



# JOURNAL

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**SAN FRANCISCO  
POLICE OFFICERS' ASSOCIATION**

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www.sfpoa.org

## More Accountability Not More Politics No on Proposition H

*"It is the job of the Board of Supervisors to set policy for the city, and the job of the Mayor to manage the departments. The Board should not seek to grab power from the Mayor. That is why Proposition H is so dangerous. It not only dilutes who has ultimate authority for the police department, but it sets a precedent for greater Board involvement in the administration of city government. Please join me in opposing Proposition H."*

— U.S. Senator Dianne Feinstein

Proposition H does not create more accountability, it creates more politics. Proposition H was rushed to the ballot by the Board of Supervisors in an election year. Rather than making the Police Department more accountable, Proposition H diminishes accountability by injecting politics into the Department.

Proposition H effectively gives the Board of Supervisors control of the Police Department. Proposition H increases the number of members on the Police commission and puts appointments and removals under the Board's control. It will pit the Mayor and Board against each other, risking even more gridlock.

Proposition H would make it more difficult for the Mayor to fire a Police Chief who was not getting the job done. Increased accountability needs to start at the top. The Department needs a strong Chief of Police who will



Senator Dianne Feinstein

hold his or her officers accountable for their actions. And if the Chief is not getting the job done, then he or she should be replaced by the Mayor and the Police Commission.

***Please join the following individuals and organizations in opposition to Proposition H:***

Senator Dianne Feinstein; Supervisor Gavin Newsom; Supervisor Tony Hall; San Francisco Women's Political Committee; San Francisco Chamber of Commerce; Officers for Justice; Women Officers' Network; SFPO Pride Alliance; Latino Peace Officers' Association; Asian Peace Officers' Association (partial list)

*There is another angel in Heaven*

## Officer Seeks Support for Breast Cancer Walk

**"We miss you Nana...  
I'm doing this for you!"**

POA Staff Report

The Breast Cancer 3-Day is a 60-mile walk from San Jose to San Francisco, taking place November 7-9, 2003. Net proceeds benefit the Susan G. Komen Breast Cancer Foundation and the National Philanthropic Trust, funding important breast cancer research, education, screening, and treatment.

Officer Wendy Hurley, Bayview Sta-

tion, is walking in the 3-Day in honor of her Nana, who took Wendy in and raised her from the time she was a baby until her Nana's death on February 2, 1985. She raised Wendy after already raising five of her own children. Wendy says that she owes everything that she is to her Nana. Wendy is walking in memory of her Grandmother, Frances Hurley. She will also be walking for the hundreds and thousands of men and women who have been struck by this horrible disease.

Wendy needs your support and a financial donation to this worthy

event. Along with your donation, she will gladly help to pay tribute to you or your loved one who has either survived or passed on due to breast cancer. Send Wendy their name, no later than October 20th, and she will have it printed on her T-Shirt. Wendy will walk with their name on her back and will honor them with every step she takes. You may contact Wendy at Bayview Station, 671-2300, or by email at [wendyhurley@sbcglobal.net](mailto:wendyhurley@sbcglobal.net).

God bless you all and thank you for your support.

## President's Message

by Chris Cunnie

### Proposition H

Our next political battle is upon us — the defeat of Proposition H — and we will need the help and support of everyone to win.

Proposition H was rushed to the ballot by the Board of Supervisors in this election year, without consulting or conferring with us — the men and women of the San Francisco Police Department who are most impacted by its changes.

Proposition H increases the number of members on the Police Commission and puts appointments and removals under the Board's control. This expansion of the power of the Board of Supervisors, placing the Police Department under the control of the legislative branch of government, is not good for San Francisco. And as a matter of fact, the Board of Supervisors already has oversight of Police Commission appointments, with the ability to veto a mayoral appointment to a commission.

As you know, the San Francisco Police Officers' Association has always embraced needed reforms, but because Proposition H gives the Board of Supervisors the ability to control the Department on a day-to-day basis, it is fatally flawed. Proposition H is an unnecessary proposition that was put forward for purely political reasons.

Proposition H also gives additional powers to the Office of Citizen Complaints. The OCC in its current form is a model for civilian oversight around the country. Before we inject more politics into the Police Department, let's make sure the OCC is doing the job it already has — and doing it fairly.

Rather than making sure our current system is working well, Proposi-



tion H is a blatant political power grab.

Fortunately, we are not alone in the fight to defeat this dangerous proposition. California Senator Dianne Feinstein opposes the measure, and has even declared that Prop H is not only a political power grab, but is also "dangerous." Mayoral candidate and POA endorsee Gavin Newsom is opposed to Prop. H, as are Supervisors Fiona Ma and Tony Hall.

Few know better than San Francisco's hard-working street cops just how dangerous it can be.

It is important for each of you to help defeat this dangerous power grab. Stop by the POA office, pick up some walk cards and other material, and volunteer to walk a few precincts. It takes just an hour of your time. This is a crucial No on Prop H campaign, and we need each of you to do your part.

### Contract Update

I am happy to report that the San Francisco Board of Supervisors has unanimously approved the first reading of 2003 contract. On Tuesday, September 23, 2003, the full Board voted 11-0 to approve the four-year MOU negotiated by the POA. The approval was made without comment from the panel or the public. The second and final reading will be September 30, 2003, at which time we expect the same outcome.

This approval by the Board culminates a remarkable effort by the POA Negotiation Committee, the POA Executive Board, and Office of the Mayor to package a fair and equitable MOU within the parameters of the current budget crisis.

Members can be proud of this effort and take satisfaction in their election to ratify the contract proposal. During the committee hearing at the Board of Supes, both Supervisors Peskin and McGoldrick praised POA members for their cooperative spirit and personal sacrifice in their effort to see the City through these tight fiscal times.



# WIDOWS' AND ORPHANS' AID ASSOCIATION

The regular meeting of the Widows' and Orphans' Aid Association of the San Francisco Police Department was called to order by President Al Aguilar at 2:05 PM in the conference room of Ingleside Station.

**PLEDGE OF ALLEGIANCE:** Led by our President Al Aguilar.

**ROLL CALL OF OFFICERS:** President Al Aguilar, Vice President George Jeffery. Trustees Mike Kemmitt, Dave Fontana and Joe Garrity. Treasurer Jim Sturken and Secretary Mark Hurley. Also present were Past Presidents Bill Hardeman and Bob McKee. Excused: Joe Reilly and Rene LaPrevotte.

**MINUTES OF THE AUGUST MEETING:** Motion by Sturken and seconded by Jeffery that the minutes be approved as published. Motion Carried.

**SUSPENSIONS:** As per Article III, section 3 of the by-laws. (Did not complete probationary period) Alex Fagan Jr., Gregory Hamaguchi, Ted Kok and Dana Terry. President Aguilar so ordered.

**REINSTATED:** Pursuant to Section 5 of Article III of the Constitution. Anthony Carreon and Alexa O'Brien have paid all their back dues. Also pursuant to Article III, Section 7 of the Constitution, Patrick McCormick's suspension should be canceled due to the fact he was on active military duty with his dues taken care of.

**COMMUNICATIONS.** The normal amount of phone calls to our office, 415.681.3660.

**BILLS:** Treasurer Sturken presented the usual bills. Motion by McKee and seconded by Hardeman that the bills be paid. Motion Carried.

**WE HAD TWO DEATHS THIS PAST MONTH:**

**WILLIAM L. SLISSMAN**, 88 years. Bill was born in San Francisco and raised in the Richmond. He attended Poly High and was an electrician by trade and employed during the War by the Army to work on their equipment on the home front. He entered the Police Academy in 1945 and was assigned to Traffic as his first assignment. He worked various fixed post assignments. He retired with a DP pension in 1955, opened Ace Furnace, and worked many years. When Bill was on the force, he played trumpet in the S.F. Police Band. He later played for the retired City Employees, and also served as Santa every year for different groups in town.

**HUGH C. ELBERT** 90 years. Hugh

was born in Kokomo, Indiana. He worked as a laborer before he entered the Police Academy in 1939. His first assignment was Northern. He was then detailed to Treasure Island to work the World's Fair. He then went to Richmond before he was drafted into the Navy. After three years of service, he returned to the PD as a Sergeant, and was assigned to Richmond. He was then transferred to Ingleside and Southern. In 1957 he made Lieutenant and was assigned to the Bureau. In 1964 he went to Potrero, and a few years later made Captain and went to Taraval. He then went to Internal Affairs and remained until he retired in 1977. He was awarded a Bronze Medal of Valor for the arrest of an armed insane man.

**REPORT OF TRUSTEES:** Mr. Bruce Bain and Mr. Shane Miller of Bank of America gave us a report of our account. We are up 14.3 % for the year. With the problems the bank was having in New York with investment in mutual funds, our members were concerned that our account might suffer from their actions. We were assured that we are insured by the Bank for such misgivings and if necessary restitution would be made. We then went on to the signing of documents for the authorization to enter Hedge Funds and Real Estate investing. There is a lot of uncertainty on this, but the Trustees decided to get in for six months or longer and see how our account does. This actually diversifies our account and protects us from all the uncertain times in the investment choices we make to get the best return we can for our members. As pursuant to our Constitution, in Article V, Section 3. (The Trustees may by a four-fifths vote authorize the investment of monies) Trustees; Kemmitt, Fontana, Garrity and Reilly, signed the necessary documents.

**NEW BUSINESS:** Treasurer Sturken announced that we passed our annual audit with Tired & Company CPAs with flying colors.

**ADJOURNMENT:** President Al Aguilar had a moment of silence for our departed members. He set the next meeting for Wednesday Oct. 15, 2003 812 PM in the conference room of Ingleside Station. Meeting was adjourned at 3:10 PM.

Fraternally,  
Mark Hurley,  
Secretary

# Notice to our Readers and Advertisers

The San Francisco Police Officers' Association and POA Journal are terminating the business relationship with advertising solicitor, David Dermer, his associates, representatives, or agents. During a period of reorganization, the POA Journal will not accept any new advertising.\* A notice will appear in the POA Journal when we are prepared to accept new advertising and/or resume current advertising. We regret any inconvenience this may cause, and we thank all of our advertisers, past and present, for their business and support.


**\*Special attention all current advertisers,** or advertisers who have entered into a contract or written agreement with David Dermer for consecutive running ads, or long-term ads, whether paid in whole or in part: The POA appreciates your business and respects your rights as an advertiser. We will continue to print any advertising that has been contracted with David Dermer prior to August of 2003, provided that Mr. Dermer will continue to manage the contract that he made with you or your company. We consider it the responsibility of Mr. Dermer to provide to us, in a timely manner, your ad for each month that it has been contracted to appear in the POA Journal, and to document to us the length and terms of your advertising contract. For questions regarding your advertising contract or other agreement with David Dermer, you may contact him directly by telephone at (415) 863-7550, or by Fax at (707) 556-9300.

Questions regarding the status of POA Journal advertising may be directed to Editor Ray Shine at any of the following contacts:

Email : journal@sfpoa.org  
U.S. Mail: Editor, POA Journal  
510 Seventh Street  
San Francisco, CA 94103  
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FREE PARKING IN BUILDING

San Francisco Veteran Police Officers' Association

On the second Tuesday of every month, you can visit with other retired police officers at the Veteran POA meetings. We meet at the Immaculate Conception Parish Hall, 3255 Folsom St. Parking is good in the lower yard. Arrive by 11:00 AM and be on your way by 1:30 PM.

Call the Secretary to join at (415) 731-4765



or write to us at P.O. Box 22046, SF 94122.

The Veteran POA has 1045 members. Stay in touch!

The San Francisco Police Officers' Association

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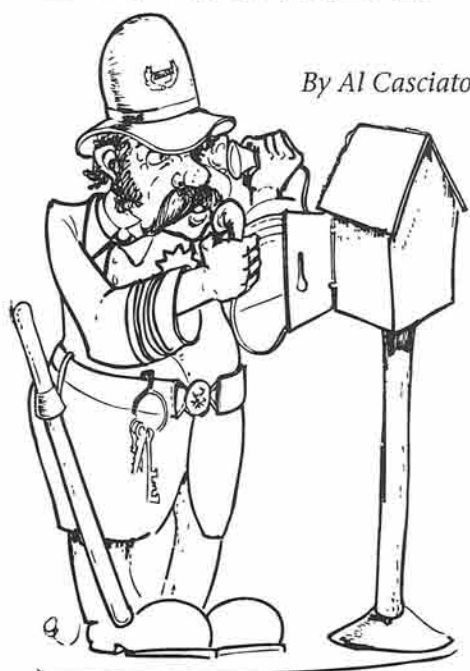
Members or readers submitting letters or articles to the editor are requested to observe these simple rules:

- Address letters to the Editor's Mail Box, 510 7th St., San Francisco, CA 94103.
- Letters must be accompanied by the writer's true name and address. The name, but not the street address, will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be typed, double-spaced, or submitted on disk in Microsoft Word.

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# AROUND THE DEPARTMENT



By Al Casciato

thing." Dave's new career is the full time job of getting his '61 Corvette back on the road so he and his wife Aura (Investigations) can cruise the backroads when not globe trotting. Congrats Dave and Aura we wish you both the best...

## ...Dalai Lama:

Corrado Petruzzella, Co. K, Solos, claims that if you look closely at the Dalai Lama's feet (in the picture on this page) it appears that he is floating on air. What do you think?

## ...City College Alumni:

The City College Police are hosting a retirement dinner for Chief Gerald De Girolamo on Monday, October 13th, at Caesar's Restaurant @ Bay and Powell Streets. All alumni who worked with Gerry or those he taught are invited. For reservations call Ken Baccetti 415-239-3261 or Debbie Ramirez-Chase 415-239-3025 by October 6, 2003...

## ...Charter Amendment:

Supervisor Gerardo Sandoval, has introduced a charter amendment for the March '04 ballot, at the urging of fellow retirement board members. The amendment would enable the Board of Supervisors to establish "Tax-Deferred Plans for Accumulate Compensation". The legislation, authorizes establishment of other deferred plans, in addition to the current 457 Plan for employees, leaving service either through resignation, vesting or service retirement, who have accumulated time on the books for which pay is owed...

## ...Peer Counseling:

The Behavioral Science Unit administers the Peer Counseling Program, and has a lot of resources available which can help individuals and loved ones who are going through hard times either emotionally or physically. Sadly most of us are really uncomfortable calling the BSU for help or hesitate to seek out a peer counselor for fear of being stigmatized. In an effort to overcome the hurdle the program does have available a number of self help surveys and tools which one can take in the privacy of their own home with their loved ones. Keep an eye out as we get permission to print we will be making them available via the *Journal* or the web...

## ...Parental Leave:

The Civil Service Commission is in the process of adding a "Parental leave" to Rule 020 definitions of sick leave. For more information visit [www.sfgov.org/civil\\_service/](http://www.sfgov.org/civil_service/) or call 415-252-3260...

## ...End of Summer Deals:

Any of you North Bay people — or anyone for that matter — might want to contact Laverne at the POA office about some tantalizing end of summer maintenance deals for your computer printers. Laverne's friend at BHM Enterprise Solutions is offering special discounts for maintenance and cleaning. It's good to stay on top of your printer maintenance so it's ready when you are to print a report...or newspaper column!

Announcements, notices or tidbits can be e-mailed to [mcasci2525@aol.com](mailto:mcasci2525@aol.com), faxed to 552-5741, or mailed to *Around the Department*, 510-7th Street, SF, CA 94103.

## ...How many are we?

Want to know how many of ficers have been hired or retired in the past year? Or would you just like to know how many are active? Call Personnel? No. Call the Chief's Office? No. Best place to call is the Range where Sgt. Rod Nakanishi knows exactly how many guns are currently issued and how many have been turned in. He also knows how many have been issued in the last year. Yep, no better place to call...

## ...Golf Special:

Retired Lt. Don Carlson is working two days a week at the Burlingame Golf Center. Don has been passing out his flyers for a "two for one special" on a large bucket of balls at the range. If interested give, Don a call at 1-650-548-2447. You may also want to think about inviting Don to your local golf tournament, as he brought a long list of prizes to a recent Reno tournament...

## ...Births:

Joseph and Jennifer Barretta, Mission Station, welcomed their first child on August 12, 2003. Isabella Grace Barretta 8 lbs. 7 oz 21 1/2 inches is the joy of the Barretta family. Lt. Manny and Mary Barretta, Central Station, are the very proud grandparents...

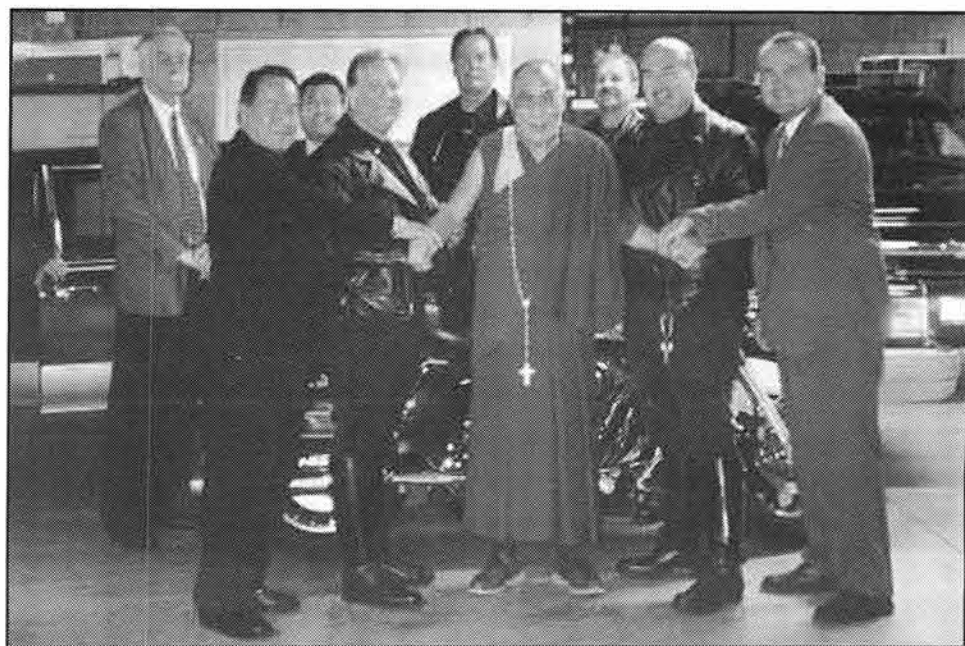
Tom and Kathleen Smith, Tactical, proudly announce the birth of their 5th child, daughter Deirdre Ann Smith 7 lbs. 14 oz 20 inches born August 26, 2003 at Marin General. Brothers Brian 8, Stephen 6 and sisters Maeve 4 and Alanna 2 years are thrilled with their new sister. Congratulations to all...

## ...USF Department Head:

Captain Dan Lawson, Park Station, has retired effective September 27, 2003 in order to take over as the Director of Public Safety at the University of San Francisco. Dan has a vested interest in the University since two of his children are attending. We wish Dan the best...

## ...'61 Corvette:

Sergeant Dave Horton, Gang Task Force, recently followed the advice of many retirement counselors, which is; "Retire to something, not from some-



## The Happiest Dignitary...

The Dalai Lama was awarded an honorary degree by the University of San Francisco on Friday, Sept. 5. The following morning, SFPD escorted the Dalai Lama as he left the University. The escort included (left to right) Bob Huegle, Felix Thieu, Al Wong, Al Casciato, Donald Moorehouse, Walter Kovaleff, Corrado Petruzzella and Jeff Monroe from the State Department.

# TRAFFIC TIPS

by Sergeant John Nestor  
Traffic Company, OIC of STOP

*Editor's Note: Following the retirement of Rene LaPrevotte, several members contacted me to ask why the monthly Traffic Tips articles were no longer found on the pages of the POA Journal. After some cajoling, STOP Sergeant John Nestor has graciously agreed to continue writing the column, primarily as a service to the uniformed street officers, but also as a favor to a pitiful old, traffic-centric newsletter editor. Thank you, John. — RS*

## Citing for No Proof of Insurance

You stop a car for rolling through a stop sign. The driver hands you their driver's license and registration, but states that the proof of insurance was left at home. Upon checking the status of the driver's license, you decide to admonish the driver for the stop sign violation, but cite him or her for Section 16028 (a) CVC — no proof of insurance. Approximately a month later, you receive a note from Room 101, advising that they have dismissed the ticket. Now, you wonder why?

Section 16028 (a) CVC requires you to follow the procedures laid out in 16028 (b). That sub-section states that whenever a Notice To Appear (citation) is issued for a violation of the Vehicle Code, the officer shall (mandatory) request and write (8th box down on the

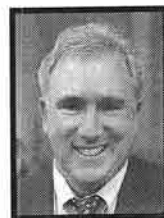
citation) the proof on the Notice To Appear. If the cited driver fails to show proof, the officer may (optional) issue a Notice To Appear for a violation of 16028 (a) on the same citation. However, you are prohibited from citing the driver for this section if you are citing for a violation of Chapter 9 of Division 11 (stopping, standing, parking violations).

A couple of months later, you are sent to a traffic accident and one of the drivers does not have proof of insurance. Remembering the above incident, and having no other reason to cite the driver, you wonder if you should issue a ticket to the operator. Section 16028 (c) states that any driver involved in an accident shall show proof of insurance to the officer summoned to the scene. If the driver fails to show proof, the officer may issue a Notice To Appear for 16028 (c).

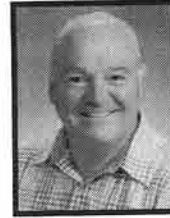
Finally, section 16028 (e) allows the violator the opportunity to have the charge dismissed by providing to the Court proof of insurance. This may be done in person, at court, or by mail. Either require a ten-dollar administrative fee.



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# Cops and Firefighters Help Burn Victims



Captain Ron Roth, SFFD Dep. Chief Ray Balzarini, Diane (AARBF representative), SFFD Captain Dave Sullivan, Commander Sylvia Harper, PSA Maureen Eagleton, Captain John Ehrlich, Dep. Chief Melinda Pengel.

by Ron Roth  
Airport Bureau

For the second year, SFPD Airport Bureau Police Service Aide Maureen Eagleton has raised money on behalf of the Alisa Ann Ruch Burn Foundation. With some assistance from the POA's Community Services Fund and Airport Bureau members, Maureen raised over \$3300 towards this worthy cause. Maureen has been a burn survivor since childhood and has recently dedicated a great amount of time and energy in assisting other burn survivors through the Alisa Ann Ruch Burn Foundation. Maureen has attended the Foundation's annual conference, and worked at their summer camp, in

which she has mentored young burn victims, giving them hope and inspiration to lead productive lives.

