

**POA**  
Nick Birco Killer Guilty  
of Murder One  
See page 6



# JOURNAL

— Official Publication Of The —

## SAN FRANCISCO POLICE OFFICERS ASSOCIATION

VOLUME 42, NUMBER 10

SAN FRANCISCO, OCTOBER 2010

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## Willie Brown Sells Out Labor

Recently, former Mayor Willie Brown stunned his long-time supporters in labor and public safety by throwing his support behind Proposition B. That initiative will be devastating to the working public sector families in San Francisco. After receiving a copy of an excellent letter written to Mr. Brown by Larry Mazzolla, President of the San Francisco Building and Construction Trades Council, I also felt compelled to write the former Mayor. Both of the letters are reprinted below.

—G. Delagnes

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SAN FRANCISCO POLICE OFFICERS ASSOCIATION

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The Honorable Willie L. Brown  
100 The Embarcadero  
The Penthouse  
San Francisco, CA 94105

Dear Mr. Brown,  
It came as a great disappointment to those of us in public sector labor and safety that you have chosen to support Proposition "B," the rabid anti-labor legislation proposed by Jeff Adachi and several other multi-millionaires. The effects of this scapegoat measure will be most sorely felt by the working public sector families of this city that earn \$50K per year or less. Think about that, Mr. Brown. Imagine trying to raise an entire family on less money than you might require for a single political endorsement.

As Mayor, your advice to Mr. Adachi would have been to talk to labor before introducing such a draconian charter amendment. I can assure you that no calls were made to any labor leader prior to the introduction of this amendment, and it is hard to imagine that you would approve of such a slap in the face to those who so loyally supported you.

As mayor, you gladly accepted millions of dollars in political donations from labor unions throughout the state. You were a strong and consistent defender of those in the labor movement who struggled for years to obtain fair wages, benefits, and working conditions. You were instrumental in moving all of those gains forward and setting a fair benchmark in San Francisco. Now, you have turned your back on those who have long been among the most rock-solid of your political base.

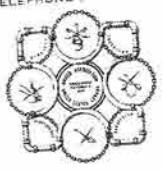
How ironically apropos that a sharp right-hand turn onto 3rd Street (soon to be renamed in your honor) from Civic Center follows a one-way street out of town.

Yours truly,

Gary Delagnes, President  
San Francisco Police Officers Association

SFPOA President Gary Delagnes



TELEPHONE (415) 626-2000  
  
UNITED ASSOCIATION OF JOURNEYMAN AND APPRENTICES  
OF THE PLUMBING AND PIPE FITTING INDUSTRY  
LOCAL UNION NO. 38  
1621 MARKET STREET • SAN FRANCISCO, CA 94103

September 15, 2010

Mr. Willie Brown  
100 The Embarcadero  
The Penthouse  
San Francisco, CA 94105

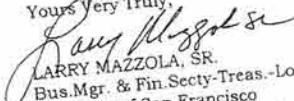
Dear Willie:

I was deeply shocked and sorely disappointed when I read in this morning's Chronicle that you were supporting Proposition B, the so called Adachi Amendment, which would require City employee's to pay 10% of their salaries towards their pensions and double the charge for healthcare plans for their dependents.

As you know, I long considered you not only a personal friend, but far more significantly, I considered you a champion and spokesman for the working men and working women of San Francisco. Your present stance on this issue is certainly a disillusionment and will be disheartening to your heretofore supporters. I have seen many times as Mayor, when there was a problem facing our unions sit down with the representatives of the Unions and work out the solutions to the problems rather than submit it as a Proposition to the voters of San Francisco most of whom are misinformed as to the effects of any Proposition.

I am of course, cognizant of the fact that the issue of pensions and healthcare for City employees and their proper financing is a serious one and must be faced; but this should be done in an atmosphere of carefully thought out deliberations between the unions and the City which would be reflective of both the welfare of the workers and economic consequences to the City and County of San Francisco. It should never be done by a Proposition, clearly designed to attract the most reactionary and anti labor forces in the City and to solely benefit certain politicians personal ambitions.

I urge you to reconsider your position and be the Willie Brown I knew and supported.

Yours Very Truly,  
  
LARRY MAZZOLA, SR.  
Bus.Mgr. & Fin.Secty-Treas.-Local 38  
President of San Francisco  
Building & Construction Trades Council

cc: Tom O'Connor-Firefighters  
Gary Delagnes-P.O.A  
Tim Paulson-SFLC  
Bob Muscat-Local 21  
Mike Theriault-SFBTC

LM/mm  
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Affiliated with American Federation of Labor Edg. & Constr. Trades Dept., Metal Trades Dept., Railway Dept., Union Labels Trades Dept., Dominion Trades & Labor Congress of Canada



**The SFPOA Welcomes the  
Men and Women  
Serving in the  
United States Navy  
and Marine Corps  
during Fleet Week,  
October 7-12**



# Minutes of the September 15, 2010 POA Board Meeting\*

1. Sergeant-At-Arms Breen called the meeting to order and led the Pledge of Allegiance.
2. Secretary Montoya conducted the roll call of the Board of Directors and Executive Board.
3. Rep. Sorgie (Co G) made a motion to approve the minutes from the August 2010 Board Meeting. Motion was seconded by Rep. McEachern (Inv) and passed by voice vote without opposition.
4. David Estes and John Lewerenz of Montgomery Advisors discussed the terms of the purchase of the Paragon Restaurant located at 701 Second Street.
5. Sergeant-At-Arms Breen made a motion to accept the terms of the purchase and lease associated with the purchase of the property located at 701 Second Street. Motion was seconded by Rep. Dorgan (Co C) and Rep. Bertrand (Co B). The results of a roll call vote were 24 (yes), 5 (no) and 2 (abstained). Motion carried.
6. President Delganes spoke regarding Proposition B which will go before the voters on November 2, 2010. Current polls show that Proposition B is ahead. President Delganes then announced that a critical piece of the legislation that stated that if any portion of the Proposition is deemed illegal, there could no pay raises for any city employee for 5 years. A Judge ruled that portion of the Proposition is unconstitutional and it has been removed from the language. A recent POA Bulletin has been issued with more bulletins to follow asking members to assist with various duties to help defeat Proposition B, including walking precincts and working phone banks.
7. Rep. Landi (Co K) made a motion that the Board of Directors bring PORAC to a Board Meeting to discuss the options and resources PORAC provides. Motion was seconded by Rep. Schaeffer (Co C). The results of a roll call vote were 11 (yes), 19 (no) and 0 (abstained). Motion denied.
8. A request from the floor by member Caroll that the Board revisit its prior vote that accepted the Legislative Committee's Neutral Position recommendation for State Attorney General. The ensuing discussion focused on the murder of Officer Isaac Espinoza in April 2004 and the decision by DA Harris not to seek the death penalty for his killer. Following discussion, a motion was made by Rep. Evans (HQ), seconded by Rep. Landi (Co. K). On roll-call vote, the Board reaffirmed its prior vote to endorse no candidate in the AG race.
9. Treasurer Halloran provided each Board Member with a copy of the monthly Expense Recap Sheet.
10. Treasurer Halloran advised the Executive Board approved the following monies. \$500.00 for Sandra Hutchens who is running for Sheriff of Orange County. \$500.00 for Dennis Herrera who is running for Mayor of San Francisco.
11. Secretary Montoya made a motion to donate \$5000.00 to Operation Dream which the POA supports on an annual basis. Motion was seconded by Rep. Rodgers (Co D) and passed by voice vote without opposition.
12. Rep. Rodgers (Co D) made a motion to approve \$2500.00 for each of the following Units Gym Fund as outlined in prior agreements. Mission Station, Ingleside Station and Tenderloin Station. Motion was seconded by Rep. Goldsborough (Co H) and passed by voice vote without opposition.
13. Vice President Martin called for a moment of silence for retired member Jesse Myrick, retired POA Staffer Louise Wright and San Francisco Native Charles Meyers (Meyers, Milias, Brown Act).
14. Meeting Adjourned at 1705 hour

*Respectfully Submitted.  
Tony Montoya  
POA Secretary*

*\*These minutes will not be adopted by the Board of Directors until the next General Membership meeting. Corrections and amendments might be made prior to a vote to enter the minutes into the permanent record. All corrections and/or amendments will be published in the succeeding issue of the Journal.*

## Board of Directors Meeting Roll Call

Wednesday, September 15, 2010

		Vote 1	Vote 2			Vote 1	Vote 2
President	Gary Delagnes	P	Y	N	Co. G	Dean Sorgie	P
Vice President	Kevin Martin	P	Y	N			Y
Secretary	Tony Montoya	P	Y	N	Co. H	Maris Goldsborough	Y
Treasurer	Marty Halloran	P	Y	N		James Trail	N
Sergeant-At-Arms	Chris Breen	P	Y	N	Co. I	Jody Kato	AB
Editor	Ray Shine	P			Co. J	Kevin Lyons	
Co. A	Ed Browne	P	Y	N		Brian Philpott	
	George Rosko	P	Y	N	Co. K	Matt Gardner	
Co. B	Larry Bertrand	P	Y			Steve Landi	
	Jayne Campbell	P	Y	N	Hdqtr.	John Evans	
Co. C	Dermot Dorgan	P	Y	N		Troy Peele	
	Chris Schaffer	P	N	Y	Narcotics	Dave Falzon	
Co. D	Jose Jimenez	E				Frank Hagan	
	Matthew Rodgers	P	Y	Y	Tactical	Dan Laval	
Co. E	Jesus Peña	P	Y	N		Mark Madsen	
	Tim Flaherty	E			Invest.	Gavin McEachern	
Co. F	Peter Dacre	P	Y	N		Dean Taylor	
	Rob Imbellino	P	Y	N	Airport	Anton Collins	
						Joe Finigan	
						Retired	Y
						Ray Allen	Y
							P

### San Francisco Police Officers Association Editorial Policy

The POA Journal and the POA web site ([www.sfpoa.org](http://www.sfpoa.org)) are the official publications of the San Francisco Police Officers Association and are published to express the policies, ideals, and accomplishments of the Association. The following provisions that are specific to the publication of the POA Journal shall also be applicable to publication of material on the POA web site to any extent that is practical. Publication of material in the POA Journal or on the POA web site does not necessarily include publication on or in both instruments of communication. Nor does the following editorial policy for the POA Journal preclude a different or contrary editorial policy for the POA web site.

#### Member Opinions and Commentary: Unsolicited Written Material

A member or group of members may submit unsolicited written material to the POA Journal that expresses his/her/their opinion(s) and concerns within the following limitations and guidelines:

- Such material must be addressed as a letter or mail using common salutations such as "Dear POA," "Editor," "SFPOA" "Dear POA Members" etc.
- Such material must be authored and signed by the member(s) making the submission. Anonymous submissions will not be published.
- Such material must be factually correct and presented in a respectful and civil manner.
- Such material can not be slanderous, unnecessarily inflammatory, sexist, racist, or otherwise offensive, nor can it be disparaging of any member or bring upon them unwarranted accusation or rebuke, either express or implied.
- Such material can be forwarded to the editor by electronic mail, US Mail, inter-departmental mail or other written communication, or delivered in person to the editor or to any person in the POA office.
- Upon receipt of such material, the editor shall cause it to be published in the next regular printing of the POA Journal, or in a future issue designated by the submitting member provided that the content complies with all the provisions of this policy. Such material will not necessarily appear in more than one issue of the POA Journal.
- Such material will be published in a designated section that shall be clearly titled as "Letters to the Editor," "Letters to the Journal," "Mail" or other similar title indicating that the material included therein is the express opinion of the author(s) and not necessarily that of the SFPOA or any of its elected or appointed officers.
- Depending upon considerations of timeliness and space, the editor reserves the right to withhold publication of such material for as many as two issues. The editor also reserves the right to decline to publish material beyond a date wherein the context of the material is no longer timely.
- All such material is subject to editing for grammar and punctuation. Portions of a submission may be omitted for considerations of space so long as the general context of the material is not significantly diminished or altered.
- The editor may select portions of a submission to be highlighted in a common editorial manner such as pull quotes, sub-heads, or kickers.

#### Other Submitted Material

All other written, photographic, or graphic material must be:

- Specifically solicited by the editor;
- Or be unsolicited material that may be published at the discretion of the editor, and in accordance with other applicable sections of this editorial policy and Article XI, Section 8(e) of the by-laws.

### The San Francisco Police Officers Association

## POA JOURNAL

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(415) 861-5060

[www.sfpoa.org](http://www.sfpoa.org)

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TREASURER .....	Martin Halloran	Co. J .....	Kevin Lyons, Brian Philpott
SERGEANT-AT-ARMS .....	Chris Breen	Co. K .....	Matt Gardner, Steve Landi
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Co. C.....	Dermot Dorgan, Chris Schaffer	HEADQUARTERS.....	John Evans, Troy Peele
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### ASSOCIATION OFFICE: (415) 861-5060

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The POA Journal is the official publication of the San Francisco Police Officers Association. However, opinions expressed in this publication are not necessarily those of the SFPOA or the San Francisco Police Department.

Members or readers submitting letters or articles to the editor are requested to observe these simple rules:

- Address letters to the Editor's Mail Box, 800 Bryant St., 2nd Floor, San Francisco, CA 94103.
- Letters must be accompanied by the writer's true name and address. The name, but not the street address, will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be typed, double-spaced, or submitted via e-mail or on disk in Microsoft Word.

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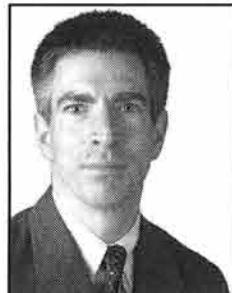
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## Counselor's Corner

**By John Tennant**  
SFPOA Counsel

In recent months the federal courts have afforded some guidance in an area of the law that remains relatively ill-defined: the parameters of public employees' Fourth Amendment right to be free from unreasonable searches and seizures by their employer, who, unlike that of their private-sector counterparts, just so happens to be the government. While it has long been true in theory that public employees do not check their constitutional rights at the door of their governmental employer, the reality has been a general trend by the courts to equate public workers with their private sector counterparts in a way that diminishes public employee rights vis-à-vis the government.



This trend finds the high watermark of its expression in the 1994 United States Supreme Court case, *Waters v. Churchill* (511 U.S. 661), where the Court held that a public employee may be fired for speech even if the employer is mistaken about what the employee actually said. As former Justice Sandra Day O'Connor explained, "the government as employer has far broader powers than the government as sovereign."

The High Court hewed to this doctrinal line of thinking without expressly saying so in this summer's landmark decision, *City of Ontario v. Quon* (130 S.Ct. 2619), where the justices unanimously reversed and remanded a decision by the lower Ninth Circuit Court of Appeals which had held previously that a police officer had a reasonable

## Federal Courts Weigh Public Employees' Fourth Amendment Rights

expectation of privacy in text messages and that a police department's review of those messages violated the officer's Fourth Amendment rights.

The Supreme Court, instead, found that the Ontario Police Department's review of text messages on Sergeant Quon's employer-provided pager was "reasonable" and "not excessively intrusive" because it amounted to an "efficient and expedient way to determine whether Quon's overages [in excess of the monthly usage fee contracted by the OPD] were the result of work-related messaging or personal use." (Id., at 2631.) The Court also "punted," in effect, on the issue of whether Quon possessed a privacy expectation in his text messages because of the newness of the technology, claiming that the "judiciary risks error by elaborating too fully on the Fourth Amendment implications of emerging technology before its role in society becomes clear." (Id., at 2629.)

Most telling to this author is the somewhat throwaway line in the Court's decision that "the search would be regarded as reasonable and normal in the private-employer context," citing a concurrence by Justice Antonin Scalia in an earlier public employee search-and-seizure case. This hearkens back directly to the earlier *Waters v. Churchill*-line of reasoning: when it comes to constitutional rights, public employees are little different from private employees, who don't enjoy the same level of constitutional protections once thought to exist in the public-sector workplace.

A far better decision from an employee perspective, however, was handed down just a couple of weeks ago from the Ninth Circuit, and the facts of the case are worth describing in some detail. In *Delia v. City of Rialto*,

the Court held that a public employer's ordering a fire fighter to submit, in essence, to a literally warrant-less search of his home amounted to a violation of the employee's Fourth Amendment rights. In the Delia case, the City of Rialto became suspicious of fire fighter Delia's off-work status, ordered by Delia's doctor after Delia had become ill while working to control a toxic spill, and hired a private investigator to conduct surveillance on Delia. This occurred despite the fact that the doctor had not placed any service restrictions on Delia.

After observing a film made surreptitiously of Delia buying several rolls of fiberglass building insulation at a home improvement store, the City launched an internal affairs investigation and ordered Delia to appear for an interview. After showing Delia the film, the interrogator (a private attorney hired by the City), asked Delia whether the insulation had been installed, to which Delia responded that it was still bagged at his house. After obtaining the authority of the fire chief, the attorney-investigator asked Delia to allow a battalion chief to enter his home and conduct a warrantless search. After Delia refused on the advice of counsel, the attorney-investigator asked if Delia would volunteer to have the battalion chief follow Delia to his house where Delia could then bring out the insulation rolls to prove that they had not been installed. Again on the advice of counsel, Delia refused.

At this point, the attorney-investigator presented Delia with a written order, signed by the fire chief, to produce the insulation. The interview concluded, and two battalion chiefs then followed Delia home in a city vehicle, where Delia and a union representative went into Delia's house and brought

out three or four rolls of insulation and placed them on his lawn.

The Ninth Circuit had little trouble in finding that Delia's Fourth Amendment rights had been violated. The Court recited the oft-repeated principles which gird the Fourth Amendment right to be free from unreasonable searches and seizures as articulated in a wealth of case law, such as, "at the very core of the Fourth Amendment stands the right of a man to retreat into his own home and there be free from unreasonable government intrusion" and "the search of a home's interior is the prototypical area of protected activity."

