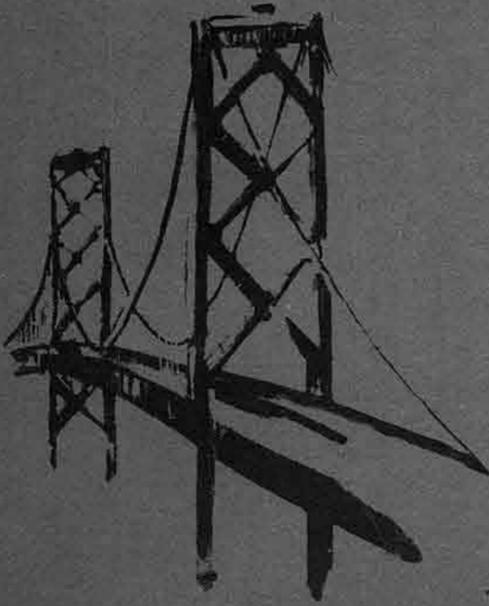


# NOTEBOOK



Member of COPS  
California Organization  
of Police & Sheriffs.

Official Publication of the San Francisco Police Officers' Association

To Promote the Efficiency and Good Name of the San Francisco Police Department and its Members

VOLUME 18

SAN FRANCISCO, MAY, 1986

NUMBER 5

## GEORGE AGNOST: CITY ATTORNEY OR PRIVATE LOBBYIST

by Bob Barry

San Francisco City Attorney George Agnost appears to be venturing into the domain of "private entrepreneur" as a special interest lobbyist for San Francisco Patrol Special Officers.

Agnost has issued a legal opinion and wrote a memorandum to Mayor Feinstein demanding, in no uncertain terms, that the police department and the Commission on Peace Officers' Standards and Training (POST) duly recognize that Patrol Special officers are "city police officers" with full peace officer status as defined in Section 830.1 P.C.

POST Commission staff members however, based on their own regulations, existing law, and various opinions, have taken the position that Patrol Specials do not meet its definition of peace officers (as described by Agnost) eligible for POST training.

In fact, POST staff members have informed me that there are many Reserve officers throughout the State who come much closer to qualifying for "full" status than do the Specials—yet they still don't meet the guidelines and will not be granted 830.1 P.C. status.

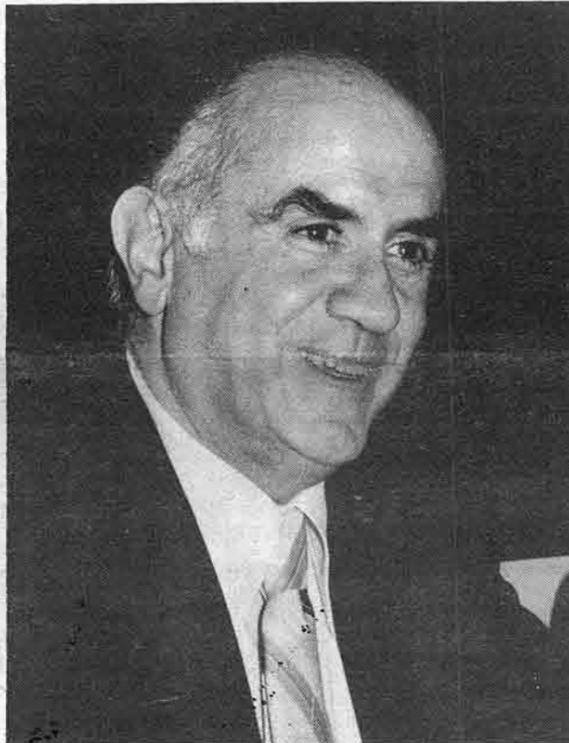
Agnost says that POST is placing an unlawful restriction upon the City and County of San Francisco in the designation of the membership of its own police force. The Chief of Police and his predecessor have **deliberately failed** to recommend Patrol Specials to POST for certification says Agnost, and in so doing, the police department has acted directly contrary to the city's interest.

The city attorney himself recently appeared before POST staff members in Sacramento urging that POST rewrite their long-standing regulations governing the designation by which officers fall under the guidelines of 830.1 PC. Agnost will again appear before POST April 24 for yet another filibuster attempt to convince POST to adopt his legal analysis. Police department officials will also be present testifying in opposition to the city attorney's position.

In his highly inflammatory memorandum to Mayor Feinstein, Agnost fires volley after volley stating that the police department's attempt to **subvert** and **undermine** the legal status of Patrol Specials is **deliberate**, and the underlying motivation is the economic self-interest of the members of the Police Officers' Association. Department records, according to Agnost, indicate that 389 officers are engaged in off-duty, security related secondary employment jobs.

The only conclusion that can be drawn from Agnost's remarks regarding secondary employment is that Patrol Specials want their full peace officer status in order to participate in the "off-duty" market place. If this isn't a "private" lobbying effort by Agnost on behalf of his "clients" who receive their remuneration from private contractors, then I've never seen one.

Agnost says that if the denial of granting POST certifica-



George Agnost

tion to the specials is based on his "economic interest" theory, then **the police department is engaged in discrimination of the worst sort.**

Agnost is recommending that the charter be amended to correct this situation for his clients. Absent such a change, he is urging a lawsuit against the Commission on Peace Officers Standards and Training.

The patrol specials are "officially" represented by former Deputy City Attorney Steven A. Diaz. Diaz is a close friend of Agnost and his former protege in the attorney's office.

If you recall, it was August and Diaz in 1981 who appeared before the Police Commission in an attempt to totally dismantle the entire Secondary Employment General Order. The POA opposed George Agnost at that time and the Commission eventually rejected the Agnost proposal. It is fairly clear now, in my opinion, what his underlying motivation was at the time. It's the economic self-interest of San Francisco Patrol Special Officers—not the City's interest as he would like POST to believe.

Patrol Specials have long been a part of the San Francisco Police Department as have Reserves in other departments, but that doesn't necessarily confer upon them the 830.1 status they now seek.

## DOUBLE STANDARD?

By Ron Parenti, Vice-President

At approximately 4:00 a.m. on the morning of January 30, 1986 vacationing Officer Steve Ortiz, a 4-year veteran of this department awoke from a sound sleep to find a strange man in his bedroom. Officer Ortiz jumped from his bed and confronted the man. The surprised intruder tried to flee. Officer Ortiz after a short but fierce struggle was able to subdue the intruder even after sustaining a broken right hand. The would be burglar was held until police arrived. A second burglar who was in another part of the condominium was able to flee.

Steve Ortiz appeared at, and testified in court on a preliminary hearing wherein the suspect was held to answer on a charge of first degree burglary. A jury trial is scheduled to begin the week of June 30, 1986.

Sounds pretty routine? Sure — until you realize this all took place on the Island Paradise on Oahu in the State of Hawaii.

It seems reasonable to me that this injury be treated as being job incurred. However, Steve was told that because he was out of the State of California he was not acting as a police officer, thus his broken hand could not be construed as being job incurred. He was also told that his actions in apprehending this suspect were no different than those of a private citizen. In addition, the San Francisco Police Department is balking at allowing Steve Ortiz department time off with pay to appear at the jury trial in Honolulu, Hawaii. The State of Hawaii will provide Steven with round trip tickets and money towards room and meals.

All of this is not quite right. How do you tell a trained police officer, one who not only is taught and trained but also required to take police actions on or off duty that his response was not of a police officer but of a private citizen? Not too many citizens I have taken crime reports from have acted like Steve Ortiz.

Once again a member of the San Francisco Police Department is being treated with a double standard. How many private citizens can be disciplined by their employer for their off duty conduct? How many private citizens are told they are going to be held to "higher standards" than society in general? Officers of this department have been charged for misconduct both while off duty and out of the state.

continued on page 10

### Health Service Changes due in the month of May

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### Constitutional Rights for Police Officers?

## RIGHT TO REMAIN SILENT. . .

by Dan Linehan  
Secretary

Earlier this year, the State Supreme Court ruled in favor of a Los Angeles police officer who had been terminated for insubordination when he refused to cooperate in an internal investigation. The officer was of the belief that he was not properly informed of his constitutional right, that any statements he might make can be used against him in

a subsequent criminal proceeding. The high court ordered that the discipline be set aside.

In reaching its conclusions, the court carefully reviewed pertinent sections of the Public Safety Officers' Procedural Bill of Rights Act. This Act governs the conduct of internal investigations that might lead to punitive action against a peace officer.

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# Widows and Orphans

The regular monthly meeting of the Widows and Orphans Aid Association was called to order by Pres. **Mark Hurley** at 2:00 p.m., Wednesday, March 19, 1986 in The Traffic Bureau Assembly Room, Hall of Justice.

All Officers and Trustees present. Among others P. Pres. **M. Lennon** & P. Pres. **W. Hardeman**. Minutes approved as presented to the membership.

**BILLS:** Regular bills for benefits, salaries presented by Treas. **W. Parenti**. APPROVED.

**NEW MEMBERS:** Following accepted as new members — **JANET RAVEGNO** and **FREDERICK SCHIFF**.

**COMMUNICATIONS:** Donations received and acknowledged by the Secretary: **LARUE GRIM**, a constant contributor, **PUDLIK & DALY FAMILY**, in memory of **SHELBY RYAN**. Letter from **Robert Hamilton** thanking the President for the invitation to the President's Dinner.

Treas. reported the following deaths: **WILLIAM CASEY** — Born in San Francisco in 1902, became a member of the Department in 1928 at age 30, after working as a motorman in Muni. Bill was at Potrero for 7 years, Taraval for 10 years, most of this as the Captain's Clerk. Transferred to Northern Station, Bill was there for 16 years, being sent to Taraval when he was appointed a LT. Sergeant. He remained at Taraval until his retirement for service in 1965 at age 62. He was 83 at the time of his death. **JACK CARPENTER:** Another San Franciscan, born in 1912 who became a member in 1936 at age 24. Jack worked at Ingleside as a beat man for 5 years, then went to Northern working there until he was granted Military Leave in 1943. Jack was discharged from the Navy in 1946 and did not return to the Department. He operated a bar in the City for a short while and then moved to Oregon. He was 74 when he passed away.

**REPORT OF TRUSTEES:** Trustees approved a number of changes in the Portfolio which had been recommended by Miss Minuth, Hibernia Bank. The market has been very good to our account the past few weeks and the hope is that the same will continue. Miss Minuth said that her Department, Investment Management, will take over the handling of the Payroll and Cash Accounts so that everything will be in one place.

**NEW BUSINESS:** Pres. Hurley will place an article in S.F. Policeman, advising those members of the Department who are not members of the Widows and Orphans how to join. This is necessary because there will not be a new recruit class for some time, budget, etc. In addition there are a number of members of the Department who are not over 45 years and are not members of Widows and Orphans.

**GOOD OF THE ORDER:** Pres. Hurley set Wednesday, April 16, 1986, 2:00 p.m. for the next regular monthly meeting to be held in The Traffic Bureau Assembly Room, Hall of Justice.

**ADJOURNMENT:** There being no further business to come before the membership, the meeting was adjourned at 2:35 p.m. in memory of the above departed Brothers.

Fraternally,  
**Bob McKee**,  
Secretary

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# FATHER GEORGE TWIGG-PORTER TESTIMONIAL

The Retired Ambulance Service Employee's and Paramedics of the S.F. Emergency Medical Service are holding a Testimonial Dinner for **FATHER GEORGE TWIGG-PORTER, S.J.** for his Twenty-Five Years of Dedicated Service as Chaplain for the Emergency Medical Service and to the People of San Francisco.

You and yours are cordially invited to attend an evening of Dinner and Dancing.

Date: Saturday, May 31st, 1986  
Time: 6:30 P.M. No Host Cocktails  
7:30 P.M. Dinner

Place: Chief Petty Officers Club  
U.S. Naval Base—Treasure Island  
San Francisco, California

\$25.00 Per Person—Includes Choice of Entree (Prime Rib Au Jus or Butterfly Jumbo Prawns) Wine, Gratuity and Gift. Deadline May 16th.

If you cannot attend a contribution will be appreciated. Contact the following for further information and reservations:

Ben Glaser, 15 Rio Court, S.F. 94127 Tel. 333-4528  
Gary McDonough, Emergency Ambulance Service  
Tel. 553-1575  
Frank Lucibello—731-4508  
Gerald Gallagher—664-2407

## SGT. Jack Young Day Annual Picnic

Date: Saturday, June 21, 1986

Place: Morton's Warm Springs  
Kenwood, California  
(Sonoma County)

Adults: \$10.00 each

Children: \$2.00 each (2-11 years)

MAKE YOUR PLANS EARLY . . . MARK YOUR CALENDAR AND PLAN FOR A FUN DAY WITH YOUR FAMILY AND FRIENDS.

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DON'T MISS THIS OPPORTUNITY TO SPEND A DAY IN THE SUN AND NOT HAVE TO PACK ANY FOOD, NO WORK, JUST FUN AND RELAXATION.

THIS PICNIC HAS BEEN SPONSORED BY OUR LADY OF FATIMA GROUP FOR THE PAST 18 YEARS.

For Tickets Contact:

Dan Foley (days)	553-1401
Dennis Schardt (evenings)	553-1373
Mike Wilcox (days)	553-1351
Diarmuid Philpott (days)	553-1603
Bill Hardeman (days)	553-1091
Ron Vernali (evenings)	553-1532
Mike Byrnes (days)	553-1145

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# POLICE POST #456 NEWS

Don't forget Memorial Day. We must not forget our deceased. We must revere them as good soldiers who fought a good fight in a just cause. Don't forget to have your flag flying on Memorial Day. Let everyone know that we haven't forgotten our own.

## Having the Last Word

The overdraft at the bank to my wife as she caused it, the will read. To my son, my car, but he will have to go to work to finish the payments. To all my creditors, my wish for them to act as pall bearers as they have been carrying me all this time anyway. The above purloined from an article in a popular magazine.

It is not intended for the above to be morbid but rather to point out the importance of making a will. If something were to happen and there was no will somebody who was not intended to be the beneficiary would benefit. As the Service Officer for Police Post 456, I would be lax in my duties if I did not remind you of the importance of keeping your beneficiaries up to date.

Did you hear about the guy who walked into the bank and demanded of the teller "give me all your money and no funny business." The girl looked at the note and on the back of the same she wrote, "straighten your tie, they are taking your picture."

Walt Watson is finishing out a very active year as 7th District Commander and John Payne will be installed as County Council Commander. Get behind your Post Officers and give them the support they deserve and need. Dues are a very important part of this support. If you have not paid your dues yet, kindly do so.

Till next issue, keep smiling, and May God hold you close in the palm of His hand.

Your Scribe,  
John A. Russell

## The San Francisco Police Officers' Association



# NOTEBOOK

OFFICIAL PUBLICATION OF THE SAN FRANCISCO POLICE OFFICERS ASSOCIATION  
510 - 7TH STREET, SAN FRANCISCO, CA 94103  
(415) 861-6020, 861-5050

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- Address letters to the Editor's Mail Box, 510 - 7th St., San Francisco, CA 94103
- Letters must be accompanied by the writer's true name and address. The name, but not the street address will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be typed, double-spaced.

POSTMASTER, ATTENTION! P.O. Forms 3479 Notices should be sent to: S.F. Policeman 510 - 7th St., San Francisco 94103. 2nd Class Postage Paid at San Francisco, CA

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# NELDER URGES YES ON PROP E

By David Newton

Proposition 'E' is a fight against City Hall. The object of the fight is the "Balboa Reservoir" subsidizing housing project proposed by the Mayor's Office of Housing and Economic Development (MOHED).

The project is an ill-planned, short-sighted affair blindly conceived to meet the mayor's own housing goals without being sensitive to the impact it would have on the neighborhoods surrounding the project. Of particular interest is the fact that this project would be located across the street from City College of San Francisco.

The mayor's plan completely ignores the future needs of City College justified on the basis that the college has no funds to build on the vacant property right now. This is a slap in the face to the college that is the most densely populated in the Bay Area. Although true that no funds exist at the present time to build a much needed auditorium or a bookstore or more classroom space, the projected increase in enrollment over the next fifteen years clearly points to a need of more space for the college. If the housing is built right now the only land left to grow on to will be gone forever.

A Yes vote on Proposition 'E' will enact a three year delay in the building of any structure on the entire thirty acres of unbuilt land facing City College across Phelan Avenue. The proposed delay would allow sufficient time to create a thoughtful, comprehensive, long range plan for the use of the entire thirty acres.

Note that the moratorium does not oppose "affordable" housing but seeks a thorough plan that includes the total needs of the surrounding area.

City College is well known for the quality of its programs. In particular the City College Campus Police program, headed by Mr. De Girolamo, has a high placement rate in the SFPD. Many instructors in the department are past and present SFPD members. Supervisor Wendy Nelder, a past instructor in the criminology department at City College and whose father was a former SFPD Chief, has urged a yes vote on 'E' emphasizing that if educational excellence is to be maintained at City College, our city planners should take the need of the college into account.

# NEW PRIVATE OFFICE PLAN AT CHILDREN'S HOSPITAL

Children's Hospital Health Plan now offers City and County of San Francisco employees two options for pre-paid health care. In addition to the previously offered "Hospital-based Plan" (Plan III), Children's now offers the Private Office Plan, which allows an employee the

choice of either Children's Hospital and its physicians or Chinese Hospital and its physicians.

Both plans will be offered during the month of May at the same reduced rates. For a single employee the monthly premium is \$0; for a family of two, \$82.60; for a family of three or more, \$132.60. Employees are eligible to enroll if they live within 30 miles of Children's Hospital.

Children's plans offer subscribers scheduled appointment services, 24-hour availability of specialists and emergency care, and more than 350 physicians to choose from.

Benefits include mental health visits, eye exams, well baby care, complete maternity care and major hospitalization at either Children's or Chinese Hospital.

For more information on either of Children's pre-paid health plans, contact Children's Hospital Health Plan at (415) 750-6302 by May 26.

# RETIREMENT PLANNING SEMINARS

As coordinators of the Retirement Planning Seminars, we wish to express our thanks to those members of our department and the firefighters who had attended our past seminars. The feedback we have received has been most gratifying and far beyond any expectations that we may have had when the program was first implemented.

It appears that with each passing seminar that the number of persons attending increases.

At our first one in March of 1985, we had 53 people in attendance. At our second one, held in Nov. of 1985, we had 58 persons in attendance. Our third one, which is scheduled for April of 1986, is almost certain to be attended by our largest turn-out to date.

We have also been contacted by several small police departments in the State, making inquiries about the particulars of our retirement planning seminars. Our chief goal is tailored to the needs of policemen and firefighters who are contemplating retirement.

