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SAN FRANCISCO POLICE OFFICERS ASSOCIATION

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www.sfpoa.org

Six honorees lauded

Officers Receive Medals of Valor



L to r: Luis De Jesus, Kevin Edison, Barry Parker, Sean Griffin, Day Leydon and John Toraise. PHOTO BY MATT PEREZ AND TONY GOMEZ, PHOTO LAB

By Kevin Martin,
SFPOA Secretary

On Thursday, August 12, 2004 the San Francisco Police Department honored and awarded members who, because of their extraordinary actions, earned a Bronze, Silver, or Gold Medal of Valor.

In a very moving ceremony hosted by the Bank of America in the A.P. Giannini Auditorium, each honored guest was introduced, speakers shared their words, and commanding officers read the accounts and description of the courageous actions of these outstanding officers. Police Chief Heather Fong then presented each honoree with a framed certificate and the prestigious Medal. Fellow officers, family members, and other well-wishers - many beaming with pride — displayed enthusiastic support for each officer who was honored.

Bronze Medals of Valor were awarded to Lieutenant Daniel Leydon, Officer Sean Griffin, and Officer John Toraise.

Silver Medals of Valor were awarded to Officer John Toraise, Officer John Ferrando, Officer Kevin Edison, and Officer Luis De Jesus.

In a most poignant presentation, Officer Barry Parker received the department's highest award — the Gold Medal of Valor. Officer Parker also received a department Purple Heart Award. There was hardly a dry eye amongst the gathered crowd as Commander David Shinn read to all the accounts of the fateful night of Saturday, April 10, 2004 when Officer Isaac Espinoza was slain and Officer Barry Parker injured as a result of an assault rifle bullet. Officer Parker's son and daughter were among the guests on hand to share the moment with their loving and honored father.

President Gary Delagnes, Vice president Jack Minkel, Treasurer Marty Halloran, and I join all of the men and women of the San Francisco Police Officers Association in congratulating these honored police officers and thanking each for their courage and valor in the face of eminent peril.

The POA is also very proud of the courageous and valiant daily efforts of all the men and women of this department. We respect and appreciate the hard work and your dedication to the people of San Francisco.

Congratulations to all for a job well done!

President's Message

Report from Beantown

By Gary Delagnes
SFPOA President

I just returned from a trip to Boston where I attended the annual gathering of the fifty largest police unions in the country. This conference is held every year on the campus of Harvard University, and is hosted by the nationally circulated law enforcement periodical *American Police Beat*, edited by Cynthia Brown. This conference is, without a doubt, the only entrée I will ever have to attending class at Harvard. Nonetheless, I learned a lot over the course of the weekend about the state of this nation's police unions and associations. It was a real eye-opener.

It was extremely informative talking with the other police union officers and representatives. It's interesting to compare the SFPOA to the other organizations, to not only see how they conduct business, but also to see how we stack up against them when it comes to pay, benefits and working conditions.



Judging from the complaints of the NYPD union officials, one would almost think that the City of New York and its anti-labor mayor have already forgotten about the tragic deaths of scores of New York public safety employees on 9-11. That union has been fighting for a decent contract for months. To resolve the impasse, the New York police union (PBA) is now considering a strategy similar to that used in Boston. NYPBA is prepared to

On the eve of the Democratic National Convention, off-duty Boston police officers formed a picket line...and shamed the city into returning to the bargaining table...

Among the unions represented were organizations from Boston, New York, Baltimore, Miami, Houston, Kansas City, Minneapolis, Indianapolis, Los Angeles, Long Beach, Portland, Seattle, Sacramento, and Milwaukee just to name a few.

We heard some real horror stories from the east coast union rep's. Those beleaguered organizations are not having an easy time of it, and do not enjoy a good relationship with the local political leaders. Here are just two of those stories.

The Boston POA recently received a proposal from the city that offered an insulting 0% raise for three years. The Boston cops had already been working without a contract for 18 months. Feeling that they had been backed into a corner, union leaders called for drastic action. On the eve of the Democratic National Convention, off-duty Boston police officers formed a picket line in front of the convention center. National media immediately picked up the story, and shamed the city into returning to the bargaining table where the union was able to negotiate a much-deserved 14% raise over 4 years.

picket the Republican National Convention in an effort to compel the mayor to negotiate an equitable contract.

It was a shock to learn that Senior Patrol officer salaries — equivalent to our Q-4 scale — cap at \$54,000 per year in Boston and New York, yet both of these cities have cost of living indexes as high as those here in the San Francisco Bay Area.

Things aren't much rosier for our west coast colleagues. Long Beach has been without a contract for nearly two years, and their patrol officer salary tops out at just \$60,000. In mega-metropolis LA, police officers are paid about \$73,000 at top scale. Portland, Seattle and Sacramento top out at between \$55,000 and \$61,000 per year.

Ordinary working conditions are also out of balance, particularly when comparing west coast agencies to those in the rest of the nation. Most departments throughout the country still work their officers on an 8-hour day. The few departments that do allow the 4-10 plan most likely do so with a fixed days-off schedule. Rare is the police

continued on page 7

Mark Your Calendars! Isaac Espinoza Memorial Video Premier

Tuesday, September 21, 2004
Golden Gate Scavenger Company Hall

Showings at noon and 5pm
10 pm showing at the POA office

Refreshments will be served
at all showings



WIDOWS' AND ORPHANS' AID ASSOCIATION

August 18, 2004

The regular meeting of the Widow's and Orphans' Aid Association of the San Francisco Police Department was called to order by Vice President Joe Reilly at 2:08 PM in the conference room of Ingleside Station.

PLEDGE OF ALLEGIANCE: Led by Vice President Joe Reilly.

ROLL CALL OF OFFICERS: President George Jeffery excused. Vice President Joe Reilly. Treasurer Jim Sturken and Secretary Mark Hurley. Trustees Dave Fontana and Joe Garrity. Excused Michael Kemmitt and John Centurioni. Absent Rene LaPrevotte. Also present were past presidents Bob McKee, Bill Hardeman and Al Aguilar.

MINUTES OF THE JULY MEETING. Motion by Hardeman and seconded by Mc Kee that the minutes be approved as published. Motion carried.

BILLS: Treasurer Sturken presented the usual bills. Motion by Mc Kee seconded by Fontana that the bills be paid. Motion carried.

COMMUNICATIONS: Several donations made in memory of our departed member Joseph Filzen. William Zimmerman \$50.00, Edwin \$50.00, Anonymous \$50.00, James Creighton \$50.00, Lawrence Burghermer \$50.00, and John and Sheri Barbieri \$50.00.

THERE WERE THREE DEATHS THIS PAST MONTH: WILLIAM DAVENPORT, 48 years. Bill was born in San Francisco and grew up in the Westlake area of Daly City. He attended Saint Ignatius College Prep and USF. He entered the Police Academy in 1978. His first assignment was Mission Station, followed by Northern for a few years, then onto Park, then back to the Big "E". He made Sergeant and was sent to Southern for a few years and then to Potrero. After being promoted to Lieutenant, he was assigned to Management Control, SID, and FOB. He made Captain and was assigned to Southern. Then a year in Juvenile before going back to Southern. He was assigned to Southern at the time of his death. Bill was awarded two Silver and two Bronze medals of Valor, One Silver Medal was for preventing an armed robbery of a woman who the suspect had with a gun to her head. After the suspect turned his attention towards him and his partner, shots and a chase occurred with the suspect being shot twice and taken into custody. Another Silver for jumping into San Francisco Bay and stopping a distraught women from taking her life and keeping her afloat until a Coast Guard boat could get them out of the water. Both his Bronze Medals were for disarming suspects with knives who attempted to cause him great bodily injury. Bill worked hard to strengthen the ties with the International Law Enforcement Community. Bill was a true Star

in our Department who was taken from us ahead of his time.

ALONZO DELPHINO, 76 years. Alonzo was born in San Francisco and grew up in Hayes Valley. His family moved to Seattle, Washington where he attended High School. He joined the Navy and to his surprise was assigned to the Marines as a Corpsman. He went through the Korean Conflict and upon his discharge came back to San Francisco and was employed with Muni before entering the Police Academy in 1953. After the Academy he was put into undercover narcotics. He remained in that assignment for three years before he was assigned to the Solo's. He only worked three more years before going out on a D.P. pension. He retired in 1959. Alonzo was awarded a Captains Comp for his undercover work.

GEORGE DYER, 75 years. George was born in San Francisco and grew up in the Mission. He attended St. Peter's High School, San Francisco State University, and Golden Gate College. George worked as a Teamster before entering the Police Academy in 1950. His first assignment was Richmond, followed by Northern (with two years on military service). Upon his return, he was assigned to Central. He made the Bureau in 1958 as an assistant inspector and was appointed a full Inspector in 1961, Sgt. In 1967, then Lieutenant in 1969. He remained in the Bureau until he was appointed Captain in 1977 and was assigned to Ingleside. He then went to Planning and Research. George retired in 1977 with a D.P. pension. During his career he was awarded several Captains Comp's, and two Bronze Medals of Valor. One Medal was for the arrest of several burglary suspects with great quantities of handguns, rifles and ammo. They also had stolen property from several burglaries in the Bay area. Another Medal was for the arrest of a suspect who fired at his apartment manager. George had the nickname of "Dirty Harry". He used to review the movie scripts of Clint Eastwood movies and make his recommendations on how real they were to the actual job. For doing this, his two daughters appeared in one of his movies. George retired to Scottsdale, Arizona.

REPORT OF TRUSTEES: Mr. Bruce Bain of Bank of America gave a report of our account. We are up 1 % for the year. He seems to think that we are well distributed with our account to cover the sector performances of our portfolio. He had no recommendations at this time.

SUSPENSIONS: Pursuant to Section 4 of article III of the Constitution (non-payment dues for one year) and her request to be dropped Dionne McCullar. Pursuant to Article III, Section 3 of the by-laws (did not complete probation) Christopher Fodor and Clara Leong both of the 206th recruit class.

OLD BUSINESS: Member Daylene Tong, legal changed her name to Daylene Wood.

ADJOURNMENT: Vice President Joe Reilly had a moment of silence for our departed members and set the next meeting for Wednesday September 15, 2004 at 2 PM in the conference room of Ingleside Station. Meeting was adjourned at 2 :45 PM.

Fraternally,
Mark Hurley, Secretary.

Special POA Election Results

Listed below are the winners of the Special Election that was held for the following stations/units:

Tactical
Jason Sawyer

Mission Station
James H. Miller

Southern Station
Chris Breen

Inspectors Bureau
Pierre Martinez

Terrorism Response Training Pay/ Longevity Pay/Uniform Allowance

By Dean Sorgie
Richmond Station

The three above payments are listed on your paycheck as "Miscellaneous" payment.

* Terrorism Response Pay is listed as "MISPAY19" and it is for 1% of the Regular Rate of Pay. (1% overtime when applicable). [M.O.U. ARTICLE III §4, J, #204, page 33]

* Longevity Pay is listed as "MISPAY04" and it is 2% of regular pay for employees who have 23 years or more of service as a sworn member of the Department or Airport Bureau (effective 7/1/04). [M.O.U. ARTICLE III §4, E, #190 & 191, page 21-32]

* Uniform Allowance is listed as "MISPAY46". The total amount allotted is \$750.00 per fiscal year. That amount is broken down for the 26 pay periods to the amount of \$28.85 per paycheck.

[M.O.U. ARTICLE III §7, #233 & 234, page 37]

NOTE: Several people have received a lesser amount than the correct payment of \$28.85, myself included. I spoke with the Payroll Unit and was informed that Payroll is aware of the problem and corrections are under way to remedy the situation as soon as possible.

EDITORIAL POLICY: The *POA Journal* is the official newspaper of the San Francisco Police Officers Association and is published to express the policies, the ideals and the accomplishments of the Association. It is the *POA Journal's* editorial policy to allow members to express their individual opinions and concerns within the necessary considerations of legality and space. Submissions that are racist, sexist, and/or unnecessarily inflammatory or offensive will not be published. Contributors must include their names with all submissions but may request that their names not be printed. Anonymously submitted material will not be published. The SFPOA and the *POA Journal* are not responsible for unsolicited material. The editors reserve the right to edit submissions to conform to this policy.

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- Address letters to the Editor's Mail Box, 800 Bryant St., 2nd Floor, San Francisco, CA 94103.
- Letters must be accompanied by the writer's true name and address. The name, but not the street address, will be published with the letter.
- Unsigned letters and/or articles will not be used.
- Writers are assured freedom of expression within necessary limits of space and good taste.
- The editor reserves the right to add editor's notes to any article submitted, if necessary.
- Articles should be typed, double-spaced, or submitted on disk in Microsoft Word.

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AROUND THE DEPARTMENT

By Al Casciato



...Births:

Three year-old Kyle Edison — son of Officer Kevin Edison, Southern Station, and nephew of Officer Kirk Edison, Northern Station — welcomes the newest addition to his family. On July 11, 2004, mother Katie Edison delivered Kyle's new baby brother, Gregory Michael Edison, 6 lbs. 10 oz. 18 1/2 inches at Children's Hospital in San Francisco... Ray Lee (Co.D) and his wife, Marivic (Communications), proudly announce the arrival of a bouncing baby girl. Janessa Paraz Lee 17 lbs. 12 oz. 17 inches was born May 16, 2004. Big sister, Leila (8 Yrs) reports that all are doing well and are very excited about her li'l sisters arrival...Congratulations to all...

...American Legion:

John Glynn, Airport Bureau, is proud to report that daughter Kelly Glynn was selected by the American Legion Auxiliary to represent St. Vincent High School of Petaluma at California Girl State. Kelly participated in this very prestigious program with other young women from throughout the state at Pitzer College, in Southern California. Well done Kelly we are very proud of you...

...Hiring Crisis:

The current entry list will expire in January without anyone ever being hired. It is anticipated that the Civil Service Commission will extend the two-year list for one year in order to have a pool available for the two classes, which are hoped for in June and August of 2005. The real crunch though is expected this January when a large

number of retirements are anticipated. Already the Administration and POA are talking about putting a charter amendment on the November '05 ballot to create a DROP plan. Which they believe would make hiring and promotions more efficient because exact dates of departure of those in the DROP would be known...

...DUI Stats:

Marty Barbero, Traffic Administration, reports the following DUI Statistics for the City and County of San Francisco for the time period January 1- July 31 2004:

Total of 337 DUI arrests:
146 involved accidents = 43% (114 male drivers - 78% - 32 female drivers - 22 %)

96 drivers were SF residents - 66 % while 50 were non-residents - 34 %.

Ages of drivers arrested for DUIs involved in accidents broke down as follows.

8 drivers under 21 = 6 %, 40 - 21 to 29 = 27 %, 41 - 30 to 39 = 28 %, 31 - 40 to 49 = 21 %, 17 - 50 to 59 = 12 %, 5 - 60 to 69 = 3 % 3 - 7 to 79 = 2 % and 1 driver age 84 = 1 % / One DUI Fatal male driver age 24 non-resident...

...Special Olympics:

The Special Olympics fund raising motorcycle ride which took place Sunday August 22nd was the second annual event organized by Sgt. Bob Guinan, Co.K/Solos. The first ride last year drew 76 riders; this year's event drew close to 300 riders. Already the planning for next year's ride has begun and it appears that the Discovery Channel will be on hand to memorialize the event...



Announcements, notices or tidbits can be e-mailed to mcasci2525@aol.com, faxed to 552-5741, or mailed to *Around the Department*, 510-7th Street, SE, CA 94103.

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Saturday, September 11, 2004

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~ 9-11-04 ~

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Catastrophic illness program

Urgent Request for Donations of Vacation Time

by Officer Ernie McNett
Behavioral Science Unit

Karen Ibay Coloyan
Support Services
Recipient #001114

Karen Ibay Coloyan, daughter of Sergeant Rey Ibay; has been approved for participation in the catastrophic illness program — family member. Karen is desperately needed at home

to care for her father and has exhausted all of her available time. (Her dad, Sergeant Rey Ibay, is currently undergoing cancer elimination treatments)

The Behavioral Science Unit is requesting immediate donations of vacation time for Karen so that she will not be without a check.

Please send all original forms to the Behavioral Science Unit and/or call for additional forms or concerns.

Catastrophic Illness Program:

Recipients in this program may receive SP or VA time and the city-wide pool is always in need of time:

- #000939 Sgt. Mel Cardenas (Co. B)
- #001083 Insp. James Blanson (E.E.O.)

Catastrophic Illness Program - Family Member:

Recipients in this program - family member; may receive donations of vacation time only:

- #001070 Off. Damon Williams, Jr. (Co. J)

We have one new applicant to the Catastrophic Illness Program and one new applicant to the Catastrophic Illness Program – Family Member; please call the Behavioral Science Unit for recipient numbers or submit donation form with recipient number blank and we will fill in when their recipient numbers become available

Please forward all original donation forms to the behavioral science unit to ensure posting.

Davenport Family Trust Fund

On Saturday, July 24th, 2004, Captain William Davenport, commanding officer of Southern Police Station, passed away after a long battle with cancer. Bill, who was 48 years of age, was a loving husband and father. A trust fund has been established for the

Davenport family at the San Francisco Police Credit Union.

Donations can be made to the Davenport Family Trust Fund (Account #1361174) and mailed directly to the S.F. Police Credit Union, 2550 Irving Street, San Francisco, CA 94122.

Schneider Family Trust Account

On Monday 06-28-04 Sergeant Kurt Schneider tragically died at home of an apparent heart attack. Kurt, who was 45 years of age, was a loving husband and father of six children. A trust fund has been established for the Schneider family at the San Francisco

Police Credit Union.

Donations can be sent directly to the SFPCU 2550 Irving St., San Francisco, Ca. 94122. Make checks payable to: The Schneider Family Trust Account (#1361032-S5).

Isaac Espinoza Trust Fund

On the evening of April 10, 2004 Officer Isaac Espinoza, #64, tragically lost his life in the line of duty. Isaac was a dedicated eight-year veteran of the S.F.P.D. who was just recently appointed to the Board of Directors of the SFPOA. Isaac leaves behind a wife, Renata, a four-year old daughter, Isabella, and many extended family

members. A trust fund has been established at the San Francisco Police Credit Union. Donations can be sent directly to the SFPCU 2550 Irving St., San Francisco, CA 94122.

