positive self identity, intimacy in relationships, love-work-play in balance, career transitions, generous & giving back, keepers of meaning, mentoring other people, integrity and a personal value system, need for a retirement plan with fun and creativity, wisdom in old age, and a spiritual dimension to help give meaning to life.

Dean Hall made his first presentation at this seminar — and successful it was. He discussed fitness for life. Dean urged attendees to adopt life-styles that would ensure a longer, healthier life. His suggestions included an annual physical check-up, avoiding fatty, processed foods, adequate exercise, and a diet full of fruits, vegetables, whole grains, and protein. He distributed several booklets covering topics of healthy life style, lowering blood pressure, weight management, and control of cholesterol and stress. Dean reported on a recent study from the Cooper Institute examining national statistics on police officer life spans after retirement.

The study showed a shocking 5 year average retirement because of: lack of cardio-fitness, lack of physical exercise, poor diet lacking fruits and vegetables, failure to have annual physical exams, alcohol/drug abuse, and pre-mature heart related deaths. Thanks Dean for the good news that SF police officers have a much longer average life span following retirement.

Joining this seminar for the tenth time was retiree **Mike Gannon** (SFPD 1972-1998) speaking, robustly and vigorously, on the issue of long term care insurance. Mike is a licensed insurance salesperson (since 1984). He said that long term care is not covered by the CCSF health plans or by Medicare. As he told the attendees: "You deserve a long walk in the sunshine. You deserve the glory and honor that you earned as a public safety hero." With the average stay in a nursing home now 2.5 years and its annual cost of \$74,208 for a private room, he urged all to consider long term care insurance. Since almost 25% of original applicants for long term care are denied (medical issues), he urged picking this up in your early 50's. He thought that excellent long term plans were available from Genworth (GE), Met Life, & John Hancock; he also urged comparison with the plan offered by CALPERS. Mike quoted his favorite financial advisor, Suze Orman: "1 in 1200 homeowners will use their fire insurance, 1 in 240 automobile owners will use their auto insurance, but 1 in 2 long term care insured's will call upon their policy for financial assistance."

Retirement Board commissioners **Herb Meiburger** and **Al Casciato** helped bring this seminar to a most successful conclusion. Al and Herb proudly told the attendees that San Francisco's retirement fund is amongst the best funded in the United States. They urged the members to stay active in the retiree organizations to protect their retirement and health service benefits. Of course, with the recent passage of Proposition B improving the supplemental cola, attendees asked Herb and Al: "Will the SFERS earn sufficient 'excess returns' so as to be able to pay the annual supplemental cola at 1.5%?" Answer: Not in FY 2009-2010; but probably yes in 2010-2011. Let's hope and pray for continuing better returns thereafter.

Next Seminar

The next retirement planning seminar is scheduled for February 23 -25, 2010. The other two seminars in 2010 are scheduled for: June 8-10 and October 5-7. The seminar will be available to the first 50 persons, members and their spouses/partners, who contact the POA after the announcement is sent to all members with or near retirement eligibility. Preference is given to those members who are near retirement or who have already contacted the Retirement System for their retirement dates. The seminar fills up quickly so don't delay. Contact Courtney at the POA (861-5060) if you desire advance notification for these seminars.

Wilderness Program 2009 — Camping

By Mike Rivera, Wilderness Program

Even though a lot has changed in the last five years, the Wilderness Program continues to steadily move along. We got off to a great start this past September with day hikes to Angel Island State Park with elementary school students and the trips continued into December. The elementary school students seem to have endless energy and really enjoy the hikes as they encourage each other to keep going as some of their classmates begin to lag. The parents, however, have to dig down a little deeper and pull out those wonderful smiles that keep their children going.

We kicked off the backpacking trips in October with James Lick Middle School for a 3-day 2-night trip to Angel Island State Park. This is the first time in many years that James Lick has participated on a backpacking trip and we were happy to have them. Along with great weather they had the added excitement of seeing the Blue Angles fly. Aptos Middle School stepped up next in October and Marina Middle School followed in November for exciting and challenging trips.

We also participate with Blue Water Foundation to provide sailing trips in San Francisco Bay for middle and high school students that allow the students to steer a 40' sail boat and spend time with police officers.

By the time you read this we will be well into the spring 2010 program that we are looking forward to. Most of the students have no idea what they are getting into until we start up the first hill with the heavy backpacks. The looks on their faces tell all. In the end they all have a great experience and come away more confident and with a more positive image of police officers.

Included are the trip numbers from Sept. Thru Dec. 2009 as well as essays

written by the students and photos of the trips.

I would like to thank Chief George Gascón, Deputy Chief Kevin Cashman, and my fellow participating officers for allowing the Wilderness Program to provide our children with these rich educational opportunities.

The Wilderness Program is administered by the San Francisco Police Department's Juvenile Bureau and is funded by grants and donations. All donations should go to:

Supporters of The San Francisco Police Department's Wilderness Program
220 Montgomery 15 Floor • San Francisco, CA. 94104 • 415-986-4059

The Wilderness Program is now listed as a Combined Charities organization under "Local Independent Charities." The code is L2306, Supporters of the San Francisco Police Department's Wilderness Program.

All donations are tax deductible and greatly appreciated.

San Francisco Police Department's Wilderness Program Summary: September through December, 2009

Adventure	#Programs	#Youth	# Officers
3-Day Backpacking. (Angel Island)	3	42	4
1-Day Hike	10	206	19
Middle School Sails	6	84	6
Total	19	332	29



Oct. 9, 2009

What I learn in this field trip is that I could actually walk 4 miles and I thought I couldn't but now I think I could. Another thing I learn about this field trip is that the police are nice and you could trust them because I used to think that they were mean by there mad faces. I really liked this field trip. I think I learned that you could trust on people because another thing is that I used to not trust on people very much because they could do something to you and in this field trip met new people. I think Angel Island is a good place to go camping because it was cool going to Angel Island and I thought Mr. Rivera was doing a good job on his work because I learned a lot about him he was funny nice and cool and I liked his attitude but 1 of the things I didn't like was that there wasn't a lot of girls and there were more boys but it was fun and cool I relly liked this field trip it was the best field trip I had have so I think you should keep this field trip going for all the schools for that could learn that in USA these are cute places to go and for they could learn more about the future.

Cindy P.

Oct. 9, 2009

What I learned about myself in this trip was that I can do things I want if I put my mind into it. For example, on the hiking, I thought that I was not going to make it. But I felt confident with myself and put my mind into it and made the hike. Also, I learned that I can trust other people more than I do. For example, in the night hike, we all cooperated with each other as a group, one team, and made it.

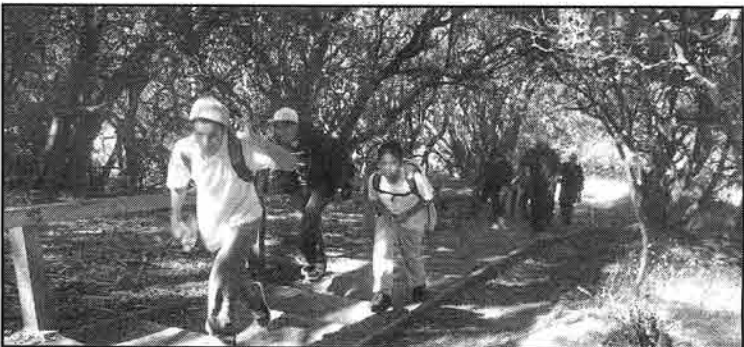
Also, I learned on how to live out of the city and technology. For example, we hiked, walked around with no iPods, cell phones etc. and still had a great time. I also think that it is a good way to cool down the earth from global warming.

Gerardo Juarez

Oct. 9, 2009

I learned a lot of things about myself. Thing like that if I push myself to my limit I can almost do anything I want. I also learned that I can trust other persons so I don't get hurt. Another thing that I learned about myself is that I can make friends really easily. One other thing that I learned about myself is that police officers are really nice. And they really do care for youre well being. Another thing I learned about myself is that I like nature cause it is cool and you can get dirty and have fun. I also learned about myself that I don't like long hikes I prefer short hikes.

Marco Martinez



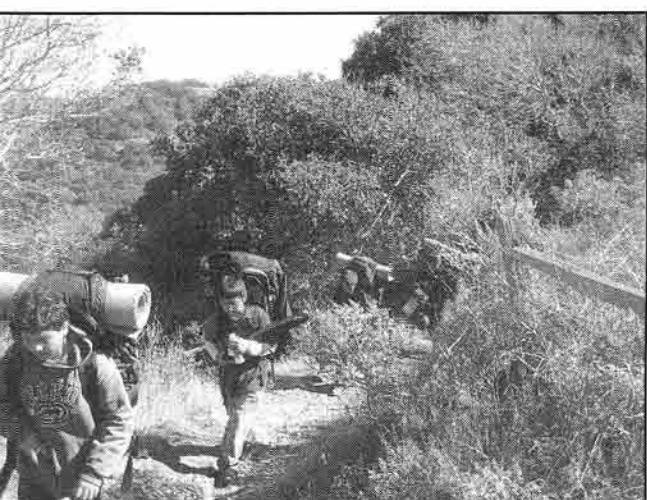
g and Backpacking on Angel Island



Oct. 9, 2009

When I went to Angel Island to camp out for three days, it was fun. But what I didn't like was that we had to walk 11 miles to the camp with those 25 pound bags on our backs. Everything else was great and fantastic. I would do it again. What I liked the most about the trip was that we got to take a boat there and go on a night hike to see that amazing view. Once again I would love to do that field trip again. By the way the food Mike had cooked was very good and delicious.

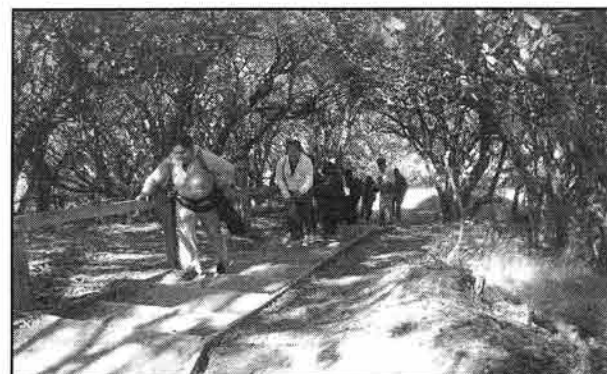
Quincy Norton



Oct. 9, 2009

On the camping trip I learned lots of new things about myself and the people around me. I learned that if I put my mind to something, I can do it. I also learned that most of the people around me can help me in different ways. On the trip I learned that not all cops are bad. It's just that if you're bad, then a cop will do the same thing back to you. The difference I feel about cops now and before is before I thought cops are going to take you to jail. Don't go to them. Now I know that cops are here for one reason: to help us be us and help us not to be someone else besides yourself. This trip helped me a lot. Some of the things it helped me with was teamwork and trust the people around you even if they look scary or act funny it doesn't matter. I would like to thank Officer Rivera and the people who started this program. I hope that more people see how much fun this program is and how much you can learn from it.

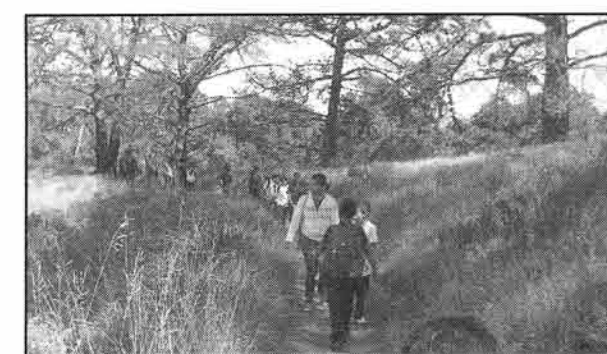
Thank you,
Kevin Chan



Oct. 9, 2009

I will tell you what I learned on this trip is: I can push myself and eventually get use to it. I also learned how fast I can make friends and how much I can trust them so quickly. I also learned how to solve problems with teamwork. I also learned that I am very stronger than I thought I was and will continue to push myself just a little knowing that it is possible. I learned that you always have to be prepared. I learned to never wander off and always have fun were ever you go. I also learned how to be in nature without any technology or junk food whatso-ever. I also learned to follow directions or else it has quensigences. I also learned how to go on without any sweets or juice or even a soft confy bed or a pillow and I had to use a smelly bathroom but it was still fun in every way.

Joshua Rivera



Oct. 9, 2009

I learned I can do anything and nobody can stop me but myself. When I got to school I thought I would not make these 3 days without technology. I thought that I couldn't live without taking a shower but I did. I said I could and live for these 3 days. Even though the bathroom smelled real bad, I learned that this is how our "things we take out" smelled. When I started going up the first hill I got tired and couldn't continue. But Mike, the officer, made me believe I could. I went with only one thing on my mind, "I can do this." I didn't really know how to use my water and didn't drink any on the way. After a while I realize that I needed to drink it to get energy and not faint. When we walked for one hour I was so so so tired that I didn't realize we were only half way there. But I made it after one hour more. After that, at night it was all worth it because we had a blast before we went to sleep. Also I enjoyed the marshmallow. I learned that I can do anything and no can stop me.