We feel that the information and the handouts that are given to the people who attend will assist them as to what type of retirement they are best suited for, etc. We feel that they will help you when you walk the path of retirement so that you will truly enjoy the so-called "Golden Years."

They are held twice a year, usually in the spring and in the fall. Hope to see you at one of them when your retirement comes around. We sincerely feel that it will be one of the best investments in your future.

Faternally,

Gino Marionetti & Mike Sugrue  
Retirement Planning Seminar Coordinators

## Health Service Changes due in the Month of May

### Aunt Mary's Restaurant

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A program of La Société Française de Bienfaisance Mutuelle.

# BEWARE

of Prop D on the June ballot:

Mayor and Chamber of Commerce unite in power grab over workers' rights.

**PROP D** was put on the June ballot by the Chamber of Commerce, which paid for a signature campaign with the Mayor's blessing.

**PROP D** replaces San Francisco's Civil Service Merit System with an old-fashioned patronage system run by the Mayor and department heads.

**PROP D** eliminates protections for Merit System workers now guaranteed under the City Charter, including: promotional examinations, job reclassifications, salary formulas, grievance procedures, contracting out.

**PROP D** takes all hiring and firing decisions out of Civil Service and puts them under the direct control of a Personnel Director appointed by, and solely responsible to the Mayor.

**PROP D** would enable the Personnel Director to hire or promote anyone who placed any where on an exam list, regardless of rank. This eliminates the Rule of Three.

**PROP D** would enable the Personnel Director to give department heads total control over hiring and firing in their departments—and employees would have no right of protest.

**Protect San Francisco's Civil Service Merit System. Prevent political favoritism in hiring, firing and promotions.**

June 3, 1986

**VOTE NO ON PROP D**

*It's not only deceptive. It's dangerous.*

Call your union today to find out how you can help!

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## Cowboy Farmers Market

2409 Irving Street  
San Francisco, Ca.  
681-7332

## Simon Wong Accountant

1329 Mason Street  
San Francisco, Ca.  
771-9203

## Ming's Coffee Shop

54 - 2nd Street  
San Francisco, Ca.  
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## New Star Cafe

400 Eddy Street  
San Francisco, Ca.  
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## Chance Employment Agency

652 Kearny Street #201  
San Francisco, Ca.  
397-2560

## HOTEL VINTAGE COURT

650 Bush  
San Francisco  
392-4666

## Custom Car Radio

1545 Pine St.  
San Francisco, Ca.  
771-6555

# Asian Peace Officers Association Installs 1986 Officers, Board



Attending the installation dinner were, from left to right, Commander Isaiah Nelson, SFPD; Toru Sanefuji, owner of Kamon Restaurant; Chief Frank Jordan of the SFPD; Shoji Horikoshi, SFPD criminologist and NCAROA president; and Deputy Chief John Jordan of the SFPD.

The Northern California Asian Peace Officers Association (NCAPOA) held their installation dinner on Feb. 22 at Kamon Restaurant.

Among the large group attending were representatives from the San Francisco Police Officers Association, San Francisco Officers for Justice, former police commissioner and current candidate for the San Francisco Board of Supervisors, Tom Hsieh, and Harry Low, presiding judge of the appeals Court of the State of California.

Guest speaker for the evening was San Francisco Police Chief Frank Jordan who stressed the department's open-door policy for Asian officers and its support for the NCAPOA.

San Francisco Municipal Court Judge Leonard Louie, a member of the organization, swore in the following officers for 1986: Shoji Horikoshi, San Francisco Police Department criminologist, reelected as president; Arnold Lui of the Berkeley Police Department, vice president; Dan Lee of the Berkeley Police department, secretary; and

David Tambara of the San Francisco Police Department treasurer.

West Bay board of directors include: Jadine Wong of Alcohol Beverage Control; Al Wong, San Francisco Sheriffs Department; Tim Jung, honorary member of the Denver Police Department; and Tom Yuen and Mel Cardenas of the San Francisco Police Department.

East Bay board of directors are Joe Chan, U.C. Berkeley Police; Milton Ng and Gary Cagaanan of the BART Police; Al Yuen of the Berkeley Police Department and Rod Chin of the San Jose Police Department.

The organization was founded 11 years ago by Sgt. Herb Lee of the SFPD and Steve Gin, regional director of Alcohol Beverage Control.

Among the goals of the group are to further Asian involvement in law enforcement through recruitment, oral examinations and seminars; to insure fairness for Asians in law enforcement in such matters as promotions; to provide service to the community through their fingerprint program and by monitoring community events; and to promote camaradery among all Asian members of law enforcement agencies.

The Northern California Asian Peace Officers Association currently has more than 150 members.

Reprinted From Hokubei Mainichi  
Thursday, March 13, 1986

## Byron Hoyt Sheet Music Service

190 Tenth Street  
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## Ramino's

920 Sutter Street  
San Francisco, Ca.  
885-3334

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## LeDu Ahonen, Inc. Automotive Reconstruction

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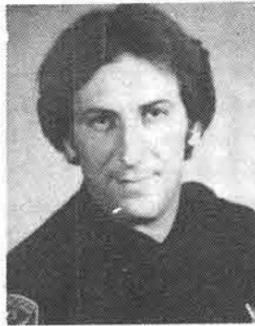
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- COMMUNITY SERVICES (10):** Bob Huegle, Sex Crimes; Willie Frazier, Police Commission; Mike Hebel, Community Services; John Goldberg, Co. E; Mike Mahoney, Co. C; Mary Petrie, Community Services; Henry Friedlander, Community Services; Lindsey Suslow, Co. I; Don Woolard, Tac; Dan Gardner, Co. E
- COPS (9):** Paul Chignell, Co. B; Pete Maloney, Co. B; Henry Friedlander, Community Services; Alex Fagan, Narcotics; Jerry Doherty, Traffic; Ben McAlister, Traffic; Dan Linehan, Co. B; Duane Collins, Tac; Jim Cole, Retired
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- GRIEVANCE (4):** Paul Chignell, Co. B; Tom Flippin, Muni; Jim Deignan, Co. A; Pete Maloney, Co. B
- HEALTH SERVICES (3):** Vic Wode, Range; Mike Conway, Co. C; Don Woolard, Tac
- INSURANCE (5):** Duane Collins, Tac (Exp. '87); Jim Cole, Retired (Exp. '87); Steve Johnson, Chief's Office (Exp. '87); Alex Fagan, Narcotics (Exp. '88); Ed Garcia, Co. E (Exp. '88)
- LABOR RELATIONS (7):** Executive Board; Tom Flippin, Muni; Pete Maloney, Co. B; Reno Rapagnani, Tac
- LEGISLATIVE (7):** Dan Linehan, Co. B; Ed Garcia, Co. E; Pete Maloney, Co. B; Leroy Lindo, Co. D; Alex Fagan, Narcotics; Mike Conway, Co. C; Jack Smoot, Co. F
- PARLIMENTARIAN (1):** Michael Hebel, Community Services
- PUBLICATIONS (6):** Pete Maloney, Co. B; Tom Flippin, Muni; Paul Chignell, Co. B; Duane Collins, Tac; Don Woolard, Tac; Dan Linehan, Co. B
- SCREENING (4):** Executive Board
- UNIFORM & SAFETY (7):** Bob Guinan, Co. H; Leon Loew, Co. A; Jerry Salvador, Tac; Don Woolard, Tac; Larry Barsetti, C. D; Joe Zamagni, C. C; Jim Speros, Co. A
- WELFARE OFFICER (1):** Mike Hebel, Community Services

## VICE PRESIDENT'S COLUMN

by Ron Parenti



# Transfer Policy

Department General Order P-1, Transfer and Policy Procedure, better known simply as P-1 is possibly the most misunderstood of the department orders, especially from management's point of view.

I have heard complaints from management that P-1 does nothing but hamper their effectiveness by unduly restricting them in the movement and placing of personnel. They complain that often the person being transferred is not always the most qualified for the position. Secondly they complain that once a police officer is transferred into a unit or a specialized assignment, it is impossible to move them out, even if the officer is not performing up to the standards of that unit. Neither complaint has merit.

General Order P-1, as written, is a fair, objective way to regulate and facilitate the transfer of eligible personnel within the department.

Unfortunately, the department does not always care to be fair or impartial or for that matter, follow its own written rules when dealing with its personnel.

P-1 does not, in any way, limit the department's ability to either select the most qualified individual for transfer nor does it stop removal of an unqualified or unproductive officer once assigned to any unit. P-1 does provide the following:

### Sec. V, Sub Section D:

"Except as may be directed by the Chief of Police, members shall be selected for transfer on the basis of seniority of their request to transfer. The Chief of Police will inform, in writing, each person, if any, who was passed over in the selection process (i.e., had a more senior request to transfer than the person selected) as to the reason he was passed over."

### Sec. VI, Sub Section A: VI. TRANSFER BY REQUEST OF COMMANDING OFFICER

A. An organizational unit commanding officer who wishes to initiate a transfer of a particular member from his unit shall submit a written request through channels to the appropriate deputy chief or Chief of Police for transmittal to the Personnel and Training Division.

1. The written request must contain explicit reasons for the necessity of the transfer. Examples:

a. When the member has demonstrated inability or unwillingness to perform assigned duties.

b. When the member needs additional training to perform assigned duties and training cannot be provided in the unit of assignment.

2. The written request shall contain an explanation of the efforts made to improve the situation prior to the transfer request.

3. Transfer made at the request of an organizational unit commanding officer will only be made with the concurrence of the appropriate deputy chief subject to the final approval of the Chief of Police.

As you see, P-1 as written gives the department the opportunity to do what it complains it can't do. It allows selection of the most qualified and it also allows rejection of the unqualified. Additionally it gives unit commanders the means to move unproductive officers out of a unit if need be.

What this general order doesn't allow is the ability for management to act in a capricious and arbitrary manner. Rules are written with the understanding that they will be followed by everyone — management and employees alike.

General Order P-1, if used correctly, is a fair instrument in allowing the department the latitude in moving its personnel and offers a fair transfer policy to its police officers.

The POA, in the past, has kept a close eye on how P-1 is being used and will continue to do so. We expect the rules to be followed and fairness to be the criteria in the transfer of personnel. If any officer feels he is being treated unfairly in the implementation of P-1, please let the POA office know.

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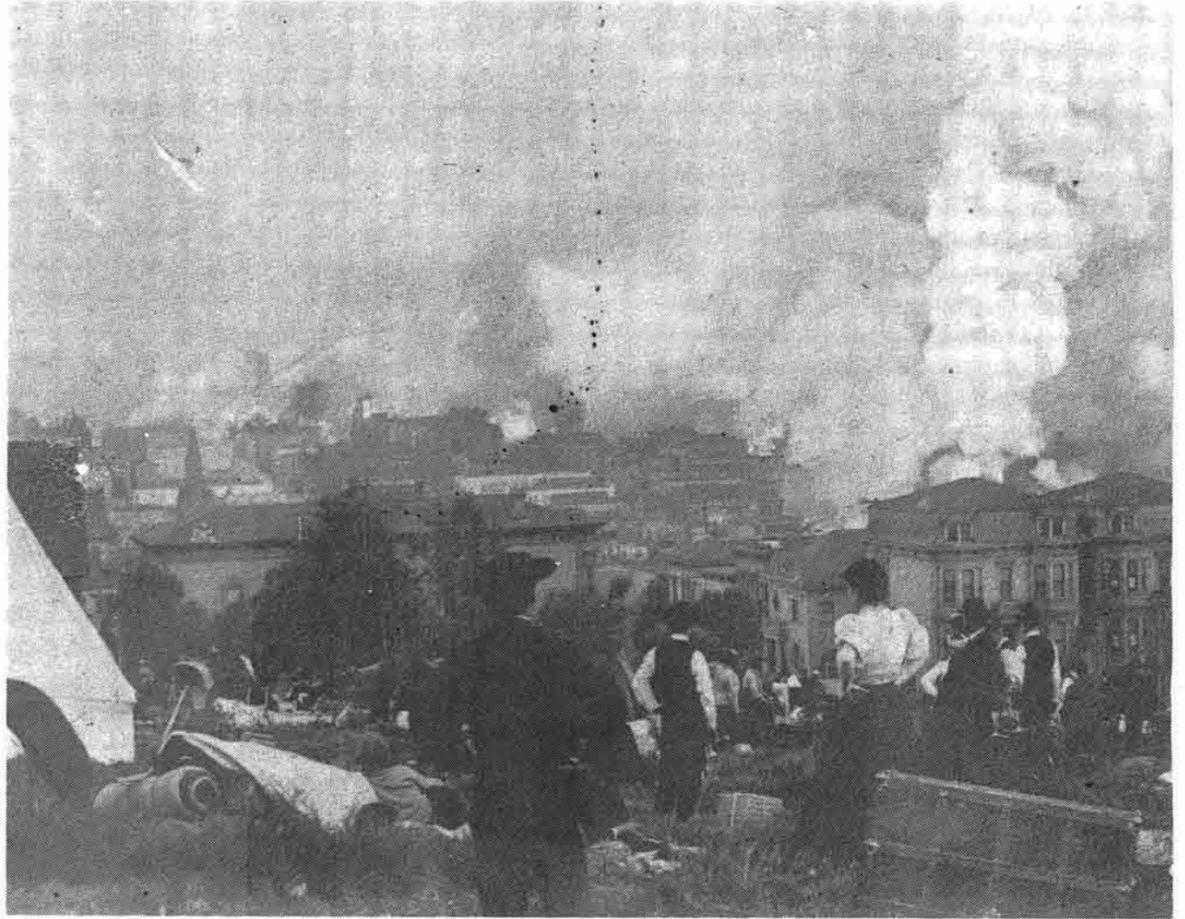
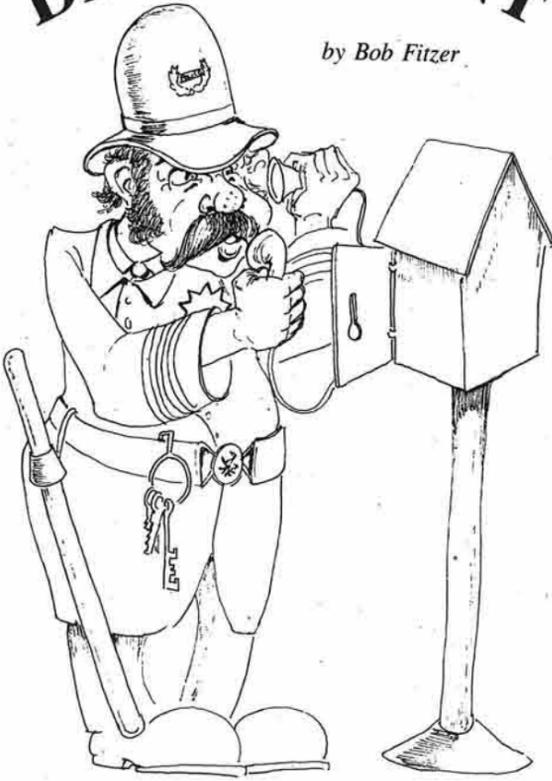
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# AROUND THE DEPARTMENT

by Bob Fitzer



Watching the approaching fires consume their homes.

## The San Francisco Police Department; Serving The City, Then, Now, and Always

By Bob Fitzer

The great earthquake of 1906 occurred on the morning of April 18th, at 5:14 a.m., registering 8.3 on the Richter scale. The initial shock toppled buildings and sent hundreds of frightened people into the streets of the early pre-dawn. Soon numerous fires were reported as broken gas lines, downed electric cables, overturned stoves and fireplaces all contributed to the fire that was soon to sweep a major portion of the city. Another victim of the earthquake was the underground water main system for the Fire Department. With little or no water available the fire was soon fought by hand and later with dynamite.

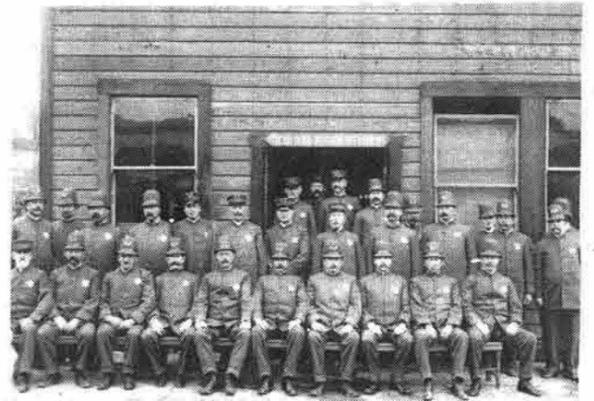
Reports soon reached police headquarters that widespread looting was occurring in the many deserted homes, business and saloons. As the police were busy with rescue work and directing people out of the danger areas, they had no time to arrest many of the thieves and actually had no place to put them. The quake had also destroyed the city jail, and its occupants were moved out of the city. Mayor Schmitz soon issued an order to Chief of Police Dinan, "to kill anyone caught looting or committing any other serious crime."

The City Morgue was soon filled to overflowing with the bodies of victims. The shooting range in the basement of the Hall of Justice was pressed into service as a tem-

porary morgue. Bodies were collected there until fire reached the building and the bodies were removed to Portsmouth Square (across the street) and buried there. Many of the department's important records were removed from the Hall of Justice and also carried into Portsmouth Square. There they were covered with canvas to help protect them from falling cinders and ash. Soon the fire surrounded the square and the protecting canvas began to catch fire. The officers there made a quick raid on a nearby saloon and confiscated the beer and poured it over the canvas, thus saving the records from destruction.

Police officers were also called upon to confiscate food from local stores to help feed the growing multitude of homeless that were beginning to assemble. Soon "tent cities" were set up in the Presidio and in Golden Gate Park to house the homeless and displaced. After the fire was under control and eventually extinguished the Police Department set about the task of restoring order to unimaginable chaos. The earlier order to shoot looters was recalled and arrests were made.

Amidst the destruction, the department had a personal loss. Officer Max Fenner was on patrol near the corner of Mason and Ellis streets when the quake struck. He was rushing to keep a woman from being killed from a collaps-



After the disaster, Central Station was temporarily housed in a small wooden building.

ing building when he himself became its victim. He was killed instantly and his body was buried in Portsmouth Square until after the fire subsided. The countless heroic deeds of rescue and service will never be properly chronicled but those officers all served in the highest traditions of the city's finest, the San Francisco Police Department.



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A detail of officers moving the city treasury from the damaged City Hall.



The Hall of Justice was severely damaged by the Quake and Fire.