Make checks payable to: The Isaac Espinoza Trust Fund (account #1360436S5).

Combined Charities Coming — Remember BALEAF

By Robin Matthews
EEO

As the summer ends and autumn approaches, so does the San Francisco City & County Employees' Combined Charities program! As information begins to be dispersed on the wide selection of organizations to donate to, I urge everyone to consider making their tax deductible donation this year to the Bay Area Law Enforcement Assistance Fund (BALEAF), which will be able to be found under the Local Independent Charities (LIC) listing in the Combined Charities information you will be receiving.

BALEAF provides support to the law enforcement family who have had members killed in the line of duty, have been seriously injured, or who have experienced a catastrophic event. Immediately following such events, BALEAF can provide short term financial assistance for a range of needs, as

well as can assist in providing grief counseling and support groups; provide educational assistance; provide referrals for benefits, claims, and legal advice; provide grief response education and spiritual support, and provide a liaison officer that will link the family and the Department, among other things.

The BALEAF Board of Directors includes a police psychologist, a police chaplain, the spouse of an officer killed in the line of duty, and other individuals that work with law enforcement personnel and their families. In times of crisis, law enforcement personnel and their families are encouraged to contact BALEAF through the Department's Behavioral Science Unit at 415-837-0875, or by fax at 415-392-6273.

BALEAF can use your support. Please make BALEAF your combined Charities Choice this year!

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San Mateo 201 E. 4th Street <small>Open 10:00am - 2:00am</small>	800-570-5111
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Officer Isaac Espinoza Memorial Charter Amendment

By Mike Hebel
Welfare Officer

On Saturday, April 10, 2004 police officer Isaac Espinoza was killed in the performance of duty. While initiating an on view investigation of a member of the Westmob gang, officer Espinoza was murdered when this gang member opened fire, at a close range distance, with an AK-47 assault weapon. Three of the fifteen shots fired struck officer Espinoza.

In assisting his surviving spouse, Renata, obtain the benefits to which she and her young daughter, Isabella, were entitled to under these horrific circumstances, it became apparent to POA president Gary Delagnes, office manager Steve Johnson, and myself, that her CCSF death in the line of duty benefit should be the same as currently received by surviving spouses of Tier 1 (pre November 1976) members who died in the performance of police duties. With the able assistance of the SF Firefighters Union Local 798 leaders (John Hanley and Joe Moriarity), we now have a charter amendment to ensure that the survivors (spouses, domestic partners, and minor children) of Tier II police officers and firefighters who die in the performance of their duties will receive the same benefits as those received by survivors of Tier I police officers and firefighters.

Proposition E

When a police officer or firefighter dies in the line of duty, his or her survivor receives the officer's or firefighter's full salary until the date when the officer or firefighter could have retired. Police officers and firefighters may retire and receive retirement benefits when they are at least 50 years old and have completed at least 25 years of service. The current Charter provides that the survivor receives 100% of the retirement benefits if the police officer or firefighter was hired before 1976. If the police officer or firefighter was hired after 1976, when a Charter amendment reducing employee benefits went into effect, the survivor receives 75% of the retirement benefits.

Proposition E provides that when a police officer or firefighter dies in the line of duty, his or her survivor receives 100% of the retirement benefits, regardless of when the officer or firefighter was hired.

Tony Hall

This Charter amendment was sponsored and carried at the Board of Supervisors by former supervisor Tony Hall whose efforts we very much appreciate. To his colleagues, then supervisor Hall said: "Every day members of our Police Department and Fire Department put their lives on the line to protect residents here in San Francisco. Whether it is entering a burning building or encountering a suspect with a weapon, our firefighters and police

members deal with dangerous situations and in turn put their life in jeopardy each day. And in the few instances some have met their death serving the city. As the City of St. Francis we have always prided ourselves as being a caring and compassionate city. We have a duty and responsibility to take care of those families whose spouse has lost their life in the line of duty...I think we owe it to those families who have suffered such a tragedy to receive such benefits (full retirement benefits). As with anything there are costs that will be associated with providing those benefits. And yet, if we can not afford to give full benefits to a loved one who has lost their spouse in the line of duty then there is something wrong!"

Well said, Tony Hall. Thank you for your significant help with this Charter amendment and best wishes in your new assignment.

Proposition E provides that when a police officer or firefighter dies in the line of duty, his or her survivor receives 100% of the retirement benefits, regardless of when the officer or firefighter was hired.

Pension Fairness

Proposition E represents pension fairness — treating all spouses/domestic partners/children, whose loved one is killed in the line of duty, the same regardless of the date their loved one enter the police or fire department.

I know that the families of police officers John Blessing, Jim Dougherty, Ken Sugrue, Jim Gueff, Carroll Henry, Brian Olcomendy, and Isaac Espinoza deserve this fairness. I know that the families of firefighters Bumper Smith, Jerry Butler, and Dennis Gallagher deserve this fairness.

These are the 7 police officers and 3 firefighters, in the Tier II retirement system, whose deaths have been determined to be in the line of duty. These families will be helped by this Charter amendment as will all Tier II families who experience a similar tragedy of losing their loved ones in the course of public safety duty.

For Isaac Espinoza, whose death inspired this Charter amendment, we will remember him as a man who fought for peace and justice, who loved public service, and who gave his life to those ends. For this we love him.

Landscape architect needed for special project

Professional Services Sought for Planning Espinoza Garden

By Mike Andraychak
Bayview Station

Members of Bayview Police Station and the San Francisco Police Officers Association are seeking the assistance of a professional landscape architect for the design of a memorial garden to honor slain SFPD Officer Isaac Espinoza. The project will be developed in an existing green space at the Bayview Police Station.

The proposed site is already landscaped, has installed irrigation, measures approximately 400 square feet, and is near to an AC power source. The

many friends and co-workers of Officer Espinoza will provide ordinary labor. A local Electrical Contractor has agreed to donate labor and material for the necessary electrical needs of this project. The design should incorporate a memorial plaque, bench(es), and accent lighting. Donation of time and materials will be greatly appreciated.

Interested parties should contact: Officer Michael Andraychak, c/o SF-POA, 800 Bryant Street - 2nd Floor, San Francisco, CA 94103. A telephone message may be left at Bayview Police Station, 415.671.2300.

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VALERIE VENERI	◆ SOLD	BOB & JENNY MCCARTHY	◆ BOUGHT/SOLD
AMANDA DOUGLAS	◆ BOUGHT	GIAN TOZZINI, SFPD	◆ BOUGHT
AURA MARTINEZ, SFPD	◆ BOUGHT	AL GRIFFIN	◆ BOUGHT
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Former San Francisco Police Officer
Former San Francisco Assistant District Attorney (1979-1997)

Coping with Anxiety

By Sgt. Mary Dunnigan
Behavioral Science Unit

Due to the fact that we deal with trauma sometimes on a daily basis and are exposed to critical events as well as people in crisis, it is not uncommon for police officers to suffer from stress that may very easily lead to anxiety. Everyone experiences feelings of anxiety from time to time—especially before an important event, such as an oral interview or instructing a class. In fact, anxiety acts as the body's "alarm system" warning of an immediate threat and triggering the "fight or flight" response we need to confront or escape danger, especially in police work.

This reaction is what saved our early ancestors from saber-toothed tigers, and is still helpful in everyday life. All anxiety, however, is not "bad". Anxiety is a part of what it means to be human. Without anxiety, one may not have the will or energy to plan for the future. This kind of anxiety can help motivate and prepare people for the challenges they have to face. Anxiety is important to creativity, intelligence, and to survival itself. It is when our response to anxiety gets to be so powerful that it prevents us from doing our day-to-day activities, becomes unproductive, or interferes significantly with normal routine that it becomes important to seek professional help.

Sometimes just the possibility of a crisis is enough to set off these anxious feelings. And once they start, these worries can take on a life of their own to the point where every aspect of life can be a potential crisis, and there's a disaster waiting at every turn. People who experience such uncontrollable worry and fear suffer from anxiety disorder, an illness that currently affects more than 19 million Americans every year, making it the most common mental health problem in this country. Fortunately, there are effective treatments that can help people overcome their fears and once again face the world. Believe me, you are not alone.

Symptoms of Anxiety

- * Stress, restlessness or fatigue
- * Insomnia
- * Irritability and lack of patience
- * Difficulty concentrating
- * Feelings of impending doom
- * Headaches, muscle tension or shortness of breath
- * Accelerated heart rate, chest pain or discomfort
- * Nausea, diarrhea or other abdominal distress
- * Trembling, sweating

It's important to take steps to overcome anxiety so it doesn't interfere with daily life. Here are a few tips with coping with anxious feelings:

* Remember that anxiety is a normal reaction to a stressful situation. Give yourself permission to feel stressed or anxious about whatever it is that's bothering you.

* Try to identify exactly what you feel anxious about. Think about what you can do about the situation so it won't be as stressful. As you think about your concerns, focus on what's actually happening instead of what "might" happen.

* Take care of yourself. Get plenty of rest, food, and sleep. Avoid drugs and alcohol.

* Exercise. It can help relieve pent-up feelings and stress and help you sleep better.

* Avoid foods and drinks with caffeine, as they tend to increase your sense of anxiety.

* Try to see the positive aspects of the situation. Take satisfaction and pride in the events you can control. Don't dwell on shortcomings, as it drains mental energy and creates more stress.

* Talk to someone who will listen and allow you to experience your feelings. Family and friends can sometimes give you an objective viewpoint to help sort out your concerns. And coping with stressful events is much easier with support.

If anxiety seems to be spiraling out of control, it may be a good time to talk with a doctor or mental health professional. Remember that seeking help is not a sign of failure or weakness, especially in situations too difficult to handle alone.

When to Seek Help

While feelings of anxiety are normal, you should consult a doctor if:

- * You seem to experience intense fear or concern most of the time for no apparent reason.
- * You have trouble sleeping and difficulty concentrating for an extended period of time.
- * Your anxiety outlasts the circumstances associated with it.
- * You experience feelings of apprehension that cannot be soothed or controlled.
- * Your worries interfere with your work and relationships.

Even though the feelings associated with anxiety can be stressful and scary, any action you take can help give you a sense of control over your fears and your situation.

Resources

Don't forget you can always call the Behavioral Science Unit at 837-0875 for resources or a list of mental health professionals, or contact United Behavioral Health directly to access your SFPD benefit at 1(800) 888-2998.

<http://www.livingwithanxiety.com>

This internet resource is dedicated to providing information and support for those dealing with anxiety.

<http://www.nimh.nih.gov/anxiety>

The National Institute of Mental Health provides a brief overview of the symptoms and treatment of various types of anxiety disorders, and a list of organizations to contact for further information.

California's "Three Strikes" Law - No Laughing Matter

By Michael Nevin Jr.
Southern Station

I asked a parolee what he thought of California's "three strikes" law and whether or not it's effective. Without hesitation he replied, "It's no joke!" In 1994, California passed what is considered to be one of the toughest criminal justice measures nationwide, the "three-strikes-and-you're-out" law.

Commentary

The "three strikes" law consists of many serious or violent felonies. A person convicted of one of these "strikes" faces twice the normal sentence for a second felony, and a "two striker" faces 25 years to life for any third felony conviction. Californians had enough of the revolving door system that was in place a decade ago. Unfortunately, it took the kidnap, rape, and murder of a young girl by a parolee in 1993 to highlight the need for reform.

All laws deserve a thorough review to determine effectiveness. Numbers don't lie and they are plain to see. A review of the California crime index from 1993—the year prior to the passage of "three strikes"—to 2003 shows a dramatic drop in violent crime. In 1993, California had 4,095 homicides, 11,754 forcible rapes, and 126,347 robberies. In 2003, the state had 2,402 homicides, 9,918 forcible rapes, and 63,597 robberies. According to a May 2004 article in the San Francisco Chronicle: "Factoring in population growth, California's crime rate has dropped by more than 40 percent since three strikes passed, double the national rate of decline."

A 2002 study published in the Journal of Legal Studies by Professor Joanna M. Shepherd examined California's "three strikes" legislation. The empirical study came to the following conclusion: "These results support the theory of full deterrence: strike legislation deters all offenders, not only offenders facing their last strike." The study also found that during the first two years following the enactment of the law deterrence of these crimes saved approximately \$889 million.

If you're a law-abiding California resident, what's not to like? An initiative on the November ballot, Proposition 66, would eviscerate the current law. In no small effort, the father of a convicted felon has helped to finance the measure in order to gain an earlier release of his son. However, not only would one drunk driver responsible for the deaths of two people be released early, but according to the California District Attorney's Association, the measure is retroactive thus sending over 26,000 felons now serving time for "three strikes" offenses back to local jurisdictions for re-sentencing and

eventual return to the streets. It's only obvious that the price tag for California counties to re-sentence these felons would be expensive. More importantly, these guys won't exactly be returning from the Peace Corps.

Kenneth Parnell is an inmate who was sentenced under "three strikes" for attempting to buy a 4-year-old boy in 2003. This infamous child molester gained notoriety in 1980 when he was convicted of kidnapping two boys. He could be released within weeks if voters approve this proposition. The "three strikes" law was written for incorrigible pariahs like Parnell.

The new initiative would limit the second and third "strikes" to crimes on the serious or violent felony list rather than any felony conviction. Several crimes would be removed from the serious felony list including residential burglary, felony gang crimes, and felonies in which great bodily injury is inflicted unless intent can be proved. Those in law enforcement understand the adage—show me a rapist and I'll show you a burglar.

Does it stop there? Of course not. The measure would limit one "strike" per prosecution. Picture any serial killer or rapist on trial for multiple offenses and then ask yourself if only one "strike" should count? This measure is not only ridiculous—it's dangerous.

Alameda County Deputy District Attorney Jeff Rubin, an expert on the subject, explained to me that "Proposition 66 is just a disaster." Rubin was quick to point out that "three strikes" prosecution is used only sparingly. Not only is there district attorney discretion in every case, but judges have power over sentencing as a result of the 1996 California Supreme Court ruling in *People v. Romero*. Rubin also made this observation: "The cost of keeping felons in custody is minuscule compared to the economic and financial cost of the crimes these guys commit out of custody." Every California District Attorney is opposed to weakening "three strikes," and they view the current law as an indispensable tool.

Before any initiative becomes law it must pass this simple test: First, do no harm. To be sure, Proposition 66 will do nothing but harm. This should serve as a clarion call to prudent voters that this initiative will not only undo a good law, but beyond any reasonable doubt, it will increase the crime rate. Mike Reynolds, a sponsor of the original "three strikes" law, said it best when he told me, "Proposition 66 provides a chance for twice convicted serious and/or violent offenders to commit yet another serious or violent crime. If laws are about chances, when does the victim get one?" California's current "three strikes" law is "no joke." Voters shouldn't make it one.

For more information:

No on Proposition 66-

Protect Public Safety

<http://>

www.keep3strikes.org/

Three Strikes and You're Out-

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www.threestrikes.org/

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President's Message

continued from page 1

department that rotates days-off around the 10-hour shift. Overtime restrictions are also tighter in other agencies.

When it comes to legal representation, the SFPOA is way ahead of just about every other law enforcement labor group, with the possible exception of the union representing the LAPD.

In comparing one fundamental working condition, our transfer policy is superb. There is no SFPD-like "P-1" transfer policy in any of these other cities. In those agencies, an officer who wants to transfer to a specialized unit makes the request for reassignment in writing, but that is where the similarities end. There are no "P-1" lists in those other departments. There is no fair and unbiased transfer into coveted units such as motors, mounted, or, in a few instances, even into non-promotional investigation details.

Many unions are representing officers from departments - particularly from the eastern seaboard- that are located in "right to work" states. Those are states that have not protected the legal rights of police officers and that do not have a "Police Officers Bill of Rights" like we enjoy in California. Members of those unprotected unions are not entitled to representation when subject to disciplinary investigations, and he or she is likely to be interviewed by the local internal affairs unit long before being provided with access to their employee representative.

One area where the SFPOA lags behind some other unions is in the access to a DROP program. A DROP program is a retention tool becoming increasingly more popular with municipalities, and which provides retirement incentives for eligible senior officers. DROPs are available in many cities throughout the country including Los Angeles, Miami, and Houston. We will be looking very closely at these

programs and will study the feasibility of implementing a similar program in San Francisco in the near future.

For the most part, I learned that officers in the SFPD are doing well overall. Of course, we work in one of the most liberal regions in America, and our policies and procedures often reflect that atmosphere of tolerance and understanding. Accordingly, we often must interact with a few local politicians and other appointees who are unnecessarily difficult or contrarians to the interests of our members. But despite them, we have also done very well for ourselves since 1992 when we were able to obtain "Collective Bargaining" with "Binding Arbitration" as a tool to improve not only our pay but also our working conditions.

The president of the Boston POA, Tommy Nees, put it quite matter-of-factly at the conference, "Many [police officers] have republican philosophies when it comes to crime and punishment, but whether we like it or not it's the democrats that vote for our raises and allow us to raise our families and send our kid's to decent schools."

Nees also affirmed that it was the refusal of Democrats John Kerry and Ted Kennedy to cross the Boston POA picket line that finally compelled their Mayor to negotiate an equitable contract with their union.

Now that I am back home, I am more proud than ever to be the president of this organization. All of us have worked long and hard to achieve the benefits and working conditions that we enjoy, but perhaps sometimes take for granted. I have learned that there are no free lunches when it comes to negotiating a contract. Successes are wonderful, but there will always be "the next time," and preparation and vigilance are the everyday watchwords of this employee organization. Keep up the good police work, and we will continue to work for you and your family, and to provide you with the best benefits and representation available. ORO EN PAZ, FIERRO EN GUERRA

Mission Clean Team 2004



Submitted by Ethel Newlin

Mission Clean Team 2004, a program coordinated by the collaboration of Mission Police Station, St. John's Educational Thresholds Center, SFPD Juvenile Division, and the Department of Public Works completed its 7th successful year of providing youth with job skills and building relationships between youth and police officers.

