



## POA Supports MOMS and US Troops Abroad

By Michael Nevin  
Southern Station

I had very little doubt that members of this department would respond favorably to the POA-endorsed effort supporting Mothers of Military Service Members (M.O.M.S.). But this effort has exceeded even the highest expectations. M.O.M.S. Constance Newton and Holly Curtin have made several trips to pick up "shopping list" items and donations benefiting our troops abroad.



L-R Lori Bowie (SFPD Records and future M.O.M.), Constance Newton (President/Founder M.O.M.S.), Holly Curtin (M.O.M. and wife of Joe Curtin, Burglary)

Many folks went above and beyond the call of duty beginning with our entire Command Staff, lead by Chief Heather Fong. The Investigations Bureau and District Stations citywide stepped up big. Pat Burke (Park Station) and the



Michelle Alvis, Mark Im, Kevin Martin, Maina Tuimavave, Michelle Spears, Mike Nevin

department, and special thanks go out to all of you who have supported this important drive. Proud M.O.M.S. along with grateful sons and daughters appreciate your honorable effort.



Room 400 - The Investigations Bureau: L-R Perveen Khaliq, Jeff Brogan, Patty Linehan



Left to right: Central Station's Sgt. Linda Wittcop, Ofc. Debra King, Ofc. Mark Alvarez, Lt. James Calonico.



Newcal Industries (One Front St.) L-R Scott Korte, Graham Wiseman (Senior Account Executive), Rod Manning (Vice President Sales), Mike Nevin

folks from Kaiser Hospital chipped in. Monika Elek, DDS, donated a box of toothbrushes and toothpaste. Newcal Industries (One Front Street) donated a load of supplies that is still being weighed!

Extraordinary generosity exists throughout the department,

## President's Message

By Gary Delagnes  
SFPOA President

I don't have a lengthy message this month, except to urge all POA members to exercise your right to vote in the coming POA election. This is your association, and it will be you who determine the future of this organization through your participation and vote. Ballots will arrive at your mailing addresses in just a matter of days. Please read them carefully and vote for the candidates in whom you have the most faith and confidence.

On behalf of all the POA staff, I wish all of you a safe and happy New Year.



## American Legion visits VA Hospital



Members and family of American Legion Police/Fire Post #456

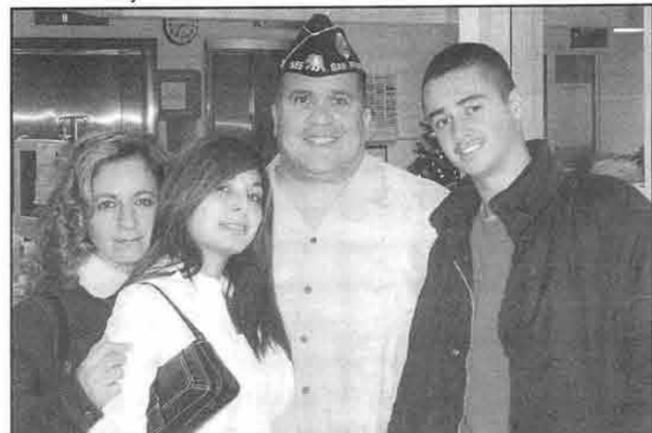
By Bob Belt

On December 14, 2004, members of the police/Fire Post #456 of the American Legion visited the San Francisco Veterans' Hospital to spread a little Holiday cheer to our hospitalized veterans.

Thanks to donations from the San Francisco Police Officers Association, the San Francisco Deputy Sheriffs Association, the SF District Attorney's Investigators, the Police/Fire Insurance Association, and Sergeant Jennifer Forrester, SFPD, the members of the American Legion were able to distribute Christmas cards, \$115 in cash, cookies, and other gifts to the permanent residents of the facility.

Those who participated in this thoughtful annual hospital visit are: American Legion Commander Bob Belt, Al and Maritza Casciato, Mark Hurley, Bob Quinn, Joe and Shannon Long, Jeremiah Morgan, Rene and Susan LaPrevotte, Rich Struckman, Joe Juarez and family, Paul Wallace (SFPD), and John Scully.

PHOTOS BY JEREMIAH MORGAN



The Juarez Family

# Board of Director's and General Membership Meeting

## Wednesday December 15, 2004 – 1300 Hours

President Gary Delagnes called the meeting to order and led the attending members in the pledge to our flag.

Secretary Martin conducted roll call.

In his President's Message, Gary Delagnes thanked all of the board of directors for all their work in the past years. He also thanked outgoing board of directors and Station representatives for their dedication to our association.

President Delagnes was happy to report that David Lee and Officer Matt Tonsing had their cases exonerated. President Delagnes also reported that after several meetings with the D.A.'s office, a plea bargain was dropped in the Victoria Green case in which she threw bleach into the eyes of six officers from the Bayview. The case has been sent back to court for a preliminary hearing.

Regarding promotions, President Delagnes reported that the current Sergeants list will expire on 4/22/05. It is possible that the list could be extended for six months. Although there are 20-25 requisitions available, the Chief has been ordered by the Mayor's office not to promote at this time.

President Delagnes then opened the meeting up to accept nominations for positions on the Executive Board and Board of Directors for the P.O.A.

The following members have been nominated for executive board positions for the P.O.A. general election in January 2005:

- President:** Gary Delagnes  
Dan Linehan  
Carl T
- Vice-President:** Joseph Buono  
Kevin Martin
- Secretary:** Tony Montoya
- Treasurer:** Marty Halloran

The following members have been nominated for Board of Director/Station-Unit-Detail Representative for the P.O.A. general election in January 2005:

- Co. A:** George Rosko  
Ron Ophir  
Jesse Heredia
- Co. B:** Mike Nevin  
Chris Breen
- Co. C:** Derrick Jackson  
Mike Moran  
Dominic Yen
- Co. D:** Teresa Ewins  
Jim Miller
- Co. E:** John Van Koll  
Tim Flaherty
- Co. F:** Patrick Burke  
Mike Siebert
- Co. G:** Russ Gordon  
Dean Sorgie

- Co. H:** Jennifer Marino  
Michael Walsh  
Michelle Jean  
Maris Goldsborough
- Co. I:** Joe Finigan  
John Scully
- Co. J:** Theresa San Giacomo  
Hector Basurto  
Jesus Pena
- Co. K:** Don Moorehouse  
Dean Taylor  
Al McAnn
- Headquarters:** Matt Castagnola  
Neville Gittens  
Dennis Callaghan
- Tactical:** Jason Lawyer  
Mark Madsen
- Investigations:** Jim Balovich  
Glenn Sylvester  
Pierre Martinez
- Airport Bureau:** Bob Swall  
Bob Belt  
Elizabeth Maron  
Ken Canedo  
Mike Chapman
- Retired:** Ray Allen

Val Kirwan made a motion to close the nominations. Theresa San Giacomo seconded the motion.

The motion passed by unanimous voice vote.

P.O.A. Presidential candidate Dan Linehan then brought a motion to the floor under new business. Dan Linehan made a motion that prior to the ballots being sent out, the candidates for President and Vice-President shall have a debate on the issues facing the P.O.A. Subject to the call of the acting President, each candidate or their designee shall meet prior to December 31, 2004 to discuss and approve the debate format which shall include not less than sixty (60) minutes of questions from the members in attendance. A majority of the candidates shall agree to the format location and time of debate. Prior to the questions of the membership, the presidential and vice-presidential debate shall last not less than thirty (30) minutes. The entire debate shall be recorded and distributed throughout the entire department. A P.O.A. bulletin shall be issued throughout the department not less than ten (10) days prior to the debate format, date, time, and location.

The motion was seconded.

P.O.A. parliamentarian Mike Hebel advised Dan Linehan and attending membership that per P.O.A. by-laws, any member may submit issues for the agenda. Issues not listed on the agenda may not be discussed except with the consent of two-thirds of the members present at the meeting (Article VIII-

section 1). Mike Hebel also advised that ten percent (10%) of the general active membership shall constitute a quorum for the transaction of all business coming to the attention of the membership at a membership meeting.

A motion to discuss this issue was

defeated by a vote of 51-36.

The meeting was adjourned shortly thereafter at approximately 1430 hours.

*Respectfully submitted,*  
**Kevin Martin,**  
*POA secretary*

## Board of Directors Meeting Roll Call Wednesday, December 15, 2004

President	Gary Delagnes	P
Vice President	Jack Minkel	P
Secretary	Kevin Martin	P
Treasurer	Marty Halloran	P
Editor	Ray Shine	P
Co. A	Ron Ophir George Rosko	P P
Co. B	Chris Breen Mike Nevin	P P
Co. C	Mike Moran Derrick Jackson	P P
Co. D	James H. Miller Teresa Ewins	P P
Co. E	Steve Murphy John Van Koll	P P
Co. F	Mike Siebert Patrick Burke	P P
Col G	Dean Sorgie Sean O'Leary	P P
Co. H	Jennifer Marino Mike Walsh	P P
Co. I	John Scully Joe Finigan	P P
Co. K	Frank Lutticken Don Moorehouse	P P
Hdqtr.	Dennis Callaghan Neville Gittens	P P
Narcotics	John Cagney Lynne Atkinson	E E
Tactical	Mark Madsen Jason Sawyer	E P
Invest.	Jim Balovich Pierre Martinez	P P
TTF	Jesus Pena Theresa San Giacomo	E P
Airport	Robert Belt Bob Swall	P P
Retired	Gale Wright	P

**The San Francisco Police Officers Association**  
**POA JOURNAL**  
(USPS #882 320)

PUBLISHED MONTHLY \$10 PER YEAR  
OFFICIAL PUBLICATION OF  
THE SAN FRANCISCO POLICE OFFICERS ASSOCIATION  
800 BRYANT ST., 2nd FL., SAN FRANCISCO, CA 94103  
(415) 861-5060  
[www.sfpoa.org](http://www.sfpoa.org)

**SFPOA BOARD OF DIRECTORS**

PRESIDENT .....	Gary Delagnes	Co. H .....	Jennifer Marino, Michael Walsh
VICE PRESIDENT .....	Jack Minkel	Co. I .....	Joe Finigan, John Scully
SECRETARY .....	Kevin Martin	Co. J .....	Jesus Pena, Theresa San Giacomo
TREASURER .....	Marty Halloran	Co. K .....	Frank Lutticken, Donald Moorehouse
Co. A .....	Ron Ophir, George Rosko	TAC .....	Mark Madsen, Jason Sawyer
Co. B .....	Chris Breen, Mike Nevin	INSPECTORS .....	Jim Balovich, Pierre Martinez
Co. C .....	Derrick Jackson, Mike Moran	HEADQUARTERS ...	Dennis Callaghan, Neville Gittens
Co. D .....	Teresa Ewins, James H. Miller	NARCOTICS .....	Lynne Atkinson, John Cagney
Co. E .....	Steve Murphy, John Van Koll	AIRPORT BUREAU .....	Robert Belt, Robert Swall
Co. F .....	Patrick Burke, Mike Siebert	RETIRED .....	Gale Wright
Co. G .....	Sean O'Leary, Dean Sorgie		

**ASSOCIATION OFFICE: (415) 861-5060**

ADDRESS ALL CORRESPONDENCE TO: Editor, *POA Journal*, 800 Bryant St., 2nd Floor, San Francisco, CA 94103. No responsibility whatever is assumed by the *POA Journal* and/or the San Francisco Police Officers Association for unsolicited material.