But the Ninth Circuit refused to find liability on the parts of the fire chief and the battalion chiefs for the constitutional violation given a rather complicated legal doctrine known as qualified immunity: if a constitutional right is not clearly established at the time of its violation, the violators are qualifiedly immune from liability. And the City also escaped municipal liability given the absence of any policy to contravene the employee's Fourth Amendment rights – the existence of a policy is a prerequisite to a finding of liability on the part of a municipality. Which left only the private attorney, with regard to whom the Court remanded the case to the trial court for further proceedings consistent with the Court's decision. Which, in turn, leaves us with a victory that while important for public employee labor as a whole, seems somewhat Pyrrhic for plaintiff Delia himself. Sometimes even when you win, it ends up feeling rather like you've lost...To quote Charles Dickens's Oliver Twist, sometimes "the law is an ass."

"Roll the Union On..."

## Calendar of Events

Mark your calendars for the following meetings and events by the POA and its friends and supporters. All dates and times are subject to last minute changes, so always contact the event coordinator to confirm dates and times. If you have an event you would like posted on our calendar, contact the editor at [journal@sfpoa.org](mailto:journal@sfpoa.org).

### Regularly Scheduled Meetings or Events

Event	Location	Date & Time	Coordinator
Meeting, Veteran Police Officers Association	Pacific Rod & Gun Club 520 John Muir Drive, SF	Second Tues. of Every Month, 11:00 AM	Larry Barsetti (415) 566-5985 <a href="mailto:larry175@ix.netcom.com">larry175@ix.netcom.com</a>
Meeting, Widows & Orphans Aid Association	Ingleside Police Station, Community Room	Second Tues. of Every Month, 2:00 PM	Mark Hurley (415) 681-3660
Meeting, American Legion SF Police-Fire Post	War Memorial Building 410 Van Ness Ave., SF	Second Tues. of Every Month, 6:00 PM	Greg Corrales (415) 759-1076
<b>POA Board of Directors Meeting</b>	<b>POA Building</b>	<b>Third Wed. of Every Month, Noon</b>	<b>POA Office (415) 861-5060</b>
Meeting, Retired Employees of CCSF	Irish Cultural Center	Second Wed. of Every Month, 11:00 AM	Reyna Kuk (415) 681-5949
Retiree Range Re-qualification	SFPD Pistol Range	First Fri. of each Month, 0730 – 1130	Range Staff (415) 587-2274

### Specially Scheduled Events

LPOA Dinner Dance Scholarship and Toy Drive	Janet Pomoroy Center 207 Skyline Dr., SF	Saturday, October 9, 2010, 6:30 PM	Lula Magallon (415) 205-1801
Emerald Society Oktoberfest	Schroeder's Restaurant 240 Front St., SF	Friday, October 15, 2010, 5:00 PM	M. Moran, Ingleside Station (No RSVP Required)
APOA Scholarship Dinner	New Asia Restaurant 772 Pacific Ave, SF	Friday, October 15, 2010, 6:00 PM	Mike Zhang (415) 666-8005
Promotional Dinner Honoring Comm. Dan Mahoney	House of Prime Rib Van Ness at Washington, SF	Tuesday, October 19, 2010, 5:30 PM	Candy Hilder (415) 553-7932
North Bay Retiree Luncheon	Villa Restaurant, Santa Rosa 3901 Montgomery Dr.	Wednesday, October 20, 2010 Noon	Mick Shea (707) 481-2520
Police vs. Fire Cable Car Pull Benefiting Make-A-Wish	Aquatic Park Jefferson at Hyde, SF	Saturday, October 23, 2010, 8:00 AM	Bob Guinan (415) 850-5726
SF Probation Officers Memorial Mass	St. Michael's Ukrainian Church 345-7th St., SF	Friday, November 5, 2010, Noon	Karen Totah (415) 553-1496

# WIDOWS' AND ORPHANS' AID ASSOCIATION

PO Box 880034, San Francisco, CA 94188-0034 ◆ Established 1878 ◆ Telephone 415.681.3660

September 15, 2010

The regular meeting of the Widows' and Orphans' Aid Association of the San Francisco Police Department was called to order by acting President, Vice President Matt Gardner at 1:55 PM in the Conference Room of Ingleside Station.

**PLEDGE OF ALLEGIANCE:** Led by Vice President Matt Gardner.

**ROLL CALL OF OFFICERS:** President John Centurioni was excused. Present were Vice President Matt Gardner, Treasurer John Fewer, Secretary Mark Hurley, Trustees Bill Gay, Bob Mattox, Al Luenow, Mark McDonough and Harold Vance.

**MINUTES OF THE AUGUST MEETING.** Motion by Bob Mattox that the minutes be approved as published, Seconded by Mark McDonough. Motion carried.

**BILLS:** Treasurer John Fewer presented the usual bills. Motion by Bill Gay, seconded by Al Luenow, that the bills be paid. Motion carried.

**COMMUNICATIONS:** The final distribution of funds from the Edgar and Helene Fleck 1982 Trust. \$26,754.70 was put into our account.

#### WE HAD THREE DEATHS

#### THIS PAST MONTH:

**DOUGLAS W. HOSEA,** 74 years. Doug was born in Toronto, Canada. After high school he served our country by enlisting in the Air Force. He

served overseas and stateside and was discharged in California and remained employed as a utility man. Doug entered the Police Academy in 1963. His first assignment was Richmond Station. In 1967, he went to Taraval, and was detailed to the Mounted Unit. Doug was assigned to the Tactical Division for a couple of years and worked the Permit Detail for the last two years before he retired in 1991. Doug was awarded a Bronze Medal of Valor for his action in the arrest of two armed juvenile suspects who just robbed a neighborhood grocery store.

**JOHN LIMAR KANNISTO,** 93 years. John was born in San Francisco and grew up in Glen Park. He attended Balboa High School. He served our country in the Navy and saw a lot of action in the South Pacific. John returned home and joined the San Francisco Police Department in 1945. His first assignment out of the Academy was Northern Station. He then worked a short time at Park Station before going to the Southern. In 1953, he made Sergeant and was assigned to Taraval Station. He worked the Supervising Captains Office. In 1969 he made Lieutenant. He worked Ingleside and Mission Stations. In 1978, he was appointed a Captain and worked out of the Supervising Captains Office. John retired in 1979. John loved collecting all types of discarded items that other people would call junk. He was always

seen at Flea Markets all around trying to find the right item for his collection. John's Brother, Arvo, also served the Department and retired as a Lieutenant and is still extremely active walking the hills of Northern California.

**JESSE LEE MYRICK, III,** 58 years. Jesse was born in Osaka, Japan. His Father was transferred stateside and they settled in the Western Addition. He attended Galileo High School and became a Police Cadet in 1973. In 1974, he went to work as a Buildings and Grounds Patrolman. In 1977, he took the Police Exam and entered the Police Academy. His first assignment was Mission Station. After a few months he went to Northern and in 1996 he was assigned to the Hondas. Jesse remained on the Hondas the rest of his career. Jess retired in June of 2010. He made his home in the East Bay and left us before he could enjoy his retirement.

**REPORT OF TRUSTEES:** Mr. Jerome Paolini, from our investment team of Wells Fargo Bank gave a report on the condition of our account. July was a good month, August was not. In September we are up 2 %. This was the first negative August in five years. Growth remains slow. September is sometimes the worst month of the year. Mid term elections has historically been good for the Market. Unemployment is holding about 9.6%.

**REINSTATED:** Pursuant to Article III, Section 5 of the Constitution. The following members with their payment of all back dues. Larry Piol, Freedy Kassim, Karl Strom, Vince Neeson, Francisco Mendez, Charles Easton and Jack Ballentine. Acting President Matt Gardner ordered them back in good standing.

**OLD BUSINESS:** Treasurer John Fewer presented a copy of the report made by our past Treasurer Joe Reilly. And wanted everyone to know how much work he did in putting that report together. The acting President and Trustees also acknowledged the report.

Secretary Mark Hurley presented the ballot being sent to all members in a week or so. We ask the membership to Please take the time to vote and mail it in. Retired members please mail in. Active members can either mail or use Department mail. PLEASE VOTE!

**ADJOURNMENT:** Acting President and Vice President Matt Gardner had a moment of silence for our departed members and for all those serving their Country in the Armed Forces. Also for the wife of Gayle Wright (Louise) who just passed away. He set the next meeting for Tuesday October 12, 2010 at 1:45 PM in the Conference Room of Ingleside Station. Meeting adjourned at 3 PM.

Fraternally,  
Mark Hurley,  
Secretary

## San Francisco Police Officers Association Endorsements for November 2, 2010

Governor	Jerry Brown	
Lt. Governor	Gavin Newsom	
Secretary of State	Debra Bowen	
Insurance Commissioner	Dave Jones	
State Controller	John Chiang	
Attorney General	No Endorsement	
District 2	Mark Farrell, Janet Reilly	
District 4	Carmen Chu	
District 6	Theresa Sparks	
District 8	Scott Weiner	
District 10	Steve Moss	
Proposition A	(Earthquake Retrofit)	YES
Proposition B	(Adachi Legislation)	NO
Proposition C	(Mayoral Appearance)	NO
Proposition E	(Election Day voter registration)	NO
Proposition I	(Saturday voting)	YES
Proposition L	(Sitting/Lying on sidewalks)	YES
Proposition H	(Political Party Committees)	YES
Proposition M	(Foot Patrols)	NO

## Retirements

The San Francisco Police Officers Association congratulates the following POA members on his or her recent retirement from the SFPD. These veterans will be difficult to replace, as each takes with him or her decades of experience and job knowledge. Listed alphabetically by last name, the most recently retired POA members are

- Inspector Alex Bini #67 from Park Station Investigations
- Sergeant/Inspector Robert Guinan #1400 from Traffic Co, Solo
- Sergeant William Herndon #1951 from Park Station



## Memorial Mass for Deceased Probation Officers

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Contact: Karen Totah at 415 553 1496

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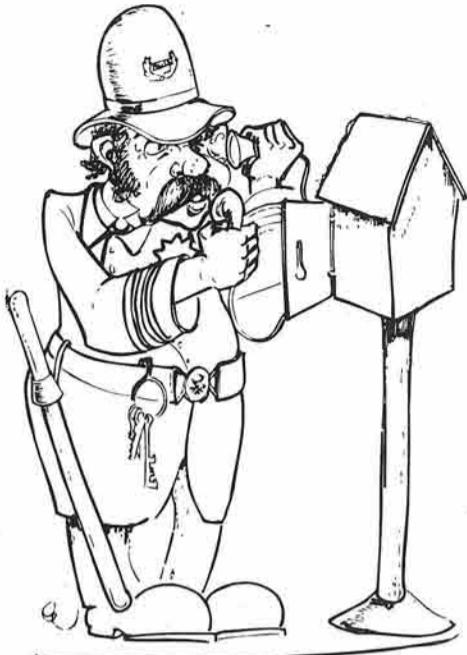
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# AROUND THE DEPARTMENT

By Al Casciato



## ...Thank You:

The Campaign against proposition B is in full swing. I would like to thank all those who have volunteered to walk precincts, work phone banks and address groups. A special thank you goes out to the miscellaneous City employees who have volunteered to go on "lost time" and work fulltime on the campaign. Now that is commitment!!!...Think of them every time you look at your paycheck because they are the front line that is fighting to protect that check while losing retirement time...

## ...Birth:

The Southern Station Family has a new addition. Michael Petuya (Southern) and his wife Chaigne Stokes (Southern) proudly announce the arrival of their first child. Son, Nicholas James Petuya 6 lbs 6 oz 19.25 inches long, born July 21, 2010. Proud Grandparents are Retired SFPD Sgt. Frank and Angelina Petuya and Retired SFPD James and Jacqueline Stokes. Nicholas joins his big brother Michael and sister Adrianna. Congratulations to all, may the future hold nothing but the best...

## ...Guardians of the City:

The Guardians of the City will conduct its official kick-off on the anniversary of the 1989 earthquake Sunday October 17, 2010 at 0900 hours. All are invited to participate by joining us at the dedication of the Guardians of the City Administrative Office and collection center located at 1152 Oak Street cross of Divisadero. The Guardians of the City is an all inclusive organization (Fire, Police, Sheriff's, 911, 311, EMT's, Public Health and NERT to name a few) dedicated to preserving San Francisco's Public Safety History for our future generations. You can support the organization by directing your Combined Charities donation to GOTC at 1152 Oak Street. Look for a more extensive article in the November issue of the *Journal*...

## ...Hole-in-One!

Received a clipping from the *Marin Independent Journal* Thanks (Mike Koppel) dated Thursday September 9, 2010 which announces that retired Deputy Chief Vic Macia hit a hole-

in-one on the 137-yard sixth hole at Marin Country club with a 7 iron. Congratulations!!!

## ...Information Sought:

A study of the Traffic Company is being conducted and one statistical comparison being sought is a comparison study of the total number of motorcycle officers assigned in the years 1980, 1990, 2000 and 2009. The later one is easy but the others are a bit more difficult to research. Does anyone out there have some old watch sheets? Any former Planning and Research statisticians out there with old records or a good memory who can help? If you can help with any information please e-mail [Sgt. Kyle Ching @ kyle.ching@sfgov.org...](mailto:Sgt.Kyle.Ching@kyle.ching@sfgov.org)

## ...Rest in Peace:

On Saturday September 25th, 2010 a large group of us gathered to celebrate the Life of Louise Wright who worked at the POA for 28 years. Louise is survived by her husband of 57 years retired Sgt. Gale Wright and children Bruce, Michael and Nancy. During her years at the POA she was one of the foundations of our organization typing and re-typing all the articles that appeared in the Notebook and Journal before the advent of the computer and afterwards for those contributors that feared the new technology. Louise was a true lady who always brightened your day and always had the best interest of all at heart. She once shared with me the secret on how she handled phone calls from members. After referring 3 calls to me on one particular day I quizzed her as to why. She lifted her blotter displaying her list of those she knew would best handle the member problems. Some were Officers and Directors but many were not. With a promise to keep her secret I never questioned anyone as to how they had obtained my contact information because I knew that Louise had vetted the situation. Rest in Peace Louise and Thank You for being you...

## ...Lots of Studies:

As a Police Department we've been studied by consultants, grand juries and a variety of legal beagles. Recently at a Retirement Board Retreat I had the opportunity to hear UC Berkeley School of Business Professor Charlan Nemeth present case studies about a program called "mirroring" that she conducts for corporations utilizing PhD candidates. As I listened I couldn't help but wonder if this program would (could) have helped us prevent incidents such as the recent Crime Lab situation and the hijacking of the City computer system. I don't have an answer for that but I hope some of our City Leaders take a look at "mirroring" because in my humble opinion we need it...

## ...She's moved:

Long time New York Life Public Safety representative Rosie Faifua has moved to 566 Folsom Street from 101 Pine. She has a new office, new phone number and less expensive parking. Visit [www.rosiefaifua.com](http://www.rosiefaifua.com). Good luck in the new digs...

Announcements, notices or tidbits can be e-mailed to [alfrmsf@aol.com](mailto:alfrmsf@aol.com), faxed to 552-5741, or mailed to *Around the Department*, 800 Bryant St., 2nd Floor, SF, CA 94103.

## POA Mourns Death of Louise Wright

The men and women of the San Francisco Police Officers Association extend sympathy and condolences to the family and friends of Louise Wright. She died September 13, 2010 at the age of 78.

Louise was a fond and familiar face at the POA for more than 28 years, and was one of the longest serving staff members in the organization. Her husband, retired sergeant Gale Wright, is a past editor of the association newspaper, and Louise once worked as a typesetter for Howard Quinn Printing, the shop that has printed the POA papers for more than 40 years.

Louise served under 8 elected POA presidents, and half that many editors. Amid the chaos and turmoil that seems to descend on the POA office on a daily basis, Louise was a rock of calm and composure. Her ready smile, quiet demeanor, and sense of humor were much appreciated by her co-workers and the members who would come and go through the course of a day. She will be very fondly remembered by all of us who have worked or served with her at the POA over the last four decades.

— Ed.

## 2010 Combined Charities Campaign

By Captain Stephen Tittel, Airport Bureau/Traffic

The 2010 City and County of San Francisco Combined Charities Campaign will be conducted from October 1 to October 29, 2010. In 2009, thanks to the extraordinary generosity of CCSF employees, over 1.4 million dollars was raised.

This year the motto of the "Heart of the City" campaign is: "Give a little... together it means a lot".

Over the next few weeks myself and Captain Garrett Tom along with a number of campaign captains will be addressing lineups to ask for your help and generosity, encourage your participation and answer any questions that you may have. There are great number charities listed in the brochures that we will have available but you can also donate to any 501(c)(3) organization of your choice.

To say that we are in epic hard times is a vast understatement. Everyone has been hurt by the current financial situation but we, the members of the San Francisco Police Department, have a chance to help our fellow citizens and our communities. We spend half our lives helping people at work, can't we all find it in our hearts to help those in need just a little more? One person can make a difference, please be that person and give what you can.

Thank you for your consideration.

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"I am a 42 year old male police officer-who had to retire in 2010 due to a **severe low back injury (L5/S1 disc herniation)**. Injured in 2002, reinjured in 2005, low back surgery in 2007. The surgery was not a success, and I ended up with constant severe low back pain, and pain down both legs. I started getting treated in Dr. Rosenstein's office, and within a few visits I could feel the pressure coming off my nerves. **For the first time in years, I now have days when I have no pain!**" — Paul Olson, California State Park Police

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# This and That...

By Kevin Martin,  
SFPOA Vice President

## Guilty As Charged...

**O**n Thursday, September 23, 2010 in Department 27 in a California Superior Court, following a five-week trial, a San Francisco jury convicted Steven Pitrilli of first-degree murder for killing Officer Nick-Tomasito Birco. Officer Birco #612, a very proud and honored former United States Marine was on street patrol during the early morning hours of July 26, 2006 in the Bayview Police District keeping the streets safe for residents of the neighborhood. On the late night of July 25th and early morning hours of July 26th, Steven Petrilli and two other thugs and creeps committed a rampage of violent robberies in the city. At one point a police pursuit was initiated as Pitrilli, driving a stolen van, drove recklessly through some twenty stop signs before plowing the vehicle into officer Birco's stationary patrol car at an approximated 54 miles an hour. The impact of the two vehicles caused the patrol car to be pushed across the intersection of Cambridge and Felton streets and into a telephone pole, which was severed in two. Officer Birco was killed as a result of the crash.