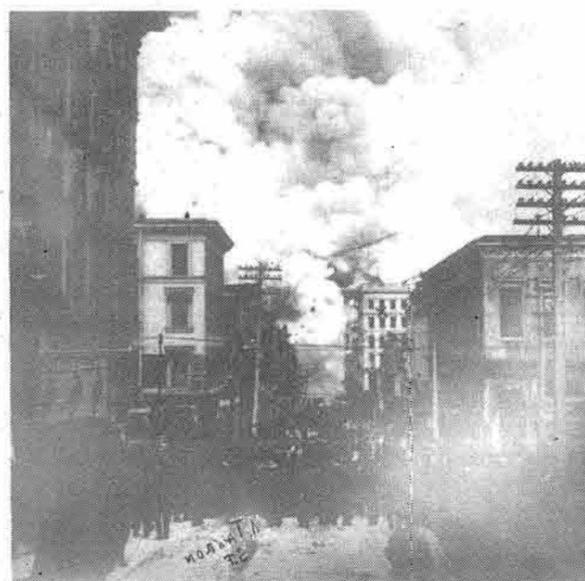
# COMMEMORATING THE EARTHQUAKE AND FIRE OF 1906



Officer Max Fenner, killed by a collapsing building.



After the Fire—The Downtown area.



Hundreds were soon fleeing the fires in the downtown area.



After The Fire—Looking towards City Hall.

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# CALIFORNIA STUDENTS ELIGIBLE FOR EXCHANGE PROGRAM

Openings for students to travel and study in West Germany are available through OPA Student Exchange Program. The programs offered are a 3-week summer real exchange and a 10-month academic year. The 3-week summer exchange is priced at \$995, deadline for application April 15. The 10-month academic year is priced at \$3485, deadline for application May 15. The package includes roundtrip airfare; 24-hour counseling; free room and board with a German family; school registration; the opportunity to gain insight into the German lifestyle by participating as a member of the German host family. They will together, as a family, celebrate holidays and birthdays, attend school, share vacations and discover a better understanding of the global community. The unique education, cultural awareness and living experiences gained by studying overseas will provide a lifetime of enrichment for participating students. The summer exchange programs are offered for other European countries also. An intensive 2-week language course will be given to all 10-month academic year students once they arrive in West Germany.

Oratrix pro Amicitia, Inc. means "Speaker For Friendship." O.P.A. is a non-profit student exchange corporation organized to promote world peace through cultural exchange youth.

Interested students should contact Bette Wilson (213) 465-2813 for further information.

## PRESIDENT REAGAN URGES WORLD PEACE THROUGH YOUTH EXCHANGE

In his 1982 International Youth Exchange Initiative, President Reagan encourages American families to open their hearts to foreign students: "I am convinced that one of the best ways to develop more accurate perspectives on other nations and on ourselves is for more Americans to join, for a time, a family and a community in another land. In the same way, we cannot hope that other nations will appreciate our country unless more of their future leaders have had the same chance to feel the warmth of the American family, the vitality of an American community and the diversity of our educational system."

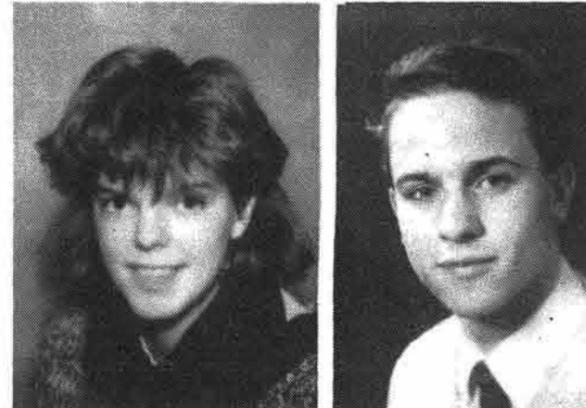
There is an URGENT NEED for host families in the Bay Area for West German high school students arriving in late August. Ten highly qualified students who have complete medical and liability insurance and spending money for personal needs need a host family for 2 to 4 months beginning August/September. They will attend a local public high school and look forward to experiencing American hospitality and family life. These students cannot come to America unless they are chosen by an American family. The host family chooses their student from the applicants available, and then begins communicating with their stu-

dent before arrival. The students are to be treated as a member of the family and expect to help with normal household chores and errands. All students speak fluent English.

Benefits to the family are tremendous. Give your children the experience of bi-lingual and cultural awareness for this short length of time. Open your heart to these deserving students and you will be opening the doors of Europe to your family for their entire lifetimes. By giving these students the knowledge of American warmth and hospitality, you will be directly and personally affecting the outcome of world peace.

Interested families should contact Bette Wilson (415) 928-5797 as soon as possible for more information. Arrangements must be made soon.

Two West German high school students need host families desperately for their stay in America. The students



*Kristina Blomberg & Bjorn Scheuer*

are arriving in late August for a 10-month academic stay in California. Bjorn Scheuer from Hamburg, Age 17, is quite a smart young man very good in science, history, and philosophy. He is a champion at rowing and is vivaciously interested in anything that confronts him. He is tolerant and very popular at school. He is able to communicate brilliantly.

Kristina Blomberg, age 17, from Hamburg, enjoys tennis, travelling, movies and people. Her parents are Swedish. She also likes to play golf and swim. She is tactful and sensible, plays the clarinet. She has moderate opinions and is unable to quarrel. She has firm moral convictions.

Both students need host families immediately to enable them to come to America and begin school in the fall. They have been anticipating coming to America and attending a local public high school in the area of their host family. The host family may choose either student or ask for information on other available students, to host for one or two semesters. The students have complete liability and health insurance as well as adequate spending money from home.

President Ronald Reagan encourages the participation in youth exchange programs by his "International Youth Exchange Initiative" of 1982. This initiative sparked the foundation of O.P.A. Speaker for Friendship Student Exchange, a nonprofit organization to promote friendship and world peace through cultural exchange of youth. The goal is to increase the number of host families and let American goodwill resound around the globe.

The host family may be allowed a tax deduction by the I.R.S. By becoming a host family, the family gains world cultural awareness, and a second language. The doors to Europe open to them through their student.

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# DA'S OFFICE COMMENDED FOR ITS HANDLING OF FITC GOLD AND SILVER FRAUD CASE

The North American Securities Administrators Association, at its business meeting in Washington, D.C., on March 4, adopted a resolution to commend San Francisco District Attorney Arlo Smith and the California Department of Corporations for their joint efforts in closing the First International Trading Company and preventing the gold and silver investment company from defrauding investors nationwide.

NASAA stated that joint and combined federal, state and local prosecution is necessary, appropriate and in the public interest to control and combat the endemic problem of multi-state boiler room investment fraud.

Assistant District Attorneys Thomas Bogott and Jerry Coleman of the Special Prosecutions Unit prepared the case for the San Francisco District Attorney's Office.

A copy of the resolution is attached.

## NORTH AMERICAN SECURITIES ADMINISTRATORS ASSOCIATION RESOLUTION CONCERNING CRIMINAL PROSECUTIONS

### OF MULTI-STATE BOILER ROOMS

WHEREAS The North American Securities Administrators Association ("NASAA") is comprised of the securities administrators from each of the United States;

WHEREAS The Securities Administrator from each of the United States is charged with the regulation and enforcement of state securities laws;

WHEREAS There is an endemic problem of boiler room investment fraud in California in particular and the United States in general that is generating losses to investor victims in the billions of dollars per annum;

WHEREAS The losses to investor victims by boiler room frauds removes monies from the legitimate capital markets thus increasing capital formation costs due to its reduced availability;

WHEREAS The regulation and enforcement of state securities laws by means of criminal prosecution is necessary and appropriate in the public interest to protect the citizens of the States;

THEREFORE, be it resolved: that NASAA fully supports and endorses joint and combined federal, state and local law enforcement agency investigations of boiler rooms that may be violating state securities' laws, and when and where legally appropriate, criminal prosecution of not only the principals but also the middle management and sales personnel associated with any boiler room (that is frequently

multi-state). It is the experience of each NASAA member state that if only the boiler room corporate principals are prosecuted, the sales force merely moves on to another boiler room in the same state or other states, to continue preying on investor victims. In this endorsement of criminal prosecutions of boiler room investment fraud, NASAA commends the criminal prosecution of First International Trading Company ("FITC") which is being jointly conducted by the Commissioner of Corporations of the State of California and the District Attorney of the City and County of San Francisco. The FITC complaint filed by the District Attorney charges thirty three individuals with felony criminal conduct. Seventeen of the thirty three FITC defendants are sales personnel and seven FITC defendants are middle management. NASAA is convinced that such a comprehensive prosecution is necessary, appropriate, and in the public interest to control and combat the endemic problem of multi-state boiler room investment fraud.

### (CFTC) SEMINAR EXPERTS INCLUDE SAN FRANCISCO DISTRICT ATTORNEY FRAUD SPECIALISTS

Assistant District Attorneys Jerry Coleman and Thomas Bogott of San Francisco DA Arlo Smith's Special Prosecutions Unit were among the expert panelists at the Commodity Futures Trading Commission (CFTC) fraud seminar held March 27 at the Huntley Hotel in Santa Monica.

The seminar on cooperative law enforcement actions

under the Commodity Exchange Act, was especially timely in light of Congress's enactment of legislation which specifically authorizes State and local agencies to prosecute a variety of commodity related investment frauds according to Nicholas J. Glakas, Regional Counsel of the CFTC.

Assistant District Attorney Coleman participated in the panel discussion of "Investigation of a Commodity Fraud Case" and Assistant District Attorney Bogott's panel discussed "Joint Civil Investigations/Prosecutions."

In March, San Francisco District Attorney Arlo Smith was named to the Law Enforcement Advisory Committee of the Commodity Futures Trading Commission by Fowler West of the CFTC in Washington, D.C.

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## DOUBLE STANDARD

continued from page 1

Yet, when an officer makes an outstanding arrest, an arrest in one of the most dangerous types of incidents an on duty officer faces (hot prowl burglaries), and sustains an injury, he is told because he is out of the State of California he is not acting as a police officer.

The department rules he lives by, the same rules that charge him with misconduct if he violates those rules, now don't count!

San Francisco Police Department General Order D-1, General Rules of Conduct, state in paragraph 1 Section A-2: "Officers shall while off duty take all reasonable steps to prevent crime, detect and arrest offenders, and protect life and property that are consistent with the officer's ability to take proper action at the time in question."

Where does it say anywhere in that statement that this rule applies only to the State of California?

In the past it has been policy of this department to allow its officers with department compensation to travel all over the world regarding criminal matter of which they are involved.

I submit to you that Steve Ortiz was acting as a police officer in his actions. The question of whether Steve was in Hawaii or in San Francisco should make no difference. His injury was in fact job incurred while making an off duty arrest and should be treated as an occupational disability. Finally, Steve Ortiz should be acknowledged by this department for a job well done, the same as other off duty officers have in the past.

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## POLICE OFFICER RIGHTS . . .

continued from page 1

In its finding, the court stated, "As a matter of constitutional law, it is well established that a public employee has no absolute right to refuse to answer potentially incriminating questions posed by his employer. Instead, his self-incrimination rights are deemed adequately protected by precluding any use of his statements at a subsequent criminal proceeding."

The Bill of Rights Act must be construed, "in such a manner as to encourage full cooperation with police department investigations of criminal offenses, so long as fundamental constitutional rights are protected in the process," the court said. "Such a balancing of interests is achieved by holding that, although the officer under investigation is not compelled to respond to potentially incriminating questions, and his refusal to speak cannot be used against him in a *criminal proceeding*, nevertheless such a refusal may be deemed insubordination leading to punitive action by his employer."

The end result of this important decision is that internal investigations (Management Control or O.C.C.) that do not involve possible criminal proceedings, the officers' constitutional rights are not required to be cited and the officer must answer all pertinent questions truthfully and without refusal.

However, any answers are not admissible in a court of law. In the event that criminal proceedings are pending or contemplated, the officer must be advised of his constitutional rights. Should the officer refuse to answer any questions, that refusal cannot be entered to the criminal matter, but the officer may face departmental disciplinary actions. Prior to the Act, no such advice or admonition was required by law.

Turning to the facts of the present Los Angeles case, the court found that, although the officer was told that refusal to cooperate would result in administrative discipline, he was not informed of the extent of his constitutional right and the discipline was overturned.

As a general rule, when any officer is contacted by any investigative body, internal or external, contact your P.O.A. representative as soon as possible. The P.O.A. exists for one reason — to protect the rights of officers. It is very important that to ensure your protections that you call the P.O.A. right away.

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**IT'S TIME FOR  
UNITY IN THE CHURCH**

by Jim Crowley  
Homicide Section

It is time for the Christian Church to do what God intended for it to do. It cannot until there is unity among its many different denominations. Ever since I became a Christian, it has bothered me that such great divisions exist between Christians who basically believe and say the same things but with a different emphasis on different parts of scripture. But I am encouraged because there is a movement today towards unity where Church leaders will draw on each other's gifts.

The key for unity in the Church lies with the leaders. The original problem is with the leaders, and the solution must also be with them. The problems are usually the result of poor communication and power struggle. Often, the egos of leaders bring about the division of the people. But when leaders humble themselves and recognize that they need each other then the same attitude will follow in the people. It is possible for leaders to draw on one another's strengths without compromising their beliefs. The leaders would learn a great deal from working with each other. I personally feel there will never be a truly great spiritual revival until we can get together. Although there have been other movements towards unity in the Church throughout history, this one is different in that it involves people who are open to the power of the Holy Spirit. It is the result of a movement by God—the Pentecostal movement, the Charismatic movement, and the current spiritual awakening among Evangelicals. It is more than an ecumenical movement that would bring peace between brethren. It would bring a worldwide proclaiming of the gospel with power.

We can be sure that there will be unity in the Church someday as Jesus prayed for that and the Father will not deny the Son anything. In John 17:21 we see Jesus' prayer for the Unity of the Church. ". . . that all of them may be one. Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me."

God has given us everything we need to have unity in the Church now. He has given us His love—the love for God and for one another; He has given us His Spirit—and He has given us His Word. The church needs to become one. This can be accomplished if we will lay down our rigidity and resistance, the lack of love for the larger body of Christ—for those who baptize differently than we do, or who practice differently than we do. John 17:21 has to become a reality to us so that we can come to that place where we really do love one another in a genuine way. In so doing, the world will know that the Father has sent Jesus.

Each month police officers from many different denominations come together for fellowship, prayer and teaching. I would like to invite you to attend one of these meetings which are held at 12 noon, the second Thursday of each month at Zuka's Restaurant across from the Hall of Justice.

**Grandma's House Cleaning  
Service**

715 Scott Street  
San Francisco, Ca. 94117  
387-5600

**Hillhaven Convalescent Hospital**

2043 19th Avenue  
San Francisco, California 94116-1298  
(415) 661-8787

**Fior De Mayo Bridal**

5507 Mission Street  
San Francisco, Ca. 94112  
469-4876

**Ajax Auto Dismantlers**

2895 3rd Street  
San Francisco, Ca.  
821-3103



## MY FAVORITE COP

Two San Francisco Police Officers are being honored through the "MY FAVORITE COP" award program. Officers **Kevin Dillon** and **Stephen Venters**, assigned to central station, are the award recipients for the month of March.

The "MY FAVORITE COP" award is for "Daily acts of kindness and friendship which have caught the eye — and the heart — of San Franciscans." The officers are chosen via ballots obtained at any of the United Bank's fifteen branches, published in the neighborhood edition of the San Francisco Progress newspaper or by letters sent directly to the Chief of Police. The monthly award includes \$1,000 cash provided by major corporations, a commemorative trophy from the San Francisco Council of District Merchants Association, as well as commendations from both the Mayor and the San Francisco Board of Supervisors.

Officers Dillon and Venters will receive their award at a luncheon on Tuesday, March 18, 1986, at 12:00 P.M. hosted by the Cathedral Hill Hotel, 1101 Van Ness Avenue.



OFFICER STEPHEN VENTERS

14 Year Veteran of the S.F.P.D.  
Served At: Ingleside Station and Central Station  
2 Silver Medals of Valor  
3 Police Commission Commendations  
20 Captain's Commendations



OFFICER KEVIN DILLON

11 Year Veteran of the S.F.P.D.  
Served At: Potrero Station and Central Station  
1 Silver Medal of Valor  
1 Police Commission Commendation  
20 Captain's Commendations

**"MY FAVORITE COP" Award for the month of March, 1986 officers Kevin Dillon and Stephen Venters Central Station**

Officers **Stephen Venters** and **Kevin Dillon** of Central Station day watch are the March recipients of the "MY FAVORITE COP" award. Officers Venters, a 14 year veteran, and Dillon, an 11 year veteran, have been partners for the past three years walking the tenderloin beat.

The "MY FAVORITE COP" award is usually given to an individual officer, but in this situation, these two conscientious, hardworking officers are being recognized and honored for their efforts and accomplishments as a result of their partnership.

These officers have committed themselves to ensure that the people in the area they patrol are aware of their presence and assistance if and when needed. The senior citizens who reside in the area know these officers as a result of their efforts in assisting them with various events which are handled through the senior escort program. These officers planned, coordinated and personally handled such events at which numerous seniors were in attendance. If it had not been for the officers' involvement, these seniors, who rarely leave their hotels, would not have been able to at-

tend these events which are important to them.

Their efforts with children have been recognized through similar involvement in the community on their behalf.

Even though they are very active with the resident seniors and children of the area, they are also active and alert to the crime situation in the area. They are always aware of the situations that exist and take action when necessary.

These two officers are not only members of the specialists' team, but are instructors.

They are veteran field training officers and are the recipients of numerous awards and commendations.

Officer Venters is a member of the Central Station basketball team and also represents the San Francisco Police Department during the Winter Police Olympics where he has won medals in various events.

Officer Dillon, a graduate of San Francisco State University, is a third generation policeman following his father, a retired lieutenant, and his grandfather who entered the police department in the mid 1920's.

**Excelsior  
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Shell**

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# HEALTH SERVICE INFORMATION FOR 1986/87

With the upcoming period, during the month of May, in which you may change Health Service plans, add dependents, etc., it should be noted what changes and additions will take effect during the fiscal year 1986/87.

First, the city's contribution towards your health care will be only \$89.43 this year. This amount is determined by charter, by taking the average of the state's ten largest counties' contributions to their employees, excluding dental and eye care. As usual, the "City that Knows How" truly knows how to keep their employees on the low end of every other county's totem pole.

