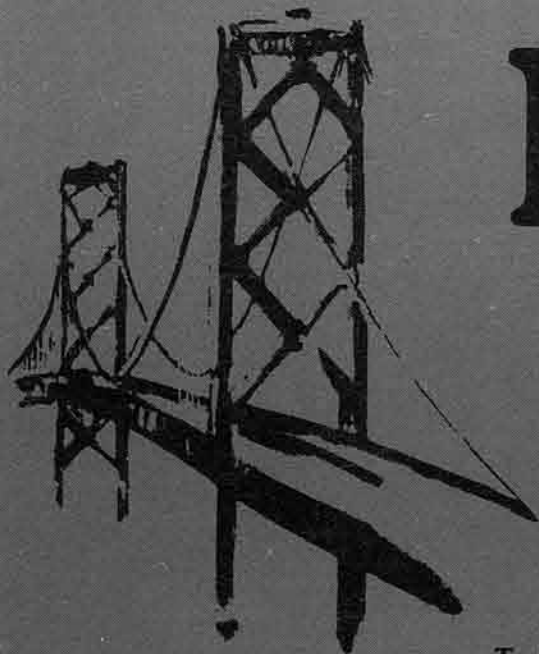


NOTEBOOK



Member
California O
of Police &

Official Publication of the San Francisco Police Officers' As

To Promote the Efficiency and Good Name of the San Francisco Police Department and its

VOLUME 25

SAN FRANCISCO, FEBRUARY 1993

NUMBER 2

A Path Less Traveled

by Al Trigueiro

Two paths diverged in a wood and we took the one less traveled... Robert Frost, the author of this acclaimed poem, probably wouldn't mind my tinkering with it just a bit to make a point.

Actually, the point was made and then some on Wednesday evening, February 3, 1993, in front of a Police Commission who listened intently as one by one police officers, their families and their friends from Labor filed orderly to the podium with explanations of why the Department's Administration should not implement the change to a dreaded fixed watch-off schedule. With the semi-annual change of watch, scheduled to take effect just days away on Saturday, February 13 and, with only a few avenues of recourse remaining, several hundred officers, family and friends met at the POA and marched to the Police Commission to show their displeasure with the proposed watch change.

After waiting patiently in the 5th floor corridors for in excess of an hour, we were finally allowed to make our presentation. At that point, SEIU Vice President, Paul Varacalli spoke on our behalf, followed by Walter Johnson of the S.F. Labor Council, Jim Ferguson and Jim Ahern of the Firefighters Union, Stan Smith, Secretary-Treasurer of the Building Trades Council and Susan Rosenthal of SEIU Local 790. Once labor had taken its turn, testimony was given by friends and spouses of our members and finally by the members themselves.

All told, the cumulative presentation took approximately fifty minutes and there were many emotional moments throughout as officers told of pending child-care problems or just the inability of maintaining a normal relationship with a loved one who works Monday to Friday with week-ends off. The Police Commission and the Department's Administrators saw and heard a united membership who pulled together to protect a working condition



that undoubtedly makes patrol officers' lives a little more bearable. But how they pulled together was as much the point as the issue itself. Once again, our members exemplified the dedication and professionalism that has kept this Department functioning through thick and thin. The message that we are professionals and that

we don't often directly request the help of the Police Commission came across loud and clear.

No, we don't often take this path, but it will undoubtedly make a difference in all of our lives — it did in mine.

Despite the Commission's failure to officially change the Department's position that evening, I know that individual Commissioners were significantly affected by our personal appeal and will hopefully recount to the powers that be the sentiment of this membership.

Outpouring of Support for POA

VOX POPULI

January 25, 1993
Mayor Frank Jordan
200 City Hall
San Francisco, CA. 94102

Dear Mayor Jordan:

Members of the Executive Committee of the San Francisco Labor Council are deeply concerned over the change in scheduling procedures regarding police personnel.

I have been instructed to communicate the feeling of dissatisfaction over what we believe is an unnecessary action on the part of the Police Department. Naturally, we are all aware of the different and dangerous world "out there". We will understand the need for adequate protection for all citizens (including police officers) but to implement unnecessary policies that will adversely affect the police

officers duty performances is, from our point of view a wrong approach in bringing about solutions to meet specific and realistic needs rather than to satisfy personal emotions. Unfortunately, police-officers are seldom honored or recognized despite ongoing protective efforts on the part of all citizens.

I am sure you, who as an individual traveled from bottom to top, well recognize all aspects of serving and protecting the general public. The "Theory of Reality" indicates our time and energy will be better used attacking much more serious problems than to engage in actions that develop into festering psychological wounds. I will be in constant contact with POA officers and will work in concert with them to prevent the re-establishment of a negative scheduling procedure.

Working together keeps us from being side-tracked by mountain-climbing over molehill methodology. So let's climb the real mountains together!

Sincerely,
Walter Johnson
Secretary-Treasurer

P.S. While you were in Washington, I placed an emergency call to you regarding the aforementioned matters. Therefore, I look forward to receiving a call from you. Thanks

January 29, 1993

Mayor Frank Jordan
200 City Hall
San Francisco, CA 94102

Dear Mayor Jordan:

The purpose of this communication is to provide you with updated information regarding my activities concerning Police Officers Scheduling procedures.

I will be attending and participating in the POA Meeting at 4:30 p.m. on February 3, and will appear before the Police Commission after the aforementioned

(See VOX POPULI, Page 3)

SFPOA General Election Results

Co. A

Jim Deignan 46
Frank Machi 42
Bob Swall 36

Co. I

Vivian Bruce 19
Joe Finigan 17
Dave Rios 3

Narcotics

Dave Faingold 13
Steve Balma 5

Headquarters

Glenn Sylvester 56
Lynne Torres 35
Forrest Fulton 31

Tactical

Matt Castagnola 31
Jerry Donovan 19

BYLAWS CHANGES

	Yes	No
Resolution #1 (Second Vice President)	337	358
Resolution #2 (\$1 for Community Service)	321	360
Resolution #3 (Increase terms in office)	440	263
Resolution #4 (All other changes)	417	240

The Notebook Needs You

We need your articles, announcements and photos to make this the best newspaper possible.

Articles should be sent to:

Tom Flippin, Editor
SFPOA Notebook
510 7th Street
San Francisco, CA 94103

The deadline for the March issue is:
Monday, March 1, 1993

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Retired Members	Page 4	Letters	Pages 16 & 17
The Members Speak	Page 7	Sports	Pages 20-23
Cop-of-the-Month Awards	Page 8	POA Golf Tournament Info	Pages 16 & 17
Close Encounters	Page 9		

Widows and Orphans Aid Association

The regular monthly meeting of the Widows & Orphans Aid Association was called to order at 2:08 p.m. by V. Pres. P. Maloney, Wednesday, January 20, 1993, Conference Room, Ingleside.

ROLL CALL OF OFFICERS: Pres. K. O'Connor excused. All other Officers & Trustees present, with members P. Pres. Mike Duffy, P. Pres. A. Quaglia and Rudy Milon.

MINUTES OF LAST MEETING: Approved as presented to the membership in writing.

COMMUNICATIONS: Following donations received and acknowledged by Secretary: VETERAN POLICE ASSOC. - 2 Donations in memory of James LaBrash & William Wilson; MR./MRS. BUDD ARMSTRONG - in memory of William Wilson; MR./MRS. CUTTER - in memory of James LaBrash; MR./MRS. J. HENDERSON - in memory of John Hanifan; FRANCIS DETERT - for courtesies from Toni Cato.

Treas. Parenti presented the following bills - Salaries, benefits, taxes, supplies. **APPROVED.**

Treas. Parenti reported the following deaths: EDWARD COSTANZI: Born in San Jose in 1937, Ed worked as an automobile mechanic before joining the Department in 1965, age 27. From the Academy to Central for a year, then to Park for 2 years, Southern for 9 years. Ed received several injuries while on duty and

spent some time between medical leave and Records. His last assignment was Warrants, at his untimely death at age 55. Ed received the following awards: 1969 - Silver Medal for assisting in arrest of 3 armed suspects who had robbed a Western Union Office and exchanged fire with the police; 1980 - Bronze Medal for assisting in arrest of 5 armed suspects who had robbed 200 people and in attempting to escape engaged in a gun duel with police.

JOHN HANIFAN: Born in San Francisco in 1932, John worked as a phone installer before he became a member of the Department in 1956 at age 23. From the Academy to Mission for 1 year, to Taraval for a year. Then it was to Central for 8 years, returning to Taraval where he remained until his retirement for service in 1986, age 55. John was awarded, in 1978, a Police Commission Commendation for assisting people from a burning building. He was a young 60 at the time of his death.

JAMES LaBRASH: Born in San Francisco in 1930, Jim was a paint maker, before joining the Department in 1956, age 25. From the Academy to Co E for a year, Co G for a year, Co D 10 years, when he was appointed a Sergeant in 1967 and was transferred to Co E. After 7 years at Northern, Jim went to Taraval, remaining there until appointed a Lieutenant, in 1975 and being transferred to

Park. He was there for a short time as well as Internal Affairs and Personnel. Assigned to Potrero for 2 years, Mission for 1 year, and then Park until appointed a Captain in 1986. He was placed in charge of Golden Gate Division of Patrol and remained there until he retired on Service in 1986 at age 55. Jim received a Police Commission Commendation in 1974 for the arrest of an armed suspect in a family dispute who had fired shots at officers.

JOHN B. O'ROURKE: Another San Franciscan born in 1917, John worked as a bottler before joining the Department in 1939 at age 22. Assigned to Taraval, after the Academy, John was there 2 years and was granted Military Leave for 4 years. When he returned, he was sent to Ingleside where he remained for 5 years until appointed a Sergeant in 1950. Assigned to Taraval for four years then to Northern until appointed a Lieutenant in 1959. As a Lieutenant he worked at Central, Mission, Taraval and Park, from where he was appointed Captain in 1970, assigned to Solo Motorcycles. From the Solos to Supervising Captain, but only for a short time until returning to Solos for another 3 years. Then to Co B, for 3 years, then Ingleside until his retirement for service in 1976, age 58. John was 75 when he passed away.

SALVATORE PALONI: Born in Schenactdy, New York in 1920, Sal was a Limited Tenure Officer, when he became a regular member in 1950, age 29. From the Academy to Ingleside for six months, Mission 6 years, before being detailed to Bureau of Social Services, staying there for 2 years. Then to Northern for a year, back to Bureau of Social Services, Narcotics, until he resigned in 1965 at age 46. Sal was awarded the

following: 1950 - Captain's Commendation for the arrest of several narcotic violators; 1964 - 2nd Grade for assisting in the arrest of 12 armed suspects who had robbed a supermarket. Sal was 76 at the time of his death.

REPORT OF TRUSTEES: Trustees approved recommendation of David Bricker investment manager of our Trust Account, for the purchase of certain stocks. This will bring our stock holdings around 20% of the account. Mr. Bricker would like to see the account closer to 25%.

NEW BUSINESS: Meeting was turned over to P. Pres. A. Quaglia for the installation of the following: PRESIDENT - PETER MALONEY; VICE PRESIDENT - ROBERT HUEGLE; SECRETARY - ROBERT MCKEE - TRUSTEES - ROBERT KURPINKSY, GEORGE JEFFREY and MARK SULLIVAN. Trustees and Secretary are elected for 2 years, Pres. & V. Pres for 1 year.

Treas. Parenti moved he be allowed to purchase telephone and other equipment for the office at Credit Union. Tr. Sturken suggested we look into Voice Mail, as the phone there would be unprotected from outside use. Parenti to report at February meeting.

GOOD OF THE ASSOCIATION: Pres. Maloney stated date of President's Dinner will be February 20. Also set date of next regular meeting for the 2nd Wednesday of February (change from 3rd Wednesday). FEBRUARY 10, 1993 - 2 p.m. Conference Room, Ingleside Station.

ADJOURNMENT: There being no further business to come before the membership, the meeting was adjourned at 3:05 p.m. in memory of the above departed Brothers.

Fraternally,
Bob McKee, Secretary



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The San Francisco Police Officers' Association NOTEBOOK

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Members or readers submitting letters or articles to the editor are requested to observe these simple rules:

- Address letters to the Editor's Mail Box, 510 7th St., San Francisco, CA 94103.
- Letters must be accompanied by the writer's true name and address. The name, but not the street address, will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be typed, double-spaced.

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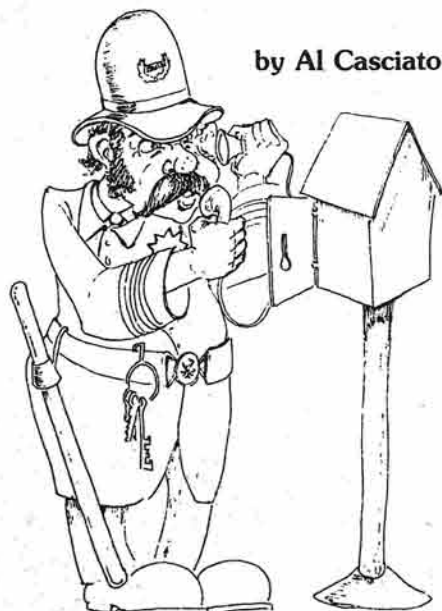
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AROUND THE DEPARTMENT



by Al Casciato

What's wrong with Us??????????

On the night of February 3rd an estimated crowd of between 300-400 officers, and their families, marched from the POA hall to the Police Commission, where they formed a line and addressed the Commissioners as to their reasons objecting to the implementation of a fixed watch off schedule... This protest, brought to the public eye that within our department there are great ills. The day after, I was bombarded by questions from members of the public asking, "What's going on?" That question is very difficult to answer because it is so complicated.... One lady asked, "Who is to blame for my police officers being so upset? Is it the Mayor, the Chief, the Supervisors, the Commission, who, who, who....?"

Internally, officers are asking the question, "Why?" "Why are things occurring?" "Why do we not understand what is going on?" "Why is there so much hatred and tension between the rank and file and the administration?" "Why are there more grievances now than at any other time in our recent history?"

I do not know where I'm going with these comments, but I have to wonder out loud — "How much more real crime fighting/prevention service would the public receive if our officers could concentrate their efforts on police work, rather than on defending themselves from the administration?"

