

President's Message

Coming Local and State Elections Critical to Future of POA

By Gary Delagnes,
SFPOA President

We will enter 2010 facing some of the most important state and local elections in our recent past. Two of the major candidates for state office are from right here in San Francisco, which potentially could mean a new Mayor and District Attorney in the "City by the Bay" by the end of 2010. Gavin Newsom and Jerry Brown, another politician with local ties, appear to be the front-runners to represent the Democratic party as its gubernatorial nominee, while Kamala Harris faces a host of challengers for the Democratic nomination for state Attorney General. The POA has not yet endorsed any of these candidates. We will be looking very closely at each, as well as examining the local Republican candidates running for Governor and Attorney General to determine which party most closely represents the philosophies and interests of our membership.

Our local supervisorial elections will determine just how far left this city is willing to go. Over the past

15 years San Franciscans have voted to go beyond liberal politics to the point where democrats such as Gavin Newsom, Sean Elsbernd, Carmen Chu, and Mikala Alioto are portrayed as bastions of conservatism when in fact they would be considered among the most liberal politicians anywhere else in America.

"In District 6, we welcome the exit of the biggest buffoon on the Board — Chris Daly."

San Franciscans must soon decide whether they want to keep the pendulum of democracy somewhat balanced or head into an area of unchecked liberal "progressiveness" that threatens to force more and more business out of the city of San Francisco and into the welcoming arms of more business-friendly communities. The San Francisco 49ers are a perfect example

of a business entity that was simply not willing to deal with the political nonsense that has become the San Francisco Board of Supervisors.

District 2, now represented by Mikala Alioto, is a vital seat for the moderate faction to maintain. Two of the major front runners in the race appear to be Janet Riley and Mark Farrell, both of whom would appear to be moderate democrats who we would be able to work with. We also hear Joe Veronese, the ex-police commissioner, may also be considering a run and, based on his performance in that venue; it would behoove us to do everything we can to make sure he does not prevail.

Carmen Chu who has done an outstanding job and should run unopposed currently holds the seat in District 4. In any event we will be there for Carmen no matter what it takes.

Several candidates will contest district 8, currently held by Bevin Dufty, who is termed out. So far I have interviewed Scott Weiner, a city attorney, and Rebecca Prozan, who works for the DA's office as a prosecutor. Both would be great representatives for the city, and excellent advocates for our

members.

We continue to look for qualified candidates in both District 6 and District 10. Just about anyone would be an improvement over the current occupants.

Sophie Maxwell has been a huge disappointment for this association, as she has never shown any interest in what we do or how we do it. She has consistently asked for more police officers to help maintain the peace in her district and yet is the first to criticize us when there is any public outcry in her community. It is vital we find someone in District 10 that makes an effort to understand both sides in an extremely complicated relationship.

In District 6, we welcome the exit of the biggest buffoon on the Board — Chris Daly. A kangaroo might have better served that district. We can only hope that a qualified candidate rises up to help erase one of the most embarrassing eras of San Francisco politics.

It will be interesting and we will be right in the middle of the fray attempting to help restore some political sanity to a city that has gone somewhat mad!

**The SFPOA Welcomes the
Men and Women Serving in the United States
Navy and Marine Corps during
Fleet Week, October 8-13**



POA Board OF Directors Meeting, September 9, 2009

1. Sergeant-at-Arms Breen called the meeting to order at 1205 hours then led the Pledge of Allegiance.
2. Secretary Montoya conducted the roll call of the Board of Directors and Executive Board.
3. Steve Johnson presented a plaque of appreciation to Mrs. Janine Guidry of the Cathedral Hill Hotel. Steve thanked Mrs. Guidry and the hotel for their 30 years of POA support.
4. Rep. Browne (Co. A) made a motion to approve the August 2009 minutes. Motion was seconded by Rep. Imbellino (Co. F) and passed by voice vote.
5. Vice President Martin presented Sgt. Bob Guinan (Co. K) with a \$5000.00 check for the Make A Wish Foundation.
6. Frank Hagan (Narc) will be sworn in next month to replace Rep. Mack who is transferring to Homicide.
7. There was a two hour discussion regarding the Sergeant/Inspector seniority issue. The issue was tabled for further discussion.
8. Rep. Flaherty (Co. E) made a motion to donate \$5000.00 to the fund that has been set up for Officer Dominic Gamboa. Motion was seconded by Rep. McFadden and passed by voice vote.
9. Treasurer Halloran advised that the Executive Board approved a \$1000.00 donation for the reelection of Fiona Ma.
10. Treasurer Halloran provided each

- Board Member with a copy of the August 2009 expense recap.
11. Meeting adjourned at 1430 hours.

Respectfully Submitted,
Tony Montoya
 POA Secretary

**These minutes will not be adopted by the Board of Directors until the next General Membership meeting. Corrections and amendments might be made prior to a vote to enter the minutes into the permanent record. All corrections and/or amendments will be published in the succeeding issue of the Journal.*

Jim Collins Appointed to Superior Court

On Tuesday, September 1, 2009, Gov. Arnold Schwarzenegger named former San Francisco police officer and prominent Bay Area defense attorney Jim Collins to a judgeship on the Superior Court.

The men and women of the San Francisco Police Officers Association congratulate Mr. Collins on his new job. It was a hard earned appointment, and certainly well deserved.

— Ed.



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San Francisco Police Officers Association Editorial Policy

The POA Journal and the POA web site (www.sfpoa.org) are the official publications of the San Francisco Police Officers Association and are published to express the policies, ideals, and accomplishments of the Association. The following provisions that are specific to the publication of the POA Journal shall also be applicable to publication of material on the POA web site to any extent that is practical. Publication of material in the POA Journal or on the POA web site does not necessarily include publication on or in both instruments of communication. Nor does the following editorial policy for the POA Journal preclude a different or contrary editorial policy for the POA web site.

Member Opinions and Commentary: Unsolicited Written Material

A member or group of members may submit unsolicited written material to the POA Journal that expresses his/her/their opinion(s) and concerns within the following limitations and guidelines:

- Such material must be addressed as a letter or mail using common salutations such as "Dear POA," "Editor," "SFPOA" "Dear POA Members" etc.
- Such material must be authored and signed by the member(s) making the submission. Anonymous submissions will not be published.
- Such material must be factually correct and presented in a respectful and civil manner.
- Such material can not be slanderous, unnecessarily inflammatory, sexist, racist, or otherwise offensive, nor can it be disparaging of any member or bring upon them unwarranted accusation or rebuke, either express or implied.
- Such material can be forwarded to the editor by electronic mail, US Mail, inter-departmental mail or other written communication, or delivered in person to the editor or to any person in the POA office.
- Upon receipt of such material, the editor shall cause it to be published in the next regular printing of the POA Journal, or in a future issue designated by the submitting member provided that the content complies with all the provisions of this policy. Such material will not necessarily appear in more than one issue of the POA Journal.
- Such material will be published in a designated section that shall be clearly titled as "Letters to the Editor," "Letters to the Journal," "Mail" or other similar title indicating that the material included therein is the express opinion of the author(s) and not necessarily that of the SFPOA or any of its elected or appointed officers.
- Depending upon considerations of timeliness and space, the editor reserves the right to withhold publication of such material for as many as two issues. The editor also reserves the right to decline to publish material beyond a date wherein the context of the material is no longer timely.
- All such material is subject to editing for grammar and punctuation. Portions of a submission may be omitted for considerations of space so long as the general context of the material is not significantly diminished or altered.
- The editor may select portions of a submission to be highlighted in a common editorial manner such as pull quotes, sub-heads, or kickers.

Other Submitted Material

All other written, photographic, or graphic material must be:

- Specifically solicited by the editor;
- Or be unsolicited material that may be published at the discretion of the editor, and in accordance with other applicable sections of this editorial policy and Article XI, Section 8(e) of the by-laws.

Board of Directors Meeting Roll Call Wednesday, September 9, 2009

President	Gary Delagnes	P	Co. G	Dean Sorgie	P
Vice President	Kevin Martin	P		Dominic Yin	P
Secretary	Tony Montoya	P	Co. H	Maris Goldsborough	P
Treasurer	Marty Halloran	P		James Trail	P
Sergeant-At-Arms			Co. I	Scott Biggs	P
	Chris Breen	P		Jody Kato	P
Editor	Ray Shine	P	Co. J	Kevin Lyons	P
Co. A	Ed Browne	P		Brian Philpott	E
	George Rosko	P	Co. K	Matt Gardner	P
Co. B	Larry Bertrand	P		Corrado Petruzzella	P
	Jayne Campbell	P	Hdqtr.	Bob Mammone	P
Co. C	George Ferraez	P		Joe McFadden	P
	Chris Schaffer	P	Narcotics	Dave Falzon	P
Co. D	Martin Covarrubias	P		Larry Mack	P
	Jose Jimenez	P	Tactical	Dan Laval	P
Co. E	Dermot Dorgan	P		Mark Madsen	P
	Tim Flaherty	P	Invest.	Gavin McEachern	P
Co. F	Peter Dacre	P		Dean Taylor	P
	Rob Imbellino	P	Airport	Anton Collins	P
				Joe Finigan	P
			Retired	Ray Allen	P

POA Journal Deadlines

November 2009	October 21, 2009
December 2009	November 18, 2009
January 2010	December 18, 2009
February 2010	January 21, 2010
March 2010	February 18, 2010

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ASSOCIATION OFFICE: (415) 861-5060

ADDRESS ALL CORRESPONDENCE TO: Editor, POA Journal, 800 Bryant St., 2nd Floor, San Francisco, CA 94103. No responsibility whatever is assumed by the POA Journal and/or the San Francisco Police Officers Association for unsolicited material.

The POA Journal is the official publication of the San Francisco Police Officers Association. However, opinions expressed in this publication are not necessarily those of the SFPOA or the San Francisco Police Department.

Members or readers submitting letters or articles to the editor are requested to observe these simple rules:

- Address letters to the Editor's Mail Box, 800 Bryant St., 2nd Floor, San Francisco, CA 94103.
- Letters must be accompanied by the writer's true name and address. The name, but not the street address, will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be typed, double-spaced, or submitted via e-mail or on disk in Microsoft Word.

ADVERTISING: Contact Michael Popoff, Advertising Coordinator
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Counselor's Corner

The Ethics of Courage

By John Tennant
SFPOA Counsel

Something that the new San Francisco Chief of Police, George Gascón, said recently got me thinking about why a person would choose to perform a “good” act — and by “good,” I mean good in and of its own sake, not simply “good” for the doer of the act. In his first formal address to the SFPOA Board of Directors, Chief Gascón discussed, among other things, the high cost of rude conduct. Emphasizing the importance of maintaining the public’s trust, the Chief first reasoned that it was in an officer’s self-interest to treat the public with the utmost respect insofar as the officer is ultimately dependent on the public for the level of wages and benefits which the officer enjoys. The Chief concluded, thus, that rude conduct is something an officer should guard rigorously against, “if only for the purely ‘mercenary’ reason” that it does not pay (or words to that effect). But then the Chief went on to make the more significant point: “Of course,” he added, “I would hope that you would treat the public with respect because it’s the right thing to do. That’s the real reason to do it. We are public servants.”

Whether intended or not, Chief Gascón hit upon one of the most profound questions that exists — one that has been the subject of debate since the beginning of recorded history. Aristotle himself asked as much in his famous *Nicomachean Ethics*: “Do men

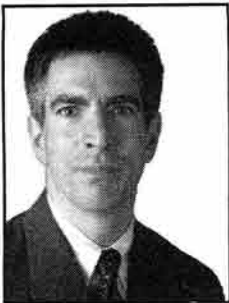
love, then, *the good*, or what is good for them? These sometimes clash.” If doing good, doing the right thing, does not ultimately result in good for me, is there really any reason why I should do it?

This question often intrudes into my sphere of work when the issue of ethics arises. Some take the position that ethics is essentially for saps. Indeed, it almost seems at times that the popular conception of lawyers is that of a disreputable group of professionals whose main task is to dissemble

and shade the truth so substantially as to make it indiscernible from a lie, all in the service of a client’s interest. I cannot count the number of times throughout my career when I have had to explain why it is not in a union’s self-interest to misrepresent a position at the bargaining table. Yes, it may be considered an “ethical” obligation to state one’s true position, but it is also — as former San Jose POA President Don Demers put it — a matter of “operational necessity.” If the other side catches us in an intentional misrepresentation, our credibility is gone and, so too, is our ability to negotiate for the rank and file. Ethics is critical to

legal victory.

But to return to the point raised by Chief Gascón and addressed by Aristotle, what if acting good did not necessarily further our interests — why should we do it? After all, most of our notions about getting ahead have to do with making sure that you “never get played.” The “good” — whatever that may be — seems largely irrelevant when progress is largely measured by the brutally realistic calculus of the



where he stated that police work is far more akin to a vocation than a job one does because of the pay.

But how can we be sure of this? We can be certain because of what I believe to be the quality which police officers honor more than any other: Courage. While it may be true that the demands of police work can, over time, create a more cynical cast of mind where self-interest begins to assert itself, courage remains the standard by which all officers measure themselves. It is the profession’s cardinal virtue. And courage is the antithesis of the self-calculated act. Indeed, courage cannot even coexist with self-interest. The minute self-interest enters into one’s intention to act bravely, whatever actions may result can no longer be thought of as brave. Courageous acts are courageous precisely because they are performed for others, not for ourselves. Courage is the most selfless of virtues.

And in this way we have answered the question raised in my mind by the new SFPD Chief and pondered by philosophers dating back to the dawn of Western history. The very essence of a police officer’s work is as far removed from a “mercenary” act as can be imagined, because that work has at its core the selfless virtue of courage. There is, then, such a thing as an utterly selfless act which is good in and of itself. Police officers do honor “*the good*” and not just what is “good for them” because they value courage. Courage is the essence of ethical action, for it can only exist in acts performed on behalf of others, not for oneself.

“Roll the Union On...”

“ . . . Chief Gascón hit upon one of the most profound questions that exists. . . ‘Do men love, then, the good, or what is good for them?’ ”

Calendar of Events

Mark your calendars for the following meetings and events by the POA and its friends and supporters. All dates and times are subject to last minute changes, so always contact the event coordinator to confirm dates and times. If you have an event you would like posted on our calendar, contact the editor at journal@sfpoa.org.

Regularly Scheduled Meetings or Events

Event	Location	Date & Time	Coordinator
Meeting, Veteran Police Officers Association	3255 Folsom, SF	Second Tues. of Every Month, 11:00 AM	Larry Barsetti (415) 566-5985 larry175@ix.netcom.com
Meeting, Widows & Orphans Aid Association	Ingleside Police Station, Community Rm	Second Tues. of Every Month, 2:00 PM	Mark Hurley (415) 681-3660
Meeting, American Legion SF Police-Fire Post	Old POA Building 510-7th Street, SF	Second Tues. of Every Month, 6:00 PM	Rene Laprevotte rlaprevotte@comcast.net
POA Board of Directors Meeting	POA Building	Third Wed. of Every Month, Noon	POA Office (415) 861-5060
Meeting, Retired Employees of CCSF	Irish Cultural Center	Second Wed. of Every Month, 11:00 AM	Reyna Kuk (415) 681-5949
Retiree Range Re-qualification	SFPD Pistol Range	First Fri. of each Month, 0730 – 1130	Range Staff (415) 587-2274

Specially Scheduled Events

SFPOA Golf Tournament	Marin Country Club, Novato	Monday, September 14, 2009	POA Office (415) 861-5060
APOA Scholarship Banquet	New Asia Restaurant 722 Pacific Street, SF	Friday, October 2, 2009 6:00 PM	Eddie Chung (415) 315-2400
Golf Tourney Women Leaders in Law Enforcement	Poplar Creek Golf Course San Mateo, CA	Monday, November 2, 2009	Robin Matthews (415) 553-1093
LPOA Scholarship & Salsa Dinner/Dance And Toy Drive	Janet Pomeroy Center 207 Skyline Blvd., SF	Saturday, November 21, 2009	Maria Oropeza lpasf@yahoo.com

WIDOWS' AND ORPHANS' AID ASSOCIATION

PO Box 880034, San Francisco, CA 94188-0034 ♦ Established 1878 ♦ Telephone 415.681.3660

September 8, 2009

The regular meeting of the Widows' and Orphans' Aid Association of the San Francisco Police Department was called to order by President Joe Garrity at 1:50 PM in the Conference Room of Ingleside Station.

PLEDGE OF ALLEGIANCE: Led by President Joe Garrity.

ROLL CALL OF OFFICERS: President Joe Garrity. Vice President John Centurioni excused. Secretary Mark Hurley, Treasurer Joe Reilly. Trustees Bob Mattox, Bill Gay and Harold Vance. Excused Matt Gardner and Mark McDonough.

MINUTES OF THE AUGUST MEETING: Motion by Gay, that the minutes be approved as published, seconded by Vance. Motion carried.

BILLS: Treasurer Joe Reilly presented the usual bills. Motion by Mattox, seconded by Gay that the bills be paid. Motion carried.

WE HAD TWO DEATHS THIS PAST MONTH:

ROBERT JAMES MARSH. 84 years. Bob was born in San Francisco and grew up in North Beach. He attended Galileo High School and served his country in the Navy from 1942-1945. He was assigned to a special group as a Navy Corpsman. He served all through the South Pacific and in Gua-

dacanal as a paratrooper attached to a Marine Company. After the war, he returned home and drove a cab before he entered the Police Academy in 1950. His first assignment was Richmond Station. He then worked in the old City Prison before he was assigned to Mission. He was transferred to Potrero Station where he was promoted to Sergeant and remained at Potrero for five years before going to Taraval and Richmond. He made Lieutenant and was sent to Mission, then to Taraval and The Patrol Bureau. He worked Park and Central before he made Captain. He worked Traffic as a Captain his last year in the Department. Bob retired in 1981

OSCAR E. TIBONI, 94 years. Oscar was born in San Francisco and grew up in the Mission and attended Mission High School. Oscar worked on the construction of the Golden Gate Bridge and later as a conductor on a streetcar. He entered the Police Academy in 1941 and was assigned to Ingleside Station as his first assignment. World War II broke out and Oscar was serving his country in the Navy. After the war, he returned home and went back to Ingleside Station for a short time before going to Potrero. He was later transferred to Southern. While at Southern, he made Sergeant and was assigned to the City Prison. Oscar

remained at City Prison for the rest of his career and retired in 1969. Oscar was awarded a Gold Medal of Valor for his and his partners work in making an arrest of two robbery suspects who attempted to rob the liquor store they were detailed to with gunshots being exchanged and both suspects taken into custody. Oscar worked for the Golden Gate Bridge when he retired taking care of the money room. He also regularly attended the Veterans Police Monthly meetings.

SUSPENSIONS: President Joe Garrity dropped from the membership Randy Flannery for not paying dues for one year. Article III, Section 4 of the Constitution.

REINSTATEMENTS: Pursuant to Article III, Section 5 of the Constitution. Gene Powers, Ernie Raabe, Henry Kolar, Bob Bullard and Dave Heikka. President Joe Garrity ordered them returned to the membership roles.

NEW MEMBERS: Members of the 226th Recruit Class. Julia Anagalet, Anthony Asserto, Kathryn Bartel, Anthony Castellanos, Charles Charranghat, Derek Christensen, Elizabeth Cole, Stephen Degand, Eric Eastlund, Partrik Faye, Vincent Fong, Ian Glynn, Tiffany Gunter, Theresa Halloran, Sarah Hathaway, James Horan, Anto-

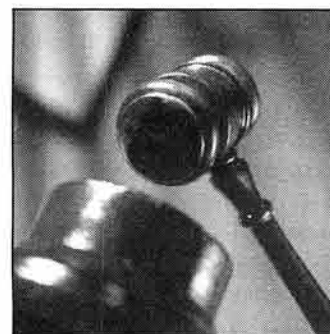
nio Landi, Thomas Mccarville, Jose Mora, Josha Nazzal, David O'Keefe, Matthew Ortega, Raymond Padmore, Regiland Pena, Alexandra Saari and Yaroslav Shabinskiy

REPORT OF TRUSTEES: Members of our investment team of Shane Hiller, Pam Royer and Jerome Paolini. Gave us a report. Our account and the stock market had the best six months in its history! September is generally a rough time for the stock market and we expect things to be flat for a few Months. Commercial Real Estate is hurting and this could hurt small regional banks. Our account is up 1.48 % for this August and 7.65% for the year.

COMMUNICATIONS: A \$72.00 donation from Janet Mc Kay (Retired).

ADJOURNMENT: President Joe Garrity had a moment of silence for our departed members and those men a women serving their Country in the Armed Forces. He set the next meeting for Tuesday October 13, 2009 at 1:45 PM in the Conference Room of Ingleside Station.

Fraternally,
Mark Hurley,
Secretary



Injured On Duty By A Negligent Motorist Or DUI Driver?

"It's Not Just A Workers Comp Case!"

Former Prosecutor *Todd P. Emanuel* Can Help!

Myth #1: My only remedy is filing a worker's compensation claim.

Myth #2: I can't bring a claim against the negligent driver.

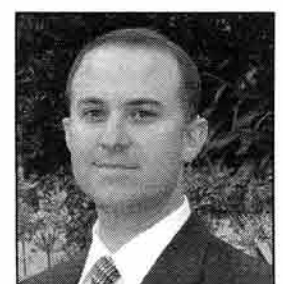
Myth #3: I can't file a claim with my own auto insurance company.

FACT: If you've been injured on the job by a third party such as a negligent motorist or drunk driver, YOU CAN (and should!) recover substantial personal injury damages (tax free) in addition to worker compensation benefits. DO NOT leave money on the table by limiting your remedy to workers compensation! I have helped police officers throughout the counties of San Francisco, San Mateo, and Santa Clara.

Call for a FREE consultation! • Police Officer references available on request.

T **Todd P. Emanuel, ATTORNEY AT LAW**
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AROUND THE DEPARTMENT

By Al Casciato



...COMPSTAT:

On October 21st and 23rd the first COMPSTAT presentations by the district stations will be made at the UCSF Theater at Mission Bay. The presentations will be open to the public and the media.

What is COMPSTAT and what is expected from the process?

Each and every member (sworn and civilian) of the department should first read the article written by LA Police Detective Jeff Godown for Police Chief Magazine explaining what COMPSTAT is and is not. The article was distributed to all the district stations and is readily available from any of the Hall of Justice offices.

After several discussions with officers about the article, I offer the following as an aid for understanding COMPSTAT:

Why are statistics kept in sports? Answer: To develop a game plan on how to win.