The jury in this case also convicted Pitrilli on conspiracy to commit robbery, four counts of robbery, felony evading the police and gross vehicular manslaughter. Pitrilli who was on felony probation had a noted history for evading the police.

The two other defendants in this case, Carl Lather and Nicholas Smith are awaiting their murder trials. Pitrilli's wife who was also in the van at the time of the killing was not charged in the matter.

The jury was found to be very empathetic towards the Birco family, as Pitrilli never appeared to show remorse for his felonious actions that caused the death of the Birco family's son and brother. Quite to the contrary. During the trial, Assistant District Attorney Fleming played an audio clip for the jurors of a telephone conversation between Pitrilli and his wife during which they laughed and joked about the chase.

Immediately after the verdict had been read, Pitrilli's defense attorney, Lisa Dewberry, requested that each jury member be polled as to each count. Over the course of the next

several minutes the jurors affirmed their "Yes" verdict one hundred and twenty times. Pitrilli sat at the defendant's table with his face buried in his hands as the jurors responded.

The verdict as imagined was very welcomed by the Birco family as well as members of the San Francisco Police Department and certainly by this association of which Nick was a proud member. As a result of his courageous actions to stop a fleeing violent felon, Officer Nick-Tomasito Birco posthumously received the first San Francisco Police Officers' Association Medal of Honor. The medal was presented to Mr. and Mrs. Birco and their family on the same day that Nick-Tomasito's name was sadly unveiled upon the Hall of Justice "Wall of Honor." That hallowed wall recognizes every San Francisco Police Officer who has been killed or died in the line-of-duty.

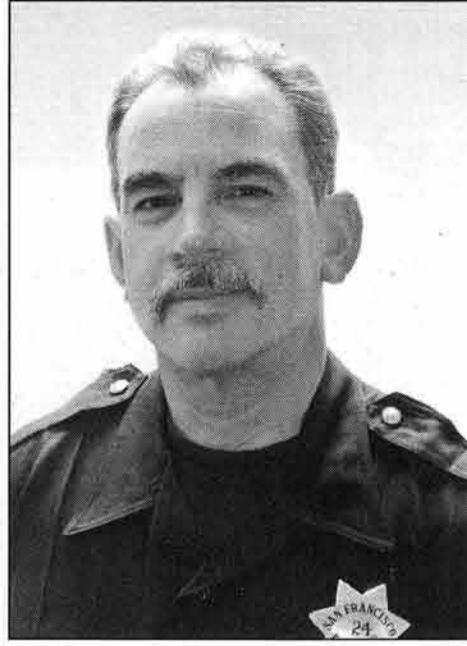
The Department and this association owe a great debt of gratitude to Assistant District Attorney Eric Fleming for his unwavering dedication to this case. Well done, Mr. Fleming!

A.D.A. Fleming and his team are to be congratulated for their outstanding and resolute efforts to bring justice to Nick-Tomasito, his family, the police officer's of this city and the citizen's of San Francisco as well as the people of this state.

A.D.A. Fleming overcame tremendous obstacles to see this case through to its rightful end. Pitrilli's defense attorney, the aforementioned Lisa Dewberry, argued before the court that her client had mental and behavioral problems and had been manipulated into his "behavior" on the night in question. Even more ridiculous and disturbing was the argument that Nick-Tomasito had a history of heart problems and was obese...what crap!

Eric, you have our deepest admiration and our respect. I have written of Eric and his outstanding work in the past as it was Eric who a few years back successfully prosecuted the "lovely and talented" Victoria Green who was accused and convicted of dousing several police officers from the Bayview District with bleach to their eyes as they attempted to take her violent son into custody.

I would also like to thank all the Inspectors and officers who helped put this very compelling case together and who during the course of the trial testified to its rightful outcome. I know the Birco family and every member of this department and association is



very appreciative of your outstanding efforts.

A very special "tip of the hat" to retired S.F.P.D. Inspector Mike Mahoney who testified as an expert witness in this case and to Officer Monty Singleton of Bayview Station who reminded us all that in court as well as in other places and circumstances, "Don't ask a question unless you already know the answer". Great work, Monty!

I would also like to commend and thank the jury for your unanimous verdict. It took four very long years for this case to go to trial, over one month for the case to be presented in court, but incredibly only less than two days for the jury to deliberate and reach its verdict. In many ways, this jury has reaffirmed the faith of many law enforcement officers in general — and San Francisco Police Officers in particular — in the judicial system. I thank each and every one of you from my heart.

Steven Petrilli who most likely is facing a sentence of "life without possibility of parole" will return to court on October 22, 2010 for sentencing.

## Blood Drive...

On Thursday, September 2, 2010 the San Francisco Police Officers' Association held a blood drive for Officer Todd Young of the Fremont Police Department who was shot and critically injured in Oakland while attempting to serve an arrest warrant on some subhuman parasite who was later taken into custody by American law enforcement officers near the Mexican Border...The blood drive which was conducted by the Blood Centers of the Pacific (formerly the Irwin Memorial Blood Bank) was a huge success. The blood center was hoping to collect 29 pints of blood but instead received 46. That far exceeded their expectations.

I would like to thank each and every person who responded to this most worthwhile event for such a necessary cause and who gave the gift of life. Although many of our own members responded to the call, there were also many Deputy Sheriffs and civilians

who took the time to donate.

I would like to especially thank all the wonderful folks from the Blood Centers of the Pacific who made this such a stellar event. Starting with Christina Mihalas, the Field Supervisor who in no time at all was able to coordinate the event and assemble such a great group, I would like to personally thank Natalia Hellem; Diane Lai; Alana Tupasi; Jeri Pierson; Lena Levina; Diana Lawson; Tiffany Veth; Ria Doerfler; Jescinta Davis and the "Great" Fidel Diaz who has the great fortune to be surrounded by such lovely women each and every day. You guys are the best!

A special "tip of the cap" to Captain Terry Barrett, formerly of Park Station and currently of the Academy, who came up with the great idea and got the ball rolling.

The Police Officers' Association will be holding another regularly scheduled Blood Drive on Wednesday, October 6, 2010 at the "New" POA Building located at the corner of 6th Street and Bryant. (The blood drive used to be held at the "old" building on 7th street.) The blood drive will start at 10:00 AM and continue until 8:00 PM. Blood Centers of the Pacific will be on site. Recently retired members Deborah Braden and Mark Hawthorne — neither one a stranger to the blood drive efforts of the POA — will also be on board to coordinate our efforts.

Please consider coming to the POA on Wednesday, October 6, 2010, donating blood and giving the gift of life...Find the hero in you, give blood!

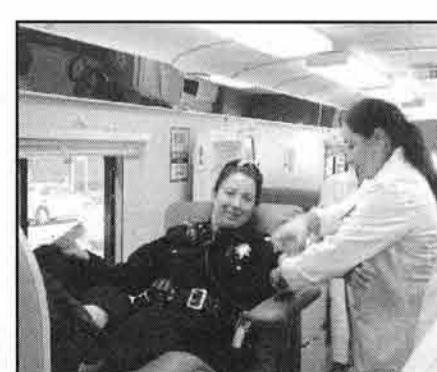
Lunch, food, drinks and snacks will be provided...thanks so very much in advance for your kindness and generosity.

## Vision...

Once again by popular demand, the POA has invited the Pacific Vision Institute to screen our members. On Tuesday, October 12, 2010 from 10:00 AM until 8:00 PM, members of the Pacific Vision Institute will offer POA members and their family a free "ALL LASER LASIK" prescreening and consultation. This has proven to be a very popular and successful event in the past, and many of our members have taken advantage of the great services provided by the institute. Learn about what's new at the Pacific Vision Institute. New ultra-fast Lasik lasers; New Lasik screening technology; new implantable Contact Lenses; Options for seeing better without reading glasses. Enjoy a POA Corporate discount and a free lunch. Look for an article on page 19 in this issue of The POA Journal...watch for the bulletin and we hope to see you here...mark your calendar.

## NO On Prop "B!" It's Bad Medicine...

The POA is encouraging all its members to get behind the fight to defeat Proposition "B," better and bitterly known as The Adachi Amendment. If this becomes law, it will prove to be the most devastating blow to our



Officer Josephine Borges and staff members of Blood Centers of the Pacific.



## San Francisco POA Introduces ... Individual Long Term Disability (LTD) Salary Protection Plan

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members in many, many years. This is a measure that will affect all city employees except somehow, the Public Defender himself, Jeff Adachi. If passed into law, our members' retirement contributions will be increased by 1½%, and our healthcare costs will quite frankly, go through the roof. The "out of pocket" costs to our members could go as high as \$700 per month. The POA has and will continue to do our part financially to defeat this proposition, but it will take so much more than money. We need to mobilize and spread the word to our family, friends and neighbors. We need to walk neighborhood precincts and post door hangers explaining our side of the issue. We need to make our collective voices heard, not just cops, firefighters, and sheriffs, but as dedicated city workers.

The POA held its first Precinct Walk on September 18th. We had twenty-five members show up to do their part. It was a fair start, but we need more, many more. The next Precinct Walk will be Saturday, October 2, 2010 from 0800 until 1000 hours. Please meet at the "old" POA Building at 510 7th Street to receive door hangers and a neighborhood precinct map. The entire effort should take less than two hours. We will be conducting these precinct walks up until the day of the election, which is November 2. We are running behind in the polls and we need to do a lot of work to make up ground and hopefully forge ahead. Victory is critical. Please do your part in this most important effort. We will have no one but ourselves to blame if we don't make a valiant and concerted effort to defeat Proposition "B".

#### Ethics Checkpoint...

Some very disturbing reports from the field have surfaced lately regarding some very peculiar circumstances. Wallets or pocketbooks containing money and property have been handed to police officers on the street by "citizens" claiming to have found them. Officers involved and/or aware of such incidents have found the "citizens" behavior to be curious and not consistent with that of an ordinary citizen turning found property over to an officer. Training and experience have taught us that a great majority of citizens in a similar circumstance will most often stay with the officer long enough to give a statement and information for a report to be generated. They also tend to remain long enough to go over the contents within the found wallet or pocketbook. In these reported cases, the "citizen" will approach the officer and haphazardly hand over the property and quickly walk away without any further contact or explanation.

I and several veteran police officers I've spoken to about this matter are aware of similar practices conducted by entities within a particular police department or law enforcement agency when there seems to be a personnel problem or issue with honesty and/or integrity. I do not or will not believe for one moment that our members falter when it comes to matters such as this. Our members have been trained and are absolutely experienced in knowing and practicing what policies and procedures must be followed in such cases or incidents. I don't know if these are just isolated incidents or a

concerted experimental effort on the part of others to challenge our members, but I dare say we are clearly up to anybody's scrutiny. Enough said...

#### UCSF Visit...

The next POA hospital visit will take place on Wednesday, October 13, 2010 from 1300 to 1500 hours (12:00 – 3 pm) and from 1800-2000 hours (6:00 – 8pm). Please consider spending a couple of hours with some very special and extraordinary young children and teens. Your visit can mean so much to so many people...yourself included. A visit such as this can really put matters into perspective!!! Please contact me as soon as possible at the POA, 415-861-5060 and sign up for this month's visit. Thanks in advance for your kindness and consideration.

This month's article is dedicated to the memory of Nick-Tomasito Birco who after four long years can

look down upon us from the heavens knowing that his death was not in vain. That his noble efforts as a man and as a warrior both as a United States Marine and as a San Francisco Police Officer have been recognized and honored. That his family can go on a little bit easier knowing that justice has been served. That his friends and colleagues know the value and worth of Nick-Tomasito's life has been reaffirmed and restored to its proper standing. That the verdict of the jury has restored our faith in a criminal justice system that we find all to often unfair and compromising. That the District Attorney's Office has outstanding people like Eric Fleming that are very competent, compassionate and unfaltering in their quest for justice and not revenge...God Bless you all and stay safe...

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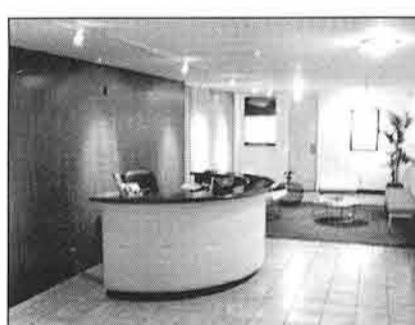
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# POLICE-FIRE POST 456 NEWS

By Greg Corrales

*"He which hath no stomach for this fight, let him depart. We would not die in that man's company."*

— William Shakespeare, "Henry V"

Due to computer problems, I was unable to get last month's column submitted. The computer issues have been addressed and I am happy to report that Post 456 has a new lineup of elected officers. Elected to the position of Sergeant-at-Arms was Jeremiah Morgan, 2nd Vice-Commander was Paul Wallace, 1st Vice-Commander was Mario Gonzalez, and elected as Commander was Peter Mellett. I have agreed to accept the position of Adjutant, which Rene LaPrevotte has filled so capably for years. John Scully had been re-appointed as the Post Finance Officer.

Due to the severe fiscal crisis the City is experiencing, I have spent all my spare time pondering ways in which the Department can save money. In the spirit of embracing "best practices," I suggest that Captain Celaya, commanding officer of our Mounted Unit, follow the example of the Royal Horse Artillery.

In an energy conservation move, horse manure will be burned to provide heating and electricity in new British military barracks. Starting in November 2011, the Royal Horse Artillery will use pellets made from manure from the regiment's 111 horses to cover the energy needs of its new base outside London, according to a



Reuters report.

Manure, mixed with bedding such as straw, is considered an odor-free, chemical-free, and clean burning energy source, to the point that some racetracks and horse-breeding farms make a little extra revenue selling what had long been considered waste.

Forty-two years ago, they promised us that Agent Orange wouldn't harm us, as they sprayed us over and over again. Last year VA Secretary Eric Shinseki decided to add ischemic heart disease, Parkinson's disease, and B-cell leukemia to the list of illnesses presumed caused by Agent Orange. While veterans await VA's final regulations on ischemic heart disease, Parkinson's disease, and B-cell leukemia so they can start collecting earned disability benefits, The American Legion is urging Congress to grant claims now. The House of Representatives may soon consider a Senate-approved amendment that would add a 60-day period of limited spending on the new benefits while Congress reviews the underlying scientific data that led to link the three diseases to Agent Orange exposure.

VA estimates it will spend more than \$42 billion over the next decade on claims stemming from the new regulations. "We can certainly understand why Congress wants to be fiscally responsible in this matter," Said Barry Searle, director of the Legion's Veterans Affairs & Rehabilitation Division, "But thousands of veterans who suffer from

these diseases have waited too long already. The findings are valid. The connections to Agent Orange exposure are real. Let VA and Congress hash it out together, but we urgently recommend that they do it without further delay."

Marines, including Commandant James T. Conway and Sergeant Major of the Marine Corps Carlton Kent, recently gathered at Camp Lejeune, North Carolina, to honor Black Marines who trained at a segregated camp there during World War II. A ceremony was held August 26 to remember those who trained at Montford Point, now known as Camp Johnson. About 20,000 Black Marines trained there from 1942 to 1949, after President Roosevelt issued a directive allowing Blacks to be recruited into the Corps. Rather than be sent to the boot camps at Parris Island, S.C., and San Diego, however, Black Marines were segregated and sent to train at Montford Point. A Senate resolution last month names August 26 Montford Point Marines Day, which was the first day that Black recruits began training there.

Sixty years ago, on August 3, 1950, a 35-man U.S. Military Assistance Advisory Group advance team arrived in Saigon. It had authority to bolster its strength to 128 men, and 65 were in place by fall. The group was officially established in September and began operating in October. Its mission was to inspect French and Vietnamese use of American equipment. The French, however, prohibited U.S. observers in the field during combat operations. Marine Major General Graves Erskine had conducted a preliminary survey that July. Five years into the French Indochina War, Erskine asked, "The French haven't won a war since Napoleon, so why listen to a bunch of

second-raters when they are losing this one?"

A former slave who fought as a Union soldier during the Civil War is lying under a gravestone fitting his service for the first time. When Samuel Brown died in 1923, the 90-year-old former Union Army private and emancipated slave was mistakenly buried under a Confederate headstone at a cemetery in Vallejo. More than 100 of Brown's descendants and Civil War buffs in period dress gathered at the cemetery July 24 for the dedication of Brown's new headstone. Brad Shaw, a national officer with the Sons of Union Veterans, said the ceremony with "Taps," color guard, and gun salute was needed to "render long overdue honors" to Brown. The memorial organization held the ceremony with the American Civil War Association.

A new Web portal is up and running for Iraq and Afghanistan vets. Called Warrior Gateway, it is designed by Google with vets in their 20s in mind. Devin Holmes is the executive director of Warrior Gateway, which is funded strictly by individual donations and grants. Information on a variety of issues is readily available on the site [www.warriorgateway.org](http://www.warriorgateway.org).

Speaking of new vets, San Francisco Police-Fire Post 456 is eager to recruit every veteran in the Police Department and Fire Department. We are particularly anxious to recruit the newer vets and female vets who are very under-represented. Please contact me at Mission Station 558-5455 or at [gc1207@comcast.net](mailto:gc1207@comcast.net). The Post meets on the second Tuesday of every month, at 1800 hours. We meet at the Veteran's War Memorial Building, 401 Van Ness Avenue, Room 212. Hope to see you there!

## POA Bids Farewell to Courtney Dickson

After working for three years at the SFPOA, office staffer Courtney Dickson has moved on to another opportunity. Courtney was the bright and smiling face one first saw after stepping into the POA's second floor front office. Among her many talents was her ability to maintain the POA web site and liaison with the technical professionals who built and launched the site. Courtney was also instrumental in running the annual POA Golf Tourney.



We wish Courtney all the best, and thank her for three years of professional and efficient service to the association.

— Ed.