The Health Service Board continually attempts to bring you the best medical care for the least dollar amount but once again we are facing large financial losses in Plan #1. In the middle of 1984 we introduced the Preferred Provider Organization, or Select Health program, which during the onset worked very well. It worked so well that it saved you and the system a lot of money. In fact, last year the out-of-pocket rates went down dramatically. The family rate dropped \$25.00 a month below the preceding year's rates, thus saving that group \$300.00 for the year. But alas, the best laid plans sometimes go awry.

We thought we had the answer to the high inflationary cost of medicine. We still do, but for some unknown reason, at this point, the system is experiencing a 108% loss. Mean-

ing that for every \$1.00 we take in, we are paying out \$1.08. My personal feelings are that over-utilization by the members is driving the costs up. Because office visits through the Select plan are only \$5.00, unlike past procedures whereby you paid the first visit, members are using the plan more. The PPO doctors and hospitals have contracted to give the Health Service System discounts for medical treatment but they may be having the patient return more often than necessary to make up for those discounts.

As previously mentioned, the rates went down last year but now to cover the losses they will have to be increased in July. They will increase approximately the same amount that they went down, thus being about the same as was paid two years ago. The Health Service Board has again agreed to subsidize its members in Plan #1, as it has in past years, from the reserve funds. This means that the system will pay \$25.00 towards a family group and a lesser amount for the other categories. Because interest rates have been dropping continually, the contingency reserves are not yielding as much as before. This has been the source of dollars used to help subsidize the members.

You should also notice on the new comparison sheets that two new plans will be offered. They are the Heals Health Plan and the Maxicare Health Plan. Both of these plans will be offering comparable coverages through a panel of

selected doctors and hospitals throughout the Bay area. Again, let me stress upon you to carefully go over the comparison sheet and select whatever plan that best suits your or your family's needs.

The following is a brief accounting of the plans and the out-of-pocket monthly costs.

Plan	Employee	Employee Plus 1	Family
City Plan #1:	\$15.50	\$93.71	\$155.00
Kaiser Hospital:	00.00	73.02	137.98
Children's Hospital:	00.00	82.60	132.60
French Hospital:	00.00	80.00	124.00
Bay Pacific:	2.47	90.67	140.26
Heals Health Plan:	00.00	84.82	128.72
Maxicare Health Plan:	00.00	87.62	133.97

In closing, let me again remind you that the month of MAY is the only month that you may change plans. New dependents, spouse or children, MUST be added within thirty (30) days after marriage or birth. If this is not done, then they will have to be added only during the May open enrollment period.

Fraternally,  
Harry Paretchan, SFFD  
Board Member

## 80TH RECRUIT CLASS

YOU ASKED FOR IT  
YOU GOT IT

30 - 30 DINNER  
30 YRS + 30 DAYS

SAME PLACE SAME TIME

DATE: MAY 16, 1986 PRICE: \$16.00

All Checks Must Be  
Made Out To Caesar's:

Send to:  
Lloyd Hill Co. Rm. 150  
850 Bryant 94103

PLACE: CAESAR'S at Bay & Powell

DATE: May 16, 1986

TIME: 6:00 PM - 7:30 PM

Unhosted Cocktail Hour

### MENU

Mixed Green Salad - Italian Dressing

Assorted Italian Antipasto

Soup Of The Day

Ravioli

"ALL

THE

WINE

YOU

CAN

DRINK"

### CHOICE OF MAIN COURSE

Roast Beef Au Jus

Veal Scaloppini a la Caesar

Roast Spring Chicken - Mushroom Gravy

Baked Virginia Ham - Pineapple Sauce

Combination Seafood Plate

Italian Spumone and Coffee

PRICE: \$16.00 per person,

Tax & Tip Included

ALL checks must be in by May 14, 1986  
OF COURSE, WIVES ARE INCLUDED.  
"THIS IS THE BEST DEAL IN TOWN"

## HEALTH SERVICE SYSTEM

To: All active and retired city, school district, and community district employees

Subject: Annual Open Enrollment Period—Month of May  
Changes become effective July 1, 1986

Enclosed is a comparison of health plans brochure which outlines the seven (7) health plans available, the benefits of each plan and the new contribution rates for the 1986-87 fiscal year.

The Health Service Board has designated the month of May each year as the open enrollment period for active and retired employees to:

1. **Transfer from one health plan to another health plan** of the system; and

FOR ACTIVE EMPLOYEES TO:

2. **Add eligible dependents** not presently covered. Includes spouse and dependent children to age 25 years if unemployed, unmarried, and dependent upon employee for support (dependents may be cancelled by employee at any time during the year),

3. **Transfer from an exempt status** to enrollment in one of the system's health plans,

4. **Apply for exemption** from the system.

Employees may come in person to the Health Service Office, 1212 Market Street, 2nd Floor, (cross streets are Hyde and Grove at 8th Street), or use the enclosed health coverage enrollment application to initiate a change by mail.

If you choose to make a change by mail, complete the appropriate sections as indicated in the instructions on the back of the application. Retain the third copy for your records, and return the original and second copy. Your application must be returned no later than May 30, 1986.

The Health Service Office will be open from 8:00 a.m. to 4:45 p.m., Monday through Friday during the month of May with the exception of Monday, May 26th, a legal holiday. Call the Health Service Membership Division at (415) 558-4322 for additional information.

**Safeguard Dental Plans:** The month of May is also the open enrollment period for the voluntary dental plans offered by Safeguard Health Plans. The open enrollment period for the dental plan only will extend to July 31, 1986. A brochure explaining the plans is available from the Health Service System Office or from Safeguard at (800) 652-1152 or (415) 543-9560.

### San Francisco Lighting Supply

690 Potrero Ave.  
San Francisco, Ca. 94110  
826-4300

### Hamati Market & Deli

1299 Sanchez Street  
San Francisco, Ca. 94114  
647-0093

### Vita Soy

435 A. Brannan  
San Francisco, Ca.  
974-1118

**Donohoe & Carroll**  
MEMORIALS

1635 OLD MISSION ROAD  
COLMA, CALIF.  
BUSINESS 755-5251  
RESIDENCE 664-3415

MONUMENTS • MARKERS • INSCRIPTIONS

## Frank's Shoe Service

2412 Chestnut  
"Chestnut, between  
Divisadero and  
Broderick"  
San Francisco, Ca. 94123  
931-5100

### Edie's Beauty Shop

3155 Mission Street  
San Francisco, Ca.  
94110

### Father & Son Hauling

805 Wisconsin Street  
San Francisco, Ca. 94107  
826-0325

## La Grande 1010

2601 Mission  
San Francisco  
648-8800

## On The Run

1307 9th Ave.  
San Francisco, Ca. 94122  
665-5316

## "Living Separate Lives?"

by Michael R. Ryan  
Police Chaplain

"You have no right to ask me how I feel . . . We're living separate lives." These words, from the Steven Bishop song, "Separate Lives," describes all too many marriages these days. Do they describe your marriage?

No couple I've ever talked with intended at the beginning of their marriage or police career to end up living separate lives. And by separate lives, I don't mean divorce. I mean two people living under the same roof who no longer share the same interests, same concerns, same friendships. By separate lives I am referring to those couples who say they are lovers but not friends. It happens so easily. Pressures with the job, pressures with finances, pressures with raising children, these and many others erode the foundation of what started out as an intimate, committed marriage.

Even as I write these words, I remember the pain my wife and I felt when we realized the enthusiasm and love that was a part of our wedding day had grown into indifference. Such a realization brings the kind of crisis to the relationship which will determine the ultimate outcome of the marriage. My wife and I were able to pull our marriage out of its nose-dive and rekindle our love into a renewed fire which still burns today. It wasn't an easy thing to do; but the results of our efforts have given us a most fulfilling relationship. Below are seven suggestions I've found helpful in my counseling with couples to restore their relationship to a new freshness and commitment. They worked for us and can work for you, too.

**First, honestly face the situation.** There is no such thing as a perfect marriage because it is made up of imperfect people. If there is something about your relationship that you're unhappy about, admit it and make a willful decision to work at the process until it is solved. Remember, the key to success is wanting to succeed. My experience has proven that there are no problems a couple can't reconcile if the two are committed to that reconciliation.

**Next, is what I call "taking responsibility."** Get off alone and write down what you feel are the key issues that have pulled your marriage apart. Also, write out what you'd like to see change. Most important, list those things you intend to do to help resolve these issues. It is important to write these down because when the time comes to share them with your mate, notes will help to keep the conversation on track.

**Third, pick a safe time and a safe place to share these feelings and desires.** This is crucial if you expect to be heard. Interruptions will only detract from what you are doing. Take the phone off the hook. Get a baby sitter. Go out to dinner. Do whatever it takes to provide an environment for effective communication. Also, choose a time when both of you are rested and attentive.

While sharing, **listen to understand.** There is a passage in the Bible which tells us to be "quick to listen and slow to speak." I like to point out that God gave us two ears and one mouth and that fact ought to indicate the percentage of talking and listening we do. After sharing what you

have written down, ask your partner to react to them. Don't be defensive about what is said because your mate is entitled to his/her opinion. Don't put a value judgment on your mate's opinions. You may disagree with them but what is shared is his/her perspective on the situation. Respect them and try to understand what he or she feels about what is being shared. Ask questions; give feedback on what you think you hear and ask for the same. Keep your goal in mind at all times and don't allow yourselves to get sidetracked by other issues. Work to solve problems, not just the situation.

**Fifth, "remember from where you have fallen."** Reflect back to those wonderful days of the courtship when you were doing all in your power to win the heart of your spouse. What did you do? What were the little things you did that made a positive impression on him or her? Begin doing them again. Just because we get married doesn't mean the courtship has to cease. We ought always to be in the process of winning and re-winning their hearts.

**Sixth, sometimes a third party helps.** It is a rare couple indeed that can solve all of their issues without the aid of an objective third party. The person you select can be a mutually trusted friend or family member, a pastor, or counselor. One of the objectives of the Department's Family Support Program is to offer specific help in this area. Take advantage of it.

**Finally, good marriages are the product of hard work.** Just as a muscle will atrophy if it isn't exercised, so will a relationship if it isn't stimulated. Be intentional about contributing to the life of your marriage. Do your part. Your efforts will usually pay rich dividends.

We don't have to live separate lives; we can bring renewal to a dormant romance if we both really want it. One final thought: I have found that a strong faith in Christ is crucial to marital success. I'm convinced that my marriage is what it is today because of God's answer to the prayers of my wife and I. I believe that marriage is an institution invented by God and therefore He ought to be given an opportunity to direct it.

(Mike Ryan is the Pastor of First Evangelical Covenant Church of San Francisco. He's been a department chaplain since May '85 and is working with Employee Assistance to implement the recently approved Family Support Program. The Program's purpose is to support and strengthen the marriages and families of department members. To do this, the FSP intends to provide educational resources, workshops, conferences, counseling, and counseling referrals tailored to the unique demands of a law enforcement career places on the marriage and family. The column will be a regular feature of the FSP and Chaplain Ryan would like your ideas on topics that could be covered in future columns. Send your suggestions to Pastor Mike Ryan, 455 Dolores St., San Francisco, 94110. If you have any questions about the program or would like to talk with someone in the program, call 431-8757 from 9-5 weekdays.)

## EMPLOYEE ASSISTANCE PROGRAM

The Personnel Division is now in the planning stages of establishing an Employee Assistance Program. The major components of the program include:

1. Stress Education/Prevention
2. Chaplain Services
3. Stress Unit
4. Health/Physical Fitness Program
5. Members Benefits
6. Family Support Program
7. Career Development

The Stress Education/Prevention component will include services such as peer counseling, substance abuse education, stress management counseling, referral resources and library services.

The Members Benefits Program will include retirement and financial counseling, employee benefit package counseling, etc.

Some of these services are presently available. The others are to be added as soon as possible. The goal is to provide a comprehensive Employee Assistance Program. In order to encourage participation by the membership, we are requesting members to submit suggestions or proposals to Lt. Thomas Murphy, Personnel Division.

Further information will be published in future information bulletins.

### Empire Liquors

399 Eddy Street  
San Francisco, Ca. 94102  
771-1659

### Louie's Barber Shop



422 Castro Street  
San Francisco, Ca. 94114  
552-8472

### Jack's Auto Mart Inc.

1441 Gough Street  
San Francisco, Ca. 94109  
922-6005

### Dynasty

863-9191  
101 Oak Street  
San Francisco, Ca. 94102



North Beach Restaurant  
1512 Stockton Street  
San Francisco, Ca.  
392-1700

### Bus Stop Lounge

1900 Union Street  
San Francisco, Ca. 94123  
567-6905

### Vitamin Express

1425 Irving Street  
San Francisco, Ca.  
564-8160

### Charles Morgan

450 Sansome Street, 13th Floor  
San Francisco, Ca.  
392-2037

### Nassrin Lingerie & Accessories

1422 Grant Ave.  
San Francisco, Ca.  
956-5886

### Azteca Market

544 Excelsior Street  
San Francisco, Ca.  
(415) 585-8092

### WLV Transportation

1599 Grandview  
South San Francisco

952-9031

### Pacific Atlantic Trading Co.

#3 Embarcadero Suite 2500  
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362-3546

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### Woody's Liquor Store

5799 Mission  
San Francisco, CA 94112  
587-2900

# The SFPD Wilderness Adventure Youth

by Walt Scott and Luis Duran  
Community Services Division

Now entering its sixth year, the San Francisco Police Department Wilderness Adventure Youth Program continues to provide outdoor experiences such as backpacking, ropes courses, river rafting, rockclimbing, and cross-country skiing for inner city youth. Police officers and young people share activities where teamwork leads to friendship and mutual understanding. Over 1,000 students per year take part in our year-around program.

We strive to ensure an atmosphere where everyone who gives 100% is a success. Cooperation, trust, communication, and honest effort are our highest values. We believe that some of the fastest learning and growing can occur in the great outdoors. Problems are real and are dealt with step by step. There is no home to go to in the rain, no TV for entertainment, no store for food, no running away from problems. What we do have is the opportunity to achieve our goals together, the food and shelter we carry on our

backs, the joy to share in a talk by the trail or around the campfire, the fun shared by the river or lake, the beauty of mother nature in her most beautiful and natural state, and the satisfying feeling of a job well done.

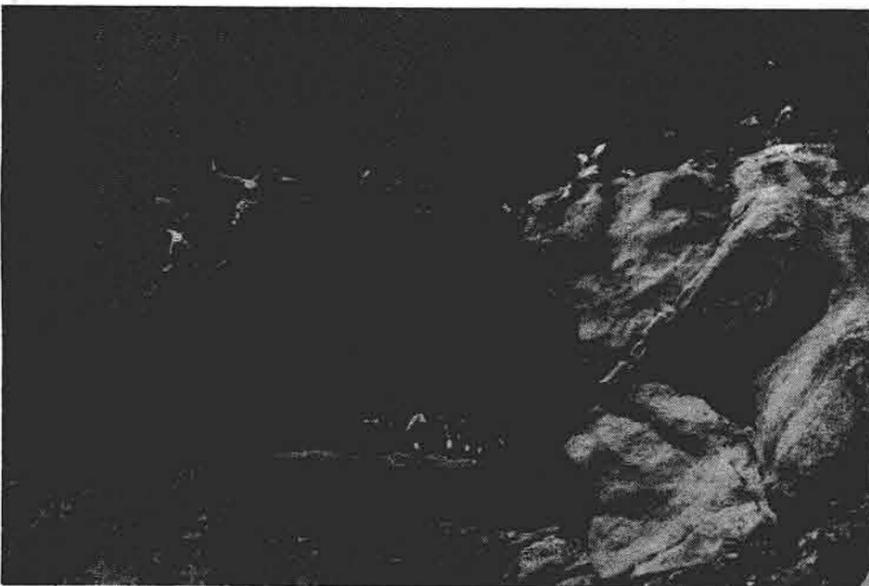
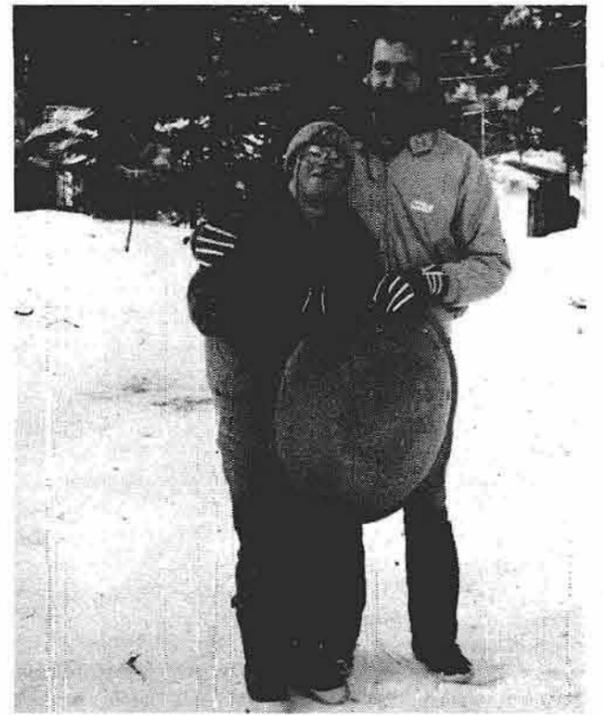
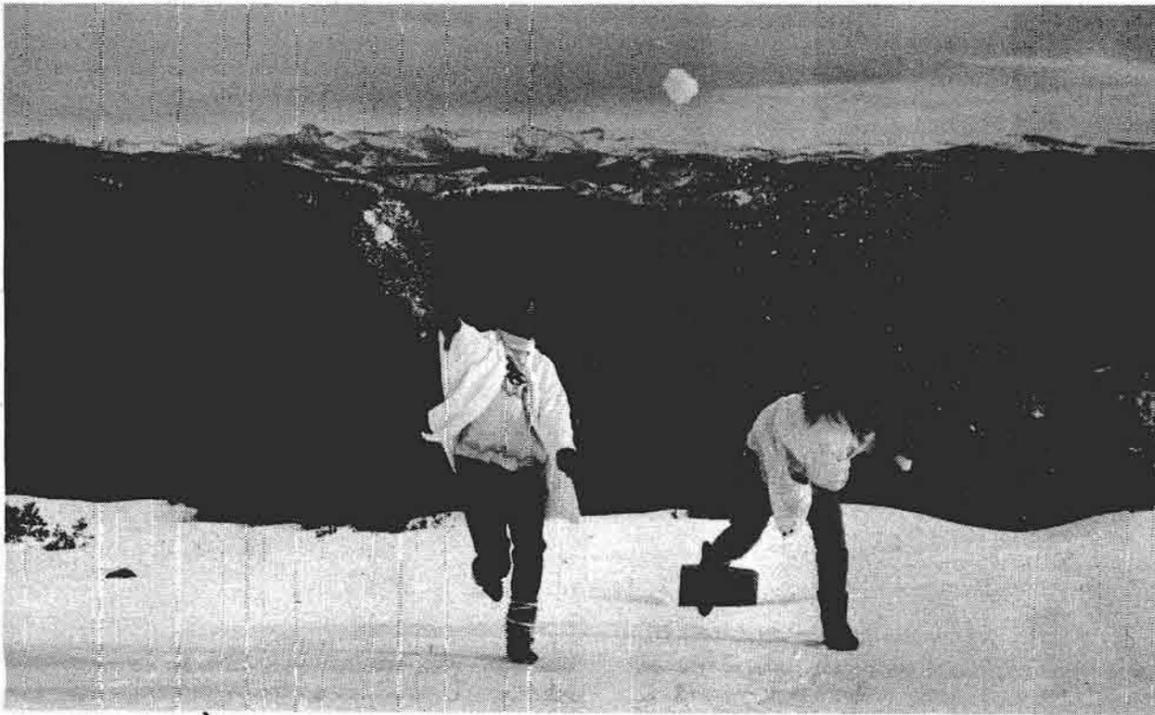
After a challenging 6-day Yosemite backpack trip, an officer who works out of Potrero Station in San Francisco's Hunters Point district, wrote the following:

*"Yesterday afternoon I had occasion to answer a call in the area of the gym at Hunter's Point. I saw a group of teenagers on the street corner and went to talk with them. Initially, they seemed embarrassed and uneasy that a uniformed officer should approach them. Then I heard a familiar voice and turned to see Tony, a member of our group. He came up to me, put an arm around me, and said, 'You listen to her. She's alright. She taught me to walk in the mountains.' The blisters and sore shoulders seemed suddenly worth it."*

This is testimony to feelings which have been shared many times in San Francisco during these past five years. Without the San Francisco Police Department Wilderness Adventure Youth Program, this officer and these young people would most likely have continued to be only nameless faces to each other. Because of the program, they were able to build a bridge of understanding.