This unique program teams groups of youth with uniformed police officers and sends them out to work together to make the Mission community a cleaner, safer place

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Marla was a godsend. She handled my first home purchase. I found her to be very knowledgeable and had complete trust in her ability. Marla was proactive throughout the entire process and explained things in a clear and concise way for me. Buying a home is a frustrating process - but Marla was the best part of my experience. She simplified the process and worked hand in hand with the mortgage broker to insure the best possible interest rate was locked. Marla stayed on top of everything and kept the ball rolling. I couldn't say enough about what a pro she is.

~Senior Deputy
Daniel Rosen

Marla was a pleasure doing business with! She sold my home in San Francisco very quickly and assisted in the purchase of my new home in Marin. Her punctuality and follow-through skills were impeccable. She is knowledgeable, friendly, and has excellent customer service skills. She was very thorough and answered all of my questions clearly. She kept open lines of communication throughout the whole process. I would highly recommend her services.

~San Francisco Police Officer
Vincent Etcheber

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CCW stamp will require annual background check

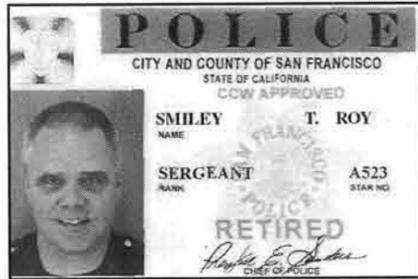
New Retiree ID Policy in SFPD Pipeline

Journal Staff Report

The current 5-year validity of a retired members SFPD identification card may soon drop to one year if proposed changes to the issuing policy are approved by the Fong administration. Other changes include an annual background check for domestic violence arrests, and the passing of a written test when qualifying at the Police Range. It is not clear if the annual range re-qualification will apply to only the CCW endorsement, or to the entire ID renewal procedure. There is no explanation as to why these changes are being discussed.

Currently, SFPD retirees in good standing who retired after 1980 are issued police ID cards that remain valid for five years. Most of those cards are stamped CCW, indicating that the retiree has qualified with a weapon at the Police Range, and is authorized to carry a concealed firearm in the State of California.

Retired members whose ID card is soon set to expire, or whose card has been lost, damaged, or needs updating should continue to abide by the current policies and procedures for obtaining a renewal of their card and



CCW endorsement. Those are:

- * One must have retired after 1980
- * One must remain in good standing with the SFPD
- * One must respond to the SFPD Identification Bureau and have a digital photo taken, and also complete a Retired Officer's ID Card form. (The ID Bureau will take ID Card photos ONLY at the following times: Monday through Friday, 1700 to 0800 hours; anytime on weekends; Wednesdays 1200 to 1300 hours.)

* One must respond to the Police Range and re-qualify with his or her weapon. Phone 415.587.2274 to obtain monthly re-qualification schedules.

Any retiree who has questions regarding his or her ID Card should contact the Medical Liaison Unit at 415.553.1035.

Retirements

The San Francisco Police Officers' Association congratulates the following members on their recent service retirement from the SFPD. We always are disappointed when old friends move away, but it must be agreed that each of these members is deserving of a long and healthful retirement. They will be difficult to replace, as they take with them decades of collective experience and knowledge. Listed alphabetically by last name, the most recent retirees are:



- * Officer Ron Artale #1643, from Crime Scene Investigations
- * Lieutenant John Bisordi #2001, from Crime Prevention Company
- * Lieutenant Bill Dyer #320, from Airport Bureau
- * Sergeant Donald Hensic #704, from the Fraud Detail
- * Officer Charles Rincon #390, from Airport Bureau
- * Officer Dorothy Shurtleff #480, from Richmond Station
- * Sergeant George Toy #1984, from Medical Hold
- * Sergeant Joyce Watkins #1846, from Medical Hold

Retirement Planning Workshops

For those officers nearing retirement, the following workshops are being offered by La Fosse Coaching & Consulting at the SFPOA.

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Instructor: Louise La Fosse, High-Performance Coach

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Workshop I
Turning Your Dream Into a Job

Workshop II
Sharpening your Interviewing Skills

Workshop III
Marketing for Self-Employment

Tuesday, Oct. 26

- 12:00 - 2:30 Workshop I (#1 of 3)
- 4:00 - 6:00 Workshop II (#1 of 2)

Thursday, Oct. 28

- 12:00 - 2:30 Workshop I (#2 of 3)
- 4:00 - 6:00 Workshop II (#2 of 2)

Tuesday, Nov. 4

- 12:00 - 2:30 Workshop I (#3 of 3)
- 4:00 - 6:00 Workshop III (#1 of 8)

Workshop III, Sessions #2-8 by teleconference Nov. 9, 11, 16, 18, 23, 30, & Dec. 2: 4:00-4:45pm

Turning your dream into a job — **Workshop I**

What might your life look like after you retire from the police dept? Once we help you figure that out, we can also help you plan how to get it.

Min 10 people, Max 16 people
Location: on site at SFPOA

Instructors: Louise La Fosse, High-Performance Coach & Roberta Rosen, Career Coach

3 weeks of 2 1/2 hour sessions, including 15 minute individual consultations to help you plan your next steps to get the job you want
\$159 per person

Interviewing Skill Building — Workshop II

We will work on enhancing your interview skills in order to improve your success in obtaining the job you want.

Min 10 people, Max 16 people
Location: on site at SFPOA

Instructors: Louise La Fosse, High-Performance Coach & Roberta Rosen, Career Coach
2 weeks of 2 hour sessions, including 15 minute individual consultations including role plays
\$129 per person

Marketing for Self-Employment — Workshop III

Min 6 people, Max 10 people
8 sessions over a 5-week period.

Workshop leaders:

Louise La Fosse is a High-Performance Coach and Consultant. She has coached professionals who deal with high stress and high stakes. With over 25 years in the corporate world, including global leadership positions, she is focused on helping people use the power of strategic planning, marketing and sales in growing businesses and securing new assignments. She is a Former Intelligence Officer with the CIA and worked in National Security Affairs at the US Naval Postgraduate School. She leverages that experience to help clients with intelligence-gathering and overall networking savvy, especially directed towards those who are striving to build a business or uncover leads in a new career.

Ms. La Fosse's passion is to work with people who have a big vision for change and want to be leaders in their personal lives, as well as well as their work. She helps clients through private and group coaching and workshops to build an identity, mobilize their inner resources, plan and implement strategic plans to reach their goals.

Roberta Rosen is founder and President of a Career Coaching and Consulting company and has helped over 300 clients find greater satisfaction in their work life. Previous to this she was an account manager, mentor, and trainer at Hewlett Packard. She has worked with many governmental agencies and private companies in the Bay Area. Ms. Rosen also spent seven years as Supervisor of Teacher Training at Dartmouth College. She is a Master Certified Career Coach. She has also been a Career Advisor with Alumni Resources here in the Bay Area

TO REGISTER FOR WORKSHOPS, please send your payment to:

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Provide your name, a phone number where you can be reached during the daytime, and your e-mail address. Also, please put the name of the workshop(s) on the memo section of your check. If you have any questions, please contact Louise La Fosse at 408-296-5503.

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\$50 per person includes gift. Checks to Richmond Floral Fund.

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Retirement Dinner Honoring Capt. Dennis Martel & Lt. John Bisordi



Date: Wednesday, September 8, 2004
Time: Hosted Cocktails
6:00 PM/Dinner - 7:30 PM
Place: Forrest Hill Lodge
254 Laguna Honda Blvd.

Contact:

Co. A	Nelson Lum	Co. I	Ron Choy
Co. B	Mike Favetti	Co. J	Joe Juarez
Co. C	Liam Frost	Co. K	Mambo
Co. D	Rob Kaposch	FOB	Rowena Tano
Co. E	Tim Flaherty	Airport	Gary Diquisto
Co. F	Darby Reid	Academy	Matt Castagnola
Co. G	Mark Lundin	TAC	Dan Laval
Co. H	Kevin Knoble	Insp.	John Goldberg

Price: \$50.00 includes: choice of Prime Rib or Chicken Marsala, Hosted Bar, and Gift.

Please make checks payable to: Tactical Floral Fund/Specify choice of Dinner on check.

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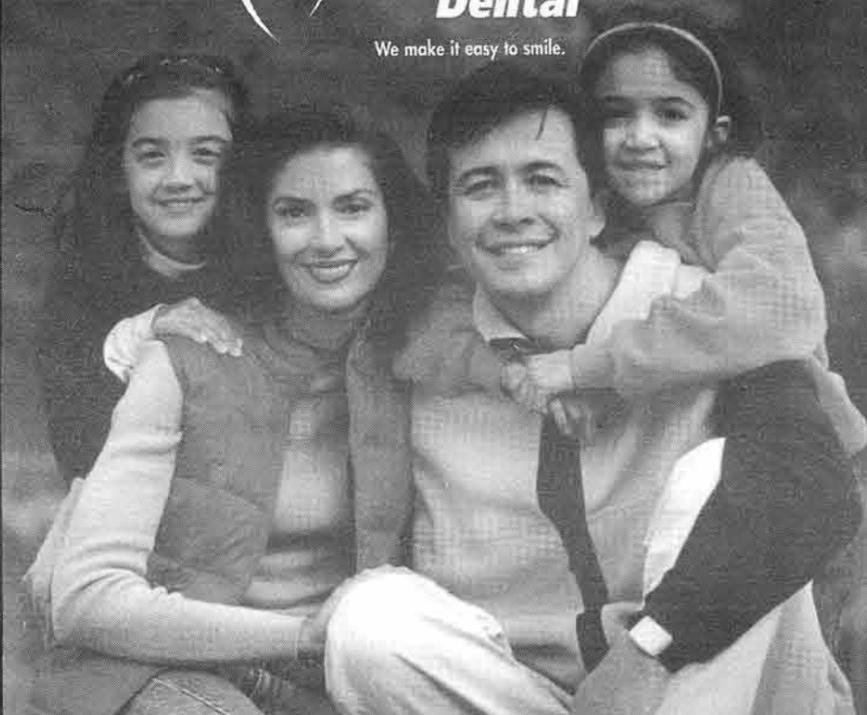
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Deferred Compensation Plan Enhancements

August 20, 2004

Mr. Michael Hebel
Welfare/Retirement Officer
San Francisco Police Officers
Association
800 Bryant Street, 2nd Floor
San Francisco, CA 94103

Re: City and County of San
Francisco 457(b) Deferred
Compensation Plan

Dear Mr. Hebel:

The San Francisco Retirement Board has approved enhancements to the San Francisco 457 Deferred Compensation Plan, which will become effective September 27, 2004. We are in the process of making every effort to communicate these enhancements to all Plan Participants. This communication includes a comprehensive Plan Enhancement Booklet mailed on August 18th to all Participants, over 200 group educational meetings conducted throughout the City and County of San Francisco, and up-to-date information posted on the Plan's Web site.

I have enclosed a copy of my letter and ING's announcement letter, from the Plan Enhancement Booklet, which can be included in the POA Journal to provide an overview of the Plan enhancements to your members.

Thank you for your support of the Plan.

Very truly yours,
Clare M. Murphy
Executive Director

cc: Carol Cypert, Program Manager,
San Francisco Employees'
Retirement System
Peter J. Belardinelli, Regional
Manager, ING

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August 2004

Re: San Francisco 457(b) Deferred
Compensation Plan Enhancements
- Phase 2

Dear Plan Participant;

Earlier this year, we implemented the first phase of several enhancements to the City and County of San Francisco 457(b) Deferred Compensation Plan, including reduced expenses and an increased credited rate on the Fixed Account. We are now pleased to announce the second phase of the enhancements to be effective on September 27th, which will result in a revised investment menu as well as expanded educational services.

Enhancements

- Revision of the investment menu with 17 investment options.
- Introduction of "San Francisco Deferred Compensation Plan" (SFDCP) investment options named according to each option's investment style and asset class.
- Addition of a more robust Self-Directed Brokerage Account offered through Harrisdirect.
- Increased focus on education, including a custom Plan newsletter and expanded capabilities when accessing your account on the Internet.

Learn More

We encourage you to take advantage of your opportunity to learn more about these changes and find out how they can help you meet your retirement goals by:

- Attending a participant group education meeting beginning August 25, 2004. The schedule is included in this booklet. Please bring this booklet to the meeting that you attend.
- Reviewing all the materials included in this booklet.
- Visiting the custom Plan Web site at: www.ingretirementplans.com/custom/sanfran
- Contacting your service representative at ING's local San Francisco Regional Office located at One Front Street, Suite 1425, or calling 415.364.2000 or toll-free 1.888.822-1211.

One of the keys to a successful future is using all of the available resources to help you meet your goals. These Plan enhancements are a part of the City and County of San Francisco's continuing commitment to provide a contemporary, flexible, high performance Plan to help you meet your retirement goals.

Very truly yours,
Clare M. Murphy
Executive Director
San Francisco Retirement System
Carol A. Cypert
Deferred Compensation Manager
San Francisco Retirement System

August 2004

Re: City and County of San
Francisco 457(b) Deferred
Compensation Plan

Dear Plan Participant:

ING is pleased to be able to partner with the City and County of San Francisco as it enhances its 457(b) Deferred Compensation Plan. We look forward to continuing to work with you and offering a first-class program, as well as superior customer service.

The purpose of this letter and other materials included in this booklet is to:

- * Provide information on the Plan enhancements effective September 27, 2004.
- * Describe how and when these changes will occur.
- * Identify your next steps.

Investment Changes

- You will be able to take advantage of a new core investment menu that contains 17 investment options, as selected by the San Francisco Retirement Board with the assistance of its Staff and Mercer Investment Consulting. Your choices will include investment options in a variety of asset categories that are named according to their investment style and asset class. This booklet includes fund descriptions for each of the investment options that will be available under the Plan.
- You will have access to a more robust Self-Directed Brokerage Account (SDBA), the SFDCP Self-Directed Brokerage Account through Harrisdirect LLC, to supplement the core menu of investment options. Information providing highlights of the Harrisdirect SDBA is included in this booklet. If you are currently participating in the ING Ultimate Account SDBA, you will receive additional detailed information explaining the changes, including the key dates and activity timeframes.
- You will receive more customized educational materials and tools. Look forward to receiving periodic Plan-specific newsletters, as well as expanded capabilities when accessing your account through the Internet.

How and When Changes Take Place

These enhancements will take place automatically. Your account balance will remain fully invested and you will continue to have access to your account as we implement these new changes. The Personal Identification Number (PIN) that you use to access your account will remain unchanged.

* Beginning September 27th, the new investment options will be available to you. On or after this date you can change the allocations for

your future contributions or you may reallocate how your account balance is invested among the new options.

* The changes in the investment options mean that many of the current investment options will not be available on or after September 27th. Assets invested in and contributions directed to the replaced funds will have to move ("map"), to a new option with a similar fund strategy and objective.

* This mapping process will occur automatically as described in the enclosed Frequently Asked Questions (page 4-6 of this booklet) and Fund Mapping information (pages 10-11 of this booklet).

* Your third quarter statement (received in mid-October) will reflect the investment option changes to your account.

What Are My Next Steps

- You are not required to do anything for these changes to take place, unless you would like to change the way your account is currently invested.
- If you would like to make a change, either before or after this transition to the new investment options, call ING toll-free at 1.800.584.6001 or visit your account online at ingretirementplans.com/custom/sanfran. If you have specific questions, please call ING's local San Francisco Regional Office at 415.364.2000 or toll-free at 1.888.822.1211.
- Review the informational material in this booklet, including the Frequently Asked Questions, Fund Mapping information, and the Participant Group Education Meeting Schedule.
- Please take the time to attend one of the participant group education meetings and/or schedule an appointment with your local ING service representative.

We hope you view these changes as part of our ongoing commitment to provide you with quality education, outstanding service and superior investments to help you achieve your retirement goals.

Group annuity contracts offered through a retirement plan are long-term investments designed for retirement purposes. Money distributed will be taxed as ordinary income in the year the money is distributed. Account values fluctuate with market conditions, and when surrendered the principal may be worth more or less than the original amount invested. The Participant Information Booklet and fund prospectuses contain additional information about the expenses associated with these funds. Please read this information carefully before you invest.

Sincerely,
Peter Belardinelli
Regional Manager

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Wife of Sgt. John Hallisy — Narcotics Bureau

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There's a Screw Loose!

By Sgt. Rod Nakanishi
Rangemaster

Do you remember a very long time ago when you were first issued your Safariland 070 holster? Do you remember the screw on the inboard side of the holster in between it and the shank (the part that attaches to the gun belt)? Did you remember that it is SUPPOSED to be loose?

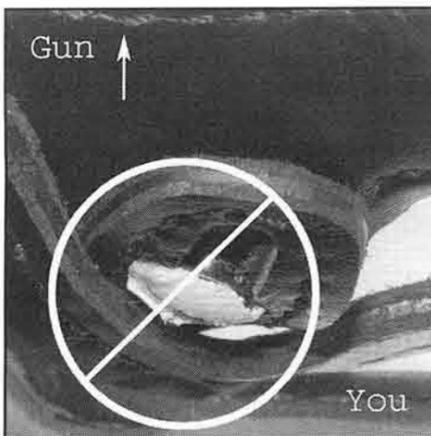
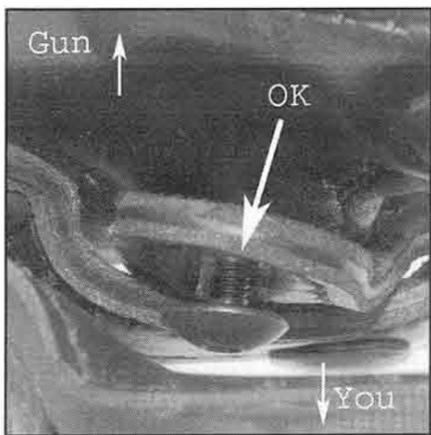
The purpose of the screw is to act as a pivot for the back strap. It is loose to allow the back strap to move as you rock the pistol rearward to clear the block inside of the holster.

The designers put that screw where it is because it is virtually impossible to tighten it down without taking the three screws off of the shank and taking the holster apart. This is a clue.