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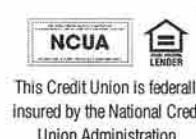
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## Ask Mike...the Retirees' Corner

By Mike Hebel  
POA Welfare Officer

### Deferred Retirement Option Program (DROP)

**Q.** Mike, I have 27+ years of service and would like to enter DROP. But my optimal time to enter is in 2012. Will this program be extended beyond June 30, 2011?

**A.** I don't know. But I do know that the POA will present the best case possible for its extension for another 3 years through June 30, 2014. A Charter initiative, sponsored and financed by the POA, and approved by the voters in February 2008, established the DROP program which allows most police officers to have the equivalent of your monthly service retirement allowance posted to your individual DROP account while you continue to work in your current position and receive your salary and benefits as an active employee.

DROP has been popular with veteran police officers. Through June 30, 2010 the Retirement System has conducted 303 counseling sessions and processed 123 DROP elections. Already 31 police officers have exited DROP.

The DROP program, which began on July 1, 2008, was a three trial program set to end on June 30, 2011. However, not later than April 15, 2011 the City Controller and the consulting actuary (Cheiron) for the Retirement System must prepare a joint report documenting the "net cost effect" of DROP. This report will be submitted to the Board of Supervisors. The Board of Supervisors, based on this joint report, may renew the program for an additional period not to exceed 3 years. The net cost of the program must be cost neutral for an extension to occur; that is, DROP must not have resulted in any net increase in cost to the City. If the Board of Supervisors determines not to renew DROP, those members then enrolled shall be permitted to complete their program participation pursuant to the terms in effect when they entered into it.

When the time comes (4-15-2011) to determine "the net cost effect" of DROP, the Controller and Cheiron must take into consideration a number of factors including: retirement contributions made by members participating in DROP, the City's share of the return on investment of the DROP monies, cost of conducting academies and FTO programs for new recruits, and the expenditures associated with

recruiting and training new officers.

While we will have to wait to April 15, 2011 to get the data upon which an extension decision will be made, I am optimistic that a 3-year renewal will occur. I believe that the program will prove to have been better than "cost neutral." But even if shown to be cost neutral, the POA still must convince a majority of the Board to extend the program. Stay tuned. I and the POA will release the findings of the joint report as soon as it is made public by Cheiron and the Controller's Office.

### Social Security Cost of Living

**Q.** Mike, I receive a small monthly social security check. I accumulate it and use it to pay the property taxes on my residence. Since my real estate taxes go up 2% every year, I count on social security to go up at least by that amount. Will there be a raise in January 2011?

**A.** Most unfortunately the answer is NO. The last annual cost of living was paid in January 2009. It was a 5.8% increase — one of the largest paid since COLA's were made a permanent feature of the Social Security benefit structure in 1950. The data did not support a COLA in January 2010. And again, with prices still below their 2008 levels, beneficiaries are not expected, for the second straight year, to receive a COLA in January 2011.

The good news is that, while social security payments adjust to compensate for the effects of inflation, they are never reduced even if prices were to fall (disinflation or deflation). In the Tier I police/fire retirement plans, there can be a decrease in monthly pension benefit if there is a reduction in the wages paid to active members. This actually happened in fiscal year 2010-2011 for those Tier I retirees who held the rank of commander; they saw or will shortly see a small, actually tiny, decrease in their monthly pension benefit. This occurred for commanders since commanders and above are in a separate bargaining unit so they did not receive the 1.6% raise for all ranks up to and including captain.

Social Security recently reported that the typical 65-year-old today will live to age 83. One in four 65-year-olds will live to age 90. One in ten 65-year-olds will live to age 95.

Social security has a very informative web site at: [www.socialsecurity.gov](http://www.socialsecurity.gov). It is well worth a visit.

### SFPOA/SFPD Retirement Planning Seminar

**Q.** Mike, I see photos in the POA's Journal of police officers and their spouses/partners who have attended the 3-day retirement planning seminar at Sigmund Stern Grove. Is this seminar really necessary to properly plan my retirement from the SFPD?

**A.** Yes, yes, and yes! You should attend one of these seminars. The POA-SFPD jointly sponsors these three times per year. The next one is scheduled for October 5 – 7. Too late though, for this one is all booked up. However there will be presentations in February, June, and October 2011. The dates have yet to be determined, but will be announced shortly. Call the POA (861-5060) to schedule your attendance.

Now, why should you attend? Recent research for the Employee Benefit Research Institute demonstrated a clear connection between retirement planning and retirement enjoyment. Especially successful in retirement were those employees who took more than 18 months to think seriously about retirement. The POA has worked hard over the last twenty years to provide a sensational retirement plan for its members. But each member has the responsibility to use this plan for maximum prosperity and enjoyment. I strongly urge you to attend one of these seminars. The location is superb, the lunches are delectable, the companionship is notable, and the in-



structors are exceptional. Ask recent attendees as to their opinion of this seminar.

*Mike Hebel has been the POA's Welfare Officer since January 1974. He is an attorney and a certified financial planner. He has received awards/recognition as a Northern California "super lawyer" and included amongst "America's top financial planners." He represents POA members at the City's Retirement Board and at the Workers' Compensation Appeals Board. He also advises on investment matters pertaining to the City's deferred compensation plan. He is currently the chairperson on the SF Police Credit Union's Supervisory Committee. Mike served with the PAL as president and long-term Board member. Mike retired from the SFPD in 1994 after a distinguished 28 year career. He is a frequent and long-time contributor to the POA Journal. If you have a question for Mike, send an e-mail to mike@sfpoa.org or call him at 861-0211.*

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FR120808-0059

Long-Term Investing

# U.S.A's Economic Gumbo: Finding the Right Recipe for American Job Growth

By Edwin K. Stephens,  
The Stephens Group

*Hope for the best, but prepare for the worst.*  
— English Proverb

*The worth of a state, in the long run, is the worth of the individuals composing it.*  
— John Stuart Mills

Are Federal Policy makers, the Federal Reserve Governors, CEO's of large businesses and the U.S. consumers working together to promote American job growth?

**Answer:** Not yet. The recipe for a strong and sustained economic recovery will depend on whether the American public has confidence in our leaders. And, the four "economic legs" of the chair must act and work together with conviction.

#### The Right Economic Ingredients

On 8/01/10, Mr. Tom Abate, a business writer for the San Francisco Chronicle noted in his article "Experts dissect decade's job losses" that since World War II, the U.S. economy has been a job-making machine, but now this employment engine is sputtering.

Mr. Abate said "For 60 years from 1940 through 2000, the United States posted double-digit job gains, ending each decade with more Americans collecting pay-checks. But from January 2000 to January 2010, the U.S. economy lost jobs, giving rise to what some have called the "lost decade." The Department of Labor data did reveal what caused the economic slowdown, and possible solutions to fuel future job growth.

The Labor Department noted that the high rate of unemployment caused by the recent recession coupled with a confluence of demographic trends, global competition, and Web-based



technologies changed the way work gets done and who gets the jobs. Mr. Richard Freeman, a Harvard University Economist said, that he studied the labor pool on a global scale and identified that "Since 1990, a series of factors, including the fall of the Berlin Wall and market reforms in China and India, have roughly doubled the global labor supply as workers in the former Soviet bloc and the developing world joined the market economy."

Mr. Abate noted that Professor Freeman called this influx of labor the Great Doubling, and while it has spurred growth, particularly in Asia, and raised incomes and living standards throughout the developing world, it has cost growing numbers of American jobs, either directly through offshoring or indirectly through the displacement of domestic labor by imports.

In essence, in Professor Freeman's view, the jobless recoveries after the recessions of 1990-91, 2001 and 2007 have been caused, in part, by this global labor pool taking jobs from workers in the United States and the other advanced economies.

#### Head Chef Chairman Ben Bernanke

Federal Reserve Chairman Ben Bernanke and his colleagues on the Federal Open Market Committee are

pondering ways to jump-start the economic recovery with the hope that what they do or say does not rattle Wall Street.

On 8/10/10, Ms. Jeannine Aversa, Economics Writer for the Associated Press noted that researchers at the Federal Reserve Bank of San Francisco said in a policy paper that "there's a "significant" chance the economy will tip back into recession in the next two years. However, such a backslide is unlikely to happen in the next few months." Ben Bernanke and his colleagues were scheduled to announce that the Fed will keep short-term interest rates at record lows for as long as it takes to encourage more use of credit. And, the Federal Reserve would use proceeds from their investments in mortgage securities to buy government debt on a small scale. This would help drive down long-term interest rates.

In 2009 and early 2010, the Fed bought \$1.25 trillion in mortgage securities, \$175 billion in mortgage debt from Fannie Mae and Freddie Mac, and \$300 billion in government debt as part of two crisis-era programs. Ms. Aversa said that the Fed's focus again is on energizing the recovery is a shift from earlier this year, when it was starting to lay out its "exit strategy" for eventually boosting interest rates.

Mr. Thomas Hoenig, president of the Federal Reserve Bank of Kansas City, dissented for the fifth straight meeting. Mr. Hoenig believes the "economy is recovering modestly" and did not need the extra help. Instead, Mr. Hoenig raised concerns about the Fed's decision to buy government debt again and he continued to object to the Fed's pledge to keep interest rates at record lows for an "extended period."

In short, Economists doubt the Federal Reserve can turn around the economy on its own.

Most pundits and policy makers

believe that additional help from Congress is needed. Others are skeptical that easier credit or even more government aid will persuade Americans to shop more and hire more. And yet others think some jobs — like in construction — will never return to pre-recession levels, as the economy makes a structural shift.

#### A Slow Simmering Economy

Americans are spending a little more this summer, but hardly enough to rejuvenate the weakening economy. After expanding at a 3.7 percent annual rate in the first quarter, the economy's growth slowed to 2.4 percent in the April-to-June period. And, some economists forecast it will drop as low as 1.5 percent in the third quarter.

On 8/30/10, Mr. Martin Crutsinger an Economics Writer for the Associated Press said, "Without job growth, consumers are not expected to spend much more. But the economy is growing too slowly to support sustained hiring and companies are waiting to see more demand from consumers. That has left the economy stuck in limbo." It is apparent that the American public is looking toward our leaders to signal a clear and direct direction out of our economic quagmire.

Americans are becoming very impatient with our current leaders who have failed to stem the tide of unemployment and are implementing policies that are increasing deficits throughout the nation. The November mid-term elections of 2010 will determine whether our current elected officials are listening to the voices of the voting public. In our present slow simmering economy, it may be time to get new chefs who can find the right recipe for American job growth.

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## Ford's New Interceptor Will Be Mean, Green

Forwarded to the Journal by  
Ken Manley and Gus Coreris

By Reilly Brennan,  
Editor-in-Chief, AOL Autos

As a founding member of the SFPD Destruction Derby Team, it didn't take us long to acknowledge the differences in the "Police Production Dodge" from the identical looking civilian version. We were lucky enough to have full access to vehicles from two large auto wreckers, with the proviso that all scrap metal was returned to them. Of course when we were done with them they were ready to go across the scrap metal scales, with all superfluous materials already removed. We actually put civilian and police production cars side by side and stripped them. The police production units had an extra layer of metal in the bodies, heavier wiring and alternators, oversize sway bars, etc, etc. Then there was that fabulous 440 Magnum engine with its model 727 torque-flight transmission, and we had extras palletized and ready for their next body! When the Dodge dedicated line was shut down there was a real mishmash of attempts at utilizing inferior cars as police cruisers (Buick, etc) before Ford came to the forefront with the eventual Crown Victoria platform. It will be interesting to see how the next chapter plays out, but I know that I will always miss my personal 440 Magnum! Here's the story on Ford's entry into the market with their newest offering.

— Ken Manley

If you've been in the habit of keeping an eye out for cops driving Ford's iconic Crown Victoria Police Interceptor, you might want to recalibrate your eagle eyes. Ford recently debuted their next-generation cop car and for the first time in decades, the car won't be based on the popular rear-drive sedan. The new Police Interceptor will be based on the Taurus, the company's popular (and recently redesigned) front- and all-wheel-drive sedan.

"Police nationwide asked for a new kind of weapon in the battle for public safety, and Ford is answering the call with a purpose-built vehicle – engineered and built in America – that's as dynamic as it is durable," said Mark Fields, Ford president of The Americas.

The new Taurus-based police car comes on the heels of safety concerns about the old Crown Victoria-based vehicle, which was faulted for its fuel-tank design and location. Law enforcement officials said the cars were to blame for fires resulting from rear-end collisions. Ford later offered a fire suppression system for their fuel

tanks and a protective shell around the trunk itself which prevented items inside from piercing through into the tank. The new Taurus-based model passes a brand-new 75-mph rear-end crash test, something Ford claims no



other law enforcement vehicle can do.

### Gallery: Ford's New Cop Car

In addition to being safer, the new "PI" will be greener by an orchard's worth of trees. Ford will offer law enforcement two different engines, but in a surprise move indicative of the times, no V-8 engine will be offered. Vehicles will be outfitted with either a 3.5-liter V-6 (263 hp) or the 3.5-liter Ecoboost twin-turbo V-6 (365 hp). In keeping with the efficiency theme, the Ecoboost cars come equipped with a six-speed transmission. Current Taurus EPA fuel economy puts the sedan at 18 city / 28 highway, but given the added weight on the police unit, fuel economy will likely drop by a few miles per gallon.

Ford insists their new V-6 engines offer the power of a V-8 with the efficiency of a smaller engine. Letting the numbers tell the story, the V-6 Ecoboost has significantly more power than today's Crown Victoria PI with its modular V-8 engine. The Crown Victoria's V-8 pumped out a comparably smaller 239 horses, a difference of more than 100 hp against the new Ecoboost V-6.

### Looks Familiar, But Only Skin Deep

Ford insists the new Taurus-based Police Interceptor shares its skin and some of its powertrain components with the civilian version but little else. As with the past Crown Victoria-based PIs, this new cop car receives significantly upgraded brakes, better cooling and a beefier alternator. Police-specific upgrades continue in the interior as well, with stab-proof seats to protect the driver and her partner, while the rear doors extend an extra 10 degrees to accommodate the wily bad guy.

But retaining some of the civilian's car's charms actually behooves the uniformed officer. Cops will be able to take advantage of the back-up camera, electronic stability control and SYNC infomatic system, features that everyday drivers love.

Ford's current Crown Victoria Police Interceptor goes out of production at the end of 2011; the new PI model picks up production immediately thereafter and should be arriving on the mean streets in early 2012.

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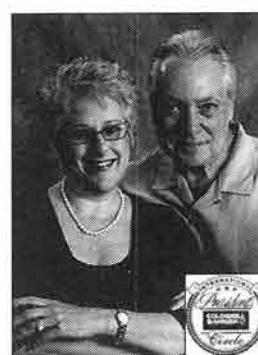
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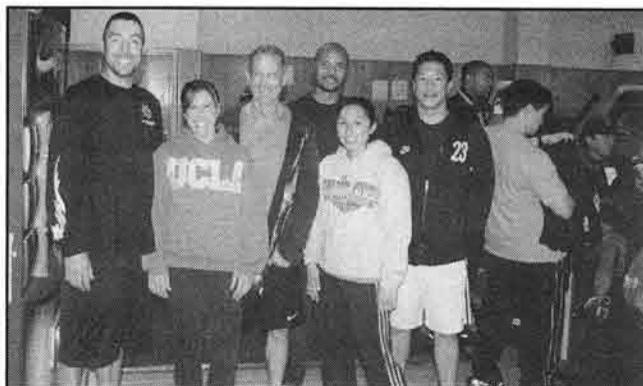
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# SFPOA 2010 Ironman Competition

By Malcolm Anderson  
Bayview Station

This year's SFPOA Ironman event was held on Wednesday, September 15, 2010 at the Hall of Justice gym and the Lake Merced Range. There were a total of 63 competitors, including twelve teams, and entrants in the senior men's, master's men's and senior women's categories. As the defending champion from last year, Bayview Station was the host for the 2010 Ironman. Many thanks to the primary event sponsor, your San Francisco Police Officers Association for their generous donation of the SFPOA 2010 Ironman T-shirts, prizes and a modest luncheon for participants and SFPOA Ironman staff. It's a great example of your POA dues at work. My thanks also go out to Capt. Greg Shur of Bayview Station for his support, and to the officers at Bayview Station who helped on the day of the event as staff and before the event with assistance and advice. A special thank you to Officer Angelo Spagnoli (who acted as referee) and the Lake Merced range staff for assistance with the 50 yard pistol event. Thanks also to Officer Les Smith who designed the SFPOA Ironman T-shirt. The 2010 Ironman event succeed in raising over \$1200 for the Isaac Espinoza Trust Fund.

For those of you not familiar with the Ironman Event, a brief history. The Ironman was originally established in 1982 by a group of SFPD Narcotics and Vice officers. The original event was referred to as the "Narcotics/Vice Pentathlon". In its original incarnation the event included a 10 mile bike ride instead of a 50 yard pistol shoot. There were eight competitors at that first event. One year later, the event included the pistol shoot and the basic format has remained unchanged. In those early days Officer Jeff Barker was one of the driving forces for keeping the event alive. Jeff Barker was taken prematurely from us and his family due to a sudden illness, and the event suffered a 12 year hiatus until reorganized with new vigor by Rick Bruce in 1998. The 1998 event was held in honor of Jeff Barker "who exemplified the athletic spirit inherent in many of the members of the San Francisco Police Department," *POA Journal*,



CIU team



Taraval team cool shirts

*Ironman Results*, by Rick Bruce.

Since 1998 the Ironman has been held continuously for twelve years and has evolved into an event that has sought to be increasingly more inclusive, by establishing more categories, a heavyweight division, and included some new traditions that reflect the changing face of the SFPD as we move into the 21st century. With the tragic death of Officer Isaac Espinoza in 2004, the Ironman took on an additional inspiration that sought to honor Isaac's ultimate sacrifice and to celebrate his commitment to competition and physical excellence. Isaac competed in the Ironman in 2002 and 2003. His 49 rep pull-up mark set in 2003 is the official new top score for pull-ups, and anyone completing 49 gets full credit of 1000 points. This tradition symbolizes the fact that we will never see Isaac's equal and it reminds us of his sacrifice and passion for life. The proceeds from registration fees go to the Espinoza Trust fund account.