Hector Chan

Oct. 9, 2009

I learned that if someone be positive with you and respect you you can trust him. Also I learned that if I want to be a police man I have to study to much so I can be a very good officer. Also I learned that if you go to camping with 3 teachers and 15 student, and went we eat and you don't like the food that the teachers made you have to eat it or to give it to another person but you do not have to trash it. I trust some of my friends because they did respect me and be positive but some of ones were saying a lot of bad words to me that I didn't like it.

I learned that you have to respect everyone that is around you and be positive to them because if you not respect them they are not gonna respect you.

Luis A

Oct. 9, 2009

I learned that I can do everything that I want to do. I learned the cell phone is not that important that I can do others things that are fun and helpful. I learned that friends are good but don't do everything they do or said. I felt so happy because I was 1 of 16 people that went to the field trip and because I made friends from 6th grade and 8th grade and it feels good to help others peoples and they help me.

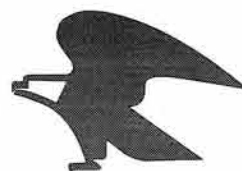
Mr. Rivera (Mike)

Gracias por todo y cuidese porque su trabajo es muy peligroso. Y otro vez muchas gracias por ensenanme que yo puedo lograr lo que yo quiero. SFPD

Maria Ordenez



POA MAIL



Dear Gary —

Tomorrow's my last day and again I wanted to thank you and the POA for bringing our salaries/retirement/benefits to the top of the industry.

Me and my family will live much more carefree thanks to you.

Best wishes on your last year or so- it's been a real roller coaster ride for both of us, but I would not have traded it for anything!

Ron Roth

(Now) Retired Captain, SFPD

Dear SFPOA —

How very thoughtful of you to remember me at Christmas. I was deeply overwhelmed with your generosity. With your gift I was able to create Christmas for several families at St. John's School, give aide to our sisters in Mexico and Angel's Piazza — an Ursuline woman's shelter in Montana. Thank you for making al of this possible. It is truly an honor, for me, to walk with our officers as chaplain. I hope I can always be a help when the need arises.

May the New Year bless all of us.

Love,

Lillian Repak

Dear POA —

Thank you for the lovely flowers sent in my mother's name. It was very thoughtful of you and the POA.

Mom believed in police officers and prayed for their safety every day.

Denis O'Leary

Dear POA —

Thank you so much for the money. I am going to spend it in Disneyland. (His favorite vacation was there.) I can't thank you enough.

Jimmy Lamerdin

Dear POA —

Thank you.

Nick

Dear POA —

Thank you for the check.

Michael

Dear SFPOA —

Thank you so much for the gift to the boys. They are going to use the money for spending money on our "Moose Memorial Cruise" to Alaska.

The SFPD has gone above and beyond to support our family during this difficult time.

Thank you.

V. Lamerdin

"Moose's" daughter

Dear SFPOA —

Thank you very much for keeping both of us in your thoughts and prayers this holiday season. Our second family, the police community here in San Francisco, has always been there for us and we cannot express how grateful we are for everything you have done for us over the years. Merry Christmas and a safe and happy New Year to all of you.

Love,

Dan and Kevin Hallisy

Dear SFPOA —

Thank you for the flowers at our father, Gus Bruneman's (1784) funeral on December 12, 2010. Our mother truly appreciated the way the SFPD honored his memory as a retired commander.

Sincerely,

**Mark, Lorie, Erik,
and Kurt (Lt. SFPD) Bruneman**

Dear POA —

Thank you for the beautiful floral arrangement and card in honor of mom. They both were a lovely tribute to her memory and gave us great comfort.

Mary and The Family

Dear SFPOA —

I just wanted to express my gratitude for your generous gift you gave us. I really appreciate your gesture and your unconditional care for our family. It has made all the difference during this experience. I hope you all have a wonderful Christmas and New Year. Take care, and stay warm.

Sincerely,

Brigid Walsh

Dear POA —

Thank you so very much for the check. It was extremely kind of ya'll to think of us this time of year.

You guys rock. I hope you all have a good Christmas and happy New Year.

Colleen

Dear POA —

Thank you so much for the special Christmas surprise. You are very kind and generous. Happy Holidays!

Molly Walsh

Dear SFPOA —

Thanks so much for the check you guys sent me. It really meant a lot and came at a good time. Hope you all have a very merry Christmas and blessings in 2010!

Thanks again,

Brendan Walsh

Dear Marty —

This has taken me long enough and for that I apologize! I want to thank you, your committee, and the POA for their support of Riordan H.S. and their athletic program. Because of your generosity, the golf tournament raised nearly \$35,000 which will go directly to remodeling the boy's weight room. John Hallisy put together a foursome that included Rich Dalton and John Mino. These Riordan grads had a wonderful time!

Next year, we'd like to have you join us for this fun event!

Have a blessed Christmas and a healthy New Year!

With gratitude,

Al Trigueiro

Dear Friends —

Thank you so much for your gift of 25 turkeys to St. Anthony Foundation, which you made on Wednesday, November 25, 2009. Your gift will light the lives of thousands of poor and low-income people who turn to St. Anthony's for hope and a brighter future.

Sonny is one of many of our guests who simply needed a second chance. He'd been to prison for eight years and emerged into a world that was utterly changed. He knew how to work. But in a world where so much is handled on the internet, he didn't know how to get a job.

St. Anthony staff in the Tech Lab trained him how to search for employment online, develop a resume and cover letter, open an email account, and apply for jobs through the internet. Within a month of coming to St. Anthony's, Sonny had the job he needed to begin again.

At St. Anthony Foundation, we work with low-income people who need extra help or a second chance. Your gift lights a candle of hope for those who feel the rest of the world has given up on them.

Thank you for being part of this work. Thank you again for your gift.

Sincerely,

Linda Pasquinnucci
Deputy Executive Director
St. Anthony Foundation

Dear SFPOA —

As we launch into our next half-century, we wish to thank the San Francisco Police Officers Association for your extraordinary support of the San Francisco Police Activities League in 2009.

Your generous sponsorship of SFPAL was pivotal in helping us to maintain our support for thousands of San Francisco youth during these

challenging economic times.

Your support helped us to:

- Celebrate our 50th Anniversary of serving tens of thousands of San Francisco youth.

Honor nineteen men and women Champions, thirteen of whom were members of the SFPD. into our inaugural PAL Hall of Fame.

Partner with the Ingleside Police Station to initiate new community policing efforts with kids including new officer-coached basketball teams with kids living the Sunnydale Housing Development.

Support 200 PAL Seahawks football players and cheer/dancers from the Western Addition and Bayview in winning seasons. Three of the Seahawks Cheer/Dance teams once again competed and won championships at the National Pop-Warner Super Bowl in Florida.

Provide healthy activities for more than 5000 kids throughout San Francisco with the dedication and time of 800 adult volunteers.

This year we will be focusing on growing and strengthening our PAL Law Enforcement Cadet program and improving our support of SFPD community policing efforts. Exciting opportunities also include starting our own SFPAL Jr. Giants League focusing on the southeastern sector of the city with collaboration of the Bayview and Ingleside District Stations.

Thanks to the San Francisco Police Officers Association, the SFPAL was born half a century ago. And thanks to your support, we will continue to serve San Francisco kids for another 50 years.

Wishing the best to all of you in 2010.

Sincerely,

Lorraine Woodruff-Long

Executive Director

Captain Rick Bruce (Ret.)

President, Board of Directors
SF Police Activities League

Dear POA —

I wanted to once again thank you for helping to make our 50th anniversary and Hall of Fame event such a success. Many of you who attended the event have remarked that it was like attending your high school reunion, except that all of the other high schools in town were holding theirs at the same time and the same place.

For others, particularly the many retired department members who attended, it was a chance to reconnect with some of the men and women with whom you shared your career, and to talk about life after the SFPD.



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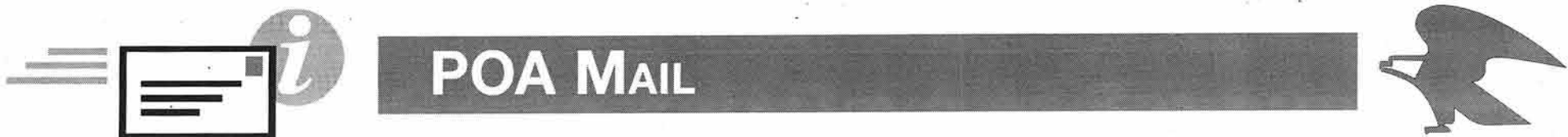


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(SFPD Member 1981-90)
Call (415) 302-2500



Al McCarthy, Realtor
(Retired/SFPD Member 1974-03)
Call (415) 246-1753

Please call Vince Sheehan
and Al McCarthy for all
your real estate needs



But for everyone who attended, it was a chance to honor the many Hall of Fame inductees, particularly our founders. We would like to take a moment to remember Commander Gus Bruneman, who passed away last week. His legacy, and the legacy of all these men and women who have given so much of themselves, lives on, and will always remind of us of why there is a PAL, and why we continue to support our PAL.

Sincerely,
Capt. Rick Bruce,
Board President
SF Police Activities League

Dear SFPOA —

Our thanks to you and the San Francisco Police Officers Association for the recent payment of \$10,000 towards the \$50,000 pledge for the National Law Enforcement Museum. With your generous support we are making progress towards our Campaign goal. This will put us closer towards groundbreaking and making the Museum a reality.

Again, we are truly grateful for your generous support.

Sincerely,
Sara Pollack
Gift Accounting Coordinator
The National Law Enforcement Officers Memorial Fund

Dear POA —

On behalf of all the members of Police-Fire Post #456 of The American Legion, we sincerely thank you for your generous contribution for our Christmas Veteran's Hospital visit. Because of people and organizations such as yours, we are able to continue our charitable efforts and touch the lives of our oft forgotten veterans who have given so much to our country. We appreciate your donation. You have made our visit to the Fort Miley Veteran's hospital a huge success.

Sincerely,
Robert W. Belt
Police-Fire Post #456 San Francisco

Dear SFPOA —

On behalf of the Board of Directors, staff and clients of Curry Senior Center, we thank you for your generous donation of \$1,000. Your donation will help provide needed services to the many low-income, frail seniors living in San Francisco's Tenderloin neighborhood.

We also want to acknowledge a few of your officers who have made a difference here in the Tenderloin.

Sgt. Dennis Quinn (Ret.) and Capt. Jere Williams have had a long history of support for our senior services, especially Curry Senior Center's Mealsite and primary care clinic. We also recently welcomed Capt. Dominic Celaya in his new position as Captain of the Tenderloin Station, continuing the tradition of regular presence.

Curry Senior Center's mission is: "to provide services to seniors that promote independent living while maintaining their dignity and self-esteem."

Thank you for your support!

Sincerely,
David Knego
Executive Director
Curry Senior Center

Dear SFPOA —

Thank you for your generous donation to the Westmoor Junior Varsity Soccer Team. Your donation has made it possible for the purchase of badly needed uniforms and equipment that will be used for years to come.

From myself, the Westmoor Junior Varsity Soccer Team and the Staff at Westmoor High School, we greatly appreciate your generosity.

Happy Holidays
Officer Robert Vernengo
Mission Station

Dear SFPOA —

Each day during the holiday season, there is something wonderful going on in San Francisco. Down at Old Station 30, off-duty firefighters volunteer their time to make sure that each child in San Francisco has a smile on their face when they unwrap donated gifts from the San Francisco Firefighters Toy Program. Station 30 turns into Santa's Workshop, donated toys are placed on shelves according to age and volunteers bag toys for 200 families a day. While this is happening, we have Santa visiting some very special kids at the San Francisco hospitals as well as child development centers and schools.

The San Francisco Firefighters Toy Program would like to thank you for your generosity. It is because of bighearted people like yourselves we are able to do what we do. There is a saying in the firehouse that many hands make light work and because of you we were able to assist over 47,000 kids. We gave toys to individual families, as well as homeless shelters, battered women's shelters, HIV groups, and many additional places. Where there was a child in

need, we tried to help.

The San Francisco Firefighters Toy Program is the city's largest, as well as the oldest, Firefighter Toy Program in the United States and is sponsored by the San Francisco Firefighters Union, Local 798. The program has evolved from a few firefighters repairing broken toys and bikes for fifteen families in 1949 to over three hundred firefighters and their friends volunteering. The Toy Program relies solely on donations to stay afloat each year. This includes placing toy barrels at businesses, street fairs, holiday parties and other functions. We wish you a happy season filled with joy and may the coming year be overflowing with all the fine things in life.

Sincerely,
Sally Casazza
San Francisco Firefighters Toy Program Chairperson

Dear POA —

On behalf of the Philippine Exchange Training Team I would like to express our gratitude for the monetary support you have generously given to each of the SFPD/POA members. Each of these members has given so much of their time and personal funds to keep this program going. Keeping a completely volunteer program alive in these hard economic times has been challenging. Your thoughtful contribution is very much needed and appreciated. Over the past 29 years that I have been a POA member, the Association has always stepped up and supported a diverse variety of community-related programs.