If you tighten that screw all the way down with your pistol in it, the back strap will not move. You will NOT get your gun out of the holster no matter how hard you tug, pull, yank or other wise try.

So please, whether it's for your Beretta or Sig, do NOT tighten down that screw!

Think tactically.



Where Do I Put All This Ammo?

By Sgt. Rod Nakanishi
Rangemaster

On a quiet summer morning, that question popped into the head of an officer who was here to qualify. Same question we have all asked ourselves at one time or another. And his solution was what many have elected. All the ammo went into his windbreaker jacket.

So what happened this morning? Well, the officer began the qualification course without much fanfare. However, he did do one thing that set off a whole chain of events that I would have bet a million dollars would be impossible.

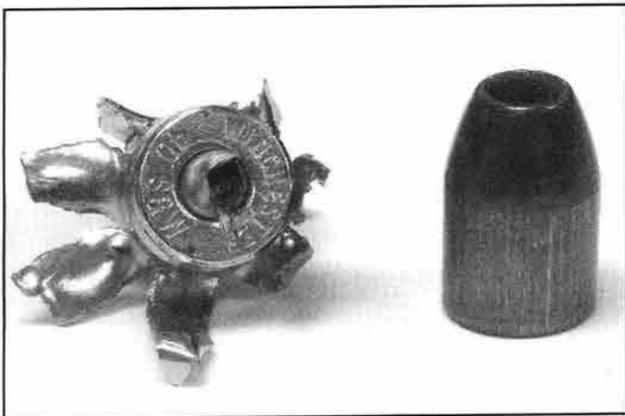
The officer had the pistol positioned too far toward the center of his body while shooting from the hip shooting position. That allowed the slide to cycle and actually make contact with his body. But those rounds in his pocket were sitting in his windbreaker jacket. The sharp edge of the Beretta slide came back and struck one of the



primers at just the right place, at just the right speed, and detonated the primer. The round detonated in his pocket and blew a hole in his windbreaker. Since the round was loose, the detonation exerted force in every direction. As opposed to being in a chamber and forcing the bullet in one specific direction. Thank goodness he suffered only minor redness on his skin.

So, forever more, the answer to the question will be either:

- * Keep them in the box until you need to reload your magazines
 - * Keep them in your strong side pants pocket
 - * Keep them in your strong side BDU pants pocket
- Shoot safe.



SFPD Peer Support Training

By Sergeant Mary Dunnigan

Peer Support Training is about helping people in a healthy way. We all have difficult situations that arise out of our lives such as: conflicts at home with our spouse/significant other, our children, our teenagers, adult children and our aging parents. We have difficult situations that happen at work such as: conflicts with supervisors and grievance issues, promotions, preparation for retirement, disabilities, on-the-job injuries and critical incidents.

In this training you will learn how to listen and how to support someone through the process of dealing with some of life's problems. You will learn how to talk to someone who is "stressed out", someone who has major financial problems, someone who is dealing with an aging parent or a suicidal teenager. You will learn what to say when a friend or co-worker is diagnosed with cancer or who has lost a loved one.

You will also learn how to listen and support someone who is having difficulties at work with his/her boss, someone who is being traumatized at work, someone who is angry and about to "blow it" at work, someone who is being disciplined, or someone who wants to talk about a critical incident or a job incident that is troublesome for him/her.

The skills you will learn will make it EASIER for you to help someone. So if people always come to you with their problems or you'd like to be prepared for when they do, this training is for you.

You Will Learn:

- Active Listening Skills
- Problem Solving Skills
- Supportive Confrontation Skills
- Assessment and Referral Skills
- How to deal with the problems associated with:
 - Traumatized Co-workers
 - Alcohol and Drug Abuse
 - Relationship Problems
 - Teenagers and Elderly Parents
 - Death of a Loved One

Peer Support Selection Process:
Department members, both sworn

and non-sworn, are invited to apply for the Peer Support Program by completing an application. Once the application is received, it is reviewed by the Peer Support Steering Committee. All applicants are placed on a list for a P.O.S.T. certified 24 hour course entitled Basic Peer Support Training. The selection for the training is based upon the need of the Department, (i.e. Patrol Bureau takes priority over all other Bureaus, and those stations with fewer Peer Support Members will receive more urgent consideration). The Steering Committee also makes every attempt to select from all areas in the Department to assure that diversity is represented throughout. The Employee Assistance Coordinator notifies applicants when training becomes available to verify that they will be attending.

The department currently has about 300 trained peer support members. Our department's peer support program is modeled by law enforcement agencies worldwide. One of the reasons ours is so successful is because it is run from the bottom up, with first line officers trained and skilled in the techniques of peer support. Below is a list of on-going P.O.S.T. certified training classes for basic peer support as well as peer up-date and basic C.I.R.T. training. (applicants for the basic C.I.R.T. class must have one year experience as a trained peer supporter.) Please contact us at the Behavioral Science Unit for applications and any questions you may have. (415) 837-0875.

Training Dates:

- Basic Peer Support**
September 8, 9, 10
- Basic C.I.R.T.**
(Critical Incident Response Team)
October 6, 7, 8
- Basic Peer Support**
November 3, 4, 5
- Peer Support Up-Date**
December 1, 2, 3.
- Basic C.I.R.T.**
January 12, 13, 14.
- Peer Support Up-Date**
February 9, 10, 11.

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Patience Is A Virtue

By Mark Hawthorne

It is becoming increasingly clear that members of our department are, like other people in society, experiencing greater stress and challenges caused by a myriad of factors. This stress is presenting itself in many forms. The most recognizable of these forms are shortness of temper and disregard for simple courtesies.

Commentary

While it does little to point fingers as to what could be changed and how it could be changed, the fact is, we as police officers, have accepted responsibility for dealing with situations that by their very nature cause stress. Shortage of personnel is a fact of life that we must deal with, however distasteful. All bureaus and details are operating at a deficit. We have a new police commission that does not always proceed in a manner conducive to a good working relationship with members of the department. The new command staff is attempting to do what they perceive is in the best interest of the department and in the best interest of the citizenry of San Francisco. Many of these issues are not mutually exclusive. But what needs to be recognized by all members of this department is simple, one must not look to place blame for a situation that is multifaceted. One must strive to take responsibility to make the situation a little bit better. While some members hon-

estly believe their case or assignment is important and takes precedence, patience with ancillary or support personnel and resources is in order. Don't bark too loudly.

Remember that we are all members of the Police department and we should all strive to work together. When requests are made and one does not receive the desired response to their request, there is probably a good reason for that action. (remember personnel shortages/knowledge/training/experience) Bullying or belittling those support personnel does nothing to further enhance the investigation. Please do not try to tell other members how to do their job. The only accomplishment is alienation of other personnel. With little to gain, except personal satisfaction, arrogance and pompousness accomplishes nothing.

In conclusion what I am trying to say is simple, let us take control of the things we can. When dealing with other personnel in the department, whether sworn or non-sworn, don't be offensive, abrupt, or over bearing. It accomplishes nothing. The next time you pick up the phone or are interacting with other members, or you choose to use one of the many support resources in the department, don't be afraid to say please and thank you and treat the person with a little respect and dignity. It's amazing what results may befall you. The next time you're having a challenging day, take a moment out to smile, it's contagious. It will brighten up your day. I thank you for taking the time to read my introspective.

An Open Letter to the Membership

By Greg Corrales

Editor's note: The following open letter to the membership appeals for support for the author's campaign for a seat on the Board of Supervisors from District 7. The publication of this letter is not necessarily an endorsement of his candidacy by The San Francisco Police Officers Association. — RS

Greg Corrales for Supervisor

Last year I and six other members, who were later declared by the Court to be "factually innocent," were indicted by the Grand Jury. It is my contention that it could not have happened without a politically motivated, ethically-challenged District Attorney in office. Recently officers from Bayview Station have been transferred and/or sent to the Police Commission for purely political reasons. The Board of Supervisors recently duped the public into passing Proposition H. Among other things, the passage of Prop H has resulted in the OCC losing all control. It has also resulted in the current Police Commission (need I say more about the current Police Commission?).

As members of the Department have been reviled and maligned for merely doing their duty, what members of the Board of Supervisors have you seen go public, insisting on fair treatment? Instead of support, or at least neutrality, we have Supervisor Chris Daly joining friends and family of Cammerin Boyd protesting in front of City Hall (08-18-04) demanding the indictment of the officers involved in that shooting. He was quoted as saying that he was there to "show support for the Boyd family."

I was indicted for telling the media that the officers on Union Street had been unfairly tried and convicted in the press, and for stating that when all the evidence was produced, I believed that they would be vindicated. Now I am facing charges before the Police Commission for the same thing. Think this Commission will give me a

fair hearing? Do you think any of you will get fair treatment from this Board of Supervisors, Prop H-created Police Commission?

We all know how bad things have become in the Department. We can moan and groan about it, or we can do something about it. I have decided to do something about it. After thirty-five years of wanting only to be a San Francisco Police Officer, I see our Department under attack. For that reason I have decided to run for Supervisor in District 7. I will be directing all my energy and enthusiasm to win this very winnable election.

I am taking nine weeks off to campaign 24/7. The bad news is my main opponent was recently appointed to the position by the mayor. Many people that lack the courage of their convictions will be reluctant to support me at the risk of incurring the mayor's wrath. The good news is that many of the voters in District 7 are unhappy with having their supervisor selected for them, rather than elected by them. My position on fiscal matters, and many other issues, is much more consistent with the wishes of District 7 voters. The even better news is that I know that members of the SFPD have the courage of their convictions.

When a candidate goes to an endorsement night, the first question he or she is asked is "how much money have you raised?" The more money raised, the more legitimate the candidate is viewed.

Now is the time to send a message to all of those trying to destroy our Department. After I am elected, I can assure you, I will not back down from anyone. I will be your fiercest advocate.

To do this I need your financial help. It is of paramount importance that we build our war chest immediately. If you would like to help me win this election, please send a check, as soon as possible, made out to "Greg Corrales for Supervisor" (Please, no checks more than \$500.00 per individual) to 3330 Mission Street, San Francisco 94110. I will not let you down. Thank you.

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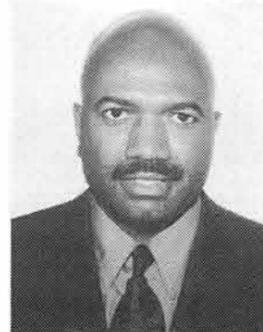
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Disclosure booklets and prospectuses, which provide more complete information on Group Annuity Contracts and Custodial Account, including charges and expenses, are available by calling 1-888-822-1211. Please read them carefully before investing. Insurance products issued by ING Life Insurance and Annuity Company. Securities offered through ING Financial Advisers Company, LLC (Member SIPC).



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Useful Information from the Retirement System

Questions About Your Statement

Plan Membership	415-554-1500 or 1-888-849-0777 or visit the SFERS Office
Service Credit	Complete enclosed postcard and mail to SFERS Office
Birthdate Correction	Visit the SFERS Office with copy of Birth Certificate
Buyback Purchase Appointment	415-487-7070
Retirement Interview	415-554-1500 or 1-888-849-0777
Domestic Relations Order	415-487-7040
Duplicate Annual Member Statement	415-487-7037
Summary Plan Description	SFERS Website: www.sfciov.org/sfers Publications page
Buyback Purchase Brochure	SFERS Website: www.sfqov.org/sfers Publications page
General Questions	415-554-1500 or 1-888-849-0777 or visit the SFERS Office

If you are not able to access the Summary Plan Descriptions via the SFERS website, bring your Annual Member Statement to the SFERS Office at 30 Van Ness Avenue, Suite 3000 (3rd Floor), San Francisco (Monday through Friday, 8 a.m. to 5 p.m., excluding holidays) and we will provide you a hardcopy version of your Summary Plan Description for your records.

SFERS Plan Membership and Service Credit Codes

Charter Section	Description
A8.509	Miscellaneous employees who became SFERS Members before November 2, 1976
A8.559	Police employees who became SFERS Members before November 2, 1976 excluding 1981 Proposition F (Buyout) Members
A8.559-14 and A8.586	Police employees who elected 1981 Proposition F (Buyout) benefits
A8.585	Firefighter employees who became SFERS Members before November 2, 1976 excluding 1981 Proposition F (Buyout) Members
A8.585-14 and A8.588	Firefighter employees who elected 1981 Proposition -F (Buyout) benefits
A8.586	Police employees who became SFERS Members on or after November 2, 1976 excluding 1981 Proposition F (Buyout) Members
A8.587	Miscellaneous employees who became SFERS Members on or after November 2, 1976
A8.588	Firefighter employees who became SFERS Members on or after November 2, 1976 excluding 1981 Proposition F (Buyout) Members
A8.595	Police employees who became SFERS Members before November 2, 1976 excluding 1981 Proposition F (Buyout) Members and elected 2002 Proposition H benefits effective January 1, 2003
A8.596	Firefighter employees who became SFERS Members before November 2, 1976 excluding 1981 Proposition F (Buyout) Members and elected 2002 Proposition H benefits effective January 1, 2003
A8.597	Police employees who became SFERS Members on or after November 2, 1976 excluding 1981 Proposition F (Buyout) Members and were eligible for 2002 Proposition H benefits effective January 1, 2003
A8.598	Firefighter employees who became SFERS Members on or after November 2, 1976 excluding 1981 Proposition F (Buyout) Members and were eligible for 2002 Proposition H benefits effective January 1, 2003

SFERS Buyback Codes

SHORTAGE	Shortage in your SFERS retirement account as a result of your previous election to contribute at a reduced rate
CONTRIBUTIONS OWED	Mandatory contributions that were not deducted from your earnings as a result of a payroll error: must be paid prior to retirement City service rendered prior to your SFERS membership
PRIOR SERVICE	
REDEPOSIT	Replacement of retirement funds previously withdrawn from SFERS
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Playing for "Zak"

By Marcial Marquez
Southern Station

Friday, August 6, 2004 Lion's Field in San Bruno, CA it's approximately six-fifteen in the evening and the sun is getting ready to set. Two teams take the field and they line up near home plate each on their respected side and await the first pitch. Regina Espinoza takes her stand on the pitcher's mound and throws the pitch. The 1st Annual Isaac Espinoza Softball Tournament is under way, Bayview is up against The Old Clam House; both teams Isaac played for. Bayview, as we all know, was his station and The Old Clam House his Tuesday night team.

This was a very emotional game for both teams but fitting that they opened up the tournament named after their teammate. Due to scheduling and other family commitments some of Bayview's players could not make



this first game. Even with a team not at 100% the Bayview Pit Bulls took the field and played for, "ZAK".

Player/Manager Officer Eric Solares was disappointed with the loss but was glad he could put a team out on the field for the first game. The Old Clam House on the other hand, came loaded and ready to play and win the tournament. Player/Manager Tony Maris told his team before the game let's do it for "Isaac". The Old Clam House eventually won the game handily thus sending Bayview into the loser's bracket of the tournament.

A total of fourteen teams entered, the tournament. Three teams from SFPD: Bayview Pit Bulls, SFPD Blue and the Park Islanders. The other eleven teams were as follows: The Old Clam House, SFSD, 925, Chucky's, Faze, SF Classic All-Stars, Caffe Roma, Gino & Carlo, Pacifica PD, Yard Sale and finally Mr. Pickle. Three of the remaining eleven teams had department members playing on them: SF Classic All-Stars (Bill Desarski, retired and Rafael Labutan), 925 (Ryan Seto, Paul Ospital and Matt Cole), Gino & Carlo (Adam Choy, Will Morales, Will Escobar, Lynn Masetti and Glenn Juco).

The second game of the evening was SFPD Blue against Mr. Pickle. SFPD Blue coached by Sgt. Bob Del Torre was a star studded team: Kevin Worrell, Greg Latus, Mike Hara, Glenn Ortega, Greg Buhagiar, Rob Fung, Nelson Ramos, John Ferrando, Jon Rochlin and coming out of retirement were Gary Delagnes and Jim Drago. Mr. Pickle was not at all intimidated by SFPD Blue as they gave them everything they could handle. SFPD Blue won the game 14-10 thus staying in the winner's bracket of the tourna-

ment.

The final game of the first night was Park Islanders against Faze from Redwood City. The Park Islanders had their full squad and a few additions (Chuck Collins, Marco Garcia, Jon McMahon, Brett Thorpe and Scott Korte). The Faze team reminded me a lot of Isaac; they were young, with the average age on the team 22 years old. They played the game with such emotion, passion and joy with a lot of qualities that Isaac displayed whenever he took the field. The game was close until the fifth inning when Faze took the lead for good and won the game. The Park Islanders with this loss were sent into the loser's bracket of the tournament.

Saturday August 7th 2004, the second day of the tournament, was a full day of games scheduled from 8:00 am until 8:00 pm. This was a double elimination tournament: lose twice and you go home for the weekend. The day was

filled with wins and losses. Bayview lost for the second time and was eliminated from competition. Teams that also went two and out were Yard Sale, SFSD and Gino & Carlo's. All the other teams had at least had one victory. Near the end of the day SFPD Blue and Chucky's met in game number 23 with the winner advancing to the Championship game. That also meant that the team that remained undefeated would have to be beaten twice on Sunday.

Chucky's put a licking on SFPD Blue with a final score of 32-13. Now SFPD Blue was one loss away from going home empty handed. The last game of the night was the most competitive of the tournament - it pitted The Old Clam House Vs Mr. Pickle (both teams already had a loss, the loser goes home.) Trailing by five runs going into



The champion SFPD Blue All-Star Team (left) and Second Place finishers, Chucky's (right) po

the bottom of the 7th inning The Old Clam House put a furious rally together and after tying the game with two outs they had the winning run on third base. The Old Clam House was unable to get the run in - EXTRA INNINGS! In the top of the 8th, Mr. Pickle again built a five run lead but once again The Old Clam House responded with five runs in the bottom of the inning. Top of nine - The Old Clam House's defense stiffened, and shut down Mr. Pickle, two runners left on base. Bottom of nine - 1st baseman George Khoury stepped up to the plate and with one quick devastating swing ended the game with a HOME RUN, final score The Old Clam House 28 - MR. Pickle 27.