Eddy Yu was the big story this year, making a comeback after taking the last 2 years off to organize and run the Ironman event. Ed was first place in the Men's open posting a dominating 3552 total score in the five events. Eddy's strong beginning with 88 reps in the bench press event set the stage for his overwhelming win. Yu followed up with another great effort of 48 pull-ups to surge into the lead that he would never really relinquish. Eddy finished out the event with 126 sit-ups, a very respectable shoot score of 630 and a lake run of 36:08.

Second place in the men's open was taken by long-time Ironman competitor Dien Ha with a total score of 2969. Dien's impressive 45 pull-ups was the difference in the very close race for second place with Ingleside's own Eric Vintero who missed second place by a very close 33 overall points. Eric had a standout performance in the sit-ups with 145 and a very solid shoot score of 690 but that 60 point advantage in the pull ups was the difference between second and third places. Coming in fourth overall was Northern Station's Mike Tursi who improved upon his score from last year by a whopping 148 points.

The Ironman Team Open winner this year was Team Gang Task

Force (GTF) lead by Eddy Yu. Their total score of 3953 points placed them securely in the lead by 213 points over the second place competitors, Team Taraval. GTF was anchored by Eddy Yu's 88 reps on the bench press, and Dan Silver's 42 reps in the pull up event. A late appearance by Josh "never too late to compete" Kumli with 139 sit-ups positioned Team GTF for the win. A solid shooting score by Sid "dead eye" Sakurai of 610 and a blistering 28:12 minute lake run by Sean Griffin sealed the deal for GTF.

Team Taraval had standout performances by all of their competitors. Anthony Calasanz stroked out 18 reps at 225 lbs, then Nate Manalang snapped off 49 pull-ups for a full 1000 points to position Taraval exactly dead even with GTF going into the sit-ups. Randal Escobar's 122 sit-ups kept Taraval close, but GTF just kept on outscoring them by small increments that ended up being enough to win. Joe Chang's very solid 575 in the shoot and a very fast 29:45 lake run by Braden Todaro completed the scoring for Taraval with a total of 3740.

Third place in the Ironman team event went to one of two teams fielded by Ingleside Station this year. Ingleside Team #1 lead by Eric Vintero put up 3673 points, to come in third by a miserable 67 points behind Taraval! Thanks in large part to last minute team "Savior" Steve Hom, who stepped in for an unexpected scratch in the bench press event and scored a very respectable 12 reps at 225 lbs, Team Ingleside scrapped their way to a very solid third place performance. Hom's bench press was followed up by Eric Vintero's 42 pull-ups, and Nathaniel Yuen's 139 Situps. When we adjourned to Lake Merced, Team Ingleside was behind by 365 points but a stellar shoot score by Roderick Suguitan of 800 and another very fast lake run of 29:02 by Francisco Morrow closed the point gap but fell just a bit short.

Three athletes scored 1000 points in the pull up event including Joseph Obidi of Mission Station, Kevin Dempsey of CIU, and Nate Manalang of Taraval Station as previously mentioned. Top scorer in the 225 bench

press event this year was a tie between Dave Maron of the Tactical Company and John Cathey of Mission with 23 reps. Honorable mention goes to Rick Santiago of Bayview Station who knocked out 21 reps. Top sit ups score went to Eric Vintero with 145, top score in the 50 yard pistol shoot went to Jason Kirchner with an eye popping 850 points. Top honors for the lake run again went to Sean Griffin with a very fast 28:12.

Crime Scene Investigations (CIU) fielded an over forty women's team who went unchallenged this year but have thrown down the gauntlet to any of you women out there who might want to challenge for next year's championship. The CIU team was captained by the "Indomitable-All Go No Quit" Marina Chacon who also snatched the top women's spot in this year's Ironman/Ironwoman senior category too. The CIU Women's Senior team featured Pam Cunningham on Bench Press, Marina Chacon on Bar Hang, Pauline Hnatow on Sit-ups, Lyn O'Connor for pistol shoot and Donna Meixner for the Lake Run. Of special note here was Marina Chacon's lake run which cut 5:20 off her last year's mark, a remarkable accomplishment in anyone's book.

Eric Chiang went unopposed in the men's 40 and over division, while Dan Leydon and Malcolm Anderson fought it out in the men's 50 and over division. In a side note, several teams came up with their own unique Ironman competition T-Shirts. Standout designs included, shirts worn by CSI's Senior Women's team and my personal favorite the Tee sported by Team Taraval featuring an ancient Greek helmet of the type worn by soldiers of Sparta (recently depicted in the movie "300"). Maybe next year we could have a T-shirt design competition as well.

Finally everyone who showed up and every team who participated deserve a great big "Atta-Boy!" from all the SFPD's members. This type of event is not so much about who wins, but about a lifetime commitment to fitness and a healthy lifestyle. The SFPOA Ironman is a tradition that builds esprit de corps and great memories.



Eddy Yu, 1st place Ironman



CSI Women's Team

# 2010 SFPOA Ironman Statistics

**Men's Open**

		Bench Press	Pull-ups	Sit-ups	50 yd Shoot	Run (4.7 mile)	Total Score
1.	E. Yu	88x10 (880)	48x20 (960)	126x5 (630)	630	36:08 (452)	3552
2.	D. Ha	65x10 (650)	45x20 (900)	107x5 (535)	575	38:29 (309)	2969
3.	E. Vintero	50x10 (500)	42x20 (840)	145x5 (725)	690	40:39 (181)	2936
4.	M. Tursi	36x10 (360)	25x20 (500)	96x5 (480)	295	33:15 (625)	2260

**Men's over 40**

		Bench Press	Pull-Ups	Sit-ups	50 yd Shoot	Run(4.7 mile)	Total Score
1.	E. Chiang	52x10 (520)	11x20 (220)	73x5 (365)	195	46:49 (0)	1300

**Men's over 50**

		Bench Press	Pull-Ups	Sit-ups	50 yd Shoot	Run(4.7 mile)	Total Score
1.	M. Anderson	52x10 (520)	33x20 (660)	111x5 (555)	775	34:50 (530)	3040
2.	D. Leydon	48x10 (480)	36x20 (720)	94x5 (470)	295	39:00 (280)	2245

**Women 40+**

		Bench Press	Bar-Hang	Sit-ups	50 yd Shoot	Run(4.7 mile)	Total Score
1.	M. Chacon	21x10 (210)	1:32x3 (276)	125x5 (625)	235	41:51 (289)	1635

**Team Open**

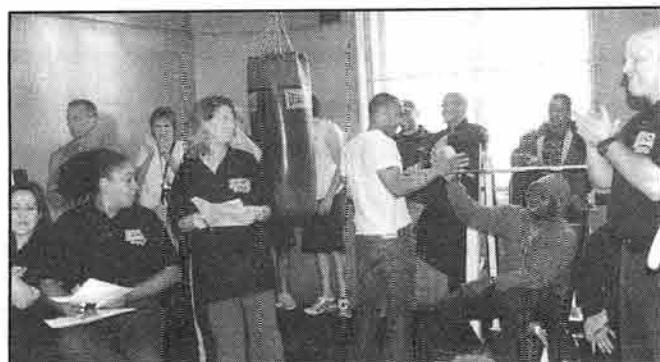
		Bench Press	Pull-Ups	Sit-Ups	Shoot	Run(4.7 mile)	Total Score
1.	GTF 100 lbs	E. Yu 88x10 (880)	D. Silver 42x20 (840)	J. Kumli 139x5 (695)	S. Sakurai 610	S. Griffin 28:12 (928)	3953
2.	Taraval 225 lbs	A. Calasanz 18x40 (720)	N. Manalang 49x20 (1000)	R. Escobar 122x5 (610)	J. Chang 575	B. Todaro 29:45 (835)	3740
3.	Ingleside #1 225 lbs	S. Hom 12x40 (460)	E. Vintero 42x20 (840)	N. Yuen 139x5 (695)	R. Suguitan 800	R. Morrow 29:02 (878)	3673
4.	Mission 225 lbs	J. Cathey 23x40 (920)	J. Obidi 49x20 (1000)	P. Richardson 137x5 (685)	J. Emmanuel 685	T. Fowlie 37:44 (356)	3646
5.	Bayview #1 225 lbs	R. Santiago 21x40 (840)	M. Anderson 33x20 (660)	R. Padmore 88x5 (440)	J. Kirchner 850	R. Wise 31:28 (732)	3522
6.	CIU 100 lbs	D. Lew 60x10 (660)	K. Dempsey 49x20 (1000)	N. Guillory 117x5 (585)	S. McKeever 630	E. Gonzalez 35:39 (661)	3476
7.	Tactical Co. 225 lbs	D. Maron 23x40 (920)	S. Hampton 24x20 (480)	A. Meehan 133x5 (665)	D. Batchelder 785	G. Festa 35:31 (489)	3339
8.	Ingleside #2 225 lbs	U. Obot 10x40 (400)	D. Duffin 34x20 (680)	N. Chew 117x5 (585)	S. Hom 700	P. Dominguez 30:21 (799)	3164
9.	MSD 100 lbs	A. Lufford 67x10 (670)	K. Knoble 42x20 (840)	M. Chan 100x5 (500)	D. Ha 575	T. Costello 34:31 (549)	3134
10.	Bayview #2 225 lbs	S. Hodgin 9x40 (360)	D. Thompson 40x20 (800)	G. Wells 85x5 (425)	G. Newbeck 625	D. Cole 35:04 (516)	2726
11.	Northern 100 lbs	S. Hom 75x10 (750)	K. Murphy 30x20 (600)	M. Tursi 96x5 (480)	S. Spagnuolo 165	M. Bushnell 34:21 (559)	2554

**Team Women**

		Bench Press	Bar-Hang	Sit-Ups	50 yd Shoot	Run(4.7 mile)	Total Score
CSI 70 lbs	P. Cunningham 32x10 (320)	P. Chacon 1:32 (276)	M. Hnatow 51x5 (255)	L. O'Connor 440	D. Meixner 40:07 (393)		1684

**2 Man 50+**

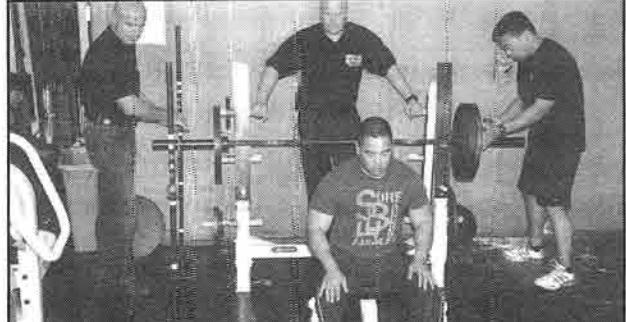
		Bench Press	Pull-ups	Sit-Ups	50 yd Shoot	Run(4.7 mile)	Total Score
1.	Bayview 100 lbs	M. Anderson 52x10 (520)	M. Anderson 33x20 (660)	R. Padmore 88x5 (440)	R. Padmore 275	R. Padmore 46:49 (0)	1895



Ironman staff, Dac Thompson, Joseph Obidi



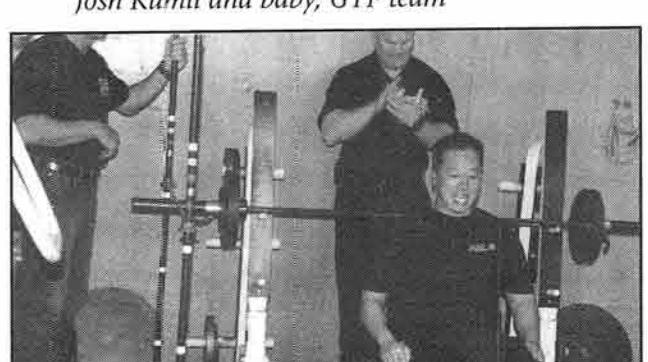
Josh Kumli and baby, GTF team



Ric Santiago bench press, Bayview



Dan Silver, pullups, GTF team



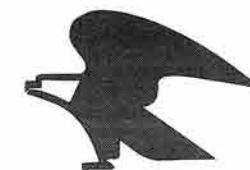
Dien Ha Bench Press, Mayor's Detail



Steve Hom bench press, Ingleside, #1



## POA MAIL



### Dear SFPD Family,

I am writing to acknowledge the recent expedition by Officer Ed Saenz on behalf of our son Frankie ("Friends of Frankie") and the Widows and Orphans Aid Association. Ed, along with two fellow climbers, scaled a series of peaks (all above 14,000 feet) in the Sierra Nevada range between August 15th and 25th. He left a lock of Frankie's hair at the summit of each peak as a tribute to his battle against leukemia, and the gesture was one of the finest our family has been privileged to receive.

Ed stayed in contact with us and presented Frankie with a beautiful book documenting his climbs upon his return. It was altogether a magnificent tribute, and in turn a testament to the man himself.

Additionally, I would like to sincerely thank the POA, and SMI (Sierra Mountaineering International) for their support of this great effort. Many members of this fine department also contributed to the fundraiser associated with the climb, and we are extremely grateful to you all for your continuing care and support. It is priceless.

Frankie continues his battle, and knows that the SFPD is firmly in his corner.

*Best Regards to you all, and stay safe.  
Ronan Shouldice  
CSI*

### Dear SFPOA —

Thank you very much for the lovely floral arrangement you sent for Tom's memorial. Our family was deeply touched and honored to have so many active and retired officers attend the service and share their memories of Tom. Tom was very proud of his service and the department. Our family is very grateful for the support and thoughtfulness of your organization and your members.

*Sincerely,  
Maribeth Eisenmann*

### Dear SFPOA —

Thank you very much for the beautiful flower arrangement while I was in the hospital after my bicycle crash. They made my week in the hospital a little more cheerful! It's nice to know we all have an extended family during challenging times. I'm back to work and doing well.

*Christopher Hayes,  
K9 Unit*

### Dear POA —

Thank you so much for the beautiful floral arrangement at Dad's service at St. Anne's. It was a lovely tribute to his life.

*The O'Leary Family*

### Dear POA —

Your kind expression of sympathy is deeply appreciated and gratefully acknowledged by the family of Charlie Meyers, Sr.

### Editor —

Since the allegation has made its way into the POA paper, I must rise to dispute the representation made by Robert Graysmith in his recently published *Gorilla Man* (Reviewed in the September Journal by Dennis Bianchi), that Police Chief William

Quinn was demonstrably corrupt. While there was plenty going on in the 1930s, the command structure was so organized that Chief Quinn was effectively out of the loop. No taint of corruption ever attached to him. The best indicator of that is that while several lower ranking commanders were terminated following the revelations of the 1937 Atherton Investigation, and the entire Police Commission was ousted from office soon thereafter, Chief Quinn was retained in office for another three years. He was replaced by Dullea in one of the usual election year turnovers in 1940.

Let Dennis Bianchi see this before you publish if you wish. My beef is not with him but with Graysmith on this point.

**Kevin Mullen**

### President Delagnes — Re: President's Message in the September issue.

You refer to Mayor Gavin Newsom as a "credible civic leader." I have to disagree with you. In December of 2005, he called a press conference to talk about videos that were made by officers of Bayview Station. He did this, so the San Francisco Media would not call him to task for missing a community meeting the day before. It worked perfectly as he was not questioned about the meeting and the media went after the hard-working officers. He played politics with members of the POA. He made sure that they were ridiculed by the media so that he would not be. Almost 5 years later, some of these same members are still paying for Mayor Newsom's actions and he is seeking a Statewide Office.

I am proud to have served with those members of Bayview Station. I am not proud to have Gavin Newsom as the Mayor of the City in which I reside and serve.

Gavin Newsom is in no way a credible civic leader.

**Liam Frost,  
Park Station**

### Editor —

Some top law enforcement management positions and policies can have a more direct, immediate and long term impact on our lives than others. To be specific, the California Attorney General's (AG) office possesses sweeping authority and discretion regarding the allocation of personnel and budgetary resources. And since law enforcement's goals, duties and objectives don't change or diminish with the state's economy, when given the opportunity, it's important to make smart choices when selecting our top law enforcement officials.

In the mid 1980's, San Francisco's Crime Scene Investigations Unit (CSI) became home to North America's very first Automated Fingerprint Identification System (AFIS). The benefits we enjoyed in terms of faster identifications and lowered crime rates resulted in the expanded use of AFIS technology by local agencies throughout California, the California Department of Justice (CAL-DOJ) and ultimately the rest of the world.

In today's world, the volume of identification "events" generated by criminal bookings, applicant

background checks and crime scene detection; combined with the challenges of an increasingly transient society; demand that identification systems become faster, more accurate and fully integrated. Accordingly, law enforcement officials from local, state, federal and international levels have work with AFIS industry leaders to establish standards and refine specifications that facilitate seamless interoperability between their respective systems.

As the state of California prepares to meet its future identification demands it's important to remember that key decisions will be left in the hands of a few elected officials. And that management's discretionary use of resources can have a very real and long-term impact on law enforcement's ability to meet its objectives.

So when deliberating on which candidate for state Attorney General will make the best decisions for taxpayers and crime victims alike, I would ask you to please consider Los Angeles District Attorney Steve Cooley:

- Steve Cooley is a 37-year career prosecutor
  - Steve served 6 years as a former reserve police officer
  - Steve is a national leader in the expanded use of DNA and forensic science to solve difficult and "cold" cases
  - Steve is a strong supporter of the death penalty
  - Thanks to Cooley's leadership, Mexico is now extraditing scores of killers of American citizens back to the States to face justice
- Steve earned the backing of most of California's major law enforcement groups including the:
- California Police Chiefs Association
  - California Peace Officers Association
  - California Narcotic Officer's Association
  - California Fraternal Order of Police
  - Southern California Association of Law Enforcement (SCALE)
- Gerry Schmidt  
Retired SFPD**

### Dear SFPOA —

Thank you so much for the \$500 scholarship award from the POA. It will come in handy as I am starting Chapman University in the Fall Term.