Sincerely,
Eric Quema

Dear SFPOA —

On behalf of the trustees, staff, and volunteers of San Francisco Parks Trust, we thank you for your generous gift of \$500 made recently for Community Partners United. As the fiscal partner of more than 50 neighborhood organizations, events, and park groups, like Community Partners United, San Francisco Parks Trust is working to maintain, develop, and provide support for pro-

grams and projects that link parks and open green space with community.

Once again, thank you for coming to the aid of community groups who want to improve and take care of their parks and recreation centers. Your generosity enables our Park Partners to fund invaluable programs that revitalize, reforest, and restore San Francisco's parks, green space, and playgrounds, benefiting everyone in our community.

Sincerely,
Karen Kidwell
Executive Director
San Francisco Parks Trust

Dear SFPOA —

I want to thank you for your generous contribution to my re-election campaign for San Francisco Supervisor, District 4. Your support ensures a strong foundation for me to continue the work we began over two years ago.

In District 4, and citywide, we have begun making investments that will benefit residents for generations to come. Both the Ortega and Parkside branch libraries are currently under construction and spaces like the Sunset Recreation Center and McCoppin Square are slated to see \$19 million in seismic and accessibility improvements.

In this difficult economic climate it is increasingly important to look for ways to support our local businesses. As such, I have been working on efforts to streamline city contracting to improve local business participation, increase the vibrancy of our merchant corridors, and create jobs that put San Franciscans to work.

Now, more than ever, we need to work together to bring the City's structural budget gap to a close. While this will require many components, I plan to use the experience and expertise I have gained in budget and finance to refocus our city on our long-term responsibilities and fundamental city services.

Best regards,
Carmen Chu
Supervisor, District 4

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News From the District Attorney's Office

Tenderloin Armed Robber Sentenced to Life in Prison

SAN FRANCISCO, CA — District Attorney Kamala D. Harris announced December 11, 2009 that Kenny Kent (CN 2385816), 39, was sentenced to life in prison for his role in a 2008 robbery and shooting in the Tenderloin that left a 14-year-old boy injured with gunshot wounds. Kent was prosecuted under California's "Three-Strikes" law and will not be eligible for parole for 35 years.

"ADA Beckelman and the San Francisco Police Department worked hard to secure Kent's conviction and sentence," said District Attorney Kamala D. Harris. "Together, they ensured that Kent will never have a chance to victimize another San Franciscan."

Kent and an accomplice, Totua Totua, 28, robbed two young victims on September 18, 2008 at approximately 1:30 a.m. on the 500 block of Hyde Street. Both Kent and Totua were armed with guns when they approached the two victims, one of whom was a 14-year-old boy. The boy

testified at trial that Totua told him to "[g]ive me everything f---er" and proceeded to rob him of his cell phone and cash. As the two victims were being robbed, the adult victim fled for his safety and yelled for help. As that victim fled, Totua shot the 14-year-old boy in the leg. Witnesses at the scene provided police with a description of the suspects' vehicle, a silver minivan. An hour later, the San Francisco Police stopped the minivan. The police contacted the driver of the minivan, Kent, and recovered the victim's cell phone from Kent's possession. A few hours later, the cell phone was brought to the hospital and the juvenile victim identified the phone as the one taken during the robbery. The next day, the injured boy identified Kent as one of the robbers, but did not identify him as the triggerman. The SFPD obtained and executed a search warrant on Kent's residence and recovered two firearms. Samples taken from one of the firearms led to a DNA "match"

with defendant Totua. At trial, the victim identified the gun with Totua's DNA as the same gun used during the commission of the robbery.

The case went to trial in early September 2009. On October 20, 2009, after a lengthy jury trial before the Honorable Carol Yaggy of the San Francisco Superior Court, the jury convicted Kent of four felonies: robbery (a violation of section 211 of the Penal Code); attempted robbery (a violation of section 664/211 of the Penal Code); and two counts of assault on a person with a firearm (violations of section 245(a)(2) of the Penal Code).

Kent has two previous convictions for robbery in San Francisco. Kent's first robbery conviction was on July 17, 1989 and his second conviction was on December 21, 1994. Kent had been sentenced to a total of 8 years in State Prison on those earlier robberies. Because of the Kent's previous robbery convictions and extensive criminal history (both of which count as

felony "strikes"), he was eligible to be sentenced under California's "Three-Strikes" law.

On December 11, 2009, in Department 17 of the San Francisco Superior Court, Judge Carol Yaggy sentenced Kent to 35-years-to-life in State Prison.

Kent and Totua were to stand trial separately. After Kent's conviction, Totua chose to forego his trial and pled guilty to two felony "strikes" related to the incident. He was sentenced to 15 years in State Prison.

The arrest and prosecution of defendant Kenny Kent and Totua Totua is the result of a first-rate investigation by San Francisco Police Department Officers Alicia Castillo and Oscar Barcena, who were part of the FRET (Fugitive Recovery Team), which is an arm of the Gang Task Force.

Assistant District Attorney Elliot Beckelman tirelessly prosecuted the case.

Federal Government Study Shows Tasers and Other Less Lethal Tools Protect Police and Save Suspects

From Reuters, December 4, 2009

NEW YORK — As less lethal weapons rose in popularity and availability during this decade, local police departments tended to develop their own internal policies governing them, the study's authors note in their report in the December issue of the American Journal of Public Health. The Department of Justice funded the study, one of several it says it will use to determine which "use of force" policies allow police to work most safely.

One concern of Amnesty International and other Taser critics is that police are more likely to use Tasers in situations that would not have called for physical force. That could mean that even if the injuries sustained by suspects are less severe than those they would have sustained during the use of other physical force, there are more injuries overall.

At least 350 people have died after they were Tasered, according to Amnesty International. It's unclear why, but in many well-documented cases, the victims were highly agitated, drugged, or had chronic medical conditions. Taser International says that the device's barbs cause skin punctures, and if used improperly, Taser fire

can cause subjects to fall from a height or injure the face or groin.

"If you just do a simple comparison between cases where they use a less lethal weapon and those where they don't, you get the impression that the weapon causes injury," said John MacDonald, a criminologist at the University of Pennsylvania who led the study.

To make their comparison more meaningful, the authors took a number of factors into account. In particular, they compared the number of times police had conflicts with suspects when officers had Tasers to when they did not.

Police usually resort to Tasers and pepper spray in more dangerous situations where injuries are more likely to occur, MacDonald said. In comparing records of more than 24,000 police officer and suspect conflicts from 12 different police departments, MacDonald and his colleagues found the risk of injury to suspects apprehended with less lethal weapons typically fell more than 60 percent compared to the risk to suspects who were arrested without

the devices, when all other conditions were similar.

(Police department records did not specify the type of conducted energy weapon being used, but given Taser International's market share, MacDonald believes 90 percent of the devices were Tasers.)

MacDonald's team zoomed in on the Orlando, Florida and Austin, Texas police departments, because they both had records before and after the implementation of less lethal weapons. Orlando's rate of suspect injury dropped 53 percent after the Taser rollout, and officer injuries dropped 62 percent. The impact in Austin — where the Tasers were phased in slowly — was smaller but still significant at 30 percent less for suspects and 25 percent less for officers.

Taser International spokesperson Stephen Tuttle said his company — which had nothing to do with the new study — is thrilled by the new scientific support. "Taser has taken it on the chin for a number of years," Tuttle told Reuters Health. "This is really a watershed for Taser in terms of finally

getting some actuarial, epidemiological data out there to show that Tasers are really reducing injuries."

One heart specialist who has studied deaths linked to Tasers said he still thinks all agencies who use Tasers should have automatic external defibrillators (AED) on hand in case it is necessary to restart suspects' hearts. "The study does nothing to examine the harm side of the Taser equation (as our study did), only the benefits side," Zian Tseng, a cardiologist at the University of California, San Francisco, wrote Reuters Health in an email.

MacDonald said requiring an AED in the back of every police cruiser would be disproportionate to the risk. He said that physical force "is much more likely to cause injury and death. For the average case where someone is struggling, Taser is better than getting hit with baton or a flashlight."

Still, "if there are other less lethal devices that people can invent that can cause even less harm that's great," he said.

SOURCE: American Journal of Public Health, December 2009.

Submitting Obituaries and Memorial Tributes

Any member may submit a separate memorial tribute to a deceased member. Any such piece will not appear in the matrix, but will be placed in the Mail section, or, with prior approval of the editor, as a sidebar piece. The Journal will also accept and publish in the Mail section short letters about a deceased member written by a person in the immediate family. However, the Journal will not reprint obituaries or photos that were published in any other print media, web site, or Internet blog.

Deaths

The POA Journal was notified* of the recent deaths of the following POA or SFPD members, sworn (s), non-sworn (ns), active duty, or retired:

Name of Deceased	Date of Death	Age	Status	Notification by:
John Edmund Bain	January 20, 2010	60	S, Retired	Rene LaPrevotte
Mary Ann Cafferata	January 20, 2010	56	NS, Active	Bob Mattox
Glen Ghiselli	December 31, 2009	59	S, Retired	Maggie Ortelle
Robert J. Harwood	December 29, 2009	40	S, Active	Rene LaPrevotte
Monsignor John Heaney	January 29, 2010	82	NS, Retired	Rene LaPrevotte

*Notifications are made by a POA member, family member, or other reliable source. The POA Journal believes the information to be true and correct, however the staff or employees of the SFPOA make no official confirmation.

Book Reviews

The Semantics of Murder

By Aifric Campbell

Reviewed by Dennis Bianchi

This book is best described as intriguing. It is unlikely to be found on an American best-seller list, although it has been lavishly praised in Europe. The author, Aifric Campbell, was born and reared in Ireland but educated in schools throughout the world. In 2005 she was granted a fellowship at UCLA. She had become interested in the 1971 murder of a Professor of Philosophy at UCLA, Richard Montague, who was discovered strangled to death on the bathroom floor of his home in Beverly Hills, CA. He was 41 years of age and was considered extremely brilliant. He was working on a mathematical analysis of language, particularly semantics. He was also gay, promiscuous and preferred picking up men from the streets. The LAPD has not solved his murder to this day. The author has studied both psychotherapy and creative writing and found this murder to be perfect for her expertise. I agree.

Dr. Jay Hamilton is a successful American psychotherapist who has moved to London, England. He has become successful and comfortable. He also has things to hide. Without his patients' knowledge or permission, he uses their tales of psychological imbalances, of anguish and sorrow to create best-selling novels under the pen name J. Merritt. His urge for fame and wealth supersedes his patients' need for care and therapy. As the story progresses one realizes that his patients are not the only ones in need of help.

The value of therapy is challenged in this novel. The author seems to have made it clear that one should be very cautious about any counseling that he or she might seek.

Dr. Hamilton has set up shop in London, believing that the weight of the circumstances surrounding his brother's murder in Los Angeles, California will be lightened by the distance. His success and confidence are upset when a young attractive female biographer, wishing to write about the doctor's brother begins digging a bit deeper than the L.A.P.D. Her choice of questions, her understanding of the case and the victim creates an uncomfortable situation with the therapist and, coupled with a crisis in one of his client's treatment, old stories begin to unravel.

When the action is in the United States the scene is often the San Francisco Bay Area, which made it easier for my mind's eye to picture where and what was happening, a nice plus. On the other hand, the author uses very graphic and harsh descriptions of sexual encounters, which may not please all readers. Mercifully, she uses those scenes sparingly. The book is not just a murder mystery or a psychological thriller; it asks tough ethical questions and examines the dynamics of family life. If you don't see it on a shelf in your favorite book store check it out on Amazon.com or your favorite e-store. If you like your mysteries a bit more cerebral Ms. Campbell is worth your time

Windshift

By Andrea De Carlo

Reviewed by Dennis Bianchi

Continuing this month's reviews with another European writer not found on American best-seller lists, *Windshift*, by the currently very popular Italian writer Andrea De Carlo, is a smoothly written and clever examination of modern life when the electricity disappears and cell-phones aren't functioning.

Four successful people who have been friends for many years decide they want to look at some country property, perhaps to be developed into their vacation get-away condominiums. They have been informed of just such a project somewhere in the hills of Umbria by a young fast-talking empty-suit of a realtor, Allesio. Allesio picks the group up in Milan and the quick wit and sharp criticisms begin immediately. The tempestuous Margherita, a star on local television and having the appropriately huge ego, and Allesio do not hit it off at all, in spite of Allesio's immediate star-struck view of her. The relationship will deteriorate throughout the novel and provide some great fiery exchanges. Luisa is an editor of some authority and heft and her husband, Enrico, is an architect who is wired a bit too tightly; Arturo, a design engineer, fills out the group.

As they make their way to the site the scenery changes from big-city to rural and some of the group tries to relax while others, particularly Margherita, can't leave behind their professional lives and worries. That will be altered shortly.