Our officers share these outdoor activities with low-income youths from all over San Francisco. We work with young people who hang out on Mission District street corners, special education students from our middle and high schools, newcomers to our country from Asia and Central America, and with many others from San Francisco's varied population. For most, it is their first experience in the wilderness and a marked contrast to their urban surroundings.

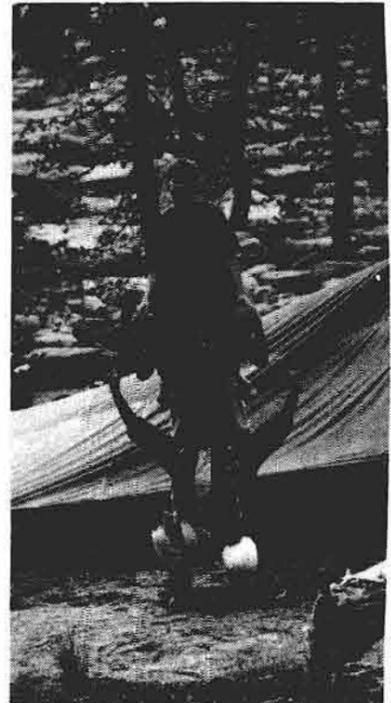
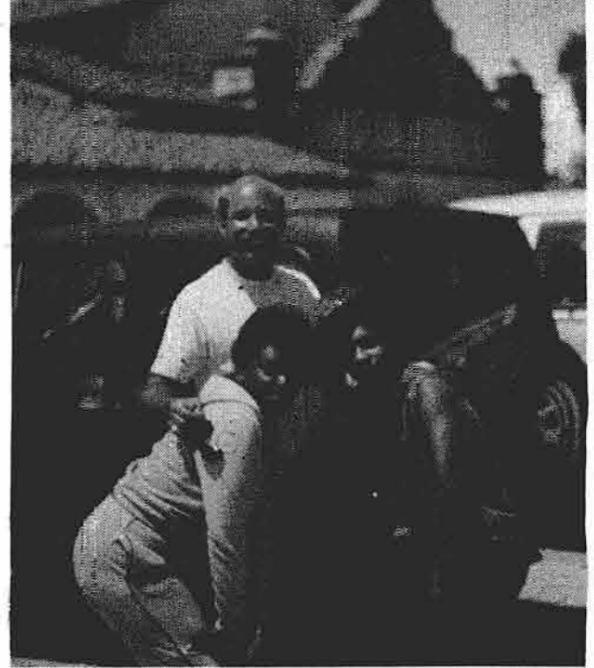
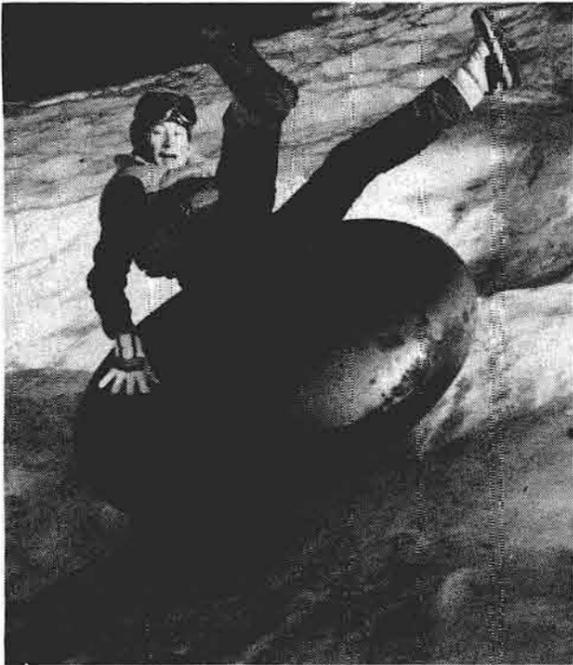
Thanks to generous donors such as the San Francisco



# Program

Police Officers' Association and numerous local foundations, corporations, businesses, and individuals we are able to provide all the equipment and transportation for these activities while charging only a very small commitment fee. If you know a young person (10-18, boy or girl) who might benefit from this experience call Officers Scott and Duran at 553-1348 and they will send you an application for our 6-day summer outings in Yosemite National Park.

We have 25 trips planned for this spring which are already staffed, 26 for this summer which are partly staffed. If you are a San Francisco police officer who is interested in working with the young people on these activities please send a note to Officers Scott and Duran at the Community Services Division or call us at x1348. Remember you don't necessarily need outdoor skills to join these trips, but you do need the desire to give 100% caring and effort.



March 18, 1986

# Board of Directors Meeting

President Barry called the meeting to order at 3:25 p.m. with the pledge of allegiance. Roll call was taken. Members present: Deignan, Goldberg, Conway, Lindo, Garcia, Santana, Maloney, Suslow, Doherty, McAllister, Rapagnani, Friedlander, Johnson, Chignell, Fagan, Flippin, Cole, Linehan, Collins, Parenti and Barry. Absent, none. Excused, Dempsey.

President Barry recognized Brother Tom DelTorre from the floor. Brother DelTorre is currently assigned to the Crime Prevention Unit. He advised the Board of a statewide convention of crime prevention units of the twenty-four western states to be held in the Bay Area. He requested \$250 from the POA to provide a hospitality room for those police agencies attending. After debate, M/Fagan S/Suslow to donate \$250 as requested by Brother DelTorre. Motion passed unanimously.

### REPORT OF THE PRESIDENT

President Barry advised the Board of the actions taken by the Chief, the OFJ and the Board of Supervisors regarding the proposed charter amendment allowing for increased powers for the Police Commission and the Chief. The POA is still attempting to block this amendment from the ballot. President Barry stated that all steps were taken to favor our position and that additional avenues will be taken to overturn the Board of Supervisors' decision.

President Barry then introduced our Attorney Dave Clisham, who discussed our pending federal litigation. Areas discussed were the next promotional examinations for Q-35/Q-50, Q-60 and Q-80, changes in the civil service protest procedures and the "Three Year Plans." All

areas and their ramifications were discussed.

### REPORT OF THE VICE-PRESIDENT

Vice-President Parenti spoke of the grievance that was filed against the Chief on behalf of two (2) patrol sergeants at Northern Station against the guidelines of General Order P-1. Vice-President Parenti advised the Board of his conversations with Chief F. Jordan and of the ramifications of the Chief's actions.

The next item discussed was the plans for the next POA picnic. Vice-President Parenti has assumed the leadership position for this widely attended function. The proposed date of the next picnic is August 17, 1986 at Crow Canyon Park in Castro Valley. A memo outlining the costs and services for the picnic was circulated. After discussion, M/Collins S/Garcia to provide \$10,000 for the picnic as explained by Vice-President Parenti. That admission be set at \$2.50 per adult, \$1.00 per child (5 to 12 years of age) and under age five free. Motion passed unanimously by voice vote.

Vice-President Parenti stated that the deadline for use of accumulated vacation time in excess of the maximum level has been extended from May 3, 1986 to January 9, 1987.

### REPORT OF THE SECRETARY

Secretary Linehan asked if the minutes of the February Board Meeting were accurate. M/Rapagnani S/Cole to adopt the minutes as written. Motion passed unanimously by voice vote.

### REPORT OF THE TREASURER

Treasurer Collins presented the January Financial Statement which shows a balance on-hand, after expenses, of \$185,928.76. M/Rapagnani S/Linehan to accept the Treasurer's report. Motion passed unanimously by voice vote.

The Financial Statement for February was issued by the treasurer, which showed, after expenses, a balance on-hand of \$100,622.10. M/Linehan S/Goldberg to accept the February statement. Motion passed unanimously by voice vote.

M/Collins S/Lineham to amend the motion on September 17, 1985 to include to provide for an expense allowance for members of the Board of Directors at the rate of \$75 per month for the purpose of reimbursing out-of-pocket expenses incurred by Board members in performing their duties to the Association in lieu of salary. Motion passed unanimously by voice vote.

### REPORT OF THE COMMITTEES

Welfare: POA Welfare Officer Mike Hebel presented a draft of POA proposed changes to the current Light Duty Policy of the Department. After much debate of all areas of the changes, M/Chignell S/Linehan to accept the draft

as written with the following changes incorporated:

- 1) That the POA designate a member on the Committee,
- 2) That upon the application of the member the hearing process shall begin, and
- 3) That the POA Welfare Officer develop a reasonable time period that the Committee must reach a decision and act after the process begins.

Motion passed unanimously by voice vote.

### California Organization of Police and Sheriffs; President Barry advised that the third week in April has been set for the endorsement function to be held in Sacramento.

Legislative: Legislative chair Secretary Linehan spoke of the recent action placing the disciplinary charter amendment before the voters in June. He spoke of the possibilities of blocking the actions of the Supervisors and requested POA funds to distribute information to selected voters for selected supervisors to reconsider their positions. M/Linehan S/Chignell to expend \$11,000 to and for purposes as stated. Motion passed. Voting yes: Deignan, Goldberg, Conway, Lindo, Garcia, Santana, Maloney, Suslow, Doherty, McAllister, Rapagnani, Chignell, Cole, Linehan, Collins, Parenti and Barry (17). Voting no: Friedlander and Johnson (2).

### NEW BUSINESS

Director Cole advised that the Veteran's Police Officers Association may be seeking a facility to hold their monthly meetings. M/Chignell S/Maloney to allow the Veterans POA use of 510-7th Street, rent free. Motion passed unanimously by voice vote.

Director Friedlander advised that the supply of the booklet used for Rape Awareness by the Crime Prevention Unit is running low. He urges the POA to fund the printing costs to re-stock the booklet. He noted that the POA is listed as a sponsor of the booklet and is widely distributed throughout the City. M/Parenti S/Maloney to expend \$1,550 for printing cost after two (2) other bids are accepted and that the printing company be a union shop. Motion passed unanimously.

President Barry distributed a request from Brother Ron Vernali for \$400 as "seed" money for promoting the Annual Boxing Tournament in North Beach. M/Maloney S/Rapagnani to expend \$400 as "seed" money for printing costs provided that the event is not non-profit, then this item is to be referred to the POA Community Services Committee for action. Motion passed unanimously by voice vote.

Director Maloney requested the POA to purchase five (5) tables for the South of Market Boys Mother's Day Breakfast and a bus to be provided to and for transportation and a City tour. M/Maloney S/McAlister to expend no more than \$1,700 for the stated purpose.

### OLD BUSINESS

Vice-President Parenti stated that the POA has requested and received three (3) bids to paint the basement of 510-7th Street. The low bid was submitted by Brother Ralph Schoenstein at \$1,650. M/Rapagnani S/Conway to approve the bid. Motion passed. Voting yes: Suslow, Doherty, McAllister, Rapagnani, Friedlander, Johnson, Cole, Linehan, Collins, Parenti and Barry (17). voting no: Chignell (1).

President Barry advised the payment for interest of money taken from our salary due to the change of payroll systems is to be paid in August. The approximate amount is \$50 per member.

Treasurer Collins advised that the POA is in discussions with parties interested in leasing the POA property at 502-7th Street. Upon serious discussions, the Board will be further advised.

Vice-President Parenti advised that the Police Commission and the Administration appears to be concerned about attorneys being present during OCC hearings. Their concerns were the same expressed by the POA last year—potential lawsuit against the City and the officers.

### POLITICAL CONTRIBUTIONS

M/Linehan S/Santana to purchase two (2) tickets for the "Friends of Molinari" Benefit at a total cost of \$500. Motion passed unanimously by voice vote.

There being no further business, motion to adjourn at 7:55 p.m.

Respectfully submitted,  
Daniel J. Linehan  
Secretary

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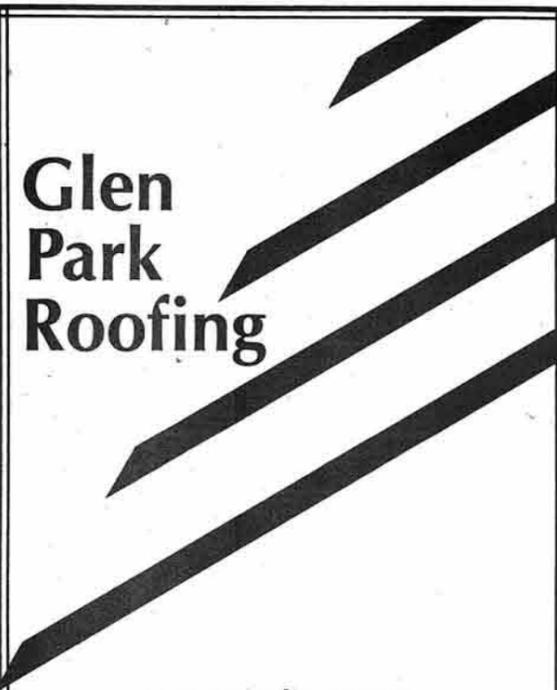
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# Correspondence...

April 7, 1986

The Honorable  
Strom Thurmond  
Chair, Committee  
on the Judiciary  
United States Senate  
SD-224  
Washington, D.C. 20510

Dear Senator Thurmond:

I have been advised that the United States Senate has passed the bill to outlaw the armor-piercing "cop-killer" bullet. As a sworn member of the San Francisco Police Department. I would like to express my appreciation for your efforts to make my job a safer one. This bullet has no place in our society except to stop those who have dedicated their lives to make our cities a safer place to live.

However, I am very concerned that the Senate bill will not ban the existing bullets still on the gun shop shelves. This provision is akin to closing the barn door after the horses get out. Should the Senate version become law, those who wish to harm law enforcement personnel and other governmental officials will have a supply of these deadly projectiles. Treasury Department officials have estimated that there could be as many as two-million armor-piercing rounds already for sale.

I urge you to consider the unnecessary harm that could be done by these bullets and amend the Senate bill to provide for the removal of these "cop-killers" for sale.

Respectfully,

San Francisco Police  
Officers Association  
Daniel J. Linehan  
Secretary

Dear Friend:

Appreciating your interest, I am pleased to report that the Senate has passed a bill to outlaw armor-piercing "cop-killer" bullets.

This measure is similar, though not identical to legislation that passed the House in December. While the Senate bill would outlaw any new armor-piercing ammunition, it would allow those "cop-killer" bullets already on gun shop shelves to be sold. The House-passed bill (H.R. 3132), which I authored along with Rep. William J. Hughes, would ban the sale of all armor-piercing ammunition, both new and old. Treasury Department officials have estimated that there could be as many as two million armor-piercing rounds already in the marketplace.

In the coming weeks, House and Senate conferees will meet to resolve this difference between the two bills. In my mind, there is no issue more important than banning the sale of existing armor-piercing ammunition. Your support is needed to ensure that the stronger House language concerning sale ultimately prevails. I urge you to express this view to the Hon. Strom Thurmond, Chairman, Committee on the Judiciary, SD-224, Washington, D.C. 20510; and to the Hon. Joseph R. Biden, Jr., SH-308, Washington, D.C. 20510. Your continued support is very much appreciated.

Sincerely,

Mario Biaggi, M.C.

Dear Member:

Your Association was recently advised that officers of the 161st and 162nd Recruit Classes that are entitled to a refund of retirement monies that had been paid to the city for their time spent in the Police Academy, have not yet been paid.

As each of you are aware, there has been considerable delay in obtaining the refund you are entitled to. Without a long explanation and finger pointing as to who is at fault for this delay, the following is to occur.

I have spoken with Catherine Jones of the Retirement System who has given me the following time schedules as to payment of your refund monies.

Time rolls for the 161st Recruit Class will be submitted by the Retirement System to the city controller by the end of February. It then usually takes approximately one week for the controller to cut and issue the checks.

Time rolls for the 162nd Recruit Class will be submitted by the Retirement System no later than March 31st to the controller and payment will be made within one week.

The POA will continue to monitor this situation. Members are asked to please keep this office advised as to whether or not the time frame for payment outlined above is being followed.

Sincerely,

Ron Parenti  
Vice President

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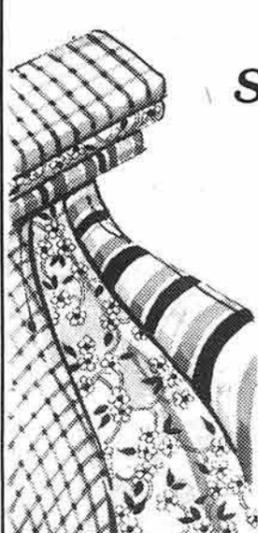
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# LETTERS

## A Healthy Ego

April 4, 1986  
Editor,

Some of those who read my last letter expressed surprise at my obviously sarcastic remark, "Is it a sin to be Irish?", which was made out of frustration at miserably failing the oral exam component of the Sergeant examination. I have a healthy ego; sometimes it reacts that way to failure. A friend of mine pointed out that she observed the majority of the officers taking the training course for the new leaders appear to be white male types. In any event, my remark was made out of frustration. The truth is that being white and Irish has made my years in the department easier, since being of northern European descent and having this physical appearance (a big white man), was admittedly more acceptable than other variations of humanity to some "old timers," to say the least.