Sunday August 9th, 2004, the final day of competition. The day started with Faze playing SF Classic All-Stars. SF Classic All-Stars broke the game open with an 11 run 5th inning and now moved on to face SFPD Blue. The winner of this game would have earned the right to play undefeated Chucky's for the Championship. It was a tight game in the early innings and then SFPD Blue, behind the outstanding hitting from players like Mike Hara, Kevin Worrell, Greg Latus, Jim Drago and even better defense from Greg (Hold my sweats up) Buhagiar and Rob (Hit it up the middle) Fung, pulled away from the Classic All-Stars for good. Now for SFPD Blue it was revenge time and they would have to beat Chucky's twice to claim the Crown as Champions.

Game 1

The game started with Chucky's winning the coin toss and choosing

home team (Last licks). SFPD Blue came out of the gate with an 8 run first inning. Chucky's never recovered from that first inning. SFPD Blue won the first game 16-10. Now the table was set for the last and final game of the tournament SFPD Blue Vs Chucky's - one game for all the marbles with only one winner. I felt SFPD Blue needed a little inspiration so before the game I told them "There is going to be a Perpetual Trophy on display at Bayview Station and I don't want to have to put Chucky's name plate as the first Champion of this Tournament". SFPD Blue must have taken that to heart because once again they lost the coin toss and were up first. SFPD Blue once again played for "ZAK". They took an early lead and never looked back. With timely hits off of the bats of Mike Ham, Kevin Worrell, Gary Delagnes, Glenn Ortega and Nelson Ramos, SFPD Blue once and for all asserted themselves in this three day tournament and after all is said and done took the Championship 27-10. The crowd of about fifty people which included Isaac's wife Renata, Sister Regina, Mother Carol and Father Isaac senior were all on hand to witness this Championship. After the game Kevin Worrell and I spoke with SFPD Blue coach Del Torre and we named Mike Hara as the Tournament MVP. Mike also won the home run derby. It was a great weekend for Mike to say the least.

Now there was some business to take care with the raffle for a chance to win a trip to Hawaii. We gave away numerous gifts but it was the Grand Prize that was on everyone's mind. After a little coaxing I had Isaac's daughter Isabella pull the winning ticket out. And the winner is...Vicky Dockery from Bayview Station. How fitting that the winner comes from the same station where Isaac worked his entire career.

The weekend turned out even better than I had ever hoped for. But I wasn't in this alone. Thank you to my partner in this endeavor, Kevin Worrell. He kept us on track and stayed on top of things until the very end. And to my wife Michelle for hanging in there while my focus and attention was directed on this tournament. There are so many others to thank, for their contribution of time, support and assistance. I apologize that I can't mention each one individually. After the weekend I sat down and counted the earnings and minus the mini-



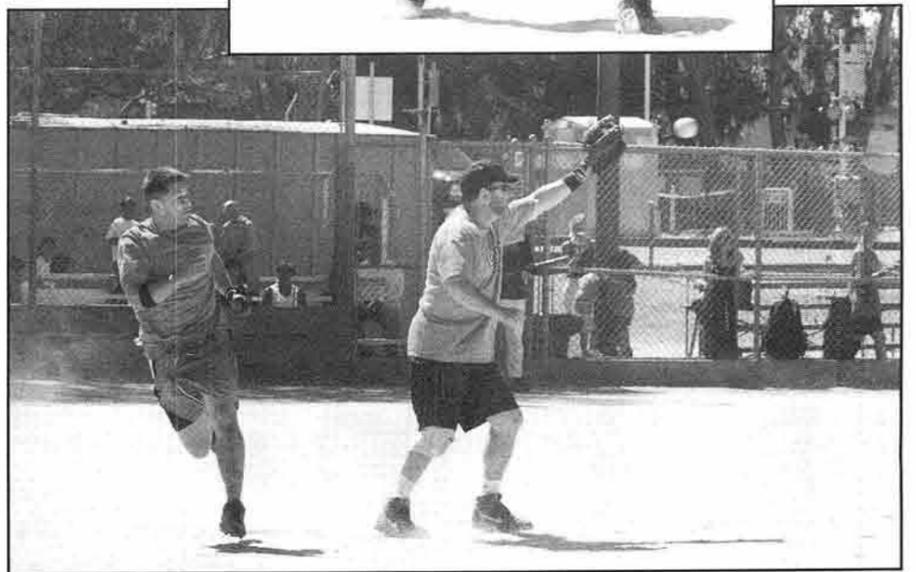
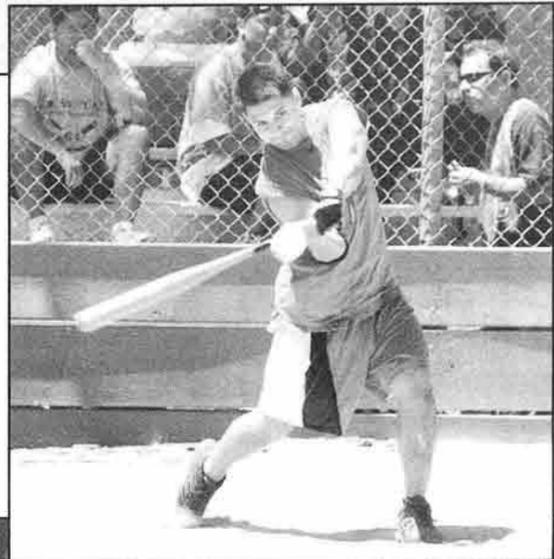
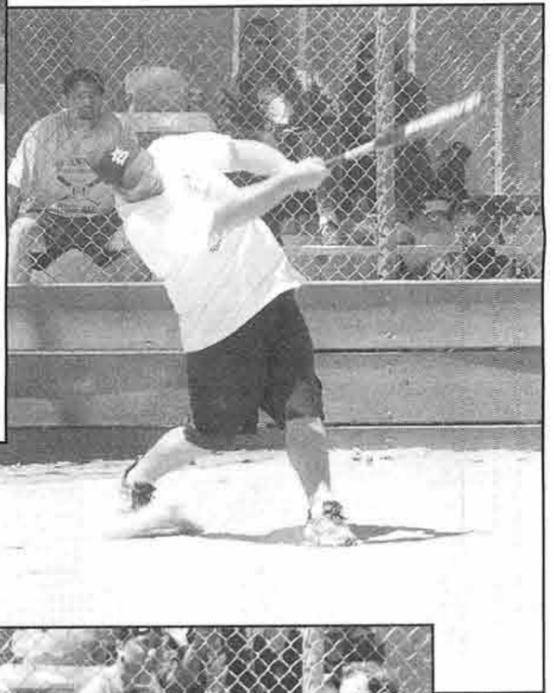
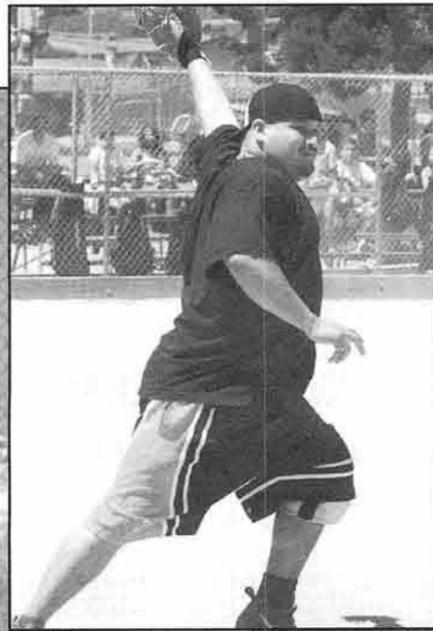
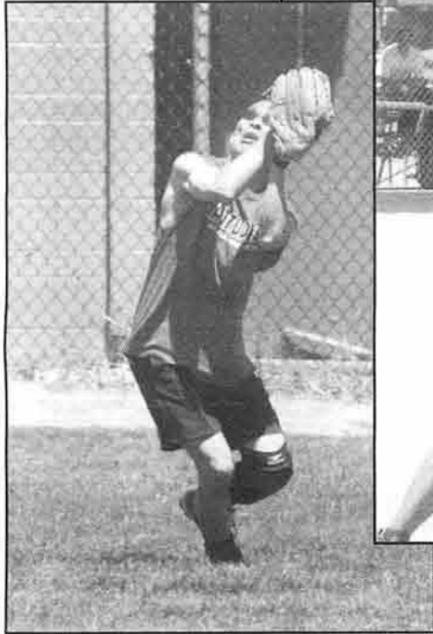
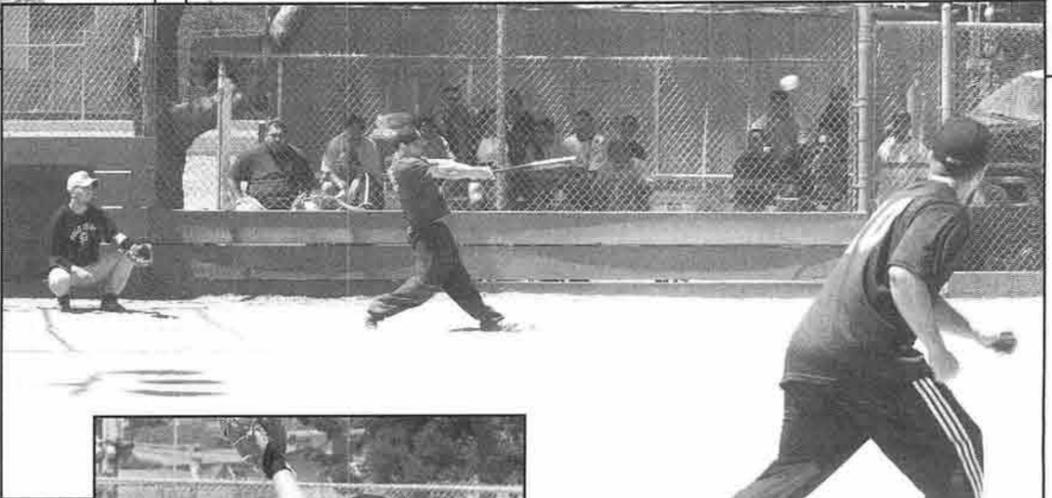
with Renata and Isabella Espinoza.

mal costs, our final numbers raised \$7,600.00. What a great start, and thanks to all the teams that came out and played for, "ZAK".

Thanks to all the following for their sponsorship and donations:

- Troy Dangerfield (X2travel)
- Leticia Marquez
- JP Morgan
- Tony Roma's (Boston Properties)
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- Dudley Softballs

PHOTOS BY JOE NOTO
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Letters



August 16, 2004
 Marcial Marquez
 San Francisco, CA

Dear Marcial:

On behalf of Gary Delagnes and the San Francisco Police Officers Association, thank you so very much for all your work and efforts in co-organizing the "First Annual Isaac Espinoza Memorial Softball Tournament".

Along with fellow police officer Kevin Worrell, you were the driving and inspirational force behind such a worthwhile and successful event. Putting together a tournament of such magnitude is no easy task.

Your actions and the actions of your wife and family speak volumes of your kindness and touching compassion towards the entire Espinoza family.

There is not doubt in my mind that when the reigning police champions scored their winning run in the decisive game that Isaac smiled down from heaven approvingly. He would have been proud, certainly as proud as we are of you.

With a proud tip of the hat from all of us to you and your family!

Thank you,
 Kevin Martin,
 Secretary, SFPOA

August 16, 2004
 Kevin Worrell
 San Francisco, CA

Dear Kevin:

On behalf of president (and first baseman) Gary Delagnes and the San Francisco Police Officers Association thank you very much for all your hard work and wonderful efforts in co-sponsoring the First Annual Isaac Espinoza Memorial Softball Tournament.

Along with fellow police officer Marcial Marquez, you provided great leadership, knowledge and talent in organizing such an outstanding and worthwhile event.

Your kindness, selflessness and strong sense of compassion are not lost upon our department and association, most certainly not upon the entire Espinoza family.

You make us all very proud to call you one of our own.

With thanks and appreciation,
 Kevin Martin,
 Secretary, SFPOA

Dear Marty [Halloran]

On behalf of the youth, Board, staff and volunteers of St. John's Educational Thresholds Center (SJETC), we want to express our gratitude for San Francisco Police Officers Association's recent contribution to SJETC. The staff based at SJETC's administrative office at 3040 16th Street especially thank you. For the furniture from the old POA building. It has already boosted the morale and image of our small, yet highly visible office. The front of our office is now a comfortable, welcoming place to have meetings, eat lunch and chat with colleagues, proving one more time that you and the officers at the POA are thoughtful and giving servants of the community.

We are proud and thankful for the long-standing, positive relationship between the POA, SJETC and the Mission Community. Thank you again for your confidence in our work with young people. Your support of our youth development programs is critical to our efforts to make the Mission neighborhood and others better places to live and grow.

Ethel Newlin

Dear POA—

Thank you for your generous contribution to my campaign for Supervisor. Since Mayor Gavin Newsom appointed me in January 2004, I have been working hard to acquaint myself with the many issues facing San Francisco and District Two.

These issues include the need for proactive job growth and economic development as well as initiatives that support our young families as they work hard to build a life in our beautiful city.

In support of these issues I authored and pushed through the San Francisco Board of Supervisors a new Bio-Technology payroll tax credit which will help bring high paying, long term jobs to the city's new facilities in Mission Bay. As well, I worked closely with the Mayor and the Friends of Moscone to restore money in this year's budget cycle to for the renovation of the Moscone Recreation Center and over ten other Recreation and Park capital programs throughout the city. In addition, I am working to: 1) create an Office of Economic Analysis that will author a three year strategic economic development plan for the city and analyze proposed Board legislation for possible economic impacts; 2) develop job growth opportunities through our existing tourist, film and maritime industries; and 3) support youth and families by improving our healthcare and education systems.

I welcome and appreciate your support in these efforts and I look forward to hearing your ideas about how we can make San Francisco an even better place to work and live.

Thank you again for your consideration and support.

Best regards,
 Michela Alioto-Pier
 Supervisor, City and County of
 San Francisco, District 2

Dear SFPOA —

Thank you for your generous contribution in supporting St. Gabriel's First Golf Classic on May 17, 2004 at Sharp's Park in Pacifica.

A great day was had by all and couldn't have been done without your support. The money raised at this event will support the children of St. Gabriel School with various school needs.

On behalf Fr. John, Sr. Pauline, and the members of the golf committee, we thank you for your generosity.

Sincerely,
 John Reilly,
 Event Coordinator
 St. Gabriel's Golf Classic

Dear POA-

Thank you for your support to Archbishop Riordan High School for our 2004 Riordan Golf Tournament. Your support will help to make our event a great success. The 2004 Riordan Golf Tournament and other such events make it possible to provide a challenging Catholic education for young men in the Marianist tradition. With your participation, we are able to provide a rigorous program of academic excellence and varied extracurricular activities.

Now in our 55th year of providing a Marianist education, we are proud that our curriculum continues to

emphasize the importance of a value-based education, cultivating the personal talents and skills that equip our students to learn throughout their lives. Supportive individuals such as you make this quality Marianist education available to our students.

Your contribution makes a difference in the continuing quality of education at Riordan. I want to personally thank you for your support to the Annual Fund and the 2004 Riordan Golf Tournament.

Sincerely,
 Vigen Rassam
 Development Coordinator
 Archbishop Riordan High School

Dear Chief Fong—

I am writing to express my sincere appreciation to you and the San Francisco Police Department Command Staff for your support, compassion and kindness these last several months. We are truly grateful to all the members of the SFPD for their visits, cards, flowers, and meals prepared while Bill was going through his treatments.

Ryan, Kelly and I would like to thank the many thoughtful and caring people of the SFPD for their generosity of spirit these past months. Please forgive us if we have left anyone off the list.

We will be forever grateful to Lieutenant Mike Connelly for all of his efforts, attention to detail and coordination of Bill's wake and funeral mass. The ceremonies were a beautiful tribute to Bill. They were full of tradition, pride and passion. I am certain that this will be a memory that none of us will ever forget. It was exactly what Bill would have wanted.

Our special thanks to Lieutenant Bob Armanino who arranged the motorcycle escorts. We have since found out that Bob had the motorcycle pass by St. Ignatius College Preparatory after the funeral. This is particularly special to the family as St. Ignatius is Bill's alma mater and Ryan and Kelly followed in his footsteps.

We could truly not have made it through those final days without the kindness of Lieutenant Doug Groshong and the officers and administration at Southern Station. We wish to thank Paula Overend and Ana Morales whose grace and quiet thoughtfulness were of great comfort to us all.

My family will never forget the kindness and expertise of Deputy Chief Tony Parra. Tony's hours of effort allowed us to deal with the myriad of disability and retirement paperwork. He is a true friend!

Finally, I would like to extend our most sincere thanks to Gary Delagnes and the Police Officers Association for their generosity in setting up the Davenport Family Trust Fund and for their assistance with the reception which followed the mass. The family took great comfort in spending time with Bill's fellow officers and friends. I am certain that Ryan and Kelly will be the beneficiaries of the generosity of members of the department for years to come.

Once again, on behalf of Ryan, Kelly, Bill's mother and sisters and our entire extended family we offer our heartfelt thanks for all that you have done. I know that Bill was very proud to be part of the SFPD and we are so grateful that you have included us in the SFPD family.

Sincerely,
 Jeannette Davenport

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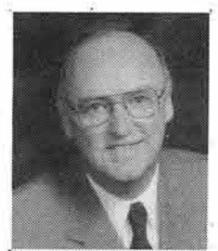
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Dear SFPOA —

On behalf of Division 5, Ancient Order of Hibernians, we express our sincerest appreciation to you for your sponsorship of our recent Fight Night event on July 10th at the United Irish Cultural Center.

Your admirable contribution to this event greatly helps Division 5 to continue its involvement in local charitable causes, including financial assistance to the Irish Center's Scholarship programs and GRACENTER (Sisters of the Good Shepherd), a residential treatment center for women seeking recovery from drug and alcohol addiction.

Fraternally,

Matt Miller, President

Ancient Order of Hibernians, Division 5

Dear Gary—

On behalf of the entire Davenport family, I would like to express my sincere thanks to you and the San Francisco Police Officers Association members who have been so generous, considerate, and thoughtful.