The *POA Journal* is the official publication of the San Francisco Police Officers Association. However, opinions expressed in this publication are not necessarily those of the SFPOA or the San Francisco Police Department.

Members or readers submitting letters or articles to the editor are requested to observe these simple rules:

- Address letters to the Editor's Mail Box, 800 Bryant St., 2nd Floor, San Francisco, CA 94103.
- Letters must be accompanied by the writer's true name and address. The name, but not the street address, will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be typed, double-spaced, or submitted on disk in Microsoft Word.

**ADVERTISING:** Contact Ray Shine, Advertising Director (415) 861-5060

POSTMASTER: Send address changes to *POA Journal*, 800 Bryant St., 2nd Fl., San Francisco 94103. Periodicals Postage Paid at San Francisco, CA.

**EDITORIAL POLICY:** The *POA Journal* is the official newspaper of the San Francisco Police Officers Association and is published to express the policies, the ideals and the accomplishments of the Association. It is the *POA Journal's* editorial policy to allow members to express their individual opinions and concerns within the necessary considerations of legality and space. Submissions that are racist, sexist, and/or unnecessarily inflammatory or offensive will not be published. Contributors must include their names with all submissions but may request that their names not be printed. Anonymously submitted material will not be published. The SFPOA and the *POA Journal* are not responsible for unsolicited material. The editors reserve the right to edit submissions to conform to this policy.

**REPRINT/REPRODUCTION POLICY:** The POA and *POA Journal* reserve all rights. Reproduction or redistribution in whole or in part of any text, graphic, or photograph printed in the *POA Journal* is prohibited without express permission from the POA. Any other use is unauthorized. Express permission from the POA can only be obtained from the editor, or from an authorized person on the POA Executive Board or president's staff, or from an author, artist, photographer or other proprietary person who is entitled to copyright privileges as ascribed by law. The POA and the *POA Journal* do not necessarily consider persons depicted or represented by graphics, photographs, or other likeness obtained in a public venue to be "public figures" and any reproduction or redistribution of said graphic or photograph may also require the express permission of the person depicted. Any altering of, or unauthorized redistribution of, or other use of a graphic or photograph published in the *POA Journal* that misrepresents the original context of its use is expressly prohibited.



## POA Supports MOMS and US Troops Abroad

By Michael Nevin  
Southern Station

I had very little doubt that members of this department would respond favorably to the POA-endorsed effort supporting Mothers of Military Service Members (M.O.M.S.). But this effort has exceeded even the highest expectations. M.O.M.S. Constance Newton and Holly Curtin have made several trips to pick up "shopping list" items and donations benefiting our troops abroad.



L-R Lori Bowie (SFPD Records and future M.O.M.), Constance Newton (President/Founder M.O.M.S.), Holly Curtin (M.O.M. and wife of Joe Curtin, Burglary)

Many folks went above and beyond the call of duty beginning with our entire Command Staff, lead by Chief Heather Fong. The Investigations Bureau and District Stations citywide stepped up big. Pat Burke (Park Station) and the



Michelle Alvis, Mark Im, Kevin Martin, Maina Tuimavave, Michelle Spears, Mike Nevin

department, and special thanks go out to all of you who have supported this important drive. Proud M.O.M.S. along with grateful sons and daughters appreciate your honorable effort.



Room 400 - The Investigations Bureau: L-R Perveen Khaliq, Jeff Brogan, Patty Linehan



Left to right: Central Station's Sgt. Linda Wittcop, Ofc. Debra King, Ofc. Mark Alvarez, Lt. James Calonico.



Newcal Industries (One Front St.) L-R Scott Korte, Graham Wiseman (Senior Account Executive), Rod Manning (Vice President Sales), Mike Nevin

folks from Kaiser Hospital chipped in. Monika Elek, DDS, donated a box of toothbrushes and toothpaste. Newcal Industries (One Front Street) donated a load of supplies that is still being weighed!

Extraordinary generosity exists throughout the department,

## President's Message

By Gary Delagnes  
SFPOA President

I don't have a lengthy message this month, except to urge all POA members to exercise your right to vote in the coming POA election. This is your association, and it will be you who determine the future of this organization through your participation and vote. Ballots will arrive at your mailing addresses in just a matter of days. Please read them carefully and vote for the candidates in whom you have the most faith and confidence.

On behalf of all the POA staff, I wish all of you a safe and happy New Year.



## American Legion visits VA Hospital



Members and family of American Legion Police/Fire Post #456

By Bob Belt

On December 14, 2004, members of the police/Fire Post #456 of the American Legion visited the San Francisco Veterans' Hospital to spread a little Holiday cheer to our hospitalized veterans.

Thanks to donations from the San Francisco Police Officers Association, the San Francisco Deputy Sheriffs Association, the SF District Attorney's Investigators, the Police/Fire Insurance Association, and Sergeant Jennifer Forrester, SFPD, the members of the American Legion were able to distribute Christmas cards, \$115 in cash, cookies, and other gifts to the permanent residents of the facility.

Those who participated in this thoughtful annual hospital visit are: American Legion Commander Bob Belt, Al and Maritza Casciato, Mark Hurley, Bob Quinn, Joe and Shannon Long, Jeremiah Morgan, Rene and Susan LaPrevotte, Rich Struckman, Joe Juarez and family, Paul Wallace (SFPD), and John Scully.

PHOTOS BY JEREMIAH MORGAN



The Juarez Family

# Board of Director's and General Membership Meeting

## Wednesday December 15, 2004 – 1300 Hours

President Gary Delagnes called the meeting to order and led the attending members in the pledge to our flag.

Secretary Martin conducted roll call.

In his President's Message, Gary Delagnes thanked all of the board of directors for all their work in the past years. He also thanked outgoing board of directors and Station representatives for their dedication to our association.

President Delagnes was happy to report that David Lee and Officer Matt Tonsing had their cases exonerated. President Delagnes also reported that after several meetings with the D.A.'s office, a plea bargain was dropped in the Victoria Green case in which she threw bleach into the eyes of six officers from the Bayview. The case has been sent back to court for a preliminary hearing.

Regarding promotions, President Delagnes reported that the current Sergeants list will expire on 4/22/05. It is possible that the list could be extended for six months. Although there are 20-25 requisitions available, the Chief has been ordered by the Mayor's office not to promote at this time.

President Delagnes then opened the meeting up to accept nominations for positions on the Executive Board and Board of Directors for the P.O.A.

The following members have been nominated for executive board positions for the P.O.A. general election in January 2005:

- President:** Gary Delagnes  
Dan Linehan  
Carl T
- Vice-President:** Joseph Buono  
Kevin Martin
- Secretary:** Tony Montoya
- Treasurer:** Marty Halloran

The following members have been nominated for Board of Director/Station-Unit-Detail Representative for the P.O.A. general election in January 2005:

- Co. A:** George Rosko  
Ron Ophir  
Jesse Heredia
- Co. B:** Mike Nevin  
Chris Breen
- Co. C:** Derrick Jackson  
Mike Moran  
Dominic Yen
- Co. D:** Teresa Ewins  
Jim Miller
- Co. E:** John Van Koll  
Tim Flaherty
- Co. F:** Patrick Burke  
Mike Siebert
- Co. G:** Russ Gordon  
Dean Sorgie

- Co. H:** Jennifer Marino  
Michael Walsh  
Michelle Jean  
Maris Goldsborough
- Co. I:** Joe Finigan  
John Scully
- Co. J:** Theresa San Giacomo  
Hector Basurto  
Jesus Pena
- Co. K:** Don Moorehouse  
Dean Taylor  
Al McAnn
- Headquarters:** Matt Castagnola  
Neville Gittens  
Dennis Callaghan
- Tactical:** Jason Lawyer  
Mark Madsen
- Investigations:** Jim Balovich  
Glenn Sylvester  
Pierre Martinez
- Airport Bureau:** Bob Swall  
Bob Belt  
Elizabeth Maron  
Ken Canedo  
Mike Chapman
- Retired:** Ray Allen

Val Kirwan made a motion to close the nominations. Theresa San Giacomo seconded the motion.

The motion passed by unanimous voice vote.

P.O.A. Presidential candidate Dan Linehan then brought a motion to the floor under new business. Dan Linehan made a motion that prior to the ballots being sent out, the candidates for President and Vice-President shall have a debate on the issues facing the P.O.A. Subject to the call of the acting President, each candidate or their designee shall meet prior to December 31, 2004 to discuss and approve the debate format which shall include not less than sixty (60) minutes of questions from the members in attendance. A majority of the candidates shall agree to the format location and time of debate. Prior to the questions of the membership, the presidential and vice-presidential debate shall last not less than thirty (30) minutes. The entire debate shall be recorded and distributed throughout the entire department. A P.O.A. bulletin shall be issued throughout the department not less than ten (10) days prior to the debate format, date, time, and location.

The motion was seconded. P.O.A. parliamentarian Mike Hebel advised Dan Linehan and attending membership that per P.O.A. by-laws, any member may submit issues for the agenda. Issues not listed on the agenda may not be discussed except with the consent of two-thirds of the members present at the meeting (Article VIII-

section 1). Mike Hebel also advised that ten percent (10%) of the general active membership shall constitute a quorum for the transaction of all business coming to the attention of the membership at a membership meeting.

A motion to discuss this issue was

defeated by a vote of 51-36.

The meeting was adjourned shortly thereafter at approximately 1430 hours.

*Respectfully submitted,*  
**Kevin Martin,**  
*POA secretary*

## Board of Directors Meeting Roll Call Wednesday, December 15, 2004

President	Gary Delagnes	P
Vice President	Jack Minkel	P
Secretary	Kevin Martin	P
Treasurer	Marty Halloran	P
Editor	Ray Shine	P
Co. A	Ron Ophir George Rosko	P P
Co. B	Chris Breen Mike Nevin	P P
Co. C	Mike Moran Derrick Jackson	P P
Co. D	James H. Miller Teresa Ewins	P P
Co. E	Steve Murphy John Van Koll	P P
Co. F	Mike Siebert Patrick Burke	P P
Col G	Dean Sorgie Sean O'Leary	P P
Co. H	Jennifer Marino Mike Walsh	P P
Co. I	John Scully Joe Finigan	P P
Co. K	Frank Lutticken Don Moorehouse	P P
Hdqtr.	Dennis Callaghan Neville Gittens	P P
Narcotics	John Cagney Lynne Atkinson	E E
Tactical	Mark Madsen Jason Sawyer	E P
Invest.	Jim Balovich Pierre Martinez	P P
TTF	Jesus Pena Theresa San Giacomo	E P
Airport	Robert Belt Bob Swall	P P
Retired	Gale Wright	P

**The San Francisco Police Officers Association**  
**POA JOURNAL**  
(USPS #882 320)

PUBLISHED MONTHLY \$10 PER YEAR  
OFFICIAL PUBLICATION OF  
THE SAN FRANCISCO POLICE OFFICERS ASSOCIATION  
800 BRYANT ST., 2nd FL., SAN FRANCISCO, CA 94103  
(415) 861-5060  
[www.sfpoa.org](http://www.sfpoa.org)

<b>MANAGING EDITOR</b> Ray Shine	<b>SPORTS EDITOR</b> Nick Shihadeh
<b>WEBMASTER</b> Jason Hui	

**SFPOA BOARD OF DIRECTORS**

PRESIDENT .....	Gary Delagnes	Co. H .....	Jennifer Marino, Michael Walsh
VICE PRESIDENT .....	Jack Minkel	Co. I .....	Joe Finigan, John Scully
SECRETARY .....	Kevin Martin	Co. J .....	Jesus Pena, Theresa San Giacomo
TREASURER .....	Martin Halloran	Co. K .....	Frank Lutticken, Donald Moorehouse
Co. A .....	Ron Ophir, George Rosko	TAC .....	Mark Madsen, Jason Sawyer
Co. B .....	Chris Breen, Mike Nevin	INSPECTORS .....	Jim Balovich, Pierre Martinez
Co. C .....	Derrick Jackson, Mike Moran	HEADQUARTERS .....	Dennis Callaghan, Neville Gittens
Co. D .....	Teresa Ewins, James H. Miller	NARCOTICS .....	Lynne Atkinson, John Cagney
Co. E .....	Steve Murphy, John Van Koll	AIRPORT BUREAU .....	Robert Belt, Robert Swall
Co. F .....	Patrick Burke, Mike Siebert	RETIRED .....	Gale Wright
Co. G .....	Sean O'Leary, Dean Sorgie		

**ASSOCIATION OFFICE: (415) 861-5060**

ADDRESS ALL CORRESPONDENCE TO: Editor, POA Journal, 800 Bryant St., 2nd Floor, San Francisco, CA 94103. No responsibility whatever is assumed by the POA Journal and/or the San Francisco Police Officers Association for unsolicited material.