*Thanks again.  
Jeff Mahoney*

### Dear SFPOA —

Thank you so much for my scholarship. It was very highly appreciated by myself and my parents. It will be put to extremely good use at Cañada Community College. Again, thank you very much.

*Regards,  
Krista Miloslavich*

### Dear SFPOA —

Thank you for sponsoring this year's Irish Invitational Golf Tournament at the GT10 Irish Cup. I greatly appreciate your generous support of this event.

It is largely because of people like you that our young men and women

are able to share in the rich tradition that is Sacred Heart Cathedral Preparatory. All the proceeds from this tournament will benefit SHCP's efforts to secure off-site athletic facilities for our students throughout the year.

It should be a great day of golfing at Harding Park in San Francisco. Make sure to get there early to enjoy the complimentary breakfast. I look forward to seeing you on the links! Thank you.

*Sincerely,  
Franco Finn '95  
Director of Alumni Relations  
Sacred Heart Cathedral Preparatory*



*Barby Albright*

### Dear POA —

Once again I am writing to say thank you for supporting me in my endeavor to raise money for the fight against breast cancer. Who would have thought that eleven years ago I would be bringing breast cancer awareness to so many people. Thank you for believing with me! Once again, thanks to you, and nearly 200 others like you, I now have raised over \$ 77,000 in my 11 years of walking!

Yes, I will be back in 2011 to seek your continued support in our fight against this insidious disease.

Please enjoy the picture and thanks again.

*Love,  
Barby Albright*

### Dear POA —

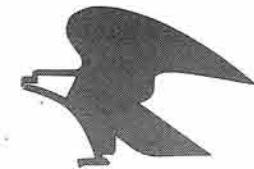
I want to thank you for the beautiful flowers you sent for my mother's funeral. I can't tell you how much I appreciated it. The altar looked truly beautiful and my mother always loved her garden and her flowers.

Thank you for your kindness and support through this difficult time, and again many thanks for your thoughtfulness.

*God Bless!  
Yours,  
Fr. John L. Greene  
St. Monica Parish*



## POA MAIL



Megan O'Meara

**Dear POA —**

I would like to thank you and the SFPOA Scholarship Committee for awarding me the Jeff Barker Scholarship Award. When I listened to the phone message you left me the day before I left for Loyola Marymount University I felt so honored to receive the award. It is a feeling that will last with me forever. I am the third O'Meara child to attend a private university and the generosity of the SFPOA with the amount of the award was very much appreciated by not only me, but also my dad and mom.

To add to this honor I felt more blessed that my essay was published in the *POA Journal*. I now know that my message of comforting cancer victims and their families will reach all of the members of the SFPOA. When my brother was going through chemotherapy treatments for leukemia it was this comfort provided by a very supportive community that helped my brother and family fight the battle against cancer.

Once again thank you and all members of the SFPOA for your generosity!

*Sincerely,*  
Megan O'Meara

**Dear SFPOA —**

Thank you very much for awarding me a POA scholarship. Your contribution to my tuition will be a big help. I am enjoying my college experience so far, and I appreciate your time and effort in reviewing my scholarship application.

*Thank you again,*  
Adam Coggan

**Dear SFPOA —**

Thank you very much for choosing me to receive a scholarship award from the San Francisco Police Officers Association. It is such an honor to be picked out of so many qualified students for the award. This gift will help me focus on my academic goals at the University of California in Davis. I will make sure this generous investment in me will multiply.

I am so grateful that the representatives of the San Francisco Police

Officers Association have appreciated my goals and chose to support me. It is a wonderful feeling to know that the men and women serving our community felt that my pursuit of an engineering degree was an important investment to make.

I am thrilled to be attending UC Davis this fall and I cannot wait to learn more about my intended major, biomedical engineering. My goal is to become involved with tissue or prosthesis development to help burn victims and amputees. With most of my family in public service, I felt it appropriate to choose a major that may help the same people police officers save everyday.

The generosity the San Francisco Police Officers Association has shown me is wonderful. Thank you again for choosing me to receive this award.

*Gratefully,*  
Riley Blount

**Dear SFPOA —**

I would just like to thank you for the Scholarship you have awarded me. My education has always meant a lot to me, and nowadays with the economy and expenses of college every little bit helps. I will make sure that the money you have awarded me will be put to good use. I take school seriously and I will continue to do so for the next four years. Thank you again for giving me the chance to participate in such an honorable scholarship opportunity.

*Sincerely,*  
Colleen Conefrey

**Dear POA —**

I want to convey my sincerest thanks for the Scholarship award granted to me by you and the members of your committee. This award will be a great help to me as I continue my education at Arizona State University. Your benevolence will be a great help to me as I continue my studies.

*Sincerely,*  
Tom Boyle

**Sergeant Halloran:**

I am writing to express my gratitude for the scholarship money deposited at the Bursar's Office at New York University. This contribution will go a long way toward my continuing education. The POA's support and generosity is greatly appreciated. Thanks to those who reviewed all of the essays.

Rory Fewer

**The Honorable Barack H. Obama,  
President  
The White House  
1600 Pennsylvania Avenue NW  
Washington, DC 20500  
RE: Flexible Spending  
Arrangements**

**Dear President Obama:**

The Los Angeles Police Protective League ("League"), which represents over 9,900 sworn officers in the Los Angeles Police Department, would like to express its deep concern with the impact the Patient Protection and Affordable Care Act (PPACA) of 2010, as amended by the Health Care and Education Reconciliation Act (HCERA) of 2010, will have on flexible spending arrangements

(FSAs).

FSAs are voluntarily created accounts funded by pre-tax earnings designed to cover qualified expenses. Prior to health care reform enactment, yearly contribution limits for health FSAs could be established at an employer's discretion. For Los Angeles City employees, the limit for 2011 is \$5,000. However, PPACA Section 9005 will begin capping an employee's salary reduction contribution at \$2,500, effective taxable year 2013.

Although it is argued that reduced health care costs will reduce out-of-pocket expenses to individuals, and thus decrease the need for the tax advantage, this argument ignores the fact that FSAs are often used for significant expenses that are unlikely to decrease, such as eye glasses, orthodontia, and costs associated with the treatment of chronic illnesses. Further, there is a growing movement to shift health care costs from employers to employees, so that even if health care costs do decline, employees will likely be burdened with a larger proportion of overall costs.

It is important to note that FSA end-of-year balances do not rollover from year to year and remaining funds are forfeited. These self-regulating mechanisms, already written into IRS guidelines, encourage individuals to be conservative when calculating how much money to contribute, essentially making federally-imposed limits unnecessary. Thousands of individuals who currently contribute more than \$2,500 to their FSAs, including a large portion of our membership, will be adversely affected when the PPACA limit takes effect. We are asking members of the California Congressional Delegation to consider amending Section 9005 to continue allowing employers to set their own limits, or at the very least, that FSA contribution limits for existing accounts be grandfathered into PPACA. We ask that you support them in this endeavor.

It is our belief that individuals should continue having the ability to plan and pay for their health care needs. By reducing an existing benefit, Section 9005 will actually

hinder the PPACA's purpose of making health care more affordable in this country.

We thank you for your consideration of the League's concerns.

*Very truly yours,*  
**Board Of Directors**  
**Los Angeles Police**  
**Protective League**  
**Paul M. Weber President**

**Dear SFPOA —**

On June 27, 2010, I completed my Eagle project. There was a beautiful dedication ceremony at Veteran's Park in Brentwood, CA. At that time, the monument was unveiled during several dedication speeches given by our Brentwood City Councilman Chris Becnel and Parks Commissioner Ernie Rodrigues. A procession led by the Freedom Motorcycle Riders included City of Brentwood fire trucks, and police cars. 30 volunteers - a mix of scouts, Heritage High School seniors and family — served over 130 persons at the appreciation dinner. It was great to see high school students interacting with the older veterans. Lt. Colonel Eric Boettcher gave a slide presentation on the Iraq war efforts. Lastly, DejaBlue — a jazz ensemble — entertained throughout the evening. The event was a huge success and a large group of men and women received well deserved recognition.

I'd like to take this opportunity to thank you for your donation of \$250. You were an integral part in making my project a success. Your donation gave me the funding necessary to make everything possible. Not only was I able to install a lasting monument of appreciation to the veterans, but I was able to serve and entertain them for an evening. On a personal note, the experience to organize and plan such an event was invaluable to me. Boy Scouts of America is an important organization for youth development. BSA Troop 298 and I thank you for all your help and support!

*Sincerely,*  
**David Juarez**  
**Assistant Senior Patrol Leader**  
**Troop 298**



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## Book Reviews

### In the Name of Honor

By Richard North Patterson  
Reviewed by Dennis Bianchi

Richard North Patterson has repeatedly written books that make the nation's best-seller lists and *In The Name of Honor* continues his phenomenal success. Obviously Mr. Patterson knows how to pique the public reader's interest and how to put together novels. His strength has always been the legal, courtroom thriller but he has ventured a bit out of that venue on occasion. His political novels just didn't capture my attention. I'm happy to report he has returned to the courtroom.

This courtroom is a bit different, however: a United States Military court. And, as he has in the past, Mr. Patterson energetically takes on con-

troversial and current subjects. The war in Iraq comes under some scrutiny and criticism. But the larger focus is on Post Traumatic Stress Syndrome (PTSD) and its effects upon soldiers returning from Iraq to the U.S.

Captain Paul Terry, a Judge Advocate General (JAG) Officer, is nearing his last days in the military. He has a high-paying, prestigious position waiting for him on Wall Street but his last case involves defending Lieutenant Brian McCarran who has been charged with shooting to death his commanding officer, Captain Joe D'Abruzzo. Both men had recently returned from Iraq where their infantry units had engaged in many fierce fire-fights, particularly Lt. McCarran's. There are many facets connected to

this case but the looming presence of Lt. McCarran's father is the most notable. General Anthony McCarran is expected to soon be named Chairman of The Joint Chiefs of Staff. He is revered not only because of his war record but he is the product of a long-line of military heroes. Honor is a word used in the McCarran family with great reverence. Can his son be judged impartially by the members of the Court Martial, members of the same United States Army that General McCarran is about to rule?

The families are more than casually intertwined as Captain D'Abruzzo was married to Kate Gallagher, the general's goddaughter and lifelong friend of Brian and the McCarran family. The reader is led to question just what those relationships were and have become. To add to the plot Lt. McCarran's very attractive older sister, Meg, a lawyer insists on leaving her

law practice in San Francisco to work with Captain Terry. I found myself looking back in the book more than once to keep clear in my mind which characters were related to which family and how. And I occasionally had to work a little harder to suspend my disbelief, but the plot, the writing and the finale made it more than worth my time.

As with most good novels it is best to assume that not all is as it appears. And if the writer is very good one can come away with a great line or two. I found this phrase to be of value not only to the novel but to many situations life presents us with: "Morally repugnant and tactically stupid were a lousy combination." If you keep that thought working throughout the novel you won't be disappointed. And you will compare those folks who throw around the word "Honor" more carefully to their actions.

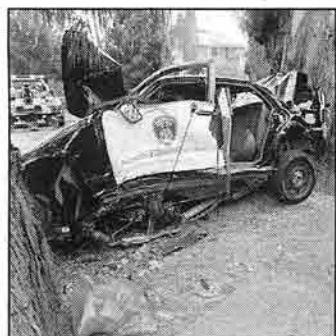
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LICENSE # OG-38843



This sailboat was anchored off Marina Green on one recent weekend. Todd Mehserle, father of former BART Officer Johannes, brought the boat and his message to the participants of an event on the Green. He has also anchored the boat in McCovey Cove during Giants' games.



### Injured On Duty By A Negligent Motorist Or DUI Driver?

**"It's Not Just A Workers Comp Case!"**

**Former Prosecutor Todd P. Emanuel Can Help!**

**Myth #1:** My only remedy is filing a worker's compensation claim.

**Myth #2:** I can't bring a claim against the negligent driver.

**Myth #3:** I can't file a claim with my own auto insurance company.

**FACT:** If you've been injured on the job by a third party such as a negligent motorist or drunk driver, YOU CAN (and should!) recover substantial personal injury damages (tax free) in addition to worker compensation benefits. DO NOT leave money on the table by limiting your remedy to workers compensation! I have helped police officers throughout the counties of San Francisco, San Mateo, and Santa Clara.

Call for a FREE consultation! • Police Officer references available on request.

*Todd P. Emanuel, ATTORNEY AT LAW*  
**LAW OFFICES OF TODD P. EMANUEL**

*Tel. 800.308.0870 or 415.399.1112 • www.teinjurylaw.com*  
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**NorthBay Retired Cop  
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**Wednesday October 20, 2010 — 12 Noon**

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San Francisco  
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6:30- 7:30 p.m. No-Host Cocktails  
7:30- 9:00 p.m. Buffet Dinner  
9:00-12:00 a.m. Dancing

**Master of Ceremony Tomas Roman Ch. 7 News**

**Guest Speaker Dr. Carlota Texidor del Portillo,  
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**Live Salsa Band "Orquesta Bakan" and DJ Music**

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**Proceeds To Benefit The LPOA Youth Scholarship Fund  
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**Emerald Society Presents**

# **Octoberfest**



**Schroeder's Restaurant & Bar**

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**5:00 p.m.**



**Promotional Dinner Honoring  
Daniel J. Mahoney**

**House of Prime Rib  
Tuesday, October 19, 2010**

**4:30 - 5:30pm No-Host Bar**

**Dinner at 5:30pm**

**\$70 per person**

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for additional information.**

**Space is limited**

**RSVP by sending your check payable to Candy Hilder  
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# Advances in LASIK and Other Vision Correction Procedures: Speed, Precision, Safety

## LASIK with new ultra-fast lasers: the need for speed

San Francisco police officers considering vision correction can now have access to the safest and the fastest laser technology. All-laser LASIK brought extreme safety to laser vision correction. The combination of lasers in all-laser LASIK is the femtosecond IntraLase laser used to lift the top layer of the cornea and the wavefront laser used to change the shape of the inner cornea to achieve good vision without glasses and contacts. Recently, both lasers have gotten faster. This means that the procedure now takes seconds. "The extreme speed of the procedure is reassuring for patients," said Dr. Ella Faktorovich, Director of Refractive Surgery at Pacific Vision Institute in San Francisco and the author "Femtodynamics", the first book on femtosecond laser application to eye surgery. "Patients feel at ease when they can be in and out of the laser suite very quickly, their vision corrected, and ready to go." Ultra-fast laser time also

means that the eye surface doesn't get dry during treatment. This translates into more comfort for the patients and, most importantly extreme precision in correcting vision even in the most severe cases. Nearsightedness (myopia) is the most common vision disorder corrected. Astigmatism is also common and can be corrected with safety and precision using the ultra-fast lasers. Some patients have farsightedness (hyperopia) which can also be corrected very well, including in patients who are in the military and safety professions. These days, anyone wearing glasses and contacts should consider a consultation with a specialist. Many prescriptions can be corrected quickly with outstanding results.

Ultra-fast lasers demand ultra-fast eye trackers that track even tiniest movements of the eyes. Did you know that when you look at the target your eyes are never completely still? They make tiny movements all the time. That's why the new ultra-fast lasers

have extremely accurate infra-red eye trackers that track eye movements to make sure that laser pulses are delivered at the precise location. Precise laser pulse placement guided by the ultra-fast tracker results in clear and precise vision. With the new ultra-fast trackers, patients can be reassured that the laser beam will simply follow the eye if it moves.

## Software tracks 20/20 results and allows patients to compare surgeons

LASIK has been performed for many years. Millions of people have had it done. If someone is interested in having their vision corrected, what is the best way for them to determine where to have it done? The answer is simple. It is recommended that patients choose to have their vision corrected where they can expect to get the best results. They should choose to go where they have the highest likelihood of getting not only 20/20 but better than 20/20 vision without glasses or contacts.

How can a patient know where they will get the best results? The advanced web-based software – SurgiVision – allows surgeons to input their results on all patients and to track the outcomes. The software then provides a third-party verified comparison between the surgeon's results and the average from other surgeons, both nationally and internationally, performing similar surgery. "Currently, SurgiVision data is the only accurate way to compare results from different surgeons," said Dr. Faktorovich. "At Pacific Vision Institute, for example, nearly 100% of patients achieve 20/20 or better vision after LASIK, regardless of their prescription, whereas the global surgeon average is 81%. Two thirds of PVI patients achieve better than 20/20 vision, whereas globally, only one third of patients achieve this." Excellent vision results are a combination of 3 T's – team, technology, and techniques. Top practices track their outcomes. Patients should ask to see what percentage of their surgeon's patients achieve 20/20 or better vision and how that number compares with other surgeons both nationally and internationally. SurgiVision software is currently the most accurate method for comparison of vision results.

whose vision was recently corrected, this eye can be corrected with PRK, while the other eye can be corrected with LASIK. Traditional PRK may require longer healing time, compared to LASIK. New technology, however, may make the healing time with PRK as fast as LASIK. The technology is available only through participation in a study currently being conducted at Pacific Vision Institute in San Francisco.

## US Military approves implantable contact lens (ICL) for active duty personnel

Most patients who wear glasses and contact lenses wonder about permanent vision correction options at one time or another. The urgency is especially great for individuals in the military, police, and other fields where loss of glasses or contacts can mean the difference between safety and danger, life and death.

The US Military has been at the forefront of advances in vision correction surgery. Laser vision correction, including LASIK with IntraLase and PRK, is now routinely performed on military personnel, including fighter pilots. For some patients, however, laser vision correction is not the best way to achieve great vision. ICL implantable contact lenses have been FDA approved for years and have been done in the general population with excellent results. The military has now embraced this treatment option as well. Over 3,000 ICL phakic IOL implantable contact lens procedures have been performed on active duty military personnel to date.

ICL may be recommended over LASIK/PRK when the prescription is too high for LASIK/PRK or when the cornea is too thin, too uneven, or too flat. ICL will result in better vision in such patients with excellent acuity both day and night. Since this procedure doesn't result in dryness it may be better for patients with certain medical conditions or taking certain medications that predispose them to dry eyes.