So let it be known that if I have the occasion to be supervised by any one of the new sergeants, any dispute that has been debated prior to this time concerning their promotion is history; in the interests of this police department any dissent that has occurred will not manifest itself on my part.

We must look to the future; no grudges.

I just read Stephen Jones's article in the April edition of the Notebook. What he said is worth your consideration. Due to the nature of our profession many of the ideas we toss around are critical, negative and non-constructive. This is an optimistic article and therefore beneficial.

San Francisco is a "cosmopolitan" city. We are becoming a cosmopolitan police department. One way to view the result of the last promotion is to be able to see a day when the issue of an unequal proportion of different types of people that does not reflect the character of the City will no longer be a problem; that qualified leaders will be the only factor in selecting candidates for promotion.

I've complained many times about this last test, but I'm getting tired of that. Let's get on with the work we have to do. There is lots of that. Hopefully the next test will be very soon.

Respectfully yours,  
Michael Maloney

**Health Service Changes Due in the month of May**

## Thanks

April 8, 1986  
Sgt. Peter Maloney  
Southern Station  
Dear Pete:

I want to extend the appreciation of the pistol team for the actions, above and beyond, that you took in getting the "MIKE O'BRIEN MEMORIAL PISTOL MATCH" into this month's edition of the NOTEBOOK.

You must have had the printer pull the entire front page to get it done, and we really appreciate your consideration and effort.

I'm sure that the article will serve its purpose in generating funds for Mike's family and will be a tribute to a great cop.

We thank you, once again, and hope that you too will be able to shoot in the match.

Call me and let me know if you can and we'll reserve you a convenient time.

Best wishes and sincere thanks,

Armond Pelissetti  
The San Francisco  
Police Pistol Team

## Thanks

April 1, 1986

Robert Barry  
510 Seventh Street  
San Francisco, CA 94103

Dear Bob:

Please accept my heartfelt thanks for your generous contribution to my campaign for re-election to the office of

Lieutenant Governor. Your participation in the St. Patrick's Day Dinner at the San Francisco Fairmont Hotel on March 13 helped to make that event a smashing success.

I especially appreciate your support this early in the campaign, as it will guarantee the purchase of critical television and radio time in the final weeks of the campaign.

I look forward to an exciting campaign, which is off to a good start with your strong show of support.

Thanks again for your contribution to our efforts.

Warmest Regards,

Leo McCarthy  
Lieutenant Governor

## Thanks

Bob Barry, President  
San Francisco Police  
Officers Association  
510 7th Street  
San Francisco, California  
94103

Dear Bob:

On behalf of all the Paramedics, thank you, thank you, thank you for appearing at the Health Committee hearing on April 8th.

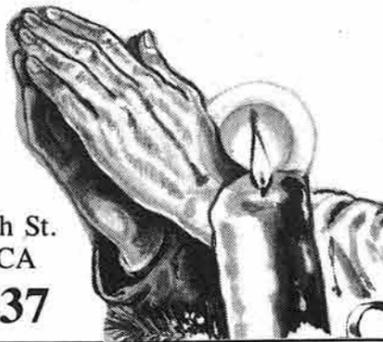
Not only did you wait a long time to speak, but what you had to say was very supportive, clear and direct.

Thanks again.

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# Putting The Cuffs On Stress

**Bullets don't kill most cops. Stress does—at a brutal rate. Here's how they're learning to survive—a lesson that can help all of us.**

*By Tom Shealey*

Some call it the "thin blue wall." It's a self-imposed, mental barrier that comes with a cop's beat, a stronger-than-thou facade that holds emotion in and keeps help out. It often results in divorces, health problems, drinking and even suicides, which are all an accepted part of being a member of the law-enforcement community. It's the reason Joe Friday never smiled.

The wall is cracking, though. In some cities, police used to living in a world of aggression are finding that communication and relaxation skills, behavior-modification techniques and sound nutrition help relieve the stress they're used to holding in.

"What kills cops? It's not bullets that get most of them. It's the inability to handle the stresses of the job, and not knowing how to make stress work for, rather than against, them," says Ed Donovan, a Boston police officer who's also director of that department's police stress program, and president of the International Law Enforcement Stress Association. "Cops are taught how to give tickets, make arrests, complete reports in triplicate, fight, shoot and mitigate all sorts of wild circumstances. But until recent-

ly, there's been very little education concerning job stress and how to work with it successfully. This whole area is in its infancy."

According to the statistics, it's an area that needs to grow up fast. The suicide rate among police is two to six times the national average, depending on the study cited. Divorce rates are almost twice as high as in other occupations. Police have some of the highest rates of heart attacks, stomach disorders and premature deaths. While an average male lives to at least age 73, the life span of a cop is about 57 years.

The reasons are many and some are common to other lines of work: rotating shifts that make family life almost impossible; frustrating promotional practices; thanklessness from the public and administration; overwork and boredom.

Then there are reasons that are specific to police work, such as leniency by the courts and monotonous hours spent behind the wheel of a car or walking a street. "The nature of police work itself is stressful," says Rick Bradstreet, Ph.D., director of psychological services for the Austin, Texas, police department. "You're trained to think negative and be suspicious. No one calls you over to say 'Have a nice day.' Police are summoned only when there's trouble, which takes a toll. It's hard to convince yourself that people are yelling at the blue suit, and not at you personally."

### LICENSE FOR AGGRESSION

Still more stress comes from the fact that the job gives a person a license for aggression. Being a police officer means using socially sanctioned power and aggression to promote law and order. Killing is part of that power. Yet at the same time, a police officer wrestles with the knowledge that a split-second decision about how to use

that power could mean the end of a career or, in the worst case, his or someone else's life.

Along with the power come feelings of powerlessness that can be just as devastating, as a 24-year-old Boston policeman learned. While sitting in his patrol car with his partner, he looked up in time to see a man fall into the path of an oncoming car. The cop, who was also a paramedic, rushed to the injured man, did what he could, and rode with the victim to a hospital, where the man died minutes later. In the following year the policeman's job performance suffered, as did relationships with friends and family. During counseling at the Boston stress-program the reason surfaced: He had seen blood and lifeless bodies before, but never had he watched a life slowly come to an end. The helplessness possessed him, and he bottled it up inside. "He was afraid to talk about it. But if we hadn't gotten it out, he would have been a prime candidate for a stroke or heart attack or ulcer," adds Donovan.

Being scared to discuss emotional problems used to be the unwritten law of the land, and police stress was usually only discussed by actors on television or in the movies. The reason: "It was seen as a sign of weakness," says Donovan. "Cops want to be in charge and would like to fix a lousy situation most people would avoid. They deal with everyone else's problems all day, but the one thing they don't want to admit is that they can't handle their own problems. And many cops fear that admitting they have a problem will negatively affect the way they are viewed by peers and the department administration."

### THE JOHN WAYNE SYNDROME

Cops generally like the macho image that inadvertently prevents them from talking about their problems. "Cops walk down the street looking tough because they have to. All eyes are on them and they stand out in a crowd, and some people are watching for signs of weakness," says John Sawatsky, Ph.D., staff psychologist for the Toronto Police Department. "Police have to constantly keep their feelings in check, but inside they are human and have feelings of their own that need to be dealt with."

Add to this the fact that most police are in bad physical shape and you have the makings for trouble, says Peter Maynard, Ph.D., a psychologist at the University of Rhode Island, Kingston, who has studied police stress. "After seven or eight years, the research shows that even beat cops who walk all day are in bad shape, mainly because of the greasy, fast foods they eat. They usually don't have time to eat nutritionally balanced meals, which is probably one reason cops have such high rates of cardiovascular problems. This physical stress complicates the emotional stress."

All of this is slowly changing, however, and stress is coming out of the closet. Part of the reason is that administrations can't deny some of the cold, hard facts.

In 1981, for instance, the Los Angeles Police Department for the first time received more applications for stress-related disability pensions than it did for injury-related early retirements.

*continued on next page*

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# Stress

continued from preceding page

Also, departments are being sued by victims of crimes who claim an officer made a mental mistake, and that the department should have known he was emotionally unfit for duty.

"Most of the administrations we dealt with in our research were very cooperative because they'd seen too many families fall apart, and they wanted to do something before it was too late," says Dr. Maynard.

Until five years ago there was no stress-management program at the Montgomery County, Maryland, Police Department. Now there's an office at the Rockville headquarters that offers counseling and preventive strategies for coping with stress, says clinical psychologist Carol Marcy, Ph.D. "Most cops still come in after they realize there's a problem, but we're encouraged because we're seeing more who want to learn how to deal with stress before it crops up."

In Toronto, the emphasis is on the fledgling cops. "We try to inoculate or immunize the recruits at the training academy before they get on the streets and the macho image takes control," says Dr. Sawatsky. "We teach them how to notice the signs of stress in their bodies, and what will happen if they're ignored. We also teach them to watch what they eat, keep their weight down and be aware of things in their diet, such as sugar, fat, cholesterol, salt and alcohol. They're also instructed in breathing and relaxation techniques."

Boston also works on the young ones, stressing biofeedback, meditation, self-hypnosis and counseling, with an extra tactic: "We've had great success training the recruits' wives about stress," says Donovan. "We teach the spouses what to look for so they can spot the telltale signs, kind of like a safety valve."

## STRESS IN THE WILD WEST

Probably the most innovative police stress program is headquartered in southern Texas, where members of the Austin Police Department must take physical tests, check their blood levels of cholesterol and triglycerides, and monitor cardiovascular fitness with a treadmill and EKG machine. After the results are in, an officer meets with a member of the wellness staff and at that time they can choose to create a personal program to suit lifestyle and need.

Exercise is emphasized, but staff members don't push any particular activity, says fitness officer Joe Lake. "We just want them to get some type of exercise, whether it's running, swimming, cycling or whatever; just as long as

they have some activity that'll help them relieve stress and take their minds off police work for a while."

Getting a cop to think about something other than his job involves understanding the police mentality. "Police must be type-A people to do their job well, but to survive in the world you need to be a type-B person," says Dr. Bradstreet. "So we try to teach them how to switch back and forth and relax."

For instance, when dealing with an angry, yelling person, cadets are trained to let the person vent his anger but not to fuel the situation by getting into a shouting match. Officers learn to avoid intense eye contact with angry citizens because "that makes it easier to get plugged into the dispute. We train them to look at the eyebrows or forehead," he says. "We teach them to use relaxation techniques after the confrontation is over; to concentrate on that part of the body that tenses first, often the jaw or stomach, sometimes the trapezius muscle on top of the shoulders. We suggest tensing and relaxing the muscles, or at least taking deep breaths when they get back in the car."

Austin police are also urged to take 10 minutes of quiet time each morning for stretching or some physical activity, a relaxation break at the middle of the day, if just for a few minutes, and what Dr. Bradstreet calls "dead time" in the evening when the object is to do nothing. "Watch television for a few minutes or just lie down. Right before going to bed, we encourage them to recall the positive events of the day, the things most enjoyed."

"Officers are witnesses to pain and incredibly stupid acts. They touch people you and I wouldn't, and they see waste and suffering. So the only hope is to help them learn to reshape the unpleasant, negative experiences into positive impressions."

## HINTS OF SUCCESS

Apparently the Austin program has broken down some of the walls that harbor stress. The staff psychologists estimate they've dealt with about 60 percent of the force

so far. "There used to be a lot of apprehension about being seen going into the shrink's office," says senior sergeant Keith Leach, a 10-year veteran of the APD. "Now, most officers are open about it and are receptive to what the stress program is all about."

Leach says the program has paid off for him. "I used to have trouble with allergy attacks and had to take shots each week. My recovery time used to be at least two weeks. Since I started exercising and watching my diet, I haven't had any allergy-related sinus and bronchial infections."

Even with the program's initial success, the staff still plans to take it slow. "Not everyone is going to buy this approach," says Carolyn Hlavinka, a registered nurse who is the health-program coordinator. "Wellness is a self-responsibility. We can provide the information and increase awareness, but it takes years to develop good habits and they are the ones who have to make the decision to stick with the program. So far, we're encouraged with what we've seen."

Adds Donovan, "The thing I try to emphasize is that corny old saying that it's never too late. The Chinese character for the word 'crisis' is made up of two parts. One is the symbol for danger, the other is the symbol for opportunity. A crisis can be an opportunity for growth, and an officer can emerge feeling stronger and more capable than before."

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## La Terraza

3472 Mission Street  
San Francisco, Ca. 94106  
285-1236

## Espana Ornamental Iron Works

1450 Egbert Ave.  
San Francisco, Ca.  
822-9282

## Rina Embroidery Company

140 Geary Street Suite 1003  
San Francisco, Ca.  
421-2144

## Sing Toe

625 Kearny St.  
San Francisco, Ca.  
989-7111

## El Mexicana

3088 24th Street  
San Francisco, Ca. 94110  
641-9583



## Max's Fried Chicken

422 Geary Street  
San Francisco, Ca.  
(415) 928-1987

## SF POLICE CENTURIONS FINISH UNDEFEATED 1986



Head Coach Ed Cota (left) and General Manager Rene LaPrevotte (right) present "Bay Bowl" trophy to Chief Frank Jordan.

Saturday, March 15th the San Francisco Centurions Football Team traveled to Reno, Nevada to play a charity football game against the Northern Nevada Police & Fire "Pyro-Pigs" football team. The game started amid a blizzard, and remained scoreless most of the 1st quarter until Park Station's Eric Hipp kicked a 48 yard field goal to make the score 3 to nothing. The ball changed hands several times at which time San Francisco had a sustained drive stall at Reno's 20 yard line. Again Head Coach Ed Cota of Co. E called upon Hipp's unfailing right foot, and Eric kicked a 37 yarder to make the score 6 to nothing. We kicked off to Reno whose offense again was stymied by Bruce Marovich's awesome defensive unit. Reno was forced to attempt a punt from their own 15 yard line, when Greg "Blockhead" Suhr blitzed the punter, forcing a fumble that was recovered by Dave Faingold (PBTF) on Reno's five yard line. Four plays later, reserve quarterback Ed Cota bootlegged into the end zone for the touchdown. The PAT was missed when normally dependable Rene Guerrero, out of Co. H had a bad snap to his punt holder who was smothered by the Reno special teams. The score now stood at 12 to 0. The second half was much the same with defensive standouts Mark Mino of PBTF knocking down (and nearly intercepting) three passes. Solo officer Al McCann's return to football after a three year layoff showed he lost none of his ferocity and Chilidog Sweeney of Co. A almost pulled off a "Hat trick" by intercepting a pass. Richmond station's Robert Red kept his interception string unbroken with an intercept and Eric La-Machine Hipp added another three points via field goal to make the final score 15-0.

Saturday March 22nd saw the Arizona Law Enforcement team (aided by a few college players) arrive in San Francisco ready to put an end to a second perfect season for the Centurions. The Centurions won the opening coin toss, but Coach Cota had such faith in SF's defensive unit (and Eric Hipp's foot) that we opted to kick to Arizona. Cota's faith was justified as the awesome SF defensive unit kept a powerful (read Huge) Arizona offense from gaining ground. The tale of the game was Eric Hipp's punting ability, and Arizona's inability to do the same. Several bad punts by Arizona (one for 5 yards) put the Arizona Bears in the hole, and after several tries, quarterback Ed Cota passed to Brian Delahunty of the PBTF to make the game 7 to zip after Eric's PAT. The score was still 7 to 0 at the half when Chief Frank Jordan and members of the San Francisco Junior Chamber of Commerce gave the Make-A-Wish Foundation a check for sixteen thousand dollars as a result of the "Bay Bowl." Also present for the half time festivities was Police Chaplain John Heaney as well as Keena Turner, Bubba Paris and Roger Craig of the other San Francisco Football Team as well as Leon Gray of the Seattle Super Sonics.

The Bears and Centurions came out for the second half obviously fired up and Eric Hipp again kicked off to Arizona. Arizona's offense sputtered and they punted which resulted in yet another Eric Hipp Field Goal. The score now stood at 10 to 0. Arizona was not to be denied a score and they moved doggedly down field with a touchdown imminent. Arizona's QB passed to a normally hotheaded receiver, but Richmond station's Robert Red stepped in front of the receiver and picked off the touchdown pass just short of the goal line, giving the ball back to the Centurions Offense. The Centurions were again on the move, and moved to within field goal distance of scoring. Eric uncharacteristically shanked the kick to the right and the score stood at 10 to 0. Marovich's dogged defense remained stingy with the yardage, and Cota's inventive offense continued to move the ball until Ed Cota faked a "play action" handoff to Brian Delahunty then rolled out and handed to Ingleside's Mike Maxwell who ran untouched into the end zone for the touchdown. Hipp's PAT was blocked by a desperate Arizona Defense and the score stood at 16 to 0. The score remained 16 to 0 and the Centurions won their third shutout in a row. The Centurions defense has not allowed a point scored in 13 quarters of football and the offense, which is the brainchild of Cota, has scored 45 unanswered points in its last three games. Most Valuable Players of the game as voted on by the opposing team's coaches were Mike Maxwell, offense and the defensive MVP was a toss-up between Robert Red and Al McCann. The voting was tipped in Red's favor as he had a game high two interceptions which maintains his streak of at least one per game to eight games.

We wish to thank all who have supported the Centurions' efforts, and especially to our boosters who followed their team to Reno in the blizzard then suffered sunstroke during our home game. Those of you who haven't seen your police football team in action might be surprised. Roger Craig was, as he commented after our Arizona game that he was amazed at the ferocity of the hitting, and yes, Roger Craig, Bubba Paris and Keena Turner stayed until the game's completion . . . maybe you ought to give it a try!

Rene LaPrevotte  
General Manager

## Embarcadero Automotive

210 Brannan Street  
San Francisco, Ca. 94107  
546-1384

# SPORTS

## THE MIKE O'BRIEN MEMORIAL PISTOL MATCH

MAY 1,2,3,4, 1986 — Concord Police Pistol Range

### SAN FRANCISCO POLICE YOUTH FISHING PROGRAM BENEFIT - FUNDRAISER

**WIN:**

- Deep Sea Salmon Fishing Trip for 20 people as your guest on the "LOVELY MARTHA." Equipent provided.
- Fur Lined Woman's Coat from Herbert's Furs. Approximate Value: \$2,000.