The POA Journal is the official publication of the San Francisco Police Officers Association. However, opinions expressed in this publication are not necessarily those of the SFPOA or the San Francisco Police Department.

Members or readers submitting letters or articles to the editor are requested to observe these simple rules:

- Address letters to the Editor's Mail Box, 800 Bryant St., 2nd Floor, San Francisco, CA 94103.
- Letters must be accompanied by the writer's true name and address. The name, but not the street address, will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be typed, double-spaced, or submitted on disk in Microsoft Word.

**ADVERTISING:** Contact Ray Shine, Advertising Director (415) 861-5060

**POSTMASTER:** Send address changes to POA Journal, 800 Bryant St., 2nd Fl., San Francisco 94103. Periodicals Postage Paid at San Francisco, CA.

**EDITORIAL POLICY:** The POA Journal is the official newspaper of the San Francisco Police Officers Association and is published to express the policies, the ideals and the accomplishments of the Association. It is the POA Journal's editorial policy to allow members to express their individual opinions and concerns within the necessary considerations of legality and space. Submissions that are racist, sexist, and/or unnecessarily inflammatory or offensive will not be published. Contributors must include their names with all submissions but may request that their names not be printed. Anonymously submitted material will not be published. The SFPOA and the POA Journal are not responsible for unsolicited material. The editors reserve the right to edit submissions to conform to this policy.

**REPRINT/REPRODUCTION POLICY:** The POA and POA Journal reserve all rights. Reproduction or redistribution in whole or in part of any text, graphic, or photograph printed in the POA Journal is prohibited without express permission from the POA. Any other use is unauthorized. Express permission from the POA can only be obtained from the editor, or from an authorized person on the POA Executive Board or president's staff, or from an author, artist, photographer or other proprietary person who is entitled to copyright privileges as ascribed by law. The POA and the POA Journal do not necessarily consider persons depicted or represented by graphics, photographs, or other likeness obtained in a public venue to be "public figures" and any reproduction or redistribution of said graphic or photograph may also require the express permission of the person depicted. Any altering of, or unauthorized redistribution of, or other use of a graphic or photograph published in the POA Journal that misrepresents the original context of its use is expressly prohibited.

# Staff Changes at POA

## Kelly O'Donnell Moves On; Megan McGoldrick Joins Staff

By Ray Shine  
Editor

A bright new face will now greet members and visitors entering the POA office. Joining senior office staffer Yvonne Huey is Megan McGoldrick. Megan has been hired to take the place of Kelly O'Donnell at the front desk. Kelly is leaving to travel in Europe with her two sisters, and, upon her return, to pursue a management career in marketing.

Kelly joined the POA team several years ago after Louise Wright retired. A graduate of Chico State University with a degree in Marketing, Kelly took a job in our front office and offered invaluable organizational service during an unprecedented and protracted period of POA transition. Among the events and projects that she participated in were the move from the old POA building into the new facility, and the myriad of organizational tasks that entailed; the resignation of Chris Cunnie and transition in leadership to the Delagnes, Minkel, Martin, and Halloran team; the senseless murder of Isaac Espinoza and the frenzy of events that surrounded that tragedy; and the retirement of senior staffer Laverne Petrucci and re-delegation of her duties and tasks. Add to that her assistance with POA Journal advertising and occasional editorial duties and we have a tremendous, versatile talent bidding us a fond farewell.

When asked what she would miss



Megan McGoldrick

most at the POA, Kelly replied that she would miss the people and the officers, and the nearly constant state of crisis that the office staff dealt with on a daily basis. "There's always something happening" she added, "When it rains, it pours."

We wish Kelly all the best in her career pursuits, and thank her for her dedicated employment in the service of our association. We trust, as well, that she will take with her fond memories of us and a sense of pride in helping this organization move forward in its service and in its sorrow, even if it was progress measured by fits and furies.

# Organizational Changes in the POA Journal in 2005

By Ray Shine  
Editor

Starting with this issue of the POA Journal, a few organizational changes are in effect.

\* All of Pages 2 and 3 will be reserved for the reporting of POA bulletins, news, business, corrections/clarifications, and announcements. Calendar events, retirement news, and deadline information will be regularly reported on these pages. Paid advertising will be excluded from these pages.

\* The monthly Widows and Orphans Aid Association report by Mark Hurley has been moved to Page 4. It will be joined on that page by regular new features: Letters to the Archive; A Look Back in History; and the Trivia Corner. If space allows, paid advertising may appear on this page.

\* Al Casciato's popular column, Around the Department, has been

moved to Page 5.

\* American Legion Police/Fire Post news will no longer appear on Page 2. Monthly reports and other articles will appear under that banner when occasionally received by the POA Journal.

\* The Fellowship of Christian Peace Officers column will no longer appear as a regular feature. Occasional articles of personal commentary relative to the welfare of our members may appear under that banner when submitted and written by a POA member.

\* Traffic Tips, the informative column by Sergeant John Nestor, will be regularly presented under the SFPD Training and Education banner. Joining it will be a new feature by Mark Hawthorne, Ask the CSI Guy, and articles and news submitted by the San Francisco Police Academy, the SFPD Range, Public Affairs, and other SFPD units.

## 2005 POA Journal Submission Deadlines

These are the deadlines for submission of articles, bulletins, photographs, and members only free classified ads. Deadlines are subject to change without notice, but whenever possible the new deadline will be published in a timely manner. Paid advertising deadlines are separate. Contact the editor for information regarding advertising deadlines at [journal@sfpoa.org](mailto:journal@sfpoa.org).

To appear in...	The submission deadline is ...
February 2005	January 24, 2005
March 2005	February 21, 2005
April 2005	March 25, 2005
May 2005	April 25, 2005
June 2005	May 23, 2005
July 2005	June 23, 2005
August 2005	July 22, 2005
September 2005	August 24, 2005
October 2005	September 23, 2005
November 2005	October 24, 2005
December 2005	November 21, 2005
January 2006	December 22, 2005

# Calendar of Events

Mark your calendars for the following meetings and events by the POA and its friends and supporters. Check here often for the posting of new events, and the updating of old ones. All dates and times are subject to last minute changes, so always contact the event coordinator to confirm dates and times. If you have an event you would like posted on our calendar, contact the editor at [journal@sfpoa.org](mailto:journal@sfpoa.org).

Event	Location	Date & Time	Coordinator
<b>Memorial Service</b> for Agent Heladio Robledo Edgar III	Contact Coordinator	Early January, Contact Coordinator	Elaine Edgar 916-739-1200
<b>Meeting</b> , Veteran Police Officers Association	3255 Folsom, SF	January 11, 2005, 11:00 AM	Gale Wright 415-731-4765
<b>Meeting</b> , Widows & Orphans Aid Association	Ingleside Police Station, Community Rm	January 11, 2005, 2:00 PM	Mark Hurley 415-681-3660
<b>Meeting</b> , POA Patrol Committee	POA Building	January 15, 2005, 11:00 AM	POA Office, 415-861-5060
<b>Meeting</b> , Retired Employees of CCSF	Irish Cultural Center	January 18, 2005, 11:30 AM	Sara Johnson 415-681-5949
<b>January POA General Membership Meeting</b>	POA Building	January 19, 2005, 1:00 PM	POA Office, 415-861-5060
<b>Meeting</b> , POA Publications Committee	POA Building	January 20, 2005 11:00 AM	POA Office 415-861-5060
<b>Meeting</b> , POA Sports Hall of Fame Committee	POA Building	January 20, 2005 1:00 PM	Nick Shihadeh, Park Station, 415-242-3000
<b>Honorarium</b> , Chief Heather Fong and Asian Peace Officers Scholarships Award Dinner	New Asia Restaurant, 772 Pacific Ave. SF	January 21, 2005, 6:00 PM	Nelson Lum, Central Sta. 415-315-2400
<b>Election</b> , POA General Election	US Mail	January 24, 2005 thru February 11, 2005	Matt Gardner, Park Sta. 415-242-3000
<b>Election</b> , CCSF Retirement Board, Final Day to Vote	US Mail	December 27, 2004 to January 31, 2005	CCSF Retirement Board
<b>Celebration</b> , POA New Year's Dinner Dance	Ft. Mason Center	February 12, 2004, 6:30 PM	SFPOA, 415-861-5060
<b>Tournament</b> , "Guns & Hoses" Charity Tennis Challenge	SF Tennis Club, 5th and Brannan	April 30, 2005, 4:00 PM	Anna Brown, 415-553-1180
<b>Memorial</b> , California Police Officers Memorial, Honoring SFPD Officer Isaac Espinoza	Sacramento, California	May 5 and 6, 2005	Val Kirwan, SRO Program 415-558-5400
<b>Memorial</b> , National Peace Officers Memorial Honoring SFPD Officer Isaac Espinoza	Washington, DC	May 13, 14 and 15, 2005	Val Kirwan, SRO Program 415-558-5400
<b>Fundraisers</b> , Buzz-the-Fuzz events for Wish Upon A Star Foundation	San Francisco	May of 2005	Mike Siebert, 415-242-3000

## WIDOWS' AND ORPHANS' AID ASSOCIATION

The regular meeting of the Widows' and Orphans' Aid Association of the San Francisco Police Department was called to order by President George Jeffery at 2 PM in the conference room of Ingleside Station.

**PLEDGE OF ALLEGIANCE:** Led by President George Jeffery.

**ROLL CALL OF OFFICERS:** President George Jeffery. Vice President Fred Pardilla excused. Treasurer Jim Sturken, Secretary Mark Hurley. Trustees Dave Fontana, Joe Garrity, John Centurioni, Rene La Prevotte. Mike Kemmitt excused. Also in attendance newly nominated Trustee Matt Gardner. Past Presidents Bob Mc Kee, Bill Hardeman and Al Aguilar.

**COMMUNICATIONS:** Thank you notes from the widows of Tony Salido and Joe Northen for the kindness and assistance rendered during a very difficult time.