Let's take baseball as an example: If we compare roles who would we be?

Players on the field:

- Officers who are engaging the criminals.

Inspectors:

- The Analysts/Researchers/ Statisticians

Sergeants:

- The coaches and teachers.

Lieutenants:

- Managers.

Captains:

- General Managers.

Chiefs/DC's

- Administrative Management (provide money and resources)

Chief of Police

- Commissioner / enforces policy / coordinates operations

Mayor / Police Commissioners

- The owners committee which sets policy / select the Commissioner

OCC / Mgt. Control

- The Umpires.

The Scouts

- All other jurisdictions that provide information to us about the criminal element.

The Fans

- The public; most of which is rooting for the home team, us.

This brings us back to why we are keeping and analyzing statistics. In order to develop a winning game plan we must know ourselves, our opposition, our resources and the only way to accomplish that goal is to keep statistics. The challenge is to keep statistics that are meaningful and useful. Remember "garbage in garbage out".

So if you are having trouble trying to understand the COMPSTAT model use your favorite sport as a guide. I received other sport analogies in response. "If you have to foul some one in the last few seconds of a basketball game; you need to know who has the worst free throw shooting percentage". (Knowing your opposition) - "You need to know who makes a good soccer goalie and who a forward". (Knowing your personnel) - "If you are going to climb a mountain, you better have the right equipment." (Knowing your resources) - So you develop your line-up and game plan from the information you have. Once the game begins, adjustments must be made as unexpected challenges occur.

(New information develops):

In our case the game plan we prepare is for the most noble of causes- the public safety of all. Something that is not a game...

...Birth:

Congratulations to Dawn (DEM / 911) and Eric Mahoney (Northern / FTO Office) on the birth of their second child, Danyon Robert Mahoney Born September, 12, 2009, 0811 hrs 6lb 14 oz, 20" long. Danyon joins big sister Genevieve as the pride and joys of the family. Proud Grandfathers are SFPD retirees Robert Mahoney (1969 - 1999) and James Stokes (1969-1997). Congratulations to all...

...Please Visit:

Ed Robles (Mission Station) is raising funds to assist his niece and nephew who suffer from a chronic condition that affects their everyday life. We urge you to visit the web site that was created to chronicle their progress and support. Please go to www.hannahandmitchellfund.org a donation would be greatly appreciated...

...Credit Union:

Glenn Sylvester writes that two changes have occurred at the Credit Union. The first starting soon (watch for the announcement) — ATM rebates: Each member is entitled to 6 transactions per month from any out of network co-op ATM. The service charge will be rebated back to you on your SFCU statement. Use any ATM while traveling out of area or internationally. The second change is that members will no longer have to appear at the Annual meeting to vote on issues and directors. Future elections will be by mailed ballot...

Editor's note: You must send an announcement to have a birth or any other announcement listed.

Announcements, notices or tidbits can be e-mailed to alfrmsf@aol.com, faxed to 552-5741, or mailed to Around the Department, 800 Bryant St., 2nd Floor, SF, CA 94103.

Inspector Of The Month



Assigned to the Investigations Bureau Economic Crimes Unit, Inspector Robert Steger is a highly motivated and conscientious investigator. He recently completed one of the largest and most complex fraud investigations in the history of the Economic Crimes Unit. Spanning over a 2 ½ year period, this complex case involved over 25 victims who were scammed out of an estimated 2.4 million dollars.

During his investigation, Inspector Steger interviewed over seventy-five victims and witnesses, and wrote over 100 search warrants. All of the victims and many of the witnesses only spoke Spanish. Inspector Steger's ability to speak fluent Spanish and excellent communication skills were an integral part in bringing this investigation to a successful conclusion. The suspect in this case is currently in custody and awaiting trial. Inspector Steger's dedication and hard work deserves recognition for a job well done.

We Take Care of Our SFPD/SFFD Members

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Please call Vince Sheehan
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Carol M. Keane, CPA
wife of John Keane,
Narcotics Division, SFPD

This and That...

By Kevin Martin,
SFPOA Vice President

Making Wishes Come True...

On Tuesday, September 15, 2009, two outstanding members of our department and association were recognized by the Greater Bay Area Make a Wish Foundation at its 25th Anniversary Celebration held at the Galleria Showroom in the Southern Police District.

Captain Ron Roth of the Airport Bureau and Sgt. Bob Guinan of the Traffic Company, Co. K Solos, were recognized for their dedicated work and tremendous contributions to this most worthy foundation.

There are very few among us who have not heard about the great works of the Make a Wish Foundation, which grants the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy. In the first year of its operation, the Make a Wish Foundation granted 27 wishes. Now in its 25th year, the foundation grants over 300 wishes per year throughout the Greater Bay Area and most recently granted its 5,000th wish.

Captain Roth, a 32-year SFPD veteran has also been a member of the Greater Bay Area Make A Wish Foundation for close to five years. Ron has made some very significant contributions to the foundation in his capacity as a board member, including recruiting the aforementioned Sgt. Bob Guinan to get involved in fundraising efforts.

Sgt. Bob Guinan, also a thirty-two year member of this department, has been in the forefront of some very

past three years, Bob has raised over \$25,000 for the foundation through his "S.F.P.D. Challenge," which includes a "Cable Car Pull," a "Plunge into the Bay," and a "Cops 'n' Coffee" fundraiser.

In separate presentations, Ron and Bob were presented awards by Ms. Patricia Wilson, Executive Director of the Greater Bay Area Make A Wish Foundation.

Congratulations to both Ron and Bob and a big thank you to all of our members who have been part of Bob's team for the past several years. It takes many hands to do all the work necessary to have a successful event, and Bob always seems to surround himself with outstanding people. Those include several past and present members of Co. K, including the dearly departed Bernie Sullivan and the recently retired Frank Achim, and currently with Matt Gardner, Jordan Hom, and all the other Solos who provide such valuable support for Bob and their community. The Solos always find a way to come up big and carry the day.

UCSF News...

Congratulations as well to POA President Gary Delagnes who was recently awarded by the Geary Street Merchants Association at their annual luncheon on Wednesday, September 16th at the Cathedral Hill Hotel. Gary received well-earned recognition for all his work and contributions to UCSF Hospital and their Pediatric Palliative Care Program under the direction of "The Great" Kim Scurr, R.N., Director of the Palliative Care Program.

Speaking of UCSF, a great big "Thank You" and a tip of the hat to the following members of Northern Station who participated in our monthly visit with the children of the Palliative Care Unit. Led by Ferdinand "Dimo" Dimapasoc, Bernie Corry, Michele Aschero and Matt Lobre handled the afternoon visits playing "Quiz Show" and spending time with youngsters both in the schoolroom and at the bedsides of those children confined to their beds. Later that evening, Edward Zeltzer, Jordan King,



Joshua Enea, and Rob Fung spent a couple of hours visiting with teenaged patients in the "Teen Lounge." All had a great time, and the patients and staff were very grateful for the enthusiastic visits made by our members. I offer my sincere thanks to all the officers who made this month's visit, and my special thanks to Tim Flaherty (Co. E POA Rep) and Lt. Belinda Kerr for their efforts and support for coordinating the visits.

"Fore!"...

The annual POA Golf Tournament was held on Monday, September 14, 2009 under a beautiful sun-drenched sky at the Marin Country Club in Novato. More than one hundred golfers participated in this great event that raises money for our Community Services Programs as well as our POA Scholarship Program. The latter benefits the sons and daughters of our current and retired members who are preparing for their college or university education. The co-chairs for this year's events (Gary Delagnes, Marty Halloran, Joe Finigan, and Larry Mack) did a magnificent job to make sure all aspects of the tournament were covered and that everybody in attendance had any and everything they needed for the day. A big thank you to POA administrative assistant Courtney Dickson for all her time and effort throughout the planning stages up to and including her hard work on the day of the event, and thanks to Marty Halloran and Sue Delagnes, Joe McFadden, Val Kirwan and Eileen McEachern for volunteering their time and effort that afternoon.

I would also like to personally thank a few members of the community who contributed some outstanding prizes for our participants. Thanks to Mr. Paolo Mancini, President of Indy Wines Distributing/San Francisco Wine Center located at 757 Bryant for his generous donations of wines. Thanks as well to Mr. Spencer O'Meara, Executive Chef and all around good guy from the Paragon Restaurant located at 2nd and Townsend Streets in San Francisco. A

huge thanks to my good friend Mr. Ben Potenziano, strength and conditioning coach for the San Francisco Giants for his outstanding generosity of autographed baseballs. I would also like to recognize Mr. Gene Telucci (Graduate of Sacred Heart High School Class of '75) a long time employee of the San Francisco Giants as well as Mr. Jorge Costa, vice-president of stadium operations for the San Francisco Giants for their contributions and donations of Giants memorabilia.

To Mr. Quin O'Neill of O'Neill's Irish Pub on 747 3rd Street and Mr. Les Hennessy of "Hennessy's Wines and Gourmet Foods" of 545 2nd Street, thank you both so very much for your valuable donations. Please consider patronizing the above listed merchants and businesses as they certainly support the efforts of our POA.

Thanks to all the golfers who participated in this year's tournament and to all our very generous donors and contributors to this year's event.

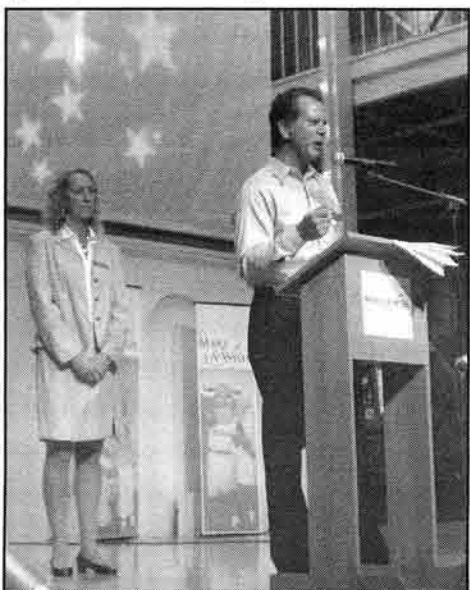
Attention Walkers...

There are two very important fundraising "Walks" scheduled in the near future that should be of interest to our members and community friends. On Saturday, October 10, 2009 the Northern California Concerns of Police Survivors will host their inaugural "NorCal C.O.P.S. Walk at San Ramon Central Park located at 12501 Alcosta Blvd., San Ramon. The event will feature a ten (10) mile walk in which 100% of net proceeds collected through sponsorships will benefit the Northern California C.O.P.S. Chapter and programs designed to rebuild the shattered lives of our survivors. For more information regarding this very worthy effort, please contact Sandy Fontana at (650) 851-2361. Those interested in this event can also contact me at the POA for application forms and sponsorship sheets. FYI, on-site registration will begin at 0800 hours with the walk scheduled to start at 0900. A sponsored picnic in the park celebration will take place after the walk at 1200 hours. Please consider participating in this great event.

Making Strides Against Breast cancer will host its annual "Walk" in San Francisco on Saturday, October 17, 2009 and in San Jose on Saturday, October 31st. The POA sponsored my effort last year, and will do so again this year. It goes without saying that this is a very important event to assist in the ongoing research and fight against breast cancer. Many of us know or have heard accounts of women who have been afflicted by this horrible disease. Please join me and dedicate your efforts to support the women in your lives as I walk in support of my wife Ellen Marie, my daughter Gracie specifically, and all women in general. For more information, please contact Justin Clark, Director, Making Strides Against Breast Cancer of the Bay Area at (877) 906-7222 or go online at www.makingstridesbayarea@cancer.org. Thanks in advance for your participation and support.



Sgt. Bob Guinan being introduced.



Capt. Ron Roth at the podium.



Michele Aschero with patient and mother.



Bernie Corry, Matt Lobrete, Michele Aschero and "Dimo".



Matt Lobre and patient.



"Dimo" and Bernie Corry with patients.

Rumor control...

Contrary to recent rumors, Chief Gascón has assured me there is absolutely no truth that he has plans to either remove the patches from our uniform shirts or have the patrol bureau going back to wearing white t-shirts underneath our uniform shirts as we did many years ago...

Acupuncture or Acupressure anyone?

There is no question that after any length of time on this job the bumps, bruises, knocks and assorted pains begin to accumulate and start to take their toll on our bodies...If you are suffering any lingering pains or discomforts please consider acupuncture or acupressure to help alleviate the pains and get you back on the road to recovery. I have been involved with both acupuncture and acupressure for quite some time. More recently, (past three years), I have had the great pleasure to be treated by Dr. Xi Jun Lin, Ph.D. who has her medical office located at 465 Sixth Street (just across the street from the POA Building — what a great convenience!). Dr. Lin is a wonderful person and an excellent doctor and I have without reservation referred many friends and officers to her with great success.

Dr. Lin is a graduate from Tianjin Medical University in China; A graduate from the American Global University with a Ph.D. in Oriental Medicine and a graduate from the Hypnotherapy School of Palo Alto. Dr. Lin is also very adept in the study and practice of Herb Therapy specializing in the area of pain reduction.

I first met with Dr. Lin three years ago and have been going to her at least once a week ever since. Dr. Lin is a very friendly, very competent doctor who comes from a police family. (Both her father and brother are Police Officers in China). I would encourage anyone to contact Dr. Lin and make an appointment to see her. Her sessions usually last one hour and usually only charges members of the SFPD AND SFPOA only \$50.00 per session. Dr. Lin also accepts many insurance carriers to assist with payments. If you have any questions or concerns about Dr. Lin or her practice, please feel free to contact me and I will make an introduction. I also can offer names of other members of our department whom I have referred to Dr. Lin for their perspective. Again, Dr. Lin is located at 465 6th Street and her telephone number is 415-618-0088. Call her...you will not be disappointed...

More SFPD Honors...

Congratulations to Sgt. Chuck Limbert of Mission Station for being honored by the American Red Cross, Bay Area Chapter this past September

24, 2009 at this outstanding organizations annual San Francisco Heroes Breakfast held at the Marines Memorial Club and Hotel in downtown San Francisco. Chuck received the "Act of Courage Hero" for his involvement in apprehending a deranged suspect after the suspect violently attacked a citizen. Chuck was off-duty at the time, but did not hesitate to take immediate and effective enforcement action against this crazed suspect before he could attack and hurt other innocent citizen's. Chuck put his own welfare and safety on the backburner in order to protect other citizen's from harm. Chuck was not willing to merely stand by and wait for on-duty officers to arrive and handle the situation. He got involved...and made a big difference...much to the great appreciation of nearby citizens.

Chuck has been an outstanding member of our department since June of 1993 and at one time served as Treasurer for the POA under the Chris Cunnie administration.

Congratulations Chuck on your outstanding achievement! No doubt your accolades are certainly worthy...you are absolutely representative of what our department and association aspires to on a daily basis.

Changes ahead...

For many of our members, the impending changes in the department's operations and practices we are about to face will not be an easy proposition. In many aspects, we are a department steeped in tradition and change is not always a welcome endeavor. I absolutely believe in the great traditions of our institution and have a great respect and admiration for such traditions. I also believe that it is imperative for our department to embrace some of the changes that will bring this department into 21st century crime fighting and as such will make our department considerably more effective. The most glaring change we will initially experience is the placement of inspectors to the district stations. Many believe this move is a very good one, long overdue and will go a long way in bridging the disconnect between the Bureau of Investigations and the Field Operation Bureau. Some members look forward to this change, while others thumb their noses at it. I'm sure your perspective depends on where you are assigned, how much time you have in the department and how these changes will affect your future with the department.

For so long, we have heard complaints that the department is stagnant, without direction...a rudderless ship if you will. Many of our members wanted change, and now, we are on the cusp of those changes.

Some of our members who are

not necessarily enamored with these changes are quick to loudly pronounce that the POA is "selling us out." That the POA is "rolling over" for the new Chief and that the POA is standing idly by while these changes make their way into our daily operations.

I would challenge any one of these dissenters to come forward and let us know just how the "POA. is selling out." I would really like to engage in some very meaningful conversation with anyone who feels that Gary, the Executive Board, or the POA Board of Directors is acting in any capacity other than in the best interest of our members or our association as a whole.

It is no secret that many view our department as dysfunctional and in dire need of wholesale changes. Although I do not entirely agree with that premise, one would have to be blind or quite naïve to think we can continue on at our present state.

It is also no secret that many believe the new Chief has inherited quite a challenge to bring our department up to snuff. Chief Gascón has stated that although he believes our members are capable of some truly outstanding police work, he sees problems with the structure and day-to-day operations. The Chief wants to eliminate such problems.

There will be the obvious growing pains for all of us as the Chief implements his vision and plans for the future of our department. These growing pains are to be expected and are a natural part of the process. I would encourage those members who are not necessarily inclined to accept these changes to at least give the Chief the benefit of putting your best foot forward and give him and us the chance to succeed. I would also ask these same members to give the Chief every consideration you would want if you were in his shoes. Is every change going to be a good one? Probably not...but that is human nature.

Please know that as we embark on these changes the POA will insist that any changes affecting the working conditions of our members are subject to meet-and-confer sessions with the departments administration.

Gary and members of the POA as well as members of the various PEG groups have met with the Chief on various occasions and we will continue to meet on a regular basis.

If you at any time feel that your interests are not being adequately represented, please contact your respective POA Representative and make your concerns known. If you have a complaint about a particular issue, please bring this to the attention to your representative and he or she in turn will bring it to the attention of the executive board.

But please, be reasonable about the issue or at least have a possible solution to the problem. We are all in this together for the long haul and we'll be able to accomplish a lot more if we can work effectively and cohesively as opposed to working against each other. Please consider this proposal...thanks.

This month's column is dedicated to the Midnight Watch of Tenderloin Station, Co. J. Despite some recent unwarranted criticism, please know in your minds and hearts that you certainly have not failed the members of your community. Anyone with an ounce of sense understands the incredible challenges of working in the Tenderloin.

Having once been assigned to the Tenderloin and being very familiar with the many members of not only the midnight watch but all watches currently working in the 'Loin, I know your daily efforts are appreciated by most of the residents in your district. God bless you all, and continue to do the great job that you have been doing day in and day out for quite some time.

See you next month...

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Welcome home, George!

George Luedtke Home from Iraq

By Eric Chiang
Bayview Station

August 30, 2009 saw the return of one of our own. 1st Sergeant George Herman Luedtke of the United States Army returned back from his second tour of duty in Iraq. His one-year deployment away from home was ecstatically greeted by his wife, Catherine. George's work with the 445th Civil Affairs Unit helped the Iraq people adjust to freedoms and liberties not enjoyed under Saddam's dictatorship and help bring an understanding be-

tween our two countries. The 445th endured ongoing mortar fire and IEDs but luckily with no fatalities. Captain Loftus understood the sacrifices our military men and woman make and approved Off. Arnold Borgen (another Iraq veteran) and myself to escort and welcome back George and his unit into SFO. We were joined by 2 CHP units and 2 CHP motors for a well deserved ride home. George will return to the mortal job of being a San Francisco police officer at Bayview Station. Job well done George! Welcome home.



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² The CalPERS 60- and 90-day interest rate plans include a slightly higher interest rate. However, you can lower your CalPERS interest rate if either rate is lower on the date of final loan approval or on the date your final loan documents are drawn.

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POLICE-FIRE Post 456 News

By Greg Corrales

*"We will either find a way or make one."
— Hannibal (247-183 BC)*

"Tipping the scales of justice — even a little bit — is wrong," American Legion Magazine quoted American Legion National Commander David K. Rehbein, reacting to legal actions filed on behalf of Westboro Baptist Church in Topeka, Kansas. Fred Phelps, the church's founder, and his followers insist that God is punishing the United States with the deaths of American soldiers for the country's allegedly lax attitude toward homosexuality. Their belief has led the church to protest at funerals and memorial services for slain warriors, carrying placards that say "Thank God for Dead Soldiers" and other offensive phrases.

"It is clearly their constitutional right to challenge any law that infringes on First Amendment rights," Rehbein said. "But what about the rights of our fallen heroes, their families and friends? I want everyone to know that the American Legion will continue to fight for the rights of those who paid the ultimate sacrifice, as well as their survivors and friends as they pay their final respects."

A graphic photograph of a mortally wounded Marine released for publication September 3 by the Associated Press, over the objections of the family and the Pentagon, has prompted a furious U.S. Defense Secretary Robert Gates to upbraid AP for its decision to go against the wishes of the young Marine's family.

Lance Corporal Joshua Bernard was struck by a rocket-propelled grenade during an August 14 Taliban ambush in Afghanistan. He suffered severe leg wounds and died on a field hospital's operating table.

An AP photographer's image captured Bernard lying on the ground, with two fellow Marines rushing to his aid. His face is recognizable, and he appears to have lost his legs.

After the pictures had been distributed but before they were published, Defense Secretary Robert Gates called AP President Thomas Curley to beseech him to change his mind. "I am begging you to defer to the wishes of the family," Gates said, according to his spokesman.

Lance Corporal Bernard's father, John, a former Marine, asked the news service not to publish the picture, saying it would only hurt the family more.



Gates, who has supported media access in the past, then sent a formal letter of protest to Curley. "Why your organization would purposefully defy the family's wishes knowing full well that it will lead to yet more anguish is beyond me," Gates wrote. "Your lack of compassion and common sense in choosing to put this image of their maimed and stricken child on the front page of multiple American newspapers is appalling."

Do these despicable, contemptible actions by AP surprise anyone? They certainly shouldn't.

Miss America 2009 Katie Stam has family and friends who served in the military, but she says that she "never truly got it" until she spent time with wounded soldiers. She also said that she has appreciated meeting service members, veterans and their families during her tenure as Miss America: "It's all about celebrating them and their stories, who they are, and what they've done for our country."

Stam also applauded The American Legion's work on behalf of troops and veterans, and its community-service programs. The Legion "is definitely going to be an organization that I'll continue working with," she said.

A former TV news anchor for the University of Indianapolis, Stam says press outlets could do a much better job covering the military: "I wish the media could connect and really tell the stories of the soldiers, so that more people could experience what I feel so tremendously blessed to have experienced."

"Well," snarled the drill instructor to the miserable recruit doing push-ups in the rain. "I suppose after you're discharged you'll just be waiting for me to die so you can spit on my grave." "Not me," replied the recruit. "Once I get out of the Marines, I'm never standing in line again."

Police-Fire Post 456 is very anxious to recruit our newer veterans and our female veterans. If you have any questions, please contact me at Traffic Company (553-9601), greg.corrales@sfgov.org.