This substantial donation presented by Maureen on September 9th to the Foundation is very special, as it represents the only major donation raised by a law enforcement group. The AARBF is usually supported by fire departments, and is happy to establish this new partnership with the San Francisco Police Department. The event was commemorated by our now 2nd annual firehouse lunch, hosted by SF Fire Department Airport Station #3, which was attended by Deputy Chief Melinda Pengel and SFFD Deputy Chief Ray Balzarini, representing both departments.



SFPD Airport Bureau staff, SFFD Station #3 members, Eagleton family, AARBF representatives

*Immediately after the tribulation of those days shall the sun be darkened, and the moon shall not give her light, and the stars shall fall from heaven, and the powers of the heavens shall be shaken.*

— MATTHEW 24:29

~ OPEN FORUM ~

MONDAY THROUGH FRIDAY 5:30 TO 7:00 PM  
106.9 FM (KEAR)

Family Radio is a Bible based, listener sponsored, Radio teaching ministry. Family Radio first broadcast in San Francisco in 1959. One of its programs is a live call-in telephone program. It has been hosted by Harold Camping for forty years. People call from throughout the United States and ask questions about God's Word. What exactly does the Bible teach? What does it have to do with me? Is there scriptural foundation to believe we are presently living in the time Christ explained as "great tribulation?"



**San Francisco  
Fellowship of  
Christian  
Peace Officers**

by Magdalene Granados

*No matter what I say, what I believe,  
and what I do, I'm bankrupt without  
love.*

—1 Corinthians 13:3b

Because God is love, the most important lesson he wants us to learn on earth is how to love. It is in loving that we are most like Him, so love is the foundation of every command He has given us. The whole Law can be summed up in this one command: "Love others as you love yourself."

Learning to love unselfishly is not an easy task. It runs counter to our self-centered nature. That's why we're given a lifetime to learn it. Love should be your top priority, primary objective, and greatest ambition. Love is not a good part of your life; it's the most important part. The Bible says, "Let love be your greatest aim." It's not enough to say, "One of the things I want in life is to be loving," as if it's in your top ten list. Relationships must have priority in your life above everything else. Why? Because, life without love is really worthless.

Often we act as if relationships are something to be squeezed into our schedule. We talk about finding time for our children or making time for people in our lives. That gives the impression that relationships are just a part of our lives along with many other tasks. But God says relationships are what life is all about. Four of the Ten Commandments deal with our relationships to God while the other six deal with our relationships with people. But all ten are about relationships!

Jesus summarized what matters most to God in two statements: *Love God and love people*. He said, "You must love the Lord your God with all your heart...." This is the first and greatest commandment. A second is equally important: "Love your neighbor as yourself." All the other commandments and all the demands of the prophets are based on these two commandments.

After learning to love God (worship), learning to love others is the second purpose for your life. Relationships, not achievements or the acquisition of things, are what matters most in life. So why do we allow our relationships to get the short end of the stick? When our schedules become overloaded, we start skimming relationally, cutting back on giving the time, energy, and attention that loving relationships require. What's most important to God is displaced by what's urgent.

Busyness is a great enemy of relationships. We become preoccupied with making a living, doing our work, paying bills, and accomplishing goals

as if these tasks are the point in life. They are not. The point in life is learning to love — God and people. Life minus love equals zero. Love leaves a legacy. How you treated other people, not your wealth or accomplishments, is the most enduring impact you can leave on earth. As Mother Teresa said, "It's not what you do, but how much love you put into it that matters."

Love is the secret of a lasting heritage. When you stand at the bedside of someone in their final moments, they stand on the edge of eternity, and I have never heard anyone say, "Bring me my diplomas! I want to look at them one more time. Show me my awards, my medals, that gold watch I was given."

When life on earth is ending, people don't surround themselves with objects. What we want around us is people — people we love and have relationships with. In our final moments we all realize that relationships are what life is all about. Wisdom is learning that truth sooner rather than later. The importance of things can be measured by how much time we are willing to invest in them. The more time you give to something, the more you reveal its importance and value to you.

If you want to know a person's priorities, just look at how they use their time. Time is our most precious gift from God, because we only have a set amount of it. You can make more money, but you can't make more time. When you give someone your time, you are giving them a portion of your life that you'll never get back. Your time is your life. That is why the greatest gift you can give someone is your time.

It is not enough just to say relationships are important; we must prove it by investing time in them. Words alone are worthless. The essence of love is not what we think or do or provide for others, but how much we give of ourselves. Whenever you give your time, you are making a sacrifice, and sacrifice is the essence of love. Jesus modeled this for us: "Be full of love for others, following the example of Christ who loved you and gave Himself to God as a sacrifice to take away your sins." You can give without loving, but you cannot love without giving. "God so loved the world that He gave...."

Love means giving up — yielding my preferences, comfort, goals, security, money, energy, or time for the benefit of someone else. Knowing that someday we will stand before God, here are some questions we should all consider: How will you explain those times when projects or things were more important to you than people? Who do you need to start spending more time with? What do you need to cut out of your schedule to make that possible? What sacrifices do you need to make? The best use of life is love. The best expression of love is time. The best time to love is now.

May the love of God touch you, comfort you, consume and transform your inner man!

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## Vice President's Message

# Writing a "P-1" for the 21st Century

by Gary Delagnes

"P-1" has been in place since 1978. It was authored by Paul Chignell, and was intended to be a fair and equitable method for members to transfer from unit to unit without "juice" being part of the equation. P-1 has served us well over the past 25 years. While not a perfect system, at least a member could put their name on a list to go to a specialized unit or district station and could plot their future career with some degree of assurance. The same could be said for the Inspectors Bureau. Upon promotion, a new inspector could choose a variety of options for their future, wait their turn, and control the path of their career.

Unfortunately—or fortunately, depending on your point of view—police departments have throughout the state evolved their personnel policies, and educational criteria for unit assignment have become more prominent. Study after study of police department practices have revealed that rotation—mandatory in most cases—is now the accepted norm for police departments throughout the country, and especially in California.

While we have continued to operate under the P-1 provisions, I am no longer convinced that it will hold up to a challenge by the police administration. It is vulnerable for very simple reasons: it is antiquated, lacks qualifying criteria, and is unique to the SFPD; no other agency has a system like it.

Over the years, many factors have become prominent in discrediting the effectiveness of P-1, and exposing its administrative vulnerability.

*Discouraged and disenfranchised senior officers entrench themselves deeper into those specialized units, often remaining in a detail right through to retirement.*

Movement through specialized units such as the Solos, the Hondas, the Mounted, and the Police Range has stagnated because of the dwindling promotional opportunities available to the department's most senior members. In the past, department seniority points were advanced towards promotions. Many members in the 15-25 year range would promote out of the specialized units, thus vacating positions for the less senior officers in the patrol force. That is no longer the case. Low seniority people now take up many of those promotional spots. Therefore, discouraged and disenfranchised senior officers entrench themselves deeper into those specialized units, often remaining in a detail right through to retirement. As a case in point, consider the Solos. It is the detail with the highest average member seniority, but with the fewest per-



capita test takers. Since January 2003, more than twenty Solos have retired, with most of them having served in the detail for more than ten years, and a few for more than twenty years.

Another major cause of transfer gridlock is that many of our members are staying beyond 30 years of service. All of those members have their own reasons for staying, but extended service has contributed greatly to the lateral transfer logjam. The reality of the situation is that people on the choicer P-1 lists may never get the opportunity to experience those specialized units.

In the Inspectors Bureau, the pressure on the P-1 system is just as strong, but for different reasons. Many in the public, and the media, are highly critical of a system that allows someone to gain entry into a unit as important as the homicide detail by simply putting their name on a transfer list. Drummed on by recent media exposure, the department administrators and the public want the system changed. Everyone wants the most qualified people working in the most sensitive units. The call has arisen—mainly through the media—for more stringent and job-specific criteria to be met before a candidate can ascend into the Homicide detail.

The police administration is now pushing for a close examination of P-1. They have called us to the table. Their motivation is neither evil nor punitive. The administrators believe that the P-1 process is antiquated and ineffective. One can agree or disagree with that argument, but in either case, the POA is compelled to negotiate the issue. If this administration doesn't endeavor to change the P-1 policy, the next one probably will. It is our job as a union to protect the rights of our members, and we will do our best to safeguard transfer opportunities while we negotiate in good faith with the department.

We are keenly aware that many of you have pinned your hopes on a transfer to a specialized unit. It is also our job to make sure that people will have the ability to get to a specialized unit at some point in their career. Bargaining in good faith means that it is now our turn to be innovative and creative with the P-1 process, especially as we try to preserve as much of its effect as possible. Over the next few months we will work hard to do just that; come up with new ideas to make it better.

# Transfer Policy Needs Revision

by Paul Chignell  
Bureau of Investigations

Our current transfer policy in the San Francisco Police Department has served us well. In existence since 1979, this seniority based system has allowed the movement of police officers into various units of the Department without political patronage or favoritism.

Having participated in the drafting of General Order P-1, now called 11.06, and actively involved in lobbying Chief Charles Gain to sign the Order, I have a unique view of this transfer policy.

There has been severe criticism of the policy from police observers, the press, politicians and criminal justice professionals. We have always responded that a seniority based system leveled the playing field and that the 1978 culture of the SFPD was one of whom you knew, not what your talents were. But times have changed as much as the Police Department.

The Police Officers' Association continues to strongly support the basic principles of our transfer policy, as it is arguably the most pro-union transfer policy in the nation amongst local police departments.

But the leadership of the POA has also come to recognize that the constructive criticism of a system where the sole factor is seniority is criticism that is warranted.

Therefore, the managers in the Bureau of Investigations suggested to the POA that it would be mutually beneficial to take steps that protected the existing seniority system but professionalized a transfer policy that is outdated. Our immediate concern was that there are units in the Police Department that require, at a minimum, specific levels of training and experience to adequately perform the tasks in a modern police department. The most important of those units is the Homicide Detail due to the complexity and gravity of those cases.

In a spirit of cooperation that is truly appreciated, the POA representatives from the Bureau of Investiga-

tions as well as POA Vice-President Gary Delagnes, met with Deputy Chief Rick Bruce, Captain Marsha Ashe and yours truly. We discussed the need to protect the seniority rights of members waiting on the Homicide list but also to include specific provisions that required attendance at training classes that relate to Homicide, a review of prior investigative cases and a fair interview process.

The POA representatives made a number of suggestions that streamlined the process. Each and every one of those suggestions was accepted by management. Most important was the inclusion of peers on the interview panel, having a POA representative in attendance at the interviews, having set questions and having the scoring shared with all of the applicants.

These proposals were recently explained to the full Board of Directors of the POA and questions were answered for almost two hours.

We are now in a position that both the management of the Police Department, the POA and individual Inspectors can point to with pride.

Inspectors waiting on the Homicide list will have their seniority counted heavily in the process.

Inspectors waiting on the Homicide list will attend training classes such as interview and interrogation, forensics, officer-involved shootings, etc. prior to entry to the Homicide Detail. The Department will cooperate so that all who wish to attend these classes and seminars will be facilitated.

Inspectors waiting on the Homicide list will be able to display their best work on cases handled in other details in a fair and impartial manner for evaluation.

Inspectors waiting on the Homicide list will be afforded an above board interview process that enables a proper evaluation to ensure Inspectors can handle homicide cases, work with other agencies, and interact with the loved ones of Homicide victims.

Management and labor can work together for the good of the Department and the community we serve.

## Commentary

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# POA Board of Directors Meeting Minutes

POA Board of Directors' Meeting  
POA Building, August 27, 2003  
1300: Meeting Convened  
Pledge of Allegiance  
Roll Call and Attendance

Unit	Present	Excused	Absent
President	Chris Cunnie		
Vice Pres.	Gary Delagnes		
Treasurer	Jack Minkel		
Secretary	Tom Shawyer		
Editor	Ray Shine		
Co. A	Ron Ophir George Rosko		
Co. B	Jason Fox Kevin Martin		
Co. C	Stephen Jonas	Tim Flaherty	
Co. D	Tony Montoya	Teresa Ewins	
Co. E	Steve Murphy	John Van Koll Pierre Martinez	
Co. F	Mike Siebert		
Co. G	Sean O'Leary Dean Sorgie		
Co. H	Val Kirwan	Jennifer Marino	
Co. I	John Scully Joe Finigan		
Co. J		Jesus Pena Theresa San Giacomo	
Co. K	Frank Lutticken Don Moorehouse		
Tac	Mike Favetti Mark Madsen		
Narcotics	Lynne Atkinson	John Cagney	
Invest.	Jim Balovich Dan Leydon		
HQ	Dennis Callaghan Neville Gittens		
SFO	Bob Belt Bob Swall		
Retired	Gale Wright		

Wednesday, August 27th, 2003, 1300 hours

Call to Order / Pledge Of Allegiance / Roll Call

## President's Report

President Chris Cunnie thanked the Board of Directors for their help following the tragic death of POA Board member Brian Olcomendy.

Kathy Mahoney and Steve Johnson have been attending numerous meetings speaking in opposition to the November ballot's Proposition H (OCC Charter Amendment). All POA members need to get involved in opposing this charter amendment. The distribution of campaign materials should begin in late September. Chris said we have to get the message out about Prop. H and the implications of the Board of Supervisors being given effective control over the Police Commission. He also said that campaign sign-up sheets would be distributed by the Station reps in the coming months. M. Favetti (Tac) said that the POA should consider putting together a video describing what Proposition H would actually do. J. Scully (Co. I) asked in we could expect to receive financial support from any groups also opposing Prop. H.

Kevin Allen, Director of the Office of Citizen Complaints, addressed the Board. He said that he has met with many groups throughout the city and was pleased that he had been invited to appear before the POA Board. Director Allen stated that he cannot publicly take a position on Proposition H, which was well under way long before he was appointed to his current position. S. Murphy (Co. E) raised a concern that OCC personnel may be advocating for Proposition H in an official capacity. Steve also pointed out that much misinformation has surrounded the Proposition H debate, in particular, that officers are not responding to OCC. S. Jonas (Co. C) said he was troubled by officers being punished for added allegations and for minor technical and procedural violations (e.g., unintentionally leaving out a sentence in a police report). This was echoed by M. Madsen (Tac). D. Leydon (Inv) spoke about the OCC's apparent emphasis on the complaint sustain rate. L. Atkinson (Vice) asked if the OCC does any education about police work with complaining citizens as that might help to alleviate matters. Mr. Allen said that he was looking at revamping the rules governing complaint mediation, but that the OCC could not really do any education.

K. Martin (Co. B) raised several is-

sues including the accountability of OCC investigators and accommodating officers working mid-nights who have scheduled OCC interviews. Mr.

Allen said that he would like to see all sides work together and understands that there is a lot of frustration on both sides. He also said he supports removing findings of "Proper Conduct" from officers' complaint files. Mr. Allen said that he has to find a balance in his role as Director and looks forward to meeting with the Board again.

## Vice President's Report

VP Gary Delagnes reported to the Board that our MOU would be heard by the Board of Supervisors in late September.

It has been held up because of the costs attached to it. Ratification is expected after the 2 readings.

K. Martin (Co. B) spoke of the discontent of some members at having to pay the 7.5% retirement pickup but not being able to use the new floating holidays. J. Fox (Co. B) pointed out the problems of having to put off using the floaters and the need to resolve the matter quickly.

The POA Golf Tournament will take place September 8th. There are four corporate sponsors.

Treasurer Jack Minkel said the POA's purchase of the 800 Bryant Street building would close on Friday, September 19th. He said that the goal is to move into the building in December.

Journal Editor Ray Shine spoke to the Board about a contract dispute with Mr. David Dermer over the handling of advertisements in the POA Journal. Ray said no new ads would be taken until the matter was resolved, but that clients with long-term ads would be honored.

The issue of the ads and the associated contract dispute has been referred to our attorney, Vin Harrington.

## New Business

Chris Cunnie asked the Board to endorse incumbent Michael Hennessey for Sheriff in the November election.

Motion: That the San Francisco Police Officers' Association endorse Michael Hennessey for San Francisco Sheriff.

Move: J. Scully (Co. I)  
Second: Balovich (Inv.)

Motion passed unanimously by voice vote.

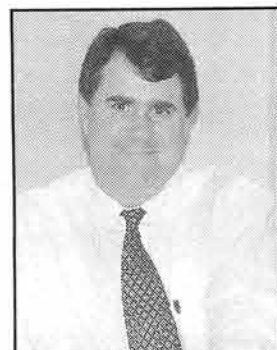
A motion was made to also support Proposition B (Retirement Benefits for Safety Employees - DA and Public Defender Investigators).

Move: J. Balovich (Inv.)  
Second: F. Lutticken (Solos)

Motion passed unanimously by voice vote.

There being no further business, President Cunnie adjourned the meeting at 1510 hours.

Minutes respectfully submitted by,  
Tom Shawyer  
SFPOA Secretary  
Wednesday, August 27th, 2003



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# POA Board of Directors Meeting Minutes

**Wednesday, September 17th, 2003, 1300 hours**

## Call to Order / Pledge Of Allegiance / Roll Call

### Vice President's Report

Vice President Gary Delagnes spoke to the Board on the status of the contract. Gary and members of the Negotiations Committee just returned from a negotiations meeting at City Hall regarding certain contract provisions. The contract is moving toward final ratification by the Board of Supervisors. The first reading before the full Board is on Tuesday, September 23rd, with the second and final reading on September 30th.

Concerning personnel transfer practices, "...the P-1/P-2 matter is becoming a looming issue. It is multi-faceted and with impact and implications for all affected by the transfer policy. Some concessions may be needed in order to fix P-1 and make it more functional."

Gary advised the Board that the POA Golf Tournament had raised approximately \$20,000.

Rick Bruce and Paul Chignell addressed the Board with a preliminary plan to modify P-1 for those members on the Homicide P-1 list. Only Homicide is being looked at now, but other specialized units will also be looked at.

The Room 400 proposal contained several parts and would require those inspectors on the Homicide P-1 list to participate in a selection process before joining the Homicide Detail. That process, as it currently stands in the proposal, includes an interview, submission of a résumé and best cases synopsis, points for time in the Bureau, and points for relevant training.

Many inspectors and members of the Board of Directors voiced concerns over the draft transfer policy as it is currently written. Those voicing their opinions included Steven Jonas, Mike Gaynor, Tom Walsh (Homicide), Jason Fox, Jim Bosch, Dan Gardner, Tom Cleary, Steve Balma, Dean Sorgie, Rich Struckman, and Tony Casillas.

These concerns included the composition of the interviewing panel, subjectivity of the interview process, potential conflicts of interest, access to old case information, future political influence in assignment to Homicide, inadequate management of under-performing employees, continuing loss of P-1 rights, negative impact to CSI inspectors and dual ranked sergeants, etc. There were further concerns about the non-presence in the selection process of any review of an inspector's disciplinary history, absenteeism, etc.

Because there was no consensus of the Homicide P-1 proposal, no vote of the Board was held. DC Bruce said he is not proposing that P-1 be abolished and that based on the discussion, he was kicking the matter back to the POA to continue work on the proposal. Gary Delagnes said that it was clear from the discussion that P-1 is a very sensitive matter deserving of much more review and input from the membership.

Jack Minkel said that given the amount of discussion and concerns expressed, it showed the proposal needs a lot more work. He said he we have to continue to try to do the best for the most and work together to professionalize the department. Paul Chignell said that he wrote the origi-

nal P-1 transfer policy and believes in it, but it has become an anachronism.

There were also other concerns expressed about the composition of the proposed 2-person "cold case" team being considered for the Homicide detail. Paul Chignell said cold case review is now an industry standard. There was discussion on how such a team should be composed.

### President's Report

President Chris Cunnie joined the meeting and explained that he had just left the Finance Committee and that the MOU had been voted on. Supervisors McGoldrick, Peskin, and Sandoval voted 3-0 to move the MOU to the full Board of Supervisors. The first reading of the MOU will be on Tuesday, September 23rd.

Chris said the POA had been working very intently on the issues of the POST pay, the retro pay, and the ability to use the MOU's 4 new floating holidays and that these issues were close to final resolution.

Chris said that he had received a letter from Chief Alex Fagan containing a proposal for next year's Q-60 Lieutenant examination. The proposal contained two points: sergeants applying to take the Q-60 Lieutenant test must have 3 years service (i.e. time in grade), and that there will be no non-examination points (i.e. scores on the eligible list will come solely from performance on the test).

The following motion was made concerning this proposal:

Motion: That the San Francisco Police Officers' Association accept the department's proposal on the upcoming 2004 Q-60 Lieutenant examination.

Move: G. Rosko (Co. A)

Second: VP Delagnes

Motion passed unanimously by voice vote.

### Financial Requests

Mark Madsen (TAC) made the following financial request:

Motion: That the POA donate \$350 to the SFPD Mounted Unit to support its participation in the upcoming Grand National show.

Move: K. Martin (Co. B)

Second: D. Sorgie (Co. G)

Motion passed unanimously by voice vote.

### New Business

Proposition H-related literature, including reprints of a pro-Proposition H article from the Bay Guardian authored by one of the candidates for District Attorney, was handed out. A discussion ensued on how the POA will work to defeat this proposition. George Rosko (Co. A) made the following motion.

Motion: That the San Francisco Police Officers' Association do whatever is necessary to defeat Proposition H in the November 2003 election.

Move: G. Rosko (Co. A)

Second: K. Martin (Co. B), and numerous others.

Motion passed unanimously by voice vote.

There being no further business, President Cunnie adjourned the meeting at 1535 hours.