**BILLS:** Treasurer Sturken presented the usual bills. Motion by Hardeman and seconded by La Prevotte that the bills be paid. Motion carried.

### WE HAD ONE DEATH THIS PAST MONTH:

**ROBERT B. STEWART**, 68 years. Bob was born in Oneida, Arkansas. He joined the Navy after High School and after serving his country and being discharged moved to San Francisco. He worked as an Airport security officer and attended San Francisco City College before entering the Police Academy in 1966.

His first assignment was Ingleside Station. There, he was victim of a sniper as he was leaving the station and suffered a rifle shot to his leg. After a few months recovering, he was transferred to BCI. A few months later, he was assigned to Park Station before being assigned to Traffic, Solos. He suffered a severe work related injury when he was chasing a speeder and had to put the bike down. He returned to work and was put on light duty working the back window at the traffic detail.

His good friend Jack Sweeney worked with him and they kept the whole office in stitches. A lot of his friends called him "Stew". One day I saw him with a beautiful gold Star of David on a thick gold chain. I said, "Stew I didn't know you were Jewish." He said, "I'm not, but I like the Star." Stew always lit up the room when he came in was very well liked by all he came in contact with. He retired in 1992.

**NEW MEMBERS:** With the payment of back dues, Matthew Maciel. President Jeffery so ordered that he be accepted.

**SUSPENSIONS:** Pursuant to Article III, Section 3 of the by-laws (did not complete probationary period) Stephen Wright. President Jeffery so ordered.

**REINSTATED:** Pursuant to Section 5 of Article III of the Constitution, with the payment of back dues, David Faingold.

**REPORT OF TRUSTEES:** Mr. Bruce Bain of Bank of America gave his monthly report on the condition of our account. We are doing quite well the last few months and our patience is starting to show with the profits our account is posting in the different sectors we are in. Our total equity is up 8.7%. Hedge Fund up 4 %, REIT up 28.5%. He recommended that we sell 900 shares of Honeywell for \$33,000.00 and 1000 shares of Qualcomm for \$44,000.00 and buy 1,000 shares of McDonalds for \$33,000.00 and 500 shares of Nike for \$43,000.00 The Trustees agreed to the transaction.

**NEW BUSINESS;** The nominations for Officers and Trustees was closed. The Officers running this year are President Fred Pardella, Vice President Mike Kemmitt. Trustees Dave Fontana and Matt Gardner and Secretary Mark Hurley. President Jeffery so ordered the election results. They will join Treasurer Jim Sturken, Trustees Joe Garrity, Rene La Prevotte and John Centurioni.

**OLD BUSINESS:** Trustee Dave Fontana met with the Sick Sergeant and brought up the problem we have had in the past with members coming off of unpaid leave and not being put back on pay roll deduction. We will work on a form and all returning members will be advised to check that they are still paying to stay in the Widows' and Orphans'.

**ADJOURNMENT:** President Jeffery had a moment of silence for our departed member and also for the Men and Women serving their country in the Armed Forces. He set the next meeting for Tuesday January 11, 2005 at 2 PM in the conference room of Ingleside Station. Note the change we will meet on the second Tuesday of each month.

Fraternally,  
Mark Hurley, Secretary

## Mail to the Archive

### SFPOA

In about 1946, when I was about 18 years old and looked much younger, I had taken an "adventure" and hitch-hiked across the country from my home in Michigan. After a few months of living briefly in various places, I ended up broke and hungry in San Francisco. Having no money and no place to go I hung around the bus station. An officer was going to cite me for vagrancy because I had no money and no ticket.

It must have been on a Sunday. I told him this unlikely story, which was absolutely true, that I had pawned my watch the day before so that I could call my Dad and have him send me some money so I could get a bus ticket and come home. My Dad said that, it being a weekend, he couldn't get to the bank, but would wire me money on Monday. The officer bought the story which, as I said, was absolutely true and not only that, marched me over to the lunch counter and told the waitress to "give this young man something to eat." I don't know who ended up paying for the meal, the officer or Greyhound or whoever, but I remember that I hadn't eaten for a couple of days and it was appreciated, to say the least.

I have remembered this act of kindness for almost 60 years, and would like to finally contribute something to your organization to acknowledge this thoughtfulness. It is not as much as I would like but hope it can be used by you for some worthwhile purpose.

Sincerely,  
Allen Hall,  
Billings, Montana

### SFPOA -

Can you tell me the time period San Francisco police officers would have been wearing the uniforms that included the old fashioned "Tall Helmet?"

I have an undated street scene photo of my grandfather in such a uniform with no other information other than a verbal family statement that he was a San Francisco Officer.

I have no occupation information for him between 1880 and 1910, after that none as a police officer.

Thank you for your attention, any information appreciated.

Jim Barrett  
Mapleton, Oregon

### Dear Mr. Barrett,

I am happy to assist you with the information you requested. I forwarded your request to our most esteemed expert on the history of the SFPD, retired Deputy Chief Kevin Mullen.

In his response, Chief Mullen wrote: "The helmets were officially used from April 1895 until December 1914. As with anything, there were some who didn't wear them right away and I expect it took a while to phase them out in 1914. Prior to the helmets, officers wore very tall derbies which looked sort of like the helmets."

Included in his email response, Chief Mullen attached an electronic



reproduction of an old photograph showing an officer wearing the "tall derby" worn prior to the era that you reference. I enclose a copy for your review. If this is the headwear worn by your grandfather, then you have your answer. He was wearing a "tall derby" issued to officers prior to April of 1895, and the photo of your relative was probably taken before that date.

If the headwear in the photo provided by Chief Mullen does not look like the one being worn by your grandfather, then your grandfather's photo was probably taken after 1895 when helmets were commonly worn.

I would be very interested in reviewing the photograph in your possession. From it, we may be able to discern other things that would help us more closely approximate the date and place that the photo was taken. If you have the capability to forward to us a scanned copy of the photo for our archive, it would be very much appreciated. (For a nominal cost, scanning and email services are commercially available at places such as Kinko's or FedEx outlets. Our email address is: [journal@sfpoa.org](mailto:journal@sfpoa.org).)

I hope that Chief Mullen and I have been able to provide you with the information you needed. The San Francisco Police Officers Association is working very hard to develop our archive in the hope that we can preserve as much of our rich and colorful history as possible. It is a challenging but rewarding task.

Sincerely,  
Ray Shine,  
Managing Editor  
POA Journal

## Retirements

The San Francisco Police Officers' Association congratulates the following members on their recent service retirement from the SFPD. We are always disappointed when old friends move on, but it must be agreed that each of these members is deserving of a long and healthful retirement. They will be difficult to replace, as they take with them decades of collective experience and job knowledge. List alphabetically by last name, the most recent retirees are:

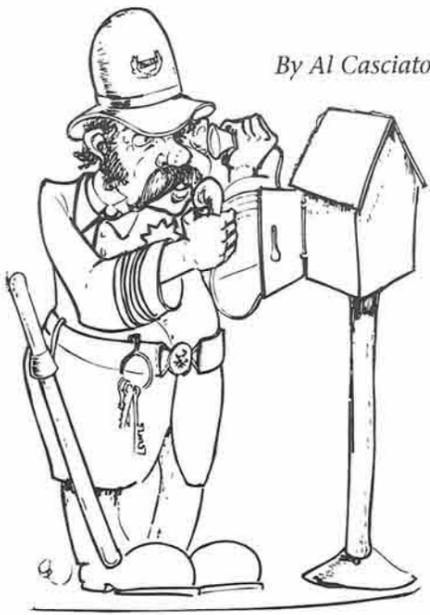
Officer Michael Farrell #513, from Planning Division  
Officer Alfred Robinson #532, from the Airport Bureau  
Officer Billy R. Smith #202, from Bayview Station  
Inspector Philip Tummarello #803, from Investigations Bureau  
Sergeant Michael Wilson #2133, from Taraval Station  
Sergeant Daylene Wood #2221, from Support Services



If you have a question for the archive about the history of the department, the association, or a relative, email the archive at [journal@sfpoa.org](mailto:journal@sfpoa.org). We have a limited search capability, but if you are not in a hurry for an answer, we will do our best to locate a record, an old article, or old photo from the archive.

Additionally, if you have an old article, photograph, or other item that you would like help with determining a location date, or identity, then photograph the item and email it to us for our review. If you have any old records, photographs, or other items that you would like to donate to the archive, then please contact us at the web site.

# AROUND THE DEPARTMENT



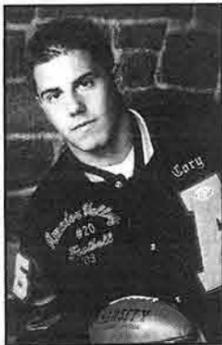
By Al Casciato

### ...Pearl Harbor Remembered:

On December 7, 2004 retired Lt. Oscar Tully stood before several hundred pension plan trustees who had gathered in San Francisco for the Public Pensions Conference. As a Pearl Harbor Survivor Oscar had been asked to say a few words and open the conference with the Pledge of Allegiance. His words mesmerized the trustees. He spoke of being a 20 year old sailor on the USS Tennessee which was berth next to the USS Arizona on December 7, 1941. At 0755 hours while preparing his gun mount for 0800 inspection he heard a loud boom. First he thought the Army was running an exercise. Then the bombs and torpedoes came and for the next 35 minutes there was total chaos. He then spent the rest of the day fighting fires and towing bodies to the temporary morgue dock. Oscar closed his comments by saying that in the 63 years that have followed what happened that day has been etched in his mind forever. The trustees gave him a standing ovation. As Oscar left the ballroom he was greeted by Sandy White a trustee from Marin County. Sandy is the daughter of a Pearl Harbor Survivor (deceased), she just wanted to say hello and shake his hand. Oscar's son Dewayne Tully (Public Affairs) and I heard and felt history that morning. Oscar thanks for sharing. Everyone in the room was deeply moved...

### ...MVP:

Nancie Guillory (Mission Station) is very proud of her son Cory Guillory who was chosen as 2004 Most Valuable Player of the East Bay Athletic League. In the highly competitive league competition for MVP was very tight. But much to his credit the hard working Cory was selected not only for his field accomplishments but also for his leadership and inspiration. Qualities that make the entire Guillory family and us very proud...



Cory Guillory

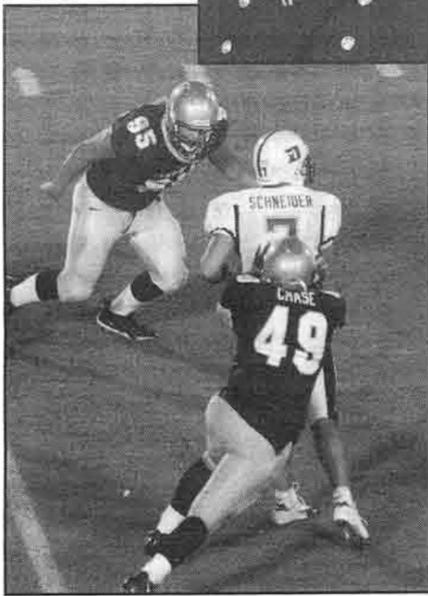
### ...Emerald Bowl:

The Emerald Bowl (Navy vs. University of New Mexico) held December 30 at SBC Park has an SFPD connection.