Rather than follow the plan to spend the night at the projects' main building the group asks Allesio to drive them to the individual units. He agrees, but to the great misfortune of all. The mini-van they are riding in

becomes stuck in a ditch and breaks a suspension part; it has become dark and, if that's not enough, it begins to rain. Not one of their cell-phones can function. They are forced to walk in search of help and find a group of derelict buildings that, having been abandoned once, are now occupied by a group of aggressive "back-to-nature" activists; folks sharing nothing with anything resembling modernity or the lost Milanese professionals. In a very short time it is discovered that this run-down group of buildings is the so-called "project of opportunity" where Allesio had been taking them, a site the smooth-talking salesman had never seen before. As disappointing, even crushing as that news was, the back-to-nature group becomes a much bigger problem. Led by the charismatic Lauro and the seemingly brilliant Arup, this band of rebels begrudgingly assist the Milanese while holding them in contempt. As the hours become days the reader learns that the activists have made enemies of other groups living in the surrounding hills and the Milanese become targets as well. But the real enemy for the city-dwellers turns out to be themselves and their delusional ideas of themselves. By the end of the book much more than a trip has been ruined, much more than an automobile part destroyed.

De Carlo is very good at creating so many different characters; that all come alive. He is also great at setting the stage for interaction among those characters. Not all of his other works have been translated into English, but this one is unique in that he did the translation himself. He came to the conclusion that translation was much more difficult than he realized. I'm looking forward to reading more from him.

Read This Before Forwarding Email

Submitted by Rene LaPrevte,
POA Internet Security Advisor

By now, most people are familiar with www.snopes.com and/or www.truthorfiction.com for determining whether information received via e-mail is true or false. Both are excellent sites. Below is their advice.

Advice from snopes.com

1) Any time you see an e-mail that says forward this on to '10' of your friends, sign this petition, or you'll get bad luck, good luck, or whatever, it almost always has an e-mail tracker program attached that tracks the cookies and e-mails of those forwarded addresses. The host sender is getting a copy each time it gets forwarded and then is able to get lists of 'active' e-mail addresses to use in SPAM e-mails or sell to other spammers.

2) Almost all e-mails that ask you to add your name and forward on to others are similar to that mass letter years ago that asked people to send business cards to the little kid in Florida who wanted to break the Guinness Book of Records for the most cards. All it was, and all any of this type of e-mail is, is a way to get names and cookie tracking information for telemarketers and spammers — to validate active e-mail accounts for their own profitable purposes.

You can do your friends and family members a great favor by sending this information to them;

you will be providing a service to your friends, and will be rewarded by not getting thousands of spam e-mails in the future.

If you have been sending out (Forwarding) the above kinds of e-mail, now you know why you get so much SPAM!

Do yourself a favor and stop adding your name(s) to those types of listings, regardless of how inviting they might sound.

You may think you are supporting a great cause, but you are not. Instead, you will be getting tons of junk mail later. Plus, we are helping the spammers get rich. Let's not make it easy for them.

Also: e-mail petitions are NOT acceptable to Congress or any other organization. To be acceptable, petitions must have a signed signature and full address of the person signing the petition.

ALSO: PLEASE REMOVE ALL EMAIL ADDRESSES STILL ATTACHED BEFORE YOU FORWARD A MESSAGE. IT IS PUTTING EVERYONE'S NAME OUT THERE.

Most people use a nickname for their email just so their real name is not out there on the Internet. BUT... if YOU have listed their real name in your contacts, it will also show up next to their email address. Be a friend and delete all the names before forwarding. Even better, send everything by BCC. That's BLIND CARBON COPY. That way NO names will ever show up on an email.

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Retirement Incentive Leads To ‘Brain Drain’ At Long Beach Police Department

From The Contra Costa Times, January 3

LONG BEACH, CA – The New Year will be a leaner one for the Long Beach Police Department following the retirement of more than 30 officers responding to city-offered incentives within the past three months.

A total of 33 officers filed notice of intent to retire between Oct. 1 and Dec. 29, said Sgt. Dina Zapalski, a Long Beach Police Department spokeswoman.

Almost half those positions, 15 to be exact, were sergeant posts, Zapalski confirmed last week.

The rush to retire was prompted by a deal offered by the city to veteran officers, particularly those holding the position of sergeant, several officers explained.

For some, retiring by the Dec. 31, 2009, date could mean an extra \$7,000 every year in their pension, several retiring officers said.

If they waited until Jan. 1, 2010 or later, that extra bump was im-

mediately reduced by about \$6,000, officers said.

“I really hadn’t planned on retiring for another three or four years, but this was too good to pass up,” said one sergeant.

The retirement incentives are part cost-saving effort by the city, which is still struggling to come to terms with an \$11 million general fund deficit in the 2011 fiscal year, followed by a \$21.7 million deficit in the 2012 fiscal year.

While many are glad to see the cost-savings from the incentives, a number of officers remaining on the force are less than delighted at the loss of the veterans.

Official average yearly retirement numbers were not available last week, Zapalski said.

But a number of officers who spoke on condition of anonymity said the recent exodus coinciding with the new contract — which took effect on Oct. 1 — resulted in well more than half the number of officers who typically leave during a full fiscal year.

“It’s bad enough that we’re losing some of our best officers because the city can’t maintain a budget, but we don’t even know yet if they’re going to replace some of the positions or get rid some departments or combine departments; everything is up in the air,” one frustrated officer said.

City and Police Union officials announced last September they will save more than \$7 million this year, and more than \$15 million over the next five years, with the new contract that took effect at the start of October. Authorities noted then, however, that the department still had to cut more than \$8 million to make budget.

Part of the budget could be reached by taking positions once held by sworn officers and turning them into civilian jobs, officials said.

Another way to reduce the budget involved early retirements and, possibly, job eliminations, the city warned.

At the time of the signing of the new contract, 32 positions were marked for elimination to meet the goal.

Part of that plan initially called for the elimination of 14 sergeant positions, although that number was eventually dropped to 10, Zapalski said.

With the 15 recent retirements and a number of the 10 positions already chosen for civilian jobs, the goal to reduce the sergeants’ pool was met and well surpassed. The LBPd is now down 11 unfilled positions, Zapalski said.

“Acting sergeants will be used, which is when we take an officer who has a lot of experience and have them fill-in as sergeant until the position is replaced,” Zapalski explained.

It was not yet known when the replacements, or promotions, might happen, she said.

That lack of certainty seems to have fueled fears among those already upset over the loss of veteran and knowledgeable officers.

“They need to come up with a plan, and quick, because morale is dropping,” said another officer. “If they don’t care about morale, they’re going to care about the problems that come with a lack of effective and respected leadership.”

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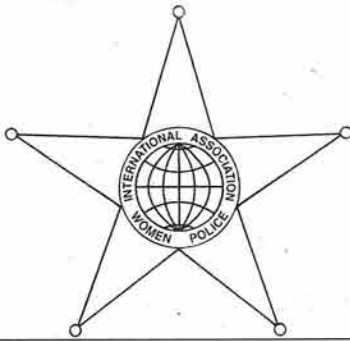
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New Jersey Police Recruits Required To Take Suicide Prevention Training

From The New Jersey Star-Ledger,
January 3

At law enforcement academies around the country, cadets learn chapter and verse about statutes, the sanctity of evidence, the appropriate way to handle suspects and dozens of other topics related to crime and public safety.

Starting this year in New Jersey, they'll also learn about depression, the emotional hazards of their work and the possibility one of their colleagues will consider ending his or her life with a bullet.

It's a blunt message meant to counter the persistent problem of suicide in law enforcement ranks.

While the issue isn't unique to the Garden State, New Jersey is the first state to mandate suicide awareness training for all recruits, said trooper Orlando Ramos, who served on a task force created by Gov. Jon Corzine to assess and combat the problem.

Ramos, who helped develop the training program, called the move "a step in the right direction. My hope is that over time, it will reduce the number of suicides," he said.

The curriculum goes into effect July 1 and will be required for prospective police officers, sheriff's officers, corrections officers, juvenile detention officers and state and county investigators. The New Jersey Police Training Commission approved the change last month.

The training remains voluntary for active officers, though the state's largest municipal force, the Newark

Police Department, began requiring its officers to begin suicide awareness training in the fall.

"You see tragedy day in and day out. It's human nature to be affected by it," Newark police director Garry McCarthy said. "We have a responsibility to make sure we provide resources to police officers so they can protect themselves."

"You see tragedy day in and day out. It's human nature to be affected by it. We have a responsibility to make sure we provide resources to police officers so they can protect themselves."

The stresses of the job — including long, irregular hours, and exposure to horrific crimes and danger — put law enforcement officers at an above-average risk for suicide, according to the task force's findings. That risk is exacerbated by ready access to firearms, making it easier for despondent cops to act on impulse.

Ramos called the nature of the work "inherently negative."

"People don't call us when their

babies are born or invite us to a barbecue," he said. "They call us when that baby stops breathing or when that barbecue grill blows up in their face."

Across the country, an average of 436 law enforcement officers have taken their lives each year since 2004, according to the National Police Suicide Foundation.

In New Jersey, 10 law enforcement officers committed suicide last year, up from an average of 7.4 per year between 2003 and 2007, said Cherie Castellano, director of Cop2Cop, a state-funded police counseling service. In 2008, 11 officers took their own lives, said Castellano, who also served on the 14-member task force.

Come July, the recruits will learn how to spot the signs of depression in themselves and others, how to cope with difficult experiences and how to seek assistance, either through private practitioners or groups like Cop2Cop.

At a recent training session for active officers in the Trenton suburb of Hamilton, state Attorney General Anne Milgram told some 200 people that officers need to break down the stigma that prevents so many troubled cops from reaching out for help.

"There's no question these programs work," Milgram said. "This difficulty is getting people to actually use them."

At a separate session in Newark, former homicide detective Shelia Hobson, a Cop2Cop supervisor, urged officers to be one another's "keeper."

"Sometimes all you have to do is

show care and comfort," she said.

Since Cop2Cop was formed in 2000, the agency's hotline has fielded 24,000 calls, Castellano said. In 171 cases, the officer calling was suicidal. In all but two of those cases, counselors talked the officers out of taking their lives, she said.

Kenneth Burkert, a union representative for corrections officers in Union County, lost two colleagues to suicide in a recent 18-month span.

"After the first one, everybody was devastated," Burkert said. "After the second one, everyone I knew was very numb and somber."

Within a month of the second death, he said, about 20 corrections officers attended a Cop2Cop seminar.

"It helped them understand what suicide is," Burkert said.

For Ramos, the effort to reduce the number of police suicides is intensely personal. Seven years ago, a friend and colleague on the State Police shot himself in the heart. Ramos said he didn't see it coming.

"He was such a positive person," Ramos said. "He was the last person I thought would do something like that."

The suicide prompted Ramos to focus his dissertation on police suicides when he obtained a doctorate. His friend's death continues to drive him today.

"Day in and day out, we take care of everyone else," he said. "But who's going to take care of us?"

Cleveland Police Officers And Firefighters Could Be Forced To Retire At Age 65

From The Cleveland Plain Dealer,
January 6

CLEVELAND, OH — Cleveland's veteran cops and firefighters used to working past the mandatory retirement age of 65 could be forced out this year.

Police and firefighters have been allowed to work past the retirement date as long as City Council approved the extension -- typically just a formality. But City Council revised the 1975 ordinance in June to give the safety director the power to decide on each extension.

Safety Director Martin Flask anticipates 20 to 25 police officers and firefighters will need an extension if they want to remain on the job. He ordered Police Chief Michael McGrath and Fire Chief Paul Stubbs to review the extension requests and make recommendations. The requests will be decided on the needs of each agency, Flask added.

He said he does not plan to force people into retirement in order to reduce the ranks, but acknowledged some will be made to retire.

"Some people will be extended if they have critical jobs," Flask said.

Police and firefighters who retire are owed money for unused vacation and sick time, and in some cases, overtime worked decades ago. The wave of retirements will cost the city at least several hundred thousand dollars, although the payments could be spread out over two or three years.

The first worker forced out could be gone Thursday.

Sgt. Ralph Dicorpo, a 32-year officer, learned last week that he must retire Thursday on his 65th birthday. McGrath recommended that Dicorpo be honorably retired, and Flask said he accepted the recommendation.

Wally May, head of the police supervisors union, said Dicorpo intended to work longer.

"They've been given extensions every year," May said. "We support them staying."

The workers should be allowed to stay if they pass the required physical and other requirements, said Chester Ashton, head of the fire union, and Steve Loomis, head of the patrolmen's union.

Unlike other city workers who will have to take 10 unpaid furlough days in 2010, the city's safety forces were asked to accept other concessions, such as forgoing days off and clothing allowances next year.

Sixty-seven patrol officers face layoffs after rejecting cuts that city officials said would save \$4.1 million next year. Police supervisors rejected cuts; 31 face demotions. The police unions instead offered to defer overtime and other payments and put dispatchers on 10-hour shifts to curb overtime. The fire union and city are still negotiating.

The laid-off or demoted officers, Flask said, could return to work or their former rank as people leave through voluntary or forced retirements.

"If an officer or firefighter retires, he or she will be replaced as expeditiously as possible with an employee in a layoff or demoted status," he said.



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Long-Term Investing

The 2010–2020 Decade: Americans Adapt to Change in the New U.S. A. Economy

By Edwin K. Stephens,
The Stephens Group

All things must change to something new, to something strange. — Longfellow

Compromise makes a good umbrella, but a poor roof; it is a temporary expedient, often wise in party politics, almost sure to be unwise in statesmanship.