To the Mayor, Supervisors, Commissioners, and Chiefs I say, "We need harmony in the ranks, and you are the only ones who can do it." Please try hard, the City needs you too!!!

Pager Gun Holster alert... An enterprising company in Texas has designed a holster which looks identical to a Pager. The pager holster is described in detail in department bulletin 92-343. Bottom line; when searching a suspect, secure his or her pager immediately...

Retirement: Is it for everyone? One retiree recently told me, "When you retire you find out that you had a lot of acquaintances and very few friends." Another told me about how bored he was, while yet another told me how busy and occupied he was...retirement is what you make of it, and work also is what you make of it...so to those members who recently received the retirement survey I say, "Don't feel that you have to go because it seems that the department is telling you to. Go only if you want to, and, if you want to stay,

Insurance alert: Seton Hospital charges more than the usual and customary fees for tests such as bone scans. So if your doctor recommends a test, request a preferred provider working out of somewhere other than Seton.

K-9 Corp:

A big thank you to Inspector **Rick Atkins** (Sex Crimes), who as the Exalted Ruler of the San Francisco Elks Lodge, secured the donation of a police dog.

From the Bureau:

If you book anyone, and there are drugs in their immediate vicinity...please book the drugs. You do not have to charge the suspect with additional charges. The reason you book the drugs is so the Chemists can do comparisons, and if they are positive, the Inspectors will add charges as appropriate...especially in Deuce arrests involving injury.

Sick Call:

Jay Rameriz of Don Ramon's Restaurant has undergone surgery, and is now receiving radiation treatments. Friends are invited to call and drop by the house. A speedy recovery is prayed for.

Announcements, notices or tidbits can be faxed to 552-5741 or mailed to Around the Department, 510 - 7th St., S.F. CA 94103.

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VOX POPULI

(Continued From Page 1)

meeting for support of the Police Officers.

Experience has well taught me to inform all parties involved in a sensitive situation thereby, avoiding unnecessary confusion or the dissemination of incorrect information. I am enclosing a copy of my January 25 communication and since I have not received any call from you it seems apparent no interest exists regarding further discussions. Naturally, at least from my point of view, we should use our time, talents and energies to mutually solve the problems that are part of the dark financial cloud that lingers on our City's "Budget" Horizon. We are, of course all different regarding our thought processes. I guess that's what makes life such an interesting experience.

I close this communication with a quotation from F.P. Adams. . .

"And of all glad words of prose or rhyme,
The gladdest are, 'Act while there yet is time.'"

Sincerely,
Walter L. Johnson
Secretary-Treasurer

Frank Jordan, Mayor
City & County of San Francisco
City Hall
San Francisco Ca 94102

RE: ROTATING SCHEDULE, POLICE OFFICERS

Dear Mayor:

It has come to my attention that your office is seriously contemplating a change in the hours of work of the members of the Police Officers Association, SEIU Local 911.

I would hope that you will reconsider. Many hours of discussion over the past several years have taken place, and I believe all parties accepted the current schedule.

I trust you and your representatives, as well as police management, will reconsider your positions.

Sincerely,
Paul Varacalli

cc: A. Trigueiro, POA/SEIU911

The Honorable Frank Jordan
Mayor, City of San Francisco
City Hall - Room 200
San Francisco, CA. 94102

Dear Mr. Mayor,

I am writing to you regarding the proposed "Fixed Watch Off" schedule for the Police Department of this City, and it my strong feeling that it is of no benevolence whatever to the City or to the beleaguered members of this Department. Cost savings to the City appear to be negligible when this proposal is evaluated from the practical viewpoint, but more importantly, the human factor and considerable adverse impact on the members of the SFPD and their Families and their relationships is enormous when regarded with any level of reality. The cost of this in morale, tenacity and pro-active service to this City are immeasurable.

It is seldom argued that the job we do is an easy one. The commitment and sacrifice required for the task is high by any standard, but generally willingly imparted by the rank and file. There is no need for me to highlight the more inglorious and high risk aspects of the profession to you, Sir, but these grow exponentially with the deteriorating social climate in which we find ourselves each day at work. Consequently, our lives outside the job become all the more significant, and those people we share them with and who endure our anti-social hours and the negativities a shift can impose become the most central and important figures in our lives. These are our Wives, Husbands, Children, Partners and Companions, and are the Human Factor that we are being told that we must be largely without.

On a more personal note, I have a Girlfriend I already see less that I desire. She is a wonderful person and does well to accept the rigors inherent in the present schedule. At least the system of rotating days off allows us to plan time together every few weeks and permits us to explore the possibilities that may lie ahead for us. We do the best we can and have little basis for complaint. We now find ourselves facing a proposal which will practically eliminate any common time-off we can

(See VOX POPULI, Page 5)

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Retired Lieutenant
William J. Osterloh

"Intellectual Giants!" Our department has had its share!

Going back into the passage of time, there was one that immediately comes to mind. A former distinguished chief of police held this person in the highest esteem. He was widely acclaimed, and deserving of the honors that were bestowed on him by his peers in the police, teaching and literary fields. The former chief referred to him as an intellectual genius. He thought so highly of this person that he made the comment that if this subject was locked in a room and left alone, he would be capable of rewriting the Holy Bible.

The person being featured this month is William Joseph Osterloh, an intellectual giant, possessor of an inquiring mind, and a lover of wisdom. The numerous accomplishments and achievements will surface as his story unfolds. The thought, Bill, just came to me that perhaps there would be a place for you in Biblical times, as you would be an ideal choice for replacing one of the "Three Wise Men from the East."

Permission was granted by Bill to write his story, providing it was the full dimensional Osterloh (big noise, rotten jokes and all) as his story is told. I also am indebted to Bill for enlarging my vocabulary, and thankful to Webster's Dictionary for furnishing me the definitions to the following words.

Emeritus: To serve out one's terms, hlding after retirement an honorary title corresponding to that held last during active service.

Precursor: One that precedes and indicates the approach of another.

Perennial: Present at all seasons of the year. Persistent, enduring. Continue without interruption.

Electromagnetic Spectrum: The entire range of wavelengths on frequencies of electromagnetic radiation, extending from Gamma Rays to the longest radio

waves and including visible light. Summa Cum Laude: With the highest of praise as well as with the highest of distinction.

Psittacosis: An infectious disease of birds caused by Rickettsia.

Tularemia: An infectious disease, wild rabbits, rodents, man and some domestic animals that is caused by bacterium.

Whenever Bill talked to the press, he always informed the reporters, "Let your reading public know that William J. Osterloh is an humble, modest man who despises publicity — and the name is spelt, 'O-S-T-E-R-L-O-H.' In the words of a popular radio commentator, "Now for the rest of the story," that of the man who lived it, Retired Lieutenant Bill Osterloh.

When a 1969 issue of the San Francisco Chronicle told that Bill Osterloh would apply for his service pension, it included his favorite attributed quote: "Osterloh had just one word of advice for his fellow officers yesterday — 'Smile!' Shortly he'd be "retired" Lieutenant Osterloh, a designation to which he didn't really warm. Too often "retired" might mistakenly carry the connotation of "It's time for the pasture, you're all washed up, now it's over the hill, Bill."

To the contrary, when two years ago Dr. Osterloh again bowed out, this time after twenty years on a college faculty, the Fremont-Newark Community College Board of Trustees made him "Professor Emeritus." He'll keep this title through the years, and will be named on catalog rosters, all while sitting in his electric powered rocking chair at home — doing nothin, **and doing** it real slowly. The academic title is more to Bill's liking he suggests, because it gives assurance that he is still very, very much around.

What it really amounts to, he goes on, is that when you love something, you don't want to give it up completely. In a half century long working life, Bill held two jobs — cop and teacher. As he often told his captive audience of college kids, "If you want to plug away at some dull, routine job all your life, go right ahead,

and don't forget to pick up the paycheck. Eut you may not have all that fun embedded in eight-to-five boredom. The old master Bill always saw work as enjoyment. For him, life was never a drag, the reason being that he loved what he was doing. Bill hopes that you can say the same when you too are old and gray.

Because life doesn't unfold with blueprint planned precision, walking beats and brainwashing the young were not Willie Osterloh's earliest goals. When he graduated from Sacred Heart High in 1933 — honor society president, school paper journalist, varsity debator — he was excused from the two years of college then required for entering the Dominican seminary. Bill was planning to become a priest. Imagine telling jokes from the pulpit, and having the faithful rolling in the pews!

But aspirations to the clergy later were replaced by more worldly career quests. Now he would spend his days in secular classrooms and laboratories, whie he completed his pre-med studies. Each midnight he headed for the San Francisco General Hospital, where he worked as an aide. Bill now wanted to be a bone doctor, because he knew he had the head for it. Twice he passed the medical aptitude test with high scores. There was no question about getting into medical school. But being a practical person, Bill knew that this would call for a heavy cash outlay. So when the civil service examination for patrolman was announced — in those days once every four to six years — he filed his application. There was a two hundred monthly salary attached, when college grads often were not making fifty! This he would bank.

The kid with thick blond hair and bands on his teeth made the list. Early employment was his lot. What he did not know was that, "Thirty long years, here we come!" Of course, doctor ambitions at least temporarily had to be put on hold. Still, someday held take on that prestigious title. Berkeley would confer it, and that would be way ahead in 1973. But it wouldn't be one of those doctors who made you better, he explains. His would be the kind who made you sick! Today if you asked Bill to define his current title, he might respond, "Doctor of Comedy." Of course, some wise guy will be sure to come up with, "Say, you must have a lot of malpractice suits against you, huh?"

But back in his pre-doc days, it soon became quite clear that Osterloh was in the police business to stay. He was at Central for some time, assigned to the Three Car. Court was frequent, and there was no "big bucks" overtime then. Twice he received meritorious service awards. But how great this cop stuff was!

When a small but acclaimed "Flying Squad" was formed — a kind of precursor to the later S-Squad — he was on it. Then, having placed seventh on the sergeant's

list, he went to the Bureau of Inspectors' night crew, then to the Check Detail.

With time passing fast, Bill the Cop knew he now wouldn't enter medical school even as a cadaver. But this police

job probably was more fun anyway. However, the perennial soph wasn't going to give up college that easily. Having enrolled at the University of California, there had been daily treks to Berkeley when police night shifts had made this possible. It took a while to get those units needed for a degree. Later, when Bill did get his bachelor's, it was summa cum laude, and there was a Phi Beta Kappa key to wear! It wasn't until three years after retirement that the doctorate came along. When the question arose as to what Bill was going to be when he graduated from college, a cynical associate once suggested, "Senile, I think." He was wrong, says Bill. I beat senility by a year or two!

It is the unexpected in life that often shapes our destiny. There was such a happening in June of 1950. The Korean conflict broke out. It was soon apparent that another big war might erupt. Furthermore, now there was an atomic bomb, and we had no monopoly. Washington ordered the states and counties and cities to prepare for the worst scenario. Graduating from a crash nuclear defense course at Treasure Island, Bill played a key role in setting up a similar training program for our department. Intensive instruction was scheduled at the academy. Soon ionization chambers were placed in patrol cars for radiation detection. Training in their use by car operators was established in City College laboratories.

So enthusiastic for his new subject was Bill, that he was soon dubbed "Ol' Gamma Rays" by his cop physicists. He welcomed the opportunity to use the lecture podium to recite his personal radiation experience. Pointing to his now balding scalp,

(See LEGEND, Page 14)



JACK RIORDAN

Attorney At Law

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VOX POPULI

(Continued From Page 3)

have together. We are stymied at a point in a good relationship where management of the day-to-day attention required is most difficult, and the strains are already becoming apparent. It is an unhealthy and unrewarding position to be in and makes me wonder at an Administration that appears to be bent upon compromising the stability and private lives of the members who already give so much to this job and to this City.

However I might view the pending hardships of my own situation, it pales when compared with those of many of my colleagues who are spending a great deal of time agonizing over how they will ever manage to see and spend time with their Children, or how any kind of normality can be brought to their lives when they are faced with working a swing or midnight shift with only weekdays off.

Surely you must have considered this? With all due respect, I urge you to consider it further. The vast majority of Officers in this Department are doing this job for the most honorable of reasons. The exposure to criticism in this politically-charged City, the encounters with violence, disease, injury, depravity and a host of other social ills on a daily basis are not less than what most of us expected when we put that star on to begin with. The Department is full of good men and women who do the best job under less than rewarding conditions and expect only to be treated fairly and with good judgment by those who dictate the parameters under which we are expected to function. Sadly, it would appear that a relentless degree of neglect and misguidance is about to be unleashed upon the members of this fine Department, with little or nothing but a wake of turmoil and distraction to show for it at the end of the day.

Nobody promised us a rose garden, but it sure would be fine to be able to spend a little time in one occasionally with someone you care very much about. Please reconsider.

Respectfully,
Officer Ronan F. Shouldice

c.c. Anthony Ribera, Chief of Police,

Anthony Ribera
Chief of Police
San Francisco Police Department

Re: Proposed scheduling changes

Dear Chief Ribera:

I am writing this letter on behalf of myself, my daughter and the wives and family members of the uniformed ranks of the San Francisco Police Department. We have recently learned that you intend to abolish the rotating watch-off schedule and replace it with a same-day watch-off schedule. This letter is written in an effort to persuade you to reconsider this change and provide some insight into the impact this change will have on the families of the uniformed patrol officers.

My husband is currently working on the swing watch at the Richmond District substation. His hours are 3:30 p.m. to 1:30 a.m. This shift results in my husband's absence from family dinners and evening activities the majority of nights. Because I work full time our daughter attends preschool on a full-time basis. She will soon begin kindergarten and regular schooling. Because of my husband's hours she rarely sees him. He gets up with us in the morning to see her before she goes to school at 7:45 a.m., after only five hours of sleep.

A saving grace of my husband's schedule is the rotating watch-off. Because of these rotations he is able to spend considerable time on numerous weekends with his family. Further, because the weekends fall in three consecutive periods there is significant continuity and stability to the contact between my husband and daughter and myself.

Police officers wives and children make immense sacrifices for their husband's and father's jobs. My husband and I have been together approximately eleven years, in this time period he has been off only two Thanksgivings and two Christmases. He has had to work on my birthday because there were not enough officers to cover in his absence, he has worked Easter, the Fourth of July, on our daughter's birthday, etc., etc.