We meet on the second Tuesday of every month at 1800 hours. The next meeting will be on October 13, 2009. Refreshments are served at the conclusion of Legion business. We look forward to seeing you there!

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Officer Needs Assistance

Attention all POA Members and Friends

One year ago, Dominic Gamboa suffered a massive heart attack while working at the San Francisco Police Academy. In the past year, Dominic has been out on disability and resorted to using all his accumulated time. Dominic has exceeded his one-year to return to the Department. As a result, the Department is not paying him, and he does not have any other source of income. Dominic does not qualify for the catastrophic program, so we are unable to donate any time to him. This would put anyone of us in a dilemma. He has five children whom he supports, and a home mortgage to pay. In the meantime, he is unable to get another job due to the fact that he has a medical condition that would limit him to work in any law enforcement capacity. He is currently waiting for a judge to make a decision on how much he would receive for a medical retirement. Initially, the City offered him 20% to retire. He has been without a paycheck since July 2009.

I know times are hard, but if you can help him in anyway possible, he would appreciate it dearly. Dominic is a proud person and would not ask anyone for help, but under these circumstances, he really needs our help. I know that if anyone of us needed help, he would not hesitate to return the favor.

We have established a SF Police Credit Union account for his benefit. Due to the dire financial situation we are unable to host a fundraiser at this time. Nevertheless, we are asking for donations to help with his finances until the retirement judge returns with a decision.

Please donate to this account:

San Francisco Police Credit Union Account #1374099

If there are any questions, feel free to call me. (401-4708)
Officer Dan Chui

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Marilyn Rosekind at Bunnyl8dy@att.net

Questions? Contact:

Sergeant Mary Dunnigan at 415-837-0875

Marilyn Rosekind at Bunnyl8dy@att.net

CCSF Combined Charities drive

Donate to Blind Babies Foundation

By Mark Hernandez
Central Station
Member, Board of Directors
Blind Babies Foundation

The City & County of San Francisco has once again embarked on its Combined Charities Campaign. At your respective stations and units, you will once again be asked to make a financial contribution to an organization you deem worthy of your well-earned money. There are innumerable organizations deserving of your gift, but please give consideration to one in particular, which I am deeply committed to: Blind Babies Foundation.

In 2009, Blind Babies Foundation celebrated 60 years of service to the San Francisco Bay Area. This milestone is one rarely earned in the world of non-profit organizations. This achievement of sustainability is testament to both the need for the vital services that the organization provides, and its focus and commitment to its mission. Blind Babies Foundation's board of directors and its small office staff, led by Executive Director Julie Bernas-Pierce, are individuals devoted to supporting the core of the organization, its Vision Impairment Specialists. These Vision Impairment Specialists provide direct in-home services to visually impaired

children under the age of 6, and their families. Through in-home visits, the Vision Impairment Specialists teach family members ways of engaging children in developmental activities that stimulate any available vision and encouraging development of other faculties and skills. These same specialists also accompany the families to medical appointments. This invaluable support allows the family to fully understand the diagnosis, and any potential treatment or rehabilitation. As an alumni parent, I have grateful memories of the help that Blind Babies Foundation gave my family. The expertise, time, and compassion that Blind Babies Foundation extended to my daughter, Caitlin, and to our family, undoubtedly enabled Caitlin's successes. Born blind, Caitlin, now 19, is a thriving sophomore at U.C. Santa Cruz.

With few or no exceptions, 2009 has been a difficult financial year for everyone. I ask that you remember that no gift is too small. Please join me in my efforts to allow Blind Babies Foundation to continue its critical mission of providing the practical and emotional support to families of babies born visually impaired.

Happy Holidays and best wishes in 2010,

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Book Reviews

Songs My Mother Never Taught Me

By Selcuk Altun
Translated from Turkish by
Ruth Christine and Selcuk Berilgen
Reviewed by Dennis Bianchi

This is the fourth novel by Selcuk Altun but the first to be published in the United States. A second book came out later this year and after reading *Songs My Mother Never Taught Me*, I'm eager to read anything else Altun writes.

The book has been called a "who-dunit" as well as a thriller. I found it an exciting walk through Turkish culture and the city of Istanbul as two very different men set out on their individual paths, leading to a fascinating confrontation. Sometimes the story is dreamlike, but a dream like Federico Fellini would give us on film; at other times chilling, but always thought-provoking.

Arda Ergenekon's parents have both died as the book opens. His father, Mursel, was a famous but controversial mathematician. We learn as Arda does, that his father was murdered, seemingly executed. Arda's domineering mother has just died of cancer and leaves him with enough wealth to never have to work for the rest of his life. Arda decides to find out who killed his father and why. Throughout the book the author has inserted a character with the same name as the author, Selcuk Altun, as a banker who alternately assists Arda in his search and tests and teases him with information.

Another stylistic touch is not numbering the chapters but titling each with either the letter A or B; A for Arda, B for Bedirhan Ozturk.

Bedirhan, left an orphan in his youth, comes from a completely different part of Istanbul, where children learn the ways of the streets and look to the military as a means of livelihood. While in the military Bedirhan learns that he is quite efficient at killing and upon leaving the military he decides to put that knowledge to work in his civilian life. However, after more

than ten years of working as a highly paid assassin he decides it is time to retire. He suffers no guilt as he believes he only killed those who violated religious rules but escaped punishment due to political favors. He points out that he has only taken two hits a year. Perhaps this is the author's attempt at explaining Turkey's constant tight-rope walk of balancing its politics with its religion.

After more than ten years of working as a highly paid assassin he decides it is time to retire. He suffers no guilt as he believes he only killed those who violated religious rules but escaped punishment due to political favors.

Bedirhan's employer is unwilling to grant him his freedom. Adding to his problems is the fact that Arda is pursuing him relentlessly, if unwittingly. Their meeting will leave readers surprised, some happily, others not.

The author, Altun, is described on the book's cover as a "retired banking executive and a bibliophile." The title "bibliophile" seems to fit very well. The book is filled with authors and titles of Turkish and Middle-Eastern origin and popularity. If someone were looking to explore more about the literature of this region, one would only need to follow up on the names and titles found within these pages. His newest book, *Many and Many a Year Ago*, was released in September 2009.

The Girl Who Played With Fire

By Stieg Larsson
Reviewed by Dennis Bianchi

This book has remained on the best-seller lists for months, and for good reason. It's exciting, it's well written, but mostly because it has brought back Lisbeth Salander, the slender, tattooed, rather punkish brilliant computer hacker who possesses a photographic memory and a complete lack of remorse or pity for those who cross her. Readers were first treated to this fascinating character last year in *The Girl With The Dragon Tattoo*, a great crime-thriller book that demanded you to keep reading, no matter how tired you were or how late it was getting. It is unfortunate that the author, Stieg Larsson, died after completing only three of these books, but there is something to look forward to when the next, and last, one is released sometime next year.

Salander is once again partnered up with Mikael Blomkvist, a publisher and investigative reporter. In the first book they uncovered Fascist connections to greedy corporate shenanigans, mixed with an unscrupulous probation officer assigned to Salander named Bjurman. Bjurman returns with his very colorful and permanent reminders of Salander concealed beneath his clothing. But he can't survive book two. And Salander becomes a prime suspect in not just his murder but also the murder of a young couple: Dag Svensson, a freelance journalist who is about to release a damning study of Sweden's sex-trafficking, based upon the research of his girl-friend, Mia Johansson, a criminologist and gender study scholar. The report will reveal the names of important business and political men implicated in these crimes, and publisher Blomkvist wants to help the young couple. When Salander is named as the suspect in the murders, he refuses to believe it and works at finding who really committed the murders.

If you haven't read the first book you will find the first 125 pages of this book of great help bringing you up to date with the relationships of the protagonists. If you have read the first you might find those same pages a bit tedious. Persevere! The plot heats up like a torch immediately following that somewhat too long of an introduction.

Salander has a violent streak and is misunderstood as a woman who hates men. That's not exactly correct; she hates men who hate women and has no compunction in letting misogynists know where she stands. Her lack of size confuses certain men into thinking she might be easy prey, but as she said on one page, a hammer in one's purse makes a pretty good equalizer. Throughout the book her source of rage is referred to as, "All The Evil," an event in her past that is not revealed until the latter pages.

Salander has a violent streak and is misunderstood as a woman who hates men. That's not exactly correct; she hates men who hate women and has no compunction in letting misogynists know where she stands.

There are incidents which seem too contrived and a bit too difficult to believe, but the story is so good and Larsson's writing so tight that the contrivances are forgiven and forgotten. Larsson even has Salander disappear for several chapters near the end, leaving the reader with numerous questions unresolved. Before the book is finished, however, resolutions to every problem, even a side-story of a math problem called "Fermat's Last Theorem," will be found.

When reading the short biography of Stieg Larsson one realizes that his books were written with the intent of informing the public of his prior research as a publisher. His magazine, *Expo*, focused on exposing antidemocratic, extremist groups, particularly Nazi organizations. He obviously was aware of the connection between Sweden's unusual attitude toward sexual relationships and the problems of world-wide illegal sex trade. He will be sorely missed as both an author and a moral compass.

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Female Heart Attacks: Know the Symptoms

Female heart attacks are different, but this is the best description of the symptoms. Important for all women to read.
 Author Unknown

Forwarded to the Journal by
 Gus Coreris, Retired SFPD

Nurse's Heart Attack Experience

I am an ER nurse and this is the best description of this event that I have ever heard/read. Please read, pay attention, and send it on!

—Diane

Women and heart attacks (Myocardial infarction). Did you know that women rarely have the same dramatic symptoms that men have when experiencing heart attack?

You know, the sudden stabbing pain in the chest, the cold sweat, grabbing the chest & dropping to the floor that we see in the movies. Here is the story of one woman's experience with a heart attack.

I had a heart attack at about 10 :30 PM with NO prior exertion, NO prior emotional trauma that one would suspect might have brought it on. I was sitting all snugly & warm on a cold evening, with my purring cat in my lap, reading an interesting story my friend had sent me, and actually thinking, "A-A-h, this is the life, all cozy and warm in my soft, cushy Lazy Boy with my feet propped up."

A moment later, I felt that awful sensation of indigestion, when you've been in a hurry and grabbed a bite of sandwich and washed it down with a dash of water, and that hurried bite seems to feel like you've swallowed a golf ball going down the esophagus in slow motion and it is most uncomfortable. You realize you shouldn't have gulped it down so fast and needed to chew it more thoroughly and then drink a glass of water to hasten its progress down to the stomach. This was my initial sensation — the only trouble was that I hadn't taken a bite of anything since about 5:00 p.m.

After it seemed to subside, the next sensation was like little squeezing motions that seemed to be racing up my SPINE (hind-sight, it was probably my aorta spasms), gaining speed as they continued racing up and under my sternum (breast bone, where one

presses rhythmically when ministering CPR).

This fascinating process continued on into my throat and branched out into both jaws. "AHA!!" NOW I stopped puzzling about what was happening — we all have read and/or heard about pain in the jaws being one of the signals of an MI happening, haven't we? I said aloud to myself and the cat, "Dear God, I think I'm having a heart attack!"

I lowered the foot rest dumping the cat from my lap, started to take a step and fell on the floor instead. I thought to myself, If this is a heart attack, I shouldn't be walking into the next room where the phone is or anywhere else... but, on the other hand, if I don't, nobody will know that I need help, and if I wait any longer I may not be able to get up in a moment.

I pulled myself up with the arms of the chair, walked slowly into the next room and dialed the Paramedics. I told her I thought I was having a heart attack due to the pressure building under the sternum and radiating into my jaws. I didn't feel hysterical or afraid, just stating the facts. She said she was sending the Paramedics over immediately, asked if the front door was near to me, and if so, to un-bolt the door and then lie down on the floor where they could see me when they came in.

I unlocked the door and then laid down on the floor as instructed and lost consciousness, as I don't remember the medics coming in, their examination, lifting me onto a gurney or getting me into their ambulance, or hearing the call they made to St. Jude ER on the way, but I did briefly awaken when we arrived and saw that the radiologist was already there in his surgical blues and cap, helping the medics pull my stretcher out of the ambulance. He was bending over me asking questions (probably something like "Have you taken any medications?") but I couldn't make my mind interpret what he was saying, or form an answer, and nodded off again, not waking up until the cardiologist and partner had already threaded the teeny angiogram balloon up my femoral artery into the aorta and into my heart where they installed 2 side by side stints to hold open my right coronary artery.

I know it sounds like all my think-

ing and actions at home must have taken at least 20-30 minutes before calling the paramedics, but actually it took perhaps 4-5 minutes before the call, and both the fire station and St. Jude are only minutes away from my home, and my cardiologist was already to go to the OR in his scrubs and get going on restarting my heart (which had stopped somewhere between my arrival and the procedure) and installing the stints.

Why have I written all of this to you with so much detail? Because I want all of you who are so important in my life to know what I learned first hand.

1. Be aware that something very different is happening in your body not the usual men's symptoms but inexplicable things happening (until my sternum and jaws got into the act). It is said that many more women than men die of their first (and last) MI because they didn't know they were having one and commonly mistake it as indigestion, take some Maalox or other anti-heartburn preparation and go to bed, hoping they'll feel better in the morning when they wake up...which doesn't happen. My female friends, your symptoms might not be exactly like mine, so I advise you to call the Paramedics if ANYTHING unpleasant happening that you've not felt before.

It is better to have a 'false alarm' visitation than to risk your life guessing what it might be!

2. Note that I said "Call the Paramedics." And if you can take an aspirin. Ladies, TIME IS OF THE ESSENCE! Do NOT try to drive yourself to the ER — you are a hazard to others on the road.

Do NOT have your panicked husband who will be speeding and looking anxiously at what's happening with you instead of the road.

Do NOT call your doctor — he doesn't know where you live and if it's at night you won't reach him anyway, and if it's daytime, his assistants (or answering service) will tell you to call the Paramedics. He doesn't carry the equipment in his car that you need to be saved! The paramedics do, principally OXYGEN that you need ASAP. Your Dr. will be notified later.

3. Don't assume it couldn't be a heart attack because you have a normal cholesterol count. Research has discovered that a cholesterol elevated reading is rarely the cause of an MI (unless it's unbelievably high and/or accompanied by high blood pressure). MIs are usually caused by long-term stress and inflammation in the body, which dumps all sorts of deadly hormones into your system to sludge things up in there. Pain in the jaw can wake you from a sound sleep. Let's be careful and be aware. The more we know the better chance we could survive.

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Me and Charlie Gain

*This is an excerpt from retired deputy chief Kevin Mullen's latest book, **The Egg Man's Son: A San Francisco Irish Life**. The book recounts his experiences growing up in World War II San Francisco, his later activities in the police department, and his ideas about the changes that affected the department and the city over that period of time.*

By Kevin J. Mullen

When I did my first tour of duty at Richmond Station in the 1960s, I had noticed that the walls of the old stable building at the rear of the stationhouse were lined with shelving, inexplicably containing a variety of used vehicular parts such as one would find in an auto repair shop. When I returned to the station in 1980, the same used parts were still there. It was not until I retired and started researching the department's history that the mystery was solved. Richmond Station had been the headquarters of the department's motorcycle unit in 1912. For all those long intervening decades, the abandoned parts had remained in their place and no one had taken the initiative to clear them out. The words "curiosity" and "change" were not prominent in our organizational lexicon.

Even as a foot patrol officer on the midnight in the Richmond District, I had realized that the idea of walking around all night looking for broken store windows was an absurd waste of manpower. Yet no one thought to change the system. All bureaucracies resist change, for sure, but in our case it had gotten ridiculous. I came to realize that what you do when you tell someone to change the way he's been doing his job for a period of time, is communicating to him that he has been doing it wrong all along, and, incidentally, that he wasn't smart enough to realize it. It's bad in any institution, but in government, where there is really no financial bottom line, conditions can calcify into organizational paralysis.

The agents of the department's reluctance to change, as things unfolded, were the very same old-time gentlemen who had welcomed me to the job. The problem was not theirs alone; it was rooted in the civic culture of the town. Nineteenth Century San Francisco — during the period when the department was formed — was the tenth largest city in the nation, and the only one of the ten west of the Mississippi. Many of the departmental practices were modeled on those of the large cities of the East, particularly New York City. San Francisco was a big city when Los Angeles was a still a wide spot in the road.

So, in the early 20th century, when modern management practices were developed, growing California cities like Los Angeles, San Diego and even Oakland began to adopt the basic business practices which are fundamental to any efficiently run organization. San Francisco, however, where we knew how to do everything already, stood aloof, thus assuring its place in the time warp in which it found itself. (Retired Chief Tom Cahill told me once that when he went to address a group of North Bay law enforcement officers, he was welcomed as a representative of the "Republic of San Francisco.")

As I studied for the various promotional exams, I became aware that what the management books had to say about police practices were alien to us as an organization. I mentioned

some of the seeming lapses to the bosses and was told that "that was all theory." Never mind that what we were doing was also based on theory, albeit one not supported by any modern management philosophy. And some of the new theory looked pretty good to me. In my brief stint in the as a detail head in Investigations Bureau in 1970, I noticed that there was no system of case control, as called for in "the books." When I mentioned to my boss that the cases were assigned out to the detectives without any mechanism to check whether any work had been done on them, he told me that if anyone complained, the errant Inspectors would be disciplined. I thought we could be a bit more proactive than that. Investigative case management systems had been described as far back as the 1934 Municipal Police Administration, so it wasn't anything necessarily cutting-edge that we needed to do. Most of the officers and detectives, to be sure, were dedicated, smart, hard-working people who had just not been given the proper tools to do the job right.

It was into such an environment that an outsider, Charles Gain, former chief of Oakland, was appointed Chief of Police. When he interviewed captains for the top positions I didn't make the cut. My Irish name and mug probably worked against me with

a man who spent his career hearing that the SFPD was run by an Irish Mafia. I was moved from Mission Station to Planning, a second string job in the San Francisco ranking of positions at the time, but one that the chief valued highly as I came to learn.

The informal organization went after him. Chief Gain wasn't just an outsider but one with a suspiciously liberal bent. His enemies checked and found that his driver's license had recently expired, a misdemeanor which police-friendly journalists published with glee. He was criticized for changing the color of the police cars from manly black to "baby blue." (I notice that New York police cars are now colored white with pronounced "baby blue" stripes and logo.)

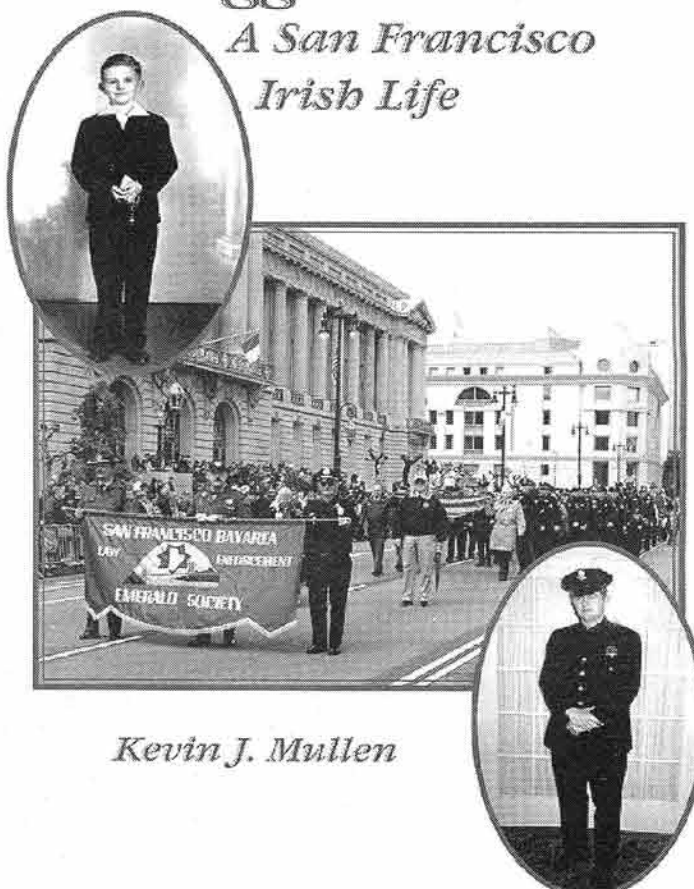
Chief Gain was castigated for moving the ceremonial American flag out of his inner office to the public reception area, the clear implication being that he was less than completely patriotic. Had his critics known of his war record, perhaps they wouldn't have been so quick to judge him on that score. (Among the members of the 29th Infantry Division who went ashore on Omaha Beach on June 6, 1944 was a young enlisted man named Charles Gain. He was to fight with his unit across the hedgerows of

Normandy to the break-out at St. Lo, earning two bronze stars along the way.) He isn't one to trumpet his own accomplishments and I don't think the informal organization at the time was of a mood to give him a break anyway.

In truth, I must admit, he didn't always help his own cause. An Okie Era immigrant from West Texas in the 1930s, and subsequently rejected by his neighbors after he arrived, he grew up poor among Oakland blacks. That experience imbued him with a righteous sense of justice. Even his severest critics have to admit he is fair to a fault. Coupled with his orneriness, he is actually a retiring, almost shy man with strangers, a trait which his detractors construed as contempt. A "hail fellow well met" he was not.

In my new position at planning, I had occasion to work closely with the chief, and for the first time I saw a way out of the organizational quandary we faced in the department: how to move out of the past where we were mired, into a present that would be better for

The Egg Man's Son A San Francisco Irish Life



Kevin J. Mullen

everyone. In a word, I supported Chief Gain's efforts to bring the department up-to-date and that didn't go over well with those of my fellows who were satisfied that things should remain just the way they were.

In a stroke, he got rid of the nineteenth century organizational structure over which the department had been agonizing for years. He established the first real field training program in the Police Academy. He also established a rational mechanism for issuing written orders out of the chaotic mess which preceded it. He dragged the Property Clerk's office into the twentieth century by taking it off of the cash basis on which it had operated, and introduced the unit to the check book. He also put an end to on-duty drinking. The changing civic environment, and Supervising Captain Jeremiah Taylor, had already brought much of it to an end. But he put the nail in its coffin. Some of the changes he implemented would save many later bosses untold grief as they tried to function in a very different and more highly scrutinized San Francisco from that which they had known.