We truly appreciate you establishing the Davenport Family Trust. This fund will enable Ryan and Kelly to continue their education, as well as help my family in our time of need. This really means so much to us.

We are also grateful to all the members of the SFPOA for the wonderful reception which followed the funeral mass. It gave my entire family an opportunity to talk with friends, family, and members of the police department who have supported us since the beginning of Bill's illness. Lastly, the flowers that were sent to my home were spectacular — thank you very much.

We genuinely cherish the generosity and kindness extended to us during this very difficult time.

Sincerely,

Jeannette Davenport

Dear Deputy Chief Suhr—

I would like to take this opportunity to once again thank you and all the members of the Department and Police Officers Association who were instrumental in assisting both Captain William Davenport's family and O'Connell's Chapel of San Mateo in arranging the funeral ceremony for the late Captain Davenport. Your commendable efforts were evident by a truly fitting and memorable tribute.

For many years, O'Connell's Chapel has been dedicated to providing excellence in service to the San Francisco community in their time of need. O'Connell's Chapel has always been an avid supporter of police related activities, community service and charitable organizations. It has been our greatest honor and a family tradition to provide our services to the many San Francisco officers, active or retired, their families and friends.

In recognition of Captain Davenport's excellence in public and community service as well as his loyal dedication to betterment of the San Francisco police officers, O'Connell's Chapel would like to make a donation of \$250.00 to the SFPOA in his memory.

On behalf of the staff of O'Connell's Chapel and myself, it was a pleasure to work with all of you.

Most sincerely,

John F. Crosby, President

O'Connell's Chapel

Dear SFPOA,

I would like to thank you for my scholarship award. The money will be put towards tuition.

I am very proud that my father was a San Francisco Police Officer and our family continues to support the department.

Thank you again for your recognition of my accomplishments.

Sincerely,

David George Ell

Dear POA —

Please accept this letter of thanks for another donation from your organization for our AdvanceCamp. This donation is a great help in providing a successful advancement camp opportunity for the scouts in the greater bay area. Your Police Officers Association has been with us throughout the years and I cannot tell you what it means and has meant to know that officers of your caliber support our scouting event. Many of your members are parents of scouts that will attend this event, that makes this donation to us even more important. We know that scouts could not attend this in such great numbers without support from organizations like the SFPOA.

Again, thank you so much for your donation and support of the scouts involved.

Sincerely,

Steve Hoagland

AdvanceCamp Executive Director

Dear Commission President Renne:

I am writing on behalf of the more than 275 major employers that are members of the Bay Area Council to express support for the San Francisco Policy Department in appreciation of their efforts to protect the city and convention attendees in response to organized protests aimed at the biotechnology industry and the recent convention at the Moscone Center.

San Francisco has a recent history of self-defeating politics that is hurting the business climate and the regional economy. By not supporting the city's own Police Department's well-respected efforts to protect people and property while allowing protesters to express their views, the city is signaling an ill-judged attitude — one that affects the entire Bay Area. This attitude further reinforces San Francisco's image as a place reflexively hostile to business. By oversimplification, the views expressed by San Francisco are perceived by the rest of the world as the views of the Bay Area. They are not.

The region has made clear that it welcomes and encourages biotech companies to continue to locate in the Bay Area and employ the region's residents in high-paying positions.

In the U. S. alone, more than 40 regions are spending at least \$18 billion to attract biotech companies away from the Bay Area. The Bay Area's already limping economy cannot afford to send yet another message that employers should go elsewhere.

The San Francisco Police Department honorably serves the city and visitors regardless of their political views or industry affiliation. The Bay Area Council appreciates their hard work.

Sincerely,

Jim Wunderman

President and CEO

Bay Area Council

Dear Gary,

Since our granddaughter Gianna Marie Pisciotto was diagnosed with Type-1 diabetes at the age of 2-1/2, our family has shed many tears of sadness. I have shed many of those tears myself. This week, I shed tears of joy when I received a check for \$500 from the SFPOA to sponsor Team Gianna's walk to find a cure.

Three-year old Gianna gives us strength each day with her display of courage as she endures a minimum of three insulin injections and six blood tests daily. You also provide strength with your deep expression of caring. Your donation will go a long way in the fight to find a cure for diabetes.

Gianna is the walk ambassador for America's Walk for Diabetes to be held October 14 in SF at Justin Herman Plaza, and October 2 in Alameda at the Oakland Raiders Headquarters. Gianna will be at the October 2 walk in Alameda and we extend an invitation to all POA members to join us there.



*God Bless the POA,
Laurie and Gary Pisciotto*

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PAL Corner

For additional information, phone PAL at 401-4666
Visit us at www.sfpal.org

Basketball

The PAL Invitational Basketball League for 3rd, 4th, 5th, 6th, 7th, and 8th Grade teams will begin on September 30, 2004. Anyone interested in entering a team, please contact the PAL at 415-401-4666 or check out our website at www.sfpal.org. Team rosters are due September 10th. Mandatory fingerprinting for coaches will be conducted on September 9th from 3 PM to 6 PM and September 16th from 4 PM to 7 PM at the PAL Office, 350 Amber Drive, Room 203.

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PAL Judo is a year round activity for boys and girls ages 7- 17. Classes are held at the Mission Recreation Center on Mondays, Wednesdays and Fridays from 4:30 PM - 6:30 PM. Call 415-401-4666 for more information. Judo will restart on Monday, August 30th

Ben Stein's Last Column...

Forwarded by John Grizzel
Retired SFPD

For many years Ben Stein has written a biweekly column for the online website called "Monday Night At Morton's", from that famous restaurant which was often frequented by Hollywood Stars. Now, Ben is terminating the column to move on to other things in his life. Reading his final column to our military is worth a few minutes of your time because it praises the most unselfish among us; our military personnel, others who protect us daily and portrays a valuable lesson learned in his life.

How Can Someone Who Lives in Insane Luxury Be a Star in Today's World?

By Ben Stein

As I begin to write this, I "slug" it, as we writers say, which means I put a heading on top of the document to identify it. This heading is "eonlineFINAL," and it gives me a shiver to write it. I have been doing this column for so long that I cannot even recall when I started. I loved writing this column so much for so long I came to believe it would never end. It worked well for a long time, but gradually, my changing as a person and the world's change have overtaken it.

On a small scale, Morton's, while better than ever, no longer attracts as many stars as it used to. It still brings in the rich people in droves and definitely some stars. I saw Samuel L. Jackson there a few days ago, and we had

A real star, the kind who haunts my memory night and day, is the U.S. soldier in Baghdad who saw a little girl playing with a piece of unexploded ordnance on a street near where he was guarding a station. He pushed her aside and threw himself on it just as it exploded.

a nice visit, and right before that, I saw and had a splendid talk with Warren Beatty in an elevator, in which we agreed that Splendor in the Grass was a super movie. But Morton's is not the star galaxy it once was, though it probably will be again.

Beyond that, a bigger change has happened. I no longer think Hollywood stars are terribly important. They are uniformly pleasant, friendly people, and they treat me better than I deserve to be treated. But a man or woman who makes a huge wage for memorizing lines and reciting them in front of a camera is no longer my idea of a shining star we should all look up to. How can a man or woman who makes an eight-figure wage and lives in insane luxury really be a star in today's world, if by a "star" we mean someone bright and powerful and attractive as a role model?

Real stars are not riding around in the backs of limousines or in Porsches or getting trained in yoga or Pilates and eating only raw fruit while they have Vietnamese girls do their nails. They can be interesting, nice people, but they are not heroes to me any longer.

A real star is the soldier of the 4th Infantry Division who poked his head into a hole on a farm near Tikrit, Iraq. He could have been met by a bomb or a hail of AK-47 bullets. Instead, he faced an abject Saddam Hussein and the gratitude of all of the decent people of the world.

A real star is the U.S. soldier who was sent to disarm a bomb next to a road north of Baghdad. He approached it, and the bomb went off and killed him.

A real star, the kind who haunts my memory night and day, is the U.S. soldier in Baghdad who saw a little girl playing with a piece of unexploded ordnance on a street near where he was guarding a station. He pushed her aside and threw himself on it just as it exploded. He left a family desolate in California and a little girl alive in Baghdad.

The stars who deserve media attention are not the ones who have lavish weddings on TV but the ones who patrol the streets of Mosul even after two of their buddies were murdered and their bodies battered and stripped for the sin of trying to protect Iraqis from terrorists.

We put couples with incomes of

\$100 million a year on the covers of our magazines. The noncoms and officers who barely scrape by on military pay but stand on guard in Afghanistan and Iraq and on ships and in submarines and near the Arctic Circle are anonymous as they live and die.

I am no longer comfortable being a part of the system that has such poor values, and I do not want to perpetuate those values by pretending that who is eating at Morton's is a big subject. There are plenty of other stars in the American firmament....the policemen and women who go off on patrol in South Central and have no idea if they will return alive, The orderlies and paramedics who bring in people who have been in terrible accidents and prepare them for surgery, the teachers and nurses who throw their whole spirits into caring for autistic children, the kind men and women who work in hospices and in cancer wards.

Think of each and every fireman who was running up the stairs at the World Trade Center as the towers began to collapse. Now you have my idea of a real hero.

We are not responsible for the operation of the universe, and what happens to us is not terribly important. God is real, not a fiction, and when we turn over our lives to Him, he takes far better care of us than we could ever do for ourselves. In a word, we make ourselves sane when we fire ourselves as the directors of the movie of our lives and turn the power over to Him. I came to realize that life lived to help others is the only one that matters. This is my highest and best use as a human.

I can put it another way. Years ago, I realized I could never be as great an actor as Olivier or as good a comic as Steve Martin....or Martin Mull or Fred Willard—or as good an economist as Samuelson or Friedman or as good a writer as Fitzgerald. Or even remotely close to any of them.

But I could be a devoted father to my son, husband to my wife and, above all, a good son to the parents who had done so much for me. This came to be my main task in life. I did it moderately well with my son, pretty well with my wife and well indeed with my parents (with my sister's help). I cared for and paid attention to them in their declining years. I stayed with my father as he got sick, went into extremis and then into a coma and then entered immortality with my sister and me reading him the Psalms.

This was the only point at which my life touched the lives of the soldiers in Iraq or the firefighters in New York. I came to realize that life lived to help others is the only one that matters and that it is my duty, in return for the lavish life God has devolved upon me, to help others He has placed in my path. This is my highest and best use as a human.

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This year's tournament is a Scramble Format, with a Shotgun Start. Prizes will be awarded for Low Gross; Hole-in-One prizes on selected holes, include a new automobile and Spaulding Irons; and, Longest Drive. Fabulous tee prizes and raffle prizes will also be featured.

Tournament activities include a Chipping Contest, a barbecue lunch, refreshments on the course, concluding with the Award's Dinner in the classic "Old Marin" StoneTree Club House. This elegant craftsman design hosts spectacular views of Mount



Tamalpais, Mount Burdell and the Coastal Range. Featuring the culinary talents of Chef Elaine Bell, complimentary wine will be served with dinner.

Additional guests may be added to the Awards Dinner for only \$45 each.

Tournament Schedule:

10:00 AM	Registration
10:30-12:00	Chipping Contest & Lunch
12:00 PM	Shotgun Start
7:00 PM	Awards Dinner

Your support of this tournament provides the funding for the Police Officers Association support of worthwhile charitable contributions, which might otherwise go unassisted; community-based organizations; and provides scholarship money to deserving youth.

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Gary Delagnes	(415) 861-5060
Marty Halloran	(415) 861-5060

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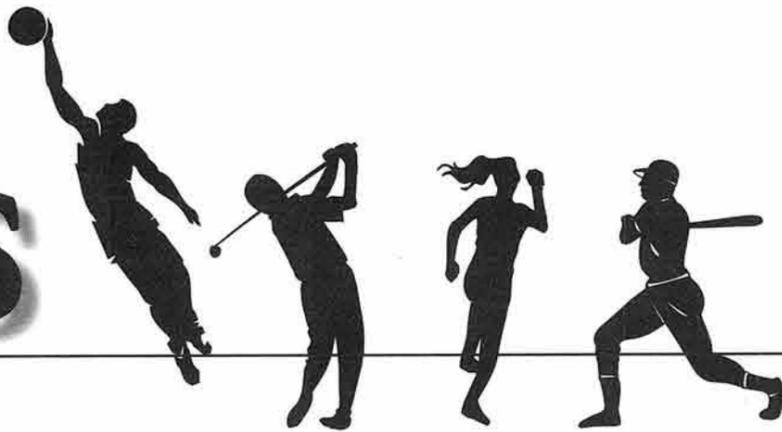
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Sports



NICK'S NOTES

By Nick Shihadeh,
POA Journal Sports Editor

CHECK IT OUT: As everyone probably already knows from the center spread in this same *Journal*, the 1st Annual Isaac Espinoza Softball, Tournament was a big success the first weekend of August as over \$7,500-00 was raised for his family's trust. I was very happy to have participated in the tourney with a team of Park Islanders as well as some excellent ball players added from around the department. I'd like to thank those players for being a part of it with me: Quoc Do (Park), Kevin Murray (Park),



still available through Marquez at Southern Station). This tournament in memory of a very good man is now established and should be an annual event for many years to come.

Included with my column this



SFPD Soccer hooligans showing off their fashionable bowling shirts at the VFW Social Club.

about the third annual Emerald Society Golf Tournament that will take place on Thursday Oct. 14th at the soon to be world famous Harding Park Golf Course. Note the flyer with more details about the tourney in this sports section as the list of foursomes and the entry fees need to be in by Sept. 24th to either Brian Philpott or Ed Carew (both of Mission Station).

Finally, I want to mention that we've started a "Letters to the Editor" section for the sports page as I welcome comments and feedback directed at me or at anything written in sports. I think I can take the heat...That's all for now...So See Ya next month...



SFPD Soccer Club's A-Team — Silver Medal winners

PHOTOS BY RAFAEL LABUTAN

Chuck Collins (Mission), Greg Kane (Park) Jon McMahon (Central), Marco Garcia (Mission), Brett Thorpe (Northern), Scott Korde (Southern), Curtis Nakano (Park), Will Elieff (Park), Nick Donati (TTF), Juan Gala (Ingleside) and his brother Gala (ringer). We were able to go 2-wins, 2-losses against some impressive competition but that aside, it was great just being at the well run event.

At the tourney held in San Bruno, Marc Marquez(Southern) and Kevin Worrell (Central) worked tirelessly all weekend long and even got some good press from various news sources from around the Bay Area. I would like to thank Marquez for his article in the center spread as well as thank Joe Noto (Richmond) for providing his excellent photos for the *Journal*. Noto has a web site with many photos from the event on sale with the proceeds going to the Espinoza Trust. His web site is: www.hotshotphotos.photorelect.com and is worth checking out.

I also want to congratulate Bob Del Torre (Southern) and his SFPD Blue team that won the whole thing with some clutch play by an impressive all star team that he put together from around the department — check out his article and team picture in this sports section.

During the tournament, I was really glad to obtain a sweet navy blue nylon golf pullover jacket with a thick inner lining for \$45.00. This, along with navy blue t-shirts (\$15.00) also commemorating the event were sold all weekend long with the monies going toward the trust (I'm sure some are

month are more pics from the Police/Fire Games in June; note the photos of the SF Police Soccer Club's A-Team



Johnny "Dynamite" Sheehan kicking a ball past a defender.

who played well while winning a silver medal against fierce competition. Another photo includes the co-ed softball team that also represented the department well. Much thanks to Raffy Labutan for providing these great pics as usual.

Taraval's Ed Marchand sent in a bunch of good track and field material as well as pics for this month's sports page. He and Mike Simmons (Southern) were very busy this summer competing successfully in the Police/Fire Games along with other competitions when they could. I was also impressed with their visit to Sacramento to watch our Olympic hopefuls compete in the trials as one of his articles depicts along with photos.

I want to keep reminding everyone



Andy "Irish" Meehan showing mad skills on th esoccer field while Tim Dempsey looks on.



Kevin Murray being congratulated after scoring a game-winning goal.



SFPD's co-ed Softball Team at the Summer Games in Stockton

Las Vegas, Nevada — August 2004

The International Police & Fire Games

By Ed Marchand, Park Station

In this International event I felt like I was there to carry the bags for Mike Simmons. The weather was only 107° in the shade so I was very cool under the tarp. Mike started the three day competition with the 100m dash. Lucky for Mike they didn't have to run semi finals for this event. Mike managed to dominate the field of runners. Due to a less than perfect start Mike stood up in third place and held that place for a Bronze medal.



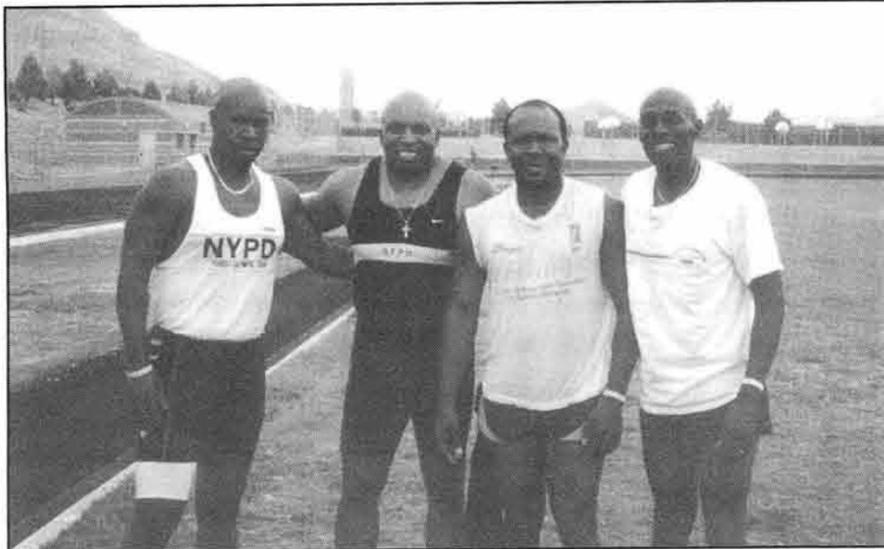
Ed Marchand's winning throw for the Javelin Gold Medal

way) he lifted his knees and ran everyone down except one man. Mike finished with a Silver medal in the 200m. Day three Mike is up for the 50m dash again he got a good start to

Next Mike popped out of the blocks like he was combing his hair back off his face. Mike was soooo smooth in fourth place position. Mike had a secret. When Mike turned the corner to the straight away, he cut loose (not that

finish in second place for a Silver medal. Mike held on to his strength for legs on the 4X100 relay and the 4X400 relay. Mike helped both teams of combined departments to two more Gold medals in International P&FG.