When the Department shifted to the 4-10 watch-off schedule the change in the amount of time my husband and I could spend together was immediately apparent, and our relationship improved significantly. The effect of a steady watch-off schedule will be detrimental to our marriage and to my husband's relationship with his daughter. The reason for these ill-effects are apparent if you examine the schedules of most two-income families with school age children. If my husbands only nights off fell on weeknights, a significant probability, my daughter and I would only see my husband for thirty minutes in the morning and for a few hours on Saturday and Sunday. Further, it would be very difficult to function as a household on weekends while my husband is attempting to rest or get ready for his shift. We will never be able to take short weekend trips as my husband will be working all weekends. Please remember, I work full-time Monday through Friday. My earnings are required and I have my own career. Up to now we have been able to plan occasional weekend trips.

The rotating watch-off schedule and the 4-10 shift system has allowed my small family to compensate for the difficulties inherent to shift work. Without this rotating system I will never see my husband on weekends and my daughter will be deprived of almost all contact with her father. Further, my husband will be unavailable for weddings, parties, family gatherings, softball games and other traditional weekend activities.

Please ask your wife and children to think back to the days when you were a patrol officer working shifts which required your frequent absence from important holidays, occasions and weekends. I'm sure they will clearly remember how difficult it was for them and how much they missed you.

I hope you consider the contents of this letter, and the burdens a same day watch-off schedule will impose upon the wives and children of the uniformed patrol officers before ordering a change in the current watch-off schedule.

Thank you for your attention and consideration.

Very truly yours,
Ellen Mendelson

Dear Editor,

I saw the article about the police officers all having days off. The problem with this is my little sister, my mom and I will never have the same days off as my dad. He goes to work after dinner and comes home when I leave for school. His new days off are Tuesday, Wednesday and Thursday and I have to go to school. We used to be all together every third weekend but not any more. Now every Saturday and Sunday we have to go out all day so Daddy can sleep. I don't think this new plan is a very good one because I'll miss my dad and so will my mom.

Matthew

Anthony Ribera, Chief of Police
S.F. Police Department
850 Bryant Street
San Francisco, CA 94103

re: Fixed Days Off

Dear Mr. Ribera,

This letter comes to you in request to please consider rotating days off for your police officers. Rotating days allows your officers to have a personal life. Many of them are fathers and husbands and enjoying a weekend every now and then allows for a better life-style.

It is the opinion of myself and the members of this firm that our San Francisco Police do a very good job. It is understood that many of the perks or benefits the police department once allowed have been taken away. Cut backs in retirement contributions and benefits, continuing education, enough vehicles for all the officers or any time off during the holidays. Your officers face a difficult challenge in this city, it is important that their morale be on such a level as the job is done with pride. Moving to fixed days off will be serious hardship. This is the only perk they have left. You must be aware of this.

This should be clear to you as I understand that the Officers Association has tried to work with you on this. They have made it clear that a "personal life" is important. Discussions with Frank Jordan have been held. This is not going to make a dramatic savings to the city. Please do all you can to oppose this fixed watch off schedule.

Yours truly,

Shelley Ofner
Assistant Vice President
Kidder, Peabody & Co., Inc.

Mayor Frank Jordan
City Hall
Room 200
San Francisco, CA 94102

Dear Mayor Jordan:

I am writing to you to express my feelings about the recent schedule changes for San Francisco police officers to be effective February 15, 1993.

I have been married to a Mission Station police officer for over a year. Like many other spouses, significant others, and loved ones of police officers, I work during the day, Monday through Friday. During the first three weeks of my husband's current six week schedule, in which he has three weekdays off, I am only able to see him for a few hours in the evenings (on those three days) after I get home from work. On the days my husband works, I do not see him at all, and on my weekend off, I see him for one hour before he goes to work.

My husband and I can get through these first three weeks only because we know that on the fourth through sixth weeks, we will have full days on Saturdays and Sundays together along with two week nights. These three weekends together allow us to take overnight trips, entertain friends, do household chores together, and allow us to feel like we have a normal marriage. Our marriage strengthens dur-

ing these three weekends because it is the only time we can devote full attention to each other and to the home we have created together.

When my husband told me of the proposed schedule change to three set days off, wherein he would probably have Monday, Tuesday, Wednesday, or Tuesday, Wednesday, Thursday off because he has not been in the department for twenty years to gain seniority, I almost broke down in tears. I started to doubt for the first time ever whether my marriage could last if this schedule were permanent. How could anyone keep up a marriage when you **never** have one full day together? How can an officer with school-age children ever spend a day with his/her kids without a Saturday or Sunday off?

Since you are a newlywed, perhaps you could for one minute put yourself in my position and pretend that you found out that you could only see your new wife three hours a night for three days a week and that the rest of the week you **never** saw her. You could only entertain with friends and family on those three evenings and you would never be able to spend a leisurely afternoon with your wife. Think of how that would impact your marriage.

I understand that your concern is to make the streets of San Francisco safer. But, my guess is that if you have a lot of officers who do not have the time to devote to their loved ones, their job satisfaction will decrease and their desire to help others will diminish. You will probably see more officers taking sick leave and more officers who feel forced to use their vacation time just to be able to do day-to-day activities with their families.

I believe that for the officers the current six-week schedule is the one benefit that keeps them with SFPD. As you know, San Francisco is a tough city to be a police officer and the amount of crime, especially in the Mission and Potrero districts, is phenomenal due to our poor justice system that allows many criminals to walk with facing little or no consequences. The officers work hard and are very devoted. Their main way of dealing with the stress and possible burnout is to be able to come home to their loved ones and spend time in a family environment where life is sane and stress-free. If the officers do not have this time, the balance that currently keeps them going will cause faster burnout and quicker job dissatisfaction.

Also keep in mind that the officers who will have the MTW or TWTh schedule off will lose a lot of hours of their days off serving in court, which of course are only on weekdays.

I know I am not alone in feeling this way. I, along with many others, am appealing to you to keep the current rotating schedule. Keeping the rotating schedule will benefit the officers and their families which will in turn benefit the City which the officers protect.

Thank you for taking the time to read this letter. I hope to hear from you soon

Kim. R. Tsuchimoto-Evans



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SFPOA BULLETIN

#93-5

To: Association Members
From: Steve Johnson, Secretary

SFPOA ISSUES

4/10 Watch Off Schedule:

We are currently waiting to hear from Mayor Frank Jordan in regards to our latest overture to retain the 4/10 work schedule with a rotational watch off policy. (We met with Mayor Jordan on Thursday, 1/14/93, and he stated that he would get back to us after he consulted with Chief A. Ribera.)

Court Overtime:

We are proceeding to arbitration after attempting to mediate a resolution that would honor the previously contracted arrangement (i.e. 3 hours overtime/hour-for-hour overtime compensation for court appearance, whichever would be greater).

Please keep any/all overtime cards that have been rejected by the court liaison office.

PIC Radios:

One of the greatest risks you can take is to leave your station without a PIC radio. **Do not proceed on patrol (car/beat) or any detail without your own PIC radio.** Sharing a PIC radio with another officer is totally unacceptable as far as officer safety is concerned and must not be tolerated. If you have any problem in this regard, please contact your station representative immediately.

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Feelings, Just Feelings

by Sophie Otis, PhD
Psych Professionals Group for EAP
SFPD

It sounds simple when people say, "Communication problem? Easy! Just say what you feel."

Simple, maybe; easy, not.

I want to spend a few moments with you talking about these vague and elusive feelings. At times, everyone has had the experience of not having a clue what they are feeling, much less to be able to express their experience to another person. Yet, it is true that feelings are universal. We all have the same ones.

Each of us is born with the same basic feeling system. When we are born, we make a huge transition into a strange new environment. This passage is experienced as anxiety in the infant. It is the first feeling we have and we have it for some degree all of our lives. Anxiety is described as fear and excitement combined. The helpless infant reacts with fear to this new world regardless of the attempts of the parents and caregivers to soothe him/her.

Gradually, as the infant makes the adjustment to living in a world of sensory stimulation, he/she becomes aware of needs for warmth, food and company. When the baby doesn't get these needs met, he/she will cry in an angry manner. The cry takes on personality, power and persistence. The crying won't stop until the baby's need is met. The voice of anger at being frustrated is a potent signal of the developing individuality of the infant.

The third feeling in infant development is sadness and comes about when the child feels the absence of his/her caregiver.

He/she will cry tears and will have a sad, unhappy face. When the loved person returns, the baby smiles and is happy. The expression is one of attachment and love.

So the basic feelings are developed in infancy in response to a changing environment. They are fear, anger, sadness and love. As it can happen in families, the expression of these basic feelings is not always encouraged. In fact, family rules are sometimes very limiting of emotional expression under any circumstances. If you spent your childhood in such an environment, your feelings are not going to feel very safe or comfortable and you certainly will not have a vocabulary that includes many feeling words and expressions. This makes for a big problem in life as contact with others depends on our being able to recognize and express our feelings.

If we can do so, we can identify what another person might be feeling. This is called empathy and it is what we experience with those close to us when we are successful in making contact with them. If our life is devoid of feeling or our expression muted, we are not going to be able to maintain close ties with another with any degree of ease. When we are able to reach out with our feelings, much of our loneliness and isolation disappears and we can express our love.

I hope you will give yourself the time to let yourself feel your feelings. Check yourself right now. Am I angry? Sad? Do I feel afraid? Loving? You'll feel better for it. As I said earlier, simple but not easy. I want to recommend John Gray's book: *What You Feel You Can Heal* for more on this subject.

Retirement dinner for Inspector Michael Nevin Auto Detail Thursday, March 18

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THE MEMBERS SPEAK

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Power To The People

by John Sterling

A Nobel Peace prize winner was once asked what epitaph he would like written on his tomb. He replied that it should read, "Here lies a man who screwed his fellow man as little as possible. A similar epitaph for any recent police heads or occupiers of the Mayor's office is simply out of the question. Patrol people under their sufferance feel they are now being screwed royally. Their expectations are constantly being tampered with and dashed. Be it assignments, promotions, and now days-off schedules. The schedules in place were the prize won in battle in the eternal struggle between management and labor. We wrestled it out of them, and it should not be surrendered without overwhelming justification. Even the gods failed to force Prometheus to return the flame he stole from them. Unfortunately, for his insolence, Prometheus paid a price. He was bound to a rock and had his exposed liver chewed by vultures. A somber warning indeed, for this administration may be more powerful than the gods.

The present schedules are working just fine, thank you. Even those once opposed have grown accustomed to it, and it has regulated their lives quite comfortably ever since. The administration, spoiling for a fight, picked the issue of the schedule not only for its nuisance value but to establish territoriality, just as wolves in the wild who would urinate around an area where they wish to proclaim their supremacy.

The administration knows this issue is dear to the people and that the people look to their association to champion them. But if the association fails, the administration's supremacy becomes undisputed, and further victories are as-

sured. Previous police heads, to their credit, were wise enough to resist this unnecessary conflict. The present one has the obstinacy of a mule, however. Never mind that tireless and selfless people labored to answer with mathematical logic every point conjured by the administration the bottom line of their argument was reduced to, "who's the boss here, anyway?"

Some people, suddenly given power, and still unaccustomed to it, have a tendency to randomly exercise it just to see how it feels. But each time power is forced, it is irrevocably spent and its potency diminished. Power ought to be worn like a heavy mantle majestically over the shoulder with a minimum of flapping in the wind. The secret is to intimidate others without actually using it. Power is friendly persuasion.

Management and labor are always at odds but they are entwined symbiotically. Compromise is the alternative to chaos. Maturity and goodwill are the ingredients that sustain friendly relationship. As the ads say, "Take care of the hands that take care of you." Management, if given a free hand would bring back slavery. Labor, on the other hand, demands ever-increasing compensation. Somewhere in the middle lies the aspirations of sober and fair-minded people. It is ironic and sad to contemplate that both the Mayor and Chief, having come out of the 'underbrush', the world we thought we once shared, and that they understood, are now distancing themselves as far as they can, with nary a memory. They know full well what they are inflicting, still they persist. In defense of the Chief, I accept his excuse, lame as it is; you know, the exculpatory kind, "But I was only following orders, mein herri!"

Last Call

by Officer Edward Browne

Officers Leonard Garcia and David Haynes of the Richmond Police Department lay dead in their caskets...victims of their last call. A mentally deranged gunman mortally wounded them both as they climbed a residential stairway responding to a domestic dispute. Working a long night shift, these two officers were presumably physically tired and mentally drained when they confronted their killer.

Many questions have been and will be asked as to why Officers Garcia and Haynes had to die. Of all the facts surrounding their deaths, none will offer an answer. There never will be any answers why any officer has to die in the line of duty. Their loved ones will be left with an eternal emptiness. One fact is known. Uniform police officers working street patrol are the targets of all who hate others and themselves. The deaths of Officers Garcia and Haynes further confirm another sure fact of being a street officer. We never know if we will return from our next call for service.

Streetsurvival or streetexistence training is virtually non-existent within this department. Not only are we as police officers out-gunned, but we are also tactically under-trained. We are found compromising our safety once too often when confronting suspects. The mechanism of applying our department — trained defensive techniques in hostile situations and against aggressive offenders just

doesn't work in accomplishing total control. Our physical and psychological defensive techniques are inadequate and ineffective.

Officer safety is of utmost importance in this violent and turbulent society in which we work and live. Occupational injury is always a constant in the law enforcement profession due to the hazardous conditions and combative resistors that we encounter on a daily basis.

The men and women of the San Francisco Police Department must aim to take advantage of every available opportunity to substantially strengthen and enhance their officer safety skills. The motivation for self-development must come from within each individual officer. Today's street officer must find an alternative to complacency and be able to demonstrate self-control in random situational stress conditions.

We as police officers should always require ourselves to be highly qualified, fully productive and self-assured that we can handle and control all threatening encounters. We must further actively strive to achieve and develop an inner awareness of our sensitization to danger. For it is extra sensory perception, job knowledge, training and common sense that will keep us alive. It is critically important that we focus on achieving these objectives in the short term, so that our next call for service won't be our last call.

Olympic Challenge

by Vicki Quinn

Hey, where is our spirit? Where are our leaders? How come SFPD hasn't hosted a Police Olympics since 1990?

I think the rest of the state law enforcement agencies have a right to say, "SFPD, you owe us one".