For all its civic insularity, the San Francisco Police Department was not, and is not, an institutional basket case. Its peacekeeping model of polic-

ing had strengths not to be so much found in the law enforcement model departments with which it was often compared. While Los Angeles officers might be more technically proficient in many areas, they were also known for certain heartlessness in dealing with the public. San Francisco police were known for "sending the drunk home," rather than necessarily locking him up; to solving neighborhood problems rather than just putting someone in jail. This difference in attitudes toward the public may have contributed to the more virulent strain of public disorders occurring in other cities. San Francisco detectives, while perhaps somewhat deficient in managing case information effectively, sometimes showed marvelously intuitive individual imagination in solving knotty cases. Chief Gain's idea was to keep what was best in the old system and to add what was new and needed: to create a technically proficient, humane police force.

In February 1977, I was appointed to the position of deputy chief for Administration. In that position I worked even closer with the chief, particularly on the management overhaul. Personally, it was a very trying time. I remember meeting a fellow officer from my Richmond station days after I was appointed chief. His comment, evidently reflecting his perception about the demands of the job, was "Now you've got it made. You don't have to do anything." I had never worked harder in my life.

It was during Chief Gain's term that the provisions of the settlement of the OFJ lawsuit were thrashed out to much sound and fury. Charles Gain was in the middle of all that and I got to watch him up close. To his detractors he was ready to hand the department over to minorities. Yet I watched as he refused other city officials' offers to design tests which would have assured minority representation without reference to qualifications. "No," he said. "We want the minorities but they must be otherwise qualified."

It was he, alone among others, who abolished the largely African American Community Relations Unit because they were not doing any community relations work. It was on his watch that the Board of Supervisors finally agreed to a settlement on the OFJ suit. We can — and I do — criticize some of the provisions of that settlement, how they came to be, and actions that have flowed from it, but no chief since has seen fit to take a substantially different position. In sum, it would have been better, to my mind, if they could have achieved their intended ends without demonizing other people who had nothing to do with their situation.

Because of his liberal orientation, many thought that Chief Gain was soft on crime. Not so. He had a crime control program not unlike the fabled COMSTAT now being trumpeted about, which targeted high crime areas and placed resources there to stamp it out. His program — and indeed COMSTAT which is now looked on as the solution to all that ills American cities — was actually a variation on crime control practices developed in Los Angeles in the 1950s.

Charles Gain really angered some of the troops, though, when he said he would hire homosexuals as police officers...

*Copies of **The Egg Man's Son** are available from Amazon.com or can be ordered at your local book store).*

Frivolous Anti-Motorcycling Legislation

By Rene LaPrevotte
Co. K (Happily Retired)

It's been a while since I have been motivated enough to author a column for the Journal, but several pending pieces of legislation are in the breech and ready to be fired directly into the faces of those of us who happen to enjoy riding motorcycles and/or off road vehicles (OHV's)...or happen to have kids or grandkids who share in our passion.

Our Federal Government, in its never-ending quest to make life safer for it's citizens (who apparently don't have the ability or desire to do so of their own volition), has enlisted one its myriad enforcement arms to once again keep us safe from ourselves.

Recently, The Peoples' Republic of China (a major shareholder in the US Government) has been found to be exporting children's toys to the USA that contained unsafe levels of lead. We've all read about the lead content of paint being applied to these children's toys, which has necessitated recall of thousands of cheap children's playthings.

Mother Government chose to intercede in the form of the Consumer Product Safety Commission (CPSC) that passed the Consumer Product Safety Improvement Act (CPSIA) that has placed a blanket ban on lead content in ANY FORM from any device that will be handled by children aged 12 and younger.

As laudable as this sounds, this also outlaws youth-oriented dirt bikes and ATV's, as there are minute levels of lead in tire valve stems, soldered wires and if the vehicle happens to have lights or an electric starter which necessitates a battery, well- batteries have internal plates made of lead!

So because you are an inattentive parent, and might look the other way as your 12 year old takes the seat off his quad to access the battery, removes the battery and saws it open so he can eat the lead plates within, Big Brother has banned the sale of these vehicles entirely, but only on your behalf of course!

Because of the outcry from the off-roading community, this ban has been delayed, but not abandoned and the full prohibition is still planned to be implemented.

If you feel as strongly as I do, that the fatal-impact on family off-roading by this ill-conceived legislation needs to be reconsidered by more



intelligent minds, you need to make your thoughts clear to your elected Government representative. You can do so by going on-line and visiting www.AmericanMotorcyclist.com then click on "Rights", then select "Issues and Legislation." Once there you will find pre-written, pre-addressed letters of support that you can send with no more than a mouse click.

Hey, not so fast, get back here because I'm not done ranting just yet!

Because of the lagging California economy, there has been a bill introduced (SB-435 Pauley-D) that would require biannual smog inspections for all motorcycles sold after 2000.

The State's bean counters see a huge new bureaucracy they can staff. Just think of all the money they can suck out of the motorcycling community in the form of a \$50 per bike inspection every two years! And the eco-Nazis can tout cleaning-up the 0.05% of the State's pollution that is reportedly caused by California's motorcyclists! (That's right, 5/100 of one-percent!).

Well, I hope you didn't add an after-market exhaust, recalibrated carburetion or fuel injection or a Power Commander to your steed, because that will need to come off for the "visual inspection" that's planned along with sticking the "sniffer" up your... Tail Pipe!

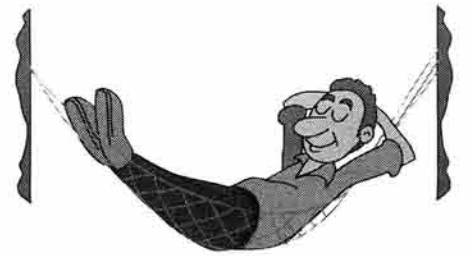
At this time, SB-435 (which has passed the Senate Transportation Committee) has stalled on the Senate floor and is scheduled to be reintroduced next year (2010) by Senator Pauley.

I highly recommend that you Google "My Representative" and enter your postal (zip) code, which will give you the contact information for your Senator & Representative. Let them know on no-uncertain terms that this additional governmental intrusion is nothing more than another revenue generation scheme, with no identifiable need!

Retirements

The San Francisco Police Officers Association congratulates each of the following POA members on his recent retirement from the SFPD. These veterans will be difficult to replace, as each takes with him or her decades of experience and job knowledge. The most recently retired POA members are:

- Deputy Chief Charles Keohane #1663 from Administration Bureau
- Inspector Dennis Maffei #203 from Homicide Detail
- Officer Michael Maxwell #856 from Support Services
- Officer John Scully #252 from Field Operations Bureau



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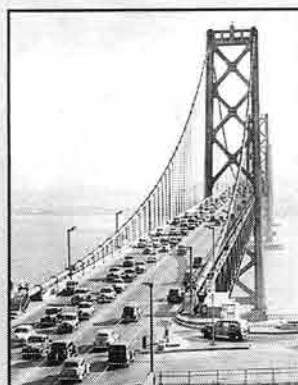
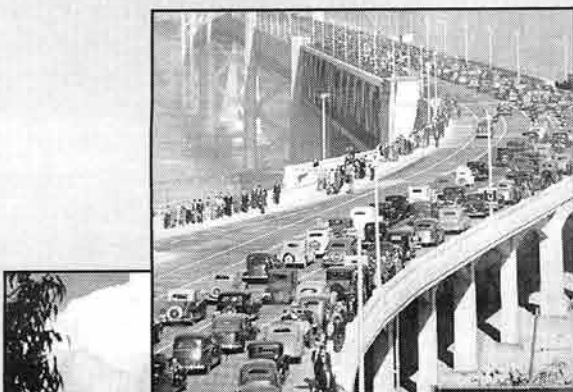
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SF-Oakland Bay Bridge Then and Now Closures, Traffic Weaves Nothing New



PHOTOS FORWARDED TO THE
JOURNAL BY JACK MINKEL,
RETIRED SFPD



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A Bear Market of Historic Proportions

By Mike Hebel,
Financial Correspondent

At its low on March 9, 2009, the S&P 500 Stock Index (the most widely followed by professional investors) had fallen almost 57% from its peak, making this the third worst bear market of all time, behind only the World War II related collapse (March 1937–April 1942) of 60% and the 1929-1932 collapse of 86.2% that ushered in the Great Depression. Moreover, this marks the second bear market in this decade to set post-Depression losses, with the S&P 500 falling 49% in the 2000-2002 bear market. The gains achieved after that steep slide have been wiped out in the current debacle.

The Great Financial Panic of 2008

This bear market, which began in October 2007, has been accompanied by probably the worst recession and financial crisis since the Depression. In 2008 commercial banks, investment banks, and insurance companies had amassed a veritable alphabet soup of exotic, new financial instruments with such acronyms as CDOs, CMOs, CMBs, CDSs and synthetic CDSs, all essentially debt, or in the case of CDSs, bets on debt, and many came with

a rating agency stamp of approval. These portfolios of debt instruments were considered so safe that it was possible to leverage a balance sheet with mountains of them in search of added profits. Then Bear Sterns, a mainstay of Wall Street, was the first to collapse, followed shortly by Lehman Brothers, the shotgun marriage of Merrill Lynch to Bank of America, and the ongoing epic bailout of AIG by the federal government.

These events resulted in an unprecedented flight to a “safe harbor” on the part of investors, with government bonds or money market funds being the preferred parking spot. Investors quickly discovered the problem was not just a U.S. problem as large quantities of these “toxic” debt securities were found on the balance sheets of financial institutions all over the world, particularly in Western Europe. In a matter of months, financial markets and economies experienced a “financial cardiac arrest.” In the last quarter of 2008 many pundits were about to pronounce the US and world financial markets in a terminal death spiral.

On top of concentrated selling and deleveraging, there were “rule changes” that also affected the markets. The Glass-Steagall Act of 1933 was removed, by Congress, in 1999. It had

kept a lid on the use of leverage by commercial banks such as Citigroup and the Bank of America. The Joseph Kennedy Uptick Rule was instituted by the SEC in 1938 to place restrictions on the shorting of stocks. It was removed in 2007; as a result, in 2008, there were companies which had more shares short than they had outstanding, generating a pack of bear raiders on Wall Street who would purposefully drive stocks down and drive them out of business. “Mark-to-market” accounting (FASB 157), which was removed back in 1938, was reinstated in November 2007. Since then, banks and insurance com-

panies had to “mark” their assets to the latest market price, considered to be fair value. In the financial panic, this contributed to an ever lower fair value for financial and real assets held by financial/insurance companies. As of



Mike and Gity Hebel with Bill Staton at the August 2009 SF Money Show. Mr. Staton is an economic historian, author of 6 books on investing, chairman of Staton Financial Advisors, and author of the annual America’s Finest Companies investment directory. His presentation at the Money Show was entitled: “Dow 30,000 by 2018?” This thesis is based on the recent U.S. 10 year equity performance through March 2009 (one of the worst in US history), similarities with the financial panic of 1873, and his forecast for an annual average total return of about 13%-14% in high quality US equities over the next decade

Long Term Investing Pays Off: Great-West’s Net Investing Performance “Stay The Course”



Average Annualized Total Return as of June 30, 2009

	YTD	1yr	5yr	10yr/Inception	Total Expenses
Asset Allocation					
Long Term Portfolio	8.69%	-20.64%	N/A	2.51%	.68%
Mid Term Portfolio	7.41%	-14.21%	N/A	3.17%	.59%
Near Term Portfolio	5.99%	-2.32%	N/A	4.63%	.51%
International					
International Equity Portfolio	12.77%	-25.44%	6.06%	4.67%	.55%
Specialty					
Real Estate					
Real Estate Portfolio	-8.08%	-40.58%	-.10%	6.51%	.90%
Small Cap					
Small Cap Core Equity Portfolio	6.00%	-21.95%	N/A	-1.25%	.48%
Small Cap Growth Equity Portfolio	10.75%	-21.28%	-2.37%	6.09%	.32%
Small Cap Value Equity Portfolio	1.42%	-22.71%	1.83%	8.29%	.80%
Mid Cap					
Mid Cap Core Equity Portfolio	15.17%	-25.22%	4.81%	10.98%	.99%
Mid Cap Growth Equity Portfolio	9.77%	-25.83%	.95%	7.25%	.74%
Mid Cap Value Equity Portfolio	8.09%	-32.55%	.89%	4.60%	.91%
Large Cap					
Large Blend					
Large Cap Core Equity-Active	5.41%	-31.01%	.22%	1.37%	.95%
Large Cap Growth Equity	13.68%	-26.41%	N/A	.59%	.53%
Large Cap Core Social Equity	8.03%	-26.80%	-5.47%	-5.46%	.31%
Large Cap Core Equity-S&P 500	3.27%	-26.08%	-2.21%	-2.18%	.05%
Large Cap Value Equity	-2.42%	-27.00%	N/A	-20.86%	.50%
Bonds					
SFDCP Core Bond Portfolio	6.29%	9.22%	6.34%	7.01%	.52%
Stable Value					
Stable Value Portfolio			3.25 (annualized)		.25%
As of 10-1-09 the Stable Value interest will be 3.3% (annualized)					

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March 2009 this has been neutralized to prevent further balance sheet damage. Lastly, HUD (U.S. Department of Housing and Urban Development) mandated new mortgage lending to low-income borrowers in 2004 which spawned the current crisis in mortgage defaults and home foreclosures.

There was no way to conclude that 2008 was anything but a terrible year. Emerging markets stocks were down by 53.5%. Foreign stocks were down by 43.1%. U.S. stocks were down by 37%. Precious metals lost 29.9%. But some investments did well: global bonds were up 7.2% and long-term U.S. government bonds advanced a whopping 27.7%.

**\$8 Trillion Loss in Stocks;
\$11.2 Trillion Loss in Housing**

As of early March, the S&P 500 had lost more than half of its market capitalization, representing almost an \$8 trillion loss, led by devastating losses in the financials sector. Not only was the U.S. market collapse steep and broad-based, but it unfolded at an almost unprecedented pace compared with other mega-bear markets. In fact, the 10-year annualized return (including reinvestment of dividends) of the S&P 500 through the March 9, 2009, market low was 4.5% — the worst 10-year performance in U.S. stock market history, including the Great Depression. If history may comfort investors, even the worse 10-year periods have been followed by strong stock market performance. If history is any comfort, bear markets generally end 4.8 months before the end of a recession.

Housing and equity values fell precipitously. Household net worth last year (2008) plunged \$11.2 trillion (a postwar record) or 18%, with over half the decline coming in the fourth quarter of 2008.



Mike and Gity Hebel stand in front of the Church of Jesus the Rescator (Jesus the Rescuer) in Popoyapa, Nicaragua. This is a well known Catholic pilgrimage center where pilgrims seek blessings, answers to supplications, or give thanks for prayers answered. Mike and Gity's visit occurred in October 2008 during the "financial panic" that followed the collapse of Lehman Brothers. Mike and Gity, while in the Church, did make a humble request for stability in the financial markets and a cessation in the decline of equity indexes. Mike and Gity were in Nicaragua as members of the Greater Mission Rotary Club. While there, they met with Humberto Ortega, the older brother of the country's president Daniel Ortega. Humberto, while praising the service projects of Rotary in his country, had no financial advice to offer. Upon their next trip to Nicaragua, Mike and Gity will again return to the Church of Jesus the Rescator to offer thanks for prayers answered.

**Strong Rebound Begins
on March 9, 2009**

The big market rally since March has only taken the market back to levels that existed right after the Lehman Brothers collapse in September 2008. Indexes are still well below their previous highs. There is currently about \$5 trillion of cash sitting on the sidelines. When the bears finally become convinced that it's time to come back in, the market has a long way to go.

On March 9, 2009 the Dow Jones Industrial (DJI) average (the most widely followed blue-chip average with a history dating back to 1886) closed at a 12-year low of 6,547 (S&P 500 also then hit its low of 676). It then, in rapid succession, shot through 7,000, 8,000, and 9,000 in less than five months. It now sits poised at just below 10,000. But remember that this venerable index hit its all-time high in October 9, 2007 when it crossed the 14,164 mark — the same day that the S&P 500 hit its all-time high of 1565. It will be a long trip back to that number.

Stock market history since World War II indicates that the average U.S. recession lasts about 10 months, and stocks typically hit their low point about three-four months before the recession ends. The current recession commenced in December 2007 and is therefore, by definition, a hyper-recession which may just now be coming to an end. In the last quarter of 2008 the U.S. economy contracted by 5.4% (as measured by GDP — gross domestic product); in the first quarter of 2009 a sharper contraction of 6.4% occurred; this was followed by a modest contraction of 1% in the second quarter. We await the results of the third quarter of economic activity in the U.S; my forecast is for a GDP expansion of just over 2% for the second half of 2009. (This contraction will not be called a depression which, by convention, requires at least a 10% drop in GDP over a 12 month period.

In the Great Depression of the 1930's GDP fell by over 25%.) With the stock market having just snagged its best five-month gain since 1938, the market, quite clearly,

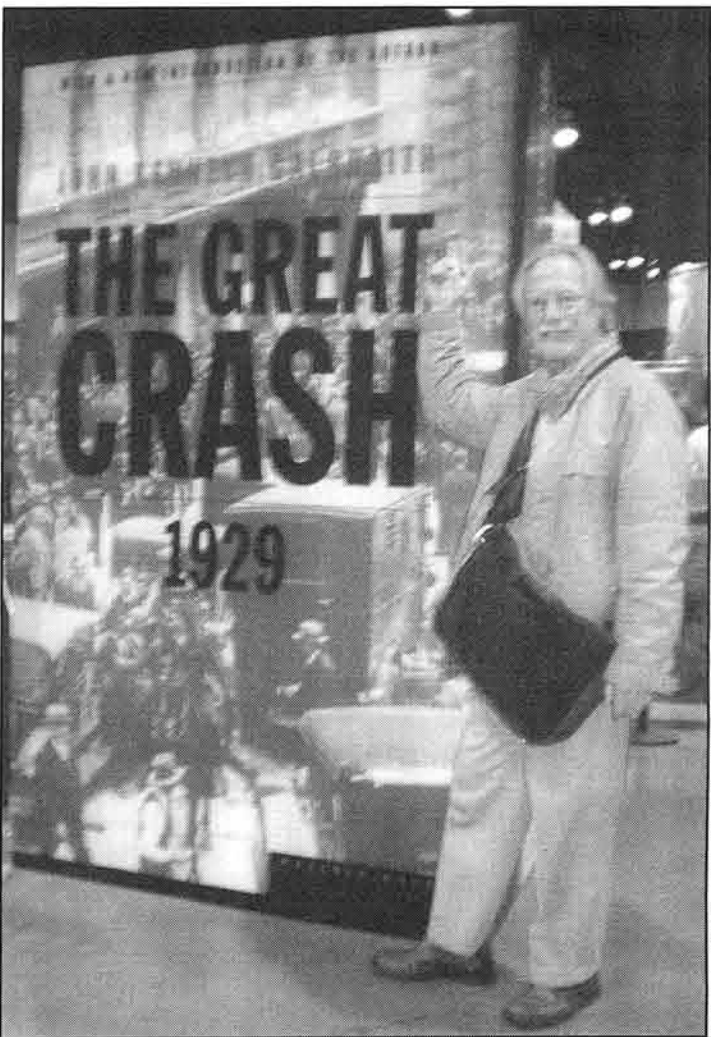
has anticipated an end to the worst recession in generations.

When economic historians look back on 2007-2009, I am sure this period will be called the "Panic of 2008" and the "Great Recession of 2008." While this is the 12th recession since 1945 (see accompanying chart), its seriousness will make it easy to find.

No Starting Gun

Unfortunately, there is no starting gun signaling the beginning of the next bull market. The low hanging fruit gets picked early and fast (witness the last 5 months of market activity). In studying the history of equity market returns, it appears that the stock market has an upward bent, but may produce modest to mediocre results over long periods punctuated by short bursts of activity that have an inordinately positive impact on an investor's long-term compound return. We have had such a burst.

What to do going forward? I am staying with my long-enduring strategy of building a broadly diversified portfolio containing U.S. stocks (large cap, mid cap and small cap), international stocks, and fixed income (bonds, TIPS, and GNMA's). I hope and trust that you, dear reader, also

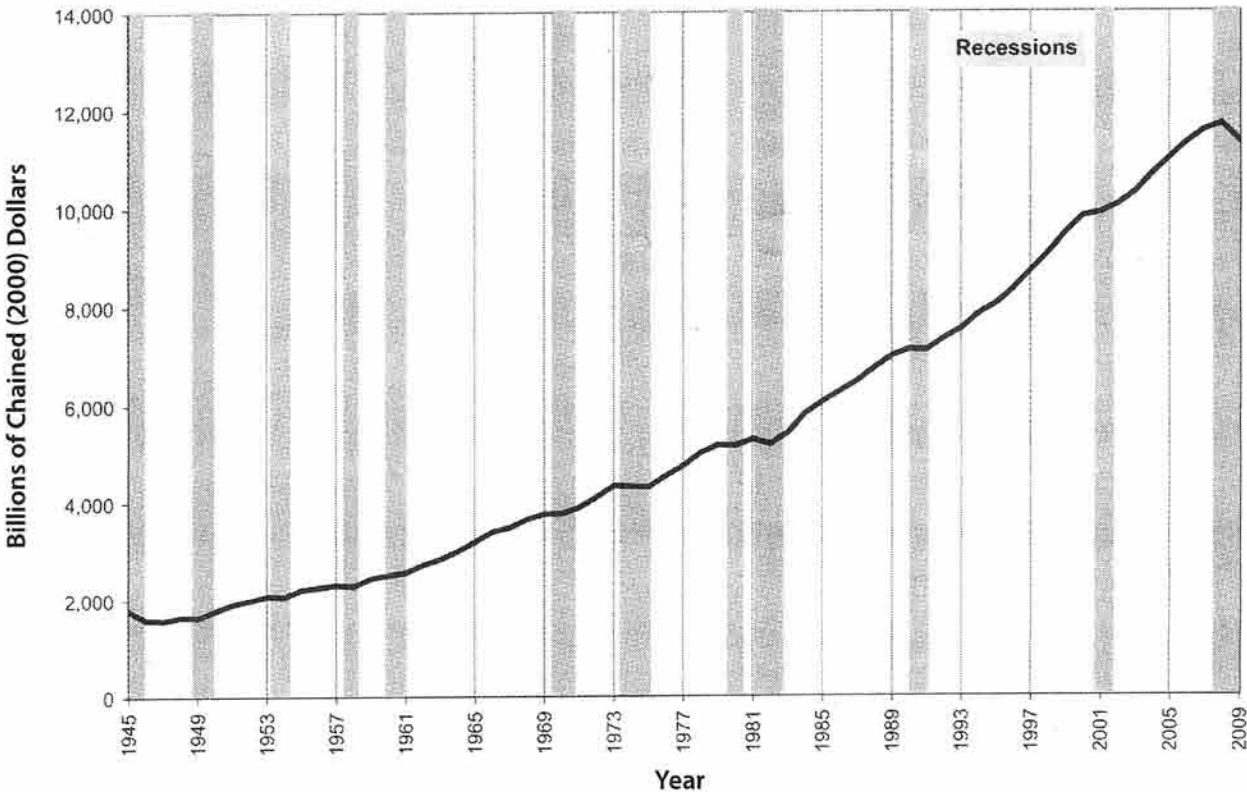


Mike Hebel standing in front of a blown up cover page of John Kenneth Galbraith's classic entitled "The Great Crash — 1929." First published in 1954, this is an analysis and chronicle of the causes of that most memorable year in our economic history, 1929. In 2008-2009 this again became a best seller with some saying, in October 2008, that we were again entering into another great crash and subsequent depression. These fears have proven way overblown as the Federal Reserve and Treasury Department did not repeat the mistakes of 1929, namely, raising taxes, raising tariffs on imports, and raising interest rates.

have an investment plan and are "staying the course."