*Minutes respectfully submitted by,*  
**Tom Shawyer**

*SFPOA Secretary*

*Wednesday, September 17, 2003*

POA Board of Directors' Meeting  
POA Building, September 17, 2003

1300: Meeting Convened

Pledge of Allegiance

Roll Call and Attendance

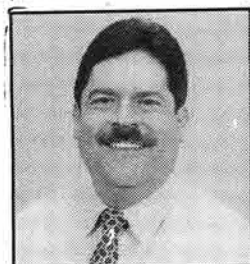
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Tac	Mike Favetti	Mark Madsen	
Narcotics	Lynne Atkinson John Cagney		
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AURA MARTINEZ, SFPD	♦ BOUGHT	AL GRIFFIN	♦ BOUGHT
FRANCIS GERMESHAUSEN	♦ BOUGHT/SOLD	KEITH HENSLEY (2 HOMES)	♦ SOLD (BOTH)







# First Place Essay

## Was the United States of America Justified in Going to War with Iraq?

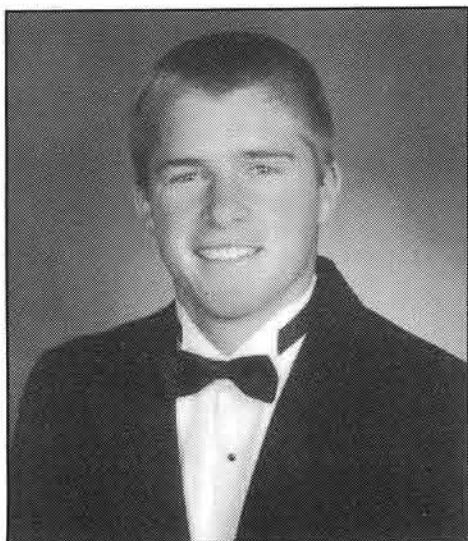
by Joseph Fontana

Many people today are debating whether or not the United States was justified going into war with Iraq. Television news shows are debating the issue, radio talk shows have people calling in to voice their opinion and Americans are discussing the issue around their kitchen tables. There are some people who feel that we should not have fought the war because no actual banned weapons of mass destruction have been found in Iraq. But there are many forms of weapons of mass destruction in existence that justified the United States going to war.

A weapon of mass destruction can take many forms. One form is to have a dictator that feels it is necessary to cleanse his land of one certain race. Saddam Hussein did just so with all the ethnic Kurds who were often the target of mass killing during his rule. The victims were often women and children. Several mass graves were unearthed in Iraq since Hussein was driven from power.

Another form is having a man who commits countless atrocities against his people. Thousands of people were tortured and killed for political reasons. Anyone found speaking against the government would be punished severely. Iraqi civilians were terrified of their government. The United Nations is investigating the killing or disappearance of at least three hundred thousand people believed murdered by the Hussein regime. A number of mass graves have been found throughout Iraq. An example of one is near the prison of Abu Ghraib. After the war, records were found detailing the deaths of hundreds of thousands of Iraqi political prisoners. Many of these people were executed merely because the regime considered them a threat. Saddam's regime kept records of most of these deaths. They were bureaucratically efficient. The prisoners were identified with a number and families had to go match the number to the grave and collect their dead.

Every measure was taken to avoid this confrontation, but it was Saddam Hussein who made war inevitable. Hussein has a long history of sudden aggression and ill-advised behavior. This man has an absolute hatred to-



Joseph Fontana, 1st place winner.

ward the United States. He has ties to terrorist groups. He built, owned and used chemical and biological weapons of mass destruction. He refused all international demands to account for those weapons. The United States of America tried twelve years of diplomacy, more than a dozen Security Council resolutions, hundreds of U.N. weapons inspectors and even surgical strikes against military targets in Iraq. All measures to help rid Saddam and his country of weapons of mass destruction failed.

Vice President Dick Cheney said, "We judged that Iraq has continued its weapons of mass destruction program in defiance of U.N. resolutions and restrictions. Baghdad has chemical and biological weapons, as well as missiles with ranges in excess of U.N. restrictions. If left unchecked, it probably will have a nuclear weapon during this decade." Tony Blair, the Prime Minister of Great Britain, addressed the United States Congress on July seventeenth. He asked, "Can we be sure that terrorism and weapons of mass destruction will join together? Let us say one thing: If we are wrong, we will have destroyed a threat that, at it's least, is responsible for inhuman carnage and suffering. That is something I am confident history will forgive." "But if our critics are wrong, if we are right, as I believe with every fiber of instinct and conviction I have that we are, and we do not act, then we will have hesitated in the face of this menace when we should have given leadership," Blair continued. "That is something history will not forgive."

The Iraqi people are now given the opportunity to live a democratic life. Let us pray our sacrifice was not in vain.

# Jeff Barker Scholarship Awards

by Marty Halloran,  
Chair, SFPOA Community Services  
Committee

The Annual Jeff Barker Scholarship Awards were presented in early September to dependents of active, retired, and deceased members. The recipients of these awards were judged by the POA Scholarship Committee on their academics, extracurricular activities, community service, and a five hundred-word essay. The topic chosen for this year's essay was "Was the United States of America justified in going to war with Iraq?"

The first place award for the year 2003 goes to Joseph Fontana, son of active Officer David Fontana of the 4T Honda Unit. Joseph is attending San Diego State University and has received \$2,500.00 towards his college education. Joseph's winning essay is reprinted below.

This year the POA has awarded a total of \$10,000.00 in scholarships to college bound students. The funds for these awards are raised through the proceeds from the POA golf tournament. Every student who completed all phases of the application was awarded a scholarship. My thanks go out to the POA Scholarship Committee and especially to Michael Puccinelli, Lynn Tomioka, George Pohley, Yvonne Pratt, Matt Gardner, Kevin Martin, Bassey Obot, Gavin McEachern, Robin Matthews, and Frank Hagan who spent many hours reading and grading the submitted es-

says.

On behalf of President Chris Cunnie and the entire Board of Directors I would like to congratulate all the recipients of this year's Jeff Barker Scholarship Awards and wish all these students much success in their college years.

**1st Place: \$2,500**

Joseph Fontana  
San Diego State University

**2nd Place: \$2,000**

Kimberly Foster  
Sonoma State University

**3rd Place: \$1,000**

Patrick Sullivan  
University of California San Diego

**4th Place: \$1,000**

Valerie Robinson  
Seton Hall University

The following students were each awarded a \$500 scholarship towards their college education.

Stephen Collins  
San Diego State University

Joseph DeFilippo  
Sacramento State University

Katie Fischer  
University of California Santa Cruz

Christina Johnson  
California State University  
Sacramento

Eric Letsch  
University of San Francisco

Daniel McMillan  
San Francisco State University

Janine Gallagher  
San Diego State University

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- Marinated Chicken\*
- Clams\*
- Pine Nuts\*
- Capers\*
- Feta Cheese
- Pineapple
- Ricotta Cheese
- Jalapenos
- Pesto\*
- Zucchini
- Broccoli
- Mushrooms
- Sun Dried Tomatoes\*
- Sun Dried Tomato Sauce\*
- Red Onion
- Green Onion
- Bell Peppers
- Artichoke Hearts
- Fresh Garlic
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# International Association Of Women Police Training Conference

August 31st - September 5th, 2003

by Robin Matthews  
IAWP/SF 2003 Conference Director

By the time this issue of the *Journal* goes to print, the 41st Annual International Association of Women Police (IAWP) Training Conference will be history. The Conference was held at the Hyatt Regency Embarcadero from August 31st through September 5th, 2003 with just under 500 participants in attendance from 26 countries.

I am proud to let you know that through donations received from members of the San Francisco Police Department (both individually, as well as through all of the employee organizations), from the San Francisco Sheriff's Department, and from a number of citizens throughout the Bay Area, we were able to bring eleven women officers to our Conference from the following countries:

Uganda-East Africa / 3  
Cambodia / 2  
Argentina / 1  
Iceland / 1  
Italy / 1  
Slovak Republic / 1  
Nepal / 1  
Sri Lanka / 1

The International Justice Mission (IJM) from Washington, D.C. brought an additional officer to the Conference from Cambodia making a total of twelve officers sponsored, the most sponsorships provided at any IAWP Conference to date!

Being able to meet these officers face-to-face after months of correspondence, and to see first hand the impact that their being at this conference

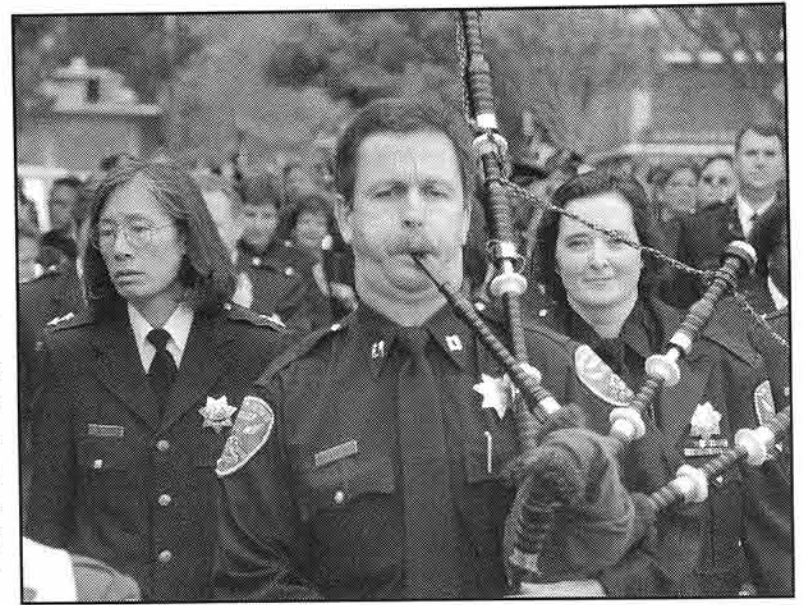
meant to them meant more to me than any other aspect of putting on this conference. For a number of these officers, it would have taken them two year's salary to be able to afford just the plane fare to get to San Francisco, let alone their hotel and meals. The training that they receive at these conferences and the connections that are made have life-changing impacts on them individually, as well as to their communities and agencies with the information that is brought back to them from the officers who attend. Thanks to ALL of you who made this dream for these officers a reality! It has meant more than you will ever know.

All twelve of these sponsored officers approached me throughout the week of the conference with tears in their eyes thanking me for finding a way to bring them to this conference. Each brought mementos from their countries to give to me in thanks, which was quite moving and something that I was not expecting. I will treasure all of them, but the two that were the most incredible were from two of the women from Uganda, who approached me after the Awards Luncheon on Wednesday.

Stella Alonyo is a sergeant with the Uganda Police Force and only makes the equivalent of \$70.00 U.S. a month. One week from the start of the Conference, I was advised that one of the other women from the Force that was being sponsored to attend was not going to be able to come due to an illness in

her family. After much scrambling, we were able to get the airfare switched over to Stella's name and she was able to receive her visa one day prior to her flying to San Francisco.

Stella began crying uncontrollably as she tried to explain to me how important it was for her to be able to be at this Conference. Finally, she was able to tell me



The Opening Ceremonies March kicked off the Conference on Sunday, August 31st, led by bagpiper Captain Denis O'Leary and escorted by members of our Solos. It was truly an impressive sight with every-

one in their dress uniforms marching behind their country flag! I don't think anyone can out-march those Canadian Mounties and those Brits!

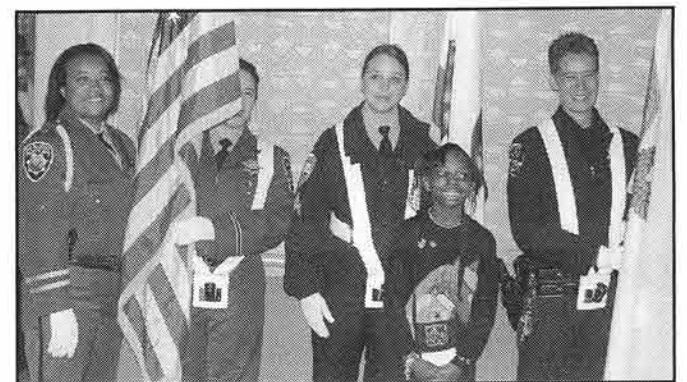
The Opening Ceremonies followed in the Grand Ballroom at the Hyatt, led by Master of Ceremonies Lt. Judie Pursell. The Honor Guard consisted of members from the San Francisco Police Department, the San Francisco Sheriff's Department, and the San Francisco Department of Parking and Traf-

fic. Seven year old Shanelle Silas, daughter of SFPD members Wil Silas and Michelle Craig, stole everyone's hearts as she sang the National Anthem dressed in an SFPD uniform. If you've never heard Shanelle sing before, she's absolutely incredible, and if she continues to sing, which I hope she does, she's going to go far!



that she wanted to give me a token of her thanks for her being able to attend the Conference, but all that she had to give me was the emblem off of her uniform hat. I tried to keep my composure as I thanked her and told her that I would treasure the gift, Elizabeth Mwanga, a Superintendent with the Uganda Police Force that was with her, began thanking me for all that had been done to bring her to the conference. She then told me that she had nothing to give me but a song, and then she stood there and sang to me in thanks. Unbelievable. I'll never forget the experience or the gift for as long as I live.

I hope that many of you were able to attend the Conference or participate in some of our evening events during the week, and got a chance to meet not only these incredible women, but everyone who attended, as well as participate in some of the outstanding training that was provided (depending on the day of the week, there were seven to nine classes being taught simultaneously). It truly was a phenomenal week!



After SFPD Chaplain Sister Lillian Repak gave the Opening Prayer, the SFPD Lion Dancers kicked off the event in grand style! A slide show of past conferences followed, produced by Sgt. Lynette Hogue, the Conference Co-Director, which was met by thunderous applause and a standing ovation when the end of the show flagged that it was dedicated to Inspectors Pat Correa and Lea Militello who could







not be there in person but were there in spirit.

After a number of speakers, including the Honorable Mayor Willie L. Brown, Jr. and members of our Command Staff and the Sheriff's Department's Command Staff spoke, members from the Trinidad and Tobago Police Service sang their national anthem (it was the 41st anniversary of their independence, and they had asked if they could sing their anthem, which was a wonderful addition to the program). Unbeknownst to them, we were able to have the drummer group, Pan-Asé, perform in tribute to their independence, as well as had the Hula Malau O Makalapua Polynesian Dancers perform (led by Desiree Peachey, wife of Tenderloin Station's Gary Peachey). Both were outstanding!

What was neat about Pan-Asé performing, which we didn't realize until the day of the Opening Ceremonies, is one of the drummers was from Nigeria (we had delegates in attendance from that country), and the second drummer was from Trinidad and Tobago! I'm not sure who was more moved by the drumming — the members from Trinidad and Tobago or the drummers themselves! Before their performance was over, the Trinidad and Tobago contingent began dancing in the aisles, followed by other delegates throughout the room, and an impromptu congo line formed and wound its way throughout the Grand Ballroom. It was really incredible! I've never seen anything like that occur at any Opening Ceremonies before, and it pretty much set the tone for the rest

of the week — high energy!

Region photos were then taken in Justin Herman Plaza on a motorized cable car provided by Bauer's Limousines. Members of the SFPD Canine Unit, Mounted, Marine Unit, TAC, along with the Command Van, motorized robot, and Solos were also in attendance highlighting a number of our units and giving numerous photo opportunities for our attendees from around the world. An Ice Breaker Night Tour to Alcatraz followed that evening, and the Conference was underway!

My thanks go out to the Command Staff and all of our volunteers who made this Conference run smoothly. This would not have happened without you. Lynette and I are both getting a lot of wonderful feedback from around the world on how impressed everyone was with all of you. Thank you for all of your support; you have shown the world how incredible it is to be a member of the San Francisco Police Department!!



## IAWP/SF 2003 Conference Merchandise Available For Purchase!

Greetings! For those of you who were not able to attend the 41st Annual International Association of Women Police (IAWP) Training Conference August 31st through September 5th, or for those of you who did attend but did not get a chance to purchase any of our conference merchandise, we have the following items for sale at a reduced cost:

V-Neck Timberline Colorado Brand Windshirts - \$30.00

Polo Shirts - Anvil Brand (with multi-colored conference logo) - \$17.00

Polo Shirts - Anvil Brand (with gold embroidered conference logo) - \$17.00

Long Sleeved T-Shirts - Hanes Beefy T Brand - \$16.00

Silk Screened T-Shirts - Beefy T Brand - \$8.00

Denim Long Sleeved Shirts - Port and Company Brand - \$22.00

Tie Dye T-Shirts (multi-colored; IAWP 2003 Summer of Love) - Copa Banana Brand - \$18.00

Tie Dye T-Shirts (blue colors; IAWP 2003 Summer of Love) - Copa Banana Brand - \$18.00

Gym Bag with Conference Logo with Holder for Water Bottle - \$12.00

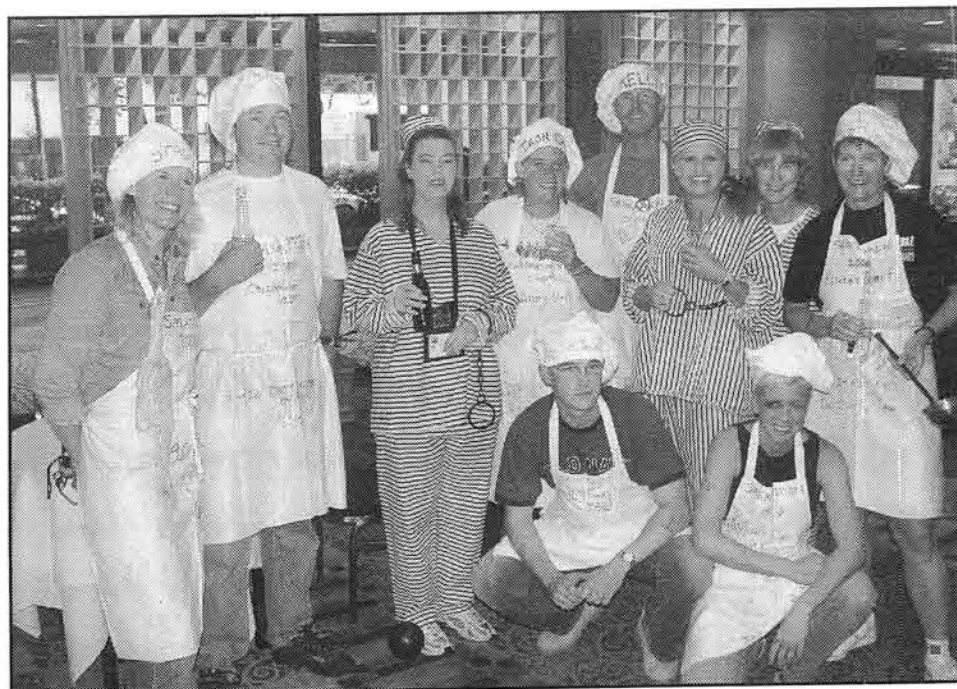
Water Bottle (white with blue top) with Conference Logo - \$1.00

Coffee Cups with Conference Logo (Navy Blue) - \$2.50

Conference Pins - \$1.00

SFPD Pins - \$2.00

To purchase any of the above items, please contact Robin Matthews at the Behavioral Science Unit at 392-3674, by cell at 377-2214, or by e-mail at [IAWPSF2003@aol.com](mailto:IAWPSF2003@aol.com), or contact Lynette Hogue at Payroll at 553-9772.





# American Resolve on 9-11

by Michael Nevin, Jr.,  
Southern Station

On March 17, 2001, I marched with over fifty San Francisco police officers in New York City for the St. Patrick's Day Parade. Dozens of San Francisco firefighters also made the trip and we all participated in one of New York City's greatest traditions. The camaraderie we felt with the NYPD and FDNY coupled with all the laughs and good times were moments to treasure. Touring with several of my friends on the last day of our trip, we stood atop the World Trade Center and took in the breathtaking view. I promised myself a return trip, because the Big Apple demands more attention than a four-day tour.

Almost six months later, America watched in horror as two commercial airliners flew into the twin towers of the World Trade Center on September

11th. Another plane would hit the Pentagon and a fourth would crash in a Pennsylvania field. All four planes had been simultaneously hijacked by nineteen terrorists who would kill over 3,000 people in New York, Washington D.C., and Pennsylvania in only a few hours. This day, which would become known as 9-11, was the single

## Commentary

worst terrorist attack on American soil and one of the darkest days in American history. Who could forget the images and calamity associated with that nightmare?

What's important is that we never forget. Don't forget those people jumping out of those buildings and don't forget those firefighters and police officers who went in to save them. Over 400 of New York City's finest and bravest perished that day, and their courage will inspire me for the rest of my life. In the back of my mind, I'll always wonder how many men we met

perished that September day.

President Bush visited and spoke at the site of the fallen twin towers, commonly referred to as Ground Zero, and was briefly interrupted by a rescue worker: "We can't hear you!" Bush replied, "Well I can hear you. The whole world can hear you. And the people who knocked down these buildings will hear all of us soon." Later in that same week while addressing Congress, the president held up the police shield of George Howard, an officer in the Port Authority who was killed in the WTC attack. These moments still seem frozen in time.

The first Americans who fought in the war on terrorism were brought together by chance and didn't have much time to train for battle. Todd Beamer, Mark Bingham, Tom Burnett, Jeremy Glick, Lou Nacker, Honor Wainio, CeeCee Lyles, and Sandra Bradshaw were just a few of the passengers and crew aboard United Airlines Flight 93 bound from Newark to San Francisco. Transcripts of their phone calls and black box recordings suggest they (and possibly others) took action to prevent the plane from hitting its intended target. Todd Beamer speaking to an operator, Lisa Jefferson, advised, "We're going to do something. I know I'm not going to get out of this." Beamer asks Jefferson to recite the Lord's Prayer with him and the last words she hears: "Are you ready guys? Let's roll." The plane would soon crash nose first into a field in Shanksville, Pennsylvania and those brave souls would succeed in turning the course of history. The war on terrorism began over that Pennsylvania field when extraordinary Americans proved their willingness to fight back. Todd Beamer and the others proved what Dorothy Bernard once said, "Courage is fear that has said its prayers."

It is clear that this war on terrorism will be fought unlike any other conflict in history. President Bush advised on September 20, 2001: "Our response involves far more than instant retaliation and isolated strikes. Americans should not expect one battle, but a lengthy campaign unlike any other we have ever seen." It has taken our troops into Afghanistan and Iraq where they are facing an enemy who makes no distinction between civilian and military targets. Why do they hate us so much? Part of the answer may be found in a quote from Yussuf al-Ayyeri, a former Al Qaeda operative who was killed in Saudi Arabia—"It is not the American war machine that should be the utmost concern to Muslims. What threatens the future of Islam, in fact its very survival, is American democracy."

The key to victory is not only military success but American resolve at home. Ordinary citizens aboard Flight 93 had resolve as they faced evil up close but chose not to back down and allow other innocent deaths. Firefighters, police officers, and other emergency workers who ran into burning buildings to save strangers had resolve. Our soldiers also have resolve as President Bush explains, "We are fighting that enemy in Iraq and Afghanistan today so that we do not meet him again on our own streets in our own cities."

The next time you're at Starbucks or picking the kids up at soccer practice remember one thing—you were the target of the 9-11 attack. Our fellow citizens who died on that day must never be forgotten. We must find the resolve to continue to support the good fight. It's the anniversary of 9-11 and time to remember Todd Beamer, George Howard, and the neighborhood kid now patrolling the streets of Baghdad. And it's time for me to plan that next trip to New York.