Do you realize the majority of our personnel do not know the pride and

honor of hosting the rest of the state in Olympic Competition?

So who's going to undertake this morale boosting task? Who should start the ball rolling? We can't even hope to host a Police Olympics until 1995. Someone needs to start now. Who's it going to be? Does anyone want to accept my challenge?

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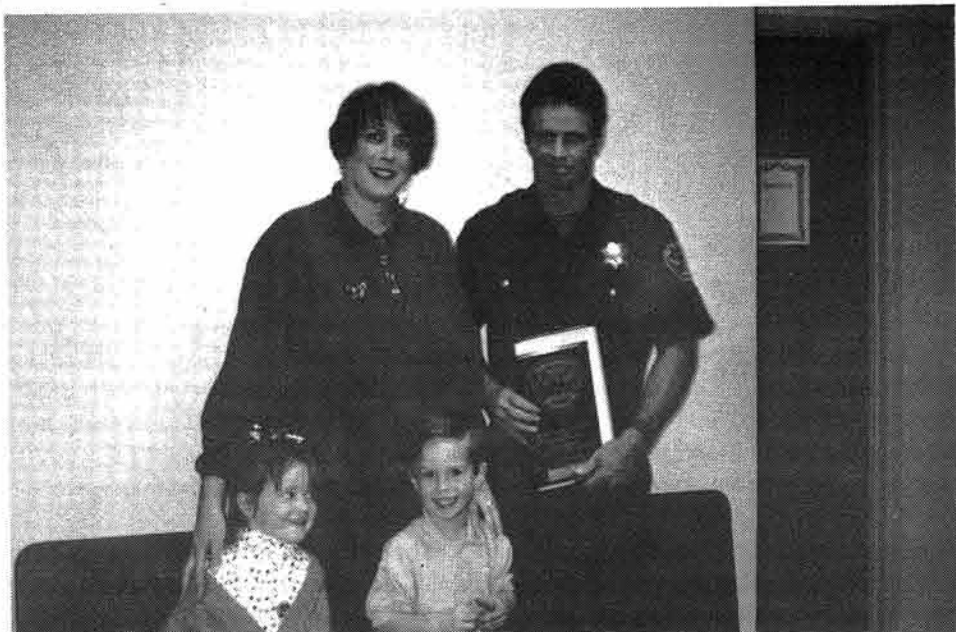
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Bob Barnes, December Cop of the Month



November's Cop of the Month, Lamont Suslow, was praised for his hard work by his commanding officer, Capt. Jim Molinari and POA reps Glenn Sylvester and Forrest Fulton.

POA Officer of the Month

December's POA Officer of the Month is Bob Barnes, currently assigned to the Tenderloin Task Force. Bob is a 20-year veteran of the Department, most of which he spent as the Park Station 35 Car. Bob was selected for his ability to maintain a positive attitude and professional demeanor throughout all the changes he experienced during those 20 years. He provides an excellent role model to the

young officers at the TTF by his dependability and his relentless pro-active style of police work. Beyond that, Bob has shown a commitment to family and community by his involvement in the Middle School program in his San Francisco neighborhood, as well as department sports leagues. Bob is one of the real gentlemen in the department, and there is no more deserving recipient of this award.



Co. A rep Ray Shine and HQ rep Jerry Donovan bid farewell to long-time Board Member Bob Knighton of Co. I. Bob has served on the Board for several years and will be missed. (Photos by Chris Cunnie)

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For deep in their hearts they count you brave
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When politics steps in and ties your hands
With ward heeler tactics and raw demands
Do the best you can despite these bands
They'll go their way, while the force still stands
You're a policeman.

When you bid your loved ones goodbye each day
Don't be too sure you've the harder way
You shoot it out with the crook at bay
They're the ones who sit at home and pray
You're a policeman.

When you get back home dog tired at night
And wonder if life's really worth the fight
Your cares will vanish and burdens seem light
If you're done your best and your conscience's right
You're a policeman.

When promotion comes, as it surely will,
If you do your job and are loyal still
Don't forget soon in your new found thrill
Those others who are plodding up the hill
You're a policeman.

When you leave at last this worldly din
And seek, like mortals, Paradise to win
Saint Peter, I trust, will o'erlook ev'ry sin
And say, "Well done, my boy, come right in."
You're a policeman."
— W. H. Drane Lester
Inspector, F.B.I.

This poem was sent in to The Notebook by Mrs. Helen Donegan

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The purpose of my 'Close Encounter' column has always been to honor the courage and bravery displayed by the members of our department and, in that vein, I'd like to extend recognition this month to Chrissy Schiff, 4 year-old Chrissy, (daughter of Sgt. Rick Schiff, Mission Station, and his wife, Paula), recently underwent a serious operation and is still in the outstanding care of the physicians and nurses at U.C. Medical Center on Parnassus. Rick and Paula have shared 24-hour bedside vigils with their young daughter while also providing for their other 3 children at home (1 of whom is Chrissy's twin sister). Please keep this courageous young child in mind, if you would, and that's important since, after writing this column for the past several months, I am thoroughly convinced that there is no one closer to God than San Francisco police officers.

Officer Ray Guerrero, Mission Station, was walking his beat at 24th/Capp Streets on Saturday 1/30/93, when he noticed an individual swinging a 24" metal pipe at pedestrians. Ray approached the subject and ordered him to drop his weapon — The subject became an instant suspect as he charged Ray, swinging the pipe wildly, striking Ray in the face and upper body even though Ray had his baton ready and was attempting to gain advantage. Fortunately, a citizen saw the attack, phoned 9-1-1 and thank (that's right) our close friend, God, we had outstanding dispatchers on duty who made sure Ray received the necessary back-up. The individual who attacked Ray had only been arrested for 16 prior felony charges (6 of which were assaults on police officers). The system works?? Not!!

You'd think, with a beat in Noe Valley, that things would be pretty subdued ... not for **Officer Lorraine Lombardo** of Mission Station. Lorraine, has been involved in 2 shootings — one where she was shot at and almost killed while on patrol around 21st/Valencia and the most recent where she had to shoot a suspect who had brutally beaten his partner in crime after the suspect had led police on a multi-street, fence-jumping chase. All this and yet Lorraine still handles herself with the poise of a professional and is always available for officers who just want to talk.

Can you imagine what the public would say if they knew that our Patrol Division leaders had still not worked something out with the S.F. Sheriff's Department so that our officers wouldn't have to sit on a prisoner at SFGH for over 17 hours at a time???

Lt. Al Benner, Mission Station, was utilizing his skills as a hostage negotiator trying to get an armed, barricaded suspect to relinquish his 9mm semi-automatic fearing that at any moment the mentally unstable individual might start shooting randomly at innocent neighbors. Lt. Al had some cover fire on his side but also had a very difficult individual to deal with and a very limited area in which to move (the Lieutenant was on the other side of a door separating him from the armed suspect). Lt. Benner did his best but there are times when negotiations are finally exchanged for an entry team and, once again, the members of our SWAT unit exhibited their professionalism resulting in neutralizing an extremely dangerous situation with no injuries incurred.

Officer John Ruggeiro and Officer Benny Fong, Central Station, responded to a frantic call from the hotel manager at 700 Jones Street over an individual who was pacing the halls of the hotel ranting, while armed with a knife.

The officers found the armed suspect in his 8' x 8' room and were trying to get

him to relax when he started his rampage, screaming obscenities at the officers and throwing heavy objects at them. John and Benny still felt that they could control this individual until he started coming at them with his knife. **Sgt. Marsha Ashe** arrived at this point, and it took all 3 officers to subdue this armed and extremely dangerous suspect.

Officer Ed Anzore, Taraval Station, was on Sargent Street approaching Byxbee when he heard the sound of automatic gunfire. He proceeded to where he thought the numerous rounds were being fired and found a large crowd in front of 4075 19th Avenue. He then saw an individual step from the crowd and fire a weapon in a fully-automatic mode. Ed called for back-ups and chased the suspect, recovering the weapon in the process — a fully-loaded Mac 10. When you have such courageous officers such as Ed Anzore doing an outstanding job, you shouldn't be trying to make this job more difficult by changing working conditions...not exactly conducive to a very stressful job — (i.e. 4/10 watch off).

Officer Craig Farrell and Officer Gary Constantine, Potrero Station, had just finished up assisting on a homicide in the 900 block of Connecticut (deceased was a young man who had been shot in the chest), and, as they were returning to routine (nothing's routine in the Potrero) patrol, a coward took a shot at their police vehicle. The officers approached 3 suspicious individuals in the immediate area and, of course, the foot chase started and ended with 1 in custody awarded a parole violation.

Officers Mike Paganini and Tom Haymond stopped a vehicle with 5 aboard at 16th/Mission Streets on a minor equipment violation, and, because the officers were knowledgeable of gang activity and affiliation in the area and with the assistance of **Officer Mario Delgadillo**, the driver of the car went to jail for weapon possession — only a .38 revolver, fully-loaded with hollow points — the suspect said he "found" the gun. Mike Paganini's computer said it was stolen in a burglary. The important thing here to remember is that there was a fully-loaded gun in the car with 5 people with gang affiliation, when Officer Paganini and Officer Haymond approached — Yes, we are close to God.

An armed suspect attempted to rob an individual at 23rd/Bryant Streets but never got away as **Officer Mike Paganini, Officer Elisha Turner, Officer Richard Tong, Officer Steven Mulkeen, Officer Dennis Tomason, Officer William Murray and Officer Mario Delgadillo** responded and took the suspect into custody with the gun used.



Close Encounters

by Steve Johnson, Secretary SFPOA

(There was a lot more to this incident besides the courage displayed by the officers involved going up against an armed robbery suspect — But Officer Mike Paganini and his partner, Officer Elisha Turner displayed outstanding perimeter control of the event as it unfolded until support personnel arrived.)

Officer Mario Delgadillo, Officer Edward Cheung, Officer Ivan Chavez and Officer Jason Jefferson were investigating gang activity at 19th/Capp Streets when a car drove by another group of people 1 block from the officers and opened fire.

Fortunately, only 1 person was shot in this 'drive-by' and thanks to the outstanding follow-up investigation by the officers along with **Captain Harlan Wilson**, the suspects were captured.

(January 30, 1993 — 2 'drive-by' shootings took place: 1 at 25th/Treat, 1 at 23rd/Mission and another shooting took place at 18th/Mission and an attempted murder occurred on the 700 block of Capp street — Witnesses to the shootings are now telling the officers that the gang members don't even bother to hide their faces when they drive by — they just pull up and start blasting away.)

A traffic-stop on a pick-up truck resulted in 1 arrest at 20th/Folsom and led to the other occupants of the vehicle insisting on returning to their residence to obtain proper identification so their truck wouldn't be towed.

Officers Mario Delgadillo, Omar Bueno, Kervin Silas and John Monroe, obliged the concerned non-citizens and, after driving them the few blocks to their flat on Bryant Street, the officers then drove them to jail — seems the non-citizens forgot to hide their 100 pieces of 'crack' cocaine lying packaged on the floor of their flat.

Ever see the damage a full can of beer can do to a vehicle when thrown from a great distance — **Officer Henry Yee**, Mission Station, is lucky the can hit the car next to him as it would have meant an instant trip to the hospital if someone was not watching over Henry. The suspect who was responsible was later captured and charged with felony assault.

Officer Valerie Matthews and Officer Paul Ramirez were breaking up a group near 18th/Utah and were about to cite one of the individuals when he ran — The foot chase was successful as the suspect was taken into custody — He was initially going to be charged with an infraction, but after he dumped the fully-loaded gun he had concealed on his body he went to jail on a little more serious charge.

Officer Jim Deely, Honda Unit, was patrolling McClaren Park when he observed a group chasing another group — one of the subjects was carrying a handgun (later found to be a fully-loaded .357) and when Jim confronted the group the armed suspect stood behind another individual as though he was going to use the subject as a shield. There was a brief stand-off, but Jim was able to convince the suspect to throw down his weapon and the jail was once again "overcrowded".

Jim is no novice when it comes to dealing with Close Encounters. He was shot by an armed suspect during a take-on in the Tenderloin many years ago, but Jim had the will to survive.

Officer John Land, Officer Marco DesAngles and Officer Tim Louie were investigating suspicious individuals in the area of 25th/Folsom when their attention was drawn to an individual honking his car horn — The officers approached the vehicle, and, as they did, Officer DesAngles noticed a handgun on the front passenger seat — sorry, Sheriff, another body for the 6th floor.

A 'Close Encounter' Recognition Award goes to our Department's Print Shop for expediting Department Bulletin 93-31, issued just seconds after the Police Commission's non-decision regarding the 4/10 watch off schedule with fixed days. My personal thanks to all of you who attended that Police Commission meeting (2/03/93) — it was made very clear by the people who do the work that the changes being contemplated will severely damage personal relationships. Now let's see if anybody really cares.

Our Police Chief was recently quoted as criticizing the members of the 171st Recruit Class as not learning anything from the ethics lecture they received on their graduation night — it seems that many people "assumed" they (the recruits) were involved in a random shooting the same evening. Actually, Chief, I think the recruits learned a great deal — I think they learned how important it is to get all the facts before "assuming" anything.

Courtesy
of a
Friend

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Police Credit Union Positioned For 40th Anniversary Year

The SF Police Credit Union, serving San Francisco's Police Department, Airport Police, Sheriffs, City College Police, District Attorneys, District Attorney Investigators, their families and retirees, is well positioned to commence its 40 years of service in 1993 with record assets, number of members and a strong financial base of operations.

A state chartered credit union founded in 1953 by a cadre of 15 San Francisco Police Officers, the SF Police Credit Union today serves over 13,800 active San Francisco Police Officers, civilian employees, deputy sheriffs, district attorneys, DA investigators and community college police officers, retirees and their families.

With assets totalling \$187,073,963 at year-end 1992, and a total capital-and-reserves-to-total-assets ratio of 9.84%, the SF Police Credit Union is among the 50 largest credit unions in California.

According to Ed Summerville, President, Chief Executive Officer, SF Police Credit Union's success continues to be achieved from member loyalty, a staff committed to friendly personalized service, and a proven track record of cooperative expense control. The essentials of outstanding member service and sound financial management have enabled SFPCU to achieve excellent financial performance to the benefit of its members, each of whom share a common bond."