The world, post this crisis, may not be quite the same. Attitudes about debt and savings will no doubt be different for some period of time, resulting in a tamer form of capitalism characterized by less tolerance for leverage and complexity and greater emphasis on transparency. Such a shift is welcomed and beneficial. Brighter days are not doubt ahead.

Real Gross Domestic Product: 1945 – 2009



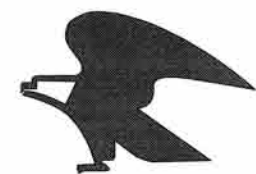
Source: Bureau of Economics Analysis; U.S. Department of Commerce
Note: In 1996, the U.S. Department of Commerce introduced the chained-dollar measure. The new measure is based on the average weights of goods and services in successive pairs of years. It is "chained" because the second year in each pair, with its weights, becomes the first year of the next pair. The advantage of using the chained-dollar measure is that it is more closely related to any given period covered and is therefore subject to less distortion over time.

While Real GDP has gone from \$2 trillion to \$12 trillion in a 60-year period, recessions are often difficult to find. You can spot a bit of a decline back in 1973-74, along with another in 1980-82.

Bottom line: We don't see depression as a headline.



POA MAIL



Editor,

Should the US Government allow the use of torture to protect our nation?

After reading the September essay submission "Should the US Government allow the use of torture to protect our nation?" by Mr. Anthony Santana, the 1st place winner of the POA Scholarship Award, I must first congratulate Mr. Santana for such well written essay and the scholarship committee for having chosen such outstanding individual as the winner. While the view expressed in the essay is that of Mr. Santana's, he has brought on a topic that deserves a response from someone who possesses a different perspective. I feel some of Mr. Santana's assumptions need to be clarified and additional facts need to be taken into consideration in order to arrive at a fair judgment of the issue at hand.

Mr. Santana made a very strong case against "torture" and went on to dispute the necessity of such tactics by our government along with questioning its effectiveness. While I applaud his sincerity in regards to his believe of what is legal and just, I must also question his blanket indictment of the efforts of the Bush administration in trying to keep us from further attacks post 911. The word "torture" was used throughout his essay as though it was factual and certifiably correct without any consideration or reference that what he envisioned as torture is an interrogation tactic known as "Water Boarding." Most if not all of our military pilots, when they undergone capture & survival training, have been subjected to water boarding as part of their training. So, should the issue be: Does the US military tortures its pilots during training? On the other hand, if we are willing to subject our own pilots to this type of interrogation tactics, is it really torture?

The American Heritage Dictionary defines Torture: The infliction of severe physical pain as a means of punishment or coercion. During the past few years, most of us have witnessed the torturous death suffered by innocent victims at the hands of the Muslim extremists. There should not be any doubt that these were acts of torture. We've also been aware of the atrocities that resulted in the death and or dismemberment of millions throughout the history of our world by means of torture. To my knowledge, the type of water boarding tactics that we practiced certainly neither inflicted severe pain, nor resulted in death and or dismemberment. It was not pleasant and I am sure that it was not meant to be, but how can one make the argument that what we did to the detainees should merit the same paradigm as torture? The mere labeling of our enhanced interrogation technique as torture is disingenuous and misleading.

Based on the declassified CIA documents, even the Washington Post, which is not a pro Bush newspaper, recently conceded important and useful information were gained from the detainees (3) who were sub-

jected to the enhanced interrogation tactics. The paper further conceded the information gained from these detainees possibly assisted with the prevention of additional terrorists planned attacks against us. As to the claim by Mr. Santana that the use of torture by our government was a misled attempt at gratification or revenge than an exercise in the pursuit of justice, it is my opinion that Mr. Santana has completely missed the point. First of all, if the intent was gratification or revenge as alleged, than most if not all the detainees would/should have been subjected to the so-called torturous treatment. The fact that only three detainees out of 800+ were subjected to the enhance interrogation techniques in a span of 7 years demonstrated without any doubts that these techniques were only used very judiciously. When the interrogators were convinced these detainees possessed important information and American lives can be saved by the revelation of such information. The interrogators sought authorization from their superiors to subject the detainees to the enhanced interrogation technique and final authorization came from the head of the CIA after consulting with the Department of Justice and the White House. One can always debate the effectiveness of the policy that authorized the usage of such techniques, but to demonize our government for trying to protect her citizenry is playing right into the hands of the terrorists.

Mr. Santana also confused the detainees with suspects that we law enforcement personnel arrest in our country. When we arrest someone, she/he has all the rights granted under our constitution and rightfully so. The detainees that we are dealing with were mostly captured in battlefields by our military and none were captured in our country. Since WWII, not one German, Japanese, North Korean, Chinese, North Vietnamese, Viet Cong, Iraqi soldier has ever been granted due process under our constitutional rights when captured by our military in battle. The standard procedures of due process simply cannot be applied to the battlefield. All soldiers are supposedly protected under the rules of the Geneva Convention and we honor such rules. However, these detainees are not soldiers of a country, they are not signatories to any treaties and they can only be described as terrorists for they swore to kill anyone who is not a believer of their religion. It is too idealistic and totally unrealistic to expect soldiers to collect evidence while engaged in combat. The debate of what to do with these detainees will continue, but we must not demonize ourselves with terms that have been fabricated for the sole purpose of gaining political leverage.

As to Mr. Santana, being a young man, I salute you for such insightful essay. It is gratifying to see a youngster such as you who has obviously dealt into the subject with great zeal and is able to express your thoughts in such eloquent manner. I am a retired police officer and veteran of the Vietnam era. I agree whole heartedly with you that torture should

not be used, the issues where you and I are in disagreement are the definition of torture, the application of the Geneva Convention, and the expectation of due process for those combatants captured in the battle field. Please keep up the good work, go forth and excel as you climb the educational ladder.

Sgt. Nelson C. Lum
SFPD Retired

Dear SFPOA and Members of the Scholarship Committee —

I am very honored to have received a scholarship from the SFPOA. Thank you very much for considering my entry in the competition and for awarding me a scholarship. My family and I are very grateful for the help.

Very truly yours,
Anthony Santana

Dear SFPOA —

I want to express my gratitude for awarding me a \$500 scholarship towards my college education. I feel very privileged and honored to be part of the San Francisco Police Department family. I am looking forward to majoring in Mechanical Engineering at Cal Poly-San Luis Obispo this fall.

I hope to one day carry on our family tradition just as my grandfather, Gus Bruneman, and my father, Kurt Bruneman, to become a police officer of the SFPD.

Thank you,
Beau Bruneman

Dear SFPOA —

Thank you for awarding me with a generous scholarship. The money will help me a lot with my education. Thanks again, and I am truly honored with this award and appreciate it very much.

Sincerely,
Kelcie Lai

Dear SFPOA —

I can't begin to express how honored I am to be a recipient of your scholarship. Your generosity is greatly appreciated and has helped ease the financial burden of going to college. I will be leaving next week and can't wait to experience this next phase of my life. Thanks for helping to make this opportunity a reality for me.

Sincerely,
Matthew Ching

Dear SFPOA —

Thanks for the scholarship. It is greatly appreciated and will help towards furthering my education at Sonoma State.

Frank Olcomendy

Dear SFPOA —

I would like to thank you for the opportunity to take part in the scholarship program. I am honored to be one of the recipients of this tremendous gift. Thank you very much for your generous support, it is greatly appreciated. I feel very

fortunate to have been selected, as this scholarship will be very helpful to me in continuing my education. Thanks again for your generosity.

Sincerely,
Ricky Solomon

Dear SFPOA —

Thank you very much for the SFPOA scholarship award that I received. It is very beneficial to my college education at Dominican University. I am appreciative of everyone who was involved in making this scholarship program possible, especially the POA Scholarship Committee. Thank you so much to all the POA members for your generosity.

Sincerely,
Melanie Shea

Dear SFPOA —

I am honored to be a recipient of the San Francisco Police Officers Association Scholarship. It is such a privilege to be acknowledged and recognized.

I will strive to be the best I can be and make something of myself because I have realized how difficult it is to get a job during the current economic recession. All of this has made me realize the true value of a college education.

As you know, I will be starting my undergraduate studies as a freshman at the University of California — Santa Cruz in September. My plans at this stage are to complete a double major in Business Management Economics, and Bio-molecular Engineering. The University of California — Santa Cruz, offers great programs in Science and Business, and I consider myself fortunate to be able to attend.

I am glad to have the opportunity to thank you personally for your generosity. Without scholarship patrons like you, there would be many students such as myself unable to pursue the career they've dreamed of.

Once again, I offer my sincerest thanks to the San Francisco Police Officers Association for your continued generosity.

Sincerely,
Kyle Sung

Dear SFPOA —

Thank you all very much for the scholarship award. I am grateful that I was given the opportunity to participate in this process; it was a learning experience for which I will always be grateful. This award has given me added opportunities towards my education in my chosen field. Thank you again,

Caroline Fagundes

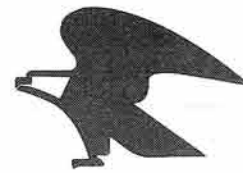
Dear SFPOA —

The San Francisco Child Abuse Prevention Center received your generous gift of \$500. We are truly grateful. Your support has become even more meaningful in these challenging economic times as more and more families are unable to afford the absolute essentials for their children.

The Center is dedicated to promoting healthy and stable families



POA MAIL



through our 24-hour TALK Line, Children's Playroom, Respite Care, Family Counseling and Parent Drop-In. Last year alone, we helped more than 650 children and 1,375 families, raised safety awareness for 6,000 youngsters, and trained over 5,000 professionals to recognize and report the signs of abuse.

Your support helps ensure the success of our programs and renews the lives of some of San Francisco's most vulnerable families. Thank you again for your continued generosity.

Very truly yours,

Katie Albright
Executive Director
The San Francisco Child Abuse
Prevention Center

Dear Mark [Hernandez] —

It was so nice to see you yesterday at the dinner. Thank you so much for your support and many thanks to the SFPOA for their generous Eagle sponsorship.

Would you be so kind to pass this message to your SFPD colleagues: Ed Garcia, Norm Rice, Matt Sullivan, Mark Milligan, Stevie Wonder, and Jim Dudley?

On behalf of the Golf Committee and the BBF Board, we thank the SFPD for their support and participation at "Swing for Kids." We hope they enjoyed the golf and evening program. Congratulations to Mark Mulligan as the winner of the putting contest!

We look forward to you joining us again next year."

Kind regards,
D. Mody Tarak
Blind Babies Foundation

Dear SFPOA —

Thank you for being so thoughtful as we said good-bye to our mom. Thank you so much for the service you rendered.

Your kindness meant more than words can express. May God forever bless you.

The Family of Annie L. Crenshaw

Dear SFPOA —

Many of the children we serve live with serious illnesses for months or even years, with ups and downs that

require frequent hospitalizations. Maximizing quality of life for the child, parents, and siblings — in the hospital and at home — is a primary goal of Compass Care. It takes many people to support and care for these families and your generosity has enabled us to strengthen our program. We are deeply grateful.

Warmest wishes,
Robin F. Kramer, RN, MS, PNP
Compass Care Co-Director
Pediatric Palliative Care Program
UCSF Children's Hospital

To the POA Board of Directors and
Community Service Committee,

I want to thank you for your generous donation on my behalf to the Relay For Life-Petaluma. This annual event raises money for the American Cancer Society. The POA has a long history of supporting worthy causes, such as the partnership with UCSF Children's Hospital. Don't think for a minute that this Association doesn't make a difference in many, many lives.

Over two years ago, I fought my



own battle with this illness. It was family, friends, and members of this Association who stepped up and guided me through a difficult time. I'm forever grateful to so many of you. I learned that faith and hope are necessary antidotes for any of life's challenges. And as a wise woman reminded me back then, "Don't sweat the small stuff." Boy, was she ever right.

Thanks again,
Mike Nevin
MCD

Hello,

My name is Ed Robles. I've been a member of the San Francisco Police Department for about 17 years. During that time I may have worked/met with some of you. For those of you I haven't met yet, hello!

This past September I organized The First Annual Hannah and Mitchell 5K Fun Run/Walk. The idea came about after years of watching my sister, Isabel, and brother-in-law, Lee handle life with two kids that suffer from Agenesis of the Corpus Callosum (ACC). ACC effects the human brain. The brain never fully develops, specifically the fiber connecting the left and right side of the brain. Effects create both mental and physical disabilities. There is no cure for ACC. Hannah, age 12, and Mitchell, age 5, go on with life that will forever require someone's help for daily survival. Lee and Isabel, along with their older son Derek, take this reality to bed with them everyday. The question of who will care for Hannah and Mitchell after they're gone haunts Isabel daily. There are no answers for her.

So, the idea began. One thing was sure, Hannah and Mitchell would need a trust fund. One that would be built upon through the years to help two kids become adults. The Hannah and Mitchell Run/Walk will be an annual event to build these funds. While promoting the event I came in contact with people who were

interested starting an event like this for members of their own family. Some questions came from strangers, some came from members of the S.F.P.D.

Hannah and Mitchell are in a unique situation, but they're not alone. There are other members of our police family who have children who suffer from disabilities for which there are no cures. The same thoughts that my sister has of Hannah and Mitchell's future, cross the minds of others close to us. My hope is to open the event to family of S.F.P.D. members who have these kinds of disabilities. Building trust funds for the kids is one thing..... building hope and support to those families is just as important. Feel free to contact me anytime if you're interested or have questions about the Hannah and Mitchell Fund.

This letter started out as a big thank you to The San Francisco Police Officers Association for donating to the Run/Walk and also those members who donated and/or ran in the event. Your thoughtfulness was heartfelt and meant so much to Isabel and Lee who mostly feel alone in their journey, it's the smile on their faces during the run that I won't soon forget. Hannah and Mitchell are two special kids who have found equally special parents.

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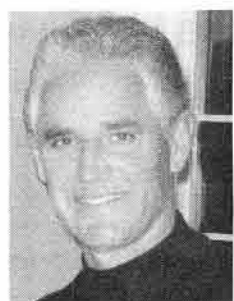
Partial list of SFPD members Fatooh assisted with real estate needs:

Gerald McNaughton, John Ruggeiro, Louis Reyff, Jack Webb, Mike Browne, Dave Nastare, Jamie Ongpin, Tom and Sandy Newland, Omar Bueno, Ed Del Carlo, Rose Castro, Marty Halloran, Dave Falzon, Eddie Yu, Steve Matthias, Joe and Lucy Clemens

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San Francisco Police Activities League

Fiftieth Anniversary Dinner & Hall of Fame Induction Ceremony

October 20, 2009, 6 to 9 pm

United Irish Cultural Center
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Inaugural SFPAL Hall of Fame inductees:

Gus Bruneman	Jim Meyer
Ed Chow	Joe Mollo
Gary Delagnes	Ray Musante
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Pete Gardner*	Donald Strickland
Rotea Gilford*	Kelly Waterfield
Earl Gonsolin*	Ray White
Dan Hance	Thelma Williams*
Sophia Isom	

**posthumous award*

Register for this event online at www.sfpal.org
or by calling Anne Crawford at (415) 401-4667 by October 9



The National Latino Peace Officers Association San Francisco Metro Chapter Invites you to the **Annual Scholarship & Toy Drive Dinner Dance**

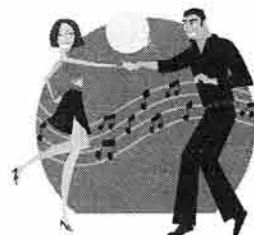
Come join us for good food, music and dancing

**Saturday, November 21,
2009**

6:30PM — No Host Cocktails

7:30PM — Buffet dinner

8:30-12:00AM — Dancing



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Trophies will be awarded to the best overall Cable Car Pull Team with special awards for the fastest Fire, Police, Female, CHP and Sheriff Teams. All participants receive a Challenge T-Shirt

Schedule of Events

8:00 am Cops & Coffee

9:00 am Registration Begins

10:00 am Plunge into the Bay

11:00 am-2:00 pm Cable Car Pull!

Enjoy live music, raffle, food and Festivities !

About Make-A-Wish

This event raises funds to grant magical wishes for children with life-threatening medical conditions, such as Wayne, age 14, who wished to see the Golden Gate Bridge. Thanks to the SFPD, the SFFD, the California Highway Patrol, the Coast Guard and the Golden Gate Bridge Police, Wayne's wish was granted in a very big way.

Contact Sergeant Bob Guinan for registration information at (415) 850-5726.

Long-Term Investing

Americans Stay in the Workforce Beyond Their Social Security Years

By Edwin K. Stephens,
The Stephens Group

Every man is the architect of his own fortune. — English Proverb

A truly American sentiment recognizes the dignity of labor and the fact that honor lies in honest toil.

— Grover Cleveland, 22nd and 24th President of the United States of America

What is Social Security?

Answer: Social Security is an "economic safety net" or an income supplement for workers and their families in the event of the death or disability of a wage earner. Social Security is intended to be an income supplement that compliments any other savings and/or investments that a person has accumulated while working with the intent to use for their quality of life during retirement.

History Of Social Security

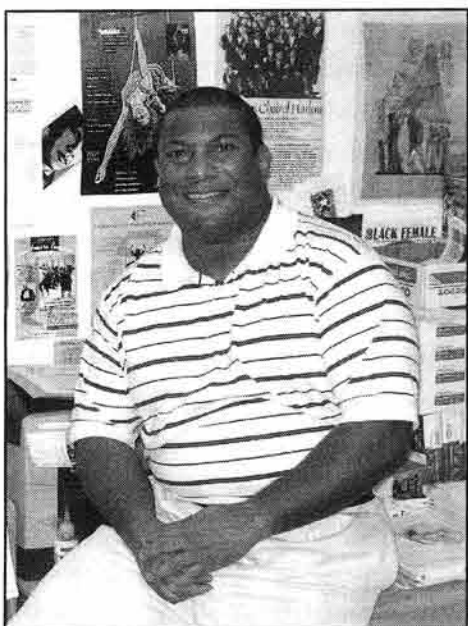
On August 14, 1935, President Franklin D. Roosevelt signed the original Social Security Act into law.

Prior to the turn of the 20th century, the majority of people in the United States lived and worked on farms and economic security was provided by the extended family. However, this arrangement changed as America underwent the Industrial Revolution. The extended family and the family farm as sources of economic security became less common. Then, the Great Depression triggered a crisis in the nation's economic life. It was against this backdrop that the Social Security Act emerged.

In addition to several provisions for general welfare, the new Act created a social insurance program designed to pay retired workers age 65 or older a continuing income after retirement. The President appointed a bipartisan board of three members that established the Social Security Board (SSB).

The Social Security Board was faced with the tasks of providing employers, employees and the public with information on how earnings were to be reported, what benefits were available and how they were to be provided. In addition, sites for field installations had to be chosen and personnel to staff these offices had to be selected and trained.

The monumental first task was the need to register employers and work-



ers by January 1, 1937, when workers would begin acquiring credits toward old-age insurance benefits. The SSB contracted with the United States Postal Service to distribute the applications, beginning in November 1936. The post offices collected the completed forms, typed the Social Security number (SSN) cards, and returned the cards to the applicants.

The applications then were forwarded to the Social Security Board's processing center located in Baltimore, Maryland, where the numbers were registered and various employment records established. Over 35 million SSN cards were issued through this procedure in 1936-37.

People Staying In Workforce

Ms. Christine Dugas, Business Writer for USA Today noted on September 3, 2009 that "American workers are turning grayer: Older adults are working longer, and younger adults are delaying entry into the labor force," according to a report released from the Pew Research Center.

The Pew Research Center said that the nation's workforce has been moving in this direction for the past two decades, but the changes have been exacerbated by the recession, despite tens of thousands of older workers who have lost their jobs since December 2007. The Bureau of Labor Statistics note that by 2016, 22.7% of the labor force will be 55 and older. From 2006 through 2016, such workers will have increased by 11.9 million.

Ms. Dugas of USA Today said that the Pew Social & Demographic Trends project noted that one of the main reasons for the increasing number of

older workers remaining in the workforce is that the stock market crash and the economic downturn are forcing folks to recoup retirement losses; some people have a simple desire to work longer; and young adults are remaining students longer.

Mr. Craig Copeland, a senior research associate at the Employee Benefit Research Institute said that "many older Americans are working longer because they are healthier and are likely to live longer than previous generations." It was also noted that the jobs available are not as physically demanding as they were 10 to 20 years ago. And, older workers emphasize the psychological and social benefits of working are reasons beyond pure pocketbook motives.

Women Gain In Workforce

Since December 2007, the recession has seen men suffer the most in job losses. And women according to Mr. Dennis Cauchon of USA Today are on the verge of out-numbering men in the workforce for the first time, a historic reversal caused by long-term changes in women's roles and massive job losses for men during this recession.

The Bureau of Labor Statistics recently noted that women held 49.83% of the nation's 132 million jobs in June 2009 and they are gaining the vast majority of jobs in the few sectors of the economy that are growing—health care, education and government — have traditionally hired mostly women. That dominance has increased in part because federal stimulus funded directed money to education, health care and state and local governments.

Women's gain in the workforce came from a severe recession that has been brutal on male-dominated professions such as construction and manufacturing. Through June 2009, men have lost 74% of the 6.4 million jobs erased since the recession began in December 2007. Men have lost more than 3 million jobs in construction and manufacturing alone. Economist Casey Mulligan of the University of Chicago said that "unemployment among men isn't going to last forever." Mr. Mulligan said people will move from construction and manufacturing to industries that are creating new jobs and the portion of jobs held by women will peak slightly above 50% in 2009, and then drop below half when the economy recovers and more men find work.