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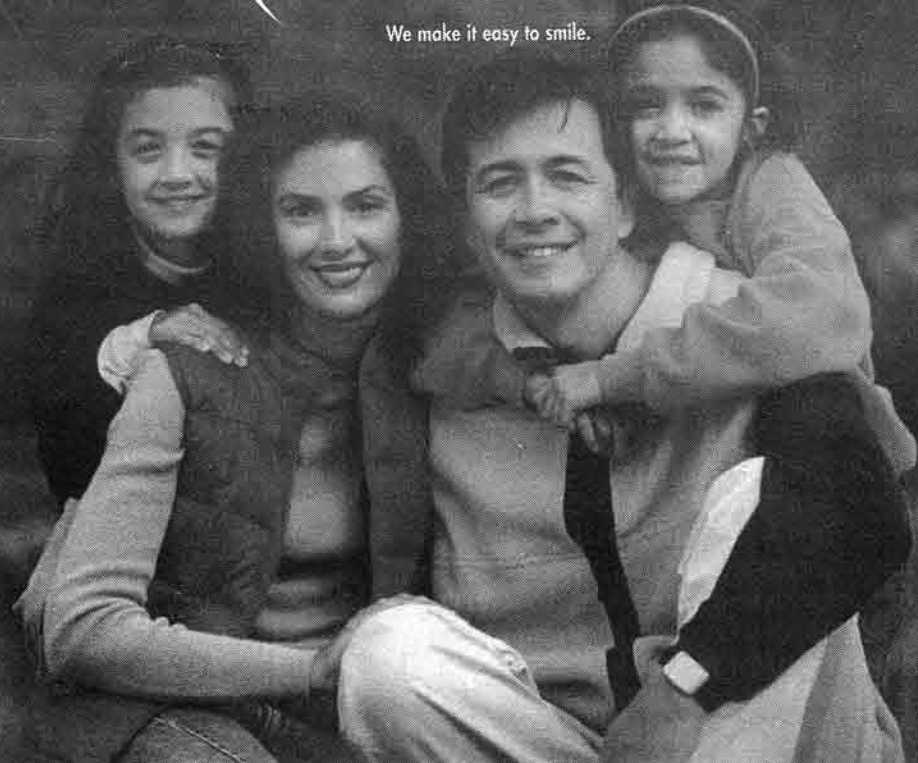
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## Roll Call SFPD Training Division

# For Safety's Sake, Spike 'Em! and Spike 'Em Right!

by John Evans  
Police Academy

You may have had access to the "Stinger Spike Strips", depending on your unit, for up to a couple of years by now, and most all of you should have been trained in their use and the Department policy governing them. If you're lucky, and/or good, you've had the chance to be involved in a vehicle pursuit involving a successful spike strip employment.

Because of the above I won't try to re-write the book on spike strips here, and will just touch on the high points.

### Policy:

See Department Bulletin A 03-001 (01-01-03)

### Things to know and consider:

- \* Location, direction and speed of the pursuit.

- \* It's best to deploy the spike strip in locations not obvious to the suspect driver.

- \* As soon as possible, deploying officers should notify other units of the location of the spike strip. **This is especially important when police motorcycle units are in the area.**

- \* Spike strips shall not be used in pursuits to stop motorcycles, mopeds, or other two or three wheeled vehicles.

- \* Spike strips should not be used to stop;

- (1) Any vehicle transporting a hazardous material, or

- (2) Any passenger bus transporting passengers, or

- (3) Any school bus with passengers, or

- (4) Any articulated vehicle (vehicles towing trailers, semi-truck/trailer combinations), unless the continued movement of the pursued vehicle would result in an unusual hazard to others.

- \* Keep in mind that pursuit driving and attempts to use spike strips are operations that require a coordinated effort by all involved to work properly.

### Safety:

The sooner a vehicle pursuit is stopped, the more likely we are to avoid death, injury or property damage resulting from it, but obviously we don't want anyone getting killed, hurt or any property damage (other than the pursued vehicle's tires) while using the spike strips.

- \* Deploying officers, get cover! If you can pick a place to deploy that offers some protection from the pursued vehicle, great! If that cover helps keep your deployment concealed from the suspect driver, so much the better.

- \* Careful how you deploy. If 'pulling' the strip, do not wrap the cord around your hand. If 'throwing' the strip, use the "pizza box" toss. Remember, the spikes are razor sharp. Don't injure yourself or others.

- \* Remember pedestrians, bike riders, and other vehicles. Even with the lights, sirens, and uniforms, they have no idea what you are doing.

- \* Notify units of the deployment, or intended deployment, and advise them to back off!

- \* Get the spike strip off the road as soon as the suspect vehicle tires have been punctured.

- \* Should any non-involved citizen's vehicle get spiked by mistake, remember to follow policy and assist in any way necessary

### Pursuing Officers:

- \* Request that spike trips be deployed

- \* Listen up for where the spike strip officers will attempt deployment

- \* When approaching the deployment site, slow down and back off!

This last point is always a good idea in general for increasing your reactionary gap while driving Code III, and will help keep you and others alive, unhurt and without a collision. This way you'll be a whole lot more likely to get the bad guy, and isn't that really the bottom line?

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# Seattle Bans Most High-Speed Pursuits

From The Seattle Times, August 15

Seattle police this week joined the growing ranks of law-enforcement agencies in the nation that have banned most high-speed police pursuits. As he announced the new policy yesterday, Police Chief Gil Kerlikowske said the risk of injury and death to officers, bystanders and minor scofflaws outweighs the benefits of catching fleeing drivers.

"It isn't the Ted Kaczynskis and the Ted Bundys who are fleeing," Kerlikowske said. "Most people who flee the police do so for very minor traffic violations. If you create a safer environment for officers and the public, you've done something positive."

The Seattle Police Officers Guild opposes the new policy, saying it will effectively handcuff officers and sends a message to crooks that fleeing works. The union's president, Ken Saucier, couldn't be reached for comment yesterday.

But other Seattle officers said that while no self-respecting officer likes watching a suspect escape, the time has come to change the rules.

"I can see criminals wanting to lead us on more chases, because they know we won't engage in the pursuit, and it's hard to swallow that because you want to enforce the law," said Eric Michl, a 23-year veteran patrolman.

"But I think we ought to knock off the high-speed chases. It's hard to chase anybody around here without somebody being placed in danger."

Los Angeles and Chicago police have changed their pursuit policies, and so have police in Bellevue and Redmond. The new policy says officers should chase drivers "only when the need for immediate capture outweighs the danger created by the pursuit itself." Chasing people for traffic violations, misdemeanors and most property crimes alone is to be avoided.

But officers can chase drivers who have committed serious crimes, displayed weapons or are creating "a clear

danger to others."

"It is the department's goal to save lives while enforcing the law," the policy says.

The new policy also requires that sergeants complete special reports after each pursuit, to be analyzed by top brass each year.

Nationally, statistics indicate that police pursuits have become increasingly dangerous. The National Highway Traffic Safety Administration has attributed 3,000 deaths, including a large percentage of officers and bystanders, to police pursuits in the past decade.

More than half of all chases were started by drivers fleeing minor traffic infractions, and about 40 percent of police chases end in crashes, the national statistics say.

Police chases in Seattle and King County have resulted in several fatal crashes in recent years.

In 1995, the Sheriff's Office paid more than \$650,000 to the family of a man who died after his car was hit by a fleeing traffic violator and a pursuing patrol car. A spokeswoman for the Seattle City Attorney's Office yesterday said it has not counted how much the city has paid out in damages stemming from recent police chases.

Police in local departments that have restrictive pursuit policies say they haven't seen their crime-fighting abilities hampered.

"It's always frustrating to an officer when a bad guy gets away, but the way to look at it is, there are always other ways to identify the bad guys and apprehend them," said Bellevue police spokeswoman Cpl. Marcia Neese. Bellevue has had a strict chase policy since 2000.

"We always want to catch people, and that's the exciting part of the job," Neese said, "but there are certain crimes where it's not worth the safety of officers and citizens to pursue someone 100 miles an hour through surface streets."

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Lt. Mary Skasko

## RETIREMENT DINNER HONORING CHIEF GERALD DE GIROLAMO

### S.F. Community College Police Department

When: Monday, October 13, 2003

Where: Caesar's Restaurant  
2299 Powell St. 2 Bay St.  
San Francisco (valet parking available)

No Host cocktails: 5:30 p.m.

Dinner: 7 p.m.

#### Choice of Entrees:

Roast Beef or Chicken Mattoni

Dinner includes salad, antipasto, ravioli, wine, coffee & dessert  
\$45 per person (includes dinner & gift)

#### Make checks payable to:

Kenneth Baccetti and list choice of entrée on check.

#### Send to:

San Francisco Community College Police Department  
50 Phelan Ave., C-119  
San Francisco, CA 94112  
ATTN: Interim Chief Ken Baccetti

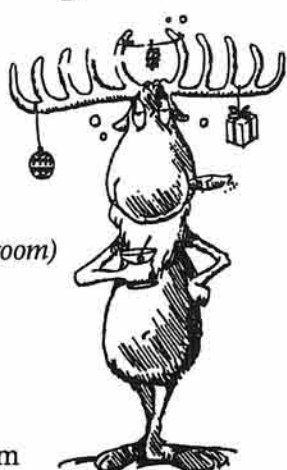
Note: reservations & checks must be received by October 6th

#### For reservations contact:

Ken Baccetti, 239-3261 or Debbie Ramirez-Chase, 239-3025

## 2003 Traffic Company Christmas Party

When: Saturday, December 13  
1800 hrs.  
Where: The Olympic Club  
Lake Side  
The Vista Room (private room)  
Dress: Black Tie  
Drinks: Hosted Private Bar  
Premium Brands  
Dinner: Christmas Buffet  
Entertainment: Dancing in The Ball Room  
Carolers & Entertainment  
Includes: Gifts, a Raffle, and a Surprise or Two  
Please Note: Plan to be at our room by 1800 hrs.  
Tickets: \$200 Per Couple / Limited Seating  
Money Due 11/27  
Contact: Joe Mayers, Solos 553-1398



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35 years  
on the job



When: Saturday, November 15  
1800 hours

Where: Marines Memorial Club  
609 Sutter Street, SF  
(lodging available in advance)

Price: \$60 pp (no tickets at the door)

Contact:	Greg Corrales	Co. D	Mike Favetti	TAC
	Joe Juarez	TTF	John Flaherty	Co. K
	Dave Herman	Co. E	Maggie Ortelle	FOB
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# POA Golf Tournament

by Marty Halloran



The 11th annual POA Golf Tournament was held this year at the beautiful Stonetree Golf Club in Novato, and as always it was a huge success. This event is the main fundraiser for the POA Scholarship Committee, and I am pleased to report that \$17,944.00 was raised. An additional \$1,851.00 was also raised through "Monkey Mulligans" for The Brian Olcomendy Educational Fund at the S.F. Police Credit Union.

The co-chairs for the tournament were Tim Hettrich and Gary Delagnes.

This year's corporate sponsors were ING Financial Advisers, Metropolitan

Electrical Construction, and Montgomery Advisers.

First place went to the foursome of Neil Cu, Stephen Morimoto, Andy Ting, and Robert Yick. Second place went to the foursome of Jack Scott, Rick Parry, Bob McMillan, and Harry Pearson.

Thanks to all the corporate sponsors, tee sponsors, volunteers, and to those who donated gifts and prizes. Through their support, college bound dependents of active, retired, and deceased POA members will receive financial assistance.

## Gifts and Prizes

Crystal Springs Golf Course -

Kathy Ramsey

Morton's "the" Steakhouse -

Daniel Powell

Holiday Inn S.F. Financial District -

Stephen Florence

Big 5 Sporting Goods - Tania Giggles

Hotel Nikko S. F. - Restaurant Anzu

Mister McGoo's Restaurant - Petaluma

Crowne Plaza S. F. Union Square

Semolina Restaurant - Petaluma

Scoma's Restaurant - Mariann Costello

Enrico's Restaurant - Hal Russek

Chardonnay Golf Club - Sharlyn Hobson

The Stinking Rose Restaurant

Beach Blanket Babylon

The Double Play Restaurant

One Market Restaurant - Larry Bouchard

Hotel Bijou - Isabelle Matter

The Stanford Court - Jeff Guillory

Palace Hotel - Clem Esmail

Cafe Riggio - John Riggio

Pechanga Resort & Casino

Monaco International Company

Mission Bay Golf Center

Volpi's Ristorante - Petaluma

Petaluma Golf and Country Club Inc.

Harrah's /Harvey's - Lake Tahoe

The Golf Mart

Nieman Marcus Union Square

Foxtail Golf Course - Sonoma

Metropolitan Golf Course - Oakland

Crime Victims United of California

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Matagrano, Inc.

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One Night Stay for Two

Lunch for Two

\$75.00 Lunch for Two

\$100.00 Certificate

Two Rounds of Golf

\$50.00 Certificate

Two Tickets

\$25.00 Certificate

\$100.00 Certificate

One Night Stay Deluxe Room

One Night stay

\$80.00 Lunch for Two

2 \$50.00 Certificates

One Night Stay &

Dinner for Two

\$400.00 Movado Men's Watch

5 Certificates -

Five Buckets of Balls

\$50.00 Certificate

Golf for Four

\$200.00 Night Stay & Show

\$100.00 MacGregor Golf Bag

Lunch for Two

One Foursome of Golf

One Foursome of Golf

Two Drivers

\$160.00 Dinner for Four

Shirts and Gifts

Beverages

Beverages

## Hole In One

Spalding Top Flite Tour Irons (\$425.00)

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## In Remembrance

Brian "Monkey" Olcomendy

December 5, 1959 - July 26, 2003

# San Francisco Police Officers' Association Golf Tournament

## Co-chairmen

Tim Hettrich

Gary Delagnes

## Corporate Sponsors

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San Francisco Airport Charity Golf Tournament

San Francisco Building Construction Trades Council

San Francisco Drydock, Inc.

San Francisco Police Credit Union

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Dick Atkinson

Lynn Atkinson

Lynn Bloom

Janet Bosnich

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# San Francisco Police Officers' Association Golf Tournament

## Monday, September 8, 2003

### StoneTree Golf Club, Novato



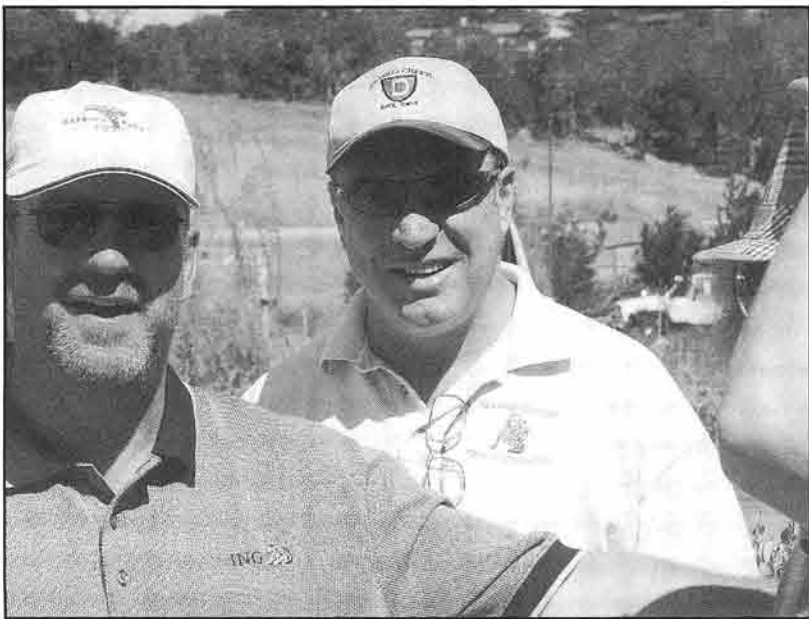
First Place: Steve Morimoto, Andy Ting, Neil Cu and Robert Yick



Second Place: Bob McMillan, Harry Pearson, Rich Parry and Jack Scott



Bill Braconi and Britt Elmore



Vice President Gary Delagnes and President Chris Cunnie



Kirk Edison hitting like a pro



Matt Gardner and Mike Siebert



Gary and Chris give Dave "Nasty" Nastari fashion tips

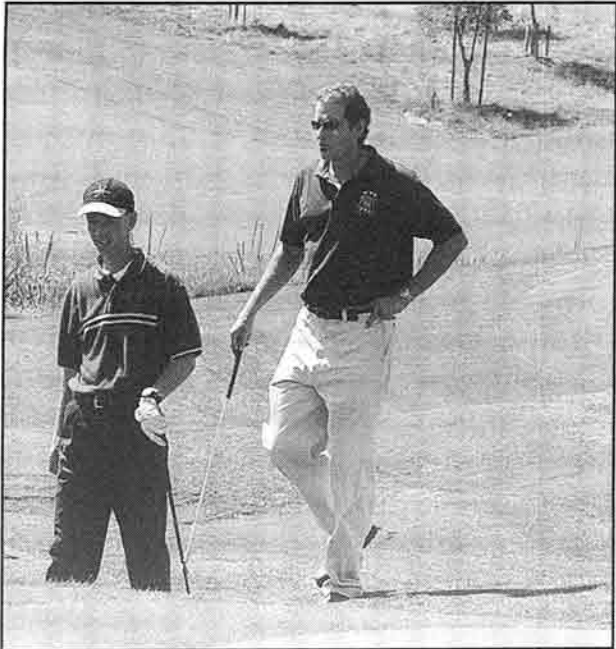
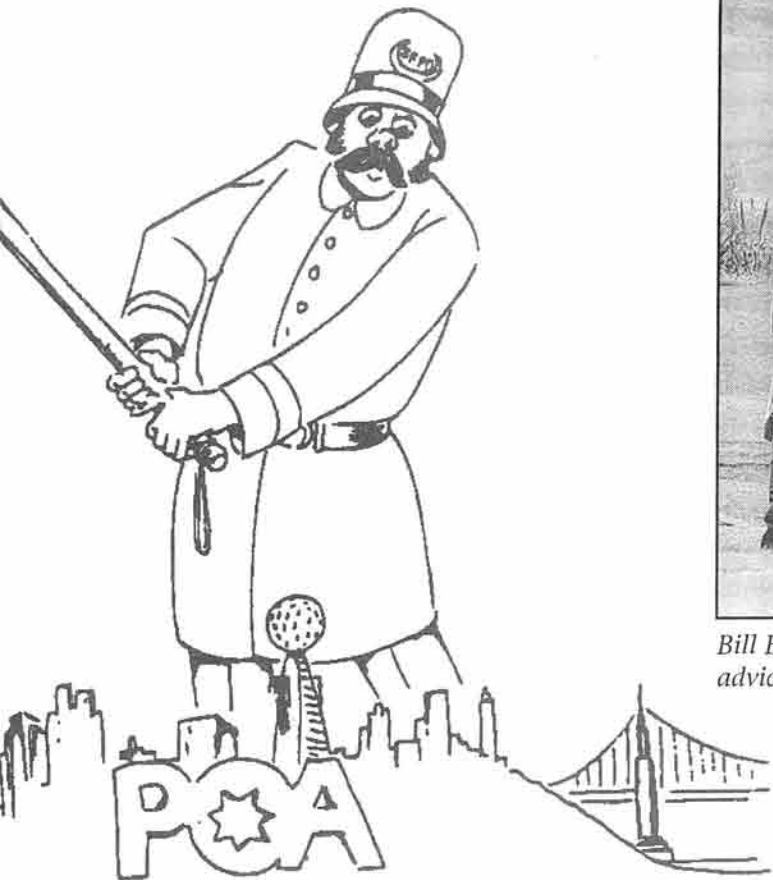


Mike Nevin, Adam Chelini, Al Etcheber and Vinnie Etcheber



Sue Rolovich,  
Kelly O'Donnell  
and  
Victoria Knight





Bill Braconi giving Kevin "Scrappy" Healy chipping advice



Val Kirwan considers having a pint instead of playing on



Ed Carew, Steve Murphy, Val Kirwan and Joe McFadden



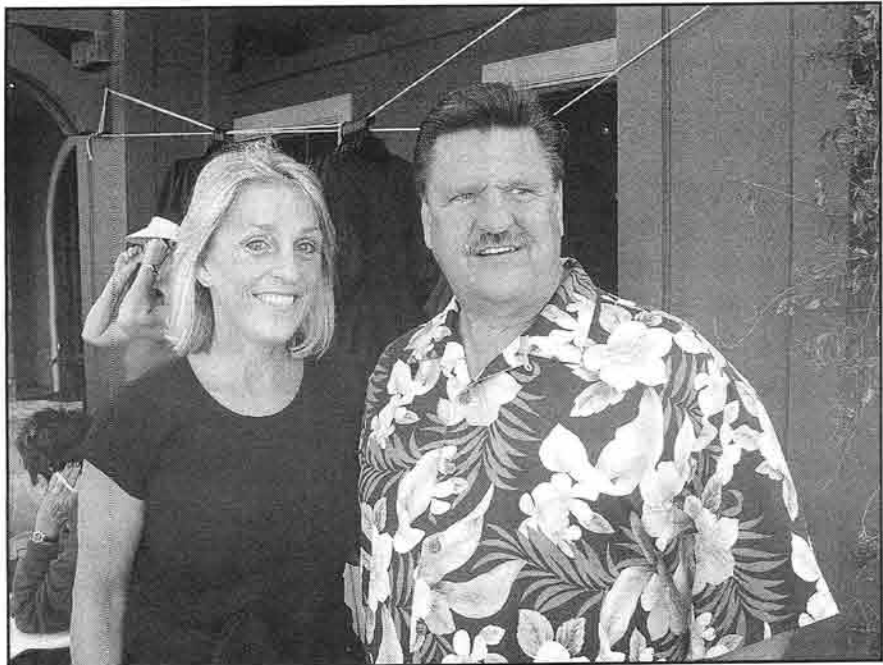
Jerry Donovan, Dave Fontana, Mike Keyes and Bert Silva



San Francisco Drydock Foursome



Dean Ries, Elaine Shiroma, Joe Fischer and Chris Muselman



Sister and brother, Lynn and Dick Atkinson



Eileen McEachern and Stacie Rodrigues staying cool



# Letters



Dear POA,

On behalf of the Olcomendy and Puccinelli families, I would like to thank the SFPD for their assistance and support after the death of my brother-in-law, Brian Olcomendy.