Immigrant Slaves

by Kevin Mullen

There seem to be some secret societies among this [Chinese] people by means of which a few of their number have occasionally been found to grossly oppress their poorer brethren. The police have attempted to interfere and protect the injured, though seldom with much effect.

— Annals of San Francisco, 1854

With the arrival of the misery ship, ManYoshi Maru, San Franciscans are getting a look at a time-honored if disreputable aspect of Chinese immigration to the United States. "Many of those smuggled have no choice but to work under forced-labor conditions," says one report, "because they signed contracts that make them indebted to those who provide their transportation."

The first Chinese to arrive in gold rush San Francisco were welcomed as a peaceable, industrious, if somewhat quaint, addition to the polyglot boomtown population. Three hundred and twenty five Chinese arrived in 1849 and 450 followed in 1850. In August of that year, the "Celestials" were invited to participate in funeral services to commemorate the death of President Zachary Taylor, and their contingent was assigned a prominent position in the procession.

In 1851 2,700 Chinese arrived, and by 1852, when more than 18,000 landed in San Francisco, attitudes began to change. Part of the hostility of whites toward Chinese for the rest of the century and beyond was rooted in simple racism; part can be ascribed to opposition to the means by which many of the Chinese were brought here.

"Nearly all the very early Chinese immigrants came to the country under a system of contract," says historian Theodore Hittell, "by which their passage was paid and they were to labor for a stated term at certain rates of wages, high for China but very low for California. . . ." It was the enforcement of this contract system which helped tong gangsters gain an unholy stranglehold on much of Chinatown, and fueled the enmity of American workingmen for having to compete with "slave labor."

Females had the worst of it. The movement from China to California was an almost all male proposition. Of the 18,000 who arrived in 1852, 14 were women. To staff San Francisco "houses of joy" in later years, tong representatives would tour the rural provinces of China to buy unwanted daughters, or kidnap them, or, if necessary, "hire" them on contracts to be re-

paid with wages earned in the "City of the Golden Mountain."

Most of the "Sing Song Girls" were forced to work as outand-out slaves. Others worked ostensibly as free agents to repay the cost of their passage. According to one of the one-sided bargains struck in 1876, a young girl named Loi Lan, "because she became indebted to her mistress for passage, board etc., and has nothing to pay," agreed to serve as a prostitute for four and a half years at no wages until she had repaid \$503. Among the conditions of the agreement, was one which held that "If she is sick fifteen days she shall make up one month for every ten days."

This clause, says Herbert Asbury, was the joker in the deck: "The regular physical disturbances which every woman experiences was reckoned as within the meaning of the agreement," he points out, "and . . . at least one month, therefore, was added to every month of service. . . so that a Chinese girl who entered a crib or a parlor house was at once caught in a vicious circle from which there was no escape."

White/Chinese relations reached their sorry low point in the workingmen's riots of the 1870s and the Exclusion legislation of the following decades. The laws cut off the ready entry of "daughters of joy," and their cost rose as warring tongs fought violently for control of the increasingly scarce commodity. Despite their increased value, the lot of the girls did not improve.

Finally, the worst aspects of the slave trade were brought to an end by the efforts of respectable Chinese — who risked their lives to oppose the tong warlords — Protestant missionaries, and belatedly sympathetic public officials. By the century's end, and for most of the present century, indentured servitude has played a relatively insignificant part in the Chinese American experience.

But with the great increase in Chinese immigrants since 1965, most of whom have come through regular, lawful channels, some of the bad old practices have reemerged. In the recent ManYoshi Maru case, the specter of "contract labor" has again materialized, and the question has arisen as to whether many of the smuggled young men and women will be forced into a life of illegality — prostitution and the drug business — to pay off the obligations incurred in contracts they will never be able to escape.

Welcome to the nineteenth century.

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Dec. 30, 1992
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Caption, Caption . . . Who's Got A Caption?

OK! All you wits and half-wits out there, we're looking for a caption for this dramatic action photo from out of SFPD's past. Next month we'll reprint the photo with the winning caption and credit the brilliant respondent responsible. Whaddaya mean you want a prize, too?

And The Winner Is . . .



Lt. Motley's Crew!
Submitted by Carl Vogelsang

Runner-up:

Formed in the '70s to protect the Fashion World...but without any recent stats, the undercover unit of the polyester Police receives the fatal call.
Submitted by Joe Reilly, SF Airport Police



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DEFERRED C
by Mike Hebel, Fir

All 928 members of the S.F.P.D. who participate in the Hartford Deferred Compensation Plan are, in my judgement, financial winners. 39% of the S.F.P.D. now participates in deferred compensation. These are individuals who have taken action to attain, for themselves and their families, a financially secure future. They realize that their bi-weekly contributions will, with time and compounding, produce a sizable supplemental retirement fund.

Of the fifteen City employees with account values exceeding \$200,000, one is a member of the S.F.P.D. Seven members of the S.F.P.D. have more than \$150,000 in deferred compensation. Here is how the top seven individuals achieved such impressive results.



Amount	Years Participating	Present Funds Used	Contributions/Earnings
★ \$217,000	12	50% stock 50% aggressive growth	\$81,000 contrib. \$136,000 earnings
★ \$182,000	12	20% general 20% 20th Ultra 30% 20th Select 20% stock 10% 20th balanced	\$103,000 contrib. \$79,000 earnings
★ \$168,000	11	70% general 20% stock 10% advisers	\$100,000 contrib. \$68,000 earnings
★ \$160,000	12	\$100% in general acct.	\$97,000 contrib. \$63,000 earnings
★ \$159,000	12	70% advisers 30% aggressive growth	\$80,000 contrib. \$79,000 earnings
★ \$154,000	14	70% general 20% international 10% stock	\$96,000 contrib. \$58,000 growth
★ \$154,000	12	100% general	\$97,000 contrib. \$57,000 growth

LONG TERM INVESTING PAYS OFF
HARTFORD'S NET INVESTMENT PERFORMANCE



	1992	1991	1990	1989	1988	1987	1986	1985	1984	1983
Stock	8.68%	23.01%	-5.07%	24.49%	17.51%	4.09%	10.93%	29.85%	-0.70%	12.50%
Bond/Debt	4.23%	15.02%	7.06%	10.73%	6.25%	-1.26%	10.78%	19.11%	11.78%	1.48%
Advisers	6.89%	18.88%	0.01%	20.24%	12.71%	4.66%	11.27%	25.26%	6.05%	1.26%
Agg. Growth	15.56%	52.16%	-12.02%	22.60%	24.67%	-5.59%	7.63%	34.37%	9.16%	-
GNMA	3.35%	13.31%	8.36%	11.75%	7.03%	1.37%	9.75%	18.06%	-	-
Money Mkt.	2.35%	4.72%	6.76%	7.77%	6.06%	5.17%	5.45%	7.19%	9.35%	8.01%
US Govt. MM	1.95%	4.32%	6.21%	7.11%	5.59%	4.43%	4.97%	7.00%	8.39%	4.54%
Index	5.49%	27.93%	-5.24%	28.73%	14.75%	-15.02%	-	-	-	-
Social Resp	6.28%	14.96%	2.90%	19.22%	-	-	-	-	-	-
Int'l Opp	-5.62%	11.60%	-12.32%	-	-	-	-	-	-	-
20th Select	-5.32	30.47	-1.26	38.33	4.72	4.85	19.55	32.82	-8.63	28.90
20th Ultra	.34	84.87	8.43	35.78	12.36	5.78	9.33	25.10	-20	25.24
20th Balanced	-6.86	45.62	.95	24.59	-1.41	-	-	-	-	-
General*										

*Current annual rate on all new deposits 7.15%, effective since 1/1/93

CITY AND COUNTY OF SAN FRANCISCO EMPLOYEE DEFERRED COMPENSATION PLAN

Where Participants Put Their Money Assets as of December 31, 1992						Account Size Valuation as of December 31, 1992	
Active Participants	\$Millions	Percentage	Active Participants	\$Millions	Percentage		Number of Participants
General Account	\$120.19	57%	Money Market Fund	2.35	1.1%	Under \$10,000	3,355
Advisers Fund	32.17	15%	International Opportunities Fund	2.25	1%	\$10,000 to \$24,999	1,778
Stock Fund	23.39	11%	20th Ultra	2.06	.95%	\$25,000 to \$49,999	1,226
Aggressive Growth Fund	12.60	6%	Socially Responsive Fund	1.90	0.9%	\$50,000 to \$99,999	869
Bond/Debt Securities Fund	4.86	2.3%	U.S. Government MM Fund	1.0	0.4%	\$100,000 to \$149,000	279
GNMA/Mortgage Securities Fund	2.67	1.3%	20th Select	.6	.25%	\$150,000 to \$199,999	103
Index Fund	2.46	1.2%	20th Balanced	.5	.2%	Over \$200,000	15
				\$209.03	100%	Totals	7,822

UPER
OMPENSATION
Financial Commentator

S
TARS

Investment Activity	Investment Strategy
Maximum contributor for 10 years; has made 15 investment changes; previously used GNMA & general accounts	Aggressive, sophisticated investor; stock funds have always been the core holding
Now using catch-up provision; 8 investment changes; likes all 3 20th Century funds	Adventuresome, uses a shotgun approach with strong emphasis on stock funds
Maximum contributor for 7 years; Used catch-up provision; made 4 investment changes; long term emphasis using general account	Playing it safe; conservative; protects capital
Maximum contributor for 9 years; now using catch-up; 4 investment changes; formerly used stock fund	Protects capital; very conservative
Close to maximum contributor for 12 years; 6 investment changes; likes bond & stock funds	Comfortable with risk; seeks larger returns and takes reasonable risk; stocks are core account
Long time contributor; maximum contributor for 7 years; now using catch-up. Recently began to use stock funds	Long term perspective patient and consistent conservative strategy
No investment changes; maximum contributor for 7 years; now using catch-up	Risk adverse; first priority is protection of capital; very consistent and very conservative



THE HEBEL ECONOMIC
FORECAST FOR 1993

- Dow Jones Industrial Average: range 2970 to 3610
- Average yield on money market funds: 3.75%
- Real growth in gross domestic product: 2.85%
- Increase in consumer price index: 3.25%
- Increase in corporate earnings: 15%
- Unemployment: 7.2%

AVOID PANIC

- There have been 9 recessions since WWII including the recent one which officially ended in March 1991. The U.S. economy, the most powerful in the world, will continue its growth albeit slowly.
- There have been 50 declines of 10% or more in the Dow Jones industrial (DJI) average over the 92 years of this century: 15% of them have exceeded 25%. By the year 2000, the DJI will probably experience at least two significant declines.
- Powerful demographic, economic, political, and technological trends portend a financial asset boom through the year 2000.

DEFERRED COMP INVESTMENT THEMES

- The general account has declined to 7.15% and will continue to fall.
- Equity Funds (stock, index, aggressive growth, 20th century) will do well over the long term as your core holdings.
- International Opportunity Fund will begin to shine as the economies of Germany and Japan improve.
- Advisers Fund is an excellent selection for the conservative investor.

ALERT!!

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If a financially secure retirement is your goal, participation in the Deferred Compensation program is essential

THE "HEBEL FORECAST" FOR THE
DOW JONES INDUSTRIAL AVERAGE
FOR THE 1990s AND BEYOND

Year	Range
1992	3,400 — 3,700 (1992 high 3,413 on 6-1-92)
1995	4,700 — 5,000
1997	5,800 — 6,200
2000	6,900 — 7,700
2005	9,000 — 10,200
2010	12,400 — 13,700

YEAR END RESULTS

<u>Market Indicators</u>		<u>Hartford's Funds</u>	
Dow Jones Industrial	4.29%	Stock	8.68%
S & P 500 Index	4.5%	Index	5.49%
NYSE Composite	4.7%	Advisers	6.89%
NASDAQ Composite	15.5%	Aggressive Growth	15.56%
Municipal Bonds	6.2%	Bond/Debt	4.23%
Donoghue MM Yield	2.9%	Money Market	2.35%
AMEX Market Value	1.1%	GNMA	3.35%
Russell 2000	16.4%	Social Responsibility	6.28%
Wilshire 5000	6.2%	U.S. Gov't. MM	1.95%
EAFE	-13.9%	International Opp.	-5.62%
AAA Industrial Bond Yield	7.9%	20th Ultra	.34%
		20th Balanced	-6.86%
		20th Select	-5.32%
Consumer Price Index	3.0%	General Yield	7.5%

★ HEBEL'S COMMENTS ★
LESSONS FROM THE SUPER STARS

- ☞ Start investing early; all have been contributing into deferred compensation for 10 years or more
- ☞ See the magic of compounding
- ☞ Patience and consistency pays off
- ☞ Avoid panicking when short term set backs occur
- ☞ Increase monthly contributions to eventually reach the maximum (\$288/pay period; \$7,500 year)
- ☞ Persistence and determination lead directly to financial goal attainment
- ☞ Take advantage of the catch-up provision (\$15,000 contribution for last three years)
- ☞ Call the Hartford (995-3232) to immediately begin a deferred compensation investment program
- ☞ A million dollar account can be achieved in 25 years with maximum bi-weekly contributions and an investment strategy that makes common stocks your core investment while including the advisers and the general account



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LEGEND
(Continued From Page 4)

he jokingly illustrated the dangers from exposure to the lower end of the electromagnetic spectrum. "Now every time I comb my hair there's fallout," he advised. But his bad jokes ("I really don't tell jokes, only gags," he corrects) were not confined to police circles. Soon his single lectures and whole courses were given to other city agencies, large firms, civil defense units, professional groups, military reserve outfits. He was sent to the Nevada desert, and witnessed nuclear explosion. When the Khrushchevs and DeGaulles came to San Francisco, Bill Osterloh's news photos appeared around the world, as he followed them with a Geiger counter, part of the new security provided for top international dignitaries.

The retired admiral who headed up the city's Disaster Corps had asked for Bill's services as his training officer, supplementing his police assignment. Soon instruction in nuclear defense was extended to biological and chemical, as well. As an example of how far police work had come, one day new expert Osterloh was lecturing learnedly on a variety of biological agents — psittacosis, plague, tularemia. Afterwards, a physician in his audience approached him with, "I haven't heard about those things since I left medical school." Now cops were telling the professionals how to run their stores! Ultimately, Bill was coming into people's homes with his indoctrination. When a local TV station provided twelve or so Sunday afternoon spots for the purpose, to his glee he found captive audiences in private living rooms!