Record Numbers Live To 100

In addition to people staying in the workforce long beyond their Social Security years,

Americans are living longer. According to the Associated Press on September 11, 2009, Ms. Gertrude Baines of Los Angeles at 115 years old was the world's oldest known person at the time of her death of a heart attack.

Japan's Ms. Kama Chinen, 114, is the oldest person in the world. The Tokyo Associated Press said that the number of Japanese centenarians has doubled in the past six years to a record high of more than 40,000, with women dominating the list of those whose lives have spanned more than 100 years or more. In Japan, more than 86 percent of the centenarians are women.

By 2050, Japan's centenarian population is expected to reach nearly 1 million, according to United Nation projections. Mr. Hiroyuki Ishii a ministry official said, "The data clearly shows that Japan is aging rapidly and steadily, mainly because of progress in medical care and the high living standards since the end of World War II." However, Japan's rapidly graying population has fueled concerns about the country's overburdened public pension and medical care system.

Japan has one of the world's longest life expectancies — 86 years for women and 79 years for men. Officials have stepped up programs that encourage older citizens to stay active and continue working. The Japanese government is gradually extending the retirement age to 65 from 60 and some advocate pushing it further to 70.

Working Beyond Social Security

As President Barack Obama pushes for Universal Health Care Coverage for all Americans, if we take a lesson from our Western ally Japan, a nation that offers universal health care for its citizens, it is apparent that better health will mean longevity. And, if Americans are living longer we need to accept that as a nation, we will be working well beyond our Social Security years.




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LRIS News

Top 10 Social Networking Tips For Police

From *Policeone.com*, August 25
By Dr. Richard Weinblatt

In the wake of the widely-known "Texas waitress" photos which led to the firing of one Midland County Deputy and the suspension of three others, a look at how online technology has impacted the world of the law enforcement officer is warranted. This is not a new occurrence. Recall the Hoboken, N.J., SWAT team disbanded following "racy" Hooters girl pictures bearing weaponry on police vehicles. By virtue of the Internet's viral nature, everyone eventually saw the pictures in question.

As someone who oversees Basic Police Academies, currently in Ohio and previously in Florida, I have long advised students on the benefits of the wise use of an online persona. While some officers totally bypass any use of online sites in a bid to protect themselves, I view that as throwing the baby out with the bath water. I advocate a more controlled use of those outlets.

I personally make much use of technology having accounts on a variety of social networking Web sites including Facebook, Twitter, MySpace, YouTube, Blogger, and LinkedIn among others. I have for many years, including when I served as a police chief, with no negative consequences.

These are useful tools for personal and professional networking and communication, but like any tool — such as a firearm or a TASER — can be abused. It is the professional officer who knows how to use these

technology tools responsibly and in accordance with departmental policies and community morals who gets the benefits. It's the officer who ignores policies — and common sense — who gets in trouble.

Many officers have forfeited an otherwise promising career for a few moments of posting euphoria. While other folks may garner only a chuckle in response to their online adventures, a professional law enforcer is held to a higher standard than ordinary citizens. But bear in mind that even in the private sector, many an employee has been sent packing by an employer unhappy over some social networking misstep.

From the advent of digital photography to omnipresent social networks like Facebook, the phenomenal growth of technological innovation has had an incredible impact on many aspects of law enforcement. Here are some tips for using the new online social networking tools without sacrificing your career.

1) No gun glorification. While this may upset Second Amendment supporters out there, the reality is that a significant number of the public does not like to see a glorification of firearms in pictures of law enforcers. Quite a few officers have lost their jobs after posing with weaponry in a way perceived as offensive or too "warrior oriented."

While the depiction of guns in the course of their normal scope and use is not problematic, aiming the gun at the camera seems to trigger the pink

slip. Shots of officers engaged in their normal course of fire at the gun range have not appeared to bring about a backlash. Posing with weaponry, involving either the officer or (worse yet) a civilian, has historically been problematic for the employee.

2) No alcohol. Officers have also found themselves in the hot seat after posting pictures of them partying and drinking alcohol. Many agencies view this to be contrary to a professional image. Of even more concern is that sometimes others identified in the pictures turn out to be minors in possession of alcohol which opens up another can of issues.

3) Watch your comments. This is an important one. Posted comments on social networking sites are being dragged into legal proceedings especially when use of force is involved. Comments that imply the officer enjoys using force on people, especially certain groups of people, are being seized on by criminal defense and civil plaintiffs attorneys to show the officer had a pre disposition to be physical or has a documented bias against their client.

Be mindful that discussion boards and the like are a public written record of your communication. Like reports and radio dispatch conversations, they can be discovered and frame your actions in a context that you may not like. Much like reports, if you don't want it dragged into the legal arena, don't type it online.

4) Avoid bashing the department. Another area that has gotten some officers into trouble — the First Amendment freedom of speech notwithstanding — are comments which bash the agency. Depending on how it's framed, it could open you up to administrative charges and possibly civil liability. More and more bloggers and online posters are being held responsible for their critical speech online. Especially if it is later proved that the postings lack a factual basis and are intended to damage the target of the criticism.

At the very least, launching such a site or contributing to an existing Web site that bashes the agency does not endear you to the powers that be or position you as a "team player" ripe for promotion.

5) Restrict personal information. Much like we can use Facebook and the like as a tool to find people and research information, so can the bad

guys. Be judicious in the posting of information and pictures. For example, some officers will not use pictures of their family members or going even further, of themselves. Others withhold their cell phone number.

6) Picture Choice. Make sure that the pictures that you do choose to post don't have any of the aforementioned problem areas or have nudity. Many officers, including myself, have shirtless bodybuilding or fitness oriented photos online. That is not a problem. The topless woman drinking at the party with you exemplifies what is a problem.

7) Minimize status update complaints. In this year of economic contraction, there are many people waiting in line for your spot in the agency. Administrators know this. This goes back to number four above, but we've all seen the officers that post their status with complaints about the shift, their sergeant, or the job. Some supervisors, after reading such negatively tinged status updates, say, "OK, let so and so find another job if they are so unhappy here."

While not every job is going to be great each and everyday, gripes should not be aired via status updates. The agency may be perfectly happy to find someone else that would appreciate them.

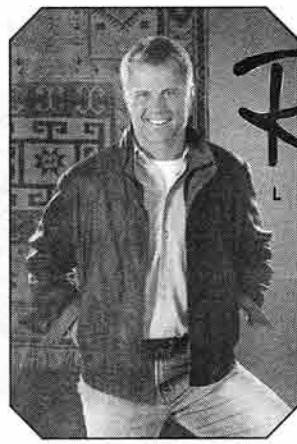
8) Highlight accomplishments. Many look to Facebook, LinkedIn, and the like as electronic resumes. Take advantage of that and use it to highlight your professional accomplishments. Post pictures of you learning some new technique (being careful not to show scores or other information). Post status updates of that advanced training course you take.

9) Manage your privacy settings. While I have my online presence open to the public, many have privacy settings that restrict access to family and friends that you have predetermined. While not foolproof, the settings should keep most interlopers locked out of your pages.

10) When in doubt, leave it out. I have long coached academy students and officers to pretend that I am perched on their shoulder and watching what they are doing. In the same vein, they could have their mother hovering overhead. If you wouldn't want us to see it or if either of us would be displeased with what is being contemplated to go online, it probably is not a good idea to upload it.

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Facebook Claims the Job of Another Police Officer

From *Law.com*, September 4

A Montana police officer who wrote on his Facebook page that there should be a law allowing police to take people to jail for being "stupid" has resigned.

Bozeman City Manager Chris Kukulski says Cody Anderson submitted his resignation Wednesday.

He says Anderson related that his resignation was in the best interest of the police department. Anderson apologized for his online comment

last month, saying it didn't "reflect an attitude or atmosphere within the Bozeman police department."

His posting came to light last month when a Bozeman man filed a lawsuit against the city, Anderson and other officers, saying his civil and constitutional rights were violated when he was wrongly arrested.

The lawsuit alleges entries from Anderson's Facebook profile indicate he has a lack of respect for citizens' rights and a willingness to abuse his position of authority.

Sports



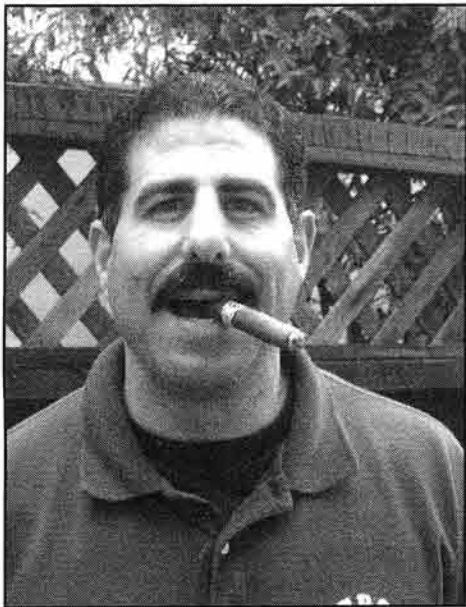
Nick's Notes

By Nick Shihadeh,
Journal Sports Editor

Dominic Gamboa Needs Some Help

CHECK IT OUT: I want to relate something important that was passed on to me recently about Dominic Gamboa who suffered a massive heart attack while working at the Police Academy over one year ago. Since he was part of the PT (physical training) staff, this makes this sports oriented. Dominic has been out on disability and resorted to using all his time he accumulated in the department.

He has exceeded his one year to return to the Department and as a result, he is not being paid nor does he have any other income. Dominic does not qualify for the catastrophic illness program, so he is unable to receive any time donated to him. This situation would put anyone in a dilemma, especially Dominic who has five kids which he supports and a mortgage on his home as well. Also in the meantime, he is unable to get another job due to the fact that he has



a medical condition.

He is currently waiting for a judge to make a decision on how much he would receive for the medical retirement and hasn't received a paycheck since July.

Times are hard and overtime is far and few, but if anyone can help in any way, it would be tremendous. Dominic is a proud person and is not asking for this; thus, I'm printing this on his behalf whether he likes it or not as he really needs help. I know that if anyone of us needed help, he would not hesitate to return the favor. There

is a SF Police Credit Union account #1374099 that has been opened up for him. Any donation to help would be appreciated and would help so much until the retirement judge returns with a decision.

Once again, the San Francisco Police Credit Union Account number is 1374099; please help Dominic Gamboa and his family.

Bowling News

I caught up with Shawn Jackson (Tenderloin Station) the other day to find out about any recent bowling exploits and he filled me in. Down in Santa Clarita for the Police/Fire Games back in June, Jackson bowled with three guys from outside agencies in the "open division" and was able to come away with the gold medal. He next competed in the Nevada games in August in the "open division" on a team that included Ed Santos (Mission Station), Roger Farrell (retired), and a member of an outside agency. Jackson was once again successful coming away with a silver medal. I want to congratulate Shawn Jackson on his success on the lanes this past summer.

This and That

Results in the swimming competition from the Western States Police/

Fire games can be seen in a letter to the sports editor sent in by Kevin Abbey (Northern Station).

Apparently Abbey along with other members of the department did very well.

The POA Golf Tournament took place in September at the Marin Country Club and a spread on that very successful even can be seen on the back page of the *Journal*.

The Best In The West SWAT competition took place recently down in Santa Clara with members of our TAC team going against at least twenty teams from in and around California. This is a very tough event that features the best tactical shooters from the various law enforcement agencies.

I'm happy to announce that our guys took second place in the Best In The West competition which is the highest that the SFPD has ever placed. Congrats to the likes of Gerry Newbeck, Kevin Chin, Tim Yee and the rest for a job very well done. An article about the Best In The West competition with more detail and pics should be in next month's *Journal*.

That's all for this now...So See Ya next month...

Letters to Sports Editor

Hey Nick,

Near the end of the Emerald Society Golf Tourney article I sent for last month it read, "Please take note of our sponsors..." However, the sponsors did not get in the article. Is there some way I can list them in next month's article? The photo spread was great and I really enjoyed the captions and the additions you added to the article. Let me know, Thanks,

Ed Carew
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- San Francisco Forty Niners
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- Patrick and Leizl Cronin
- Jim Mullins

Hey Nick

I'm sending swimming results from the Police/Fire Games that took place in Santa Clarita, CA back in June:

Mike Petuya (Southern Station)
1. 200 yard Freestyle Relay (Gold).
2. 200 yard Medley Relay (Silver).

Kevin Abbey (Northern Station.)

1. 200 yard Freestyle Relay (Gold).
2. 200 yard Medley Relay (Silver).
3. 100 yard Breast Stroke (Silver).
4. 50 yard Breast Stroke (Silver).
5. 100 yard Freestyle (Bronze).

Sean Padilla (Mission Station)

1. 200 yard Freestyle Relay (Gold).
2. 200 yard Medley Relay (Silver).
3. 100 yard Freestyle (Gold).
4. 50 yard Freestyle (Silver).

Anthony Garrett (Mission Station)

1. 200 yard Freestyle Relay (Gold).
2. 200 yard Medley Relay. (Silver).

Thanks Nick. I have included pictures including the guys with their medals and with their families.

Also me swimming with my cheerleading daughter rooting me on. Take Care.

Kevin Abbey
Northern Station



2009 SFPOA Ironman Competition

By Ed Yu
Gang Task Force

This year's 2009 SFPOA Jeff Barker/Isaac Espinoza Ironman Competition took place on Wednesday, September 2nd, at the Hall of Justice police gym. This year's competition brought out the largest number of participants in SFPD Iron-man history. We had a record number of 13 teams that represented and competed for their Stations (or Details). The overall turnout for this year's competition with team and individual competitors was 70 plus.

The buzz around the department in the weeks heading into the competition was that Johnny Burke's SPEC team was going to be the odds on favorite to dethrone GTF for the overall Team Title. It should be noted that the SPEC team is the only team in the competition that has members from various stations in the department. Some call these guys "ringers", but for the spirit of competition and the fact that they have never won a title in Ironman history, I had no problem letting them compete. In my mind, I knew there were going to be a number of teams from a true Station (Mission, Tenderloin, Southern, Bayview, TAC) that were going to put together a tough team to challenge for the overall Team Title.

In the Men's open division, Johnny Burke (SPEC) dominated the field once again and won his 6th straight Men's open division title with a combined score of 3826 points. Burke was once again consistent and impressive through all his events, but his 200 sit-ups is always the deciding factor that puts him in front of the rest of the field. In 2nd place was Malcom Anderson (TAC), who is always a tough Iron-man competitor and posted impressive scores in the sit-ups (159) and the shoot (760). However, it just wasn't enough to outdo Burke. In 3rd place was the newcomer Mike Tursi (Northern Station). The young Tursi has competed in this year's 2009 SFPOA Basketball League, Softball League, and now the Ironman. This kid is an "athlete"; we hope to see you in future Iron-man competitions.

In the Men's over 50 division, the head to head battle was between Heinz "CSI" Hoffman and Dan "Cross-fit"

Leydon (Sex Crimes). The two buddies were neck and neck in total points heading out of the SFPD gym. Hoffman managed to pull away at Lake Merced with his shooting and run around the lake. Hoffman managed to improve his score from last year by 600 points. Last minute entries in this division were Jamison Pon (GTF) and John Ehrlich (Juvenile). Both competitors posted respectable numbers and finished all the events.

In the Women's open division, the sole competitor was Marina Chacon (CSI). Chacon posted impressive scores in the sit-ups (106) and bar-hang (1:45). With her total score of 1425 points she was the 2009 Ironwoman champ.

In the Team Open division, the likes of "Keeve", "Rightmire", "Guinn", "Christ", "Newman", "Suhr", "Gonzales", and "Calasanz" were going to compete for the title of the 225 lb bench press champ. This is my favorite part of the competition. Credit has to be given to Dave Maron (TAC) who placed this event in the competition in 2006. Once again, Damon Keeve (TAC) played the part of the heavy weight champ and came into the event with loads of attitude. He questioned the event "Commissioner" on how the event should be run. Equipped with his "fantasy" football magazines, he acted like a "prima donna" and showed no interest in the other competitors' accomplishments. I knew this was Keeve's way of trying to psyche out his competitors so I chuckled at his behavior because I've seen it before. On the other side of the ring was Kevin Rightmire (Bayview Station). Rightmire was trying to downplay his 24 reps from last year and told everyone that he would be lucky to muster 15 reps for this year. Guinn (Tenderloin Station), who had 25 reps last year, stayed quiet and didn't pay attention to both those "knuckleheads".

Keeve started out the event with an easy 25 reps with 225 lbs, and went right back to analyzing his "Fantasy Football" magazines for his upcoming draft. Rightmire followed with an impressive 25 reps. The eventual winner out of the three heavyweights was Elbert Guinn (Tenderloin) with 27 reps with 225 lbs. Following the big three was Anthony Calasanz (Taraval Station) with 18 reps, Sam Christ (Southern Station) with 17 reps, John Newman (Insp.) with 17 reps, Greg Suhr (Admin) with 17 reps and Miguel Gonzales (Ingleside Station) with 9 reps. If you don't think these numbers are impressive, take notice of NFL combines with their future draft picks. The high marks on the 225 bench press for the top linemen are between 20-30 reps.

In the lightweight event of 100 lb. bench press, John Cathey (Mission Station) impressed the crowd and led

the competition with 90 reps. Ed Yu (GTF) finished 2nd with 85 reps. In the Women's Team division, Val "Mighty Mouse" Altamirano (Ingleside Station), put up extremely impressive numbers on the 60 lbs. bench press with 73 reps.

In the pull-ups event, Dien Ha (Tenderloin) posted the high mark of the competition with 49 reps. Dan Silver (GTF) who usually sleep walks his way to 49 reps; but, battling some "MMA" injuries, Silver was only able to come up with 44 reps which still was the 2nd highest of the day. Kevin Dempsey came into the competition with a ripped 30 year old physique and posted 42 reps for his Bayview team. Another veteran of the competition, Eric Vintero, kept his Southern squad in the competition with 40 reps. Newcomers that posted impressive numbers were Rex Calasanz (Taraval Station) with 42 reps and Joe Obidi (Mission Station) with 41 reps. "old man" Matt Hanley (Auto Detail) at 50 something years old, cranked out 28 reps. Not too shabby.

The sit-ups event brought out some of the highest numbers in event history. Burke was consistent with his yearly 200, Doherty (Bayview Station) improved his numbers from last year by 19 with a score of 184 reps, Andy Meehan (TAC) went from last year's 128 to this year's 3rd highest score of 176 reps. Newcomers with impressive numbers were Nate Manalang (Taraval Station) with 152 reps, Chandra Johnson (Tenderloin) with 134 reps, and Vince "I'm only 59 yrs old" Repetto (Auto Detail) with an impressive 131 reps.

Our next two events were at Lake Merced. In the 50-yard shoot, the boys (Newbeck, Keeve, and Anderson) from TAC posted the top three out of the top four scores. Top gun went to Gerry Newbeck (TAC) with 835 score, second went to Joe Emmanuel (Mission Station) with 810, and third was Keeve (TAC) with 770. Thanks go out to new range staff member, Angelo Spagnoli, a former Ironman competitor, who set up the range for the competitors and assisted in scoring all the targets.

The last event was the run around the lake. Out of all the events this is probably the most dreaded. The weather conditions play a big part in how the competitors perform. This year's weather conditions reminded me of 2007. It was "Indian Summer" at its best. It was a little over 80 degrees but extremely muggy. Once again crossing the finish line first was Sean "The Kid" Griffin (GTF) with a time of 28:34. Sean is the only competitor I know who can run the lake in the same time of 28:00, give or take a few seconds, whether it's 105 degrees or 65 degrees. The kid is a "machine". The next closest runner in 2nd place was Rick Wise (Bayview Station) with time of 31:49. Mark McKinney (TAC) came in 3rd with a time of 32:10. Every other

after the first three had to gut it out with all heart to finish. The heat really played a factor on this year's race; in moderate conditions a majority of the runners would probably cross the finish line 2-3 minutes faster.

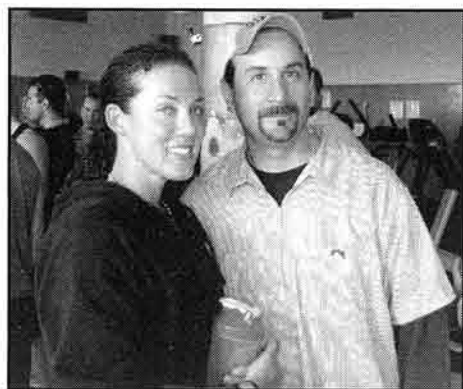
After this year's run around the lake, with some runners getting severely dehydrated, Eric Vintero (Southern Station) and I discussed the idea of having some bicycle cops, equipped with radios and first aid kits, follow our runners around the lake. A water station at the mid-way point would also be an idea. That's going to be Kevin Dempsey's call next year.

At the end of the day, the scores were tabulated and the Open Team Iron-man champs for 2009 was Bayview Station with a score of 4186. They edged the team from TAC, which posted a score of 4185, by one point. Coming in third was the team from GTF which had held this title for the past 4 years; GTF posted a score of 4001. If there was one team that I wouldn't mind relinquishing the Iron-man title to, it would be to Bayview Station. This year they won the A Division Basketball championship, came in 2nd in A Division softball, and now own the title as the Iron-Man Team champs. I tip my cap to you guys, and wish Bayview Station the best in organizing next year's event. GTF will be gunning for ya'll in 2010!!!!

The most spirited station in the competition was Ingleside Station led by Lt. Mike "Bugsy" Moran. They managed to field two Men's open teams and one open Women team. Moran took charge and sported every member with new Ingleside T-shirts. A special thanks should be given to Captain Dave Lazar, who gave his full support to his troops, and was present in the competition to root on his Ingleside competitors.

In all, this year's event was a great success. Special thanks go to the SFPD POA for their full and generous support of this competition, Les Smith (TTF) for the t-shirt design, "T-Shirt Fever" for putting together the shirts, and Café Roma for catering our luncheon. Thanks also go to Kevin Dempsey for supplying Ipods, speakers, and headphones, and to the SF 49er's for their generous donation of ball caps, jackets and tickets to the Jaguar vs. 49er game. Also for the 2nd year in a row, the "Sports Basement" provided generous gift certificates for our Iron-man competitors.

For this year's competition, Rick Bruce (retired) also put together an "IRONMAN" competition results booklet which chronicles competition results from 1982 to 2008. The 49 page book is full of pictures and old POA articles written about previous competitions. Anyone interested in obtaining a copy should contact Ed Yu at GTF (415-553-9082).