Chief Alex Fagan, Deputy Chief Greg Suhr, Commander Rich Hom, Captain Tim Hettrich, Dan Gardner, Matt Gardner, Gary Delagnes, Kurt and Karen Bruneman, Liam Frost, Bud Clinton, Nick Shihadeh, Greg Breslin, Phil Fee, Mike Morley and the many others whose names I cannot recall, immediately came to the aid of the Olcomendy family. Your presence at my sister's home during those trying days were truly appreciated.

Chris Cunnie, Steve Johnson, and Mike Hebel, as well as the members of the P.O.A. Board of Directors promptly brought all the assistance the P.O.A. could offer. Your efforts on behalf of Brian's family were truly heroic.

A sincere thank you to Captain Tony Parra, Dan Mahoney, Lynette Hogue, Mary Dunnigan, Bud Massey and Digna Bautista from Workman's Compensation. Your help in wading through the paperwork involved in obtaining Brian's death benefits is

immeasurable and very much appreciated.

Thank you to all the solo motorcycle officers for your service at the wake and funeral. Al Casciato, Rene LaPrevotte (the monkey on the back of the bike was especially touching), and George Koniaris had the troops looking and working exactly like a big city motorcycle unit should. You all performed in an awesome fashion. The families were deeply touched by your professionalism and service.

A sincere thank you to all the Narcotics officers. Brian loved being a Narc and working/playing with you. Your presence at the services as a unit was truly heartwarming. The love and affection you've shown for Brian and his family will never be forgotten.

A special thank you to Marty Halloran, Ricky Guerrero and "Uncle John Kasper." They were utilized as chauffeurs for the family and the children are still talking about their new "Uncle John Kasper."

To Brian and Linda Delahunty, Mike Siebert, Rich O'Reilly, Kelly Flannery, Dr. Marilou Cullinan and everyone else who was with Brian on that awful day at Camp Mather, we

appreciate everything you did for Brian and the kids. All we can say is Thank you, Thank you, Thank you

To Mary Barnes, Denise Banahan, Sonia Ino, Jean Chagniot, and Joanne Pino, you have been Andrea's friends since high school and your support for her and her family is greatly appreciated. You provided her with strength and comfort to help her through those terrible days. Andrea would also like to thank

Joann Cunnane and the family friends from St. Brendan's parish. Your kindness and support were a great help to the Olcomendy family.

Thank you to all the officers and civilians who sent cards and letters. Your expressions of kindness and sympathy were extremely touching. Thanks to all for contributing to the Olcomendy Family Education Fund. Your kindness and generosity are unmatched. You are all proof that there are truly angels among us.

Brian Olcomendy was a unique personality. He touched all our lives in many different ways. He was a special Husband, Dad, Son, Brother, Son-in-law, Brother-in-law, Uncle, Godfather, and friend. We all lost a good friend and we're all going to miss him. Just think of Brian, Layne Amiot, and Mike McFadden watching over all of us, having a grand ol' time together, playmates again!

There were so many people who came forward to help in every way they could. If there is anyone's name that was inadvertently left out of this letter, please know that you are not overlooked but only truly appreciated.

Thank you to all,  
Andrea, Frank, Kristen and Melissa  
Olcomendy and the  
Olcomendy Family,  
Mike and Julie Puccinelli and the  
Puccinelli family

tee. College is a new challenge because it involves a lot more than just going to class. There are many new decisions that will need to be made and, hopefully, a career in law enforcement may just be one of them someday.

Thank you again.

Sincerely,  
Christina Johnson  
California State University, Sacramento

Dear Sgt. Kyle Ching:

We would like to take this opportunity to let you know how much we appreciate the support you've shown to the Tehama County DARE Program in memory of our fallen officer, "DARE-man" Dave Mobilio. On behalf of the Wilcox Oaks Golf Club, the Red Bluff Police Department, the Tehama County Sheriffs Department, the Tehama County Department of Education, and the children of Tehama County, we send our deepest thanks and gratitude for your donation to our DARE Program. The event raised over \$14,000!

We have enclosed a small token of our appreciation and hope it conveys a portion of how deeply we value your support of our program and your willingness to honor a wonderful officer and human being, Officer Dave Mobilio. He is sorely missed and our goal is to remember him annually with this memorial golf tournament. Thankfully, our community has experienced only one fallen officer; we recognize your 95 fallen officers with this certificate.

Again, thank you for all you've done for us this year, and we will keep you apprised of our tournament next year.

Sincerely,  
Janice Drake  
DARE Secretary/  
Tournament Committee Member

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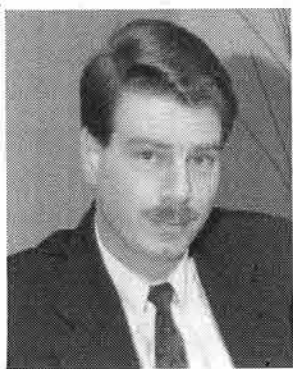
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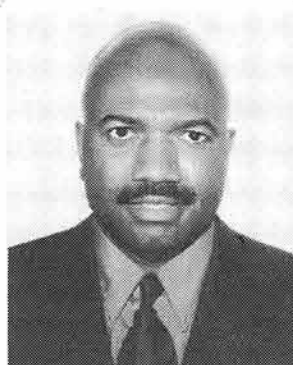
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Dear SFPOA,

On behalf of the Kincaid family, we would like to thank you for your generous gift to their trust fund. While the loss has been enormous, the benevolence of the community will enable Thomas to provide for his children and help them all heal.

Everyone in the Piedmont Police Department family appreciates your thoughtfulness.

Sincerely  
Officer Dan Sweeney  
Piedmont POA, VP  
Officer Catherine Veramo  
Piedmont POA, Sec/Treas

September 16, 2003  
Sergeant Marty Halloran  
Chair, SFPOA  
Community Services Committee  
510 7th Street  
San Francisco, CA 94103

Dear Sergeant Halloran:

I just wanted to thank you and the other members of the SFPOA Community Services Committee for the scholarship assistance.

I consider myself very fortunate to have been chosen by your commit-

Dear SFPOA

On behalf of the Board of Directors and the families served by Wu Yee Children's Services, I would like to thank you for advertising in Wu Yee's 26th Annual Fundraiser. Your generous contribution of \$350.00 will make a big difference in providing crucial services to low-income families at Wu Yee Children's Services.

Best Wishes,  
Linda Asato  
Wu Yee Children's Services

Dear Mr. Cunnie —

On behalf of the Board of Directors, staff, children and families who call Family House home, I would like to thank you for your donation of \$500.

Your generosity enables us to continue to provide a home away from home where families can stay, free of charge, while their children receive treatment for life threatening illnesses. During the critical periods of diagnosis and treatment, the support that our home provides to families is invaluable.

Sincerely,  
Alexandra Morgan  
Executive Director  
Koret Family House

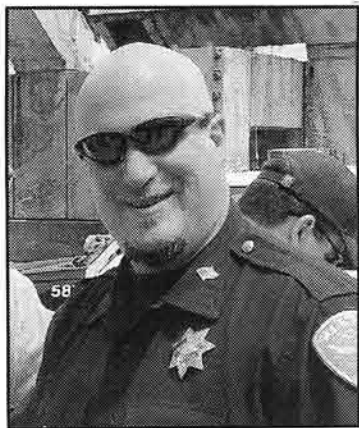
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## Brian Olcomendy Family Trust Fund



A fund has been set up for Brian Olcomendy's children. Donations may be made to the "Olcomendy Family Education Fund" Acct.# 1359555 c/o SF Police Credit Union, 2550 Irving St., SF 94122.

Dear POA—

On behalf of The Correctional Peace Officers (CPO) Foundation and the 2003 Golf Committee, I want to again thank you for your very kind support of this year's "Survivors' Golf Tournament" in Monterey, California.

As you are no doubt aware, The CPO Foundation Survivors' Fund provides assistance to family members of those Correctional Officers killed in the line of duty. This noble and worthwhile endeavor has, over the years, proven to be one of the more vital benefits provided by The CPO Foundation. The Golf Tournament revenues dramatically enhance the support to The CPO Foundation "Survivors."

Sincerely,  
Rocky Lucia  
Golf Committee Chair  
Correctional Peace Officers Foundation

Dear POA —

On behalf of the Friend to Friend Smiles Project of The Auxiliary, UCSF Medical Center at Mount Zion, I wish to sincerely thank you for your generous donation. This project began when a staff member of our Radiation Oncology Department asked if a wish of a young patient could be granted. Of course, it was, and thereby our Smiles Project began.

Once again, your support of our Project is greatly appreciated.

Very truly yours,  
Gary Freund  
President  
UCSF Auxiliary

Dear POA —

On behalf of Community Boards, I would like to thank you and the S.F. Police Officers' Association for your generous donation of \$1,000. This will be used for police officer "hand out" cards that we will distribute to officers by Community Boards. We attend police roll calls throughout the City and use that opportunity to

distribute these cards. Officers can then hand them out to citizens that can use our services.

We would like to thank you for showing your support of Community Boards and the work we do with the San Francisco Police. It is our hope that by referring appropriate cases to Community Boards the police officer on the beat can serve the community while effectively using their resources.

Thank you again, and please contact us if there are resources we have (e.g., public speakers, trainers) that can assist your organization.

Sincerely,  
Barbara Proctor,  
Community Boards  
Conflict Resolution and Violence Prevention

Dear Mr. Cunnie

On behalf of the Volunteer Auxiliary of Youth Guidance Center and the thousands of children we serve each year, please accept my sincere gratitude for your generous donation of two hundred fifty dollars.

Your contribution will enable us to continue our endeavors to help the children under the jurisdiction of the San Francisco Juvenile Court, including those in both the foster care and delinquency systems. Most of these youth have already experienced more trauma and hardship in their young lives than anyone should have to endure in a lifetime. Often, the Volunteer Auxiliary is the place of last resort for these children.

Your support will help us to continue meeting the growing demand for our services.

Gratefully yours,  
Elizabeth Siggins  
Executive Director  
Volunteer Auxiliary of the Youth Guidance Center

Dear POA —

On behalf of Walden House, we would like to thank you for your generous donation of \$1,000 in memory of Alfonso Pio Acampora. The donation is being used to

help cover the cost of the "Celebration of Life" ceremony that was held on May 17, 2003 at The Masonic Auditorium.

Sincerely,  
Arturo Carrillo,  
VP of Operations  
Walden House

Dear SFPOA —

On behalf of the trustees, staff, and volunteers of Friends of Recreation & Parks, we thank you for your generous gift of \$335.00 for the Gene Friend/SOMA Recreation Center. The support of friends like you helps us maintain, develop, and provide innovative programs that link parks with Community.

Sincerely,  
Rebecca Green  
Chair, Board of Trustees  
Friends of Recreation & Parks

Dear SFPOA —

On behalf of Huckleberry Youth Programs, thank you for purchasing 4 Tier 1 tickets for Cirque du Soleil's November 7, 2003 performance of Alegria, benefiting our agency.

We are thrilled that Cirque du Soleil has chosen HYP as its only beneficiary in San Francisco, and we thank you for supporting our services by purchasing these tickets.

Sincerely,  
Bruce Fisher  
Huckleberry Youth Programs

Editor —

The Guardsmen wishes to acknowledge your generous donation to The Guardsmen of \$1,250 in connection with The Guardsmen Spring Fund Drive.

We devote our efforts to providing disadvantaged youth an opportunity to participate in camping, educational and other culturally enriching opportunities that they otherwise would not be afforded.

From the Guardsmen and the kids we support, thank you very much!

Bill Koefoed,  
President, The Guardsmen

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# Recent Developments In Public Safety Labor Relations [www.Iris.com](http://www.Iris.com)

## Health Insurance Costs Soaring Nationally

From The Associated Press, September 9

NEW YORK - Health care premiums for families in employer-sponsored plans soared 13.9 percent in 2003, the third year of double-digit growth and the biggest spike since 1990, a new study found.

Annual family premiums increased to \$9,068 this spring, according to a survey of 2,808 companies by two health research organizations, the Kaiser Family Foundation and the Health Research and Educational Trust.

Small firms, with three to nine workers, faced the largest increase with a 16.6 percent surge in premiums. Mid-sized companies with between 200 and 999 workers had the smallest increase with a 12.4 percent growth rate.

The portion of the premium paid by an employee for family coverage grew 12.9 percent to \$201 a month, or \$2,412 annually, while the amount a single employee paid for a policy rose 7.6 percent to \$508 a year, or a little more than \$42 a month. Employers paid the remainder of the \$3,383 premium for a single coverage.

Experts were not surprised by the rise because employees have shunned the restrictive policies of managed care plans, which sought to reduce costs, while they still demanded the newest, most expensive drugs and procedures.

With that issue unlikely to change - and no new strategies employers believe will substantially reduce costs - the trend of bigger health care spending is expected to continue.

"The key finding is not a surprise but that doesn't mean it is not important," said Drew Altman, president of the Kaiser Family Foundation. "This is more bad news for employers and working people."

On a brighter note, Altman said companies are not dropping coverage despite rising costs and a poor economy. The survey found that 66 percent of companies provide health care coverage, the same as last year.

The percentage of premiums paid by employees is substantially unchanged over the last two years, at 16 percent for single coverage and 27 percent for family coverage.

Altman doesn't view this as a victory for workers, however.

"From the point of view of a consumer the 16 percent is meaningless. They are still paying a lot," Altman said.

Employees' out-of-pocket costs are continuing to rise. For example, employees must now shell out a \$29 co-payment for a prescription drug that's not on a preferred list of medicines, up from \$25 last year, and \$20 in 2001. A preferred prescription requires an average co-payment of \$19, up from \$17 last year and \$15 in 2001.

Employers are shopping around for new options. The survey found that 62 percent sought a new health plan, but only 33 percent changed. Experts say that's because employers don't want to put administrators and workers through the hassle of switching plans unless savings are assured.

Wurth Group of North America is currently shopping for a new plan for its 2,325 employees after its premiums rose 20.5 percent this year, atop a 21 percent jump in 2002.

"It is a hassle to change plans so the savings have to be material," said Gerald Rudick, vice president of human resources of the New Jersey-based maker of fasteners, bolts and screws. "I'm not sure what the magic saving number is - is it \$100,000, \$1 million? We just don't know."

## Senate to Vote On Proposed Overtime Restrictions

From The Kansas City Star, September 5

Tom Harkin and Ted Kennedy led the Senate debate Thursday on an amendment that would block many changes to overtime pay rules proposed by the Labor Department.

Harkin, an Iowa Democrat, introduced an amendment to prevent any changes to Fair Labor Standards Act-related rules that would exclude additional U.S. workers from overtime rights.

The amendment to the Labor, Health and Human Services, and Education departments' appropriation bill is the second such legislative effort to put the brakes on proposed revisions of the 1938 law. A similar attempt failed in the House earlier this summer on a 213-210 vote.

Harkin said public awareness of the proposed changes has heightened since then, and he believes there are enough votes in the Senate to block implementation of the new rules.

An aide to Harkin said the earliest expectation for a vote is Tuesday.

Attention to the overtime issue is being directed at Missourians in particular. This week, the AFL-CIO began running television commercials in Missouri and two other states, Maine and Ohio, urging public support for the amendment.

The 30-second spots feature an aerospace worker who says his family would lose 10 percent of his income if the proposed rules go into effect, thus making him ineligible for overtime pay.

The law provides for time-and-a-half pay for hourly workers who work more than 40 hours in a workweek. Critics of the Labor Department's proposed changes say millions of workers would lose their overtime rights under the new rules.

der the new rules.

The Harkin amendment would permit one part of the proposed rule change to go into effect. The new rules would raise the income level under which a worker is entitled to overtime pay, regardless of job title or responsibilities.

Currently, workers who earn just \$8,060 a year can be given a management title and be classified as exempt from overtime pay requirements. The Labor Department would raise the income level to \$22,100, under which overtime must be paid.

Another pro-worker organization, the Economic Policy Institute, continued this week to publicize its opposition to the proposed rule changes. The institute's analysis says that more than 8 million U.S. workers would lose overtime pay rights under the proposals.

The Labor Department had estimated that 1 million low-wage workers would get guaranteed overtime rights, while about 640,000 workers classified as professionals would lose them. The proposals also call for anyone earning \$64,000 a year or more to lose overtime pay rights.

Much of the criticism of the proposed changes deals with imprecise language that would govern decisions about which workers are classified as exempt. For example, the determination of a "position of responsibility" would be one duties test that could allow employers to classify workers as exempt.

The U.S. Chamber of Commerce this week urged the Senate not to thwart the Labor Department's effort. The business group said that the decades-old rules need to be updated and that the department should be allowed to review public comment received on the proposals without interruption by Congress.

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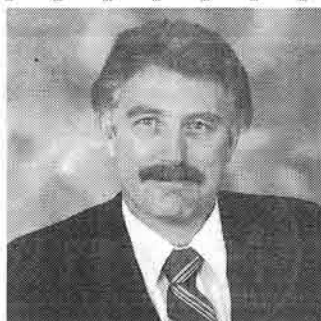
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## Status Update

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*Calibre Press Exclusive Interview  
With LEAA's Jim Fotis  
Submitted to the POA Journal  
by John Centurioni,  
Traffic Company*

Many of our readers have sent in questions about the status of H.R. 218. There have also been many questions posted on the Calibre Press message board at [www.calibrepress.com](http://www.calibrepress.com). H.R. 218, introduced by Congressman Duke Cunningham (R-CA), also known as the "cop-carry" bill would allow qualified off duty and retired officers to carry concealed firearms nationwide. This legislation is a mix of officer safety and common sense homeland security.

In order to address your questions, Calibre Press/Newsline teamed up with the Law Enforcement Alliance of America (LEAA) for an exclusive interview with LEAA's Executive Director and retired officer, Jim Fotis. Jim originally partnered with Congressman Cunningham to write the very first cop carry bill over a decade ago, and they've been fighting to make it law ever since.

**CP:** Jim, tell our readers a little bit about LEAA and your effort to pass a "cop carry" law.

**FOTIS:** Duke and I sat down many years back to write an officer safety bill that would also help protect the public at large. Most states allow their local off duty officers to carry already, so why not extend that protection nationwide. We also knew it was important to include retired officers. You'd be crazy to waste the decades of training and experience invested in a cop's career by pretending they are no longer a resource just because they retired, not to mention that criminals with grudges against cops don't throw them away at the retirement party.

LEAA has been fighting for HR 218 and defending law enforcement and common sense for over a decade now. We're in Washington fighting for important legislation like 218 and on TV standing up for officers on controversial subjects like racial profiling and use of force.

**CP:** So what does H.R. 218 do and why is it necessary?

**FOTIS:** H.R. 218, along with its Senate counterpart S. 253, introduced by Ben Nighthorse Campbell, a longtime supporter of men and women in blue, provides the opportunity for qualified off duty and retired officers to carry their concealed firearms in all 50 states. Whether an officer is on vacation, retired, or just driving through another state on the way to work, they deserve the right to choose if they want to protect themselves.

**CP:** What is the status of H.R. 218?

**FOTIS:** It's really a two-part effort. For the past three years, H.R. 218 has been bottled up in the House Judiciary Committee, even though its support from members of Congress had grown tremendously. Right now, we have 60 percent of the members of Congress as cosponsors, more than needed to pass the bill. Thanks to the House rules, one lone Committee Chairman, F. James Sensenbrenner (R-WI) is keeping the bill from going anywhere; he won't even let it have a hearing in sub-

committee. Now Chairman Sensenbrenner won't let the members of his Committee even hold a debate about this bill, but just last week his Committee held a debate about the NCAA's Bowl Championship Series. The guy will use the taxpayer's money to debate college football bowl game selection, but he won't address the number one legislative priority of America's men and women in law enforcement — it's SHAMEFUL.

On the Senate side, we've had much better luck with S. 253. Senator Campbell, who's done so much with body armor grants and other safety issues, reintroduced the bill in the Senate. In March, Senate Judiciary Committee Chairman Hatch and the top Democrat, Pat Leahy, worked together to pass the bill through committee. Aside from some ridiculous attacks by Senator Kennedy, who at one point suggested the bill would allow cops to carry concealed hand grenades, we managed to get it through with virtually no opposition. Now we are working to get the bill on the schedule for a vote by the full Senate, and we have 65 of the 100 Senators signed on as cosponsors, including Majority Leader Bill Frist (R-TN).

**CP:** Did Senator Kennedy really say he's worried about cops carrying hand grenades?

**FOTIS:** He sure did, and I almost fell out of my chair in the Committee Room when he said it. It's perhaps one of the dumbest and most ridiculous anti-cop things I have heard. Fortunately, we've now racked up enough Senators to block Kennedy's threats of a filibuster.

**CP:** What can 218 supporters do to help get this passed into law?

**FOTIS:** They can do a lot; right now every bit of grassroots effort will make the difference. When I meet with people in the Senate, it helps to know our supporters have been lighting up the phones and keeping the fax machines busy with support for this legislation. Your readers can get the latest updates on H.R. 218 and find a listing of names and numbers for the politicians they need to contact to make a difference. They can also help by spreading the word about the web site and how officers can get the latest info and updates at no cost.

The link for info is <http://www.leaa.org/copcarry>

If they are not LEAA members, I'd encourage them to join us; they can do that online and learn a lot more about us. Even if you're not ready to join, you can sign up for our email alerts at <http://www.leaa.org/copcarry>

**CP:** What's your outlook on HR 218, will it become law soon?

**FOTIS:** Well this session of Congress isn't even half over yet, so we have some time to get the job done. We've managed to get closer and closer every year. Getting the bill passed out of the Senate Committee in the first three months of the year was a big boost and if we can get a full Senate vote soon, we will be in a great position. But no matter what, we will not back down on this fight. LEAA doesn't limit itself to what's popular, politically correct, or easy and we're not about to give up on H.R. 218 when we're so close to victory!

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## Always Remember Spec 56

by Sean O'Leary  
Co. G, Specialist Team

In mid-November, 1994 the Department tragically lost one of its best, Officer James L. Guelff, at Pine and Franklin Streets. In addition to being a son, husband, cousin, nephew, friend, etc., Jim was a caring father who left behind two young children, Laura and Landon.

Soon after Jim's death, members of the Specialist Team began to raise funds for Jim's kids; some for fun sum-

mer spending and a little extra Christmas stocking stuffer money! The Team selected the annual Bay-to-Breakers race as the summer fund-raising venue, and sought sponsors from fellow Team members (100% participation) and from generous officers at their stations.

This year was another successful race and fund-raiser! On behalf of Laura and Landon Guelff, we thank all of the generous sponsors for donating to a very worthy cause. We are very proud to take care of our own!