I managed to get out from under my tarp to throw the javelin a few times for a Gold medal in my first Interna-



David Cherry, NYPD retired; Mike Simmons, SFPD; Blackwell, NYPD and Lewis, NYPD. Simmons ran the secondleg of a combined department team for a Gold medal in the 4x400 relay.



2004 California Police and Fire Games 1600 meter relay champions: Contra Costa Sheriff's Dept. combined with SFPD (Ed Marchand). 45-49 age group.

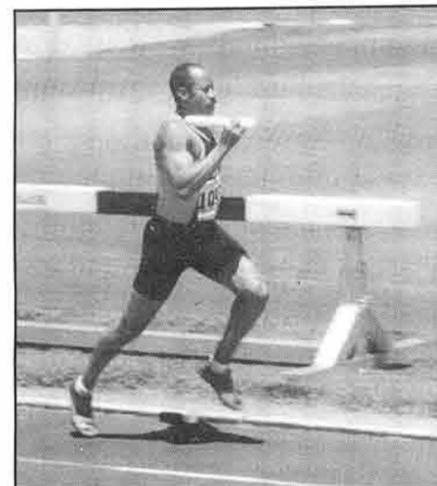
2004 California Police & Fire Games

By Ed Marchand, Park Station

The CP&FG in Stockton were absent many SFPD athletes this year because of the many protests that we encountered. The timing of the protests were in conflict with many of the competitions that our SFPD athletes were to attend.

As always I'm happy to see the regular faces each year but it's also good to see new faces like Ceasar Perez of Co. B. I heard the name "Perez from SFPD" announced on the loud speaker for lane assignments for the 100 meter dash. Next the gun went off and Ceasar was flying down the track on his way to a new age group record. Perez was in contention for a medal 30 meters from the finish, when muscle strain slowed him to a stop to

As I was stretching in shade I thought that the bushes behind me were moving. I looked closer to find that Wendell Jones from TAC was wearing a camouflage sweatsuit. Wendell was preparing for the long jump. Wendell in his new track shoes



Ed Marchand anchoring 1600 relay coming in for the Gold.



Mike Simmons

prevent any injury. Ceasar still finished the race (in pain) through the encouragement of fellow athletes.(athletes/cops put in that extra effort).

Big Lou Perez was there as usual kicking butt in those 100 mile sprints along with swimming 10 miles to make it interesting. I'm sure Lou was in the best of shape to bring home the medals in the 1500 meter run and possibly the 5000 run (I'm still looking for Lou.)

As I warm up my back for the javelin throw I sense that a famous person may be approaching. I was right — a medium size muscle toned male carrying a professional javelin case(hard shell). The athlete was Rafael Labutan. Rafael started the javelin last year and did well in competition. This year Raf had progressed to superior form in his approach to releasing the javelin. The hard work in the off season has paid off earning Raf a great medal performance.

was an example for the novice learning to jump. Wendell held the runway as if he owned it. Every time Wendell executed a jump the crowd would gasp. Wendell held our attention to lock down a SILVER medal for SFPD

Big Mike Simmons has trained and is prepared to compete in the 100m, 200m, 4X100m, 4X400m. Everyone I know who trains agrees that those are a lot of races in one day. Now add 47yrs. old with 225lbs. at a height of 5'11", that's a lot of work. Mike had to skip the 4x100 because there were no teams in his age group but in the 100m dash the field was full. Mike was in the blocks preparing to move all that mass down the track as fast as he can. The field is frozen in place Big Mike Blasted out the first, but Mike jumped the gun. Now Mike has to wait in the blocks so he won't be disqualified. Mike gets a fairly good start, but not with his usual explosion which lands him in front. Mike ran with form correcting the fair start to pass two guys for a Silver medal finish.

Recovering from a September back injury, I was blessed to be able to compete in the javelin and the 1600 meter relay. I was fortunate to capture a Gold medal in both events.

I dedicate this season to the memory of my Dad who passed away March 4, 2004.

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Report from California Police/Fire Games

SFPD Women's Softball Medals at Games

By Miriam Pengel
Richmond Station

The SFPD Women's Softball team traveled to Stockton last June to compete in the California Police/Fire Games. After having a number of practices in the Sunset District fog, and trying to emulate what the Stockton summer heat might feel like without much success, we left for the competition. The tournament was great fun and a spirited competition. The women's team took the tournament seriously from the beginning. Having some unfortunate injuries that required new additions to the team, the new players proved helpful in the overall picture.

The entire competition was riding on our next game against the CHP. They had been the gold medal winner for at least the last 10 years. They have the ability to draw softball players from throughout the entire state; and it shows. We decided that we were going to give them some competition this year; and we did.

After having lost to the CHP last year 21-2 we started to play like we could. They went up on us 6-1. We were fighting to score, but our fielding and hustle was not to be "one-upped." We finally went ahead 7-6 in the 4th inning when CHP hit one out of the park. But, that did not deter us. Down 16-10 in the top of the 7th, we had two outs on us. We fought, slid,



Kneeling (L-R) L. Reilly, J. Cambell, M. Spears, M. Pengel, D. Casazza, J. Solis
Standing (L-R) I. Cristi, J. Streegan, L. Massetti, M. Pengel, M. Pengel, L. Forre
Murphy, L. Dutra, W. Bear

After having a number of practices in the Sunset District fog, and trying to emulate what the Stockton summer heat might feel like without much success, we left for the competition.

Our team was able to pick up Lori Dutra, all-star college player, to scoop up the corner at 3rd base. Playing with a bruise on her entire forearm caused during the coed competition earlier in the week, Lori didn't miss a beat. Leslie Forrestal joined our outfield and helped to fill that gap in right-center, as did Wendy Bear, who assisted in both the infield and at catcher. Our veterans like Michelle Spears, Jen Streegan, Lynn Reilly, Jayme Cambell, Molly and Maura Pengel, Lynn Massetti, Rachael Murphy, Dolly Cazassa, and Irene Cristi showed their true colors and competed against some of the best teams in the Games in recent years.

The competition began with a 0800 game against San Jose PD. It was a tight race, but the early start time and our predominately swing-watch personnel found us on the short end of the score 5-12. After a strong but compassionate talk by coach Mo, the mood changed. We came out and started to win.

Team Sacramento was our next game and there was not much competition as we easily defeated them 14-1. We went on to play a Bay Area combination team. Playing teams that have combined 5 different agencies seems a bit unfair, but we took it and played like champs. We won that game 9-5 which put us into the medal competition.

hit, and ran our way to bases loaded, 2 outs, 16-17 when our last out occurred. So, we didn't win, but just to see the looks of panic and surprise on the faces of our competition was win enough. I don't think that anyone of the women on our team felt like we had just lost. We competed and we were winners and it showed.

The heart and determination to get better and to compete was rampant throughout our Police team. With a majority of the team being quite young and energetic, the team just keeps getting better and better. The attitude and energy that this team exudes is unlike any other past Police/Fire Games team that I have had the pleasure of being a part of.

The SFPD women's softball team represented the San Francisco Police Department respectfully and proudly. We ended up getting a third place Bronze Medal. We were ecstatic, and this only proved to be more conviction for getting better and shooting for the Gold Medal next year. Watch out CHP because SFPD is coming back.

Thank you very much to Galls Incorporated, SFPOA, and the SFPO Pride Alliance for your support of our team and our Police/Fire Games effort. Great competition girls. Next year it is off to Reno/Tahoe to compete, and we hear it will be San Diego after that. Co us out!

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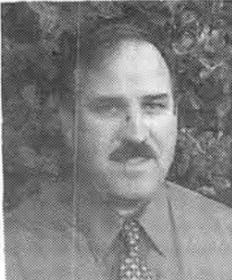
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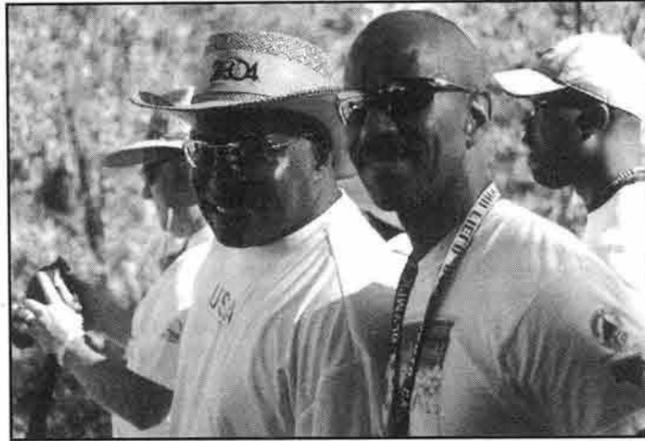

USA 2004 Olympic Track & Field Team Trials

By Ed Marchand,
Park Station

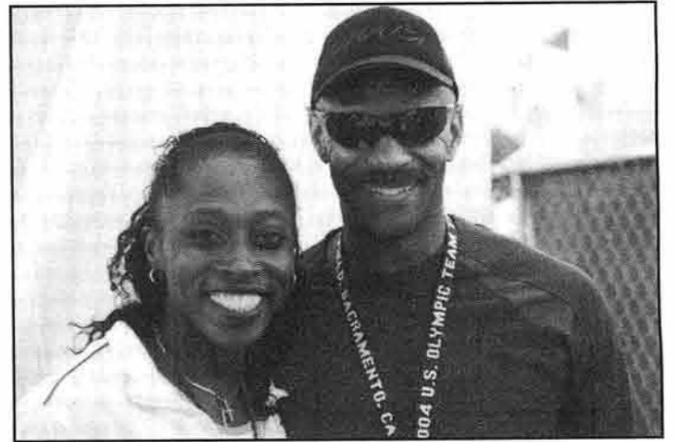
For me this is my superbowl! Mike Simmons and I had the pleasure of seeing our nation's best AA track & field hopefuls for the USA Olympic Team. Sacramento State Univ. was the site. The weather was very hot and the stadium was packed nearly everyday of the eight day event.

I saw several old friends who converge from around the country for this four year event. I'll only mention two names to remember for this year's team. Bryan Clay in the Men's decathlon. I sat with Bryan's parents during the competitions and became good friends at the start. Bryan won the competition-We wish him Blessings in Athens. The next name is Bolota Asmeron. Bolota attended McAteer High School and UC Berkeley. I had the pleasure of coaching him along with others to the Junior Olympics in his teenage days.

Bolota qualified for the US team with a third place finish in the men's 5000 meter run. All his former coaches wish him the best of blessings in Athens.



Mike Simmons and Ed Marchand at the 2004 Olympic Trials in Sacramento.



Gail Devers poses with Ed Marchand after winning the 100 meter hurdles to make the Olympic team for the third time. Devers is 37 years old.

Letter to the Sports Editor

Hey Nick how are you? Sorry it took so long to get to you.

Here's the Track & Field Update for 2004

Our season opener started with a spring trip to compete in the Arizona P & F Games in Tucson. We had two great SFPD athletes to represent our Dept.: Mike Simmons and Frances Terry. Mike held things together in the sprints after nursing a hamstring strain from last season. Mike leaned for tape in a very close finish to capture a SILVER medal in the 100 meter dash. Mike came back to win the 200 meter dash without any pressure from the field. Mike ended with a sweet leg of the 4X100 relay passing all the competitors in his section for a GOLD medal finish.

Frances Terry seems to come out of nowhere with a Hawaiian Marathon under her belt straight to winning the 100 meter dash, 200 meter dash, the javelin (first time), and a leg on the winning 4X100 relay. Everybody is watching Frances to see what she'll surprise us with next.(sorry no pictures).

Ed Marchand



Maurice Green at the finish of his qualifying round for the 100m dash.



Right: Bryan Clay after winning the Decathlon to make the US team

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Marion Jones qualifying with 23' 4" to make the Olympic team.



THE LOON'S NEST REPORT

By Ed Garcia, Co. A

Lorin Wins Summer Classic at Mare Island

July 15th was an important day in golf, as two great golf events were held. On the foggy British Isles, it was the opening round of the British Open, the world's oldest major championship. In sunny California, a major event in N.C.G.A. golf was underway, being played over the oldest on-going golf links west of the Mississippi River. The Loon's nest Golf Club arrived at Mare Island Golf Club for the 17th edition of the Summer Golf Classic. Fifty-two players headed out under warm, blue skies with very little wind on the day, a rarity on this island course in San Francisco Bay. The course, opened in 1892, was in very good shape, having recently undergone a major renovation on the back nine. The course is narrow, hilly and small greens that require precise shot making.

Several Loons made their presence known with scores of forty or under on the front side. The front side medalist was Sean Dougherty who fired a one over par score of thirty-six. Sean currently posts an index of 2.6, the lowest index in the L.N.G.C. at this time. Sean is a recent Berkeley grad and son of Sgt. Bill Dougherty of our Airport Bureau. Two strokes behind Sean at thirty-eight was Bruce Lorin. Bruce had his game together and was lusting for victory, as Bruce had picked up four 2nd place tournament finishes (Presidio 9/03, Monarch Bay 5/03, Roster Run 1/03, Oakhurst 9/02) since his last victory at the 2001 Holiday Classic at Roster Run. Current club champ Ed Anzore fired a thirty-nine, as Harry Pearson, Glenn Mar and Steve Balma posted scores of forty.

As the Loons made the turn, Tom Del Torre and Ed Anzore both made

big runs at Lorin, as they both fired thirty-seven on the back nine. Sean Dougherty faded on the back nine, as he posted forty-three strokes on the side for a round of seventy-six. Sean was victimized by double bogeys on the 10th and 18th holes. Lorin came around the back nine in thirty-seven strokes for a total of seventy-five and the title of Champion.

Bruce's birdie on the 15th hole was the difference, as Ed Anzore finished one back at seventy-six. Tom Del Torre and Sean Dougherty finished with seventy-nines. Anzore's net score of sixty-nine gave him 1st low net in the flight, as Del Torre moved into 2nd low gross, followed by Dougherty in 3rd after a tie-breaker was used to divide their matching scores of seventy-nine.

Second low gross in the 1st flight went to Co. K's Dave Kranci. Dave had a net score of 69, as he posted a birdie on the second hole and had matching sides of forty-two. Third low net in the flight went to Bayview's Dave Hamilton, who posted a net seventy-one.

In second flight low gross, Rob Ziegler was the man to chase, as he started his day with a front side forty-one. Rob ran into disaster on tenth hole, with a triple bogey. Rob did not let this deter him, as he pulled it back together and played well for the last eight holes and posted an eighty-eight, finishing one stroke ahead of Dennis Meixner and two strokes ahead of Tenderloin's Chris Muselman. Meixner had a net score of seventy, moving him into first low net, allowing Muselman to take second low gross with a score of ninety and Tenderloin's Joe Fischer grabbed third with a ninety-six.

Second low net in the second flight went to Mike Fulton, with a net seventy-one and Jack Walton grabbed third with a net seventy-two.

Ed Anzore was the Long Drive winner, as he belted one out three hundred and eight yards on the par 5, 5th hole. The Close-to-the-Hole winners were Al McCann, Bruce Lorin, Elaine Shiroma and Harry. Pearson. The tightest shot of the day was on the 15th hole, as Bruce Lorin left one 6'4" from the cup.

Second place finishers were Dave Hamilton, Ron Parenti, and Jeff Roth.

The Loons held the awards ceremonies in the clubhouse and brought an interesting day to an end. The Mare Island layout offered some great views of the Bay Area, as players went up and down the hills and past World War Two ammunition bunkers, as well as other points of historic interest.

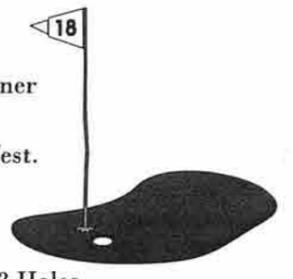
We now move on to our Club Championship at the Presidio Golf Club on August 24th. This will be the club's 18th Club Championship, having played our first championship at Harding Park back in 1987.

Loon's Nest Scoreboard Mare Island Golf Club

Player	gross	net	Player	gross	net
Lorin	75	73	Ochoa	95	79
Anzore	76	69	Fulton	95	73
Del Torre	79	70	Fischer	96	77
Dougherty, S.	79	76	Gulbengay	96	77
Mar	82	74	Dougherty, W.	96	79
Pearson	83	77	Harvey	96	74
Balma	83	73	Walton	96	72
Parenti	84	73	Ries	97	80
Kranci	84	69	Siebert	97	79
Vernengo	85	73	Rice	98	77
Hamilton	85	71	Bass	99	83
Garcia	86	75	McCann	99	77
Moss	86	77	Roche	99	77
Schmolke	87	77	Steffani	99	83
Hodge	87	73	Sullivan	100	82
Clivio	87	71	Roth	103	74
Ziegler	88	65	Dyer	104	79
Buscovich	88	75	Boyett	106	83
Meixner	89	70	Crosat	107	78
Radanovich	89	75	Pursley	108	77
Enright	90	78	Bronfeld	108	75
Muselman	90	71	Crenshaw	108	78
Pomicpic	91	83	Ballard	112	88
Morimoto	91	80	Miranda	113	83
Sweeney	92	79	Machi	114	89
Timpano	92	77	Fong	116	91
Shiroma	93	78			

San Francisco International Airport Charity Golf Tournament

When: Monday, October 4, 2004
Time: 11:30 AM Shotgun Start (Registration starts at 9:30 AM)
Place: Green Hills Golf Course
 End of Ludeman Lane, Millbrae, CA (650) 588-4616
Price: \$250 per player
Includes: Golf Cart, Tee Prizes, Lunch, Dinner, Refreshment Wagon, Auction at the Dinner
Hole-in-One Prizes:
 \$10,000, 3 Day Golf Vacation at PGA West.
 Set of Ben Hogan Custom Irons,
 \$500 Golf Apparel Gift Certificate
 (Fidra by John Ashworth)
 One of these prizes on each of four Par-3 Holes
Format: Four Person Scramble.
 You can bring your own team.
 Singles and two person teams are welcome. We will pair you.
 We can only accommodate the first 72 teams or 144 golfers.
 Each golfer must submit -their August 2004 handicaps or their average score.
Dinner: Green Hills Country Club
Dinner Guests:
 Non-Golfing Guests-\$50. You must indicate any additional dinner guests on your entry form.
Contact: San Francisco International Airport Charity Golf Tournament
 P.O. Box 250027
 San Francisco, CA 94125-0027
 (660) 821-7032 or (415) 553-9218



ENTRIES CLOSE SEPTEMBER 17, 2004

Riordan Graduates!