However, the SFPD had its own immediate organization to prepare for possible things to come. A big modern war would call for massive personnel resources. As an example of problem and solution, the earlier World War II reserve had been disbanded about a year before Korea. Build anew, were Osterloh's orders. Once again, he was able to put his own ideas into play. Now there were to be no superiors from reserve ranks. Uniforms would be very different from those worn by regular members. Four salaried patrol-

men would be the commanding officers, with their executive counterpart directing things from the academy. Training was standardized. All duty would be performed at the side of regulars. The new outfit soon would become an operational masterpiece.

Now a lieutenant, having placed number one on the 1959 promotional list, he took on regular chores at the academy. As an example, for many years he served as law instructor for the regular recruit classes. ("What's the difference between 'unlawful' and 'illegal?' 'Illegal' is a sick bird, of course." Moans! Groans!) One day he received a flattering note: "Your jokes have me rolling in the aisles, Lieutenant. Signed, Dusty."

A most valued academy duty was traditionally serving as M.C. at graduation banquets. What a stage for the standup! "I'm sorry my act was so long, fellows, but I forgot my watch." "But there is a calendar on the wall behind you, Lieutenant." More fun, fun, fun — all in the line of duty!

However, Osterloh's official academy tasks were not all that funny. With no internal affairs unit then in being, among his jobs was the investigation of the citizen complaint. His most important goal in processing was seen as, "When something had happened, find out why it did happen, and take steps to determine something similar didn't happen again." In analyzing an occurrence, his first concern was management and supervision relative to that occurrence. He held much could be learned from the personnel complaint, and the learning should be used and applied by administration. When the POST mandated supervisory course for new sergeants was established, he asked for it to be set up at City College, where he now taught part-time, as well. Asked why he preferred the site to the new Bryant St. academy facilities, his reply as always was pragmatic: "I want to get the new bosses physically away from their department. On home grounds there might be psychological barriers blocking the all-important frank communication between the participants." The unconventional response reflected his long lasting concern with the negative realities of the police peer phenomenon.

He used vacation time to perform field research for the University of California. This involved a specialized survey of two major police agencies, one on the East Coast, one in Southern California. Similarly, his regular police activities with the California Disaster Office brought him into close contact with other law enforcement units. Soon he was being called on to perform oral board examining tasks throughout the region. All of these opportunities were seen as relating to what he considered a weakness in the system: the individual's embrace of ingrown and unproductive attitudes from not being in touch with the larger police world.

Then came another key circumstance that turned out to be a career landmark. During the 1960s, the cities went into turmoil. Community relations in the police arena everywhere had to take on realistic significance. Osterloh now was called on to leave the academy to head up the local p-cr unit. He perceived police-community relations as something decidedly different from police public relations. Effort must extend far beyond a simple "you must love your local police" urging. There had to be a planned neutralization of the abrasiveness that may be inevitable in contact between police and public. Internal attitudes had to be dealt with, as well as those on the outside. Bill summarized it best in one of his many simply stated writings on the subject: "A police administrator should demand that his (personnel) learn to communicate with a smile He should require the regular use of some words and phrases that facilitate communication — 'please,' 'would you mind?' 'I'm sorry' ... the police officer must be reminded continuously to extend full effort in giving help to someone in trouble should be told repeatedly, 'You must be nice to people.'"

Then came what to many was a surprise. Old vet Osterloh, highly active and equally noisy, put in for his service retirement. For a fellow on constant go, in the background there was a home, and here a wife, a most charming and elegant lady. Fortunately for him, he says, Anne Osterloh is not the "clinging vine" type of dependent mate. A tremendous sports enthusiast, both spectator and participant, she is very self-sufficient, and his widespread work meanderings and involvements in no way interfered with marital bliss. Forty-eight years after a simple ceremony in Berkeley — no reception, no honeymoon, back to the police job tomorrow — the St. Paul's High School girl involved is still Mrs. Bill Osterloh. Daughter Claudia is a special ed teacher at Sonora High, and is married to a Mother Lode school superintendent. She's the mom of three kids, two now in universities. (Did I tell you about my grandchildren, fellow? No, Bill, and I appreciate it very much.)

The Osterlohs still live in the Sunset District cottage they bought on marriage — for \$8,600, fully furnished! Both were born in San Francisco, and neither has lived elsewhere. She quit her Bank of America job on the eve of the wedding, and has not worked a single day since! Yes, forty-eight long years, and both affirm that they never check the marriage license to see when it expires. Bill brags that the elements of partnership are excellent — he always holds the ladder for her when she paints the ceiling.

Upon retiring, now ex-cop Osterloh began applying for a full-time college teaching post. Ideally, he saw himself

(See LEGEND, Page18)




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Have You Changed Your Oil Lately?

by Stephen P. Mroz

Oil is the "blood" of your engine...It circulates through your engine fighting friction and engine wear. It suspends contaminants so the filter can remove them. It cools the internal parts, and makes sure they operate smoothly.

Unfortunately, the engines of today have "outgrown" the capabilities of petroleum based oils. Under the increased heat, the higher RPM's, and the increased stresses, petroleum based oils break down leaving your engine "unprotected". This "breakdown" leads to excessive wear, sludge, and varnish buildup which gum up the arteries of your engine. Your engine fails prematurely.

The first "synthetic oil" that I used was "ARCO Graphite." It was a disaster. It leaked everywhere and eventually blocked the oil galleries in my engine head, causing the valve train to freeze. I went back to petroleum based oil. Several years later, I tried another synthetic oil, "Red Line". This oil seemed to perform well, but in 1982 it ran \$4.50 a quart and they still recommended an oil change at 5,000 miles. I went back to petroleum oil.

A little over 2 years ago, I heard about this "synthetic motor oil" called "AMSOIL." The manufacturer claimed that this "synthetic motor oil" could be changed at 25,000 mile or one year intervals. I did a little research into this AMSOIL company and learned that they developed the first 100% synthetic 10w-40 motor oil back in 1972. I also found that their 25,000 mile, one year claim was backed up by documentation and millions of miles of testing. I figured that with this kind of performance, AMSOIL would "nick me" for about \$20 a quart. Wrong.... It was about \$5 a quart. Then I heard that you had to use a "special AMSOIL oil filter", if you really expected

to get that sort of oil life. I thought that this "special filter" should be good for about \$10 out of my wallet every 3,000 miles. Wrong again...How about \$7 every 12,500 miles.

I'm sort of a thrifty person, so I performed a cost analysis based on a 25,000 mile maintenance period of an average auto with a 5 quart engine oil capacity.

I thought this was great...Save almost \$17, under the car 2 times instead of 8 times, and 6 quarts of oil to get rid of instead of 40....Such a deal!

The big "petroleum oil" companies, Castrol, Mobil, and Quaker State are now coming out with their "new" synthetic oils. Their synthetic oils range in price from about \$4 to \$7 per quart, and their recommended oil change intervals, 5,000 to 10,000 miles.

Most of these companies make only one oil weight as if there is only one engine in all cars.

There are other benefits associated with the use of 100% synthetic motor oil. First, it protects your engine by reducing friction, heat, and engine wear; the "life robbers" of your engine. Second, as a direct result of the reduced friction, you will realize an increase in your miles per gallon.

Finally, if you haven't switched to synthetic motor oil, I seriously recommend that you do. If you have switched to synthetic oil, you should seriously entertain switching to AMSOIL. AMSOIL is the only company that offers a full range of oil viscosities for gas, diesel, 2 cycle and marine engines. AMSOIL also offers 100% synthetic gear lubes, transmission fluids, greases, extended life oil filters, lifetime air filters, cleaners, and car appearance products. If you have any questions about synthetic oils, give me a call at (415) 592-3396.

Change Interval	Number of Changes	Product	Price Per Unit	Quantity	Total
3,000	8	Cheapo 30w	\$.90	40	\$36.00
3,000	8	Cheapo filter	\$3.00	8	\$24.00
					\$60.00
25,000	1	AMSOIL 10w40	\$4.95	5	\$24.75
12,500	2	AMSOIL filter	\$7.00	2	\$14.00
12,500**	1	AMSOIL 10w40	\$4.95	1	\$ 4.95
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It's Time, Yes! It Is Time!

by Gregory Clark

Now that Germany and Japan have lowered their discount (interest) rates look for our Government, through both Monetary (Federal Reserve Bank, [FED]) and Fiscal (President Clinton's taxing and spending) Policy to make credit more available and cheaper.

President Clinton's economic goals to avoid inflation; reduce unemployment; achieve healthy and sustainable economic growth; and achieve a strong international payments position can also be met by making credit more available and cheaper.

President Clinton's Fiscal policy has a significant role to play in promoting high employment and growth, and cooling inflation. Government spending (financed through increased tax revenues) can reduce budget deficits through the multiplier effect on employment, income, and prices. Alternatively, private purchasing (homes, autos, clothes, etc.) and business investment spending can be choked off by higher taxes, causing demand for goods and services to fall leading to slower economic growth.

Inflation at the moment (besides medical care) is relatively "in check", and in light of international discount rates being lowered; to stimulate employment and economic growth in the U.S. the FED can

(and probably will) lower the discount rate (the rate of interest charged by the FED banks for lending reserves to private banks) and speed up money growth to meet the public's demand for the resulting cheaper money. President Clinton can raise taxes (although not excessively) to finance his desire to fiscally spend us out of the current size of the budget deficit.

IT IS TIME NOW to aggressively plan the financing of that investment that we might have put off prior to and during the past recession. The interest rates are as close to bottom now as they may get. If the FED moves soon the interest rates will most probably not get any lower in this (growth/expansion) "business cycle". YES! IT IS TIME!

New investments generate income which leads to increased consumption and still more income. Rising investment precipitates an economic boom.

The (anticipated) lower interest rates stimulating the demand for investment, which increases income and employment, may cause more inflation (though probably not in the short term, or until unemployment drops to 5 to 6 % or "full employment" under prevailing fiscal policy). The FED will then keep inflation in check by raising the interest rates and by changing the real money supply (money adjusted for changes in the price level).

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The reading room of the Center is

open Monday through Friday, 1-5 PM, and by appointment. Materials from the Center's collections are non-circulating; select photocopying and photographic reproduction are available.

For more information or a list of the Center's holdings, contact:

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Anthony Ribera, Chief of Police
San Francisco Police Department
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Dear Chief Ribera,

As you know, St. Cecilia Parish recently donated over 800 gifts to the St. Vincent de Paul Society. These gifts were for poor and needy children throughout the City. Transportation and distribution of these gifts was a major obstacle for the St. Vincent de Paul Society.

We contacted the San Francisco Police Officers Association for assistance. As usual, the POA was very accommodating and put us in contact with officers Howard Chu, Greg Mar, Brian Danker and Bruce Fairburn. These officers, on their days off, distributed all of the gifts.

We would also like to thank Sergeant Heather Fong and Inspector Phil Dito for helping set this up. The assistance of each of these individuals was invaluable and greatly appreciated.

I wish to bring this generous act of public service to your attention. This is just another example of your department's cooperation and service to the community. These officers and the Department are to be commended.

Sincerely yours in Christ,
Reverend Monsignor Patrick J. O'Shea

LETTERS

Al Trigueiro, President
SFPOA

Dear Mr. Trigueiro and members of the San Francisco Police Officers Assn.:

May the Lord bless this new year of 1993 for you and your loved ones. You are ever with us at each Holy Mass, daily Adoration, and remembered in every Rosary we pray. Let us rejoice at another new beginning, as the Lord gives us time and opportunity to begin again in our own lives, to experience His love and to be transformed. Our Mother Teresa says:

We need . . . to be alone with God, to speak to Him, to listen to Him, to ponder His words deep in our hearts; we need to be alone with God in silence to be renewed and transformed. His language is "Be still and know that I am God".

Let us pray for each other that this new year be a time of renewal for each one of us.

We were all sorry to say good-bye to our dearest Sr. M. Sylvia, M.C. here on the West Coast as she departed to Washington, D.C. I am very happy to be here and express my gratitude to you and each one of our benefactors and friends. Please pray for us and know that you are a part of our work and family through this generous sacrifice.

Sincerely in Christ,
Sr. M. Raphaela, M.C.

Al Trigueiro, President
SFPOA

Dear Al,

Thank you for the beautiful flowers that I was sent during my recent stay in the hospital, on behalf of the POA. They really helped to keep my spirits up.

Bob Miller, Co. D

SFPOA
510-7th Street
S.F., CA 94103

Dear POA Members,

My sincere thanks to you for sending me the issue (Notebook, November 1991) on Anthony's passing. I can't tell you how much I appreciate this. Happy New Year to all, and God bless you.

Sincerely,
Edith Trabuco

Tom Flippin, Editor
SFPOA Notebook


Dear Sir,

In October of this year I was fortunate to be allowed to ride with the swing shift at Taraval Station with Officer Tom Loverin and his partner, Mal. Please convey my thanks to all the officers from the Chief and the Watch Commander to all those at the "Sharp End".

During my visit I came across your Notebook. I took it back to the UK with me and showed it to my colleagues. It seems that no matter where you go, the "job" is the same.

I enclose my force's newspaper for you, plus the national publication (which covers all of the forces in Great Britain).

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LETTERS

Mr. Al Trigueiro President
SFPOA
510 Seventh Street
San Francisco, CA 94103

Dear Mr. Trigueiro,

Thank you very much for the generous \$100.00 gift from San Francisco Police Officers' Association. Your support means a great deal to the San Francisco Food Bank and the people we serve.

The San Francisco Food Bank offers direct and indirect services that help hungry people in many different circumstances. Your contribution enables us to provide needy families with emergency food boxes. Your gift helps to support our outreach program to seniors. And our regular food distribution program ensures that approximately 200 social service agencies are able to feed thousands of homeless people, runaways, and countless other people in immediate, desperate need.

The San Francisco Food Bank helps the young and old of every religion and race. We also reach into every neighborhood of our city. Through the Food Bank and with your involvement, the hungry, homeless, and helpless of San Francisco will be able to eat.

We greatly appreciate all that San Francisco Police Officers' Association does to support our efforts.