—Lowell

Are Americans going to be better off financially with the various changes that are occurring in the U.S.A. economy?

Answer: I hope so. Americans are resilient. We are coping with the many changes that has occurred in the U.S.A. economy. And, we are adapting to our new economic realities.

Candidate Obama's Campaign for Change

On February 17, 2007, Senator Barack Obama in Springfield, Illinois announced his candidacy to seek the Presidency of the United States of America.

Senator Obama's Presidential campaign was designed to change the attitudes of people who had become disenchanted with their government. Candidate Obama said in his announcement to run for United States Presidency, "The genius of our founders is that they designed a system of government that can be changed. And we should take heart, because we've changed this country before. In the face of tyranny, a band of patriots brought an Empire to its knees. In the face of secession, we unified a nation and set the captives free. In the face of Depression, we put people back to work and lifted millions out of



poverty. We welcomed immigrants to our shores, we opened railroads to the west, we landed a man on the moon, and we heard a King's call to let justice roll down like water, and righteousness like a mighty stream."

Senator Barack Obama further noted, "Each and every time, a new generation has risen up and done what's needed to be done. Today we are called once more — and it is time for our generation to answer that call. For that is our unyielding faith — that in the face of impossible odds, people who love their country can change it." On January 20, 2009, Barack Obama was sworn in as the 44th President of the United States of America.

Americans Adjusting to Change

On January 1, 2009, the Dow Jones Industrial Average began the year at 8,772.25.

Within the first three months of 2009, the United States economy and the global financial markets experienced a meltdown. The overextended United States housing market experienced a bubble that popped. The subprime mortgage markets collapsed and the business credit markets became illiquid. The convergence of these three catastrophic events did create a perfect financial storm. And the crisis that en-

sued has caused irreparable damage that will plague the United States economy for many years. On March 9, 2009, the Dow Jones Industrial Average was at a mid-year low of 6,547.05.

On December 31, 2009, Mr. Tim Paradis, Associated Press business writer noted that the year's stats told an incredible story across the financial markets. By March 2009, the Dow Jones industrials had tumbled 53.8 percent from a record high in October 2007 to a low of 6,547.05. It then rocketed 59.3 percent in the final nine months of the year. The Dow is still down 26.4 percent from its 2007 peak of 14,164.53.

Mr. Paradis further said that United States stocks had gained about \$5.2 trillion in value since the low in March, putting the gain for the year at \$2.6 trillion. However, the stock market climb was still not enough to give investors a win for the decade. The Standard & Poor's 500 index fell 24.1 percent from 2000-09, it's first loss for a decade. The S&P says it managed to advance during the Depression thanks to dividend payments.

Americans have had to adjust to the roller coaster ups and down of the economy in 2009. Stocks began the dramatic turnaround in March 2009, after Citigroup, Inc. and other big banks said that they were making money again. The stocks then climbed at a fairly steady pace as signs of an economic recovery from the Great Recession became more pronounced. The Standard & Poor's 500 index roared back 64.8 percent from its early March low. The S&P finished 2009 at 23.5 percent, its best showing since 2003. On December 31, 2009, the Dow Jones Industrial Average ended at 10,517.38.

Mr. Edward Krudy a reporter for Reuters said that "Despite a 65 percent gain in the S&P 500 from its 12-year closing low in March, stock investors have lost money this decade when total returns are taken into account. Few will be overwhelmed with the long-term performance of their portfolios."

Cautious Optimism for Change

On January 14, 2010, Mr. Philip Elliott, Associated Press writer noted that President Barack Obama's campaign ambition has been diluted with a pragmatism that has been the hallmark of Year One — without much of the progress he had hoped.

However, Mr. Elliott said that President Obama inherited an economy in severe distress that has since shown marked improvement. With the financial crisis and later the employment crisis developing so close to last year's election, it was not the focus of his earlier campaign promises. But President Obama did manage to craft his main anti-recession measure to address one of the top commitments. The President almost delivered on his campaign pledge to provide a \$1,000 tax credit to 95 percent of all working families.

Ms. Lucia Mutikani, business writer

for Reuters said that there were strong healing signs that the American economy was recovering. The pace of layoffs has slowed sharply in recent months as the economy resumed growth following its worst recession in 70 years.

President Barack Obama said in March 2009, "We are moving systematically to bring about change, but change is hard." The President stated at a town hall meeting in California, "Change doesn't happen overnight." Christopher S. Rugaber, Associated Press economics writer said a Labor Department report provided some cause for optimism: Claims for unemployment aid barely rose last week after falling in the previous week to the lowest point since July 2008. And the four-week average of claims fell for the 18th straight week to 450,250.

Mr. Rugaber noted that a gain in jobs for December could improve consumer confidence and spur greater spending, fueling the economic recovery. Many analysts predict the economy grew by up to 4 percent at an annual rate in the October-December quarter. Federal Reserve officials and private economists worry that much of the recovery stems from temporary factors, such as government stimulus and business rebuilding inventories.


Most economists agree that it will take several years for the economy to create enough jobs to bring the unemployment rate back down to pre-recession levels of about 5 percent.

Living in a Changed World

Americans are facing an uncertain future for themselves and their families as 2009 came to a close. For the unemployed, often getting a new job means receiving a pay cut. It is one of the bleak realities of the economic recovery: Even as more employers are starting to hire, the new jobs typically pay less than the ones that were lost.

Mr. Till Marco von Wachter, a Columbia economics professor said, "The first jobs to emerge from a recession typically aren't well-paying ones. Companies delay hiring for higher-paying jobs, in particular, until they're confident the recovery will last." In addition, as the unemployed compete for the new job openings available, employers face no pressure to raise wages. According to Labor Department data more than six people are now vying, on average, for each job opening, compared with just 1.7 workers per opening when the recession began in December 2007.

Americans in the 2010-2020 decade will be forced to adapt to the changes in the new United States economy. However, I am optimistic that the "change we can believe in" for a prosperous American economy will come not from government alone, but from those resilient people who have an indomitable spirit and vision of the opportunities that lie dormant within America.



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Sports



NICK'S NOTES

By Nick Shihadeh,
Journal Sports Editor

Department Basketball Update

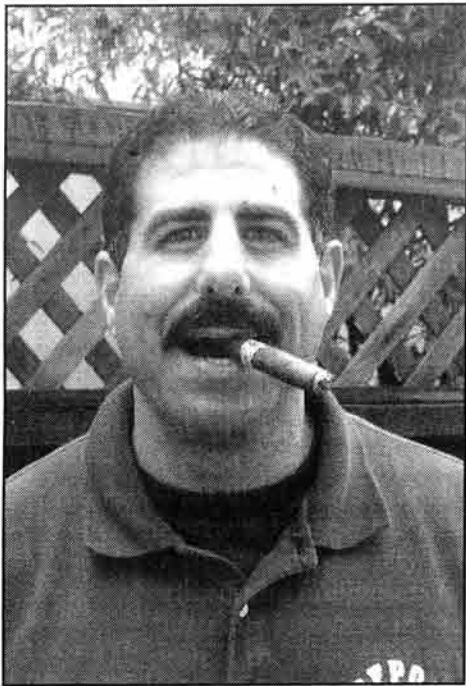
CHECK IT OUT: The league update is as follows according to Commish Steve "Yeah, Yeah, Yeah" Coleman: With less than a month remaining in the regular season at the printing of this column, each game being played at St. Mary's Gym has been forty minutes of hard fought basketball. CHP, Daly City PD, and Central Station are at the top of the league standings (on this same page) and are pulling away from the rest of the pack. With only eight of the twelve teams eligible for post season play, every game means something and the intensity level is rising every week.

Regardless of the match-ups on any given day, many of the games have come down to the last minute and have gone into overtime to decide the outcome. Despite playing with only four players in the first half of a recent game vs "the Chippies", Central actually had a chance to win it with a shot at the buzzer. The shot was missed, and CHP continues to march through the regular season undefeated.

When Central played against Bayview, they battled back and forth for the first half of the game. Central was able to pull ahead in the second half because of the clutch three point shooting of Mikey Costello. It should be known that Timmy O'Conner held the league leading scorer from Bayview, Tommy Fong, to only one point for the whole game. Bayview as a whole scored only thirty-eight points for the game. Despite a couple of disappointing losses, Bayview still hopes to win "back-to-back" titles behind the scoring of Fong, the strong rebounding of Leon Jackson, and of course the veteran leadership of Eddie Hagan.

Like predicted, the veteran laden Narcotics team has come alive and is marching into the playoff hunt with Gerry Newbeck's driving and scoring. Park Station has suffered a couple of tough losses recently; and, besides their group of star players, they will need the quiet but solid play of Ruben Reyes to push the team to the top. Ingleside Station squeaked past Park by a score of 49-45 a couple of weeks back with Nate Yuen connecting on many three point shots to help his team win. For Daly City, Mike Barton has been "unconscious" the past week while scoring thirty-eight and twenty-eight points in back-to-back games as his team is cruising to a number two seed in the playoff bracket.

Although Gang Task Force (GTF) has been struggling without a victory so far this season, they have been playing solid basketball just the same while taking the undefeated CHP team to the



brink of their first loss. GTF made it close but it wasn't enough in the 77-70 loss. Northern Station added depth to their team, but it's taking them longer they'd like to gel together while on the court. Northern will be another team that will be "scary" to the rest of the league once they start clicking on all cylinders; in fact; Northern was the team that made it all the way into the championship game last year despite starting the playoffs as the eighth seed.

Tenderloin Station and Mission Station, despite having losing records, still have a say in the league. Their games will help determine which teams make the postseason and which teams don't. That "spoiler" role that both clubs will be playing will help them gain more experience as they look forward to next season. The month of February will be interesting to see which teams make it into the playoffs.

Take note that Law Enforcement Appreciation Night will take place at the Warriors vs LA Clippers game at the Oracle Arena in Oakland on Wed. Feb. 10th at 7:30pm. In addition to the memorial honoring the fallen police officers in the Bay Area from last year, there will be a tournament amongst police teams taking place in the afternoon before the main event. Gerry Newbeck is putting together two teams from the department to compete in the tourney and can be reached at Bayview Station if you're interested. A flyer with more information about the events of that evening and purchasing tickets at the POA is in this same sports section. Otherwise, Commish Coleman says: "So see ya in the playoffs."

SF Police Soccer Hall of Fame Dinner/Alumni Game

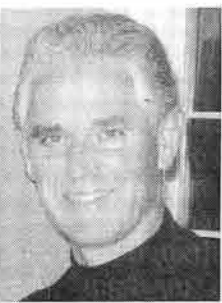
- There is a Hall of Fame/Alumni day taking place on Sat. March 27 where department soccer players past and present are encouraged to participate in. First is an alumni game that will be played at noon at a field that hasn't been determined yet. This will be a game played for fun so former players and their families can attend and renew old friendships. Following that game is another match between the department's number one soccer team and a team visiting from the Vancou-

League Leaders	
as of 01/15/10 (minimum 2 games played)	
Total Points	FTA
134 — Fong (Bayview)	34 — Tong (HOJ)
100 — Tiffe (Mission)	29 — Chew (Ingleside)
87 — Chew (Ingleside)	23 — Barton (Daly City)
82 — Barton (Daly City)	21 — Knight (Northern)
76 — Murphy (Park)	20 — Tiffe (Mission)
71 — Tong (HOJ)	19 — A. Nguyen (TTF)
59 — Fegan (Narcotics)	19 — T. O'Connor (Central)
Average Points	FTM
22.3 — Fong (Bayview)	24 — Tong (HOJ)
21 — Thorpe (Northern)	24 — Chew (Ingleside)
20.5 — Barton (Daly City)	15 — Barton (Daly City)
17.4 — Chew (Ingleside)	15 — Moran (Park)
16.7 — Tiffe (Mission)	14 — A. Nguyen (TTF)
16 — Jas. Johnson (Bayview)	12 — Knight (Northern)
15.2 — Murphy (Park)	12 — T. O'Connor (Central)
14.8 — Fegan (Narcotics)	11 — Tiffe (Mission)
3's Made	FT% (min 12 att.)
16 — Solarzano (TTF)	83% — Chew (Ingleside)
15 — Tiffe (Mission)	83% — Moran (Park)
15 — Fong (Bayview)	77% — Tursi (Northern)
14 — M. Costello (Central)	75% — Del Carlo (HOJ)
12 — Murphy (Park)	74% — A. Nguyen (TTF)
10 — Labanowski (GTF)	71% — Tong (HOJ)
10 — Soares (TTF)	69% — Murphy (GTF)
9 — M. Williams (Narcotics)	67% — Murphy (Park)

ver Police Department. A barbecue will be taking place during the these two games so anyone wishing to attend should contact Steve "Cang" Caniglia (Northern Station) at 415-317-1166. Later that evening is the club's third Hall of Fame Dinner taking place at Harrington's Bar and Grill in The City with the cost being \$55.00 American. The inductees will be John Connefrey, Joe Boyle, Steve Roche, John Anton, and Don West and the special guests will be the "Cannucks" from the Vancouver Police Soccer Club . More details for this exciting event including contact information are in a flyer in this same sports section. Hope to see you there....otherwise, that's all for now...So See Ya next month...