Crusader Police and Firefighter Recognition Day
 Saturday, September 11, 2004
 Poc Erskine Field - Kickoff @ 1:00 pm

On Saturday, September 11, 2004, we will honor all our graduates who are firefighters or have careers in law enforcement. Join your Crusader Brothers for a very special day at Poc Erskine Field.

Be our guest as we take time as a school to honor and thank our loyal graduates who serve their communities on a daily basis. The ceremony will take place during halftime of the Varsity Football game vs. Jefferson High School.

We request that you come in official dress uniform, if possible.
 To RSVP or for more information please email vrassam@riordanhhs.org or call 415-586-9179.

Go Crusaders...on to Victory!

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MaxMuscle SFPOA 2004 Ironman/Ironwoman Isaac Espinoza, Jeff Barker Memorial

By Angelo Spagnoli
Ironman/Ironwoman Organizer

Updates for Ironman Competition

The Ironman/Ironwoman competition is right around the corner. It will be held on Wednesday September 15th 2004 at the Hall of Justice, 850 Bryant Street, 5th floor gymnasium. The event will start at 9:00 a.m. and will be videotaped by Andrew Cohen and Bob Mammone as a part of the Hearts of the City special Bayview Station edition. This year's Ironman/Ironwoman competition and Hearts of the City video will be dedicated to the memory of Isaac Espinoza. Isaac was very competitive in the Ironman last year and in the pull-up event he was able to complete forty-nine pull-ups. This year any competitor who is able to complete forty-nine pull-ups will be awarded the maximum score for this event of one thousand points.

This year's event has several changes

from the past years in order to generate more participation. Two of the main changes have been the addition of the Clydesdale and the Two-Man team category. The Clydesdale category is a two hundred pound and over event. Any competitor weighing two hundred pounds or more can choose to compete in this class. The Two-Man team event is just that, two men competing together; one man competing in two events while the other competes in three of the five events. Several other changes have been made for the 2004 event and the complete competition rules are attached to this article.

This year we have MaxMuscle along with the SFPOA as our sponsors. James Johnson of MaxMuscle San Francisco was gracious enough to donate \$1,500.00 in gift certificates for this event. He also has increased his donation of \$1,500.00 to \$2,000.00 to the Isabella Espinoza Trust Fund. MaxMuscle is located at 3600 16th Street, at Market Street. MaxMuscle

offers several different types of workout gear and a very large selection of nutritional products, protein powders and vitamins.

Mr. Johnson is offering a complementary two-pound container of MaxPro protein powder to all Ironman/Ironwoman competitors. Just stop by MaxMuscle and let them know that you are an SFPD Ironman competitor and pick up your MaxPro powder.

Springfield Armory has donated a new pistol for this year's event. They have donated a Sub-compact XD (Xtreme Duty) model for off duty carry for the overall winner of the Ironman competition.

Special appreciation to another contributor to this year's Ironman/Ironwoman competition is Off. Les Smith of Tenderloin Station who donated his time and artistry to the creation of this year's Ironman logo.

I was very impressed to receive a team entry form from a team from Mission Station. The reason I was so

impressed is that all the members of the team are over (50) fifty years of age. They call themselves (Los Cinco Amigos Viejos) which means the five old friends for you non spanish speakers. The members of the team are Sgt. Carrie Lucas, Off. Jerry Neitz, Off. Jim Escobar, Off. Rich Tong and Off. Steve Thoma. Before I received this entry form I didn't think that anyone would put together a team over fifty years of age. To my surprise, there they were, (Los Cinco Amigos Viejos). I have added an over (50) fifty team category for this reason. Go get em Mission. Now if they can put together a team I hope all you youngsters can muster up some teams to compete in this year's Ironman/Ironwoman competition.

Get your teams together and come out and see if you can beat last year's winners. All competitors interested in competing in this year's event should fill out the entry form attached as soon as possible. Even if you're not going to compete in this year's event, please come join us for Isaac.

2004 Ironman/Ironwoman Competition Rules

WHEN: Wednesday, September 15, 2004

WHERE: Hall of Justice, 850 Bryant Street, 5th floor gymnasium.

TIME: 0900 Hrs.

Competition to be completed at the San Francisco Police pistol range located at Lake Merced and Skyline Blvd. Awards luncheon to follow the competition.

CLASSES OF COMPETITION:

A person may compete in as many categories as he or she wishes.

1. **TEAM OPEN:** (5 Person, either sex, from the same unit, each person, all five events)
2. **TEAM SENIOR:** (5 Person, either sex, 40 years and over, from the same unit)
3. **MIXED DOUBLES:** (Male/Female, split the events, one does 2, partner does remaining 3)
4. **IRONMAN OPEN:** (Any age, all five events)
5. **IRONMAN SENIOR:** (40 years and over, all five events)
6. **IRONMAN SENIOR/MASTERS:** (50 years and over, all five events)
7. **IRONWOMAN OPEN:** (Any age, all five events)
8. **IRONWOMAN SENIOR:** (40 years and over, all five events)
9. **IRONMAN 200 LB AND OVER OPEN:** (Clydesdale) (Any age, all five events)
10. **IRONMAN 200 LB AND OVER SENIOR:** (Clydesdale) (40 years and over, all five events)
11. **IRONMAN TWO MAN TEAM:** (One does two events, partner does remaining 3)

MAX MUSCLE / S.F.P.O.A.
IRONMAN



ISAAC A. ESPINOZA
JEFF BARKER MEMORIAL
2004

2004 Ironman/Ironwoman Entry Form

Name: _____

Unit/Agency: _____

Class/es competing in _____

Team name (if applicable) _____

Team members	Event	T-shirt size
1. _____		
2. _____		
3. _____		
4. _____		
5. _____		

Entry fees: \$15.00 per participant regardless of number of categories. (This includes your 2004 Ironman Muscle T-shirt, catered lunch, and awards.

This year we have decided to add a two man team event and the 200 lb and over category (Clydesdale) weight classes.

Please complete the above information and send it to Officer Angelo Spagnoli at the Tactical Division. For additional information, contact Angelo (work 553-1278) or cell (415-606-8506).

1ST EVENT-BENCH PRESS 1000 POINTS

10 Points per repetition to 100. The bar must touch the chest and be raised to full arm extension. The weight lifted will be 100 pounds for men and 60 pounds for women. Three, five second pauses in the lockout position will be permitted. (Jason Sawyer from Tactical, did the most in 2003 with 95 reps)

2ND EVENT-PULL-UPS 1000 POINTS

20 Points per pull-up to 49. A pull-up consists of a participant gripping the bar with hands facing outward at shoulder width; feet shall be together; arms fully extended; the body will rise until the chin is above the bar; the body will then descend and the arms will lock out; feet shall not touch the floor. (Kipping is allowed). Women: hang from the bar, fully extended, with hands facing outward; 3 points per second hanging. (Edward Yu from the inspector's bureau did the most in 2003 with 50)

3RD EVENT- SIT-UPS 1000 POINTS

5 Points per sit-up in a 3 minute period. A sit-up consists of lying supine; legs bent; hands touching behind the head. Raise body and touch both elbows to both knees; then lower body until back touches the mat. (John Burke from Tactical set a new record in 2003 with 200 reps in 3 minutes)

4TH EVENT-PISTOL SHOOT 1000 POINTS

From the 50 yard line; 20 shots (10 right handed and 10 left handed) The participant may use the barricade for support. Department issued handguns only (40 cal Beretta). 10 minute time limit for all 20 rounds. (Matthew Neves was 2003 topgun with a score of 815)

5TH EVENT-4.7 MILE LAKE MERCED RACE 1000 POINTS

Start/Finish at the Lake Merced Range parking lot. 27 minutes-1000 points. Subtract 1 point for each second over 27 minutes for men and 30 minutes for women. (John Burke from Tactical, had the best time in 2003 with a time of 28:29)

Classified Ads

Free Classified Advertising Available for POA Members

The *POA Journal* now has free classified advertising, a no-fee service available to our active and retired members. Buy, sell, or trade in the *Journal* and reach 5500 readers each month. The following rules apply to Classified Ads:

- To place a free classified ad, you must be an active or retired POA member.
- A member may run only one classified ad per issue. However, a member may repeat the same ad in each or subsequent issues.
- Classified ads are text only. Photographs, clip-art, or graphics are not permitted.
- Classified ads must be for the sale, purchase, or trade of tangible items. The exception is real estate or vacation rentals owned by the member submitting the ad.
- No member may advertise or seek services through a classified ad. Examples of services not eligible for free classified advertising are home repair, landscaping, painting, auto repair, home building, gun smithing, lessons or tutoring, travel services, mortgage services, tax preparation services, real estate services, legal services, etc.
- Classified ads can be no larger than 300 typed characters, including hyphens and spaces.
- Members who submit a free classified ad must choose to place it in one of the following categories:
 1. **Automotive:** Cars, trucks, motorcycles, RV's, ATVs
 2. **Law Enforcement:** Firearms, holsters, uniforms, patches, hats, T-shirts, clipboards, flashlights, etc.
 3. **Real Estate:** Member owned homes, vacation rentals, time shares
 4. **Home & Office:** Furniture, computers, software, fax machines, printers, telephones, kitchen appliances, hand tools, power tools, camcorders, digital cameras,
 5. **Sporting Goods:** Skis, ATVs, Boats & kayaks, Gym equipment, Bicycles, Fishing gear, Hunting rifles & shotguns, binoculars, camping gear, hang-gliders
 6. **Miscellaneous:** Concert and Sporting event tickets, collectibles & memorabilia, horses, dogs, ride-share/car pooling, DVDs, CDs, Videos, software

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1991 ACURA INTEGRA 2dr hatchback for sale. 230k hwy miles. white ext, blue cloth int. just detailed and has new tires. \$2300 obo. call (415) 412-8271.

Automotive; Motorcycle

1997 HONDA SHADOW VLX/Deluxe 600. 2,800 miles. Black & Yellow. \$3,000 includes helmet, blk leather jacket and battery charger. Seller Rich Oakes (retired SFPD) (650) 344-5630.

1996 KTM 360 MXC, 360cc 2 stroke. MSR bars, Renthal sprockets, new tires. FAST & ready to ride! \$1,900.or B.O. Call Roland @ CSI 415.553.1506 or 575.4300(msg).

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The 2004 Classified Advertising deadlines are as follows:

October 2004 issue	Monday, September 20
November 2004 issue	Monday, October 18
December 2004 issue	Thursday, November 18
January 2005 issue	Wednesday, December 22

Ads must be typewritten and submitted to the POA, attn: *Journal Advertising* in any of the following ways:

US Mail, to the POA office

Interdepartmental mail, to the POA office.

Email to journal@sfpoa.org

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Close Encounters

By Steve Johnson

We are finally making some headway with the Office of Citizen Complaints (OCC). Kevin Allen, the new Director, is convinced, as we have been for some time, that mediation is the more progressive approach to handling citizen complaints of a certain caliber. We will be meeting with Director Allen trying to finalize a product that will be acceptable to all who will be involved.

As a side note, I participated in a mediation with two officers a few months ago and the process was so successful that the two citizen complainants ended up going on a ride-along with the officers so they could see, first-hand, what San Francisco's Finest are really up against.

And, speaking of challenges, we will be facing our greatest, along with Chief Heather Fong, in the coming months. The challenge is not very complex — it's fixable — and it definitely needs immediate attention. It all revolves around the fact that we are facing a personnel shortage. The latest recruit class, all 35 of them, will be graduating next month but we will probably lose twice that number to retirements at the beginning of January. The next class scheduled doesn't begin until June, 2005, which means they won't graduate until Christmas next year.

And the job isn't getting any easier... telltale headlines in the *SF Examiner* dated August 17, 2004, 'Fifty Scary Hours', written by Alison Soltau, chronicles the violence that draped the Mission District — shootings, aggravated assaults, and robberies escalated to the point where those interviewed were describing the crimes as "insane" and the worst they've seen in the past 7 years.

Alison did a tremendous job showing how the gangs in the Mission target the innocent. She cited a story where a 16-year old was escorting his ill father to San Francisco General Hospital. The young man was surrounded by gang members, all dressed in blue, who demanded to know which gang he was affiliated with — the young man had no such connection for which he was then rewarded with a bullet in the back.

Alison should probably follow this story up with something titled, '9 Days in the Richmond'. Between July 11th and July 20th there were 5 serious incidents. Two robberies with force, one on the 900 block of Clement the other on the 3400 block of California. An aggravated assault with a weapon occurred on the 4100 block of Geary and a hot-prowl burglary (that's when the suspect breaks into a home when the residents are there) took place on the 100 block of 25th Avenue. The most vicious crime involved the coward who robbed a 59-year old woman on the 300 block of Laurel, throwing her down onto the sidewalk before he grabbed her purse.

Officer Nick Bryant did his share to curb the crime wave in the Richmond. Nick responded to a robbery of a taxi at 15th and Geary and, with the help of Officer Ed Tabo, the suspect was shortly rounded up a few blocks away. Nick wasn't satisfied with the simple robbery arrest. He found several stolen credit cards on the suspect and, after a lengthy follow-up, was able to solve several other felony crimes involving the illegal use of the card by the robbery suspect safely housed at Richmond Station.

Also, during the same period of time, Officer Alvaro Schor and Officer Karen Paoletti spotted an individual acting very suspicious in the area of Balboa and the Great Highway. As the officers approached this individual they both commented as to how familiar he looked. They suddenly realized that this was the suspect they just saw on a wanted bulletin issued earlier in the evening. The bulletin was issued on an individual wanted for murder out of San Mateo County. The suspect is now San Mateo's problem.

Think we could move that next Academy class up a few months...

We mentioned hot prowl burglaries earlier in the column — and the suspects who commit this crime are probably the most dangerous of all criminal species. These are the individuals who are most prone to enter homes when the owners are there. They are usually driven to steal because of their drug habits and, since the cost to support such, due to inflation, have increased dramatically, the users must branch out. Officer Dave Fontana saw a car that matched the description of one used in a recent hot-prowl burglary and pulled it and the 3 occupants over. Turned out the driver was armed with a fully-loaded, 38. caliber handgun and his "assistants" were fully stocked with enough narcotics to open their very own pharmacy.

Officer Malcolm Anderson, Officer Sean Rogers, and Officer Bernie Corry responded to a call of a man brandishing a gun outside City Hall, threatening to shoot people. The officers found the suspect and he did have a gun. They had no choice but to approach him without benefit of cover and relieve him of the weapon he was waving back and forth at the officers and others. The officers were incredibly reserved in making the choice they did and it was extremely fortunate for the suspect that the officers showed such courage. Turned out the gun was an exact replica of a .380 semi-automatic pistol.

Officer Martin Covarrubias and Officer Joseph Valdez were interviewing a victim who had been robbed at gunpoint while driving him around the area where the crime had just occurred. The victim suddenly pointed out the suspect who was standing with a group of others on a street corner. The officers approached the suspect, knowing full-well he was still probably carrying the gun he used earlier. The suspect attempted to bolt but was stopped and placed into custody. Turned out the suspect not only had the victim's property in his possession but also the credit cards from another person and he couldn't explain why. The other person was contacted and turned out to be an additional victim who remembered the suspect very well... it was because of the gun the suspect had pointed at his head while he relieved him of his wallet.

Officer Erick Solares and Officer Carlos Mustafich were on patrol when

they heard gunshots. They located the individual responsible and started running towards him. The shooter didn't notice the officers at first and continued firing in the direction where there were both adults and children in the area. The officers were able to take him into custody, recover the gun, and chalk up another close call.

The last three episodes clearly demonstrate the tolerance, restraint, and outstanding professionalism the members of the San Francisco Police Department have shown when dealing with armed suspects. The Department would do well to start chronicling all similar incidents.

On a Side Note: President Gary Delagnes and the SFPOA Executive Board have had Proposition E placed on the November/2004 ballot. Proposition E will improve the retirement benefits for the family members of those Police Officers and Firefighters who have given their lives in the line of duty. It has been designed to be retroactive to make sure we cover the John Blessing Family. (John was killed in 1989).

Retirees, don't toss out those uniforms!

Uniform Recycling Program Sizing Up to be a Winner



Lynne Atkinson — Happy to be waist deep in donated uniforms.

Staff Report

The recently launched POA Uniform Recycling Program is becoming an XXL success. Coordinated by Lynne Atkinson of the Narcotics Unit, the program has received scores of serviceable used uniforms from retirees and others. Still in a bit of disarray, the program has not yet made the donated uniforms available to POA members.

"I still have to sort them out, by size and article, and arrange them in some sort of order." Says Lynne. "I do ask that donors clean the uniforms before dropping them off, but we will accept any serviceable uniform item."

The most recent POA contract provides for \$750 per year for each

officer as a uniform allowance, and released the department from its obligation to provide uniforms to its sworn employees. The Uniform Recycle Program will assist POA members in obtaining presentable articles of uniform apparel at little or no expense. The program accepts used uniforms donated by retired, promoted, transferred (to a specialized unit), or "new-sized" members. Among the items donated thus far are shirts, pants, motorcycle breeches, shoes, hats, coats, sweaters, and leather gear.

Used uniforms will be accepted during normal business hours at the new POA office, 800 Bryant Street, San Francisco, CA 94103. You may telephone the POA at 415.861.5060.