Navy midshipman #95 John Chan is the son of retired Solo Mike Chan. John was the Captain of the De La Salle High



John Chan



School in 2002 which ended its season at 138 consecutive wins. Mike also reports that retiree John Payne and former SFPD member Susan Manheimer both have children at the Naval Academy. Keep an eye out for John he has two more seasons with Navy. Cheer him on...

### ...Births:

Congratulations to Southern Station's Hank and Stefanie Lum on the birth of their first child, Kate Elise Lum 9 lbs. 21 inches born November 19, 2004 at San Francisco's California Pacific Medical Center. Mother and daughter are doing well. Dad however got an N.R.T on his diaper changing skill, but is slowly improving.

Gordon and Allesandra Clark, FOB, welcomed their second child Austin James Clark 6 lb 15oz 21 inches on Oct 23, 2004, 1506 hours at Children's Hospital San Francisco. Big sister Emelia, 3 years is jumping with joy. Austin looks like mom with lots of dark hair. Dad says he's envious.

Steve and Vivian Haskell, Southern Station, welcomed their second child on November 1, 2004. John George Haskell weighed in at 6lb 11oz 17 inches long. John got a new cousin very shortly when Nick and Anna Rainsford, Northern Station were blessed with the birth of their first child Thomas Francis Rainsford born December 9, 2004 5lb 5 oz 19 inches in length. Both boys are in perfect health and growing rapidly. Three year old Nikoletta Haskell is very thrilled with her new brother and cousin and is helping mom and auntie (the sisters) with the little ones. Congratulations to all...

### ...Located:

Former Northern Station Officer Ron Stansberry has surfaced as a Lieutenant with the Stockton Police Department. Word has it that after bouncing around several small departments he has finally found a home in Stockton. We wish him well...

### ...Holes-in-One:

On November 30, 2004 at the Blue Rock East Golf Course in Vallejo members of the SF Police Golf Club aced two holes. Bob Ford, Park Station, drilled the 8th hole while Dave Seid, Solos, dropped it in the 11th. The custom is that those scoring an ace shall purchase a round at the 19th hole. Bob Ford got off cheaply as Blue Rock has

only a beer and wine license. He was also aided by the fact that several players had to leave early by-passing the clubhouse, among them Dave Seid who was riding with Bob Huegle. Poor David, his round of libations was put in the Golf Club's bank and will be collected upon at the first tournament of the New Year. Dave you should have let Huegle go on his own...

### ...Honorees:

On Saturday December 4, 2004 Veterans of Foreign Wars (VFW), Chinatown Post 4618 honored three SFPD Officers as VFW Chinatown Post Officers of the Year, 2004 - 2005. The honorees were Officers Kirk Yin and Craig Dong, Ingleside Station and Inspector James Pon of the Gang Task Force. We thank the VFW for their recognition of the fine work of the SFPD and salute the honorees for their dedication to duty. Good job...



Trustee Sandy White, Marin County greets Oscar Tully December 7.

### ...New Year:

We wish all a very happy New Year. May you all be blessed with good health and happiness...

Announcements, notices or tidbits can be e-mailed to [alfmsf@aol.com](mailto:alfmsf@aol.com), faxed to 552-5741, or mailed to *Around the Department*, 800 Bryant St., 2nd Floor, SF, CA 94103.

# Cast your ballot for Al Casciato for the Retirement Board

## From the Archive...

It seems like only yesterday, but it has been five years since we endured the events and tragedies surrounding Y2K. The turning of the millennium was a much ballyhooed, global event that in the end proved little more memorable than any other New Year celebration.

For the San Francisco Police Department, and of course all of us at the POA, the new millennium began with tragedy rather than expectation and optimism.

While returning from a service flight in foul weather, the SFPD helicopter in which Officers Kirk Brookbush and Jim Dougherty were flying crashed onto a central valley farm field, killing both veteran officers. That accident was also the death knell for the SFPD helicopter unit.

The January 2000 edition of the POA newspaper also saw a name change. Passing into the archive went the name "Notebook." In its place was installed the *POA Journal*, the current name of the official POA publication. Aside from a reworking of the POA masthead — adding the gold outline to the lettering — the new name and format now enters into its sixth volume of printing the news and events of the POA.

# JOURNAL

— Of The —  
SAN FRANCISCO POLICE OFFICERS' ASSOCIATION

VOLUME 32, NUMBER 1      SAN FRANCISCO, JANUARY 2005      www.alfpoa.org

**POA Mourns Death of Two Members**

**Helicopter Crash Claims Veteran Officers**

Two of the department's finest officers perished in a department helicopter crash on Tuesday, January 11, 2000. The pilot, Inspector Kirk Brookbush, and the observer, Officer Jim Dougherty, were returning to San Francisco after a routine maintenance flight. The wreckage of their Bell 430 helicopter was found in a field near the Central Valley town of Chowchilla on Wednesday morning.

Inspector Brookbush was a 27-year veteran of the department and a member of the 122nd recruit class. He worked a variety of assignments including Park and Central stations, the Photo Lab, and Tactical Air Support.

Officer Dougherty was a 35-year veteran. He became the third member of the 119th recruit class to be killed in the line of duty. His name will join the names of Douglas Giddis and James McWay on the Wall of Honor at 4000 Broadway Street. Jim Dougherty served in the Accident Investigation Bureau, at Park and Tassal Station, and in Tactical Air Support.

As we go to press the terrible event has not occurred. Funeral plans are pending. There will be more tributes paid to these two men in the Primary Issue of the Journal.

The men and wives of the San Francisco Police Officers' Association extend their condolences to the families of both of these exemplary police officers. It is a tragedy to lose one of our members to such a great and sudden loss. Our thoughts and prayers are with the families, and this association will be there for them over the course of the difficult days ahead.

God Bless Inspector Kirk Brookbush and Officer James Dougherty.

**A MESSAGE FROM THE PRESIDENT**

The sad news of the deaths of Kirk Brookbush and Jim Dougherty have pulled our gaze from the past and directed us to the future. We must look back to the coming year in new "dreaded" with grief and sadness. As friends and coworkers of Jim and Kirk, we have much to reflect upon in the coming days. I know that we will pull together and support each other. The Brookbush and Dougherty families, and the department administration in this difficult time. We will pull together just as we did two weeks ago when we worked along with Kirk and Jim in one of our department's finest moments...

Many officers and civilian peace officers who served in the 1970s and 1980s were awarded safe and secure by the Police and Fire Pension Fund. It is our duty to ensure that the same is true for the future. I know that the day we will be remembered in this district is not just for the past, but for the future. I know that the day we will be remembered in this district is not just for the past, but for the future. I know that the day we will be remembered in this district is not just for the past, but for the future.

**What Has Become of the POA Notebook?**

Notice to our membership, readers, subscribers and advertisers:

As you are all aware, we have changed the name of our association newspaper to the *POA Journal*. We feel that the new name more accurately represents the content of our paper.

We are also changing the word "Journal" to "Journal" in the masthead, and as a "periodic" dealing especially with matters of current interest. As we seek to more accurately represent the content found in a regular issue, from the POA publication to printed as a monthly, we would be happy to have you send us your comments and current events. Rather, our content will be responsive, objective, and based on the facts.

Our masthead has a new look as well. As well, it was felt that the new look more accurately represents the content of the paper in the masthead, and we are also adding an air of sophistication and professionalism to our masthead.

For the next few issues, we will be expanding our use of photos, graphics, and a more reader-friendly layout. The beginning of a New Year is a new century, and we feel that it is time to make these changes. We are also adding an air of sophistication and professionalism to our masthead.

For the next few issues, we will be expanding our use of photos, graphics, and a more reader-friendly layout. The beginning of a New Year is a new century, and we feel that it is time to make these changes. We are also adding an air of sophistication and professionalism to our masthead.

For the next few issues, we will be expanding our use of photos, graphics, and a more reader-friendly layout. The beginning of a New Year is a new century, and we feel that it is time to make these changes. We are also adding an air of sophistication and professionalism to our masthead.

**Martin Luther King, Jr.**

"And let us move on in these powerful days, these days of challenge to this America, that it might be a better America, a better nation. And I want to thank God, once more, for allowing me to be here with you."

— Martin Luther King, Jr.

Excerpted from "I've Come to the Mountaintop", his final sermon, delivered on the eve of his assassination, April 4, 1968, in Memphis, Tennessee.

January 15 is the birth date of Dr. Martin Luther King, Jr., the San Francisco Police Officers' Association has chosen to observe the day during the National Holiday that celebrates his life and his struggle for equality and justice throughout this nation. — Chief Officer, President

# SFPD Training and Education

## ASK THE C.S.I. GUY

By Mark Hawthorne

This month's column presents some interesting topics. The most important is one that asks, "Why is physical evidence such a big deal? Aside from being able to identify someone through their fingerprints and DNA, what else can physical evidence do?"

Let the CSI guy begin by saying the topic is not as simple as one might be led to believe.

With no fewer than ten shows currently being aired on both cable and prime-time, and in particular CSI being the number one rated show at the present time, simply relying on physical evidence to do certain things is ill advised.

Because of the popularity of forensic programs on the broadcasting medium, all people involved in the case expect to see physical evidence as part of the case. Where physical evidence is absent, those involved want to know why. Those individuals include the investigators, the Assistant District Attorneys (ADAs), the judges, and yes, even jurors. Now do those people have the technical knowledge about physical evidence or have they derived their knowledge from watching the broadcast medium? I think you can answer that question without my assistance.

Therein lies the answer to why physical evidence is such a big deal. Even the most experienced ADA or Investigator may not possess the necessary knowledge encompassing physical evidence and how it was de-

veloped and analyzed. As you can see, the necessity of cooperation between patrol, investigations, CSI, and the DA's office has never been more important.

The detection, collection, analysis, and presentation of physical evidence is multi-faceted. Let me begin by using an example that most of us are familiar with — fingerprints.

To properly assess the probability of recovering latent prints at a crime scene, the investigator must use a combination of skills. These skills consist of experience, knowledge, and training all working together to determine the best areas, items, and chemical process to use, and don't forget analysis of the path of the criminal suspect.

Once all those skills have been implemented and the proper procedure has been utilized, a recovery of a usable or several usable latent prints may result. Depending on the technique used, a permanent record must be generated. That record must then be used in such a manner as to provide the best opportunity of making an identification. Questions to ponder include, is the quality sufficient to enter into the Automated Fingerprint Identification System (AFIS), or is there a known suspect to conduct a comparison?

So as one can see, the process is a bit laborious. Oh, and did I mentioned, the recovery rate at crime scenes of latent fingerprints averages 30%. As you can see, the odds are somewhat stacked against us, so we persevere. Why? The short answer, because fingerprints are such a strong form of physical evidence. As we have all been taught, fingerprints are unique to an individual, they never change, and fingerprints lend themselves to comparison, classification, and filing. Fingerprints as a form of personal identifica-

tion have been challenged numerous times since their introduction as a form of evidence in this country in Illinois in 1911. Time and time again, fingerprints have withstood the challenges. Important? You be the judge.

So when one thinks of crime, fingerprints are naturally part of the equation. To address the other issue of fingerprints, namely testifying in court about fingerprints, or expert testimony, that is a topic unto itself and may be the subject of a future column.

The other type of evidence that was mentioned, DNA, is equally as complex to detect, collect, and analyze. DNA also possesses an individualized uniqueness just as fingerprints do, but with one exception, which I will address later.