In the US Military, vision results with ICL have been outstanding. 20/20 or better vision was achieved in 98% of patients. These results are remarkable, considering that many procedures are done for patients with high myopia/nearsightedness. Better than 20/20 vision was achieved in 81% of patients, 100% of US Soldiers rated ICL as providing better vision than their glasses and contact lenses, and 100% reported that ICL allows them to function and perform better both day and night. For many patients, ICL phakic IOL should be the number one choice.

For more information, please contact Pacific Vision Institute at (415) 922-9500 or info@pacificvision.org.

September 24, 2010

To: All Members  
#2007-72  
From: Kevin Martin, Vice-President

**Please Join Us!!  
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From 10am-8pm**

## Learn About What's New at Pacific Vision Institute

- NEW ultra-fast LASIK lasers
- NEW LASIK screening technology
- NEW Implantable Contact Lenses
- Options for seeing better without reading glasses
- Invite your family members to enjoy your POA Corporate Discount!!
- Free lunch

"It was obvious that bad vision was a safety issue at work. Not being able to see clearly, especially when working in the Portero was not only dangerous, it was stupid. My safety, my life, and my partner's life were definitely worth the price. I really don't have to think about my vision being a problem now whether at work or at home. Although you only devote a small amount of time each day to putting in and taking out contacts or finding your glasses, it is just one less thing that I have to be concerned with. And with life becoming more complicated with each day, every little bit helps."

—Officer Richard Ernst, SFPD

"Vision Correction has truly enhanced my work and life. I'm able to work longer hours without worrying about my contact lenses drying out. The care and service I received at Pacific Vision was superior and I highly recommend Dr. Faktorovich and her staff to anyone thinking about laser vision correction."

—Training Officer Donna Obeid, SFPD

"I decided to get LASIK done because I hate wearing glasses. It was something I thought about for a while so after doing some research, I decided to go ahead and get it done at Pacific Vision Institute. Now I can wear nonprescription sunglasses without clip-ons. I was working in the rain a few days ago and did not have to wipe my glasses of the rain drops blocking my vision. That was nice."

—Officer Dien Ha, SFPD

"My result was excellent! Better than I could have ever expected... It is so nice to no longer have to deal with the hassles of contacts or glasses. I would definitely recommend Pacific Vision Institute to my friends and colleagues."

—Officer John VanKoll, SFPD

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## Deaths

The POA Journal was notified\* of the recent deaths of the following SFPD members, non-sworn employees (n/s), or affiliated persons:

Name of Deceased	Date of Death	Age	Status	Notification by
Shirley M. Barisone	September 25, 2010	82	Former SFPD	M. Ortell
John L. Kannisto	September 2, 2010	93	Retired SFPD	Arvo Kannisto
Sara Kelly	September 2010	62	Retired SFPD n/s	M. Ortelle
Ronald Kennedy	Unk	79	Retired SFPD	Pauline Kennedy
Earl Oppendik	September 9, 2010	85	Retired SFPD	Cyndee Bates
Raymond E. Ray	August 8, 2010	84	Retired SFPD	Lois Ray
Philip Roebling	September 9, 2010	Unk	Retired SFPD	Patrick Roebling
Edith Louise Wright	September 13, 2010	78	Retired SFPOA	Yvonne Huey

\*Notifications are made by a POA member, family member, or other reliable source.

The POA Journal believes the information to be true and correct, however the staff or employees of the SFPOA make no official confirmation.

## Raymond E. Ray – Retired SFPD

Raymond E. Ray #360 passed away on the 8th of August, 2010. He served in the SFPD from 1947–1965.

Born and raised in San Francisco, he graduated from City College. He served in the U.S. Marine Corps during WWII in Guadalcanal and occupied Japan. He later served in the U.S. Army for a year guarding an Army base in Washington. He started his police career at Taraval Station, then moved to the Traffic Bureau, Accident Investigation. — Lois Ray

### Submitting Obituaries and Memorial Tributes

Any member may submit a separate memorial tribute to a deceased member. Any such piece will not appear in the matrix, but will be placed in the Mail section, or, with prior approval of the editor, as a sidebar piece. The Journal will also accept and publish in the Mail section short letters about a deceased member written by a person in the immediate family. However, the Journal will not reprint obituaries or photos that were published in any other print media, web site, or Internet blog.

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Former San Francisco Police Officer  
Former San Francisco Assistant District Attorney (1979–1997)

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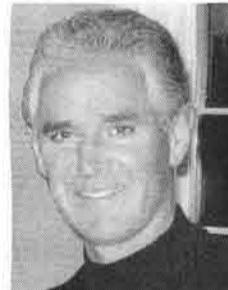
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Ray Shine, Editor.

# PAL CORNER

By Rick Bruce  
SFPAL President

## Thanks to all for making the BBQ-by-the-Bay a Success

More detailed coverage to follow in the November issue, but all of us at PAL wanted to thank all our SFPD friends who came out for our BBQ-by-the-Bay. We hope you had a great time.

## Combined Charities Campaign Kickoff

As the City & County of San Francisco combined charities campaign kicks off in October, please consider a pledge to San Francisco Police Activities League (recipient code L2214). In these difficult times, with foundation and government support down, we count on individual support more than ever. Every penny helps us provide high-quality sports and activities for San Francisco youth.

## Seahawks Football and Cheer seasons in full swing on beautiful new Kimbell field

On August 2, the PAL Seahawks returned to the newly-renovated Kimbell Field for their 51st season. Even though our kids have been playing on the new field for two months, the official grand opening was Sunday September 19, 2010. The Junior Midgets and their coach, Quincy Collins, were on-hand for the official ribbon-cutting (while the other teams were playing our regularly scheduled games at Kezar Stadium.)

The Kimbell Field renovation is the result of a partnership between City Fields Foundation and San Francisco Rec & Park. Kimbell is the sixth field that has been renovated, and the first football field. PAL soccer and baseball players have benefitted from other



field renovations over the past few years — Crocker-Amazon, Franklin, Garfield, Silver Terrace, and South Sunset. Like the PAL, City Fields Foundation believes in the power of sports to change lives and effect positive change in the community. San Francisco has a limited number of fields, and no space to build more. Each time a grass field is replaced with turf, the amount of available playtime is tripled (no rainouts, or fallow seasons). Already we have seen the increase.

Says Head Coach Coach Greg Isom about the Kimbell renovation, "The new field has re-energized the neighborhood. More kids are showing up to the field, and they're excited. They enjoy playing on it. Even when we're not practicing there are more kids at the park playing pick-up games."

### Profile: Sophia Isom

Sophia Isom has cheerleading in her blood. She has been around football and cheerleaders her entire life. Her father coached PAL Seahawks football. Her oldest brother coached PAL Seahawks football. Her husband, Greg, today coaches PAL Seahawks football. And Isom herself was a cheerleader in high school and college.

So in 1983 when she attended a SF-PAL Seahawks game and saw a gaggle of young cheerleaders jump up to perform, she had high expectations. She was sorely disappointed. "The girls looked like a hot mess," she says with a laugh. "They needed somebody who knew how to coach!"

She approached an older woman who looked like she might be the girls' coach. The woman told Isom,

"Honey, I've never been a cheerleader." The next thing she knew, Isom was tapped to coach the SFPAL cheerleaders, and ultimately to oversee the program.

In the beginning, only a handful of girls signed up. As Isom's enthusiasm caught on, the numbers grew, then exploded. When Isom retired in 2003, after 20 years, the program had grown tenfold and was attracting 120-130 girls annually.

Although the numbers have fallen a little in the last year or two — primarily due to the recession, Isom believes — cheer is still a popular program.

"My attempt has always been to provide the kids with a positive role model and the fundamentals of cheerleading and dance, sportsmanship, self-respect and self-esteem," Isom says.

Cheerleading today isn't what it once was, what Isom describes as "being on the sideline shaking a pom-pom." Increasingly, it's a rigorous athletic activity that involves dance, gymnastics, conditioning, and strength training.

And don't look for skimpy skirts and bare midriffs. The sartorial standards for youth cheerleading are dictated by the national organization and the rules are strict.

Isom put the program on the map nationally when the girls started entering competitions. Local success led to the Pop Warner national youth football conference, held every year in Orlando, Florida.

In 2000, Isom's kids won the national dance title — making Isom the first Seahawk coach, male or female, to win a top award. The girls' winning dance was based on the "Theme from Shaft."

After that, the cheer squad went on to win seven more national dance titles, the last one in 2008.

Lenita Stallworth says Isom con-



tinues to be the "backbone" of the cheer program. Stallworth took over as cheer director after Isom retired seven years ago. She describes Isom as a no-nonsense director who always made sure the kids had fun and learned in the process. "She did a lot for their self-esteem and development, and a lot of kids she mentored are coaching now."

Isom says, "This program has been part of my life for a long, long time, something I will always cherish. For me, it's not about winning first place, it's about engaging the kids."

Isom describes one girl who went on to study at UC Berkeley to be a doctor. Years after she was a cheerleader, the girl tracked down Isom. "She said, 'I just want to thank you, you were always such an inspiration to me.' I had no idea she felt like that. She was always shy and quiet. You don't forget those moments."

Today, Isom is the PAL Seahawks Compliance Director, making sure that our program conforms with Pop Warner standards and other best practices for a competitive football and cheer program. In addition, Isom serves on the PAL Board of Directors.

## Police vs. Fire Face Off

**The San Francisco Police Department challenges all Law Enforcement Agencies and Groups to join us at the SFPD Challenge in the Cable Car Pull Competition for a Police vs. Fire Face Off.**

Trophies will be awarded to the best overall Cable Car Pull Team with special awards for the fastest Fire, Police, Female, CHP and Sheriff Teams. All participants receive a Challenge T-Shirt



### Cable Car Pull

Teams of 4 will compete against each other to see who can pull a cable car the fastest over a distance of 200 ft. Challenge your favorite rivals to join you in this special fund raiser! Teams are asked to raise a minimum of \$250.00 from family, friends and colleagues — made easy with our online fund raising @ [www.SFPDChallenge.org](http://www.SFPDChallenge.org).

### Fun for the Whole Family

Picnic at the Hyde Street Park and enjoy the competition, the Hyde Street Historical Pier, the Cable Car Turnaround, Aquatic Park, panoramic vistas of the Golden Gate Bridge and visit nearby Fisherman's Wharf. **Parking is available but limited, so carpool as much as possible.**

### Benefiting

**MAKE-A-WISH**  
GREATER BAY AREA CHAPTER

**Saturday,  
October 23, 2009**

At the Aquatic Park (Jefferson & Hyde)  
Register online today @ [www.SFPDChallenge.org](http://www.SFPDChallenge.org)

### Schedule of Events

**8:00 am Cops & Coffee @ the Buena Vista Cafe**

**9:00 am Registration Begins**

**10:00 am Plunge into the Bay**

**11:00 am-2:00 pm Cable Car Pull!**

**Enjoy live music, raffle, food and festivities!**

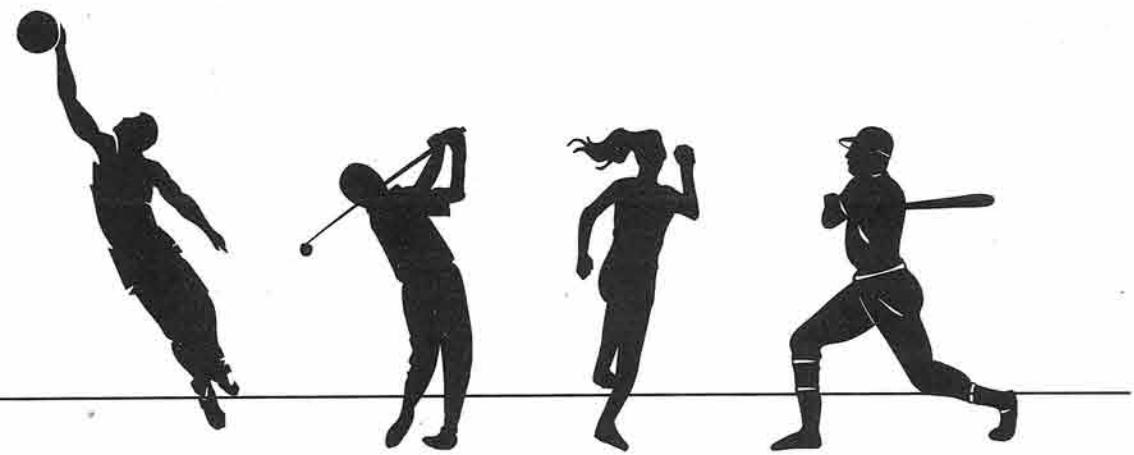
### About Make-A-Wish

This event raises funds to grant magical wishes for children with life-threatening medical conditions, such as Wayne, age 14, who wished to see the Golden Gate Bridge. Thanks to the SFPD, the SFFD, the California Highway Patrol, the Coast Guard and the Golden Gate Bridge Police, Wayne's wish was granted in a very big way.

He was able to experience the bridge by land, sea and air!

**Contact Sergeant Bob Guinan for registration information at (415) 850-5726.**

# Sports



## NICK'S NOTES

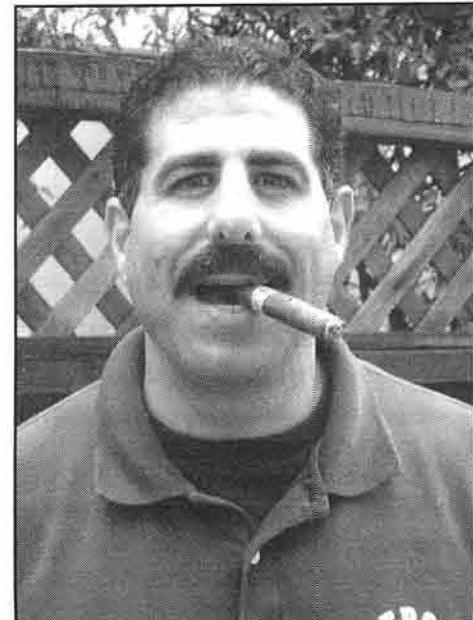
By Nick Shihadeh,  
Journal Sports Editor

### Soccer Tourney in Canada

**C**HECK IT OUT: In early September, the SF Police Men's Soccer Cub sent "over 40" representatives to Vancouver, British Columbia to combine with Vancouver PD "old guys" to compete in the 2010 North American Police Soccer Tournament. Check out the "SanCouver Super Eagles" team picture that goes with this column along with a pic of the fellas when they first arrived. The team played in four matches where they lost one and tied the other three. No medals were won but a good time was had by all when mixing with our Canadian brethren. Note that a more detailed article by John Anton (Traffic Co.) will appear in next month's *Journal*.

### Bowling in the Nevada Games

I spoke with Shawn Jackson (Tenderloin Station) recently and found out that he bowled in the Nevada Police/Fire Games in Las Vegas in mid Aug. The sight was The Orleans Hotel Casino Bowling Alley which according to Jackson was a nice venue to hold the tourney. Competing in doubles as well as team play with officers from outside agencies, Jackson was able to come away with three silver medals. His total for 15 games was 3,514 pins which comes to a 234 average which



is excellent. Imagine the scores that the gold medal winners were posting. In the meantime, Jackson is looking forward to next year as he plans to compete in the 2011 World Police/Fire Games that are taking place in New York at the end of the summer. I want to say congrats to Shawn Jackson for a successful tournament in the Nevada Games.

### Hoops Info

As far as the department basketball league, word has it that games will be starting in late November at St. Mary's Gym. Last year's managers will be contacted personally with the details of the upcoming season and flyers about the league will be sent out to the stations as well. If new teams want to enter the league, the flyers will have all the contact information.

## SanCouver Super Eagles



Steve Glickman (Traffic), Ramon Reynoso (Bayview), Pat Mullens (HO), Robert Vernengo (Mission), Percy Hernandez (Bayview), John Anton (Traffic) Pete Richardson (Mission).

### This and That

John "Dynamite" Sheehan told me about his fellow Tenderloin Station member Sgt. Brian Philpott doing a heroic job helping people the day of the San Bruno explosion and fire while off duty. One notable person he helped evacuate that evening was the mother of The Panda himself: Pablo Sandoval of the SF Giants. Great stuff.

Sheehan also wanted to acknowledge the memory of retired member Jesse Myrick (Hondas) who had an untimely death recently. He fondly referred to Myrick as the "King of the French Fries" because of all the hash marks he had on his uniform sleeve. God Bless Jesse Myrick...

That's all for now...  
So See Ya next month...

## SFPD Women's Softball Team – 2010 Police/Fire Games Gold Medal Winners



Candience Lewis (left) and Lynn Reilly



Michelle Spears coaching first and Jayme Campbell on base.



Michele Martinez swings away.



# 2010 SFPD Shooting Team Up-Date

By Alex Takaoka  
Central Station

Reno, NV Police and Fire Departments hosted the 2010 Western States Police and Fire Games back in July. Some of you will remember that Reno hosted the Games in 2005. Ignatius Chinn (GTF), Joe Emanuel (Mission Station), Roderick Suguitan (Ingleside Station), Matt Leong (Ingleside Station) and I competed in the shooting events. Chinn also competed in Bench Press and took the Gold medal in his division.

Hot, dry, windy and dusty is the best way to describe the shooting conditions in Reno. Ignatius, Roderick, Matt and I started the week out firing the pistol event. It consisted of a series of fast paced, move and shoot scenarios. Speed shooting and accuracy determined the winner for each stage. Roderick "blew all of us away" and "smoked" each course of fire. He took the bronze medal for his efforts.

Next, I fired the 3-position small bore rifle event that resulted in a gold medal. I shot on a combined team with Fountain Valley PD and San Diego PD. Our team score got us the first place Gold.