With appreciation,
Paul Ash
Executive Director

SFPOA
510-7th Street
S.F., CA 94103

To All POA Members,

We wish to express our deep appreciation to President Al Trigueiro and all of the members of the P.O.A. who sent cards and best wishes during my husband's recent serious illness — with special thanks to the personnel at Central Station.

We feel our son Gary is very fortunate to have so many fine friends and associates.

With heartfelt thanks,
Grace and Ray Delagnes

Mr. Al Trigueiro, President
SFPOA
510 Seventh Street
San Francisco, CA 94103

Dear Al:

We want to thank you very much for the donation of \$100.00 to the San Francisco Boys & Girls Club.

This money has been used for Christmas parties at our Mission Branch at 21st and Alabama Streets. We really appreciate this.

It was very helpful to brighten up the Christmas season for our children.

Again, our thanks for your thoughtfulness and generosity.

Sincerely,
Charles L. Andersen
Executive Director

Phil Bronstein
Executive Editor
San Francisco Examiner
925 Mission Street
San Francisco, CA 94103

Dear Mr. Bronstein:

I would like to correct several statements attributed to me in an article written by Bill Mandel which appeared in your paper on Wednesday, January 13 titled "The system is stuck on stupid."

Mandel took offense with an arrest and seizure of marijuana plants being grown in the city. He feels that the resources of the Narcotic Division would be better spent going after harder drugs. In a telephone interview with Mandel I explained to him that this arrest was in response to citizens' complaints and that we have an obligation to be responsive to these calls for assistance. What Mandel didn't mention in his article was the fact that almost 500 marijuana plants were seized with a street value of approximately

\$400,000. This was a sophisticated operation and the marijuana seized was not for personal use.

I further explained to him that with our limited resources the top priorities of the Narcotic Division include traffickers in crack cocaine, heroin, PCP, LSD and methamphetamine; however, as civil servants we are obligated to respond to citizen's complaints, which include marijuana violations. Mandel quoted me as stating "I go to a lot of community meetings and nobody cares about weed." I never made that statement. What I told Mandel was that, although the community feels that large drug seizures are important, their immediate concerns are the dealers hanging around street corners and in front of businesses. Not once in our conversation did I state that the community didn't care about marijuana dealers. One only has to consider the recent drug problems in Dolores Park and in other neighborhoods to realize that marijuana dealing is a serious problem. Most of those arrested in Dolores Park are charged with sales of marijuana.

Mandel also stated in his article that we should re-train bureaucrats to lay off fights that don't exist, such as busting pot gardens. Journalists such as Mandel should be re-trained to report accurately when quoting from an interview.

Sincerely,
Captain Charles Hoenisch
San Francisco Police Department

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LEGEND

(Continued From Page 14)

setting up his own show with a minimum of administrative interference. The realization took shape in a new two-year school in southern Alameda County, Ohlone College. The three-year-old Fremont institution did have a program it called "Law Enforcement," with a few part-time instructors. Now a full-time faculty member was to be brought on board. Osterloh got the job. Almost immediately, he changed the program name to "Administration of Justice." This put it at the head of the catalog listings, he explains.

Osterloh made it clear that the course content was to be that of a high level social science, notwithstanding its vocational identification. Psychology and sociology were made requirements for completion. Offerings of administration and supervision were included in an expanded curriculum. Specialized training for regional police agencies was made available. For the private sector, subjects in private and industrial security were announced. Good part-time teachers were recruited. But for the next two decades, Eill remained a one-man gang, the sole full-time faculty member. Each quarter — later semester — he personally taught six or seven courses, this in addition to his administrative function.

Particularly because 1970 rounded out an era of social upheaval and often a critical look at the police, it may be questioned whether a recent cop would be fully accepted in a world of career intellectuals. Osterloh answers in his usual style of pointed illustration. "At the end of my first year at Ohlone, my colleagues elected me president of their faculty senate. Later, for about five years, I served as head of the California Teachers Association local chapter, the first quasi political office I held since being a station rep of the infant POA

long before. Yes, an old cop was well received by the professionals."

Now he was on his way up collegiate ranks. When a division system was initiated, he was given responsibility for six disciplines. For many years, he was a part-time evening dean, this in addition to teaching and staff duties. On the state level, he was elected a vice president of the California Administration of Justice Educators' Association. In Fremont, he has been a prominent member of its Rotary Club for more than twenty years, and has held membership in the Chamber of Commerce.

But throughout all of these working years away from San Francisco, he had continued to make that one hundred mile round trip daily commute from the same little house in the Sunset where he has lived for half a century! It was necessary to get up before four each morning — to be on time for eight o'clock classes. Today, Bill says, things have changed a bit. "Now I go to bed around four. I'm trying to catch up with that long, long list of things to do. Why waste time on slumber when life continues to be such a ball?"

However, along with not having left San Francisco, he soon had reason to believe he hadn't left its police department either. After submitting his five-hundred page doctoral dissertation at Cal in 1973, he now found time to complete a different writing project. Earlier he had gone under contract with the prestigious publishing firm, New York's John Wiley and Sons, Inc., to write a book on police supervision. In 1975, the completed manuscript was rushed east, and his POLICE SUPERVISORY PRACTICE went on the market. At the same time, the city's Civil Service Commission announced the 1975 sergeant's exam. On the list of books attached to its announcement was POLICE SUPERVISORY PRACTICE, by W. J. Osterloh. "I had come back to haunt them," emotes Bill. "Perhaps no one really listened to me while I was there. But now five years after I left, here we were back bothering people. I've been told about one quarter of the test questions were based on what we said in the book. So I knew there had to be a lot of captive readers. No, I don't think that I had left the San Francisco Police Department completely."

Then in June, 1990, he made his departure from Ohlone College. But, once again, not completely. Professor Bill Osterloh became Professor Emeritus Bill Osterloh. Any other career beckoning? He might answer that he is trying to get on the zoo staff, telling jokes to the laughing hyenas, or reminding forgetful elephants. More writing? Yes, but he won't disclose

the content of his two new books on the drafting board. "People won't be able to put them down," he promises. "I'm going to have them printed on flypaper."

Asked whether he has any advice for the new cop, he says the Chronicle's account of his farewell word twenty-three years ago still holds: "Smile." Anything for the police boss? That person can take a look at any copy of POLICE SUPERVISORY PRACTICE still lying around. Things haven't changed all that much since its publication almost eighteen years ago. It's the big Osterloh hope that the successful exam taker didn't toss the masterpiece aside after turning in the exam sheet back in 1975.

But Bill adds that there may be another repository of local relevance that at least might provoke thought on productive administration, management and supervision. Way back in 1971, A REPORT ON THE SAN FRANCISCO POLICE DEPARTMENT was released. It came from the members of the San Francisco Committee on Crime, these representing a wide variety of professions and careers. The first pages list a roster of the twenty-eight people involved. Once again, the name of Osterloh, the guy who got around, will be found there too. If a dusty old copy can be found in some abandoned attic, buried basement, or forgotten shelf, those at the top of the police ladder, or those at its bottom, may find something prompting thought in its aging pages. In summary, Osterloh? "I seldom find summaries adequate. Effective communication is a matter of dimension — complete with hard hitting overtones and realistic pictures. If a group of top cops or low cops sits in conference or discussion, the assemblage shouldn't take on the semblance of a mute and unblinking wax museums, just because there may be a peer group fear of saying something not in tune with vocational orthodoxy. Expression should be bold, and it might even have to be different, notwithstanding the element of some departure from some imagined 'party line.' There may have to be an utterance of self-directed criticism and a proposal for dramatic change, no matter what the tradition bound diehard sitting alongside may perceive as a new heresy."

"But here too it can only be helpful to communicate with a smile. In fact, even a bit of corny humor may desensitize the sensitivities of the oversensitive. As to how a situation like this can be funny? Well, this old offbeat fellow still holds that he found a lot in teaching funny, and he found a lot in police work funny. This was realized acutely by someone who spent a lifetime communicating, and who does not intend to quit communicating now."

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PAL CORNER

COACHES DINNER

The PAL Coaches Dinner was held on October 29, 1992. Coaches who had served for 10 years or more were honored. The San Francisco Police Activities League is most grateful to these men and women who expend their energies and time in helping the youth. They are all to be commended for their efforts. They are the backbone of PAL. Congratulations to: Leo Guillory, Baseball; Stan Chiarucci, Baseball; Sean Warren, Basketball; Gus Eadie, Soccer; George York, Judo; Tom Morris, Judo; Bill Wong, Judo; Joe Duncan, Football; Greg Isom, Football; Rodney Garrick, Football.

A special thank you to all PAL coaches for their years of service.

A great big special thank you to Larry Allen, Allen Foundation for sponsoring this dinner.

SOCCER

The PAL Soccer League will kick-off on April 17, 1993. Anyone interested in entering a team is invited to the general coaches meeting on Wednesday, February 17, 1993, at 7:30 PM. Team Registration will be held on Saturday, March 20th and Sunday, March 21st, from 9 AM to 2 PM.

All meetings and registration will be held at the Police Academy. Call PAL at 695-6935 for information or for a coach's packet.


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Senior Cadets - Young men and women ages 18-21 meet every Thursday at 7 PM.

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Time: 11:00 - Check-in
Noon - Shotgun Start
5:00 - Cocktails
@ United Irish Cultural Center
2700 45th Ave.
S.F., CA
415/661-2700
6:00 - Dinner, Prizes

Entry Fees:
\$150 Golf and Dinner
\$110 Golf Only
\$40 Dinner Only

Entry Fee Includes:
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Refreshments on Course
Dinner
Tee Prizes
Tournament Prizes
Team Awards
Hole-in-One Prizes (including a new BMW!)

Invitation Information:

- * The tournament is open to all alumni, parents and friends of Sacred Heart Cathedral Preparatory.
- * Only the first 144 paid entries will be accepted, so enter early!
- * An 18 hole scramble format will be used, with low gross and low net (blind bogey) awards being presented. You may organize your own foursome or we can assign you to a group.
- * Your participation helps fund the Irish Bench Foundation, which supports athletics at Sacred Heart Cathedral Preparatory.
- * The Irish Invitational is presented by the SHCP Alumni Association. Contact Alumni Director John Vigo during school hours at 775-6626 for more information.

* **DEADLINE:** Don't delay! The deadline is Monday, Feb. 22nd, or the first 144 paid entries.

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SPORTS



The Need For Speed

Bob Del Torre, Solo MC, recently travelled to Canada's finest Olympic training facility, Canada Olympic Park. Bob trained under three Olympic Bobsled Team coaches from the USA, Canada and Switzerland. While there he competed in three races for the start of his '92/'93 bobsled racing season.

A member of the USA Bobsled Team for 1992/1993, Bob is one of only nine pilots certified to drive for the USA this year.

America's Cup 2-man Race, Nov. 26, 1992

18 teams from six nations (USA, Canada, Italy, New Zealand, American Samoa, and Puerto Rico) competed. Most of the teams were former Olympic or National Teams. During his three weeks of training for this race, Bob set a personal best time of 58.62 seconds over the one-mile course and also posted a personal best speed of 120.6 kilometers per hour (75 MPH). He finished 13th in the contest, a very good finish in an extremely competitive race.

Alberta Cup 2-man Race, Dec. 12, 1992

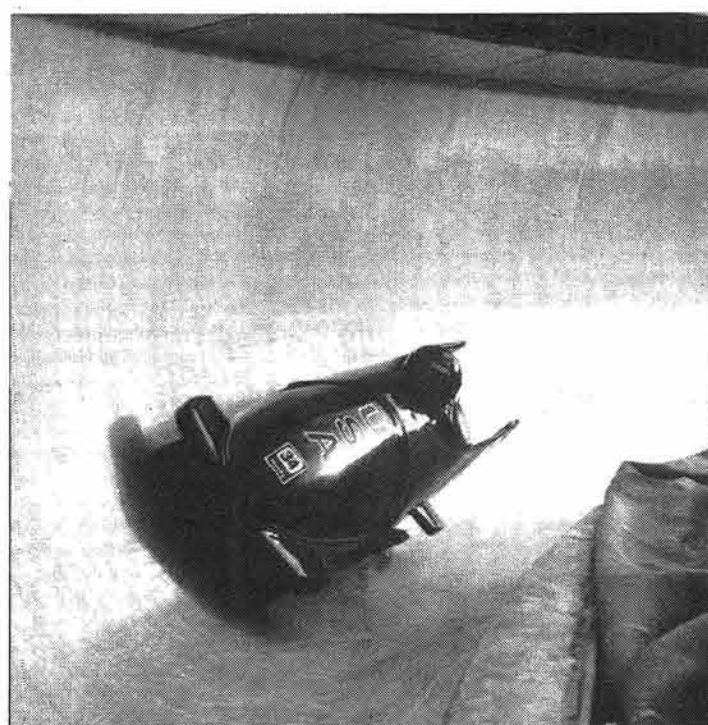
20 teams competed in this race, the first of a series of four. After all four races in the Alberta Cup series, the teams will be ranked according to their over-all record.

During the training runs several teams crashed; some flipping over at 75 MPH and sliding upside down for 1/2 mile.

Bob and his teammate Steve Patton made good progress during their training and put it all together on race day. The



USA driver Bob Del Torre piloting his sled out of the dangerous 11th turn of Canada Park's track.



Steering through a corner at 75MPH takes the ultimate in concentration.

duo finished a career best fifth place, making two of their best runs of the season. They were inched out of fourth place by 1/10 of a second...and out of third by 2/10ths.

Del Torre is up north again until February 14th, competing five more races. He'll be the driver of the 2-man sled for two races and also will drive a 4-man sled during three races.