DNA, or Deoxyribonucleic Acid, is contained in every cell of the human body and other living organisms. As one sheds cells, those cells are deposited onto items handled or where there has been interaction between individuals. The analysis of DNA is undertaken through a scientific process undertaken by members of the serology team of the crime lab.

What, might you ask, does this have to do with a crime? Put your thinking caps on and determine what items and individuals may be productive for the presence of sweat, body fluids, hair, or skin. What types of crime may this involve? Just about anything.

However, one must keep in mind, to develop a DNA profile is much more expensive and time consuming than dealing with fingerprints. That is why at the present time, DNA analysis is limited to critical major crimes such as death cases and sexual assault. Other cases will be analyzed based upon a particular criteria and the seriousness of the particular case in question.

Probably the type of cases that many of you have come to assume DNA will be used is with firearms. "We want it swabbed for DNA," seems to



be one of the standard lines by many officers. Again, the swabbing of a weapon will be done under limited circumstances (see appropriate Department Bulletin for guidance) if the case fits the criteria. That is not to say disregard the possibility of DNA being obtained from weapons. The best piece of advice the CSI guy can give you at this time is simple: When handling items where there is the remotest possibility of a DNA swab, wear fresh latex gloves when handling the evidence, and document the history of the handling of the evidence.

To address the question, what else can physical evidence do, the CSI guy says: A whole bunch.

Aside from the obvious, such as identifying a specific individual, the physical evidence can be used to corroborate statements or other evidence, disprove statements or allegations, provide investigative leads, identify a specific item or substance, or be used as a psychological tool. As I said earlier, today more than ever, the expectation of seeing physical evidence associated with a case is a real expectation based upon the experiences of those who will be judging the case. To fall short of doing all we can to identify, collect, preserve and analyze physical evidence is doing a disservice to the public we have sworn to protect.

Keep in mind that today we are on the cutting edge of technology, and technology is providing valuable resources to investigations. But without the conscientious efforts of all of us involved in the investigative process, that technology is worth nothing.

# Quiznos SUB

## INVITES

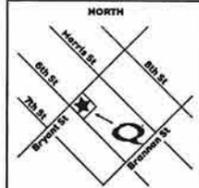
# ALL WITH BADGES

# FOR A TOASTY TREAT.



MMMM...TOASTY!

## GET A LARGE SUB FOR THE PRICE OF A REGULAR SUB



501 6th Street  
San Francisco, CA 94103  
P: 415-977-0800  
F: 415-977-0705  
Expires: 01/30/05



Not applicable on Diamond Mini Meltz™, Everyday Toasty Specials™, TV offers, or delivery orders. This coupon must be presented and surrendered when ordering. Only one coupon may be redeemed per order. May not be combined with any other offer or coupon. Applicable taxes not included. Valid only at participating locations. Void where prohibited by law. Not redeemable for cash unless prohibited by law, then cash value is \$1.005. No substitutions.

Copyright 2004 The Quizno's Master LLC



**Marla Moresi-Valdes**  
"I AM COMMITTED TO MAKING YOUR AMERICAN DREAM COME TRUE."

**She Knows Her Way Around The Bay Area**  
A San Francisco native, Marla knows the city and the surrounding counties well.

**Honesty, Integrity, & Service**  
Marla brings a fresh perspective to the real estate business and is passionate about her work. Her clients say she demonstrates an integrity that is rare to find.

When representing buyers she works tirelessly on their behalf to find them the perfect home within their budget. For sellers she delivers a drive and work ethic that guarantees them the highest price possible. In addition, she treats every listing with a level of service worthy of a multi-million dollar property.

**I WILL DONATE 5% OF MY EARNINGS FROM YOUR TRANSACTION TO A CHARITY OF YOUR CHOICE, IN YOUR NAME.**

~Senior Deputy Daniel Rosen



415.296.2193 | [mmoresi@mcguire.com](mailto:mmoresi@mcguire.com)  
560 Davis Street | San Francisco, CA

Marla was a godsend. She handled my first home purchase. I found her to be very knowledgeable and had complete trust in her ability. Marla was proactive throughout the entire process and explained things in a clear and concise way for me. Buying a home is a frustrating process - but Marla was the best part of my experience. She simplified the process and worked hand in hand with the mortgage broker to insure the best possible interest rate was locked. Marla stayed on top of everything and kept the ball rolling. I couldn't say enough about what a pro she is.

Marla was a pleasure doing business with! She sold my home in San Francisco very quickly and assisted in the purchase of my new home in Marin. Her punctuality and follow-through skills were impeccable. She is knowledgeable, friendly, and has excellent customer service skills. She was very thorough and answered all of my questions clearly. She kept open lines of communication throughout the whole process. I would highly recommend her services.

~San Francisco Police Officer Vincent Etcheber

*Issues directly affect street cops*

# Positive Strides for New Patrol Committee

By Chris Breen, Chair  
Patrol Committee

POA President Gary Delagnes, Steve Johnson and I recently had a conversation in which we talked about the ongoing need to solicit opinions from patrol officers about what changes need to be made in order to make their jobs more practical and efficient.

All three of us agreed that the first step towards effective change would require patrol personnel to exchange new ideas, preferably in a committee setting. We also realized that for true change to come about, the Administration would have to be receptive to new ideas, or the objective of the committee would be fruitless. Based on these concepts, the POA formed the new "Patrol Committee".

During our first committee meeting in November, Lt. Nicole Greely, Officers' Kevin Mannix, Russ Gordon, Tessa Escobar-Donati, Cesar Perez and myself graciously volunteered our time to exchange numerous ideas on how we could more effectively do our jobs on patrol, especially given the 80% minimum staffing level that is here to stay. Some of the new ideas discussed at the meeting included: district stations assigning a 1-person car to only take, "cold reports, thereby freeing-up sector cars for more important calls for service; better utilization of TeleServe; creation of a special computer mask for "852" reports; equipping all patrol sergeants with a palm pilot to be used as a reference aid; and possibly elimi-

nating some department forms that are rarely, if ever used.

This is only a small sampling of some of the innovative ideas that this diversified committee came up with in our first meeting. The one assurance I gave the committee members prior to adjourning was that I would personally speak with Deputy Chief Greg Suhr, FOB, about the ideas, and more importantly about the objective of the committee, in the hope that he would seriously consider implementing change.

A short time later, I met with D/C Suhr to discuss the ideas. I found that the Deputy Chief was not only receptive to several of the ideas, but he also requested to become an active member of the committee.

The Patrol Committee will be an ongoing committee, expected to meet once a month. I strongly encourage anybody who has ideas regarding patrol, including the elimination of current inefficient procedures, to drop me a note at the POA. I will present your idea to the committee and D/C Suhr. As I stated earlier in this article, the 80% minimum staffing levels are here to stay, which is going to force all of us, including patrol officers, middle management, and the command staff to start thinking "outside the box." In order to properly staff the streets, while at the same time giving officers the opportunity to take time off, it is now time for effective change has to take place.

## Trivia Quiz

- Which of the following individuals has the most cumulative years of elected service to the San Francisco Police Officers Association?
  - Al Casciato
  - Jerry Crowley
  - Paul Chignell
  - Mike Hebel
  - Bob Barry
- The "Blue Coats" were an early '70s splinter group of POA members who are credited with transforming the SFPOA from a social/fraternal organization into an active, vocal, and dynamic labor organization. Which group of names were NOT original members of the Blue Coats?
  - Al Perini, Jack Kerrigan, Phil Bill, and Tom MacDonald
  - Joe Patterson, Don Derenelli, Tom Carey, and Lou Calabro
  - Paul Chignell, John Kranci, Mario Tovanni, and Walt Gary
  - Jerry Crowley, Mike Hebel, John Robinson, and Gerry D'Arcy
- The San Francisco Police Officers Association was incorporated in what year?
  - 1927
  - 1946
  - 1970
  - 1971

**Answers:**  
 1) The answer is c; Paul Chignell, now the Captain of Ingleside Station, has a cumulative 18 years of elected service to the POA. Retiree and current POA Welfare Officer, Mike Hebel, has 17 years of cumulative elected service.  
 2) The answer is a: Although each was a career-long POA member, none were among the original Blue Coats. Each of the names listed in choices b, c, and d were original Blue Coat members.  
 3) The answer is b; The San Francisco Police Officers Association was incorporated in 1946.

### San Francisco Veteran Police Officers' Association

On the second Tuesday of every month, you can visit with other retired police officers at the Veteran POA meetings. We meet at the Immaculate Conception Parish Hall, 3255 Folsom St. Parking is good in the lower yard. Arrive by 11:00 AM and be on your way by 1:30 PM.

Call the Secretary to join at (415) 731-4765



or write to us at P.O. Box 22046, SF 94122.

The Veteran POA has 1045 members. Stay in touch!

## Martin Luther King, Jr.

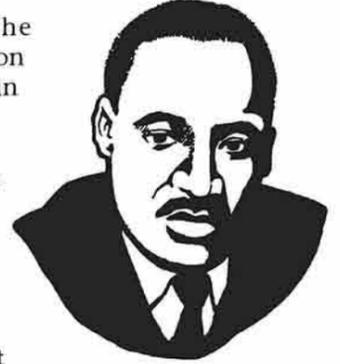
*"And let us move on in these powerful days, these days of challenge to make America what it ought to be. We have an opportunity to make America a better nation. And I want to thank God, once more, for allowing, me to be here with you."*

— Martin Luther King, Jr.

Excerpted from 'I've Been to the Mountaintop', his final sermon, delivered on the eve of his assassination, April 3, 1968, in Memphis, Tennessee

January 15 is the birth date of Dr. Martin Luther King, Jr. The San Francisco Police Officers Association pays honor and tribute to Dr. King during the National Holiday that celebrates his life and his struggle for equality and unity throughout this nation.

— Gary Delagnes, President



**Vote for Al Casciato for the Retirement Board**

**— SFPD NEW YEAR'S SPECIAL —**  
**50% OFF\* OUR ENTIRE MENU**  
 (BRING YOUR BADGE)

**VALID AT ALL MR. PIZZA MAN LOCATIONS IN SF**  
\*DISCOUNT APPLIES TO TAKE-OUT ORDERS ONLY ♦ OFFER EXPIRES 2/28/05

**"YOUR HARD WORK THROUGHOUT THE YEAR IS APPRECIATED"**

**SERVING SF'S FINEST DELIVERY RIGHT TO YOUR STATION**



**FREE 24 HOUR DELIVERY SF** **TRADITIONAL QUALITY CONTROL**  
**1-800-570-5111**

**FULL SIZE PIZZAS & CALZONES**

	Sm	Med	Lg	Xlg
Sauce & Cheese	8.99	10.99	13.99	15.99
Each Topping	1.19	1.39	1.59	1.79

FAX ORDERS TO: 415-551-3520 OR PLACE YOUR ORDERS ONLINE AT [www.mrpizzaman.com](http://www.mrpizzaman.com)



**PLUS A FULL MENU INCLUDING: • APPETIZERS AND SIDE ORDERS • PASTAS • SALADS • ENTREES • SOUP • SANDWICHES • DESSERTS • DRINKS**

**TOPPING**

• Whole Milk Mozzarella	• BBQ* Chicken	• Sun dried tomatoes*
• Pepperoni	• Marinated Chicken*	• Red Onion
• Salami	• Capers*	• Bell Peppers
• Shrimp*	• Feta Cheese	• Artichoke Heats
• Ground Beef	• Pineapple	• Fresh Garlic
• Ham	• Ricotta Cheese	• Fresh Spinach
• Canadian Bacon	• Zucchini	• Green Olives*
• American Bacon*	• Broccoli	• Black Olives*
• Linquica	• Mushrooms	• Anchovies

**MONSTER SPECIAL**  
 18" One Topping Pizza & FREE 2 Liter Soda  
**\$14.99+TAX**  
Cannot be combined. Mention coupon when ordering. Med. Exp. Jan-31-05

**2 MEDIUM PIZZA**  
 One Topping Each  
**\$18.99+TAX**  
Cannot be combined. Mention coupon when ordering. Med. Exp. Jan-31-05

**LARGE 16" CHEESE PIZZA**  
 Toppings Extra  
**\$11.99+TAX**  
Cannot be combined. Mention coupon when ordering. Med. Exp. Jan-31-05

## Retirement Planning Seminar

# Three Days At The Academy

By Mike Hebel  
Welfare Officer, Attorney, CFP

The SFPD regional police academy hosted the SFPD-POA semi-annual pre-retirement seminar (October 18, 19 & 20, 2004). The seminar has been expanded to include discussion of social security and medicare benefits, health service system plans, veterans' administration benefits, PERS long-term care, post retirement employment, retired/veteran employee organizations, health and nutrition, taxation, essentials of estate planning, and critical psychological issues presented by retirement.