SFPD Standings			
as of 12/28/09			
Teams	W	L	GB
CHP	6	0	-
Daly City	5	1	1
Central	5	2	1.5
HOJ	4	2	2
Ingleside	4	2	2
Bayview	4	3	2.5
Park	3	3	3
Narcotics	3	3	3
Northern	3	4	3.5
Mission	2	6	5
GTF	0	6	6
TTF	0	7	6.5

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TAC Takes 2nd in Best of the West Competition

By Gerry Newbeck

This past September 17 and 18 several members of the San Francisco SWAT team participated in the annual Best of the West S.W.A.T. Competition. The event was held at the Santa Clara County Sheriff's Office Regional Training Facility. This SWAT competition is an invitational event and the San Francisco SWAT team has participated for several years since 1991.

Approximately 25 to 30 SWAT teams from around the west coast participated in several different events over the two days. The Santa Clara County Sheriff's Office training facility is outstanding. I can't say enough about the facility and their range staff, who were very professional and accommodating. What a great location and staff they have in that department.

This year we sent a relatively new team to the Best of the West. It consisted of myself (Gerry Newbeck) and also team leader for the event, Kevin (CHIN K.) Chin, Steven "E.O.D. Sgt." Jonas, Malcom Anderson, Jason "J-Rob" Robinson, Tim "Ginger" Yee, Brent "Hoorah" Bradford, and Jason "Mango" Garden.

Over the two days a team of six competitors and one alternate competed in seven events. Each event was a timed event and some carried penalties which added time to your overall time for that event.

The entire competition starts out with a physical challenge at 0800hrs on the first day. This required the team of six to run through an obstacle course while carrying a large log or small telephone pole; however you want to look at it, it was heavy! A team would start out by going over a six foot wall and over several hurdles with the log. The log would then be placed down and the team maneuvered over a long balance beam which had a hurdle in the middle. The log was then picked up again and carried through two open window obstacles. After that there was a sprint with that log to a platform where once the log was set down and all six team members had their hands on the log, time was stopped. We came in 8th place in that course.

Next we had the Team Assault

It all started with a sniper initiated shot. Tim Yee the former Specialist Sniper turned Tactical Operator made a great head shot into a passenger window of a van parked down range. The team moved forward and assaulted three additional vehicles, acquiring targets as they were presented. Once

the cars were clear we hustled to the shoot house. Bradford quickly ran up and breached the door with the ram he was carrying the entire time. We entered the shoot house using our tactics, entering two to a room taking out all danger targets and not shooting any "no shoot" targets. I have to say that the entire team did a great job assessing every target. With the adrenaline going and it being the first time most on the team has ever been in a shoot house we were very tactically sound. Santa Clara put some difficult targets up as well featuring plain clothes police officers with their guns up in one hand pointed straight at you while the other hand was near their waistband holding their police badge. Once all the rooms were clear we rescued a downed body in the shoot house. We ran with this 160lb dummy through the narrow maze of this shoot house and out the front door. Once outside the time stopped. Results: no penalties/no missed targets. We came in 2nd place for this event.

Next we had the Sniper Course

Team of six with one sniper. Yee with a bolt action sniper rifle and one spotter, Newbeck with a fully automatic M4 (with .223 rounds) outfitted with a scope, and four assaulters with AR-15s. First off we had to maneuver through the obstacle course making every attempt not to bang our optics. Then we hustled over to the long range. Yee and I climb up a ladder (I love this part as I am the only witness). We are told to get into a shooting position on top of this roof. It was sunny, hot, and one could've cooked eggs on those shingles with maybe some bacon too. Back to the course: we had a fifty yard moving target shot. Yee's target was a hostage taker and I had just a bad guy to shoot. We were to get into position and wait until the targets presented themselves. We got into position and waited. Looking through the scope we waited. For me it seemed like forever. I was burning up! Sweating like a hostage. Then, finally, the two targets appeared from right to left at a good pace. I'm trying to get my crosshairs on target but I'm too shaky. Then bang! Yee shoots. The safety range officer yells, "Hold your fire! Hold your fire!" We stop and look at him. He tells us that there was a malfunction with the moving target and that it took too long to start moving. We had to shoot again. Good, cause I didn't get my shot off. Bad, cause Yee said he got his target. Yee looks at the Safety Officer and pleads, "But I hit my target." He replies swiftly, "Call it!" Yee



The team came away with four awards

says the right eye. The safety Officer radios down to the other range officer and says, "This guy is calling his shot. Where did he hit?" We listen waiting for the voice to respond over the radio. Then hear it comes, "Looks like a good hit! RIGHT EYE!" The range safety Officer looks at Yee and says, "Wow, you're good. But you still have to shoot it again. We'll see how good you really are"

So the first and last documented rule for Best of the West is "no whining". That being said and Yee always up for a challenge, we get back into our shooting positions. We wait and wait. The targets appear. Yee has a hit again! Unbelievable! My shot is way off. We then climb down off the roof and move into other shooting positions. This time it's through small cut-outs in a wood wall. I have two 100 yard hostage taker shots and Yee has two 200 yard hostage taker shots. Next we run 50 yards and we each have one standing 50 yard hostage taker shot. After that we run back to the building and the other four assaulters run 50 yards and proceed to take out 20 metal plates at 100 yards. Once all twenty shots are taken we are to run back to the building and the time is stopped. Results: despite some penalties, we still ended up in 1st place for this event!

The Shot Gun Course was next up

This event is an individual event in which six individuals from the team would compete separately. It starts out with a prone 60 yard slug shot, then running to the next shooting position and shooting both slug and buck shot. Unfortunately some guys shot targets out of order which greatly diminished their overall score. We were unable to come in the top 5 in this event.

Next Day's Competition

Now on to the next day's competition. Our first event is the Combined Weapons Course: this was also an individual event where we started out with "long gun" shots while standing on a ladder leaning on top of a cargo box. We used AR-15s or M4s. Those guns were then downed and we ran through some obstacles to the sub-machine gun portion. We would load MP-5 .40 caliber assault weapons and shoot five paper targets while standing ("two to the body and one to the head" for each target). We downed those guns and went over some more obstacles to the shotgun stage, where we shot slugs from a kneeling position behind barricades (both strong hand and non-dominant hand). We downed those weapons, went over some walls and hurdles, and moved next to the

handgun portion of the course. We shot five strong hand and five non-dominant hand plate targets. We then holstered our handguns and ran to the finish line where the time is stopped. We didn't fare too well in this event, and in addition the individual scores weren't readily available.

Next was the Two Man Combat Course

This is a two man event with MP-5 and a handgun being used where both members of the team must move together. This course had an 8 foot wall, window openings to jump through, tires to zig-zag around, monkey bars move across, and a balance beam to manage before any shooting began. The first course of fire was a plate target at a distance of about twenty feet with the hand gunner prone and the sub gunner on a ladder just over a wall. After that there were several balloon targets. Once those targets were popped there was an "on the move" portion of "good guy/bad guy" paper targets at different distances and angles. The movement was laterally from right to left. These shots had to be made where your rounds did not hit any of the good guy targets in the background. The next shooting platform was behind a sedan parked on the range that was used as a barricade and several metal plates on a pick-up truck down range needed to be shot. The last stage of shooting was an 8 foot wall with two 6 foot ladders on each side with a shooter on each side — you were to climb the ladder without your head popping up from the top and shoot from the side of the wall. Here you take down more metal plates which were two rows of five. Then it's a run to the finish line. The individual scores weren't available on this event too, and just as well as we weren't happy with our performances.

Our final event was the Jungle Run

This was the toughest and most strenuous event of the entire competition. It was our last event and we knew we were in good standings after the first three team events. If we placed high enough we could come in first for the team competition. We were ready! We needed a sniper rifle (bolt action .308), shotgun with slugs (we went with the Remington 870 pump action), and our .40 caliber hand guns. It would start out with each team member going over an 8 foot wall. Members could be lifted or pulled over the wall. The last person always had the hardest time. Once over the wall we ran to the first shooting platform for the sniper. It was a 280 yard shot,



Beginning of the Physical Challenge.



Brent Bradford and Tim Yee running down the Jungle Trail.

but you couldn't get a sight picture from a prone position. Tim Yee made the shot from a sitting position and we moved along about 40 yards down a dirt path covered in shrubbery which lead up to the next sniper platform. It would be a 200 yard shot where you were again unable to get into a prone position to make the shot.

Here we go, running as fast as we can without falling down this dusty trail so steep there should have been steps. Oh wait, there were steps. If you can call boulders, rocks, stumps and protruding roots steps. We survived the avalanche of SFPD TAC guys down the slippery slope. Anderson fell once, but got up as quickly as he fell and continued pushing on. Next we had a low crawl under some barbed wire. Since I had a shotgun strapped to my back and Yee his rifle, we were instructed to put them in our hands as we low crawled under the obstacle. This was due to some earlier competitors getting their long guns stuck in the barbed wire which pulled down the obstacle onto their teammates. Once we cleared the low crawl, we ran to the next

shooting platform. All six of us had to shoot paper targets which were head and body shots. We ran about thirty yards between shooting stations yelling and screaming at each other with motivating expletives to get it done. We also did "combat" reloads and "tactical" reloads when the opportunities presented themselves. We would clear two more handgun stations before coming upon the "woodpeckers".

Woodpeckers are targets that were just a strip of wood hung horizontally by nails on each end. The object was to shoot the wood until it was completely broken and both ends of the wood swung down. Each handgun target present was a three inch wide piece of wood and the shotgun target had a five inch wide piece of wood. This type of target was the first for anyone on our team. We broke every woodpecker and ran to the next obstacle. There it was: a wall, a cliff, and a mountain with rope resting on the rocks. First man up; he held on to the rope and climbed until he got to the top. We couldn't see the top. The first man gets to the top and yells, "Up." The next man starts up the



Top: Lt Rick Parry, Jason Robinson, Malcolm Anderson, Steve Jonas, Capt. John Goldberg. Bottom: Jason Garden, Kevin Chin, Tim Yee, Brent Bradford, Gerry Newbeck.

rope and so on. Once all the team is at the top you could move to the next location which was another sniper platform. Yee makes the shot and we run to the finish line. The finish line is that same 8 foot wall we jumped over in the beginning. We each get over and the time stops. We had a good run, but we know we could have been faster. Not knowing how we scored on this last grueling event, we just had to wait patiently for the awards ceremony while hoping we're in the top three.

It was good to see Captain John Goldberg and Lt. Rick Parry supporting us during the last three events; they would be present at the awards ceremony as well. Finally the wait was over and we found out how we fared: we ended up getting 2nd place by only one excruciating point in the overall competition. We did finish 1st place in the sniper course though, with Tim Yee and I also getting third place in the sniper/observer combo. Bottom line, we came away with four plaques and at 2nd the highest place the SFPD Tactical Team has ever finished in the Best of the West competition.

Finally, I want to thank the Lake Merced Range staff: Sgt. George Carrington, Mike Furusho, Nick Shihadeh and of course Angelo "Seven

Time National/Three Time World" Spagnoli who helped us get the ammo and guns ready for the competition. Next, thanks go to the POA for their support as well as to the Specialist Team with Sgt. Matt O'leary, who let us use some of their range time. We also really appreciated the Tactical command staff of John Goldberg, Rick Parry, and Lt Ed Cota. I would also like to acknowledge past TAC competitors of the Best of the West who showed their support and gave us much needed advice and instruction. Dan Laval, thanks for the targets. Scott Hurley, thanks for the rifle stock. David "Crazy Dave" Batchelder, thanks for the scope. There's also Mark "The Rock" Williams, Damon Keeve, Angelo Spagnoli, Dino Zografas, Nate Chan, Rob Toy, Jay Dowke, Sgt. John Syme, Sgt. John Greenwood, Sgt Brien Hoo, Sgt. Jason Sawyer, Sgt. Kevin Dempsey, and of course Lt. Glenn Mar. These people and some I probably forgot to mention influenced us and inspired us to keep our "heads in the game" and to be mentally and physically ready for life or death situations. We were able to show this during the competition and can hardly wait until the next one.

The SF Police Soccer Club (SFPSC)

Third Hall of Fame Dinner

Saturday March 27

Harrington's Bar and Grill

245 Front St. in The City.

No host cocktails at 6 pm and dinner at 7:30 pm
Choice of Prime Rib, Salmon or a Vegetarian Dish.

Cost \$55.00

Inductees

Steve "Ocho" Roche

Johnny "JC" Conefrey

Joey "Stretch" Boyle

Johnny "Tippy Tap" Anton

Donald "Wild Wild" West

Special guests: the Vancouver Police Soccer Club

RSVP by March 17 to

Steve Caniglia (Northern Swings) 415-317-1166

Matt Gardner (Traffic Co. Days) 415-309-8849

Johnny Sheehan (Tenderloin Swings) 415-345-7300

Mike or Tom Costello (Central Swings) 415-315-2400

Nick "Someguy" Shihadeh (Lake Merced Range) 415-587-9251

This event isn't just for former and present members of the Police Soccer Club but for anyone who knows the inductees and wishes to attend.