--- OR ---

1. Boron Fly Rod, donated by Orvis.
2. Camera, donated by Brooks Cameras.
3. Freshwater Spinning Outfit from Hi's Tackle.
4. Freshwater Spinning Outfit from Hi's Tackle.
5. Trout Spinning Rod, donated by The San Pedro Dam Co.
6. \*Dinner for 2 at The Blue Fox, San Francisco.
7. \*Dinner for 2 at Harris', San Francisco.
8. \*Dinner for 2 at S.F. Press Club, donated by Mr. L. Jack Block.
9. \*Dinner for 2 at Hickory Pit of Marin.
10. \*Dinner for 2 at Vince's, San Francisco.
11. \*Dinner for 2 at San Remo, San Francisco.
- 12 thru 15. Day Boat Passes (for 4 people) at Lake Merced, courtesy of San Pablo Dam Co.

\* Dinners do not include alcoholic beverage.  
 Drawing to be held on May 19, 1986. Need not be present to win. Donation \$1.00 per ticket.  
 Tickets Available at Room 553, 850 Bryant St., S.F., CA 94103, 415/553-1345. Donation not required.

You all know about the recent tragic death of Mike O'Brien. This brings to mind the question: "Would anyone help my family if I were to die suddenly?" We are helping and you can help. The San Francisco Police Pistol Team is memorializing Mike with the annual pistol match. All San Francisco Police Officer entry fees (\$24) will go to Mike's wife and children.

You may never have competed in a pistol match before, but here is your opportunity to come, have alot of fun, and be involved in helping a police officer's family. Directions and course of fire are below. (Wad-cutter ammo necessary, see below). All you need to bring are: a .357 or .38 cal. revolver, 150 rounds of .38 cal. ammunition (call Charlie Coates at the range), holster, 3 speed loaders, eye and ear protection, and your \$24 check. Team members will be present and will supervise you through the match. All travel, fee, and equipment are tax deductible. Questions, contact: Armond Pelissetti, robbery, Duane Otis, robbery, Glen Pamiloff, juvenile, Bob Fitzer, Cr. Scn. Inv., Charlie Coates, range, Tony Camilleri, narcotics, Roger Farrell or Don Sloan, Co. F. Reservations: Pelissetti -or- Otis: 553-1201.

**COURSE OF FIRE**

- MATCH 1 ... 7 yds. & 15 yds. each — 12 rnds. at 25 secs.
- MATCH 2 ... 25 yds. — 18 rnds. at 90 secs.
- MATCH 3 ... 50 yds. — 24 rnds. at 2 min, 45 secs.
- MATCH 4 ... 25 yds. (twice) — 12 rnds. at 35 secs.
- MATCH 5 ... 7 & 25 yds. — 30 rnds. 50 & 25 yds. — 30 rnds.

**DIRECTIONS TO CONCORD RANGE**

**FROM THE SOUTH:** Take HWY 680 north to HWY 4 east to the Willow Pass Road off-ramp. Exit on Willow Pass Road and head south. Take the 1st left onto Avilla Road. Go to the top of the hill. YOU CAN'T MISS IT!!

**FROM THE NORTH:** Take HWY 680 south to HWY 4 east. Take HWY 4 east. The rest is the same as above. (5060 Avilla Rd., Concord, Ca.)

We hope you can attend, if you absolutely can not, please send an entry fee which we will forward to Mike's family. THANK YOU

*Health Service Changes due in the month of May*

**The Bike Nook**  
 3004 Taraval Street  
 San Francisco, Ca. 94116  
 731-3838

**Essex Hotel**  
 684 Ellis Street  
 San Francisco, Ca.  
 474-4664

**JUST LIKE HOME**  
 PIROSHKI & DELI  
 FALAFEL - SHAWARMA  
 CATERING FOR ALL OCCASIONS  
 WHOLESALER - RETAILER  
 (415) 681-3337  
 SUHAIL & KHALED TURGMAN  
 1920 IRVING ST.  
 SAN FRANCISCO, CA 94122

**Lee's Coffee Shop**  
 2408 California Street  
 San Francisco, Ca. 94115  
 567-0944

**Auto Spring & Wheel Service**  
 2401 Bush Street  
 San Francisco, Ca. 94110  
 346-1224

**Giraffe Lounge**  
 1131 Polk Street  
 San Francisco, Ca.  
 474-1702

**Dr. Kawala**  
 4141 Geary Street  
 San Francisco, Ca. 94118  
 668-3488

**United Apparel Industry**  
 1307 Harrison Street  
 Oakland, Ca. 94612

**Home Sausage Co.**  
 1726 Mission Street  
 San Francisco, Ca.  
 431-5580

**Martas Restaurant**  
 406 Hayes Street  
 San Francisco, Ca.  
 431-6100

**Valley Cafe**  
 1089 Sutter Street  
 San Francisco, Ca.  
 885-4412

**Khun Dang**  
 753 Bush Street  
 Between Mason & Powell  
 San Francisco,  
 (415) 398-8299

**Angelo Restaurant Italiano**  
 2234 Chestnut Street  
 San Francisco, Ca.  
 567-6164

**Wing Lee Cafe**  
 1810 Polk Street  
 San Francisco, Ca.  
 775-3210

**Taco Joe's**  
 4614 3rd Street  
 San Francisco, Ca.  
 285-9339

**Adelaide Inn**  
 #5 Adelaide Street  
 San Francisco, Ca.  
 441-2261

**La Roca Restaurant**  
 4288 - 24th Street  
 San Francisco, Ca. 94114  
 282-7780

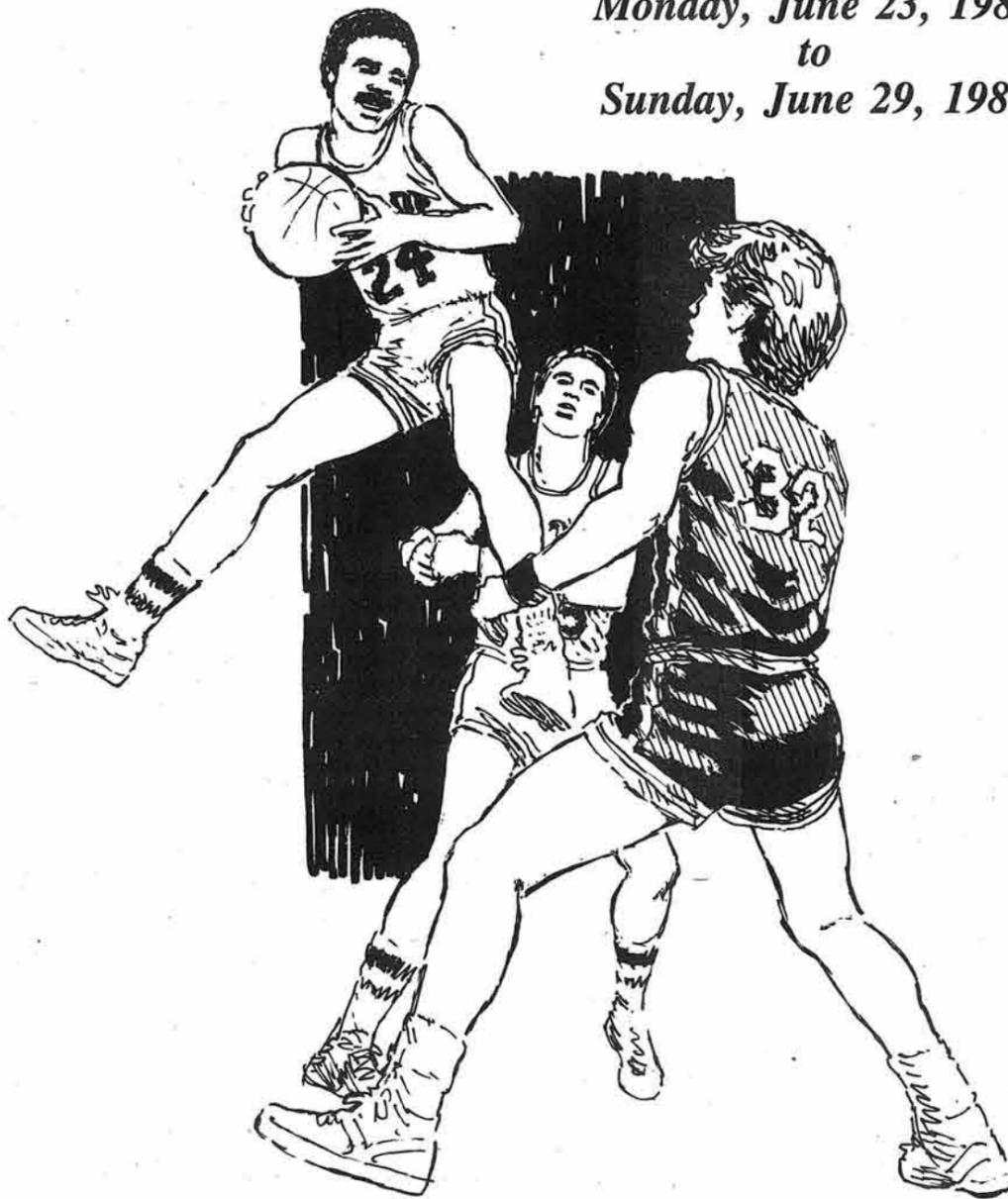
**Leaning Tower**  
 713 Linden Ave.  
 So. San Francisco, Ca. 94080  
 583-5539

**B. & H. MOTORS INC.**  
 392-8338  
 900 SANSOME STREET AT BROADWAY  
 SAN FRANCISCO, CALIF. 94111  


**Natoma Cafe**  
 145 Natoma Street  
 San Francisco, Ca. 94105  
 495-3289

# 1986 California Police Olympics

Monday, June 23, 1986  
to  
Sunday, June 29, 1986



**EMBASSY SUITES** — 1325 East Dyer Road, Santa Ana, CA 92705.

Come to the Embassy Suites, located on Dyer Road in Santa Ana, and discover the difference between a single hotel room and luxurious comfort of the Suite Life. You will receive; two separate rooms; wet bar, refrigerator, microwave oven, place setting for four, sofa that folds into a queen bed, two telephones, two color televisions; Daily, full cooked-to-order breakfast and two hours of cocktails in the early evening; No tipping is expected.

Mon-Thurs Sgl/Dbll .....\$79.00  
Fri-Sat Sgl/Dbll .....\$69.00  
Sunday Sgl/Dbll .....\$79.00

**WESTIN SOUTH COAST PLAZA** — 666 Anton Blvd., Costa Mesa, CA 92626.

Located directly across from South Coast Plaza, the largest shopping mall in California, we are 15 minutes from major athletic events for the Olympics. Our hotel offers the following: four tennis courts and swimming pool; 24 hour room service; 394 guest rooms, 18 suites, rated four star by Mobile Travel Guide and four diamonds by AAA; two restaurants — Alfredo's Ristorante featuring gourmet Northern Italian dining and Orange Grove Cafe, serving indoor and outdoor dining; within walking distance, 13 movie theatres and 150 specialty shops.

Single/Double .....\$79.00  
Triple .....\$92.00

**HOTEL MERIDIEN NEWPORT BEACH** — 4500 MacArthur Blvd., Newport Beach, CA 92660.

This property brings a fine French touch of hospitality to Southern California. Located across the street from our host hotel, they have 440 rooms and offer the following amenities: swimming pool, health club, sauna, tennis; 24 hour room service, overnight valet, and deluxe room accommodations with 32 suites.

Single/Double .....\$100.00

**IRVINE MARRIOTT** — 18000 Von Karman, Irvine, CA 92715.

A deluxe hotel with first class accommodations and only five minutes from John Wayne Airport. It's 504 rooms and six suites provide a luxurious atmosphere and additional amenities include dining, entertainment, piano lounge with cocktails and a discotheque for nighttime dancing.

Single/Double .....\$95.00

**Beach Rentals**

Given that we live in the heart of the Harbor, many beach front properties will be available during the Olympic Games.

When booking this category, please let us know how many in your party and what special amenities you will require.



**Hotel Accommodations**

**SHERATON NEWPORT (HOST HOTEL)** — Located just minutes from the John Wayne Airport in Newport Beach, our host property, with 350 rooms, is central to the majority of athletic events and entertainment in the Orange County area. Registration and tour information will be available here. Included in your daily room rate are the following amenities:

Full buffet breakfast. Evening hosted cocktail party, daily tennis, pool, spa.

Single .....\$85.00  
Double .....\$85.00  
Triple .....\$95.00

If you plan to stay at the host hotel please phone 1-800-325-3535 to make your reservations personally.

**UNIVERSITY OF CALIFORNIA, IRVINE (UCI) (HOST UNIVERSITY)**

UCI is located five minutes from the Sheraton Newport, our host hotel. The campus is situated on 1500 acres of land and will be the main site for our major athletic events: Western barbecue, track and field, basketball, soccer, boxing and tug of war, just to name a few. Most accommodations at UCI include room, board and parking.

**MESA COURT** — Dormitory style living, common bath. Suggested Non-Family Occupancy. Prices include room, board, parking, and three meals per day.

Single .....\$55.00 per person/per night  
Double .....\$48.00 per person/per night

**CAMPUS VILLAGE APARTMENTS** — Two bedroom apartment. Suggested Family Occupancy. Prices include room, board, and parking.

Single .....\$55.00 per person/per night  
Double .....\$48.00 per person/per night

The following rates include room and parking ONLY.

Single .....\$44.00 per person/per night  
Double .....\$37.00 per person/per night

Children five years of age or younger may stay in parents room and dine without charge. Linens, pillows, blankets, or beds will not be provided for children five years of age or younger. It is suggested that parents bring bed rolls or sleeping bags.

Full payment for room at UCI is due by May 15, 1986.

**COSTA MESA TRAVEL INN** — 2544 Newport Blvd., Costa Mesa, CA 92627.

New property which is located just 10 minutes from the host hotel. It has a pool, spa, color and satellite TV and refrigerators in most rooms.

Single .....\$38.00  
Double .....\$42.00

**RODEWAY INN** — Newport Blvd. at 17 Street, Costa Mesa, CA 92627.

Located 10 minutes from the beach and 15 minutes from most major athletic events., Amenities include a pool, spa, daily Continental breakfast and free cocktails Monday thru Friday, 5:L30-7:30 p.m.

Single .....\$47.00  
Double .....\$52.00

**IRVINE HOST HOTEL** — 1717 East Dyer, Irvine, CA 92705.

Located only 10 minutes from our host hotel and UCI campus, the following complimentary features are provided: Complete breakfast Monday-Friday; two hour evening cocktails Monday-Friday; airport shuttle to John Wayne Airport; satellite TV-24 hour movies; weekday copy of Los Angeles Times; heated swimming pool, sauna, jacuzzi.

Single .....\$62.00  
Double .....\$72.00

**QUALITY SUITES** — 2701 Hotel Terrace Drive, Santa Ana, CA 92705.

Located 15 minutes from the Sheraton Newport, the hotel is offering the following benefits to Police Olympic participants: free breakfast, cooked to order, daily with a copy of USA Today; complimentary cocktails daily (5:30-7:30 p.m.); free shuttle transport to John Wayne Airport; complimentary HBO/Cable TV; microwave and stocked honor bar in each suite; video recorder also in each suite; heated pool and spa.

Single .....\$69.00  
Double .....\$79.00

**Sports Information & Event Codes**

California Police Athletic Federation Rules supersede all other rules.

An attempt has been made to arrange the schedule of events so those participating more than one sport can do so with as few conflicts as possible. With the volume of competitors, some conflicts are bound to occur. We will do our best to resolve your particular scheduling problems, however, we will not change schedules at the expense of the competition. Please make any special request prior to the start of the games.

**ARCHERY:** 9:00 a.m. Thur., 6/27—UCI/Prado Recreation Area. 28-Target Field Round, National Field Archery Association Rules. 900 Round, National Archery Association Rules.

**28 Target Field Round**

<b>900 Round</b>	
Barebow—ARA01002	Barebow—ARA07002
Freestyle	
Unlimited—ARA02002	Freestyle
	Unlimited—ARA08002
Freestyle	
Limited—ARA03002	Freestyle Limited—ARA09002
Bowhunter—ARA0400	
2	Bowhunter—ARA10002
Bowhunter Freestyle	Bowhunter Freestyle
Unlimited—ARA050	
02	Unlimited—ARA11002
Bowhunter Freestyle	Bowhunter Freestyle
Limited—ARA06002	Limited—ARA12002

**ARM WRESTLING:** 2:00 p.m. Fri., 6/27—Newport Sheraton. World Wristwrestling Rules. You must make weight or you will be disqualified., Single Elimination, first match Consolation Bracket.

**Men 150 lbs. & Under**

Open—AWE50002	Open—AWE97002
Senior—AWF50002	Senior—AWF97002
Master—AWG50002	Master—AWG97002
Grand	
Master—AWH50002	Grand Master—AWH97002

**Men 175 lbs. & Under**

Open—AWE75002	Open—AWJ52002
Senior—AWF75002	Senior—AWK52002
Master—AWG75002	Master—AWL52002
Grand	
Master—AWH75002	Grand Master—AWM52002

**Men 200 lbs. & Under**

Open—AWE86002	Open—AWJ63002
Senior—AWF86002	Senior—AWK63002
Master—AWG86002	Master—AWL63002
Grand	
Master—AWH86002	Grand Master—AWM63002

**BADMINTON:** 8:00 a.m. Tues., 6/24—Crawford Hall, UCI. American Badminton Association Rules. Double Elimination. Shuttle cocks will be feathered with cork base.

Open	
Singles—BDA01002	Open Doubles—BDA02002

**BASKETBALL:** 8:00 a.m. Tues., 6/24 thru Sat., 6/28—Newport Harbor High School, Corona del Mar High School, Irvine High School, UCI. Five-man Team Event: National Collegiate Athletic Association Rules. 12-man maximum plus one non-playing coach. 3-on-3 Event: 6-person maximum, half court. Senior, Master, and Grand Master men may *not* enter both Five-man Team and 3-on-3. All events are Double Elimination. Team Roster *must* be sent with application by Team Captain. Confirmation of starting time/date will be forwarded to Team Captain only 30 second clock will be used in all games.