2009 Ironman officials: A. Castillo and M. Gala.



A. Sanchez finishing strong around the lake.



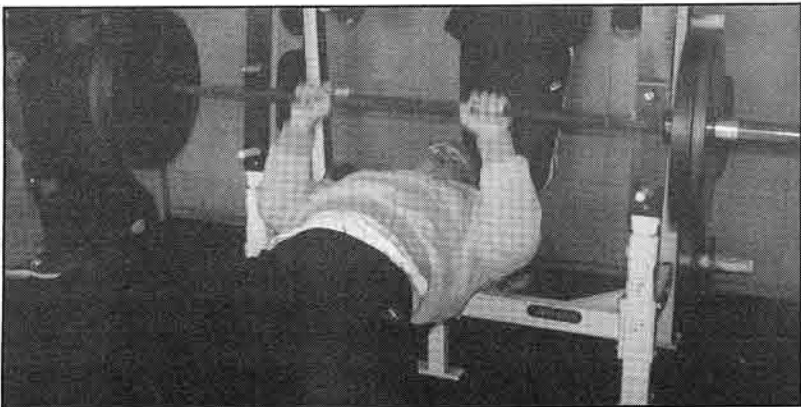
S. Griffin finishing first on lake run.



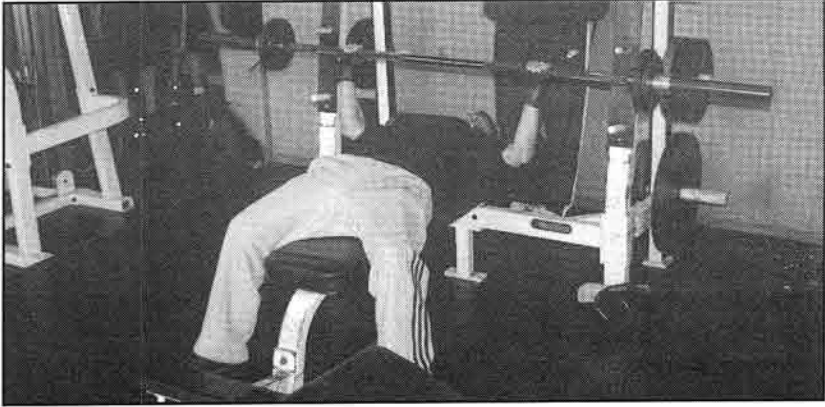
Ironman Spirit: M. Tursi and H. Hoffman shaking hands at finish.

2009 SFPOA Ironman Results

Men's Open						
	Bench Press	Pull-ups	Sit-ups	50 yd Shoot	Run(4.7 mile)	Total Score
1. J. Burke	65X10 (650)	4 (880)	20 (1000)	680	33:3 (616)	3826
2. M.Anderson	57X10 (570)	3 (780)	15 (795)	760	33:4 (596)	3201
3. M. Tursi	31X10 (310)	1 (360)	11 (550)	340	35:5 (492)	2112
Men's over 50						
	Bench Press	Pull-Ups	Sit-ups	50 yd Shoot	Run(4.7 mile)	Total Score
1. H.Hoffman	57X10 (570)	2 (460)	12 (640)	560	35:2 (491)	2721
2. D.Leydon	52X10 (520)	2 (560)	10 (510)	210	39:2 (257)	2057
3. J.Ehrlich	30X10 (300)	(100)	9 (450)	360	40:2 (19)	1229
4. J.Pon	27X10 (270)	2 (500)	7 (385)	0	0	1155
Woman Open						
	Bench Press	Bar-Hang	Sit-ups	50 yd Shoot	Run(4.7 mile)	Total Score
1. M. Chacon	31x6 (310)	1:4 (315)	10 (530)	270	47:1 (0)	1425
Team Open						
	Bench Press	Pull-Ups	Sit-Ups	50 yd Shoot	Run(4.7 mile)	Total Score
1. Bayview	K. Rightmire 25x22 (1000)	K. Dempsey 4 (820)	R. Doherty 18 (840)	J. Kirchner 715	R.Wise 31:4 (31:49)	4186
2. TAC	D. Keeve 25x22 (1000)	M. Anderson 3 (780)	A. Meheen 17 (880)	G. Newbeck 835	M. McKinney 32:1 (690)	4185
3. GTF	E. Yu 85x10 (850)	D. Silver 4 (880)	J. Kumli 14 (720)	I. Chinn 645	S. Griffin 28:3 (906)	4001
4. Mission	J. Cathey 90x10 (900)	J. Obidi 4 (820)	P. Richardson 15 (785)	J. Emmanuel 810	A. Esparza 36:4 (420)	3735
5. TTF	E. Guinn 27x22 (1000)	D. Ha 4 (1000)	C. Johnson 13 (670)	M. O'Leary 530	D. Cole 35:0 (520)	3720
6. Taraval	A. Calasanz 18x22 (720)	R. Calaunan 4 (840)	N. Manalang 15 (760)	P. Weggeman 730	R. Choy 35:4 (476)	3526
7. Southern	S. Christ 17x22 (680)	E. Vintero 4 (800)	J. Campell 13 (675)	A. Street 660	C. Gutierrez 33:1 (627)	3442
8. Specialist	M. Nieve 64x10 (640)	H. Chu 3 (7400)	J. Burke 20 (1000)	P. Papale 295	J. Hinds 33:3 (616)	3291
9. Footbeat	J. Acosta 78x10 (780)	D. Thompson 2 (560)	L. Baca 11 (590)	G. Festa 505	M. Cabuntala 36:4 (420)	2855
10. Ingleside	M. Gonzalez 9x22 (360)	S. Hampton 2 (580)	S. Uang 12 (625)	R. Suguitan 625	B. Todaro 33:3 (606)	2796
11 Co.H	A. Johnson 48x10 (480)	N. Yuen 2 (540)	S. Williams 6 (3450)	M. Leong 345	F. Perriera 36:2 (435)	2130
Team over 40						
	Bench Press	Pull-ups	Sit-Ups	50 yd Shoot	Run(4.7 mile)	Total Score
GW	J. Newman 17x22 (680)	M. Hanley 2 (560)	V. Repetto 13 (655)	P. Cadigan 620	M. Siebert 41:5 (110)	2625
Team Women						
	Bench Press	Bar-Hang	Sit-Ups	50 yd Shoot	Run(4.7 mile)	Total Score
Co.H 73x6 (730)	V. Altamirano 1:4 (315)	A. Dagget 10 (510)	C. Castillo 305	C. Lewis 42:2 (355)	A. Sanchez 2015	
Dbl Men's> 40						
	Bench Press	Pull-ups	Sit-Ups	50 yd Shoot	Run(4.7 mile)	Total Score
1. TAC	D. Keeve 25x22 (1000)	M. Anderson 3 (780)	M. Anderson 15 (795)	D. Keeve 775	M. Anderson 33:4 (596)	3946
Dbl Men's> 50						
	Bench Press	Pull-ups	Sit-Ups	50 yd Shoot	Run(4.7 mile)	Total Score
1. Old guys	G. Suhr 17x22 (6800)	G. Suhr 3 (760)	G. Suhr 9 (460)	R. Bruce 525	R. Bruce 36:2 (436)	2861



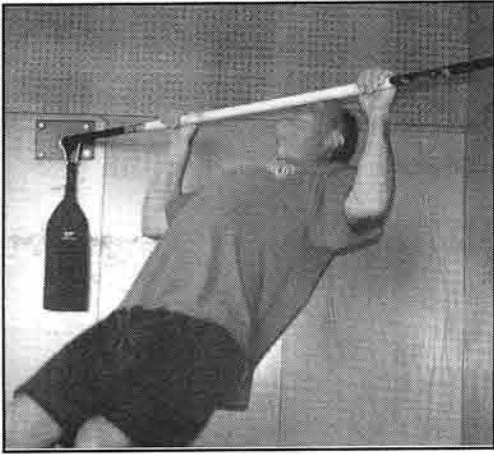
D. Keeve doing his routine 25 reps on bench press.



V. Altamirano enroute to her 73 reps on 60 pound press.



Competitors focus in on 50-yard shoot.



M. Hanley gripping his way to 28 pull-ups.



J. Pon looking like a "Top Gun" on 50-yard shoot.

Track and Field News

2009 Police and Fire World Games Results from Vancouver

By Ed Marchand (Taraval Station)

Here are some results from the Track and Field competition at the 2009 Police and Fire World Games in Vancouver British Columbia. The track and field competition took place from Aug3rd through Aug7th. Each of the events required preliminary rounds before competing in a final competition. The first race was the 4X100 meter relay which is usually a frantic situation because several teams may have qualified but only nine teams can run in the final; this is based on qualifying times. The team of Mike Simmons (Southern Station) first leg, Ed Marchand (Taraval Station) second leg, Paul Hurney third leg (Queensland, Australia PD), and Curtis Shur fourth leg (Long Beach PD) placed in lane five.

The race started with Simmons running in the thick of the pack; it wasn't clear what place he was in during that first leg. Simmons approached after completing the first leg, and Marchand sprinted away hard with Simmons closing fast. Simmons yelled "stick"

of the fourth leg was Shur wearing an all black uniform as he approached the finish line. At the last second the fourth place team appeared to have passed him just before the finish line. It looked like they almost had a Bronze Medal (see photos).

When the team regrouped near the finish line, it was realized that the fourth leg (Curtis) was wearing an all white uniform. Shur had actually crossed the finish line in first place 15 meters ahead of the second placed team from Canada. In other words, it was a USA/Australia Gold Medal in the 4X100 relay!

Later that day, Simmons was to run in the preliminary rounds of the 100 meter dash. In the last preliminary before the final, Simmons shot out of the blocks in good position holding down third place all the way to the finish line. Simmons said that he didn't have the best in that last one and unfortunately was edged out by a few hundredths of a second to make the final.

The next day Marchand was ready for the long jump and Simmons had to get to the 200 meter dash. Marchand warmed up for an hour before the event and felt ready to do some damage. When he arrived at the long jump pit, the officials were ready for the competitors to start jumping. Marchand took his jumps to make the final round but lost out on making it to the final by eight centimeters.

The last event that day was the 200 meter dash prelims. Simmons was out of the blocks nice and smooth for a big guy. He may have been in fifth place before the end of the curve, then moved to third place in the home stretch. He eventually faded to fourth place before the finish line. The top three finishers moved to the finals the next day.

The next day Marchand had the javelin throw competition. The javelin competition was moved along in a rushed manor. As soon as one age group was finished, the next group barely got a chance to get a warm up throw. There were about eighteen competitors. Marchand threw four bad throws and two pretty good throws around 150 feet. His last throw won the competition for a Gold Medal.



4x100 Relay Team: Ed Marchand, Mike Simmons, Curtis Shur, and Paul Hurney.

Marchand's last solo event was the triple jump. He again warmed up very well for the competition and started with a good feeling. Marchand had a few "form challenged" jumps and one "ok" jump. He ended up in third place for the Bronze Medal.

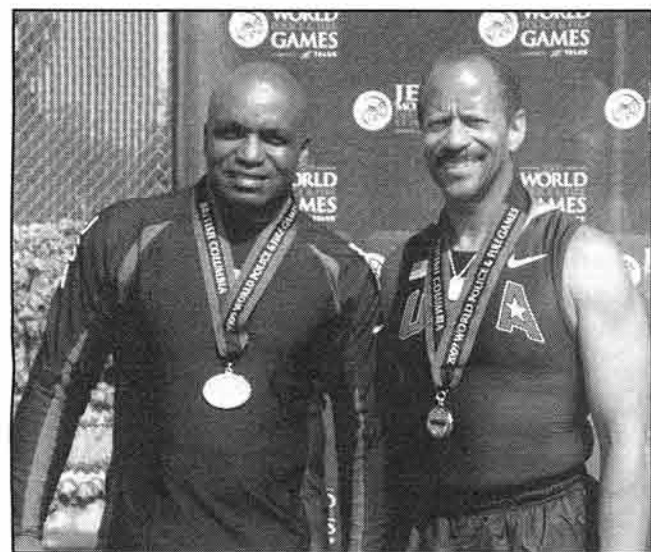
The last day of competition for Simmons and Marchand would be a single relay race — the 400 meters full speed race. This relay team was not the same one that won gold on the first day of competition; but it included Simmons and Marchand and had trained for three months for this race. Unfortunately the team was split when two of the members showed up on a different relay team. Names shouldn't be mentioned but they were representatives of the LAPD. No one was surprised by this.

To solve the problem, Simmons and Marchand asked Hurney and Shur for the original relay team to run in this race. They agreed to run and the team did what they had to do to get the job done. Marchand ran first leg, Simmons ran second, Hurney the third leg, and Shur ran fourth. This formula must have worked because they "ate up" the competition except for one team from Puerto Rico. They came in second place for silver and the other teams were not happy.

In regard to the World Police and Fire Games over all, Simmons and Marchand were very displeased with the way a few of the Track and Field officials conducted themselves in the course of an athlete dispute or athlete disqualification. It was witnessed first hand. For example, after Simmons and Marchand competed in the 4X100 relay (winning the race by more than 10 meters) the officials said that they were disqualified because "they dropped the baton from lane five, into the eighth lane, retrieved it and continued

the race." This was a false accusation so they protested the call with the officials. After some time and persistence the disqualification was overturned. It was never determined by the officials what relay team dropped the baton in the race.

Also, on their last day of competition they ran in the 4X400 relay, placing second. Twenty minutes after the



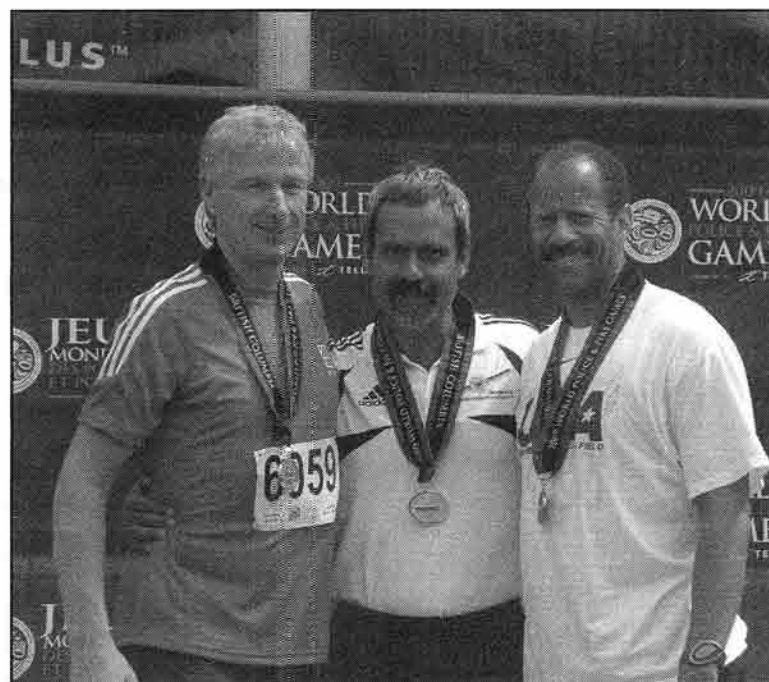
Mike Simmons and Ed Marchand after winning 4x100.

just as Marchand entered the exchange zone — it was a perfect exchange. It appeared that Marchand was the first runner to get the baton in the zone, but may have been in third or fourth place when he started running.

Marchand sprinted to the third man (Hurney) who had never run a relay before. As Marchand approached the third leg, he started hopping. Marchand yelled at him "run!" It worked because Hurney blasted away after what appeared to be a very good baton exchange. After Hurney ran the third leg, the last baton exchange took place and the runners were battling down the home stretch. In third place

been in fifth place before the end of the curve, then moved to third place in the home stretch. He eventually faded to fourth place before the finish line. The top three finishers moved to the finals the next day.

The next day Marchand had the javelin throw competition. The javelin competition was moved along in a rushed manor. As soon as one age group was finished, the next group barely got a chance to get a warm up throw. There were about eighteen competitors. Marchand threw four bad throws and two pretty good throws around 150 feet. His last throw won the competition for a Gold Medal.



Triple Jump Competitors: 2nd Canada, 1st Germany, 3rd USA.

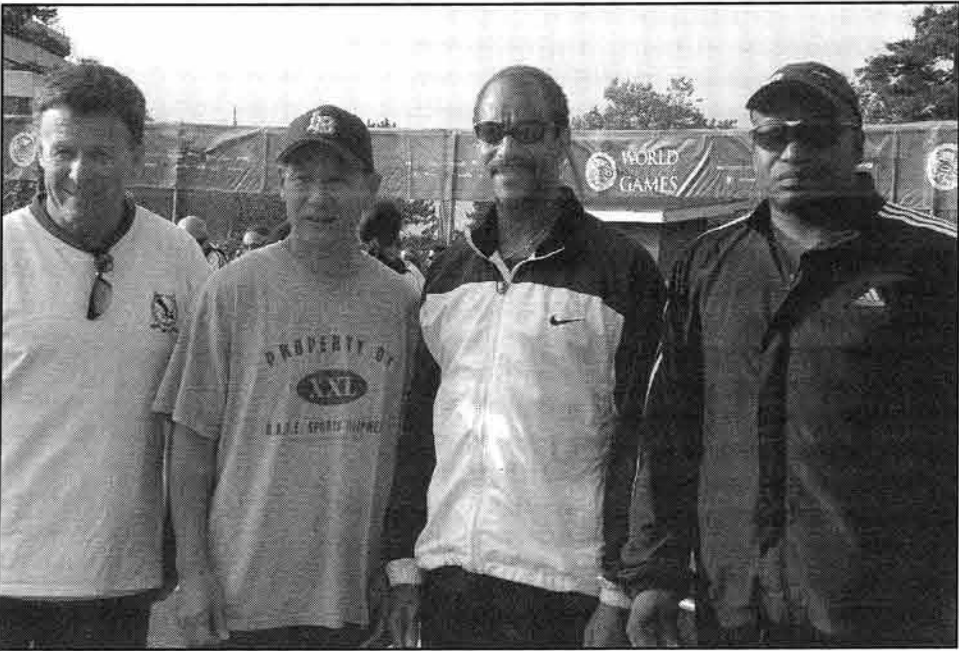
race Simmons and Marchand went to the awards presentation area. At the awards stand all athletes must sign the awards log before being presented with a medal. After Marchand signed the log for the team he was informed by a Canadian athlete that their team was again disqualified. They once again ran to the officials booth to protest. This time the officials said that Marchand during the first relay leg ran out of his lane for nine steps (about 70ft). Photos were produced of Marchand running well within his lane in the area of disqualification. The officials wouldn't accept the photos as proof. It was hard for them to accept that they were disqualified and they thought that they should have maintained the silver medal. It was not to be.

Despite the controversy, they had a good time and all the other competitors regardless of language barriers were all very good sportsmen. They had a chance to see old friends and make new ones from around the world.

Over all, it was a successful trip!



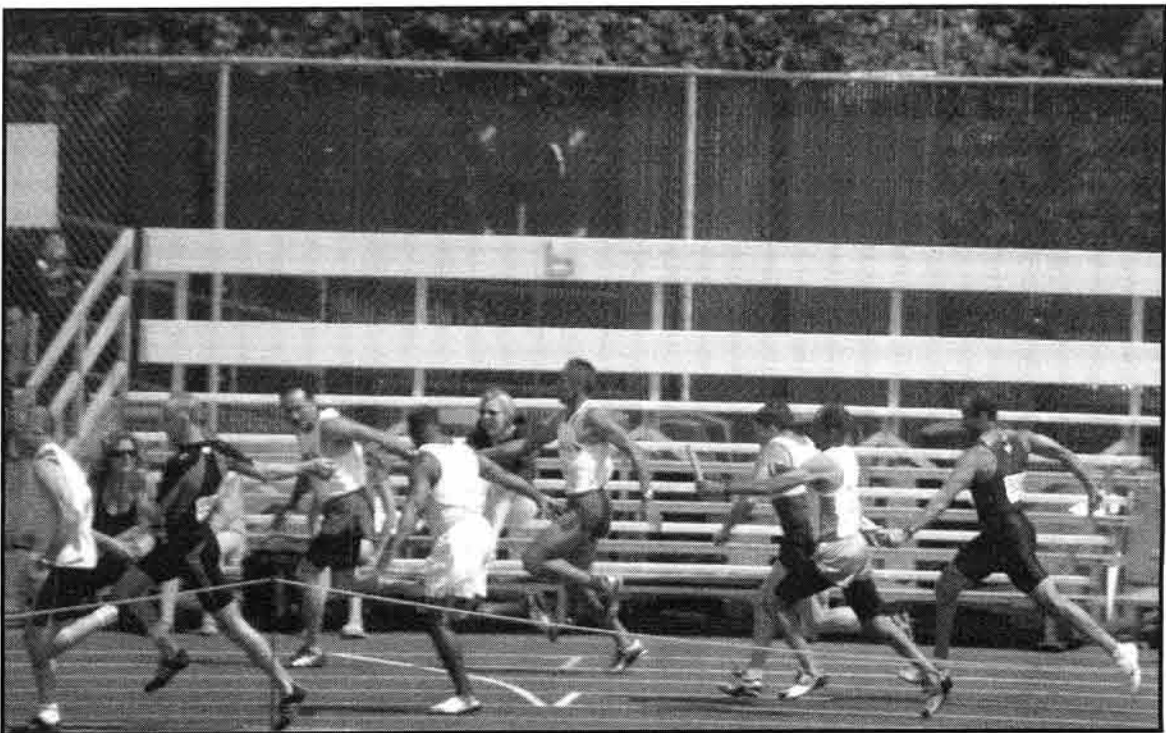
Mike Simmons readies for 100 preliminary.