Alumni Game

Noon the same day, March 27, the strictly-for-fun Alumni Game.

Alums: come out to play — renew old friendships.

The main event follows— the SFPD vs. the Vancouver PD.

The location/field for this event is TBD. Families welcome.

Food provided with a sensational barbecue.

All drinks complimentary.

RSVP for this event to Steve Caniglia at 415-317-1166.

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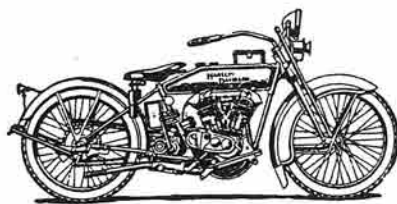
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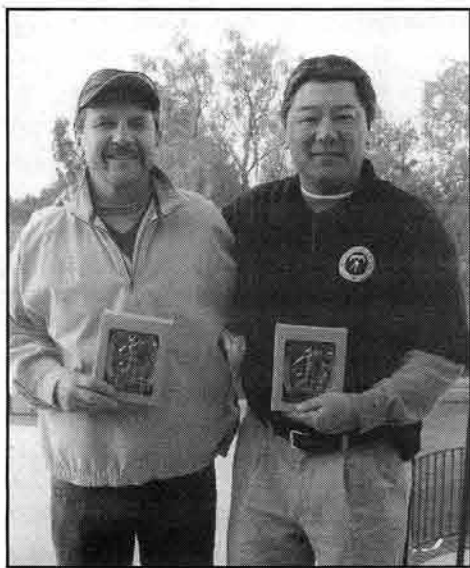
A family tradition of four generations

The Loons Nest Report

By Ed Garcia, Co. A

Morimoto Captures Holiday Crown at Discovery Bay

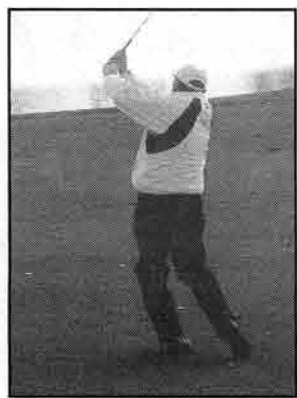
Monday, the seventh of December saw the Loons play their 22nd Holiday Classic and it looked like a White Christmas indeed. As Loons traveled during the early morning toward the Delta Country there was snow as low as three hundred feet above sea level. Loons traveling from parts west used Vasco Road to come over the Livermore Hills, which were covered with three inches of snow. The temperature read 31 degrees at the summit, only eighteen miles from the tournament site. Loons arriving from the East Bay saw Mt. Diablo covered with snow, as well as Clayton and other towns in



Kovaleff and Morimoto
Holiday Golf winners.

the area. The frigid conditions might have prohibited many golf clubs from tournament play, but not the Loons!!

Upon landing at Discovery Bay we found the rain had stopped and no frost was on the course, which was in very good shape despite three days of rains. The Loons gathered in the clubhouse after clearing the ice from their



O'Connor fires approach
shot at 15th green.

wings and enjoyed a continental breakfast prior to a shotgun start.

The shotgun fired at 0930 hrs. as the temperature sat at 38 degrees with heavy cloud cover. As the day progressed

a moderate wind came in and cleared away the cloud cover; the Loons enjoyed blue skies as the mercury rose to a high of 46 degrees, and not a drop of rain fell on the Loons that day.

In early play Steve Morimoto (Academy) took a two-stroke lead on the field for the first nine as he used thirty-eight strokes, and was the only player to break forty on the front side. Steve was prepared to play his best, eager to match his 2007 Holiday Classic victory at Monarch Bay where he fired a round of seventy-seven. Morimoto had also tasted victory at the 2003 Charlie Anzore Memorial at Reno. Roy Sullivan (retired) posted a front nine score of forty, followed by Tom O'Connor (retired) and Walt Kovaleff (retired) at forty-one strokes.



As play continued Morimoto's short-game was hot as he went on to fire a thirty-nine on the back side for a total of seventy-seven. Kovaleff made a very good run at the leader (back-to-back birdies on the fourteenth and fifteenth holes), en route to a one over par score of thirty-seven on the back side. Walt finished with a fine round of seventy-eight, one stroke behind Morimoto. Walt's net score of sixty-four put him into 1st Low Net, allowing O'Connor to take 2nd Low Gross in the flight with a round of eighty-one.

Tom has been playing some great golf in his comeback season with victories in the Summer Golf Classic at Paradise Valley and the Club Championship at San Geronimo. Third Low Gross in the 1st flight went to Tom Hanacek(civilian) who fired an eighty-eight. This was one of Hanacek's best rounds since his 1st Low Net in Monterey in this year's Spring Championship and his victory in the Charlie Anzore Memorial in 2008.

Second Low Net in the 1st flight went to Central Station's Eric Valentini, as his net score of seventy-three left him one stroke ahead of Tim Lee's net score of seventy-four. Lee (civilian) had the advantage over Valentini until he ran into a quadruple bogey on the par three fourteenth hole. Valentini finished his back nine with three pars and nothing more than a bogey.

In second flight play Homicide's Mike Johnson was leading the pack through the first sixteen holes of play. Mike then hit the wall at the seventeenth hole with a double bogey, followed by a triple bogey on eighteen. This allowed Richmond Station's Gary Watts to charge past with a par on the final hole, as well as three additional pars on the back nine. Watts finished at ninety-one, two strokes ahead of Johnson at ninety-three. Pierre Martinez of Domestic Violence took third with a score of ninety-six.

Second flight low net went to Earl "The Pearl" Wismer(retired). Earl posted a net score of seventy-one strokes, leaving him two strokes ahead of retired Solo Bill Dyer. Playing in his first Loon's event, retired Hon-del Wayne Smith grabbed third with a net score of seventy-six.

The Loons were provided with box



Stellini not intimidated
by near-artic conditions.

lunches on the course and Loon Kevin Richins (Central Station) treated loons to warming beverages on passes by his links side residence. O'Connor took the Long Drive contest with a blast of 283 yards. This was a very long drive considering the cold conditions and soft fairways. Ken Lum (civilian) took the Close to the Hole contests on the fourteenth and seventeenth holes. Johnson took the prize on the second hole and Wismer grabbed first on the seventh hole. Second place winners were John Wong (civilian), Jerry Senkir (retired), O'Conner, and Hanacek.

The event brought the Loon's twenty-third season to a close. In the course of the year the Loons covered four new courses. The Links at Spanish Bay and Discovery Bay Country Club were played as well as Silverstone Country Club and Boulder Creek Country Club in Las Vegas. The Charlie Anzore Memorial made the move to Las Vegas this year after eight years in Reno. The medallist for the event this year was Ed Anzore (Central Station) and the flock of loons that made the trip had a great time. Unfortunately, the editorial staff at the Loons Nest Report was not able to report on these events, as "What happens in Vegas, stays in Vegas."

2009 Season in Review

Two-Man, Best Ball Championship
Shadow Lakes G.C.
Kevin Richins & John Schmolke 61

Spring Championship at Monterey
Del Monte G.C.
& Links at Spanish Bay
Craig Kane 77-84 = 161

Summer Golf Classic
Paradise Valley G.C.
Tom O'Connor 74

Club Championship
San Geronimo G.C.
Tom O'Connor 81

Charlie Anzore Memorial
at Las Vegas
Silverstone C.C.
& Boulder Creek C.C.
Ed Anzore Medallist

Holiday Classic
Discovery Bay C.C.
Steve Morimoto 77

Loons Nest Scoreboard Discovery Bay Country Club December 7, 2009

First Flight

Player	Gross Score	Index	Net Score
Morimoto	77	9	68
Kovaleff	78	14	64
O'Connor	81	8	73
Lee		85	11 74
Vernengo	86	10	76
Chang	87	12	75
Valentini	87	14	73
Dougherty, W.	88	12	76
Hanacek	88	13	75
Lum	88	11	77
Sullivan	88	13	75
Wong	89	10	79
Garcia	92	11	81
Sorgie	96	10	86
White, M.	96	14	82
Toomey	97	14	83
Schmolke	99	14	85
Fontana	103	14	89

Second Flight

Player	Gross Score	Index	Net Score
Watts, Gary	91	18	73
Wismer	92	21	71
Costello, Tom	93	17	74
Dyer	93	20	73
Johnson	93	21	72
Martinez	96	20	76
Richins	96	19	77
Smith	96	20	76
Meyers	100	18	72
Stellini	101	22	79
Geraty	104	26	78
Newlin	105	22	83
Senkir	105	19	86
Brown, Jim	108	26	82
Griffin	108	25	83
Noto	113	28	85
Tapang	113	27	86

Long Drive Winner

Tom O'Connor 283 yards

Close to Hole Winners

Hole #2 1st	Mike Johnson	6'9"	2nd	John Wong	17'5"
Hole #7 1st	Earl Wismer	21'8"	2nd	Tom O'Connor	22'8"
Hole #14 1st	Ken Lum	4'4"	2nd	Jerry Senkir	6'11"
Hole #17 1st	Ken Lum	7'7"	2nd	Tom Hanacek	14'7"

Classified Ads

Home For Rent

Location: 53 Longview Drive, Daly City, CA. 94015. 3 bedroom, 2 bath, 2 car garage, 2 bonus rooms down stairs, great ocean views, hardwood floors. Washer and dryer, all electric kitchen/w dishwasher freshly painted inside and out, ideal for family living. Near public transportation and shopping areas, \$2200.00 monthly, utilities not included. Interested parties please call 925-381-6816 or 415-517-2988

Home For Sale

MUST SELL: HOME IN INCLINE VILLAGE, NV. Near half acre lot, fenced in, good location, built in 1981, up to present building code, 4 Bds, 2 1/2 bath, hydronic heat, all privileges, was used as a rental unit and an in-law apartment until 2004 (in-law apartment has one bedroom, living and breakfast nook, walk in closet and large bathroom) for self use (skiing and summer recreation). Move in condition. Ample space for RV and Boat parking. Originally advertised for \$875,000.00, now \$575,000.00. 504 Jensen Circle, IV, NV. The best buy and the least expensive buy on the market. (415) 661-9815. Photo available EMAIL: rgwallace@sbcglobal.net

Hunting Trips

Colorado Deer/Elk Hunts. Private ranches, Trespass Fee Only. Contact Bob Brodnik, (415) 320-0628.

Lot for Sale

PINE MOUNTAIN LAKE, GROVELAND, CA. Half an acre about a minutes walk to the lake, main marina and beach. Near Golf Course and Pine Mountain Lake country club, swimming pool and tennis courts. Amenities also include, stables, airport, lake fishing and fly pond fishing. Lot is on public sewer system \$60k OBO. E-mail Suekerry@sbcglobal.net.

Motorcycle For Sale

2006 HONDA CBR 954. 23,000 miles Black & Silver paint, race exhaust, tank bag, new slick race tires. Never laid down \$9500. Call Katherine (707) 393-9432

Room For Rent

Southern Hills area of San Francisco/Daly City border. All utilities included. For information call (415) 517-2988

Speaker For Sale (auto)

One-12" Super Woofer speaker (Auto) Case size-13"x14"x18 \$200 OBO (415) 566-6734

Vacation Rental

HAWAII- MARRIOTT'S MAUI OCEAN CLUB- one bedroom two bath ocean front unit (accommodates 5 persons) Check out the location and all the amenities at Marriott's web site: www.marriott-vacations.com/travel/resorts/marriott-maui-ocean-club/overview.html Date available: Friday July 16th 2010 for 7 nights. Asking: \$2300. email: mcoffey@dslexreme.com or call Mike or Sue at (530) 265-9199

LAKE TAHOE- EDGELAKE BEACH CLUB on the lake at Tahoe (web site: www.tahoeedgelakebeachclub.com) units are seven night rentals with complete kitchens, available. One bedroom unit July 17th (\$1000.) and a two bedroom unit August 13th (\$1200.) Call or email for all the details: mcoffey@dslexreme.com or Mike and Sue 530-265-9199

PUEBLO BONITO, EMERALD BAY Vacation rental 2010 for 7 nights. Master suite, Sleeps 6-8, 2 bath & showers, full kitchen, 2 TV's, 3 pools, sauna, dining, much more 5 Star resort. (\$125, 7 nights) Go to www.pueblobonito.com and view Mazatlan, Emerald Bay. Contact me @ SFPD1067@astound.net

RELAX IN CARSON VALLEY! Carson Valley Golfers Retreat Vacation Home Rental. Gorgeous Views of the Sierra Mountains, 4 Bed, 2.5 Baths, 2300 s.f. SFPD/SFFD Member Rates: \$150 night or \$900 Week Call Vince at (415) 302-2500

KAUAI — KIAHUNA PLANTATION, POIPU BEACH! Owner direct rental rates 50% plus discount. Beautiful 1 bedroom/1 bath sleeps 4. Unit overlooks the Moir Garden at the only "beachfront" condominium project in Sunny Poipu. Email Rpmapiest@aol.com or call Patty or Roy at (925) 676-0568

MAUI — KAPALUA GOLF VILLA RENTAL. 1700 sq.ft. 2 bedroom, 2 bathroom Villa is located on the 10th Fairway of the famed Kapalua Bay Golf Course! Enjoy the fabulous sunsets from our lanai, as well as views of the islands of Lanai and Molokai. This exclusive resort community has 4 swimming pools, 2 golf courses, golf academy, zip lining, 10 lit tennis courts, and many more amenities, which is associated with the Ritz-Carlton Hotel. Free shuttle service is available throughout the resort. Pictures and additional information is available at www.VRBO.COM listing #276140. SFPD members receive discount on posted rates. Contact Alan Honniball at (415) 298-7205.