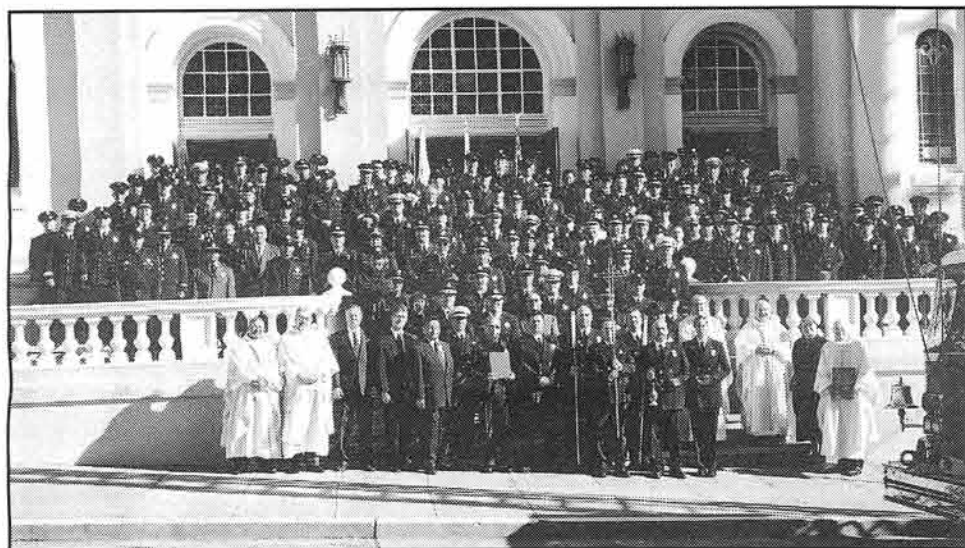
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## Buzz the Fuzz 2003

### Buzz the Fuzz/Crop a Cop - Bluey Day

by Richard Hechler  
SFDA Elder Abuse Unit

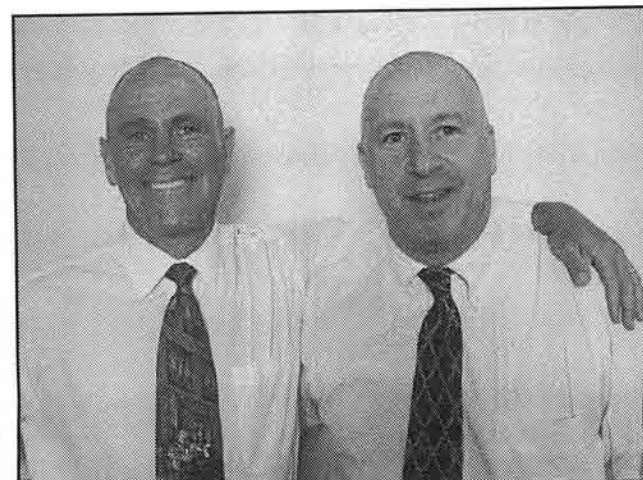
I firstly would like to thank all of the generous contributors who enabled me to raise in excess of \$13,500 for this past Buzz the Fuzz campaign. Your munificent donations have helped kids with cancer by benefiting the UC Cancer Pediatric Clinic, and the Wish Upon a Star program. I especially want to thank the huge contingent of defense lawyers for contributing over 60% of the funds that I raised. It is reassuring to know that when approached about this great cause, virtually every one of them, both public and private, were "quick to the pocket" and generous in their support.

#### Crop a Cop/ Bluey Day Tasmania, Australia August 9, 2003

Because of my acumen as a fundraiser/arm twister, I decided to raise the \$1000.00 AUS "buy in" and participate in the Aussie version called CROP A COP/BLUEY DAY. Actually, it was an Australian Constable, Carl David, who came up with the idea of shaving his head in camaraderie with a young cancer patient in his precinct. At the time in 1995, the Australian Police Code forbade shaved heads as an "inappropriate hairstyle."

Thus far, CROP A COP/BLUEY DAY has raised over \$7,000,000 for Australian children's charities. Additionally, because of responsive regulation changes in the Australian police code, over three thousand Australian police officers have participated in this event, and more than three hundred officers remain shaved throughout the year...

Anyway, on August 6th, I was met at the airport by SFPD officers Mike Siebert, John Torrisse, Joe Garbayo, and SFPD cadet Sean Frost, who had gotten there a few days before... Within an hour John, Sean, and I were aloft in "AIR 490" (pronounced ayre fau noyn' tee) the Victoria Police helicopter. Joining us were the pilot, copilot, and "spotter" (with this cool laptop like device attached to an infrared controllable camera mounted in the front). We began our 40 minute "sortie" by searching near a school playground for a suspicious man with a screwdriver— (Turned out to be a building custodian, but we DID locate him...) Then we attempted to locate a child who had apparently wandered away, and conducted aerial surveillance/photography of a residence, in order to better prepare the officers who



District Attorneys Rick Forman and Richard Hechler show-off their shaved heads after participating in this year's Buzz the Fuzz event. Rick's 11-year-old son, Josh, also had his head shaved.

were going to raid it later that week. The local constabulary worked efficiently with the air unit, and the program seemed to be of great value.

After a search and rescue boat tour of the Melbourne Harbor later that day, we had several Victoria Bitters, and prepared for our television debut the next morning. Mike Siebert and CROP A COP cofounder Kent Strickland, were interviewed on Good Morning Australia. (This show features a guy nicknamed the "Johnny Carson" of Australia.) Anyway, after providing an excellent SFPD public relations conversation, Siebert got in a few good lines putting us and the crew in stitches... Eventually, we all got our mugs on TV, and at the end, Joe Garbayo was presented with a pair of pink slippers, which later devolved to Sean Frost. (Long story...)

Tasmania the next morning was cold and rainy (it was WINTER there). After a VIP pre-shave dinner, we all continued to dance and help consume way too many of the local beverages. Believe it or not, Tasmania has some decent wine, especially Pinot Noir and Chardonnay, as well as the obvious excellent brewed faire...

The head shave went well on Saturday - no nicks, cuts, or severed arteries. The local paper interviewed John Torrisse, and the Sunday edition sported a fine photo of him in full SFPD uniform. All in all, a great time was had by all...

I want to end by thanking the two-dozen contributors who helped me accumulate over \$2000.00 AUS (\$1300.00 US) which went to Australian kids with cancer. Finally, a friendly reminder: no BUZZ THE FUZZ in 2004, so please save up and donate DOUBLE in 2005.

CHEERS!

*Next month's Journal will feature photos from Australia's "Crop a Cop - Bluey Day."*

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by Patricia Downey  
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Enjoy 2-nights in romantic Venice where an included cruise around the lagoons of this Venetian paradise will bring you to the incredible St Mark's Square. We continue on to the tranquil surroundings of the Italian Lakes for a relaxing 2-night stay where you enjoy a full day excursion across the border to the fashionable resort of Lugano. Continuing to Florence, via the Leaning Tower of Pisa, our sightseeing tour includes the Santa Croce Basilica and Signoria Square as well as an included highlight visit to see Michelangelo's David. Our tour returns to Rome via the hilltop city of Siena, home to the renowned Palio horse race. Stay in our selection of European First Class accommodations and enjoy 20 meals including 7 dinners. To ensure a comfortable travel experience, our motor coaches are equipped with large panoramic windows, reclining seats, air-conditioning and restroom facilities. Airfare is included from San Francisco — tour price is per person and is based on two people sharing a twin bedded room. Single rooms are available at a supplement.

### 60th Anniversary of D-DAY - WWII Tour (Two Tours)

1st Tour Departs in June, 2004;  
& the 2nd Tour in August, 2004

On the occasion of the 60th Anniversary Year of D-Day, follow the heroic progress of Easy Company, the elite men of the 101st Airborne Division during their dramatic struggle to free Europe. Chosen among thousands, this handful of boys was trained like no other. The hardest, toughest missions awaited them in war torn territory, where they would constantly come face to face with the enemy in German-occupied lands.

The Road to Liberty tour recounts the trials and the victories of Easy Company, as well as of all those who fought for freedom 60 years ago at the Battle of Normandy throughout the remainder of WWII, from the D-Day landing to their arrival at Hitler's stronghold in Berchtesgaden. Highlights on this tour include the beaches, museums and memorials of Normandy, the sights and cemetery of the Battle of the Bulge in Belgium, the Rhine River, Nuremberg, Munich and the former 3rd Reich alpine headquarters in Berchtesgaden.

First class coach travel, superior comfort hotels, specialty dinners, city sightseeing and a history-focused commentary throughout the itinerary, all make of this tour the trip of a lifetime. Airfare is not included in this price, as fares aren't available until 2004 (be sure we will get you the best rate we can). Tour price is per person and is based on two people sharing a twin bedded room. Single rooms are available at a supplement. (This tour bus does not include restroom facilities).

Details and daily tour itineraries are available @ [celtictraveltours.com](http://celtictraveltours.com). Seats are limited — if you are interested, need further information, or want to reserve space for a tour please call Patricia Downey at 415.717.3665.

## Retirements

The San Francisco Police Officers' Association congratulates the following members on their recent service retirement from the SFPD. We always are disappointed when old friends move away, but it must be agreed that each of these members is deserving of a long and healthful retirement. They will be dif-



ficult to replace, as they take with them a full century of collective experience and knowledge. Listed alphabetically by last name, the most recent retirees are:

- Sergeant Rene LaPrevotte #946 from Traffic Company, Solos
- Lieutenant James Leach #614 from Juvenile Division
- Officer Mike Travis #1971 from Crime Prevention Company, Bomb Squad

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# Useless Facts; Useful Filler

Submitted by John Grizzel  
Retired Co. K

The first couple to be shown in bed together on prime time TV were Fred and Wilma Flintstone.

Every day more money is printed for Monopoly than the US Treasury.

Men can read smaller print than women can; women can hear better.

Coca-Cola was originally green.

It is impossible to lick your elbow.

The state with the highest percentage of people who walk to work: Alaska

The percentage of Africa that is wilderness: 28%

The percentage of North America that is wilderness: 38%

The cost of raising a medium-size dog to the age of eleven: \$6,400.

The average number of people airborne over the US any given hour: 61,000.

The youngest pope was 11 years old.

The first novel ever written on a typewriter: Tom Sawyer.

San Francisco Cable cars are the only mobile National Monuments.

Each king in a deck of playing cards

represents a great king from history: Spades – King David, Hearts – Charlemagne, Clubs – Alexander, the Great Diamonds – Julius Caesar

$111,111,111 \times 111,111,111 = 12,345,678,987,654,321$

If a statue in the park of a person on a horse has both front legs in the air, the person died in battle. If the horse has one front leg in the air, the person died as a result of wounds received in battle. If the horse has all four legs on the ground, the person died of natural causes.

Only two people signed the Declaration of Independence on July 4th, John Hancock and Charles Thomson. Most of the rest signed on August 2, but the last signature wasn't added until 5 years later.

"I am." is the shortest complete sentence in the English language.

Hershey's Kisses are called that because the machine that makes them looks like it's kissing the conveyor belt.

Q. What occurs more often in December than any other month? A. Conception.

Q. Half of all Americans live within 50 miles of what? A. Their birthplace

Q. Most boat owners name their boats. What is the most popular boat name requested? A. Obsession

Q. If you were to spell out numbers, how far would you have to go until you would find the letter "A"? A. One thousand

Q. What do bullet-proof vests, fire escapes, windshield wipers, and

Q. What do laser printers all have in common? A. All invented by women.

Q. What is the only food that doesn't spoil? A. Honey.

Q. There are more collect calls on this day than any other day of the year? A. Father's Day

Q. What trivia fact about Mel Blanc (voice of Bugs Bunny) is the most ironic? A. He was allergic to carrots.

Q. What is an activity performed by 40% of all people at a party? A. Snoop in your medicine cabinet.

In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed more firm to sleep on. Hence the phrase "goodnight, sleep tight."

In English pubs, ale is ordered by pints and quarts. So in old England, when customers got unruly, the bartender would yell at them "mind their own pints and quarts and settle down." It's where we get the phrase "mind your P's and Q's."

Many years ago in England, pub frequenters had a whistle baked into the rim or handle of their ceramic cups. When they needed a refill, they used the whistle to get some service. "Wet your whistle" is the phrase inspired by this practice.

In Scotland, a new game was invented. It was entitled "Gentlemen Only Ladies Forbidden".... and thus the word GOLF entered into the English language.


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# Sports



## NICK'S NOTES

by Nick Shihadeh  
Sports Editor

**CHECK IT OUT:** With the regular season of baseball having come to an end and the SF Giants in the playoffs once again, I am reminded of a year ago when the Giants were actually in the World Series. Everyone was so disappointed with the Giants not winning it all, and I was upset as well; but, I didn't forget how great it was getting to the World Series by beating the Atlanta Braves in the first round, and then the St. Louis Cardinals for the NL Pennant. The Braves always seemed to have the Giants' number in tight contests, but the tables were most certainly turned on them last year. Defeating that pompous Tony LaRussa and his Cards was also a satisfying feat for the Giants, but unfortunately they just couldn't pull the trigger on the Angels who happened to be the team of destiny in 2002. It was quite a wild ride and I'm looking forward to another one this year.

I'm also reminded of Game 4 of last year's World Series that took place at Pac Bell Park with the Giants down 2-games to 1. I was fortunate enough to be part of the flag ceremony before the game in my class "A" uniform along with others—note the pic with this column of myself holding one of the corners of a big red star near the left field line with Kirk "Woody" Reuter in the background. It's a pretty decent photo.

The pre-game ceremonies concluded with God Bless America being sung and the National Anthem performed as well. I along with the others (including Northern Station's Bernie Corry and Tom Deely) were to exit the field through an outfield gate. Giants shortstop Rich Aurilia was near us still warming up for the game when all-of-a-sudden Corry tosses his disposable camera at Deely, grabs Aurilia, and asks Deely to quickly take a picture. I not wanting to miss out on this opportunity ran up and stood on the other side of Aurilia to be included in on the pic. Deely then took the picture and we gladly thanked Aurilia.

Deely then tossed the camera back at Corry and grabbed Aurilia as well

so he in fact could get a pic with the famous infielder. Corry snapped the shot of them, we again thanked Aurilia who was a great sport about the whole thing, and finally made our way off the field. It was an exhilarating experience that was topped only by the game that followed, as the Giants won the game with an exciting come-back from 3-runs down to even the series at 2-2.

Also with this column is the perfect picture that Bernie Corry took of Tom Deely and Rich Aurilia—it's centered nicely, is very clear, and is a picture that I'm sure Deely will cherish for a long time. Take a look at the not-so-perfect pic of me, Corry and Aurilia.—The picture is blurry with most of our bodies cut off. What a crappie job done by that photo artist Deely who was so



Bernie Correy, Rich Aurilia and Nick Shihadeh before Game Four of last year's World Series.

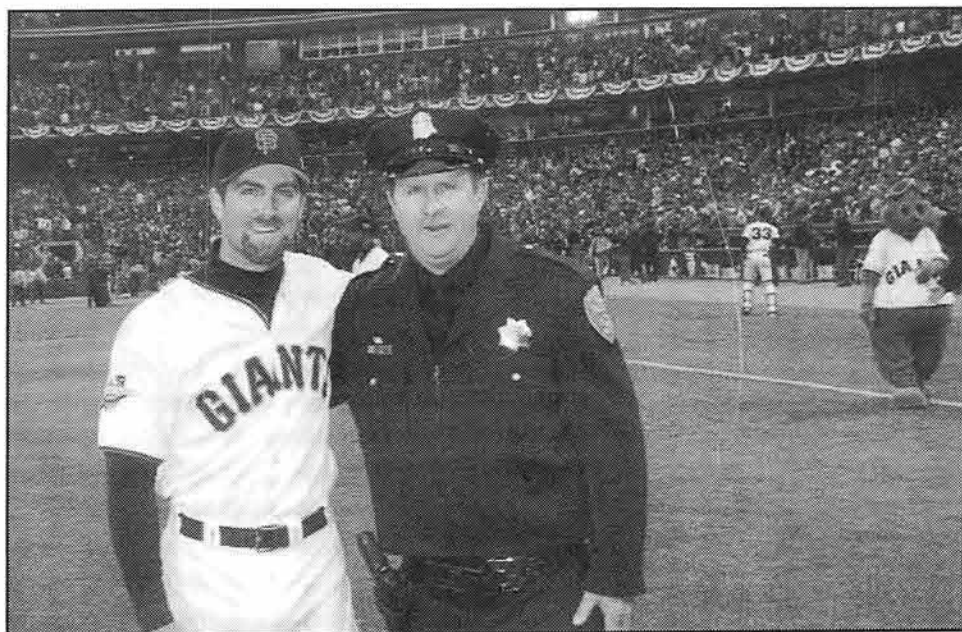
nervous and shaky that he couldn't hold still while taking the pic. He also thought that the crowd and stadium decks in the background were more important than the people he was taking the picture of. I tell you, I have forgiven the SF Giants for not winning the World Series last year but I will never forgive Deely for his huge flub when it came to taking this important pic.

Maybe another shot by the Giants at this year's World Series and them even winning the darn thing might help me forgive and forget. Time will only tell.

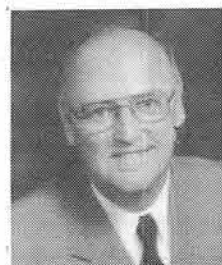
I feel kind've better getting that off my chest....That's all for now....So See Ya next month...



Nick Shihadeh participating in the pre-game ceremony at Game 4 of the 2002 World Series. Kirk Rueter is in the background.



Rich Aurilia with Tom Deeley before Game Four of the 2002 World Series.



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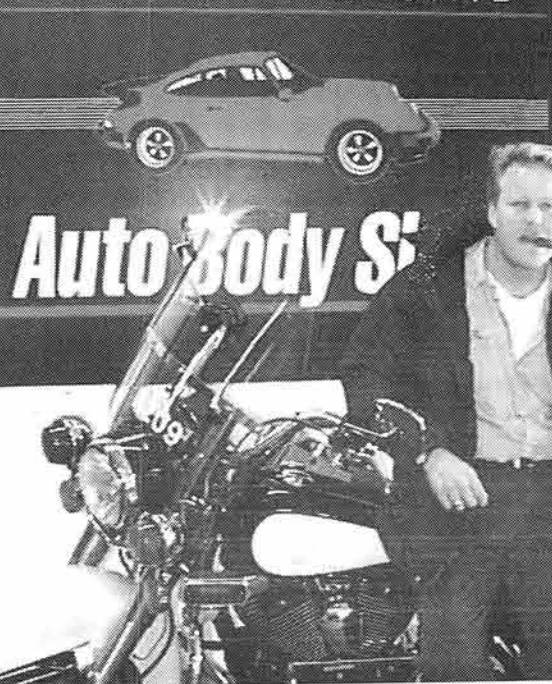


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# The 2003 Police and Fire Games

by Rafael Labutan, Jr.  
Richmond Station

I would just like to tell you about my experience at The Police and Fire Olympic Games held in Sacramento, Ca. It would not be fair to leave out the other events I saw with fellow officers receiving their medals during the whole week. It started on Sun. June 15, 2003 with an 0800hr. Coed Softball Game. Our Team Capt. Bill Brunicardi had great looking jerseys made for us but apparently nobody knew some of the players capabilities nor did some of us know where to register before The Games started. Game 1 was over as soon as sunrise, a forfeit for S.F.P.D. Game 2(Let us Pray) We barely fielded a team and held our own losing to a Softball Team from the Sacramento area.

The Team consisted of Capt. Bill, Jerrell (J.B.) Bell, my team mates at Richmond/Taraval- Jerry Lyons, Justin Erb, Bill Decarsky, Geno Travasero, Gary Mendribil and myself. The women who played very well included Maria (Ringer)Swann who had 2 line

I was nervous thinking about my events. I only slept for 3-1/2hrs. I tried to find The S.F.P.D. Soccer Team to take pictures of them. Sorry guys! I could not find the event where it was held. All of the events were spread out. I did find a small fraction of The Soccer Team at The Embassy Suites located by Old Sacramento. I left and saw Pete Richardson and K.J. from Mission Station and had dinner with them watching The U.S. Soccer Team lose to Turkey. I'd like to again thank them both for dinner. That was a Gold Medal Finish.

Michael Simmons of S.F.P.D. came in third with the Bronze Medal in the 100 Meter Dash not too far behind The Gold and Silver Medallists. I was dead last in this overcrowded field of 9 lanes. Simmons holds his High School Record at Skyline High in Pacifica that still stands. I congratulated Lou Perez on his Bronze Medal. Lou can run forever, just Amazing! Also Francis Terry competed in Track and Field and won Gold along with 2 other Medals! Thank You also Sheila Jackson for cheering us on! (See Photo)

Well, I was not satisfied coming here for nothing (still shutout)and was determined to defend my title from last years Gold Medal in The Long Jump. I ended up with The Silver at 15110". I lost to a guy from Oregon at 1813". I still beat out The C.H.P. guy named Richard Ulrich who was vowing to beat me from last years Santa Ana Games. Anyway he

thanked me for putting last years picture in The S.F.P.O.A. as The C.H.P. paper did not even acknowledge his achievement. Wendel Jones also won the Silver Medal in his division for the Long Jump. Ed Marchand and I are going to take donations to buy Wendel some new track shoes. He was still jumping from the ones he had in High School!(I'm Serious!)He probably could have taken the Gold if he had new track shoes!

I still wasn't satisfied with 1 medal and hung around near the end of the Track and Field Event and asked Decathlon Champion for many years- Ed Marchand about throwing the Javelin. Ed showed me how to hold and grip it. Ed told me to try throwing it around. I did and you know what? I liked the idea of competing the next day. I did not tell Ed until I ran into Sgt. Bob DelTorre who also gave me some advice and I was convinced to register for Saturday. I ended up with a Silver missing the Gold by a foot.

Bob DelTorre threw The Javelin and ended up with Gold as Ed Marchand nursing an injury yet comes away with a Silver Medal in his division. You have to admire guys like Marchand and Simmons as they just go out and do it no matter how beat up they are! Anyway, I had A Great Time! This is a New Sport Event for me even at my age! We have to get a good number of S.F.P.D. Officers to represent us next year in Stockton, Ca. Start Thinking GOLD!

P.S. I would also like to extend my Congratulations to everyone who competed and I apologize that I could not see a few other events.

by Ed Marchand,  
Taraval Station

I thought I would have had a better track season, but I've had a little hamstring problem. We've had an addition to our SFPD track team Frances Terry of Ingleside Station.