Thus far in the '92/'93 season, the Del Torre team's standings in the Canadian Association are:

- Alberta Cup Series, 2-man
- Fifth Place
- Master Division, 2-man
- First Place
- Novice Division, 2-man
- Second Place



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SFPOA Basketball

by Steve Ortiz

Leading Scorers

WESTERN CONFERENCE

Lee Magalong	Daly City P.D.	180
D. Nocetti	Tenderloin Task Force	166
Joe Caruso	Daly City P.D.	148
Herman Jones	Headquarters	146
Shawn Chase	CHP San Francisco	141
T. Rodriguez	Central	122
Alvin Yee	Tenderloin Task Force	114
Fraizer	Ingleside #2	107
J. Carey	Airport Police	87
John Kallas	CHP San Francisco	86
Joe Curtin	Inspectors	85
Gayles	Oakland CHP	82

EASTERN CONFERENCE

Edward Del Carlo	Ingleside	226
Carl Bryant	Southern	184
Peter Walsh	Mission	171
Jerry Lankford	Southern	169
Ed Anzore	Ingleside	123
Mike Gallegos	Mission	111
Kurt Brunneman	Narcotics	110
Gerral Lewis	FBI	107
Ray Guy	FBI	106
Alan Honniball	Southern	104
John Greenwood	Narcotics	103
John Broderick	FBI	102

SFPOA Final Standings

WESTERN CONFERENCE

Oakland CHP	8	1
Tenderloin Taskforce	8	2
Potrero	7	2
Headquarters Co.	7	3
CHP San Francisco	7	3
Daly City P.D.	5	5
Airport	4	5
Central	4	5
Inspectors	3	6
Ingleside #2	1	9
Narcotics #2		Forfeited

EASTERN CONFERENCE

FBI	8	2
Ingleside	7	3
Southern	5	5
Narcotics	4	6
Northern	4	6
Mission	2	8

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Mission: \$20.00

Playoffs

SEMI-FINALS

JANUARY 21st, Thursday

WEST	EAST
Headquarters: 63	Ingleside: 90
Potrero: 45	Northern: 63

JANUARY 22nd, Friday

WEST	EAST
Oakland CHP: 68	Narcotics: 83
Daly City P.D.: 57	Southern: 73

Tenderloin T.F.: 71 (OT)
CHP San Francisco: 58

FINALS

January 27th, Wednesday

WEST	EAST
Tenderloin T.F.: 60	Narcotics: 71
Headquarters: 59	Ingleside: 67

CHAMPIONSHIPS

January 29th, Friday

WEST	EAST
Oakland CHP: 65	FBI: 65
Tenderloin T.F.: 64	Narcotics: 58

Western Conference Champions: Oakland CHP

Eastern Conference Champions: FBI

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SPORTS



S.F. Prep Hall Of Fame Banquet Set For May 25

The 11th Annual San Francisco Prep Hall-of-Fame Awards Banquet will be held at the Patio Espanol - "Spanish Cultural Center", 2850 Alemany Blvd. in San Francisco on Tuesday, May 25, SFPHF President Erv Delman, announced.

"We hope persons planning to attend this year's awards-banquet and ceremonies will make their reservations early. All previous ten programs were sold out months in advance," Delman said.

Tickets for the banquet and program are \$30 per person. It includes dinner, wine, tax, tip and program. Tables of 10 can be reserved for \$300 per table.

The San Francisco Prep Hall-of-Fame is the only program which annually honors former outstanding San Francisco student-athletes, coaches, officials and media persons.

To date 145 individuals have received the San Francisco Prep Hall-of-Fame awards. The 1993 SFPHF honorees are scheduled to be announced during the first week in March according to Delman.

Ticket reservations and further information can be made by contacting - Saul Madfes, SF Prep Hall-of-Fame, Secretary-Treasurer, 75 Country Club Drive, San Francisco, CA. 94132 or phone: 415-556-6712. Checks for the tickets should be made out to the SF Prep Hall-of-Fame and sent to Saul Madfes.

Bianchi's Box Scores

by Dennis Bianchi, Sports Editor

Just when you thought I had disappeared, ha! **I'm Back!** This time with a new format. I just couldn't stand reading about motorcyclists eating and drinking their way through exotic places in the sports section without one word of suffering, pain, discipline or sacrifice. You know...those words associated with athletes that win by just competing? Runners, weightlifters, soccer players, softball players, martial artist, skiers, cyclists, swimmers, etc.

In the past several months I've been asked about running more times than I can remember. The bottom line is, I can't run a lick anymore. Ever time I go out, I pay for it in pain and soreness that just isn't worth it anymore. It must be that I'm not quite as young as I used to be, and it is absolutely for sure that I'm not as thin as I used to be. So, calling my column Running Shorts doesn't make sense. However, I still see the need for one of us to keep cheering from the sidelines, and that's what I intend to do; along with a little jogging, a little weight-lifting and, more than a little martial arts (strictly for discipline and exercise, **not** for competition). I've named this column, however, after that great American game and the sport that creates the greatest feeling of joy, fondness and respect: Baseball. The column will report, as a good box score should, just who did what the last time out. In order to make this successful I will need your assistance. Send me a note or a clipping, letting me know what you or your friends just accomplished on the

athletic field, whatever that field may be. An accomplishment needs to be shared and rewarded, so consider this column an opportunity to do just that.

I have a couple of long overdue hurrahs to be reported in this opening column. First, Pamela Hofsass, the Department's new physical fitness officer, brought home the plaque from the San Francisco Marathon again. She took on New York City's finest and whipped them all, coming in with a 3:28 time. My apology to Pam for not remembering what the exact time was, but she averaged faster than 7:50 a mile for the whole 26-plus miles. Very impressive.

The other very late congratulations is to Joe Kirley who competed in the Grand National Rodeo this past year and won an award with his horse, I believe in the cutting-horse competition. Joe, if you're reading this, I'm sorry I didn't get all the facts down clear, but damn fine riding. Congratulations!

Just the other day I read in the paper about another outstanding Hall of Fame baseball player dying, Charlie Gheringer. Many old-timers spoke of him with great respect. I got thinking about how many really fine baseball players have worked for the San Francisco Police Department, and I'm making a plea to those of you who hold all of those great stories in your memories to drop me a line, perhaps even a story, about those ballplayers/officers who deserve a little pat on the back from Department members. If I don't hear from you, I'll start writing stories out of school about you, so cooperate, you hear!

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On Two Wheels

by Rene LaPrevotte

While any internal combustion engine's lifeblood is its lubricant (motor oil), that lifeblood is all the more crucial in a modern motorcycle engine.

Several motorcyclists have mentioned that they see no reason to buy specialty motorcycle oils that can cost as much as \$8.00 a quart for some of the 100% synthetics, when they can buy a quality motor oil at Grand Auto for \$1.29 a quart. After all if Quaker State is "good enough for Burt Reynolds, it's good enough for me!"

The reason there are different oils for motorcycle engines is because we ask much more of a motorcycle engine in terms of performance. The typical motorcycle engine makes about four times the horse-power per cubic inch as does even the "hottest" automobile engine. The engine in your Porsche Turbo revs to 6500 RPM where the average motorcycle engine spins 10000 or as much as 14000 RPM's in the smaller Japanese four cylinder bikes. This puts astronomical stress on an engine's oil. Most every motorcycle built since the mid-60's (Harley Davidson excepted) is of "unit construction", meaning the engine and transmission are combined and share the same oil. Transmissions require totally different additive pack-

ages to protect gears from wear that simply are not in conventional automotive oils. Motorcycle oil must also be able to tolerate contamination from particles of worn clutch material since most modern bikes bathe their clutches in the engine's oil.

So now I've convinced you that the few dollars you save by buying car oil instead of motorcycle oil will be offset later by expensive engine overhauls, right? The next big question is "which oil do I buy?"

Generally there are two major types of oil, petroleum-based and synthetic. Petroleum-based oils were dinosaurs a few million years ago, and they have limitations where extreme heat or cold are present (such as in a motorcycle engine). Air-cooled motorcycles are especially hard on their oils; during summer freeway trips the engine can reach temperatures that destroy those dead dinosaurs ability to lubricate your engine.

Synthetic oils are made from what are essentially microscopic molecules of plastic. First developed by the Nazis during WW2, synthetics have evolved to a point where they far surpass even the finest petroleum-based oils in high temperature protection. You've all seen the ads telling you that "starting your engine is a terrible thing to do to it", well that's because cold oil resists flow, and as a result the first few seconds your engine runs, the oil isn't going where it's supposed to. Synthetics

are much less resistant to cold flow and, as a result, offer greater protection to your engine's innards during start-up.

OK, now you've abandoned the idea that regular automobile oil will work in your bike, and I've convinced you that synthetic oils will offer greater protection than mineral or petroleum based oils, right? So which brand should you use? Well I'm going to really confuse you now, because there are pure 100% synthetics such as **Red Line and Torco** and blends such as **Spectro Golden** where plastics and dinosaurs are blended to enhance each other into the best of both worlds. Since pure synthetics are "more slippery" than conventional oils, they may not be suitable for an engine that bathes its clutch in oil. Yes, your clutch might slip due to the reduced friction of the synthetic oil. (This is not a problem in bikes with "dry" clutches). Another caveat in using synthetics oils, is that you should avoid using them in brand new engines. Again, the synthetic oil is so slippery, that it does too good a job, and may inhibit proper piston ring seating. The rule of thumb is use conventional petroleum-based motorcycle oil for the bike's first 1,000 to 1,200 miles, then switch to a synthetic, or synthetic blend.

I have used a synthetic/petroleum blend for five years in all my bikes. The most popular oil in this configuration is **Spectro Golden**, which comes in 10-40 or 20-50 weights. A good rule of thumb is to use the lightest viscosity which will protect your engine, so if your bike is air-cooled and it's the summer months, go with the 20-50. Water-cooled bikes work just fine on the 10-40 weight, and 10-40 is fine for air-cooled machines in all but the hottest

weather.

What can you expect by switching to **Spectro Golden** motorcycle oil? You will notice an almost instant improvement in your bike's shifting. Hondas are notorious as balky shifters, and about fifty miles after changing to **Spectro Golden** you will notice a marked improvement in the shifting action of your bike. You might also notice a slight improvement in fuel economy due to the reduced internal friction imparted by the synthetic properties of the oil. Last and certainly not least, you will enjoy greatly reduced internal engine wear. I took my Honda 1000cc Interceptor in for a valve adjustment at 10,000 miles, (Valves need periodic adjustment because of WEAR in the valve train) and was told by the mechanic that no adjustment was needed as there was no signs of wear in the valve train, which he attributed to my exclusive use of **Spectro Golden** semi-synthetic oil.

One last note, **Spectro Golden** is NOT an oil additive, and additives such as "Slick 50" or the other Teflon based products should be avoided like the plague in motorcycle applications. You can buy **Spectro Golden** at most motorcycle shops for about \$4.75 a quart, or buy it from the motorcycle parts warehouses listed in the back of most motorcycle magazines at case price discounts. Since **Spectro Golden** is blended with, and therefore compatible with petroleum based oils, you needn't do anything special when making the change-over other than change your oil filter (which you should be doing at EVERY oil change anyway). You'll be happier with the improved performance of your bike, the slicker shifting as well as the increased service life of your engine ... Ride safe.



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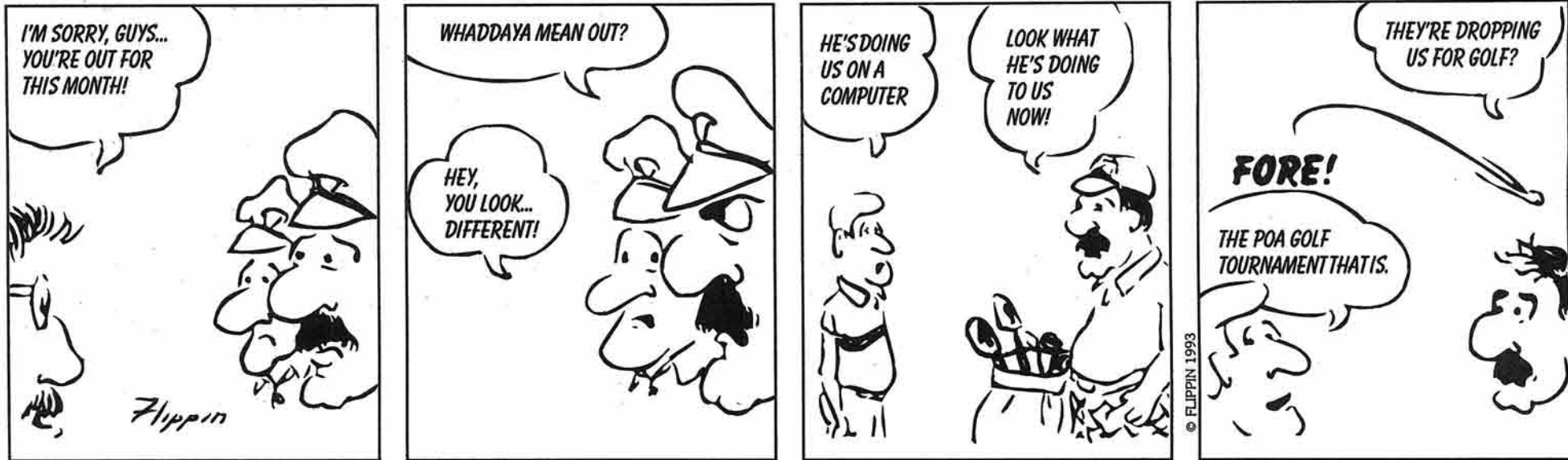
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ON THE STREET/Tom Flippin



2nd Annual
POA Golf
Tournament

by Phil Dito

The San Francisco Police Officers' Association is holding its second annual Golf Tournament and dinner on Monday, May 24, 1993. The tournament again will be held at the S.F. Olympic Club, Lake Course.

Over 120 men and women golfers participated in last year's tournament. The tournament will match two of our police officers and two of our community members together as a team in a scramble format. This event is designed to further relationships between police officers and the citizens they serve by bringing them together in a purely recreational setting for a day and evening of fun and goodwill.

A POA Scholarship Fund was developed and we hope to add to it this year, at which time scholarships will be made available to police officers' children with special consideration given to those children of slain and deceased police officers.

This year's tournament will be limited to the first 144 applicants. The \$175.00 fee will include your golf, cart, continental breakfast at registration, range balls, lunch on the course, hosted cocktails before dinner, prime rib dinner, tee prizes and awards.

Those wishing to sponsor a hole are encouraged to contact the POA at 861-5060. Assure yourself of a spot and register early. This year's Co-Chairmen are Lt. Bruce Lorin, Internal Affairs and Insp. Bob Huegle, Special Investigations, 553-1133. Bob may be contacted for further information.



The Second San Francisco Police Officers' Association Golf Tournament
Detach and mail with a check payable to POA Community Services, 510-7th Street, San Francisco, CA 94103

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