This seminar, titled "The Gino Marionetti and Michael Sugrue Memorial Seminar", honors its two founders. May they rest in peace. This seminar is now in its 20th year having started in March 1985.

Special thanks to Chief Heather Fong and Captain Ron Roth for providing the necessary funding to expand the seminar subjects and to allow members a three day detail to make plans for a prosperous and rewarding retirement.

### 44 Participants

Forty-four participants attended this lively and informative seminar which was coordinated by Kelly O'Donnell, POA staff member.

The seat of honor, which is reserved for the most senior member in attendance, was given to Dave Letsch of the 121 recruit class (September 1971).

A special moment of appreciation was given to senior department members Marty Bastiani (48 years department service joining on 1-19-56) and Jim Wertz (47 years of department service joining on 12-16-56).

Most of the attendees were in the Tier II retirement plan having joined the department after November 1976. The 127th-135th recruit classes were well represented. The most recent academy class, for reference, was the 207th.

As expected, much discussion focused on the 3% at 55, 90% cap charter amendment which was approved by the voters at the November 2002 election. It passed with an unprecedented 65% majority.

Chief Heather Fong welcomed the participants and asked them to put to practical use the information that is contained in this 3 day seminar. She reminded the attendees that police work is a stressful occupation; she exhorted them to take good care of themselves, their families, and their future. Following the Chief's introductory remarks, attendee Rich Van Winkle told the class that he was the Chief's FTO.

POA president Gary Delagnes stated that a large exodus of police officers was expected over the next 12 to 18 months with as many as 150 re-



tirements from the sworn ranks. He presented the good news on the current MOU with pay raises set for the next 3 years having commenced on July 1, 2004 which, over this period, should exceed 23%. Gary was commended for his primary role in advancing, in ten years, the total compensation of SF police officers from #92 in the state of California to within the top 10 in the nation. Gary appears close to accomplishing his personal goal of financial freedom for the rank and file: a Q4 police officer, by July 1, 2007, receiving an annual wage of \$100,000 and thereafter retiring with an annual pension of \$90,000. Gary set forth the pay raises that have been received over the last decade: 1992 - 5%; 1993 - 5%; 1994 - 5%; 1995 - 0%; 1996 - 3.5%; 1997 - 3.5%; 1998 - 3.5%; 1999 - 5.5%; 2000 - 5.5%; 2001 - 8%; 2002 - 8%; 2003 - 0%; 2004 - 9% (with uniform allowance). What a record of accomplishment!

### Class Comments

Comments from the attendees during the course evaluation included: "very helpful and useful information. What an eye opener. A wonderful seminar — the Department did something good for us all. I am glad I came; everyone close to retirement should come to these. Much needed information; should be open to officers with 20 or more years of service. Super and marvelous; I enjoyed this seminar immensely. I am now more confident in the City's retirement system. I would hate to think what would happen if we retired without the knowledge that we now have. Great class, everyone should attend, keep them up. Very good, can I come again. Most practical course I have ever attended. Great facility, coordinators, and presenters."

### Instructor Comments

Gary Bozin, ING deferred compensation manager, noted that "retirement is a whole bunch of weekends strung together." Gary said that the police department's average deferred compensation balances are the highest amongst all city departments. He set forth the 5 most common retirement investing mistakes: miscalculating everyday living expenses, underestimating health care costs, underestimating life expectancy, investing too conservatively, and failing to recognize the impact of inflation. ING's Police Department deferred compensation account representative George Brown urged diversification in the deferred compensation program; he stated that nothing would help more than spread-

ing the risks with multiple, different style/approach funds. He recommended the use of 4 funds unless a person is a very conservative investor with all funds committed to the general, stable value fund. He said that the newly added life style funds (near term, mid term and long term), with their automatic daily rebalancing, were particularly attractive offerings.

When to start social security payments? The class agreed, the sooner the better. If you began to collect at age 62 (the earliest age allowable) rather than at age 66 (normal retirement age for baby boomers), it would take 14 years for the older recipients to catch up.

Wow! said many: a CCSF retirement pension (at 90%), deferred compensation distributions, and social security.

George Eimil, retired deputy chief and dedicated instructor in these seminars, said that he got into estate planning as an attorney when he realized after his 1986 retirement that he needed something more than golf to keep him occupied. George does an excellent job in explaining the basics of estate planning (wills, trusts, gifting, probate and its avoidance, estate taxes, powers of attorney, property titles, and medical directives). George covers a lot of territory in 50 minutes. His advice on dying remains: "If you have to, the year 2010 is best for federal estate tax avoidance." He again warned attendees not to put their real property in joint tenancy with anyone other than your spouse or domestic partner. With respect to titling property, he continues to urge the use of "community property with right of survivorship" for best tax advantages. He urged the use of a revocable living trust to avoid probate and to protect estate tax exclusions.

It was noted that the average retirement age for San Francisco police officers in 1931 was 71.5 years; in 2003, the average age was 52.5. Quite a difference in two generations.

### Tier I vs. Tier II

The participants reviewed the retirement/survivor benefits contained in the two police retirement plans. Tier I (pre-November 1976) remains superior for 3 main reasons: 1. spousal/domestic partner continuances are 25% larger; 2. cost of living adjustments are at least 2 times better; 3. and the marriage rights are superior (a Tier I member can marry after retirement, live one year, and then the spouse is entitled

continued on next page



Law Offices of  
Jones, Clifford, Johnson  
& Johnson, LLP

servicing injured workers since 1970

Specializing in workers' compensation,  
"on-duty" and "off-duty" personal injuries and  
retirement for public safety officers.

Yale I. Jones\*†

Francis V. Clifford\*

Kenneth G. Johnson

Steger P. Johnson

Christopher C. Dehner\*

Alexander J. Wong\*

J. Kevin Morrison

Kenneth M. Sheppard

\* certified specialists workers' compensation law state bar of california  
† of counsel

100 Van Ness Ave., 19th Floor | Telephone: (415) 431-5310  
San Francisco, CA, 94102 | Toll Free: (888) 625-2251  
www.jonesclifford.com

MAKING A FALSE OR FRAUDULENT WORKERS' COMPENSATION CLAIM IS A FELONY  
SUBJECT UP TO 5 YEARS IN PRISON OR A FINE OF UP TO \$50,000 OR DOUBLE THE  
VALUE OF THE FRAUD, WHICHEVER IS GREATER, OR BY BOTH IMPRISONMENT AND FINE.

to a continuation; for Tier II, the marriage must have occurred at least one year before retirement for there to be a spousal continuation entitlement).

To understand the cost of living adjustment (cola) differences, the class undertook a comparison exercise. One of the presenters, who retired, holding the rank of sergeant, in 1976 in the Tier I system with nearly 30 years service, received his first monthly check in the amount of \$1,130 — having contributed less than \$15,000 in retirement system contributions over his long career. In May 2004 that monthly check has grown to over \$4,100 thanks to the power of the cost of living adjustments. The class was asked to compute the May 2004 monthly check that would be received if this retiree had been governed by the Tier II cost of living adjustment. For purposes of this exercise, the class considered only the basic non-compounded 2% and not the supplemental 1% cola which is dependent upon Retirement System earnings. To their amazement, a Tier II retirement, over this same 28 year period, would have grown to only \$1,762.80. **The difference between a Tier I and Tier II monthly pension, in this example, was \$2,337.20 per month.** Why? Tier I grew at a 4.7% compounded rate; Tier II grew at a 2% non-compounded rate. Fortunately, the supplemental 1% cola has been paid for most years since its adoption in 1996. Tier II attendees quickly realized that a Charter amendment was needed to improve their annual cost of living adjustments.

**Other Observations**

Chief Fong continues the tradition of gifting every retiree with his/her police officer star as the Department's recognition for a job well done; this has also reduced to zero the number of missing/lost police star reports made by those members approaching retirement age.

Attendees were stunned by the costs of health coverage upon retirement. Few had realized just how good the POA Memorandum of Understanding is in keeping these costs down for members and their families. After retirement, there is no subsidized dental plan, but thanks to Proposition E (Nov. 2001 ballot) there now is a medical care monetary subsidy for the principal dependent. The member's health care cost on retirement, depending upon the plan selected and the number of dependents included, is zero or highly subsidized.

Special thanks to **Tom Cunnane**, SFPD physical training specialist, for his 8th presentation on exercise,

health, and nutrition. Tom noted the top 3 police disabilities: cardiovascular, gastro-intestinal, and low back. He delivered the good news that police officers are surviving/living longer into their retirements than 10 years ago. The reason: more awareness of positive behaviors and attitudes that lead to a healthy life style. Upon observing that diets don't work (he calls them starvation plans), Tom urged exercise and less eating. When asked how to determine if you need a diet, Tom quipped: "Look in a mirror!" Tom noted that the biggest health epidemic in the US is now diabetes due to excess sugar consumption. "America is getting fatter and less physically active." He urged all participants to become avid walkers (using the proper shoes) or gardeners. He recommends a heart monitor as a Christmas gift or an annual subscription to the UC Berkeley "Wellness Letter." He praised the benefits of 6 to 8 glasses of water daily (toxin removal) and vitamins C and E (anti-oxidant).

**Dr. Forrest Fulton**, Ph.D. (formerly of the behavioral science unit, retired July 2003, now studying to become a gerontologist) reminded the attendees that men are the suicide gender with men's rates now increasing and women's decreasing. Reason: women are better at expressing their feelings. He urged the use of stress reducers including restriction of caffeine and alcohol and the elimination of tobacco. Relying on the work of George Valliant entitled *Aging Well*, Dr. Fulton said that longitudinal research has shown what life styles led to a successful life. He mentioned: good attitude, positive self identity, intimacy in relationships, love-work-play in balance, career transitions, generous and giving back, keepers of meaning, mentoring other people, integrity and a personal value system, need for a retirement plan with fun and creativity, wisdom in old age, and a spiritual dimension to help give meaning to life.