We started our season in The Arizona Police & Fire Games Tucson Az. in April.

Let me start with our new addition Frances Terry ran these events: 50m, 100m, 200, 400, 4X100, 4X400. Terry like a trooper came to the line for SFPD with 6 GOLD Medals. It was amazing to see someone who trained for a few months with a world class coaching and nutrition staff use her God-given talents with new athletic knowledge to pull out 5 GOLD Medals.

Next we have Mr. Mike Simmons from Southern Station. Mike ran in these events: 50m, 100, 200, 400, 4X100, 4X400. Mike took 6 GOLD MEDALS from state of Arizona.

April is very early for us to compete at a high level, so we were all expecting good things to happen for us in the later stages of our competition. I had a good time in my events: Javelin, discus, Long Jump, Triple jump, 4X400 pulling 5 GOLD Medals.

We're on our way to The California Police and Fire Games, Sacramento Ca. (June 2003). Again I'll start with Frances Terry. Terry came through again for the team snatching Gold medals in 100m, 200, and Silver in the 4X100.

Mr. Mike Squeezed out a drawer full of medals: SILVER 100m, GOLD 200, GOLD 4X400. Mike and his world class coach felt that his start in the sprints are working very well, because the competition field is always trying to catch him at 50 meters. The world class coaching staff had Mike work on the second half of his races for the rest of the season to get him ready the World Police and Fire Games in Spain.

There were other GREAT performances that I witnessed by that Jamaican BOBsled Deltorre from Treasure Island. I watched this guy strut around helping other athletes and taking candid photos of unsuspecting prey, but in between he competed in the discus pocketing a GOLD medal then coming right back to throw the Javelin for big a Silver Medal, if I'm not mistaken.

Another familiar face I saw lurking in the area was someone who resembled Wendell Jones from TAC, but with more muscles. Anyway this guy ran these events 100m, Longjump pumping two SILVER medals in those event. He looked like Jones, but this guy had great world class sprinting form in the 100m. I saw him speaking with the world class coaching staff about the longjump and again I saw

the great sprinting form down the longjump runway for a Medal performance (Wendell Jones would have been proud).

One expert runner I hoped I would see at the games, because seeing him compete lets me know that I'm not doing very much. Sgt. Lou Perez from Ingleside/Legal/GTF/SWAT? I'm not sure he might be undercover.

Lou competed in the triathlon, 1500m, 5000, and the make me sweat just for watching competition. Lou brought SFPD a slew of medals: GOLD, SILVER, BRONZE, EVERYTHING.

And then there's special athletes that stand on the side like spectators, and when you least expect it they're flying down the track in the 100m, or doing the Longjump (getting medals) or just blowing people away by throwing the Javelin for the first time in their life for a SILVER medal.

Amazing Rafael Labutan from Richmond Station did this.

I had a really good time at this event because I had a blown right (hamstring) shock absorber (no pressure to perform). I managed to have fun in events and still walk away with 2 SILVER medals in the Decathlon and the Javelin.

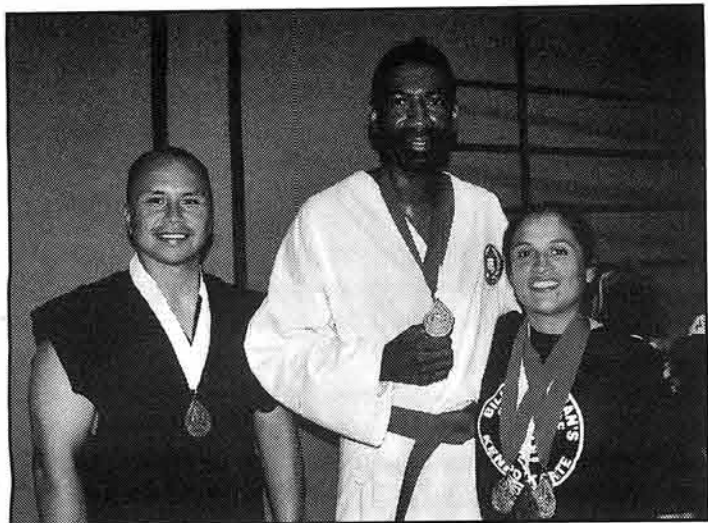
IF I FORGOT SOMETHING OR LEFT ANYONE OUT I AM VERY SORRY.

The next event was the World Police and Fire Games in Barcelona Spain.

Let me start with Terry who pulled out all the stops. Terry came through with a great silver streak performance in the 100m with a SILVER medal in her-first international competition. Terry bounced back in a few minutes to run the 200m dash against a very stacked field.

Terry had an unfortunate outside lane which means she won't be able to see the other runners until the straight away. Terry held on until the end of the turn then faded slightly to come back on the field for a smooth third place finish. Terry still being very nice and humble after two medals in internationally ranked competition didn't know it's OK to be pumped-up now "the relays are coming". Terry hooked-up with a few Americans and Europeans to form a 4X100 relay team for a special Gold Medal performance. Great Job FRANCES TERRY - Coach SHEILA JACKSON

Mr. MIKE SIMMONS events: 100m, 200m, 4X100, 4X400. Mike's first event 100m semifinal. Mike was totally focused. As usual Mike was first out of the blocks. I waited to see if our training on the last half of the race would work. Mike stayed 15-20 yards ahead of the field until 60 meters. Mike's lead dropped by 10 yards only. The field couldn't do anything to catch him. Mike crossed the finish line with 10 meters on the whole field with the fast-



Dennis Martinez, Carl Bonner and Marina Baron

drive hits, Marina (2 Gold Medals and Gold Glove at 2nd Base) Barron, Maricela (Smiley)Sainez, Jennifer (I have not played this game in awhile, another Ringer) Marino and who could forget The Savior - Kathryn Choy who was called upon at the very last moment before game time. She played a Great Game in right field. I hate to admit this but the women clearly outplayed the guys as we would try to muscle one over the outfielders while the girls got the clean hits. I along with Gary will be putting together a Coed Softball Team next year set for Stockton, Ca. We will comeback and put S.F.P.D. back on top! (See Team Photo)

Gary, Justin and I went back to The Radisson Hotel and saw Marina Barron win 2 Gold Medals and a Bronze in The Karate Event. It was a Kick watching Marina as she is so quick for her size. Then Carl Bonner wins a Gold Medal (Karate) in his division. I finally met Dennis Martinez who also fought and won a Bronze Medal. Dennis previously had won Gold Medals in 5 straight years prior to this years event. Congratulations to the three of them!

Over The Line was cancelled on Wed. Thursday was supposed to be the start of The Masters Softball Team which I figured, S.F.P.D. had to be the favorites to win The Gold as we pretty much had the same team as last year playing in The Senior Division winning a Bronze Medal, but our team folded just before the Games started. As Matt Hanley, Joe McKenna and I sat outside The Hotel, we could just imagine playing in The Masters and Winning it All!

Friday morning (6-20-03) came and



Standing L-R: Rafael Labutan, Geno Travasero, Jerry Lyons, Jason Bell, Jerrell Bell, Kathryn Choy, Justin Erb, Maricela Sainez. Kneeling, L-R: Jennifer Marino, Bill Brunicardi, Bill Decarsky, Marina Baron, Maria Swann, Gary Mendribil. Batboys Sainez and Branden Lyons.





World Class SFPD Track Stars in Barcelona, Spain.



Mike Simmons blazing to a Heat 1 win at the 2003 Police/Fire World Games, Barcelona, Spain. The crowd couldn't catch him.

est time of the semifinals. The next day Mike was Again in total focus. Mike's only competition was the winner of semifinal #3, who ran very hard for a slower time than Mike's. The 100 final had everyone nervous because it was 100 degrees, the Olympic Stadium was completely out of bottled water with no provisions on the way for the athletes.

Mike came out of the blocks in front of the field by 6 yards, grabbed his leg and called in race. Mike had a tremendous hamstring pull which stopped his forward progress. We Hoped that Mike would be able to run in his other events but it wasn't possible. Mike had a sure gold medal.

I was as ready as I could be considering my prior injuries. My events were the Javelin, 4X100, 4X400 relays. In the javelin competition I felt nervous, but it stopped once I started the competition. I had two very bad throws in the beginning in which all the other competitors thought that I was a rookie and it was their duty to now coach ME. I tried to explain that I slipped and my hands were sweaty but they didn't understand me, I didn't understand them. Anyway when I got myself together on my forth throw I

passed 16 of the twenty competitors for a fourth place finish. The other competitors didn't talk to me anymore.

My next event was the 4X100 relay in which I ran with the Puerto Rico Fire Dept. Team who graciously recruited me. We pulled in a fast second place SILVER medal. In the 4X400 we had the USA team comprised of Compton, Rialto PD, Louisiana Sheriff Dept., LA County Sheriffs, SFPD. I ran first leg coming through in a close First/second place to hand off to Louisiana SD which dropped us to a quick eighth place. Rialto PD brought us up to sixth place, and LASD brought up to a hot third place BRONZE medal. Time to come home, because we miss our food, air conditioning, manners, clean water and smiles. We had a good time with the athletes from all the different countries (GREAT COMRADES). Our last stop on the track and field summer tour is The Nevada Police and Fire Games. The only track & field participant in the games for SFPD was Terry who cooled the other teams by bringing home four GOLD medals in 50m, 100m, 200m, 4X100. GREAT SEASON OFFICERS TERRY, SIMMONS.

## Searching For Those 2003 Track And Field Athletes

by Alex Jackson,  
Airport Bureau, Retired

I know that you were at the California Police and Fire Games, which were held in Sacramento. I heard the announcer call your name and department. Yours happened to be the SFPD. I also know that you won a gold medal in your event, I just don't know you. You were given a gold medal in the 100 meter run. One of you was a male officer who ran the 100 meters in 11.44 seconds. The other was a female officer who ran the 100 meters in 12.26 seconds. That's remarkable You triumphed over LAPD. You must have saddened them.

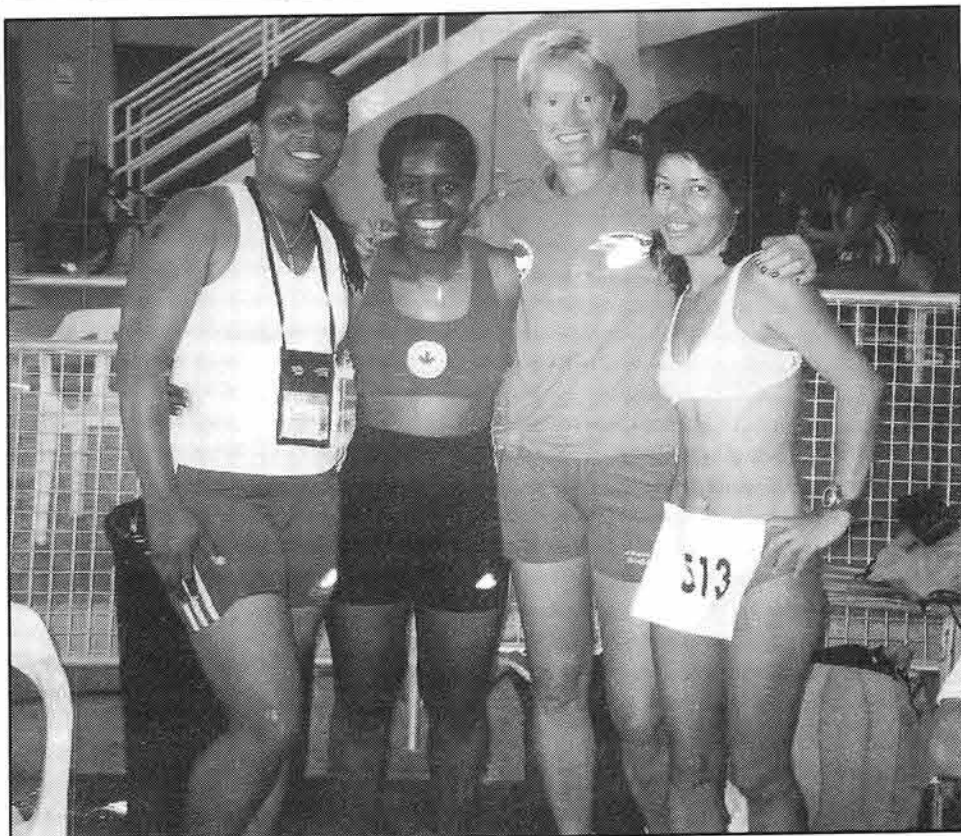
Like some of the other athletes in SFPD, you wanted anonymity from the other stations. Thus, you failed to send the Sports Editor a note on your success. Maybe you didn't want all of the members of SFPD to know. You only wanted your assigned Company to know. I guess that's all right, but it's not satisfying to some of us who follow the events and want to know you. So please drop a note to the Editor, so that we might know you. I know Michael Simmons of Southern, who participated, and all of the past athletes of the Airport Bureau, who were outstanding in their day.

In 2002, I wrote a memo to the

Sports Editor regarding a "Track and Field Appeal for 2003." I'm not certain if your response was to my memo. You made all of us there proud of you. If your note does not reach the Sports Editor, I'll locate your name when the results are published.

I ran too. I won a gold medal in the 100 meter run (06/20/03) in 13.03 seconds. I wanted to run faster, but my 58-year-old body took me as fast as it could for that moment in time. The following day, I ran the first leg of the 4X100 meter relay. We won the gold medal in that event also. It was a total team effort. I didn't run the 200 this year. I ran my events in the name of Jesus of Nazareth. I have been blessed by His grace, mercy, compassion, forgiveness, protection and loving kindness. In some way, I guess, we have all been blessed, I dedicated my events to my late brother and sister.

You were beautiful in Sacramento. I thank you for those proud moments. It's really good to beat LAPD. Feels good, too. We are now waiting for that 10.44 male sprinter in the 100 meters to enter the track. Could he be stationed at the Airport? It's possible. We shall wait for him. To each of you, please give God some of your time. Bye.



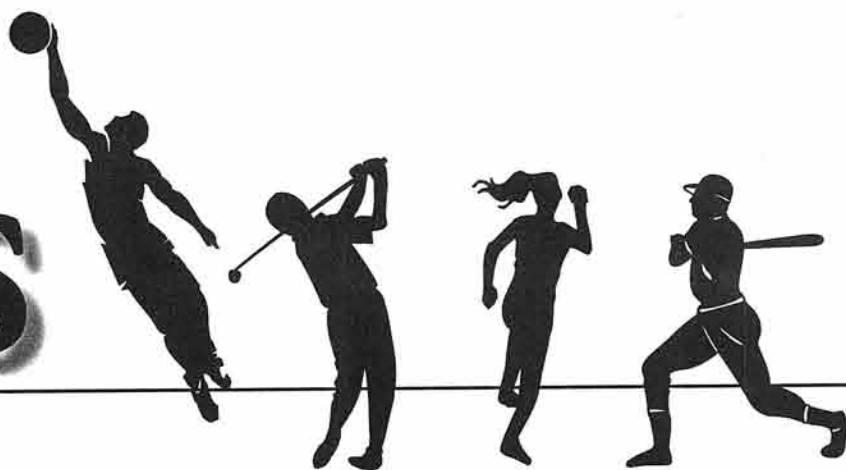
Gold Medal Team — 2003 Police/Fire World Games, Barcelona, Spain



Frances Terry, Co. H; Mike Simmons, Co. B; Edouard Marchand, Co. I; Rafael Labutan, Co. G and Robert DelTorre, T.I. at the 2003 Police/Fire Games in Sacramento.



# Sports



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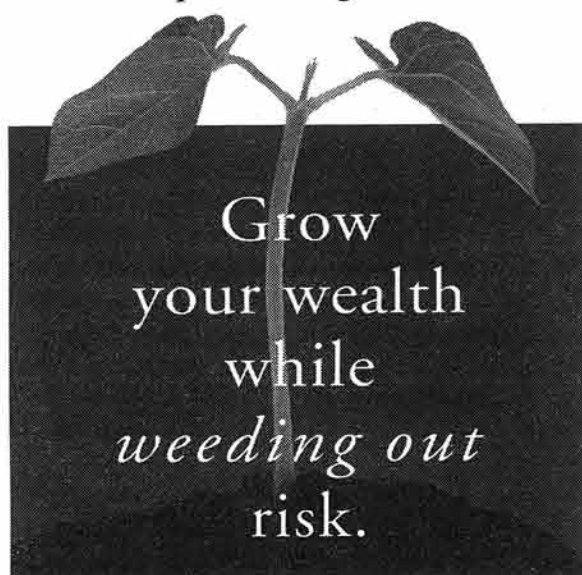


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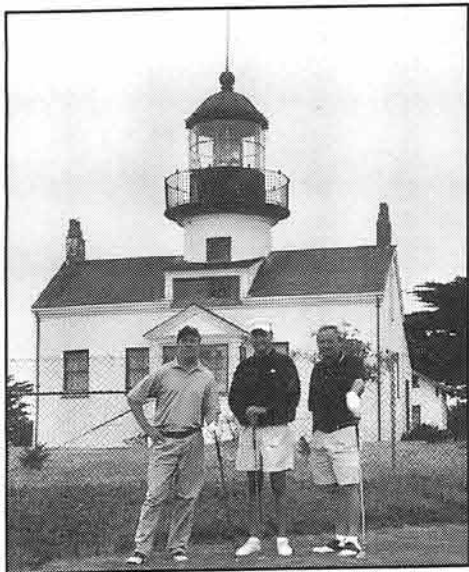


# THE LOON'S NEST REPORT

by Ed Garcia  
Central Station

## Anzore Wins Summer Classic at Monterey

Late July saw members of the Loon's Nest Golf Club make another Monterey migration for the Summer Golf Classic. This marked the eighth Loon adventure on the Monterey Peninsula in seventeen years, and this year we had the largest turnout for a Monterey trip. The Loons opened up at Del Monte Golf Club in Cannel, and the second round was played at Pacific Grove Golf Links.



Historic Lighthouse at P.G. Golf Links

hind Anzore. Moss had a net score of one thirty-six, which gave him first low net in the first flight. Tom Del Torre took second low gross, and Glenn Mar had third low gross in the flight. Joel Timpano also had a net



A Gathering of Loons at Pacific Grove

As play opened at Del Monte, four players jumped out to set a tough pace as Ed Anzore of Permits, and Steve Moss of the Airport Bureau, had two over par scores of thirty-eight. Glenn Mar of the Tact Squad, and Steve Morimoto of Robbery, had thirtynines. At the turn, Tom Del Torre was lurking five shots off the pace, but came back with a blistering thirty-seven on the back nine. At the end of the first day, Ed Anzore's seventy-seven gave him a two shot lead over Glenn Mar at seventy-nine, while Del Torre and Moss posted rounds of eighty.

As the Loons arrived at Pacific Grove Golf Links for the second day of play, Anzore felt invigorated by the light ocean breeze, as he returned to the scene of his "Hole-in-one" on the 2002 Loon's Monterey visit. Anzore started the day with a fine one over par thirty-six on the front at Pacific Grove. Steve Moss was determined to stay hot on Anzore's trail, as he fired a two over par thirty-seven. Mar and Del Torre slipped to rounds of forty and forty-four respectively. Once again Del Torre turned it on through the back nine and fired a one over par thirty-six as he challenged for the lead. Steve Moss fired a two over par thirty-seven on back as the pressure mounted on the leader, Anzore. Anzore ran into a double bogey on the par five, twelfth hole, which appeared to almost eliminate him from contention. Anzore then pulled his game back together and posted pars for five of the remaining six holes. He finished with a score of seventy-six and a two-day total of one fifty-three and the Summer Championship. Steve Moss had a two-day total of one fifty-four, one stroke be-

score of one thirty-six in first flight play, giving him second low net after a tie-breaker with Moss. Lou Landini of Alameda D.A.'s posted a net one forty-four for third low net.

Second flight low gross was a two-day battle between Roy Sullivan of the Airport Bureau, and Joe Fischer of T.T.F. Both players opened up with rounds of ninety-one at Del Monte to share the lead, as both players had nines of forty-five and forty-six. As the match moved to Pacific Grove, both players opened with matching front sides of forty-three. They continued at a dead heat through the eleventh hole. Sullivan then turned it on, as he posted pars on five of the remaining seven holes, and finished the back side with a thirty-nine and a round of eighty-two. This gave Roy a two-day total of one seventy-three, and first low gross in the flight. Fischer finished in second, and Bernard Wu finished in third.

Second flight low net play was dominated by our former range master, Mickey Griffin, who posted a two day net score of one thirty-nine, giving him a three stroke victory over Taraval's Juanita Stockwell. Dan Mahoney of Staff Services fired a round of eighty-nine on the second day, as he posted a two day net score of one forty-three, leaving him one stroke behind Juanita.

The Loons then began their northward migration after the awards ceremony, leaving with memories of some great golf and numerous other adventures enjoyed in the Monterey area. The Loons had played, dined, frolicked and socialized through the Monterey area making many new friends and always leaving big tips Yes Monterey, we will be back.

## Loon's Nest Scoreboard Summer Golf Classic

Player	Del Monte G.C.	Pacific Grove G.L.	Total	Score
Ed Anzore,	77	76		153
Steve Moss	80	74		154
Tom Del Torre	80	80		160
Glenn Mar	79	86		165
Bernard Wu	86	81		167
Ken Lum	85	84		169
Steve Morimoto	84	86		170
Ed Garcia	92	81		173
Roy Sullivan	91	82		173
Joe Finigan	88	86		174
Lou Landini	89	87		176
Joe Fischer	91	86		177
Tim Lee	90	88		178
Rick Parry	88	92		180
Joel Timpano	92	88		180
Owen Sweeney	94	86		180
Dominic Panina	95	86		181
Dan Mahoney	89	94		183
Mickey Griffin	94	89		183
George Brown	93	94		187
Alex Chong	92	97		189
Mary Godfrey	94	95		189
Tim Kiely	105	95		203
Dennis Meixner	101	102		204
Al McCann	103	101		204
Juanita Stockwell	103	101		204
Mark Ballard	106	105		211
Dan Bonnel	104	108		211
Gile Pursely	114	102		216
Rich Struckman.	122	108		230
Mark Trierweiler	129	114		240
Dave Householder	130	110		240
Chris Martinez	129	118		247
John Greenwood	103	W.D.		