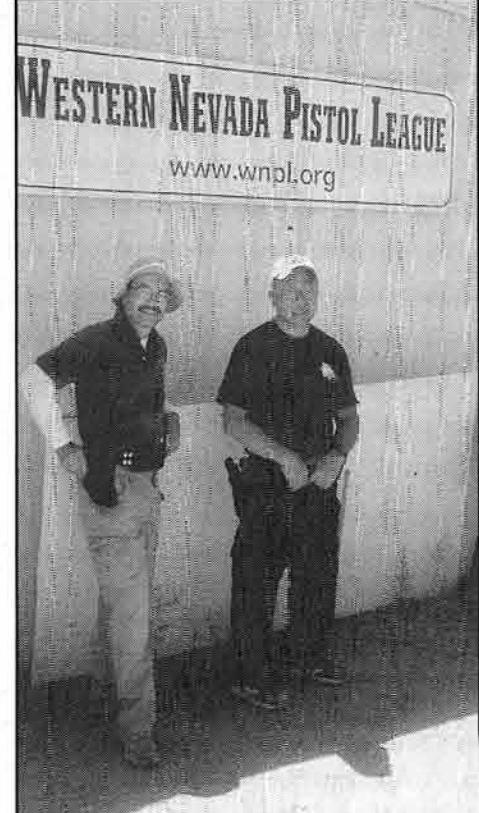
The third event was the hi-power rifle competition shot at 200, 300 and 600 yards. Forty-four competitors endured seven hours in the 90 degree heat (as well as the high elevation) to pit their skills against each other in this challenging sport. When the dust cleared I had the gold medal and Joe had the silver medal. The SFPD Rifle Team (Ignatius, Roderick, Joe and I) took the bronze medal. Not a bad showing!

After the police games, I traveled to Canada to compete in the annual Long Range Target Rifle Championships. This event is fired over five days and consists of 20+ matches and several team shoots. One event I fired at 500 meters resulted in a perfect score with 8Xs. I thought surely that I won the event, but I soon found out that a shooter from Sacramento beat me with a higher X count (9Xs).

I shoot with the USA Long Range Rifle Team which competed against the Canadian and British Teams. Team shooting in Canada is an interesting event because the shooter is coached. The coach "reads" the wind, adjusts the sights and lets the shooter know when to fire the shot.



Alex Takaoka



Alex Takaoka and Ignatius Chinn

I burned through 600+ rounds of ammunition over eight days of competition and spent four days driving to and from the events. Time to rest.

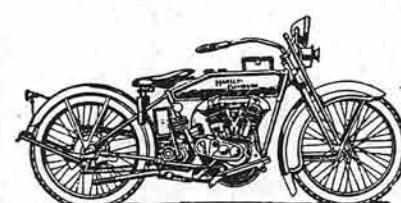
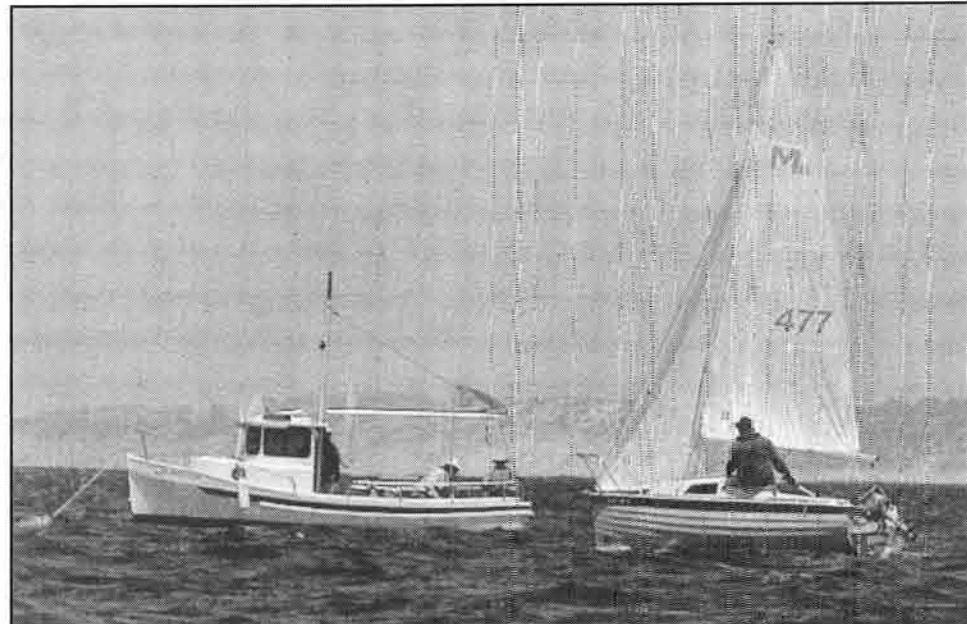
I want to thank the SFPD Range Staff, Sgt George Carrington (retired), Sgt. Dave Pollitt and the SFPD Rifle Team for all their encouragement and support.

Next year's rifle matches are in Ontario, CA (Western States Police/Fire Games) and New York City (World Games). Let me know if you are interested in competing.

## Single-Handed Sailing Regatta



Ignatius Chinn



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The two photos above show retired Solo Sergeant Mike Truman tacking his way across the finish line to a second place position at the Cruiser Challenge on Monterey Bay. The regatta was held on July 24, 2010. In the Small Boat Division were 17 other single-handed sloops, and Mike edged out 3rd place finisher Jerry Montgomery, the designer and builder of both men's boats. Mike has competed and won this event in past years, as well as sailed his small boat through the San Juan Islands in Washington State. Photos are courtesy of Don Person.

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## Classified Ads

### Automobile For Sale

**1999 PORSCHE 911 CARRERA 4 ALL-WHEEL DRIVE 2D COUPE** Black exterior/Black leather interior, 6 Cyl/6-Speed Manual Transmission. Excellent Condition/77,000 miles. Asking Price: \$24,000 OBO For additional details and info Contact Joe Filamor at (415) 254-8055

### Home For Sale

**MUST SELL: HOME IN INCLINE VILLAGE, NV.** Near half acre lot, fenced in, good location, built in 1981, up to present building code, 4 Bds, 2 1/2 bath, hydronic heat, all privileges, was used as a rental unit and an in-law apartment until 2004 (in-law apartment has one bedroom, living and breakfast nook, walk in closet and large bathroom) for self use (skiing and summer recreation). Move in condition. Ample space for RV and Boat parking. Originally advertised for \$875,000.00, **now \$515,000 or best offer.** 504 Jensen Circle, IV, NV. The best buy and the least expensive buy on the market. (415) 661-9815. Photo available Email: rgwallace@sbcglobal.net

**COMPLETELY UPGRADED BERNAL HEIGHTS FAMILY HOME.** Top Floor: master bedroom w/full bath and lg. walk-in closet. 3 additional bedrooms and 1 additional full bath. Main Floor: Kitchen w/new cabinets, appliances, fixtures, granite countertops, tile and stone. Living rm. w/fplc, family rm, formal dining rm, breakfast area, covered deck. 2.5 bathrooms, new hardwood floors. Entry Floor: Au-pair studio w/upgraded kitchen and full bath (unwarranted), yard, patio and x-tra storage. Lg. finished 2 car garage w/ new key pad auto door. New wall to wall carpet, double pane windows and new paint in and out. 3100 sq. ft. of living space. This home shows like new. **Price reduced to \$699,000.** Call Ariel Maracha (415) 533-6039.

### Hunting Trips

Colorado Deer/Elk Hunts. Private ranches, Tresspass Fee Only. Contact Bob Brodnik, (415) 320-0628.

### Lot for Sale

**PINE MOUNTAIN LAKE, GROVELAND, CA.** Half an acre about a minute's walk to the lake, main marina and beach. Near Golf Course and Pine Mountain Lake country club, swimming pool and tennis courts. Amenities also include, stables, airport, lake fishing and fly pond fishing. Lot is on public sewer system \$60k OBO. E-mail Sukerry@sbcglobal.net.

### Miscellaneous For Sale

Inspector's star, hand engraved by Sabatini, 14K gold, 44.15 grams, or 1.41 Troy oz.; \$5,000 contact: 510-482-0644

### Motorcycle For Sale

**2006 HONDA CBR 954.** 23,000 miles Black & Silver paint, race exhaust, tank bag, new slick race tires. Never laid down \$9500. Call Katherine (707) 393-9432

**2006 HARLEY - Iron Horse Outlaw - Must Sell!** 124 Inch Motor; 6-speed right side drive; 250 rear tire; hydraulic clutch; LED lighting; digital dash; custom black/red paint; lots of chrome; less than 2K miles; reg fees current; negotiable price; sold for \$25K new; asking \$16,750 or b/o. Contact Mitch @ (415) 987-6738

### Speaker For Sale (auto)

One-12" Super Woofer speaker (Auto) Case size-13"x14"x18 \$200 OBO (415) 566-6734

### Vacation Rental

**HAWAII- MARRIOTT'S MAUI OCEAN CLUB-** one bedroom two bath ocean front unit (accommodates 5 persons) Check out the location and all the amenities at Marriott's web site: [www.marriott-vacations.com/travel/resorts/marriott-maui-ocean-club/overview.html](http://www.marriott-vacations.com/travel/resorts/marriott-maui-ocean-club/overview.html) Date available: Friday July 16th 2010 for 7 nights. Asking: \$2300. email: [mcoffey@dsxextreme.com](mailto:mcoffey@dsxextreme.com) or call Mike or Sue at (530) 265-9199

**LAKE TAHOE- EDGELAKE BEACH CLUB** on the lake at Tahoe (web site: [www.tahoedgelakebeachclub.com](http://www.tahoedgelakebeachclub.com)) units are seven night rentals with complete kitchens, available. One bedroom unit July 17th (\$1000.) and a two bedroom unit August 13th (\$1200.) Call or email for all the details: [mcoffey@dsxextreme.com](mailto:mcoffey@dsxextreme.com) or Mike and Sue 530-265-9199

**RELAX IN CARSON VALLEY!** Carson Valley Golfers Retreat Vacation Home Rental. Gorgeous Views of the Sierra Mountains, 4 Bed, 2.5 Baths, 2300 s.f. SFPD/SFFD Member Rates: \$150 night or \$900 Week Call Vince at (415) 302-2500

**KAUAI — KIAHUNA PLANTATION, POIPU BEACH!** Owner direct rental rates 50% plus discount. Beautiful 1 bedroom/1 bath sleeps 4. Unit overlooks the Moir Garden at the only "beachfront" condominium project in Sunny Poipu. Email [Rpmapiest@aol.com](mailto:Rpmapiest@aol.com) or call Patty or Roy at (925) 676-0568

### Vacation Rental

**TUCSON ONLY \$125 PER NIGHT.** 1,100 sq.ft. 2 bedroom, 2 bath condo newly renovated and refurbished at 5500 N. Kolb. Ideal for that family getaway. 2 pools and workout facility on property. 2 full golf courses nearby. Unobstructed view of the Catalina mountains from the patio. Bookings on first come, first served basis. Call Chris (707) 337-5514

**MAUI — KAPALUA GOLF VILLA RENTAL.** 1700 sq.ft. 2 bedroom, 2 bathroom Villa is located on the 10th Fairway of the famed Kapalua Bay Golf Course! Enjoy the fabulous sunsets from our lanai, as well as views of the islands of Lanai and Molokai. This exclusive resort community has 4 swimming pools, 2 golf courses, golf academy, zip lining, 10 lit tennis courts, and many more amenities, which is associated with the Ritz-Carlton Hotel. Free shuttle service is available throughout the resort. Pictures and additional information is available at [www.VRBO.COM](http://www.VRBO.COM) listing #276140. SFPD members receive discount on posted rates. Contact Alan Honniball at (415) 298-7205.

**GOLF GETAWAY IN THE REDWOODS.** This beautiful two bedroom, two bath home is right on Northwood Golf Course (the fourth hole is your backyard). The amenities include complete kitchen, VCR, cable television, deck and hot tub. There is a third room with bunk beds unattached from the house. Call Mike Siebert (415) 342-2241 for more information.

**ENJOY THIS 2 BEDROOM, 2 BATH CONDO** in sunny old town Scottsdale AZ. Just steps away from the Giants Spring training stadium. This gated community offers 2 swimming pools, 2 spas, large fitness room and is next to the community golf course with bike/walking paths. ENJOY, NBA, PGA, NASCAR, NFL SUPER BOWL, NHL. Washer/dryer in unit, with plenty of storage. Pictures available on [Scottsdaleregions.com](http://Scottsdaleregions.com). Contact Patti and Gary (650) 355-7770. SFPD OWNED

**SOUTH LAKE TAHOE VACATION RENTAL** Looking for a rustic cabin in the woods with a big screen TV? Take a look at this home perfect for families and larger groups. With sleeping for up to 10, a large living room with 50' TV and dining area, this property is wonderful for the vacations with budget in mind! Located just 4 miles to the casinos and less to the beaches and Heavenly Ski Resort. This home features 3 bedroom, 2 baths with 1600 square feet of room. Each room has a television with either a dvd/vcr player. Gas fireplace and nice wrap around deck to enjoy the scenery. Phone Maricela at 415-260-3484 or visit <http://www.vacationhomrentals.com/41600>

### Wanted

**HOTWHEELS die-cast cars** from 60's-70's w/redline tires. Collector (any size collection). Contact Rene (415) 913-9161. [reneg301@sbcglobal.net](mailto:reneg301@sbcglobal.net)

**S&W CENTENNIAL SERIES**, Model 40, blue steel; Model 60, Stainless. Contact retired #1771 (415) 648-4332

**I AM INTERESTED IN PURCHASING** POA Notebook issues July of 1996, February, March and December of 1995, August of 1990, January, February, May and June of 1989, November of 1988 and any issues prior to January of 1988, Please contact Greg Corrales at (415) 759-1076 or at [gc1207@comcast.net](mailto:gc1207@comcast.net).

**"OLDER" MODEL COLT GUNS.** Contact Thomas Moore at (415) 648-4332.

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- A member may run only one classified ad per issue. However, a member may repeat the same ad in three consecutive issues. An ad may run for three additional issues upon request of advertiser.

Ads must be typewritten and submitted to the POA, attn: Journal Advertising in any of the following ways: US Mail, to the POA office; Interdepartmental mail, to the POA office, Email to [journal@sfpoa.org](mailto:journal@sfpoa.org)

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## Word Search

Created by Officer Michelangelo Apodaca, Chief's Office

Enjoy this relaxing and fun-to-solve puzzle! If you've never solved a puzzle like these before, it's a good idea to read this before you begin.

Each puzzle has a grid of letters that conceals words reading in different directions — forward, backward, up, down, or diagonally — but always in a straight line. The words, abbreviations, or phrases one must find and circle are listed below the grid in capital letters. That's all you need to know before you sharpen your pencil and begin your search!

The month of October ends with Halloween night. Have fun finding words associated with Halloween!

HOST	BLACK	FANGS
PUMPKIN	COSTUME	HORROR
SPIDER	TRICK	SPOOK
NIGHT	TREAT	FOG
CANDY	MASK	HALLOWEEN
ORANGE	SKULL	
WITCH	MUMMY	

R	W	A	S	A	P	E	H	S
E	I	K	P	B	U	Y	A	K
D	T	S	O	O	M	E	L	U
I	C	A	O	U	P	S	L	L
P	H	M	K	T	K	G	O	L
S	F	O	G	B	I	N	W	W
K	T	H	G	I	N	A	E	O
Q	K	C	A	L	B	F	E	L
E	K	D	G	I	T	E	N	F
G	C	E	O	P	R	M	Z	R
N	I	A	B	M	E	U	Y	O
A	R	T	B	A	A	T	M	R
R	T	H	L	V	T	S	M	R
O	Y	D	N	A	C	O	U	O
G	H	O	S	T	X	C	M	H

# SFPOA 2010 Golf Tournament

## 2010 Volunteers

George Brown • Sue Delagnes • Val Kirwan • Kevin Martin • Dermot Dorgan Marty Lalor • Joe McFadden  
Ed Browne • Chris Breen • Kevin Lyons • Gavin & Eileen McEachern (*Happy 20th Anniversary!*)

*Special Thanks to Inspector John Poelstra (retired) for his generous donation.*

Thank you to Brendan Moylan of Moylan's Brewery in Novato and Mike McNeil of St Francis Winery in Santa Rosa for supplying refreshments.

With deep appreciation to Courtney Dickson for her dedication to the members of the SFPOA. We wish her much success in her new endeavors and thank her for all of her hard work.

**Thank you to all of our Sponsors, Contributors and Volunteers!**

Co-chairmen: Gary Delagnes,  
Joe Finigan, Larry Mack

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SFPD Officer John Mulkern  
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SFPD Sergeant Michael "Moose" Koniaris

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Cache Creek Casino.....	Dinner for Three
Café Kati.....	\$150 Gift Certificate
Elephant Bar.....	2) \$25 Gift Certificates
Firefly Restaurant .....	\$100 Gift Certificate
Grant Hyatt SF Union Square ....	One Night w/Breakfast or Dinner
Green Hills Country Club .....	4) Rounds of Golf w/Carts
Half Moon Bay Golf Links.....	Twosome of Golf w/Carts
Harvey's/ Harrah's Casino Hotel .....	Two Night Stay & Show
Holiday Inn Fisherman's Wharf .....	One Night Stay
House of Prime Rib .....	4) Dinners for two
Hyatt at Fisherman's Wharf.....	Two-Night Stay
Hyatt Regency SF Airport.....	Park, Stay and Fly Package
II Fomaio .....	2) \$50 Gift Certificates
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Johnny Foley's Irish House .....	\$100 Gift Certificate
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Marriot Fisherman's Wharf .....	One Night Stay w/Breakfast
MoMo's Restaurant .....	\$75 Gift Certificate
Moylan's Brewery and Restaurant .....	Case of Microbrewed Beer
Moylan's Brewery and Restaurant .....	Dinner or Lunch for Two
Palace Hotel.....	One Night Stay
Paragon .....	\$100 Gift Certificate
Pulcinella .....	\$50 Gift Certificate
Roddy Ranch.....	2) Rounds of Golf w /Carts
San Francisco Giants.....	Signed Baseballs
San Francisco Marriott Marquis .....	One Night Stay
Scoma's.....	Dinner or Lunch for Two
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Yank Sing .....	\$50 Gift Certificate

PHOTOS BY VAL KIRWAN