**Next Seminar**

The next retirement planning seminar is scheduled for May 23 - 25, 2005. The seminar will be available to the first 50 persons, members and their spouses/partners, who contact the POA after the announcement is sent to all members with or near retirement eligibility. Preference is given to those members who are near retirement or who have already contacted the Retirement System for their retirement dates. The seminar fills up quickly so don't delay. Contact **Megan** at the POA (861-5060) if you desire advance notification of this seminar.

*Semper Fi*

**Bayview Veterans Celebrate Their Service in the Corp**

by *Eric Chiang*  
Bayview Station

I would like to call to attention some members of our department who have proudly served in our military. But equally important was the motivation to eat well in the Bayview District. As anyone who has ever worked there knows, there is nothing to eat but fast food during swing and midnight shifts.

Bayview Station Officers Borgen, Bates, Birco, Brown, Hastings, Rodriguez, Chu, and Wise have all served in the their beloved United States Marine Corp. These marines got together on the Corp's anniversary, November 10, and threw a birthday party for SFPD members. Members from all branches of service and all district stations were invited. Of

course, Police Captain Greg Corrales paid his respects. Bayview Station Captain Rick Bruce loved the idea of all of the police officers getting together and sharing some down time.

There was plenty of tri-tip steak, chicken, hot dogs, salad, and cake. These marines decorated Bayview Station with flags, Marine posters, and the on going playing of "Full-Metal Jacket". The tradition of cutting the cake by the senior member and offering it to the most junior was also done with pride. Although this was a celebration for Marines, it really was a great way to honor ALL those who have served in ALL branches and those who are still serving the call to duty overseas.

Here is a picture of some of our proud men and woman who served our Nation.



**Happy New Year SFPOA!**

**We're here for your New Year's Resolutions:**

- Start saving for next year's expenses
- Consolidate high rate credit cards to one account
- Purchase Dream Car
- Think about what to do with investments

**Call us for the personal attention you've come to enjoy!**



**(800) 222-1391**  
**www.sfpcu.org**



**NCUA** Savings Federally Insured to \$100,000 by NCUA, an Agency of the U.S. Government.

We do business in accordance with the Federal Fair Housing Law and the Equal Credit Opportunity Act. **Equal Housing LENDER**

**INVESTMENT SERVICE**

**GET TO KNOW YOUR REPRESENTATIVE TODAY!**

You don't have to go it alone. An experienced professional with backing and support from hundreds of specialists and experts in insurance and financial management can provide the guidance and information you need. So make the contact today!

The MEMBERS Financial Services Center  
Located at:  
SF POLICE CREDIT UNION  
2550 Irving Street, San Francisco, CA 94122

**MEMBERS FINANCIAL SERVICES**

Representatives are registered through: and securities are sold through: CUNA Brokerage Services, Inc. (CBSI), member NASD/SIPC, 2000 Heritage Way, Waverly, Iowa 50677, toll-free (866) 512-6109. Insurance sold through licensed CUNA Mutual Life Insurance Company Representatives and in New York, licensed insurance representatives of other companies. **Nondeposit investment products are not federally insured, involve investment risk, may lose value and are not obligations of or guaranteed by the credit union.** 1436-P1204E

**Jon Guay**  
MEMBERS Financial Services Representative  
Office (415) 682-3335/Fax (415) 242-6435  
jon.guay@cunamutual.com  
License 0C07442

**A WEALTH of INFORMATION from a qualified source.**

**Your East Bay Realtors!**  
Discover the possibilities surrounding the majestic Mt. Diablo. Great neighborhoods, youth sponsored sports programs, good schools, BART, and so much more!

**Lilly Schmolke**  
925.858.7472 direct  
lilly@lillyschmolke.com

**Susan Quattrin**  
925.280.8584 direct  
susan@susanquattrin.com

**INTERO REAL ESTATE SERVICES**  
Walnut Creek, CA 94596

Featured properties, visit our websites: [www.lillyschmolke.com](http://www.lillyschmolke.com) or [www.susanquattrin.com](http://www.susanquattrin.com), photo galleries and virtual tours.

State and national events planned

# 2005 Police Officers Memorial Services Isaac Espinoza will be memorialized

By Val Kirwan  
Mission Station

I hope that everyone had a happy, peaceful and safe Christmas season. As we look forward to 2005 with great expectations and hopes we cannot forget our fellow officers who were killed in the line of duty in 2004.

On Thursday night May 5, 2005 and on Friday morning May 6, 2005, memorial services will be held in Sacramento to remember those brave California officers who made the ultimate sacrifice. They will also be remembered at the national memorial services being held in Washington, DC on May 13, 14 and 15, 2005.

I will be attending a meeting in Sacramento this month to finalize the details for the 2005 California Police Officers Memorial services. When all the details are finalized, I will have them published in this journal.

Accompanying this article is a sample of a California State income tax "Check Off" form. This year, when you (or your accountant) are preparing

your state taxes, please complete Step 10 on the 540 form and make a donation to the CA Peace Officers Memorial Foundation. New legislation will be introduced in 2005 to extend CPOMF on the check off list for another five years, through year 2010. However CPOMF will be required to meet the \$250,000 minimum plateau for 2006 in order to get the extension. Not only will this be a tax deduction, but you will also be helping the foundation and the memory of our fallen brothers and sisters. Why not make a donation in memory of all the SFPD officers who gave their lives in the line of duty. Unfortunately, contributions are restricted to "Individual" returns only.

All the hotel rooms I reserved in Washington DC for the police week are now gone. I did get some late requests for rooms, and I am doing my utmost to accommodate those people who want to travel back with us to the national event.

Have a safe 2005.

### California Resident Income Tax Return 2004

Step 10 Contributions		FORM 540	
CA Seniors Special Fund, See Instructions	81	CA Breast Cancer Research Fund	56
Alzheimer's Disease/Related Disorders Fund	52	CA Firefighters' Memorial Fund	57
CA Fund for Senior Citizens	53	Emergency Food Assistance Program Fund	58
Rare and Endangered Species Preservation Program	54	CA Peace Officer Memorial Foundation Fund	59
State Children's Trust Fund for the Prevention of Child Abuse	55	Lupus Foundation of America, California Chapters Fund	60

**CA PEACE OFFICER MEMORIAL FOUNDATION FUND**

Squatters, arsonists, heart attack sideline officer

# Officer Needs Our Assistance

By Mark Solomon  
Mission Station

Last month Officer Nate Steger, Mission Station, was hospitalized with chest pains and subsequently required double by-pass surgery. After a stint in the hospital, Nate returned home where he is now receiving excellent care from his better half, Angela. Nate is on the mend and is regaining his strength as each day passes. His pres-

ing though, two of them were apprehended and booked for their crimes.

Unable to vacate their flat and move into their new home, the dual payments continued while Nate went to work with the unwanted remodel he was now dealing with. Have I mentioned the red tape the insurance company was putting them through? Well, that's another story.

So in addition to the aforementioned mess, a personal loan had to be taken out to purchase the lumber and supplies needed to commence with their reconstruction phase. Shortly after the project was started, Nate was hospitalized and Angela was confronted with the unknown fate of her husband's life and their home. Emergency surgery was performed and proved successful. Nate is now at home and I would like to say he is resting comfortably, but how can he? Nate's plan was to undertake the reconstruction of his home. That's pretty tough to do when you're recovering from open heart surgery and told "you will not lift anything over ten pounds."



Cops by nature are a proud bunch and

rather than ask for any help, the decision was made to take an additional loan, hire a contractor, and continue with the construction on their home.

During this past year, Nate and Angela fulfilled a dream and purchased their first home in San Francisco. That is when their dream turned into a nightmare. The tenants living in their home refused to vacate and lived rent-free for many, many months. During that time, Nate and Angela were forced to pay rent and a mortgage.

In August of this year, after a long drawn out legal process, the tenants gave in and decided to move out. On moving day, these freeloading individuals were upset they only got to live rent-free for 16 months so they set fire to the house. There was a happy end-

ence at Mission Station is sorely missed by all.

As of this date, the construction continues, without Nate. To help keep rising costs down, I put the call out to you, the brothers and sisters in blue. I know the Holiday season is a busy time for all, but it is also a time for giving! At this juncture, time, labor and money are paramount. If you have a background in the trades, a strong back, or simply wish to help monetarily, please contact me at Mission Station for scheduling and additional information.

**DON CALKIN is the:**  
**PENINSULA REAL ESTATE ORGANIZATION**  
 Wishing the Members of the SFPOA & their Families a Safe, Happy & Prosperous New Year!  
 "For All Your Real Estate Needs" Go To The "PRO"  
 Call Don: (650) 248-HOME (4663)  
 \* Ask About Arizona Investment/Retirement Properties  
 \* Free Home Market Analysis  
 \* Free Consultation  
 \* \$750 Purchase Credit At Closing  
 Professional Brokers & Agents  
 Serving the Peninsula, SF & North Bay  
 A-V-R REALTY, INC. • 650-342-2073 • 1169 BROADWAY • BURLINGAME, CA 94010

**AGENT TO THE STARS**  
  
 DON CALKIN, S.F.P.D. ACTIVE 23 YEARS  
 BROTHER OF RICH CALKIN, S.F.F.D. ACTIVE 25 YEARS  
 REALTOR®  
 Fax Don At: (650) 697-4660 Or Visit: WWW.PENINSULAREALESTATE.COM  
 Quality Service • Huge Savings  
 Ca, R.E. Lic. #01263589

**Peninsula Real Estate Organization**  
**DON WILL CREDIT YOU:**  
 Pay To The Order Of: ~ Your Name Here ~ **\$750.00**  
 Seven Hundred and Fifty Dollars & 00/100  
 Offer Valid Through January 31<sup>st</sup>, 2005

**"I WORK HARD TO PROTECT & SERVE YOUR REAL ESTATE NEEDS!"**  
**ASK ANY OF MY RECENT SATISFIED CLIENTELE:**

SEAN ARCHINI, SFPD	BOUGHT/SOLD	MIKE & PARY BOWEN	BOUGHT
PAUL & MICHELLE STEIN	BOUGHT	P. CARDELLINI	SOLD
ROB BARRETT	BOUGHT	GEORGE BROWN, ING	BOUGHT
DAVE HORTON, SFPD	BOUGHT	DOMINIC REO	BOUGHT
VALERIE VENNARI	SOLD	SGT. BILL BRAY, SFPD	SOLD
AMANDA DOUGLAS	BOUGHT	JUDY SHOFFA	BOUGHT
AURA MARTINEZ, SFPD	BOUGHT	BOB & JENNY MCCARTHY	BOUGHT/SOLD
FRANCIS GERMESHAUSEN	BOUGHT/SOLD	GIAN TOZZINI, SFPD	BOUGHT
AL GRIFFIN	BOUGHT	KEITH HENSLEY (2 HOMES)	SOLD (BOTH)

## TAXES! TAXES! TAXES!

**RULE CHANGES GIVING YOU FITS? LET US HELP**

▶ Individuals	Year Round Service
▶ Small Businesses	Electronic Filings
▶ Out-Of-State	
▶ Partnerships	We Also Provide Payroll & Bookkeeping Services
▶ Amended Returns	
▶ Audit Representation	

**Ned Totah, active SFPD**  
**Totah's Tax Service**  
 Professional Service Since 1985  
**925-676-8349**  
 Fax: 925-676-8348  
 E-mail: ned@totahstaxservice.com  
 4180 Treat Blvd., Suite C2, Concord • www.totahstaxservice.com