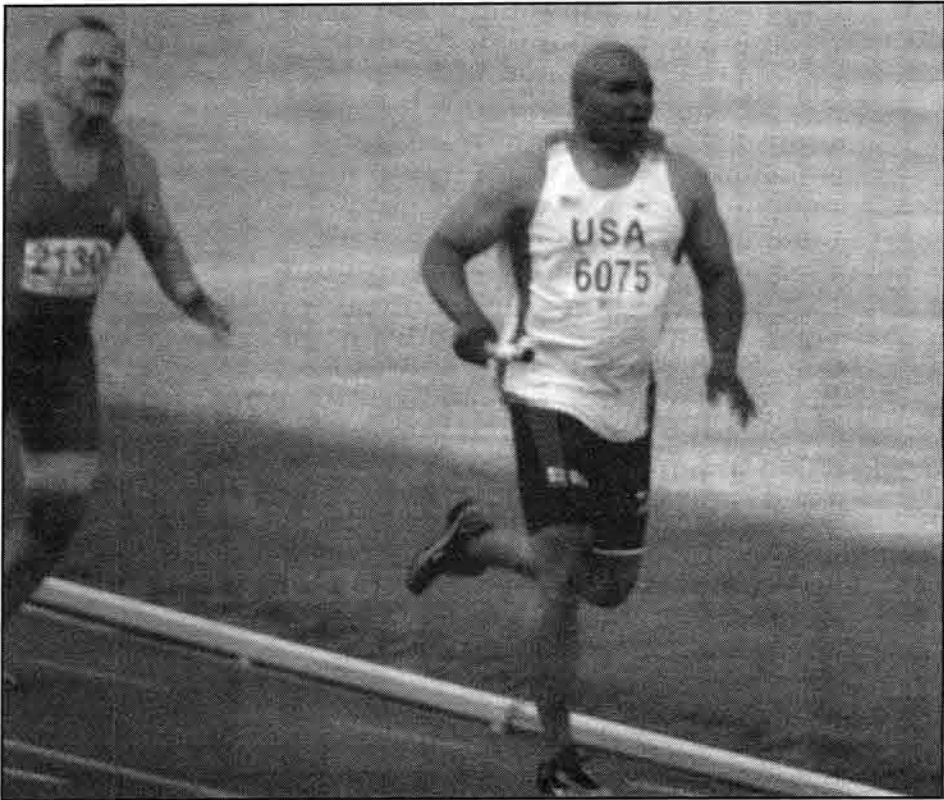
Paul Hurney, Australia PD; Curtis Shur, Long Beach PD; Ed Marchand, SFPD and Mike Simmons, SFPD after learning that they didn't get 2nd in the 4x400 relay.



Ed Marchand wins 1st place Gold in the javelin throw.



2nd leg Ed Marchand passes baton to 3rd leg Paul Hurney in 4x100 relay.



Mike Simmons on 2nd leg of 4x100 relay.



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THE LOONS NEST REPORT

By Ed Garcia, Co. A

O'Connor Wins Club Championship At San Geronimo

San Geronimo Golf Club in Marin County was the site of the twenty-fourth L.N.G.C. Club Championship. This marks the third visit to the challenging West Marin layout, where the Loon winners have posted some excellent scores in the past. In the 2006 Club Championship, Steve Moss (Airport Bureau) took the title with a round of 73 and Harry Pearson (retired) fired a 73 in 2008 at San Geronimo to take the Summer Golf Classic. This year it was a different story, as the course and climate had a few surprises for the Loons. In days prior to the event, the weather had been perfect as members played practice rounds. Tournament day brought heavy, warm winds whistling through the San Geronimo Valley though, and these conditions played havoc with the competitors. Just to make it tougher, San Geronimo was hosting an N.C.G.A. club match on that day; thus, the pin placements were set in the toughest spots the "evil greens keeper" could find.

As play proceeded, no players posted scores under 40 on the front nine. Former Club Champion Steve Landi (Traffic) had an opening side score of 40 strokes. The highlight to Landi's front side was an eagle three on hole number two. Matching Landi on the front was Mike "Bert" Siebert (General Work), who picked up a birdie on the seventh hole. Two other former Club Champions, Tom O'Connor (retired) and Scott Warnke (Robbery) sat one



stroke back with front nine scores of 41. John Wyman (retired), Dave Kranci (Traffic) and Steve Morimoto (Academy) posted front side scores of 42.

As the day proceeded the winds picked up speed and the greens got fast and tougher to hold, and the loons were put to the test. O'Connor began his backside with a birdie on the tenth hole and he was cruising easy until he came to the eighteenth hole holding a five stroke lead over early co-leader Landi. Early co-leader Siebert had faded off to a back side score of 47. Pat Armitage (civilian) made a strong run on the backside with a score of 40. O'Connor teed off on the eighteenth and went O.B. left and had to reload. O'Conner was able to finish the par four hole with a score of seven. He eventually finished his round with a score of 81, two strokes ahead of Landi's 83. Armitage grabbed third low gross in the first flight with an eighty-four.

Wyman took first low net in the first flight with a net score of 74. He has always had an outstanding short game and plays well in adverse conditions with his "ball control" style. Ken Lum (civilian) and Ed Garcia (Central Station) both posted net scores of 75 and the tiebreaker went to Garcia as

he received the second place prize and Lum took third.

In second flight low gross, Siebert blew the field away when he posted an 87. Bert finished five strokes ahead of Dave Seid (SID) and Steve Turdici (civilian) as they posted rounds of 95. The tiebreaker went to Turdici, leaving Seid in third place.

Second flight low net play saw an impressive appearance by a new face on the loon scene. Kris Shinbori (Ingleside Station) made his first appearance and proceeded to take first place in second flight low net with a score of 76. Shinbori enjoyed a three-stroke edge over Pierre Martinez (Domestic Violence). Martinez had the lead through sixteen holes of play, but a triple bogey seven on the seventeenth

hole cost Martinez big time. Shinbori made par on the hole and both players bogged the eighteenth hole. Luigi Pinotti (civilian) took third place with a net score of 81.

Warnke continued to be the leader in Long Drives, as he took the tenth prize in his loon long drive career. His shot was measured at a mere 291 yards, but with the strong winds it was a great driving display.

The Loons enjoyed a buffet dinner and awards ceremony at the golf club before heading home. The next loon event will be the Charlie Anzore Memorial in Las Vegas in October and the season will conclude with the Holiday Classic in late November or early December.

Loons Nest Scoreboard First Flight

Player	Gross Score	Index	Net Score
O'Conner	81	8	73
Landi	83	4	79
Anzore	84	4	80
Armitage	84	6	74
Garcia	85	10	75
Moss	86	7	79
Wyman	86	12	74
Kranci	87	10	77
Pearson	87	7	80
Wong	87	8	79
Lee	88	11	77
Lum	88	13	75
Morimoto	88	9	79
Parry	89	10	79
Ahern	90	8	82
Hettrich	91	6	85
Pomicpic	91	9	82
Sullivan	92	14	78
Chang	93	13	80
Enright	94	12	82
Warnke	94	9	85
McMillan	95	11	84
Vernengo	95	10	85
Brophy	100	9	91
Ferrando	102	14	88
Mack	103	13	90
Kovaleff, W.	113	13	100
Neeson	DNF	13	

Second Flight

Player	Gross Score	Index	Net Score
Siebert	87	16	71
Shinbori	92	16	76
Turdici	95	15	80
Seid	95	15	80
Fontana	97	15	82
Schmolke	97	15	82
Allegro	98	16	82
Fischer	98	15	83
Pinotti	99	18	81
Martinez	100	21	79
Taylor	100	16	84
Meixner	101	17	83
Toomey	102	18	84
Wismer	102	21	81
Kovaleff, A.	103	21	82
Owens	103	16	87
Ochoa	104	18	86
Stellini	104	21	83
Adams	105	16	89
Johnson	105	21	84
Boyett	108	27	82
Geraty	109	27	79
Korte	110	25	85
Newlin	110	22	88
Crenshaw	112	19	93
White	115	30	85

Close to Hole Winners

Hole #3 1st	Chang	23' 10"	2nd	Anzore	31' 1"
Hole #7 1st	Lee	17' 7"	2nd	Brophy	17' 9"
Hole #13 1st	Admas	15' 4"	2nd	Taylor	16' 3"
Hole #15 1st	Pearson	8' 2"	2nd	Wong	6' 3"

Long Drive Winner — Scott Warnke 306 yards

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- GREAT RAFFLE PRIZES
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- MULLIGANS/THROWS

Award Banquet Master of Ceremonies: Chief Susan Jones, Healdsburg Police
Tournament Chairs: Lieutenant Caroline Serrato, Hillsborough Police
Officer Jennifer Thompson, San Francisco Police

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Word Search

Created by Officer Michelangelo Apodaca, Chief's Office

Enjoy this relaxing and fun-to-solve puzzle! If you've never solved a puzzle like these before, it's a good idea to read this before you begin.

Each puzzle has a grid of letters that conceals words reading in different directions — forward, backward, up, down, or diagonally — but always in a straight line. The words, abbreviations, or phrases one must find and circle are listed below the grid in capital letters. That's all you need to know before you sharpen your pencil and begin your search!

AMYL	HATCH	OHO
BARE	IMPUTE	PALLID
CARET	JULEP	QUINT
DEDUCT	KIOSK	RECK
EASEL	LEPROSE	SAPPER
FALSE	MARITAL	TACK
GAOL	NOVA	

D	L	I	M	P	U	T	E	A	C	E	R	A	B
N	E	O	A	V	O	N	E	S	O	R	P	E	L
O	K	D	A	R	E	C	K	D	I	L	L	A	P
E	I	T	U	G	W	E	E	U	L	E	S	A	E
S	O	F	O	C	H	R	T	U	T	A	C	K	Y
L	S	D	N	P	T	N	I	U	Q	E	O	U	I
A	K	Z	I	R	E	P	P	A	S	E	R	R	G
F	M	A	R	I	T	A	L	A	H	C	T	A	H
A	M	Y	L	L	O	H	O	P	E	L	U	J	C

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Summer 2010 Western States Police/Fire Games

STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION (Required by 39 U.S.C. 3685) 1. Title of Publication: POA Journal. 2. Publication No.: 882-320. 3. Filing Date: October 1, 2009. 4. Issue Frequency: Monthly 5. No. of issues published annually: 12. 6. Annual subscription price: \$12.00. 7. Complete mailing address of known office of publication: 800 Bryant St., 2nd Fl, San Francisco, CA 94103. 8. Complete mailing address of headquarters of general business office of publisher: 800 Bryant St., 2nd Fl, San Francisco, CA 94103. 9. Full name and complete mailing address of publisher, editor, and managing editor: San Francisco Police Officers Association, Ray Shine, Editor; 800 Bryant St., 2nd Fl, San Francisco, CA 94103. 11. Known bondholders, mortgagees, and other security holders owning or holding 1 percent or more of total amount of bonds, mortgages, or other securities: None. 12. 13. Publication name: POA Journal. 14. Issue date for circulation data below: October 2009. 15. Extent and nature of circulation. A. Total number of copies. Average number of copies each issue during preceding 12 months, 5500. Actual number of copies of single issue published nearest to filing date, 5500. B. Paid and/or requested circulation. 1. Paid/requested outside-county mail subscriptions. Average number of copies each issue during preceding 12 months, 3309. Actual number of copies of single issue published nearest to filing date, 3349. 2. Paid in-county mail subscriptions. Average number of copies each issue during preceding 12 months, 1495. Actual number of copies of single issue published nearest to filing date, 1494. 3. Sales through dealers and carriers, street vendors, and counter sales. Average number of copies each issue during preceding 12 months, 0. Actual number of copies of single issue published nearest to filing date, 0. 4. Other classes mailed through USPS. Average number of copies each issue during preceding 12 months, 8. Actual number of copies of single issue published nearest to filing date, 8. C. Total paid and/or requested circulation. Average number of copies each issue during preceding 12 months, 4812. Actual

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Ray Shine, Editor.

Classified Ads

Automobile For Sale

2004 HONDA CRV all wheel drive, dark blue, black leather, sunroof, 58,300 miles, nice tires, one owner. Call Sonia at (415) 341-8117. Asking \$13,500 or best offer.

Home For Sale

MUST SELL: HOME IN INCLINE VILLAGE, NV. Near half acre lot, fenced in, good location, built in 1981, up to present building code, 4 Bds, 2 1/2 bath, hydronic heat, all privileges, was used as a rental unit and an in-law apartment until 2004 (in-law apartment has one bedroom, living and breakfast nook, walk in closet and large bathroom) for self use (skiing and summer recreation). Move in condition. Ample space for RV and Boat parking. Originally advertised for \$875,000.00, now \$575,000.00. 504 Jensen Circle, IV, NV. The best buy and the least expensive buy on the market. (415) 661-9815. Photo available EMail: rgwallace@sbcglobal.net

Hunting Trips

Colorado Deer/Elk Hunts. Private ranches, Tresspass Fee Only. Contact Bob Brodnik, (415) 320-0628.

Lot for Sale

PINE MOUNTAIN LAKE, GROVELAND, CA. Half an acre about a minutes walk to the lake, main marina and beach. Near Golf Course and Pine Mountain Lake country club, swimming pool and tennis courts. Amenities also include, stables, airport, lake fishing and fly pond fishing, Lot is on public sewer system \$60k OBO. E-mail Suekerry@sbcglobal.net.

Motorcycle For Sale

1991 FXRS LOW RIDER SPORT HARLEY DAVIDSON. Like new. Custom painted tank and fenders and stock tank and fenders also custom and stock chrome. Front forks just refinished and new tires. Top end just done. New exhaust. Many extras, helmets custom and stock painted. Jackets, chaps male and female, saddle bags, gloves, goggles, glasses, bike cover. Runs and handles like a dream. Contact Les Adams (415) 613-4692.

2006 HONDA CBR 954. 23,000 miles Black & Silver paint, race exhaust, tank bag, new slick race tires. Never laid down \$9500. Call Katherine (707) 393-9432

2004 YAMAHA YZF-R1 1000 CC, Silver, Very low miles (6,500). Excellent condition, never been down, never raced, always garaged. Oil changed every 1,500 miles, synthetic only. Modifications include: DynoJet Power Commander III, w/USB Port, Grave Motors Slip-On Exhaust, Frame Sliders, Racing Air Filter. Asking \$7,500. Contact Joe (415) 254-8055.

Vacation Rental

RELAX IN CARSON VALLEY! Carson Valley Golfers Retreat Vacation Home Rental. Gorgeous Views of the Sierra Mountains, 4 Bed, 2.5 Baths, 2300 s.f. SFPD/SFFD Member Rates: \$150 night or \$900 Week Call Vince at (415) 302-2500

KAUAI — KIAHUNA PLANTATION, POIPU BEACH! Owner direct rental rates 50% plus discount. Beautiful 1 bedroom/1 bath sleeps 4. Unit overlooks the Moir Garden at the only "beachfront" condominium project in Sunny Poipu. Email Rpmapiest@aol.com or call Patty or Roy at (925) 676-0568

TUCSON ONLY \$125 PER NIGHT. 1,100 sq.ft. 2 bedroom, 2 bath condo newly renovated and refurbished at 5500 N. Kolb. Ideal for that family getaway. 2 pools and workout facility on property. 2 full golf courses nearby. Unobstructed view of the Catalina mountains from the patio. Bookings on first come, first served basis. Call Chris (707) 337-5514

Vacation Rental

FALL-STIMULUS-PACKAGE SPECIAL FOR SFPD 2 bedroom/2 bath South MAUI CONDO RENTAL available September 10 to October 29. \$99 night 5 night minimum. sleeps 2-6 (winter dates, also available — ask for rate). Located across from Maui's BEST BEACH — 6 tennis courts, 3 pools and barbecues on 10 acres of security patrolled tropical gardens. Enjoy nightly palm tree sunsets from our private lanai or walks on our local sandy shored beach. Condo is located within walking distance to shopping, dining, scuba, surfing lessons and swimming with turtles! Numerous Championship golf courses near by. View our condo at: www.VRBO.com/221566. Contact Alan McCann, (925) 672-0578. MauiCondo.MauiVista@gmail.com. Mention that you saw the SFPDPOA ad!

SOUTH LAKE TAHOE VACATION RENTAL Looking for a rustic cabin in the woods with a big screen TV? Take a look at this home perfect for families and larger groups. With sleeping for up to 10, a large living room with 50' TV and dining area, this property is wonderful for the vacations with budget in mind! Located just 4 miles to the casinos and less to the beaches and Heavenly Ski Resort. This home features 3 bedroom, 2 baths with 1600 square feet of room. Each room has a television with either a dvd/vcr player. Gas fireplace and nice wrap around deck to enjoy the scenery. Phone Maricela at 415-260-3484 or visit <http://www.vacationhomerentals.com/41600>

GOLF GETAWAY IN THE REDWOODS. This beautiful two bedroom, two bath home is right on Northwood Golf Course (the fourth hole is your backyard). The amenities include complete kitchen, VCR, cable television, deck and hot tub. There is a third room with bunk beds unattached from the house. Call Mike Siebert (415) 342-2241 for more information.

ENJOY THIS 2 BEDROOM, 2 BATH CONDO in sunny old town Scottsdale AZ. Just steps away from the Giants Spring training stadium. This gated community offers 2 swimming pools, 2 spas, large fitness room and is next to the community golf course with bike/walking paths. ENJOY, NBA, PGA, NASCAR, NFL SUPER BOWL, NHL. Washer/dryer in unit, with plenty of storage. Pictures available on Scottsdalesprings.com. Contact Patti and Gary (650) 355-7770. SFPD OWNED

Wanted

S&W CENTENNIAL SERIES, Model 40, blue steel; Model 60, Stainless. Contact retired #1771 (415) 648-4332

I AM INTERESTED IN PURCHASING POA Journal issues Aug. 08, July 06, Apr. 05 and Notebook issues Apr. 98, Apr. 97, July 96, Feb., Mar., & Dec. 95, Aug. 90, Jan., Feb., May, & June 89, Nov. 88 and any prior to January 1988. Contact Greg Corrales at (415) 759-1076 or at gc1207@comcast.net. Thank you.

"OLDER" MODEL COLT GUNS. Contact Thomas Moore at (415) 648-4332.

Free Classified Advertising Available for POA Members

- To place a free classified ad, you must be an active or retired POA member.
- A member may run only one classified ad per issue. However, a member may repeat the same ad in three consecutive issues. An ad may run for three additional issues upon request of advertiser.

Ads must be typewritten and submitted to the POA, attn: *Journal* Advertising in any of the following ways: US Mail, to the POA office; Interdepartmental mail, to the POA office, Email to journal@sfpoa.org

2009 SFPOA Golf Tournament, September 14

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Tia Margarita Restaurant	\$50 Gift Certificate
Supperclub SF	Dinner for Two
Johnny Foley's Irish House	\$100 Gift Certificate
Nob Hill Spa	\$35.00 Guest Day Passes
Campton Place Hotel	One-Night Stay
Scoma's	\$100 Gift Certificate
Capp's Corner	Dinner for two
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Cache Creek	Dinner for Four
Jackson Rancheria	2 \$25 Dinners
Half Moon Bay Golf	Round of Golf for Two w/cart
Hyatt SF	Two-Night Stay
Robinson Rancheria	Two-Night Stay
The Olympic Club	Round of Golf for Four w/carts
Roddy Ranch	Round of Golf for Two w/cart
Four Seasons Hotel	One-Night Stay
Parc 55 San Francisco	Two-Night Stay
Marriot	One Night Stay w/breakfast for Two
House of Prime Rib	4 Dinners for Two
Green Hills Country Club	Round of Golf for Four w/2 carts
Big 5	\$25 Gift Certificate
Alioto's	2 \$100 Gift Certificates
MoMo's	\$100 Gift Certificate
Paragon	\$100 Gift Certificate
O'Neill's Irish Pub	\$100 Gift Certificate
Hennessy's Wines and Gourmet Foods	Case of Wine
San Francisco Wine Center	Various Wines
Mr. Ben Potenziano	S F Giants Memorabilia
Mr. Jorge Costa & Mr. Gene Telucci	S F Giants Memorabilia
Dominic Yin and Monica McDonald	26" LCD HDTV Sharp TV
Pegasus Leather Mike Popoff	\$500 Gift Certificate
Hyatt Regency San Francisco Airport	Family Style Wine Dinner for 10 people in Scalini (\$1,000)

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Thank you Robert Lee for your generous donation.

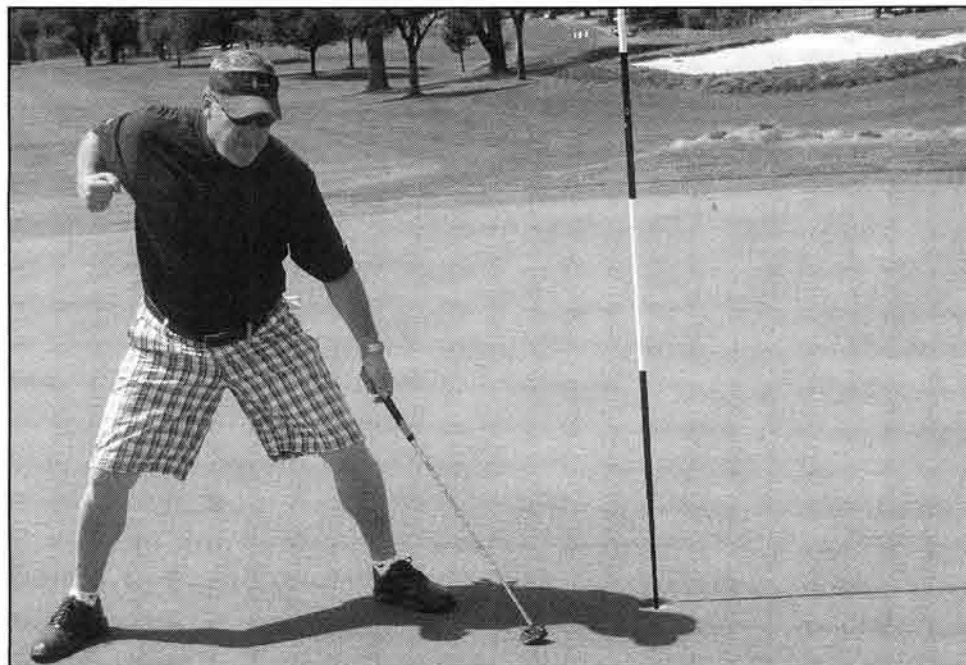
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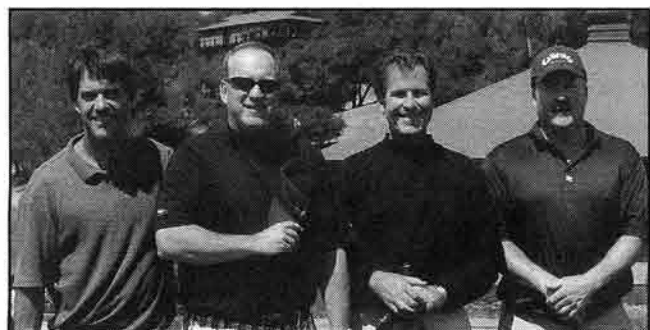


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