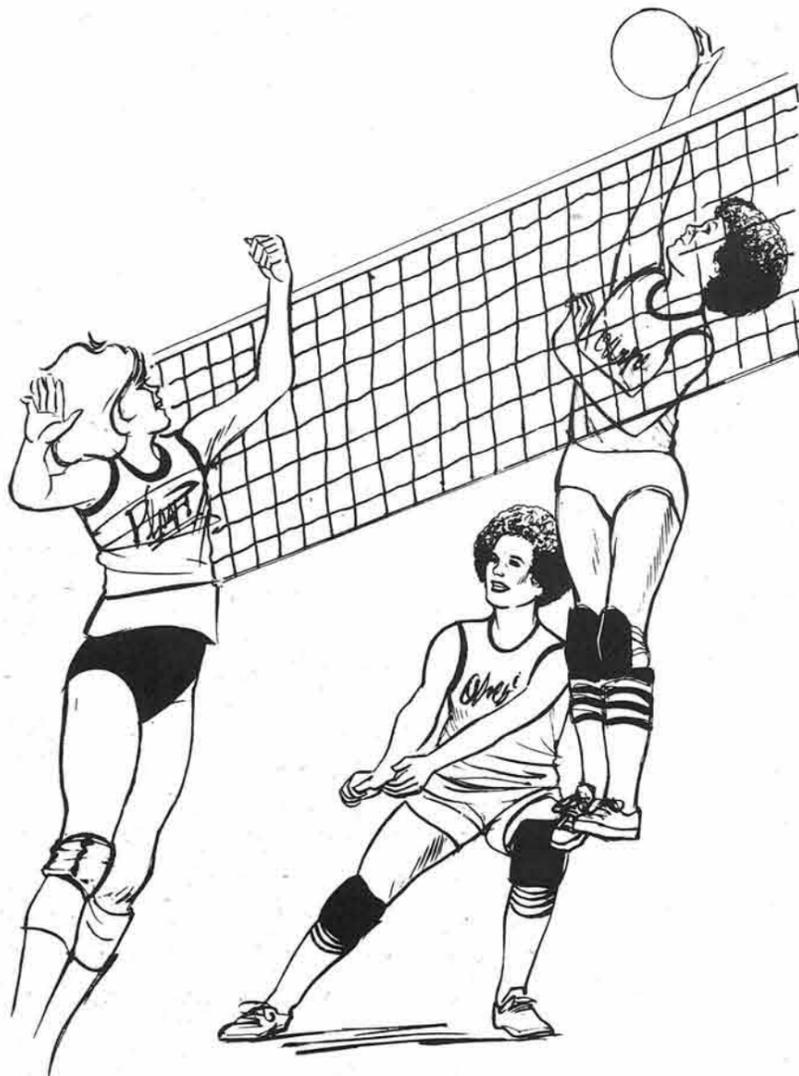
**Men Five-Man Team Women 3-On-3**

Open—BKE01002	Open—BKJ02002
---------------	---------------

**Men 3-ON-3**

Senior—BKF02002
Master—BKG02002
Grand
Master—BKH02002

**TUG-OF-WAR:** 1:00 p.m. Sat., 6/28—Aldrich Park, UCI. California Police Athletic Federation/Scottish Highland Society Rules. Men's—6 men plus one non-



pulling coach. Women's—4 women plus one non-pulling coach. Double Elimination. Rope will be provided.

<b>Men</b>	<b>Women</b>
Lt. Weight (1080 lb. maximum)—TUE01002	(800 lb. maximum)—TUJ03002
Heavy Weight (1500 lb. maximum)—TUE02002	

**VOLLEYBALL:** 9:00 a.m. Wed., 6/25 thru Sat., 6/28—UCI; University High School, United States Volleyball Association rules. Men's Doubles (3-man). Women's Triples (4-woman). 6-person Team (12-person maximum on team plus one non-playing coach). Mixed 2-Men/2-Women (6-person). Doubles and Triples are Double Elimination. 6-person Team and Mixed Team are Round Robin.

<b>Men</b>	<b>Other</b>
Open	Women Triples—VGJ03002
Doubles—VBE01002	Team (6-Person)VBA02002
Senior	
Doubles—VBF01002	Mixed Team—VBA04002
Master	
Doubles—VBG1002	
Grand Master	
Doubles—VBH01002	

**WATERSKIING:** 8:30 a.m. Fri., 6/27—Long Beach Marine Stadium. American Waterskiing Association Rules (Slalom only). Men's Novice (minimum start speed of 28 mph). Men's Intermediate (A competitor who has not made a complete pass at 22' off (53' line) at 32 mph in any AWSA or CPAF sanctioned event). Minimum start speed of 28 mph. Men's Open (minimum start speed of 28 mph), short line after complete pass at 32 mph. Women's Open (minimum start speed of 26 mph). Any novice competitor who completes a pass at 32 mph will be placed in the intermediate class. Any Intermediate competitor who completes a pass at 22' off at 32 mph will be placed in the Open class.

<b>Men</b>	<b>Women</b>
Novice—WAN01002	Open (Skill Level)—WAJ01002
Intermediate—WAO01002	
Open (Skill Level)—WAP01002	

**WRESTLING:** 10:00 a.m. Sat. 6/28—Newport Sheraton. Federale Internationale Lutte Association Rules (Freestyle Wrestling Rules). You must enter into your estimated fighting weight, however you will fight at your weight at weigh-ins or the next heaviest available class.

136.5 lbs. & Under—WRE13002	198.5 lbs. & Under—WRE19002
149.5 lbs. & Under—WRE14002	220 lbs. & Under—WRE22002
163 lbs. & Under—WRE16002	Heavyweight (Not over 268 lbs)—WRE32002
181 lbs. & Under—WRE18002	

**POLICE OLYMPICS HEADQUARTERS**

Our host hotel, the Newport Sheraton, will be the Olympics Headquarters for registration, information, results posting, vendor sales, as well as the venue for five events. Located only two blocks from the John Wayne Airport, the Sheraton offers free airport transportation, a complimentary buffet breakfast each morning, and a complimentary cocktail party each evening for every guest of the hotel.

You may call the Sheraton collect at (714) 955-0734 or our "800" travel phone number for reservations.

**The Registration Room Hours Will Be:**

Monday	June 23	10:00 a.m. to 8:00 p.m.
Tuesday	June 24	7:00 a.m. to 7:00 p.m.
Wednesday	June 25	7:00 a.m. to 9:00 p.m.
Thursday	June 26	7:00 a.m. to 7:00 p.m.
Friday	June 27	7:00 a.m. to 9:00 p.m.
Saturday	June 28	8:00 a.m. to 7:00 p.m.
Sunday	June 29	8:00 a.m. to 1:00 p.m.

**OUT OF AREA HOTELS**

One of our major events is located at Carlsbad, California for the Motocross Racing. Since the location is approximately 50 miles from our host hotel, we felt that the properties listed below should be offered for your convenience.

**ALL-STAR INN (Formerly California Motel 6)**—6117 Paseo Del Norte, Carlsbad, CA.

Located three miles from Palomar Airport and 15 minutes from our Olympic site, this property offers pool, color TV, and no charge for local calls.

Single	\$25.95
Double	\$28.95

**ANDERSON'S PEA SOUP HOTEL**—This hotel is located only minutes from the Motocross site and easy freeway exits and entrances.

Single	\$50.00
Double	\$60.00

**QUAILS INN**—1025 LaBenita Drive, Carlsbad, CA.

Located only eight minutes from Carlsbad, this property offers rooms with waterfront views of Lake San Marcos, small boats for rental, two golf courses across the street and tennis courts. These 116 units are peaceful, quiet and definitely a bargain.

Mon-Thurs Sgl/Dbf	\$50.00
Fri-Sun Sgl/Dbf	\$55.00
Mon-Thurs Poolside	\$60.00
Fri-Sun Poolside	\$65.00
Mon-Thurs Lakefront	\$70.00
Fri-Sun Lakefront	\$75.00



For additional information  
Phone PAL: 567-3215

# POLICE ACTIVITIES LEAGUE

by Herbert P. Lee  
Executive Director



## PAL GOLF TOURNAMENT

The 1986 PAL Golf tournament to benefit the PAL Cadets is scheduled for Friday, August 22, 1986 at Peacock Gap Golf and Country Club. Shotgun start 1:30 p.m., according to Co-Directors Jim Brown and Sgt. Ken Davis (Vice Crimes). T-prizes, golf fees, carts, lunch, and dinner are all included in the \$135.00 fee. (Law Enforcement officers \$110.00).

Proceeds from this Tournament are used to sponsor the PAL Cadet Program activities. The PAL Cadets volunteer for PAL and SFPD functions, and are involved in many community based projects. Please make a note in your calendar to play in this worthwhile golf tournament. Tax deductible. Call PAL Headquarters for further information (695-9977).



PAL Cadet Luz Garcia escorting senior citizen at Laguna Honda. The occasion was a festive show for the patients.



PAL Cadet Cecilia Wilburn in a children's fingerprinting project.



PAL Cadet Sergeant Michele Costeiu assisting a patient.

## PAL KITE FESTIVAL

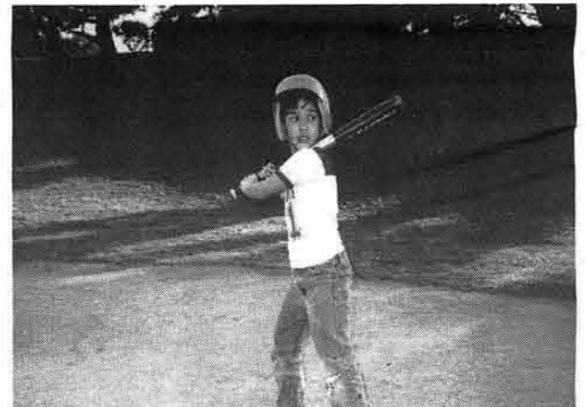
Kitemakers of San Francisco (Pier 39) and Radio Station KLOK-FM are co-sponsoring a kite festival on Sunday June 15th, at the Marina Green. Moms and Dads, here's your chance to bring Junior or your daughter and enter them in their first contest. Many events are featured including: Smallest kite, most line out, Kid's Kite Catch, Best Angle, PAL Bullseye, Most Beautiful, Most Humorous, and Theme Kite. There will also be a stunt kite competition. Some preliminaries necessary Saturday, June 14th. Call PAL Headquarters for further information (695-9977).



Head coach Maggie Martinez (left) and Asst. Coach Karen Gonzales (rt) posing with Shannon Altamirano. Shannon is 9 years old, attends Holy Name School, and is a member of the PAL Golden Bears.

## PAL AAA WCAL HIGH SCHOOL RELAYS RESCHEDULED

The 15th annual PAL AAA WCAL High School Relays was rained out March 15th and has been rescheduled for Saturday, April 26, 1986 to be held again at McAteer High Track Field. 555 Portola Drive at 9 a.m. The public is invited to attend. There is no charge.



Gabriel Levine, 9, ready for one down the middle. Gabriel is a member of the PAL Golden Bears and attends Argonne School.



More help for Laguna Honda patients. PAL Cadet Lieutenant Patrick Kwan.

## PAL BANTAM BASEBALL

In the PAL Bantam Baseball League, Director Leo Guillory reports 230 boys and girls signed up with a 13 team league throughout San Francisco competing. The first game is scheduled for April 21, and the season will last thru July. Trophies will be awarded to the championship team. Anyone interested in seeing any of the scheduled games are to call PAL Headquarters 695-9977 for further information.



The 1986 PAL Golden Bears Pee Wee Baseball Team

**LITTLE INDIA RESTAURANT**  
NOW OPEN IN NORTH BEACH  
Open Daily 11am  
Lunch And Dinner  
493 Broadway, San Francisco 398-0936

**Pacific Coast Title**  
900 Mission Ave.  
San Rafael, Ca. 94901  
454-6070

**First Cal. Press**  
1075 Folsom Street  
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# POLICE ACTIVITIES LEAGUE

by Herbert P. Lee  
Executive Director



PAL Baseball players Harley Augustino (left front) and Edward Heze (rt front) posing with Mrs. Thelma Williams (2nd from right) and Sgt. Herb Lee (center). The occasion was the presentation of the Bay Cup Trophy to the winner of the Oakland A's-San Francisco Giants last two exhibition games. The Oakland A's won.

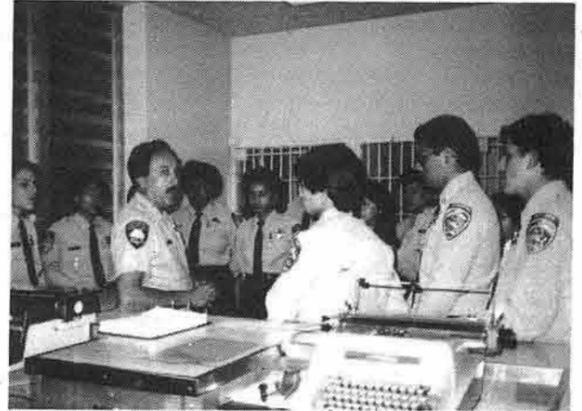
## PAL LETTERS OF APPRECIATION

March 12, 1986  
Sgt. Herbert P. Lee  
Executive Director  
SF Police Athletic League  
2055 Silver Avenue  
San Francisco, CA 94124

Dear Sgt. Lee:  
Please accept my deepest appreciation in behalf of the patients of Laguna Honda Hospital for the assistance of volunteers from the Police Athletic League at their St. Patrick's Day Party.

The Police Athletic League volunteers provided essential support of transporting patients from their wards to the party and back to their wards again.

Thank you and your volunteers for a job well done.  
Sincerely,  
Leo T. Walsh



PAL Cadets in a recent tour to the County Jail.



Newly appointed PAL Cadet Nancy Gomez being awarded her Star by PAL Cadet Director Ernie Galaviz. (photo by Herb Lee).



PAL representatives from Oakland and San Francisco in a brief ceremony before the exhibition game.



Jim Wiggins, PAL Float Committee member, flashing an OK sign. Jim is a volunteer and is in charge of all mechanical and electrical needs of the PAL Float. The Float won first prize in the Chinese New Year's Parade. The magnificent Tiger shown was in honor of the Year of the Tiger.

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Community Services Officer Rachael Karp was the guest speaker recently at a PAL Law Enforcement Cadet Meeting.

April 8, 1986  
Sergeant Herb Lee, PAL  
c/o 2055 Silver Avenue  
San Francisco, CA  
Dear Sergeant Lee:

I wish to personally thank the members of PAL who assisted our department in preparing for the recent swearing in ceremony held in the sixth floor auditorium of the Hall of Justice.

It's always good to know we can depend upon your support and will gladly reciprocate in kind whenever possible.  
Sincerely yours,  
Frank M. Jordan,  
Chief of Police

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January 1, 1986  
Mr. Ernie Galvez  
949 Ridgeview Court #A  
South San Francisco, California 94080  
Dear Mr. Galvez:

I would like to express my sincere appreciation for your continuing generosity towards the seniors of 25 Sanchez Street during the Christmas season. For many years now you have responded, without fail, to their annual request for a variety of your beautiful fresh prime produce which they make into festive fruit bags tied with ribbons and a candy cane. The seniors who reside at the 25 Sanchez Street San Francisco Housing Authority Residence for Senior & Handicapped look forward with great eagerness and anticipation to your generous gifts each year.

Thank you for never disappointing them and always bringing them cheer!

Rachel Karp  
Officer of Community Relations  
San Francisco Police Department



Team member Jared Green gets ready for a relay throw.

# THE LAST WORD

by Pete Maloney  
Editor



The building security of the Hall of Justice has been justly criticized, the finger pointing has given the press something to do and accomplished nothing. The incident that caused this furor has seriously shaken those jurists sitting on the bench in the Hall and will undoubtedly cause some changes. As yet **nothing** has been done despite the additional motivation of our recent activity in North Africa.

The Public Defender, **Jeff Brown**, agrees that security is poor and that at least financial responsibility should be shared by all the building's tenants. Besides the S.F.P.D. and Public Defender this includes: the Sheriff's Department, Probation Department, District Attorney, The Courts, The Office of Citizen's Complaints, The Victim-Witness Assistance Program, the Northern California Service League and two private businesses. Mr. Brown insists that departmental budgets will not stand the additional burden and must be assisted by the mayor, with supplemental budgetary allocations.

The statement leaves three important questions: (1) How should the cost be assessed to the various entities? (2) What specifically should be done? and (3) Will what ever is done be sustained or fade as in the past until another frantic incident gives the press another easy target?

Taking the last first I fear the answer is yes, but the reason has as much to do with the fact that the Hall is a public building as any human or systems failure. Answering the first point, the department is planning a survey of the public use to determine which departments the public is visiting to what extent to determine who should pay what.

The 'what' to do has most to do with the financial commitment, and that has been placed squarely on the mayor's political shoulders. You can only do what you can pay for.

I would be seriously remiss if I didn't say clearly the precipitating incident is not the fault of the Building and Grounds Officer who admitted the person who subsequently assaulted a defendant in the Hall of Justice court room. It was not her fault but the inadequate system that employs her. Indeed, if it had been me standing the post the same thing would have happened.

## ON THE STREET/Tom Flippin



## AMIGOS

We had a great crowd at our Amigo Luncheon!!! It was good to see Ernestine McGoldrick, Flora de Maria Crane, Ruth Picon and Patty Moran. These women are all deserving of their recognition.

Thanks to Linda Welch & Patricia Vasquez for helping out with the raffle. We had great gifts from Mrs. Jane Karp, Rachel Karp's mom, Carolyn Reilly, Oscar Carcelen our Vice President who also tended the bar! Shirley Cohelan Burton our President, again brought (2) bottles of champagne.

We received a thank you letter from Paul Varacalli, United Public Employees Local 790 and we received a letter from Agnes Robinson from the Graphics Union. We have to make certain that our printing shows a union bug even if it is printed by a Union shop.

The union, that is the musicians union will have their union musicians Local 6 playing at our affair, Tuesday evening April 8, 1986 at the Herbst Theatre.

Charlie Meyers, Captain Mike Lennon of the Mission Station, Lt. Al Casciato and many more came to our luncheon. Neil Kelleher, President of the Fryers was present with a large group.

It was good to see Nancy Swadesh and Tyra Duncan Hall from the Community College District in attendance.

It would be good to see our Supervisors once in awhile, besides Louise Renne, Nancy Walker and Wendy Nelder.

Education and perhaps a surprise from the S.F. Giants will be featured at our April 25th luncheon.

The price for seniors has been reduced to (3) three dollars. Everyone else still \$5.00 and it is a bargain!

Remember, once you attend, you are an automatic Amigo Bring a Friend to the Mission District Luncheon.

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