Vacation Rental

TUCSON ONLY \$125 PER NIGHT. 1,100 sq.ft. 2 bedroom, 2 bath condo newly renovated and refurbished at 5500 N. Kolb. Ideal for that family getaway. 2 pools and workout facility on property. 2 full golf courses nearby. Unobstructed view of the Catalina mountains from the patio. Bookings on first come, first served basis. Call Chris (707) 337-5514

SOUTH LAKE TAHOE VACATION RENTAL Looking for a rustic cabin in the woods with a big screen TV? Take a look at this home perfect for families and larger groups. With sleeping for up to 10, a large living room with 50' TV and dining area, this property is wonderful for the vacations with budget in mind! Located just 4 miles to the casinos and less to the beaches and Heavenly Ski Resort. This home features 3 bedroom, 2 baths with 1600 square feet of room. Each room has a television with either a dvd/vcr player. Gas fireplace and nice wrap around deck to enjoy the scenery. Phone Maricela at 415-260-3484 or visit <http://www.vacationhomerentals.com/41600>

GOLF GETAWAY IN THE REDWOODS. This beautiful two bedroom, two bath home is right on Northwood Golf Course (the fourth hole is your backyard). The amenities include complete kitchen, VCR, cable television, deck and hot tub. There is a third room with bunk beds unattached from the house. Call Mike Siebert (415) 342-2241 for more information.

Vacation Rental

ENJOY THIS 2 BEDROOM, 2 BATH CONDO in sunny old town Scottsdale AZ. Just steps away from the Giants Spring training stadium. This gated community offers 2 swimming pools, 2 spas, large fitness room and is next to the community golf course with bike/walking paths. ENJOY, NBA, PGA, NASCAR, NFL SUPER BOWL, NHL. Washer/dryer in unit, with plenty of storage. Pictures available on Scottsdalesprings.com. Contact Patti and Gary (650) 355-7770. SFPD OWNED

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S&W CENTENNIAL SERIES, Model 40, blue steel; Model 60, Stainless. Contact retired #1771 (415) 648-4332

I AM INTERESTED IN PURCHASING POA Journal issues Aug. 08, July 06, Apr. 05 and Notebook issues Apr. 98, Apr. 97, July 96, Feb., Mar., & Dec. 95, Aug. 90, Jan., Feb., May, & June 89, Nov. 88 and any prior to January 1988. Contact Greg Corrales at (415) 759-1076 or at gc1207@comcast.net. Thank you.

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The POA Journal has free classified advertising, a no-fee service available to our active and retired members. Buy, sell, or trade in the Journal and reach 5500 readers each month. The following rules apply to Classified Ads:

- To place a free classified ad, you must be an active or retired POA member.
- A member may run only one classified ad per issue. However, a member may repeat the same ad in three consecutive issues. An ad may run for three additional issues upon request of advertiser.

Ads must be typewritten and submitted to the POA, attn: Journal Advertising in any of the following ways: US Mail, to the POA office; Interdepartmental mail, to the POA office, Email to journal@sfpoa.org

2010 POA Journal Deadlines

March	February 18, 2010	September	August 23, 2010
April	March 23, 2010	October	September 21, 2010
May	April 21, 2010	November	October 20, 2010
June	May 19, 2010	December	November 19, 2010
July	June 22, 2010	January 2011	December 20, 2010
August	July 21, 2010		

Word Search

Created by Officer Michelangelo Apodaca, Chief's Office

Enjoy this relaxing and fun-to-solve puzzle! If you've never solved a puzzle like these before, it's a good idea to read this before you begin.

Each puzzle has a grid of letters that conceals words reading in different directions — forward, backward, up, down, or diagonally — but always in a straight line. The words, abbreviations, or phrases one must find and circle are listed below the grid in capital letters. That's all you need to know before you sharpen your pencil and begin your search!

For the Month of February, the combination of words are derived from the many of the various February Observances. For example, you'll find the word Freedom, for Freedom Day, Groundhog, for Groundhog Day, etc. Enjoy!

FREEDOM	WHITE SHIRT	PRESIDENT
SERPENT	THOMAS EDISON'S	CHOCOLATE
GROUNDHOG	LINCOLN'S	HOODIE
CARROT CAKE	READ	WASHINGTON'S
GIRLS IN SPORTS	VALUE	FLORAL
BOY SCOUTS	VALENTINES	ASH
CLEAN COMPUTER	GALILEO	
INVENTOR'S	GALILEI'S	

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W	H	I	T	E	S	H	I	R	T	I	E	E
C	A	R	R	O	T	C	A	K	E	R	T	R
Z	Q	S	N	L	O	C	N	I	L	L	U	P
V	A	L	E	N	T	I	N	E	S	S	P	E
A	G	A	L	I	L	E	O	K	X	I	M	N
L	V	S	I	E	L	I	L	A	G	N	O	T
U	C	H	O	C	O	L	A	T	E	S	C	F
E	S	R	O	T	N	E	V	N	I	P	N	L
G	R	O	U	N	D	H	O	G	D	O	A	O
P	R	E	S	I	D	E	N	T	A	R	E	R
B	O	Y	S	C	O	U	T	S	E	T	L	A
H	O	O	D	I	E	A	S	H	R	S	C	L
T	H	O	M	A	S	E	D	I	S	O	N	C
W	A	S	H	I	N	G	T	O	N	S	A	B

Close Encounters

By Steve Johnson,
SFPOA

A couple of months ago I was contacted by a retired police officer who told me how impressed he was with the outstanding work chronicled in this column. He said a few of the stories reminded him of the time he was with his long-time partner and they had to respond to a call for service that resulted in an outstanding arrest, very similar to what is going on today. He went on to say how great it would be for the active officers to know about some of the heroics of the past. We agreed and that's why we've included a few of those stories 'from the past' each month, mixed in with the usual, and very impressive, work of our current members.



June 24, 1997, finds Sergeant Vivian Bruce, Officer Randy Caturay, and Officer Michelle Craig responding to Congdon and Silver looking for a man armed with a gun. The officers found what they were looking for on the 400 block of Silver. They heard a woman screaming for help inside a building with the suspect, brandishing his weapon, yelling to "come and get me." They did. And for this act of courage the officers were awarded a Police Commission Commendation.

The story is if you take one auto burglar off the street you're probably solving about 50 other crimes of a similar nature. Officer Daniel Rosaia, Officer Ryan Crosby, Officer Rolly Junio, and Officer Eric Leung responded to a call from a citizen who was concerned because he just saw several suspects ransacking their way through a number of parked and unattended vehicles none of which belonged to the suspects. The officers

were able to locate those responsible and, not only recovered a substantial number of stolen items, but also took a gun off one of the suspects.

It just wouldn't be the Mission District without a 'shots fired' call being reported at 3:30 a.m. in the vicinity of 17th and Mission Streets on February 2, 1982. And that's when Officer Chris Cunnie and Officer John Kowal, partners in the Mission 5-car, responded. They found the suspect waving his fully-loaded, .357 magnum at just about anything that moved. Once the suspect saw Officer Cunnie and Officer Kowal he started to run but suddenly changed his mind and spun around pointing his weapon at the officers. The suspect also lost his footing which gave the officers that split-second chance to disarm him. They did and received a Bronze Medal of Valor for their selfless actions.



A young woman was walking home from work on Duncan approaching Diamond Street when she was suddenly confronted by an individual who stood 6'5" and weighed over 260 lbs. who demanded her purse. The victim refused. She was then beaten by the suspect and an accomplice until she had no recourse but to give up her belongings, having sustained very serious injuries. The suspects ran to a car and the victim was able to get a license plate. Officer Matthew Leong and Officer Amanda Kabanvck responded. The officers found out the vehicle was registered in Pacifica. A quick check and the car was located by Pacifica Police Department Sergeant Buchanan, Corporal Albanese, and Officer Max Reising parked in front of the home of one of the suspects. Sergeant Aaron Lozada, Officer Leon Ferronato, and Officer Nathaniel

Yuen responded along with Matt and Amanda and the suspects were caught driving away from their residence. They still had the victims property and, in addition, a fully-loaded, .380 semi-automatic.



It's back to December 18, 1982, at 4:30 a.m. when Officer Steve Caniglia responds to a report of a shooting on the 1200 block of Mendall. Steve was approached by a woman bleeding from a gunshot wound who told him that the suspect was inside armed with a shotgun. Steve entered the building and attempted to remove another wounded subject when the shotgun-toting suspect came around the corner and shot the person Officer Caniglia was assisting. The force of the blast knocked the victim and Officer Caniglia down a flight of stairs. Officer Caniglia then confronted the suspect once again at which time he complied with orders to drop his weapon. Officer Steve Caniglia received a Bronze Medal of Valor for his actions.



It's Christmas Day, 2009, close to midnight when Officer Greg Skaug and Officer Charlie Ng respond to a call of shots fired at Harbor and Northridge. The area is notorious for gang activity and related homicides. The officers pull up to the intersection and hear several more shots coming from a path above them. They locate the suspect who is armed with an assault rifle. The suspect runs but the officers are right behind him and, after a brief chase, capture him. The suspect was armed with a fully-loaded, .45 Glock semi-automatic as well as an assault rifle with an extended clip.



Returning to December 1, 1991, and Officer Robin Matthews is responding to a call of a person threat-

ening suicide who Robin finds sitting on the ledge of a 5-story building on the 1600 block of Quesada. Officer Matthews was able to establish a rapport with the young woman who was intent on ending her life to the point where she had also slashed her wrists and was losing a lot of blood. Robin worked her way closer to the subject, gaining her trust, to the point where she finally had the ability to grab the suicidal subject and pull her to safety. Robin risked her life to save the life of another and received a Bronze Medal of Valor for her efforts.

Officer Kevin Edison and Officer Edmund Huang had to admire the honesty of the suspect they pulled over for a minor traffic violation - he not only admitted he didn't have a driver's license before they checked, he also volunteered the fact that the loaded, .380 semi-automatic they found in his car was his.

The Broadway Corridor is still a problem. Two individuals were robbed recently at gunpoint right when the clubs were closing. The victims managed to get the license number of the suspect vehicle. Officer Esther Gonzalez and Officer Amanda Cordoba located the thieves working their way through the Embarcadero and the chase was on. Esther and Amanda were joined by Sergeant Ed Anzore, Officer Josh Tiimalu and Officer Chris Ritter and eventually ended up in the Mission District where the felony suspects failed to negotiate a turn and came to a sudden stop. The suspects were ordered out of the vehicle and all but one complied. The last suspect, 6'3", 340 lbs, took his time and refused to show his hands. He kept leaning back into the vehicle as though trying to get something but he finally gave up. The object of his fixation was a fully-loaded, 9mm semi-automatic weapon which the officers did retrieve along with all of the other property that was taken from the victims.

So, it really doesn't matter whether it's 1982, 1997, or 2010. Police work was just as dangerous and unpredictable in the past as it is in the present. The one thing, however, that does remain consistent, is the courage displayed by the men and women of the San Francisco Police Department, no matter when they served.



Join Us for Warriors Basketball !

vs. the Los Angeles Clippers

Wednesday February 10, 2010, 7:30 pm Oracle Arena

For the 3rd Annual Law Enforcement Appreciation Night

Proceeds from ticket sales benefit Bay Area Law Enforcement Assistance Fund and The California Peace Officers Memorial Foundation and will go directly the Oakland PD Families

Join us as we honor SPPD Officers Birco & Tuvera

Activities & Ceremonies Include

- ◆ a Memorial Tribute to Northern California Police Officers who have died in the line of duty. Officers from the Highway Patrol, San Jose, Martinez, Richmond, Oakland, East Palo Alto, Yolo, Ripon, Sacramento and San Francisco will be honored
- ◆ a Law Enforcement Basketball Tournament (1- 4 pm)
- ◆ Courtside Shoot Around (6:00 - 6:30 pm) for the first 300 people to purchase tickets
- ◆ Police Color Guard & National Anthem

TICKETS are \$15 & \$55 and can be purchased directly from the Police Officers Association located at 800 Bryant St. (2nd Floor), S.F. via telephone from the Warriors at (510) 986-2242 via the Internet @ www.gs-warriors.com.

Upper and Lower Level sideline seating available. Ticket price includes a souvenir Warriors Law Enforcement Beanie Cap

Contact Sgt. Bob Guinan, San Francisco Police Dept, for additional information @ (415) 850-5726