## Close To The Hole Winners

### Del Monte Golf Club

Hole #6	1st Place	Joe Finigan 23'2"
Hole #4	1st Place	Gile Pursely 16'9"
	2nd Place	Roy Sullivan 19'5"
Hole #12	1st Place	Ed Anzore 10'8"
	2nd Place	Ken Lum 29'0"
Hole #14	1st Place	Mary Godfrey 27'0"

### Pacific Grove Golf Links

Hole #1	1st Place	Mickey Griffin 7'0"
	2nd Place	Dan Mahoney 7'4"
Hole #2	1st Place	Dan Mahoney 29'5"
	2nd Place	Joe Fischer 38'5"
Hole #10	1st Place	Tim Lee 16'0"
	2nd Place	Glenn Mar 23'7"
Hole #17	1st Place	Bernard Wu 5'10"
	2nd Place	Owen Sweeney 13'10"

## Long Drive Winners

Mary Godfrey 210 yards & Alex Chong 259 yards



# Sports



## Training for Jeff Barker 4.6 Mile Lake Merced Ironman Run

by L.A. Perez  
Tenderloin Station

I am routinely approached by officers who pose the following question to me: "How can I get faster, and what do I have to do?" Specifically, how does one get faster for the Ironman run or the 1.5-mile PT test? It boils down to hard work and training smarts.

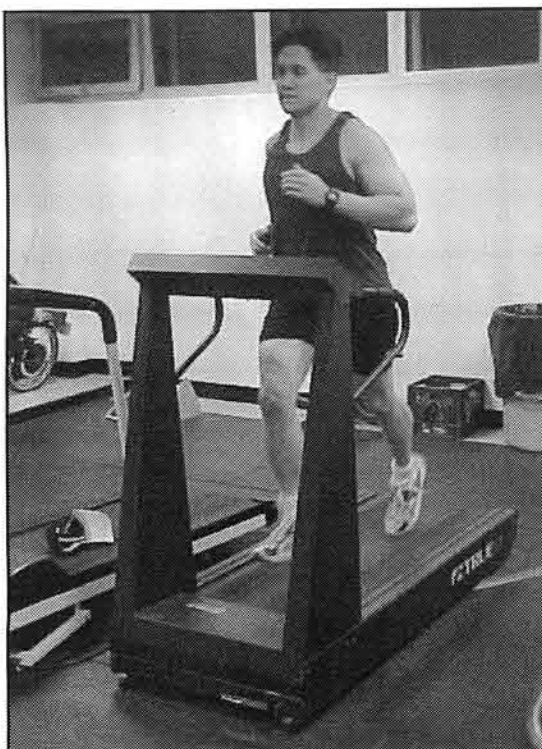
I'm a firm believer in quality over quantity. Forget about running every day. This is how you can get hurt and burnt out. I run three days a week and can still run a sub 5-metric mile and a 2:1.5 800 meters or half-mile (as my latest foot pursuit victim in the TL can attest to.) Several years ago, I wrote a POA Journal article about training with a heart rate monitor and offered speed workouts and tips. I recently read an article by American miler legend Steve Scott with the same training tips. We may think alike, but it's too bad for me that we don't race alike! Here are a few more tips for you:

### Quality Running

Scrap the junk mileage. If you want to race well in the Ironman run or PT

test, you'll need to push yourself to an uncomfortably hard level. A pace where you can barely talk but, fall short of a total collapse. We're talking between 80 to 90% of your maximum heart rate. This translates to a shorter distance workout and more rest after you're done. My favorite lung-busting workout is a 5-6 mile tempo run that lasts 30-40 minutes. I'll ease into the run and take note of my first mile split. If I'm going good, I'll push it the whole way. If I feel like crud, I'll pace myself and let loose when I hit the last mile mark. I always train myself to go hard at the end and hit my maximum heart rate.

If you've run The Lake before, you know that the last mile split comes right before the Lake Merced Rod and Gun Club. It's that last .6 of a mile that kills you because it slopes upward at a gradual incline and turns your quads into jelly. Make sure that you train this way in order to drop your competition at the end (if you're Captain O'Leary, this is when you'll want to make your move on DC Bruce, okay?) Put in some



Eric Vintero trains for the competition

quality interval speed work on the treadmill consisting of 2-3 minute running bursts with at least 3-4 minutes of easy jogging for recovery. The treadmill forces you to run with solid form when you're tired, and enhances a faster leg turnover rate (the fastest elite athletes in the world average 80-90 foot strikes per minute.) Count your footstrikes and see how

you measure up. Good form translates to fast speed. There's a saying that goes, "Speed kills." The other half of that cliché is "Speed kills those who don't have it." Make sure that you fall into the former category. Rest 1-2 days in between these tough workouts for complete recovery. If you go out for a run and don't feel like you have it, turn back around and go home. Cross train and do something else. Or go to Blockbuster, rent the latest video release and take the day off. Your body will thank you for it the next day!

### Strength Training

I've been plagued with minor calf and Achilles tendon injuries for the past two years. I've stretched, iced, and rested to no avail. I finally put those injuries behind me when I began to strength train. After I finish my run, I'll immediately go to my home gym and lift weights. A full body circuit workout that lasts 20-25 minutes and burns an additional 400 calories. I'll do 3x10 bench press, curls, dips, and upright barbell rows. Then I'll mix in 3x15 vertical leg presses with 15 toe presses at the end, 3x20 leg extensions, and 3 sets of slanted board sit-ups to failure. The upper body workout is necessary to maintain good form when you're getting tired. The lower body workout prevents injuries. The sit-ups strengthen your core and allow you to maintain proper form and push off on your lower body for speed. I strength train after I run in order to maximize the post-calorie burn off and avoid gaining too much muscle. Muscle will slow you down because weight is weight. Your legs will still have to push it. The idea is to stay as lean and strong as possible without adding unnecessary bulk.

### Cross Training

Now that I'm in my 40's and about to become a grandfather (and you

can't call me "Gramps" until you can outrun me!) I tend to listen to my body more. There have been days when I've headed out for a run and felt a twinge in my calf or knee. I'll cut my losses and trash my running workout. Ok, so now I can't run. Now what? It's off to the pool where I can swim for an hour, burn the same amount of calories, and achieve a higher average and maximum heart rate. I'm losing nothing except more calories and lessening my risk to an over-training injury. Or else I'll jump on my road bike and pedal for a few hours. Again, I can achieve the same or higher heart rate that running gives me, burn more calories, and get more fit in the process. If you can't swim or don't have a bike, you can try one of the many machines at the local gym. Many runners prefer the elliptical trainer because it mimics the same strength and leg biomechanics that running gives them. The key here is to do something different when the mood strikes you. You'll still be running for your Ironman goal when your competition will be grappling with over-training burnout and injuries.

### Diet

Finally, you'll have to eat right to train right. There really is some truth to the old adage of "Junk in and junk out." Your body needs the right amount of protein, complex carbohydrates, fats, vitamins, and minerals to recover and rebuild muscle. I use a software program called Dietpower (which you can download at [www.dietpower.com](http://www.dietpower.com) on a trial basis) to monitor what I eat every day. My favorite workout recovery meal is an 800-calorie chocolate protein-carbohydrate shake with bananas, apples, yogurt, non-fat cottage cheese, oatmeal, peanut butter, and protein powder. Yum-yum! Just don't drink too many of these or you'll be hauling extra weight around The Lake. You may want to throw in a scoop of glutamine powder to enhance your muscle rebuilding and recovery process. You can pick up some glutamine powder at your local GNC. Avoid the creatine unless you want to bulk up and retain extra water weight. That won't help your running efforts at all. To enhance your diet and recovery efforts, make sure that you get a full 8-9 hours of sleep every night. Your body secretes human growth hormone and repairs itself when you're sleeping. I use to have trouble getting a full night's sleep until I bought one of those black sleeping masks at the local Walgreen's. Now when I wake up in the morning and don't feel rested, I'll throw on the mask and get an extra 2-3 hours of sleep. It may look funny but it works!

That's it. Kind of simple and easy to do once you make it a habit. Keep a training log to track your progress and give yourself some extra motivation. See you at the Ironman!

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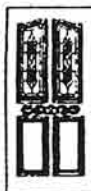
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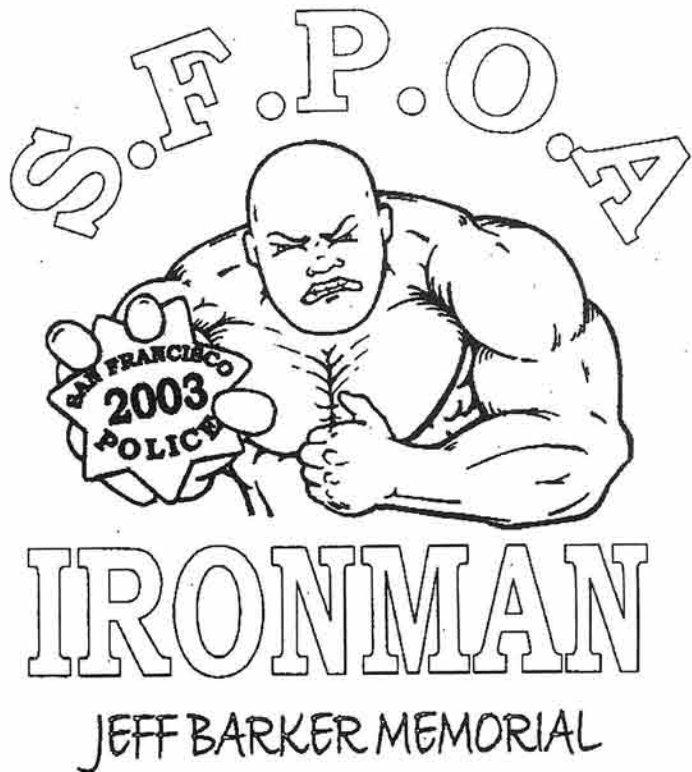
# 2003 Ironman/ Ironwoman Competition

by Eric Vintero  
Taraval Station

On Wednesday October 15, 2003, the Ironman/Ironwoman competition will be held. This competition was brought back in 1998 following a 13year absence (thanks to the hard work of Deputy Chief Rick Bruce and Deputy Chief Greg Suhr). The event became known as the Jeff Barker Memorial Ironman Competition, in memory of Officer Jeff Barker, one of the driving forces behind the early competitions. This year's event will honor both the original participants and their athletic legacy, and Jeff Barker, whose tireless efforts over the years in support of police athletics, are still appreciated.

This year's competition will be hosted by Tenderloin station (2002 Team open champions). This is a tremendous opportunity for officers from all over the Department to get together in the spirit of competition. Participants may compete as either individuals (completing in all five events), or as members of a team in which each team member performs a single event. Women are strongly encouraged to participate, both as members of mixed teams, and as individuals against the other female competitors.

Fill out your application early and send it to Sgt. Eric Vintero, c/o Taraval Police Station. As always, all participants will receive a commemorative Ironman T-shirt. The competition will be followed by an awards ceremony and a luncheon at the Police Range.



## 2003 Ironman/Ironwoman Application

WHEN: Wednesday, October 15, 2003

WHERE: Police Gym (Hall of Justice) at 0900 hours.  
Competition to be completed at the San Francisco Police Pistol Range, Lake Merced & Skyline Blvd. Awards luncheon to follow competition.

CLASSES OF COMPETITION: A person may compete in as many categories as he or she wishes.

- ( ) 1. Team Open (5 persons, either sex, from the same unit) 2002 champions – Tenderloin Station
- ( ) 2. Team Senior (5 persons, either sex, 40 and over, from the same unit) 2002 champions – Airport
- ( ) 3. Mixed Doubles
- ( ) 4. Ironman Open (any age) 2002 Champion Ed Yu, GTF – 3621 pts.
- ( ) 5. Ironman Senior (40 and over) 2002 Champion Angelo Spagnoli, TAC – 3265 pts.
- ( ) 6. Ironwoman Open (any age)
- ( ) 7. Ironwoman Senior (40 and over) 2002 Champion Andrea Joseph, Airport – 1632 pts.

FEES: \$10.00 per participant regardless of number of categories.

PROTEST & DECISIONS: Decided immediately by the Event Judge, whose decision will be final.

**1st Event – Bench Press – 1000 Points**  
10 points per repetition to 100. The bar must touch the chest and be raised to full arm extension. The weight lifted will be 100 pounds for men and 60 pounds for women. Three five seconds pauses in the lockout position will be permitted. 2002 leaders (male/female) Les Smith, Tenderloin 101 reps. Andrea Joseph, Airport, 42 reps.

**2nd Event – Sit-Ups – 1000 points**  
5 points per sit-up in a 3 minute time period. A sit-up consists of lying supine, legs may be bent, hands must be touching behind the head. The participant then shall raise his body and touch both elbows to both knees. The participant shall then lower his body until his back touches the mat. 2002 leaders: Pete Richardson, Mission 161. Kelly Paul, Bayview 157

**3rd Event–Pull-Ups – 1000 Points/Women Bar Hang – 1000 Points**  
20 points per pull-up to 50. A pull-up consists of a participant gripping the bar with hands facing outward at shoulder width; feet shall be together; arms extended fully; the body will rise until the chin is touching the bar; the body will then descend and the arms will lock out; feet shall not touch the floor. Women: Hang from the bar, with hands facing outward; 3 points per second. ("Kipping" is allowed) 2002 leaders: Angelo Spagnoli, TAC did 50! Kathie Feyling, Airport hung for 1:30

**4th Event – Pistol Shoot – 1000 Points**  
From the 50 yard line; 20 shots (10 right handed and 10 left handed). Department issue handguns only (40 caliber Beretta semi-auto). 2002 leaders: Don Sloan, Inspectors Bureau 740 pts. Andrea Joseph, Airport 635 pts.

**5th Event – 5 Mile Race – 1000 Points**  
Lake Merced course. 27 minutes - 1000 points. Subtract 1 point for each second over 27 minutes for men and 30 minutes for women. 2002 leaders: Lou Perez, Tenderloin 28:27=913 pts. Holly Willett, Airport 34:10=750 pts.

Name: \_\_\_\_\_ Unit: \_\_\_\_\_

Home Phone # \_\_\_\_\_

Class(es) \_\_\_\_\_

List team members and events (as well as T-shirts sizes):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_



# Close Encounters

by Steve Johnson

**P**roposition H is a poorly crafted measure that was rushed to the November/2003 ballot by certain members of the Board of Supervisors. This proposition, if passed, will place the San Francisco Police Department in the hands of the Board of Supervisors who will then be able to manipulate the Department's internal policies and procedures. Proposition H will also allow the OCC to file charges against you directly with the Police Commission, regardless of whether the Chief thinks your case belongs there or not.

Where did Proposition H come from?

The measure's author claimed that he was not out to hurt the rank and file police officer and that most officers do a tremendous job. So then why would he craft language that can only put police officers in jeopardy of losing their job while doing their job?

It was also very clear from statements made by other members of the Board of Supervisors that Proposition H has nothing to do with police accountability and everything to do with politics. It was initiated because, "the SFPOA endorsed the wrong guy for Mayor." Wow, that's democracy in action.

One of the proponents of Proposition H, an attorney from the ACLU, is out petitioning community organizations for their support stating that the SFPD is in such disarray because the Police Commission won't hold "hearings" on complaints filed by members of the public. How can an attorney advocate that the Police Commission hear from every family member and friend of a complainant, including neighborhood activists, before the Commission has the facts of a case involving a police officer?

So who's opposed to this insanity? We have a tremendous, and growing, list of supporters. Two of our most notable supporters are U.S. Senator Dianne Feinstein (who just happened to be the President of the SF Board of Supervisors at one time as well as the Mayor of our City so she just might know what she's talking about) and John Keizer (former President of the Police Commission under two mayors and one of the finest attorneys in the country). Both Senator Feinstein and John Keizer realize that Proposition H is not a good thing for the people of San Francisco.

We can only hope the rest of the electorate agrees.

One thing everyone can agree on is that there are a lot of great police officers out there doing tremendous work...

A Youth Guidance Counselor was viciously beaten by a juvenile inmate just last month. The suspect took the counselor's keys and made good his escape from the juvenile detention facility located right at the top of Portola Drive. **Officer Paris DeShong** was the first on the scene and set up the search perimeter. **Officer Gabriel Gallaread**,

**Officer Robert Toomey, Officer Victor Hui, Officer Jeffrey Chang, Officer David Do, and Officer Kevin Murray** also responded to look for the vicious felon. **Officer Do** and **Officer Murray** found the suspect cowering on the roof of one of the buildings and placed him in custody. The juvenile suspect's clothes were soaked in the blood of his victim.

**Officer Jason Sawyer** and **Officer Sam Christ** were in the 2400 block of San Bruno when they came upon 2 young suspects robbing an elderly man. The suspects didn't see the officers at first, but once they did they split up and ran. **Officer Sawyer** and **Officer Christ** did the same. The juvenile suspects, as young as they were, didn't stand a chance. The officers had them in custody and later in the Youth Guidance Center.

**Officer Daniel Silver** and **Officer William Escobar** were flagged down at 5th/Market Streets by citizens who pointed to a woman who had just been severely beaten and robbed and left in the street by the suspects. The area was immediately saturated with search units including, **Officer Victoria Knight, Officer Jonathan Tong, Officer Scott Edward, Officer Kevin Moylan, and Officer Gregory Watts**. A few minutes later the suspects were found, still in possession of the stolen items taken from their victim. Night Investigations **Inspector Laurel Hall** also arrived and assisted the officers in putting the case together. And, once again, the suspects were taken to the Youth Guidance Center because they were juveniles.

And then there was the young man who runs track at one of the local high schools. He had just finished competing at a meet out at Kezar Stadium and was walking home when 4 juveniles attacked him. The suspects beat and robbed their victim. The victim was rushed to UC Hospital for treatment. **Officer Paul Weggenmann, Officer Calvin Chow, and Officer Michelangelo Apodaca** teamed up to solve this mystery. And solve it they did — all 4 of the juvenile suspects were in custody within hours and housed at the Youth Guidance Center.

Maybe the Board of Supervisors should look at the number of serious crimes being committed by juvenile suspects in San Francisco (especially those where the victims are so severely beaten). Is the juvenile justice system overloaded? Isn't that something our local government should be offering to fix... ?? Especially since tourism is kind of important to our City's economy and we wouldn't want our tourists scared away because of these random assaults...

**Sergeant Eric Vintero** responded to a call of an individual panhandling near the median at Portola Drive and St. Francis Woods Boulevard who appeared to be a hazard to drivers as he was continuously wandering between extremely heavy vehicular traffic in the area. **Eric** contacted the individual and the subject turned out to have 2 felony warrants for his arrest for crimes that occurred in Southern California, and he was also in possession of heroin. Even though new to the area the suspect, no doubt, preferred Cash not Care...

And why is the California Vehicle Code so important to police officers...

**Officer Michael Lee** and **Officer Dean Ries** stopped a car for a cracked windshield. The driver had no driver's license, no identification, and the computer said it never heard of the individual with the name he gave. **Officer Sonia Mariona**, a K-9 officer, just happened to drive by and her narcotic-sniffing dog started to go nuts. Just so happened that the man with no name had concealed 3 huge plastic bags of rock cocaine under his dashboard.

And then there was the other driver who had a broken driver's side mirror. He was pulled over by **Officer Alfred Wong** and **Officer Christa Peters**. **Alfred** and **Christa** also noticed that he was driving his car with an open container of alcohol... further investigation revealed that the driver obviously thought it was o.k. to drive around while in possession of narcotics and also while being armed with a fully loaded, 9mm semi-automatic weapon. Kids these days...

And even jaywalkers can't be trusted... **Officer Chris Muselman** and **Officer Jeremy Miller** were about to admonish an individual who had walked directly in front of on-coming traffic. They noticed a bulge in the pedestrian's waistband, which turned out to be a gun. He also had a great deal of narcotics on him — figuring it was safer to walk rather than drive so he wouldn't be pulled over...oh well...

Been to the Broadway Corridor lately on a weekend? Probably not a real good idea. Seems the many gang members from all over the Bay Area have decided that it is now their meeting ground to do with what they want. **Officer William O'Brien** and **Officer Keith Matthews** were on foot patrol the other night when they went to admonish a carload of adults who were flashing their gang signs, threatening passersby, and who just should have known better...turns out the occupants had forgotten to hide three different types of narcotics as well as a loaded gun. Whatever happened to a nice dinner and a show...

And an Academy Award performance goes to the bank robber who had just struck out by the Marina District. **Officer Daniel Shiu** and **Officer Shawn Jackson** just happened to get

a good description of the suspect and located one who matched perfectly. The suspect was doing his best impersonation of a jogger, just out for a quick morning run. He just couldn't explain the multiple bills he had hidden on his body...

**Inspector Robert Lynch**, Robbery Detail, was trying to solve a series of robberies where elderly woman were violently assaulted and their purses taken. The suspect would hang around bus stops wearing a security officer's uniform right before he struck. **Bob** managed to narrow the field of possible suspects but, unfortunately, none of the victims could positively identify the one person **Bob** had focused on. The suspect, however, had no idea how cooperative he was being when he had the unmitigated gall to use the credit cards of the victims he had beaten and robbed on the Home Shopping Network. One search warrant later and **Inspector Lynch** had the suspect in custody. The suspect had kept all of the stolen credit cards at his house along with the purse from the most recent robbery. Hopefully, everything that he ordered over the internet will fit in that tiny, little cell he will be occupying for some time...

This kid is going somewhere... **Recruit Officer Ryan Crosby**, a member of the 206th Academy Class, was proceeding to fall into formation when he noticed a young child, approximately 3 years old, walking across the Police Academy parking lot all by himself. **Ryan** scooped the little one up and made sure he was returned to his panicked family who were at a picnic in the park just on the other side of the Academy perimeter...Attention Academy Tac Staff: This has got to be worth at least one day of no push-ups!

Another homeless individual made his way to San Francisco from Oregon because he had an outstanding warrant from the state up north for sexually abusing a 3-year old girl. A detective from Oregon contacted the **SFPD Fugitive Recovery Enforcement Team** overseen by **Sgt. Luis Espinda**. **Sgt. Espinda** along with **Officer Calvin Lew, Officer Paul Ospital** and **Patrol Agent M. Tang**, discovered that the suspect, who was now enjoying his homeless status in our City, was using the computers available to the public at the main library in San Francisco to contact people in Oregon. The **FRET Team** set up a surveillance and it wasn't long before they located their suspect. While he may not appreciate his new 'residence' the suspect is no longer homeless...

**Officer Carol Margetts** and **Officer Michelle Spears** located an illegally parked car in a commercial vehicle spot in the downtown area. A simple check revealed the suspect was wanted on a felony warrant, he was in possession of a major amount of narcotics, and he had all sorts of different identifications on him, none of which were his. One of the victims who had lost his credit cards was just notified that his cards were being used for purchases by the suspect.